

HAMMER---1. Casey Ballwey (UW), 188-0, sets new school record, old was 159-9 by Phil Beguhl; 2. Fred Sommer (SFU), 147-9; 3. Bill Harsh (CNU), 142-11  
4. Don Allemeersch (UNA), 130-8; 5. John Gruver (CWSC), 127-8; 6. John Erickson (WSU) 123-7;

JC HH---1. Carey Washington (SFCC), 15.6; 2. Mark Diamond (E), 15.7; 3. Gordon Graham (SFU), 16.1; 5. Gary Sucac (UP), 16.1; 5. Don McCracken (Willu), 16.2.  
Heat 1

JC HH ---1. Tony Dean (UW), 15.8; 2. Mike Flatt (SFCC), 15.8; 3. Doug Rowand (E), 16.1; 4. Clint Jenkins (YVC), 17.4  
HEAT 2

100 Trials (Heat 1)---1. Clayton Walks (SCC), 10.0; 2. Brad Cossett (SFC), 10.0; 3. Mark Andrew (UW), 10.0; 4. Bill Smith (E), 10.7; 5. Dale Baugh (UP), 10.9

100 Trials (Heat 2)---1. Bill Potter (TWC), 10.1; 2. Ashwinn Creed (SCC), 10.2; 3. Paul Holmes (WVC), 10.5; 4. John Smith (E), 10.6; 5. Gordon Hale (YVC), 10.6

100 Trials (Heat 3)---1. Dave Alberti (UP), 10.3; 2. Pat Clifton (SCC), 10.4; 3. Clydell Atkins (SFCC), 10.4; 4. Tony Dean (UW), 10.8; 5. Herb Mack (YVC), 11.2

JC LONG JUMP---1. Clydell Atkins (SFCC), 21.4; 2. Mark Andrew (UW), 21-1/2; 3. Steve Piccard (UW), 20-11 1/2; 4. Ray Delago (SFCC), 20-11 1/2; 5. John Zeibarh (BCC), 20-4 1/2.

4  
6-MILE---1. John Ngene (WSU), 27:20.8, sets new meet record, old was 27:54.0 by Jim Johnson in 1973; 2. Jim Johnson (CNU), 27:52.8; 3. Dan Murphy (WSU), 28:35.4; 4. Don Kardong (CNU), 28:46.8; 5. Colin O'Brien (SFU), 28:20 approx; 6. Keith Andersen (UW), 29:30.4

Open HH (Heat 1)---1. Kip Ngene (WSU), 14.0; 2. Geoff Newing (CNU), 14.7; 3. Greg Gillette (UW), 14.9; 4. Steve Lofton (SCC), 15.4; 5. Jerry Brown (FTS), 15.4

Open HH (Heat 2)---1. Terry Lavary (W), 14.6; 2. Steve Gough (CNU), 15.0; 3. Larry Ladowski (WSU), 15.3; 4. Bob Martin (I), 15.5; 5. Ken Miller (WSU), 15.6

JC TRIPLE JUMP---1. Ron Cahill (WVC), 44-6 3/4; 2. Ray Guice (SFCC), 44-4; 3. Art Hawkins (WVC), 42-4 3/4; 4. Steve DeViney (TWC), 40-11 1/4; 5. Dan Woodland (TWC), 39-9 1/2.

100 OPEN (Heat 1)---1. Gary Minor (WSU), 9.9; 2. Steve Slavens (CNU), 10.1; 3. Reggie Hill (UNA), 10.2; 4. Willie Richards (UNA), 10.2; 5. Duane Mitchell (UP), 10.4

JC SHOT PUT---1. Kjell Killsgaard (I), 48-2 1/2; 2. Howard Banks (SCC), 48-0; 3. Mitch Gordon (WVC), 46-11; 4. Carl Smith (SFCC), 46-3 3/4; 5. Steve Kirk (SCC), 45-9

100 OPEN (heat 2)---1. Morris Noble (WSB), 9.8; 2. Mike Carr (UNA), 10.0; 3. Byron Porter (I), 10.1; 5. Steve Krohn (PTC), 10.3; 5. Doug Woods (Willu), 10.5

100 OPEN (heat 3)---1. Al David (Una), 10.0; 2. Duke Ferguson (WSU), 10.2; 3. Brad McKenzie (I), 10.2; 4. Al Bergmann (I), 10.3; 5. Eric Lider (PLU), 10.6

12th US # 10 Coll.  
 STEEPLECHASE---1. Dale Fleet (WSU), 8:37.8, new meet record. Old record was 9:00.4 set by George Cook of Montana, 1971; 2. Steve Sooter (SPC), 9:01.0; 3. Phil English (WSU), 9:05.4; 4. Rick Adams (WSU), 9:11.8

JC 440 RELAY---1. Spokane CC, 43.0; 2. Spokane Falls CC, 43.1; 3. Everest, 45.0; Wenatchee Valley, 46.4

OPEN 440RELAY---WSU (Morris Noble, Kip Ngneno, Duke Ferguson, Gary Minor), 42.0; 2. UPS, 43.5; 3. Idaho, 43.6; 4. SPC, 44.4. Ties meet record by UW, '72.

DISTANCE MEDLEY RELAY---1. Washington #1 (Greg Gibson, Dave Garrison, Al Herbert, Dan Winger), 10:01.3, new meet record. Old record was 10:07.8 by UW, '73. 2. SCC, 10:06.4; 3. UWashington #2, 10:07.0; 4. Idaho, 10:07.0

OPEN LONG JUMP---1. John Delemere (WSU), 23-11 3/4; 2. Dave Martin (UW), 23-2; 3. Steve Gough (CNW), 22-7 3/4; 4. Sam Washington (WSU), 22-2 1/2; 5. Wayne Hinckley (UW), 21-10 1/2. New meet record. Old was 23-3 3/4 by Gough (CNW), '73

JC MILE RUN---1. Jeff Frasier (BCC), 4:21.0; 2. Paul Reimer (TWC), 4:22.4; 3. ~~XXXX~~ Nathan Neisinger (I), 4:22.8; 4. Skip Wright (SFCC), 4:23.3; 5. Dave Rains (SFCC), 4:24.1

OPEN HH (Finals)---1. Kip Ngneno (WSU), 14.2 (his 14.0 in the prelims was a meet record); 2. Terry Lavery (UW), 14.6; 3. ~~XXXX~~ Geoff Newing (CNW), 14.8; 4. Sid Loftman (SCC), 15.0; Old meet record was 14.5 by Seymour in 1971

JC HH FINALS---1. Carey Washington (SFCC), 15.7; 2. Mike Flatt (SFCC), 16.0; 3. Mark Diamond (EV), 16.1; 4. Tony Dean (UW), 16.3

OPEN JAVELIN---1. Fred Luke (CNW), 267-6, sets new meet record. Old record was 267-2 by Luke 1973. 2. Ken Johnson (UPS), 243-9; 3. Jack Bacon (NYAC), 234-0; 4. Duncan Atwood (UW), 230-7; 5. Rod Ewaliko (UW), 226-3; 6. Steve Hunnicutt (Will-U), 224-4

OPEN 100 FINAL---1. Gary Minor (WSU), 10.0; 2. Morris Noble (WSU), 10.0; 3. Al David (UNA), 10.1; 4. Mike Carr (Una), 10.1;

JC 100 FINALS---1. Clayton Walkes (SCC), 10.4; 2. Bill Potter (TWC), 10.4; 3. Ashwinn Creed (SCC), 10.4; 4. Brad Cossette (SFCC), 10.8

OPEN POLE VAULT---1. Rick Baggett (WSU), 14-6 1/2; 2. Doug Vandevanter (WSU), 14-6

OPEN 2-MILE RELAY---1. Washington (Tim Byrne, Steve Cotsirilos, Dan Winger and Greg Gibson), 7:42.5; 2. WSU, 7:46.8; 3. SCC, 7:55.5; 4. Idaho, 7:58.0; 5. SFCC, 8:01.0. (This race combined with ~~XXXXXXXXXX~~ JC 2-mile relay)

OPEN TRIPLE JUMP---1. Rowland Nikles (Vancouver CC), 45-5; 2. Steve Clark (UW), ~~XXX~~ 45-3 3/4; 3. Dave Douglas (Una), ~~XXXXXXXXXX~~ 43-4 3/4; 4. Roger Rowe (Una), 42-9 3/4; 5. Dennis Baugh (Port), 42-4.

OPEN SHOT PUT---1. Mark Crull (I), 55-7 3/4; 2. Russ Vincent (UW), 55-4; 3. Orstis ~~Rossides~~ (WSU), 54-11 1/4; 4. Dean Moore (WSU), 54-7; 5. George Sutherland (UW), 54-2.

HUSKY INVITATIONAL RESULTS PAGE 3

OPEN 880 RELAY---1. Washington (Dan Elkins, Billy Hicks, Ralph Widell and Pablo Franco), 1:27.5, new meet record. Old record was 1:27.6 by Central, '71; 2. LSU, 1:28.0; 3. SCC, 1:28.3; 4. UPS, 1:34.3

30 DISCUS---1. Ray Hansen (SCC), 152-1; 2. Kjell Kivilsgaard (I), 130-1; 3. Tony Kevan (I), 123-5; 4. Bob Green (UPS), 107-4; 5. ~~KX~~ Tom Picha (UPS), 107-0

OPEN 3-MILE---1. Dale Fleet (WSU), 13:51.0; Gordon Braun (UW), 13:53.0; ~~KXX~~ 3rd. Rick Albright (UW), 13:56.6; 4. Pat Tyson (CNW), 14:02.2; 5. Kirk Beckman (SCC), 14:05.4

JCMILE RELAY---1. Spokane CC (Keith Morgan, Sid Lofton, Cabis Braithwaite and Gary Carow), 3:26.1; 2. Bellevue CC, 3:26.4; 3. Spokane Falls CC, 3:28.3; 4. Everest, 3:30.9

OPEN HIGH JUMP---1. Darryl LaVerdure (UW), 6-8, ties meet record; ~~ZYXZKXZKX~~  
~~XXXXXXX~~ 2. Lee Braach (WSU), 6-6, tied with Don Rasmussen (WSU); 4th  
Al Darneille (WSU), 6-6; ~~KXKXKXKXKXKXKXKXKXKX~~ 5. John Hayes (UW), 6-6  
(all 6-6 marks based on fewer misses for placings)

OPEN MILE RELAY (Heat 1)---1. ~~KXKXKXKX~~ Seattle Pacific (Bill Thun, Payl Bolin, Mark Stream, Mike Bates), 3:31.5; 2. Willamette, 3:37.2; 3. PLU, 3:40.2

OPEN MILE RELAY (Heat 2)---1. UW #1 Team (Jerry Belur, Terry Lavery, Dave Garrison, Billy Hicks), 3:19.0; 2. WSU, 3:19.1; 3. SCC, 3:19.8; 4. CNW #1, 3:25.9

DISCUS---1. Borys Chambul (W), 185-10. New <sup>Record</sup> ~~rd.~~ Broke his own record of 167-5 set in 1972; 2. Jed Miller (WSU), 172-6; 3. Mark Smith (PLU), 166-4; 4. Mike McCourtie (WSU), 164-7; 5. Robin Earl (UW), 162-4

## Ngeno's splits:

72-2:20 (68) - 3:28 (68) - 4:35 (67) - 6:51 (69)  
7:59 (68) - 9:08 (69) - 10:19 (71) - 11:28 (69)  
12:39 (71) - 13:50 (71) - 14:56 (66) - 16:05 (69)  
17:13 (68) - 18:21 (68) - 19:29 (68) - 20:37 (69)  
21:46 (69) - 22:54 (68) - 24:01 (67) - 25:09 (68)  
26:17 (68) - 27:20.4 (63.4)

## Mile Splits - app.

4:35

4:33

4:42

4:31

4:33

4:26.4