#### CADET ATHLETICS

Not all athletes become Air Force Academy cadets, but all Air Force Academy cadets become athletes. Few schools in the country have as broad or as extensive an athletic program as the Air Force Academy.

The goal of the athletic program is to develop such traits as persistence, will to win, aggressiveness and courage—all characteristics of a good leader. The Academy curriculum is divided into three main areas: academics, military training, and athletics. A cadet must excel in all three areas to earn his second lieutenant commission and bachelor of science degree.

Under the guidance of Athletic Director Col Frank Merritt, the athletic program is broken down into three subdivisions: intercollegiate, intramural, and physical education.

Eighteen intercollegiate sports are played and represent the highest form of competition for cadet athletes. Varsity teams compete against some of the top teams in the nation in football, cross country, soccer, water polo, basketball, fencing, rifle, pistol, ice hockey, gymnastics, indoor track, wrestling, swimming, baseball, outdoor track, lacrosse, golf, and tennis.

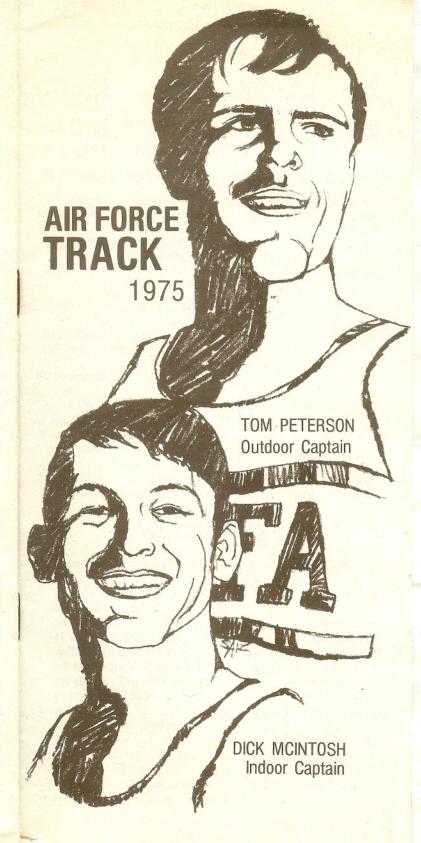
The intramural program is conducted by cadets under the supervision of the Department of Physical Education. Each cadet squadron fields a team in each of 16 sports—tackle football, soccer, tennis, flickerball, lacrosse, boxing, wrestling, water polo, handball, squash, rugby, basketball, swimming, volleyball, cross country, and team handball.

Each cadet takes physical education courses during his 4-year stay. Courses are designed to develop physical fitness, teach unarmed combat, instructor training, and sports such as tennis, golf, squash, and handball which will enable an officer to maintain fitness throughout his career.

Cadet athletes enjoy the best facilities available anywhere. The cadet gymnasium contains 20 squashball courts, 19 handball courts, three basketball courts which have cross-court floors, two swimming pool areas, an indoor rifle and pistol range, gymnastics, wrestling, fencing, and boxing rooms, a supply area, lockers for all cadets, and coaches offices.

The \$5.6-million field house contains a 1/6-mile indoor track with an Astro-Turf infield, a basketball court with Tartan floor for varsity competition, a regulation ice hockey rink, lockers for cadets, and the offices of the Department of Athletics.

In addition to Falcon Stadium, outdoor facilities include 45 athletic fields for intercollegiate and intramural sports covering 140 acres, two baseball diamonds, and an all-weather track.



## 1975 TRACK SCHEDULES

# INDOOR

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Date	Day	Time	Opponent	Site
Jan 10	Fri	7:00 pm	Adams State	USAFA
Jan 17	Fri	7:00 pm	Wyoming	USAFA
Jan 24	Fri	7:00 pm	S.Colo, Western St	USAFA
Feb 1	Sat	7:00 pm	Drake	USAFA
Feb 8	Sat		Michigan State Relays	E Lansing, MI
Feb 15	Sat	1:00 pm	Purdue, Indiana /State	Lafayette, IN
Feb 21	Fri	7:00 pm	Colorado State	USAFA
Feb 28-	Fri-		Midwest Champion- ships	Columbus, OH
Mar 1	Sat			USAFA
Mar 7	Fri	7:00 pm	Adams State, Northern Colo	USAFA
Mar 14-15	Fri-Sat		NCAA Champion- ships	Detroit, MI

## OUTDOOR

Mar 22-30 Apr 16	Wed	3:00 pm	Spring Training Northern Colorado, Wyoming	Honolulu, HI Greeley, CO
Apr 18-19	Fri-Sat		Ohio State Relays	Columbus, OH
Apr 23 Apr 25-26 May 2-3 May 10	Wed Fri-Sat Fri-Sat Sat	3:00 pm 1:00 pm	Wyoming Drake Relays Illinois Classic Adams State, Southern Colorado	USAFA Des Moines, IA Champaign, IL USAFA
May 17 Jun 5-7	Sat Thu-Sat	1:00 pm	Colorado State NCAA Champion- ships	Ft Collins, CO Provo, UT

## THIS IS THE ACADEMY

Location 10 miles north of Colorado
Springs, CO
Enrollment 4,300 (Approximately)
Colors Silver and Blue
Nickname Falcons
Mascot Falcon (Mach 1)
Academy Superintendent Maj Gen James R. Allen
Commandant of Cadets Brig Gen Hoyt S. Vandenberg Jr.
Dean of Faculty Brig Gen William T. Woodyard
Director of Athletics Col Frank Merritt
Sports Information Director Hal Bateman
(Phone 303-472-2313)
Head Coach Arne Arnesen
Assistant Coach 1st Lt Jim Scott
IV Coach Capt Bob Lambert
Officer Representatives Maj Jim McCormack (indoor)
Maj Norman Roderick (outdoor)

## MEET THE FALCONS

DICK McINTOSH – This season's indoor track captain, Dick could wind up the best hurdler in Falcon track history, already holding or sharing four school records. He holds outright the school marks in the 60 high hurdles at 7.1 and the 50 high hurdles at 6.3 and shares the school marks in the 70 high hurdles at 8.6 and the 120 high hurdles at 14.1. He also has run 54.9 for the 440 hurdles. A graduate of Marshfield HS in Coos Bay, OR, he won the state high hurdles title in 1971 and had a prep best of 14.2. He has competed for the last three indoor seasons in the NCAA indoor championships. He is also one of the top students on the team with a 3.5 cumulative average (based on a 4.0 scale) in a geography major.

TOM PETERSON — The outdoor track captain, Tom is a threat to the school hammer record after posting a best of 162-5 last season, second best throw in school history. Tom learned to throw the hammer at the Academy, competing in track as a shot putter at Wayzata HS in Minneapolis, A behavioral sciences major, he also has earned three varsity football letters and was a starting offensive tackle last fall.

JOE KAHIAPO — One of the most versatile athletes on the team, he can run the sprints, hurdles, or the relays. This Kailua, HI, senior has bests of 6.5 in the 60, 9.7 in the 100, 7.3 in the 60 high hurdles, 6.8 in the 60 low hurdles and 14.3 in the 120 high hurdles. His 6.8 in the 60 low hurdles equals the school record. A management major, he attended Kamahameha HS. He was a state hurdles champion and half held the state record.

MIKE McGINNIS — A junior from El Paso, TX, Mike is a threat to break both the indoor and outdoor shot put records this season. His best last season was 52-7 1/4 and he also saw some duty as a hammer thrower. All-district at Eastwood HS, he is majoring in geography.

T. G. PARKER — An outstanding prospect, he set a Falcon freshman record last season by running 7.2 in the 60 high hurdles. He also ran 6.9 in the 60 low hurdles but did not compete in outdoor track because of football commitments, where he earned a starting role at safety last fall. He was an outstanding prospect at Burbank HS in Sacramento, CA, posting a best time of 14.0. T.G. competed in the NCAA indoor championships last season.

MIKE RYAN — The top prospect in the 440, Mike has a best indoors last season of 48.8 and competed in the NCAA indoor championships although only a freshman. He also competed on the varsity football team last fall as a reserve split end. A 1973 graduate of Wooddale HS in Memphis, TN, Mike was Tennessee state champion in the 440 as a senior. A geography major, he has a younger brother, Terry, who is on the junior varsity track team.

JOE SHIREY – A junior from Omaha, NB, Joe holds a share of the school record in the 60 at 6.2, a time that has qualified him for the NCAA indoor championships the last two seasons. His other bests include 9.7 for the 100, 21.4 in the 220 and 32.4 in the 300. A management major, Joe earned all-state honors as a sprinter at Bellevue HS in Nebraska.

MARK WEBSTER – Although only a freshman last season, he was the top man in the 600 with a 1:12.1 performance, also clocking 48.9 in the 440. Mark figures to be even better this season and will also see dual duty as a relay man. He was an outstanding runner at Boone HS in Orlando.



## COACH ARNE ARNESEN

The busiest coach at the Air Force Academy and among the most successful in the nation, Arne Arnesen has been at the helm of four cadet varsity programs since his arrival in 1957. Arne has been head coach of the outdoor and indoor track teams since 1958 and cross country since 1961. Showing his versatility, Arne also coached varsity soccer for five years, starting in 1957.

A 1947 graduate of the University of Wisconsin, Arne has coached seven All-Americas, five in cross country and one each in indoor and outdoor track. Cross country All-Americas include Jim Murphy in 1964, Terry Gruters in 1967, Mike Ryan in 1967, 1968 and 1969, Dennis Sbach in 1971, and Jim Koster in 1973. Ryan was also national champion in 1968. Doug Withers won his honors in the indoor 440-yard dash in 1967 while Murphy's 5,000-meter performance in 1964 made him NCAA co-champion and record holder.

A pole vaulter during his undergraduate years, Arne has a master's degree in education from Springfield and coached track and soccer at the Massachusetts Institute of Technology.

In addition to his coaching duties, Arne is a physical education instructor and charter member of the International Track and Field Coaches Congress. He was president of the US Cross Country Coaches Association and the Central Collegiate Conference during 1971 and is on the Executive Committee through 1975.

## THE AIDES

## CAPT BOB LAMBERT Head Junior Varsity Coach

Starting his first season as head junior varsity coach is Captain Bob Lambert, who served as assistant varsity coach last season. One of the top athletes in Falcon track history, Captain Lambert is a 1965 Academy graduate who still holds two Academy track records with a 6-9 mark in the outdoor high jump and a 240-10 effort in the javelin. In 1965, he placed sixth in the javelin at the national collegiate outdoor championships. In addition to his coaching duties, Captain Lambert is a physical education instructor.

## 1ST LT JIM SCOTT Assistant Varsity Coach

First Lieutenant Jim Scott is in his first season as assistant varsity coach and also serves as a physical education instructor. A native of Altus, OK, Lieutenant Scott is a 1971 graduate of the University of South Carolina, where he was an outstanding pole vaulter. Prior to being assigned to the Academy in 1973, he was stationed at McGuire AFB, NJ.



## CADET FIELD HOUSE RATES WITH BEST

One of the most impressive sports buildings in the country is the Air Force Academy's field house, a modern versatile structure with seemingly endless uses. The \$5.6 million building is five stories high and 396 feet by 425 feet, the size of three football fields laid side by side. It is divided into three areas: basketball arena, ice hockey arena, and a massive multipurpose area. The three sections have a combined seating capacity of 11,000 and provide space for competition in basketball, track, soccer, golf, and tennis, as well as for intramural events.

Both Tartan and Astroturf surfaces were utilized in the building. The basketball court and indoor track are covered with Tartan surfaces. The basketball court is not as hard as the conventional wooden courts and provides good traction. The one-six th-mile track also is covered with Tartan surface, but a rougher version. It requires less maintenance than the normal track and provides greater traction to the runners. Inside the track is a netted area 119 by 125 feet which includes a baseball infield and half of a football field.

Spectators for both the hockey and basketball games are seated above the playing surface, with participants on the lower level. The lower level includes dressing rooms, supply areas, medical rooms, and laundry. Also on this level are the offices of the department of athletics.

## 1974 INDOOR RESULTS (Record: 9-3)

(Home Meets in Italics)

AFA		OPP
86	Adams State	45
731/2	Colorado State	611/2
	Wyoming	27
64	Ohio State	70
	Furman	28
58	Drake	73
92	Wyoming	43
	Southern Colorado	27
691/2	New Mexico	741/2
	Southern Colorado	8
94	Adams State	35
	Northern Colorado	33
	Northern Colorado	33

## 1974 OUTDOOR RESULTS (Record: 9-1)

(Home Meets in Italics)

AFA		OPP
55	New Mexico	117
	Northern Arizona	30
102	Northern Colorado	46
	Wyoming	43
110	Wyoming	44
115	Wyoming	44 71
121	Southern Colorado	31
	Adams State	28
861/2	Utah	541/2
	Colorado State	51

# ALL-TIME SERIES STANDINGS (1975 Opponents in Italics)

	First	Last	AF	AF	
School	Meeting	Meeting	Won	Lost	
			1		
Adams State	1970	1974	9	0	
Arizona	1959	1963	0	4	
Army	1958	1958	0	1	
Bowling Green (OH)	1968	1968	1	0	
Brigham Young	1960	1963	0	2	
Calif-Santa Barbara	1967	1970	1	3	
Central Michigan	1969	1969	1	0	
Colorado	1959	1973	3	12	
Colorado College	1958	1959	2	0	
Colorado Mines	1957	1963	5	1	
Colorado State	1957	1974	15	10	
Denver	1957	1962	6	2	
Drake	1961	1974	7	3	
Eastern New Mexico	1958	1958	1	0	
Ft Hays (KS) State	1970	1970	1	0	
Furman	1974	1974	1	0	
Hardin-Simmons	1958	1958	1	0	
Indiana State	FIRST M	IEETING			
Iowa State	1964	1971	6	2	
Kansas State	1963	1967	3	2	
Kearney State (NB)	1961	1961	0	1	
Kent State	1962	1962	1	0	
Miami (FL)	1964	1964	1	0	
Missouri	1962	1962	0	1	
Montana	1972	1972	0	1	
Nebraska	1960	1969	0_	8	
New Mexico	1958	1974	1	4	
NM Track Club	1960	1960	0	1	
Northern Arizona	1974	1974	1	0	
Northern Colorado	1958	1974	10	0	
Notre Dame	1972	1972	1	0	
Occidental	1965	1969	1	3	
Ohio State	1971	1974	1	2	
Purdue	FIRST N	MEETING			
Southern Colorado	1972	1974	6	0	
Utah	1972	1974	1	2	
Utah State	1973	1973	1	0	
Vandenberg AFB, CA	1961	1961	1	0	
Washington State	1972	1972	0	1	
Western Michigan	1966	1969	0	4	
Wichita State	1962	1962	1	0	
Wisconsin	1960	1966	0	3	
Wyoming	1957	1974	21	1	
Totals			111	74	

## INDOOR TRACK RESULTS BY YEAR

	WON	LOST	COACH
1960	0	2	Arne Arnesen
1961	0	1	Arne Arnesen
1962	3	1	Arne Arnesen
1963	1	1	Arne Arnesen
1964	1	1	Arne Arnesen
1965	1	0	Arne Arnesen
1966	1	2	Arne Arnesen
1967	1	3	Arne Arnesen
1968	3	2	Arne Arnesen
1969	4	2	Arne Arnesen
1970	6	0	Arne Arnesen
1971	4	1	Arne Arnesen
1972	8	2	Arne Arnesen
1973	6	0	Arne Arnesen
1974	9	3	Arne Arnesen
Totals	49	21	

# OUTDOOR TRACK RESULTS BY YEAR

	WON	LOST	COACH
1957	1	4	1st Lt Byron Gillory
1958	8	2	Arne Arnesen
1959	5	3	Arne Arnesen
1960	3	6	Arne Arnesen
1961	4	4	Arne Arnesen
1962	6	3	Arne Arnesen
1963	2	4	Arne Arnesen
1964	3	0	Arne Arnesen
1965	2	1	Arne Arnesen
1966	2	3	Arne Arnesen
1967	1	4	Arne Arnesen
1968	1	4	Arne Arnesen
1969	1	5	Arne Arnesen
1970	6	0	Arne Arnesen
1971	1	4	Arne Arnesen
1972	1	4	Arne Arnesen
1973	6	1	Arne Arnesen
1974	9	1	Arne Arnesen
Totals	62	53	

# 1975 VARSITY TRACK ROSTER

Name	Events	Ht	Wt	Cl		B/Day	Hometown; High School; Year Graduated
Adams, Craig*	Hurdles-TJ	6-0	160	So		12/1/54	Havre, MT; Havre '73
Bailey, Zach	Triple Jump	6-1	158	So		11/22/54	Jesup, GA; Wayne County '72
Bellamy, Dennis	440-600	5-9	135	So		8/26/55	Leawood, KS; Shawnee-Mission South '73
Blissit, Jamie***	1000-1 mile	5-8	135	Sr		2/6/51	Augusta, GA; Avondale '69
Budinsky, Chris**	Long Jump	5-10	160	Sr		6/25/53	Youngstown, OH; Ursuline '71
Byrbank, Pat	Long Jump	5-11	157	Jr		8/7/54	Buhl, ID; Buhl '72
Covington, John	Shot Put-Discus		221	Jr		2/4/54	Fullerton, CA; Sunny Hills '72
Dettmer, Tom	Distances	6-4	180	So		8/15/54	Los Angeles, CA; University '72
Ellis, Mark	Pole Vault	6-0	160	So		12/18/54	McLean, VA; Arlington O'Connell '73
Eppley, Dave*	Javelin	6-0	180	So		8/17/54	Carlisle, PA; Carlisle '72
Ford, Doug	Distances	5-6	130	Jr		2/12/53	Houston, TX; Westchester '71
Fry, Doug**	Javelin	6-1	180	Jr		3/4/54	Scott City, KS; Community '72
Gardner, Bob**	440-relay	6-0	150	Jr		1/11/54	Devine, TX; Devine '72
Grady, Walt	High Jump	6-1	170	So		12/5/55	Bangkok, Thailand; International '73
Hehn, Craig	Shot Put-Discus		190	So		12/27/54	Prineville, OR; Crook County '73
Holm, Greg**	High Jump	6-4	195	Jr	1	1/22/54	Ellsworth, KS; Ellsworth '72
Kahiapo, Joe**	Sprints-Hurdles		160	Sr	-	4/3/53	Kailua, HI; Kamehameha '71
Lassus, Frank	Pole Vault	6-0	175		1		
Lassus, Frank Lawson, Dave*	Javelin	6-1	221	Jr Jr	1	6/18/54	Napa, CA; Napa '72
	880-1000					4/26/54	Shawnee Mission, KS; North '72
Layman, Mike*		6-0	145	Jr		5/30/54	Billings, MT; Billings '72
Lee, Bill*	440-relays	6-0	140	So		3/28/54	Anniston, AL; Anniston '72
Lee, Mike	Sprints-relays	5-10	170	Jr		1/6/53	Aurora, CO; Cherry Creek '71
Long, Steve	1000-1 Mile	5-8	135	Jr		5/27/54	Minot, ND; Minot '72
McCarthy, Howard**	High Jump	6-3	170	Jr		12/19/53	Rolling Meadows, IL; Fremd '72
McGinnis, Mike**	Shot Put	6-1	200	Jr		2/12/54	El Paso, TX; Eastwood '72
McIntosh, Dick*** (Captain)	Hurdles	5-11	160	Sr		1/5/51	Coos Bay, OR; Marshfield '71
McReynolds, Jim	Sprints-relays	5-10	160	So		8/20/54	Xenia, OH; Xenia '72
Miller, Jeff*	880-1000	6-0	145	Jr		8/28/54	Racine, WI; Wash. Park '72
Modrich, Mark**	440-relays	5-10	150	Sr		4/27/53	Roseville, MI; Brablec '71
Nichols, Toby	Distances	5-8	128	So		8/27/55	Seattle, WA; Mt Rainier '73
Parker, T. G.*	Hurdles	6-0	183	So		7/21/55	Sacramento, CA; Burbank '73
Pekarsky, Walt**	Discus-Hammer	6-6	230	Sr		11/22/53	El Paso, TX; Irvin '71
Peterson, Tom* (Captain)	Hammer	5-11	228	Sr		10/22/53	Minneapolis, MN; Wayzata '71
Powers, Ahart*	Hurdles	6-2	170	Jr		8/24/54	Bluefield, WV; Bluefield '72
Remington, Jeff	Sprints-relays	5-9	160	So		7/25/54	Bay City, OR; Nekh-Kaa-Nie '72
Renner, Mike	Hammer	6-0	222	Jr		5/18/54	Tacoma, WA; Bellarmine '72
Roth, Rudy*	Triple Jump	5-8	135	Sr		1/3/53	Stuttgart, West Germany; Stuttgart '71
Rupel, Pat**	Distances	5-8	135	Sr	n	2/23/53	Dallas, TX; Bishop Lynch '71
Ryan, Mike*	440-relays	6-2	182	So	1	6/24/55	Memphis, TN; Wooddale '73
Sheppard, Garry	Distances	6-1	165	So	-	1/16/54	Mobile, AL; McGill '72
Shirey, Joe**	Sprints-relays	5-8	170	Jr	B	7/16/53	Springfield, VA; Bellevue, NB '71
Smith, Bryan	Discus	5-9	175	So		1/17/52	Sequim, WA; Sequim '70
Steinbaugh, Keith	Sprints-relays	6-0	150	Jr		10/25/53	Pasadena, CA; Bosco Tech '72
Stephens, Vince	Distances	5-8	130	So		9/3/55	Billings, MT; Billings '73
Thompson, Bob**	Javelin	5-9	175	Jr		10/4/53	McGuire AFB, NJ; No Burlington '71
Vieira, Randy	Pole Vault	5-11	150	So		2/26/55	Honolulu, HI; Radford '73
Webster, Mark*	440-600-relays	6-1	147	So		4/18/54	Orlando, FL; Boone '72
Whitican, Fred**	Hurdles-relays	6-1	175	Sr		7/8/52	Port Huron, MI; Port Huron '70
Williams, Rod**	440-relays	6-2	160	Jr		9/18/54	San Diego, CA; Kearny '72

Managers: Scott Harrod (indoors), Bob Cabell (outdoors)

<sup>\*-</sup>Letter Winners

## VARSITY INDOOR RECORDS

	******	AL ID O OAL ALD		
Event	Record	Holder	Meet	Date
50	5.4	Jim Thompson	Drake Dual	1/27/68
		Dick Brown	Colo Mines Dual	
60	6.2	Jim Thompson	Colo Dual	2/25/67
00	0.2	Fred Rock	Adams St Dual	2/27/70
		Abe Abraham	CSU Dual	1/15/72
		Joe Shirey	CSU & Adams S	
300	31.2	Fred Rock	Drake Dual	1/24/70
440	47.8	Dick Van Dame	Adams St Dual	2/26/71
600	1:10.5	John Perrigo	Adams St Dual	2/26/71
880	1:52.2	Bob Brodel	Adams St Dual	2/27/70
1000	2:10.8	Bob Brodel	E Mich Invit	3/7/70
1 Mile	4:07.6	Mike Ryan	Triangular	2/17/68
2 Mile	8:41.8	John Jones	Cen Collegiate	2/20/70
50 H Hurdles	6.3	Dick McIntosh	Drake Dual	3/2/74
60 H Hurdles	7.1	Dick McIntosh	Wyo & SCSC	2/8/74
70 H Hurdles	8.6	John Puster	Mich St Relays	2/13/65
70 11 11414100	0.0	Dave Dick	Ohio St Invit	2/20/65
		Dick McIntosh	Ohio St &	1/26/74
		171011 111011110011	Furman	-11
60 L Hurdles	6.8	Tom Fishburn	Adams St Dual	2/27/70
00222		Mark Ewing	CSU & Adams St	
		Joe Kahiapo	UNC & Adams S	
High Jump	6-81/2	Gary Allard	CSU & Adams St	
Long Jump	24-3/4	Wally Cannon	New Mexico &	2/22/74
Zong comp			SCSC	
Triple Jump	47-101/4	Dan O'Hollaren	Adams St Dual	2/26/71
Pole Vault	15-81/2	Steve Fenton	CSU Dual	1/28/72
Shot Put	53-101/4	Ken Clark	W Mich Relays	3/27/65
1-Mile Relay	3:14.4	Dick VanDame	E Mich Invit	3/7/70
I mile read		(49.1)		-1.1.0
		Fred Rock		
		(48.9)		
		George Cato		
		(47.9)		
7		John Perrigo		

# CADET FIELD HOUSE RECORDS

(48.5)

Event	Record	Name	School	Date
60	6.0	Cliff Branch	Colorado	2/25/72
300	31.2	Fred Rock	Air Force	1/24/70
440	47.6	Steve Nichols	Adams State	2/25/72
600	1:10.0	Steve Nichols	Adams State	3/1/74
880	1:51.2	Wesley Maiyo	Wyoming	2/22/74
1000	2:12.2	Dave McCloy	Air Force	2/26/71
1 Mile	4:09.5	Mike Ryan	Air Force	2/1/69
2 Miles	8:56.2	John Jones	Air Force	2/9/71
60 H Hurdles	7.1	Marcus Walker	Colorado	1/30/70
		Marcus Walker	Colorado	2/9/71
		Dick McIntosh	Air Force	2/8/74
60 L Hurdles	6.7	Marcus Walker	Colorado	1/30/70
		Marcus Walker	Colorado	2/9/71
High Jump	6-10	John Duvall	N'eastern JC	2/26/71
Pole Vault	17-0	Mike Wedman	Colorado	1/30/70
Long Jump	24-11	Bill Aeschlemann	Colorado	2/18/69
Triple Jump	51-93/4	Ken McClendon	Denver Wash, H	\$3/23/74
Shot Put	54-113/4	Randy Withrow	New Mexico	2/22/74
1-mile relay	3:15.4	Fred James,	New Mexico	2/22/74
		Chris Glover,		
		Eliot Skinner,		
		Mike Solomon		

# CADET VARSITY OUTDOOR RECORDS

Event	Record	Holder	Meet	Date
100	9.5	Abe Abraham	CSU Dual	5/16/73
220 (Turn)	21.3	Jim Thompson	Kansas St Dual	5/7/66
440	47.3	Dave Withou	Colorado Dual	
440	47.5	Doug Withers		4/16/66
		George Cato	Wyoming Dual	5/6/70
000	1.500	Dick VanDame	CSU Invit	5/9/70
880	1:52.2	Dave McCloy	Colorado Dual	5/15/71
1 Mile	4:13.2	Lindsey Parris	UCSB Dual	4/19/69
2 Mile	9:05.5	John Fer	Kent St Dual	5/5/62
3 Mile	13:47.6	Jim Murphy	NCAA	6/19/64
5000 Mtr	14:12.3	Jim Murphy	NCAA	6/19/64
120 H Hurdles	14.1	John Puster	N Colorado Dua	
		Dave Dick	Drake Relays	4/24/65
		Dave Dick	Iowa St Dual	5/1/65
		Fred Whitican	Wyoming Invit	5/4/74
		Dick McIntosh	SCSC& Adams S	15/11/74
440 Hurdles	53.2	Mike Martin	CSU Invit	5/20/67
		Mike Martin	Wyoming Dual	5/3/69
High Jump	6-9	Bob Lambert	Iowa St Dual	5/1/65
Long Jump	23-81/2	Tom Brandon	Arkansas Relays	
Triple Jump	48-0	Dan O'Hollaren	Iowa St Dual	4/10/71
Pole Vault	15-71/4	Don McMonagle	Utah & CSU	5/18/74
Shot Put	54-31/2	Ken Clark	Kansas St Dual	5/8/65
Discus Throw	175-3	Rick Mandas	Neb-Oxy Tri	4/13/68
Hammer Throw	163-6	Tim Sisson	CSU Dual	5/16/73
Javelin Throw	240-10	Bob Lambert	NCAA	6/19/65
440 Relay	41.5	John Rominger	Colorado Dual	4/16/66
TTO Rectary	41.5	Royce Woodell	Colorado Duar	4/10/00
		Doug Withers		
		Jim Thompson		
	41.5	Fred Rock	Occidental Dual	5/17/60
	41.5	George Cato	Occidental Dual	3/11/03
		Bill Stamm		
		John Perrigo		
1-mile relay	3:10.3	Doug Withers	NCAA	6/19/66
1-inne relay	3.10.3	(47.8)	NCAA	0/19/00
		Jim Thompson (47.8)		
		Charles Clements		
		(47.9) Dale Stovall		
		(46.8)		

# CADET TRACK RECORDS

Events	Record	Holder	School	Date
100	9.5	Fred McCoy	Colorado St	4/9/60
220 (Turn)	21.3	Charles Greene	Nebraska	4/16/66
		Jim Thompson	Air Force	5/7/66
440	46.8	Dave Crook	Nebraska	4/16/66
880	1:52.5	Wayne Jensen	Wyoming	5/6/70
1 Mile	4:18.4	Wayne Jensen	Wyoming	5/3/69
2 Mile	9:32.6	Jim Murphy	Air Force	5/9/64
3 Mile	14:32.0	Louis Groarke	Colorado St	4/8/72
120 H Hurdles	14.1	John Puster	Air Force	4/17/63
		Dave Dick	Air Force	5/1/65
		Dick McIntosh	Air Force	5/11/74
440 Hurdles	52.9	Dave Gardner	Utah	5/18/74
High Jump	6-9	Bob Lambert	Air Force	5/1/65
Long Jump	24-51/4	Victor Brooks	Nebraska	4/14/62
Triple Jump	50-81/4	Kent Brauman	Iowa St	4/5/69
Pole Vault	16-1/2	Andy Steben	Occidental	5/17/69
Shot Put	57-71/2	Clark Chelsey	UC Santa Barba	ra4/20/68
Discus Throw	195-2	Marshall Smith	Colorado St	5/18/74
Javelin Throw	246-10	Mike Prudenti	Wyoming	5/3/69
440 Relay	41.2		Nebraska	4/16/66
1-mile relay	3:11.2		Nebraska	4/16/66

## TOP FALCON TRACK MARKS

## 60-YARD DASH

6.2 Jim Thompson 2/25/67 6.2 Fred Rock 2/27/70 6.2n Bob Gilbert 2/13/71 6.2n Mark Ewing 2/13/71 6.2n Abe Abraham 1/15/72 6.2 Joe Shirey 1/12/73

## 100-YARD DASH

9.5 Abe Abraham 5/16/73 9.7 Jim Wood 4/13/63 9.7 Jim Thompson 5/7/66 9.7 Fred Rock 4/18/70 9.7n Joe Kahiapo 4/21/73 9.7n Joe Shirey 4/17/74

#### 220-YARD DASH

21.3 Jim Thompson 5/7/66 21.4n Joe Shirey 4/17/74 21.5 Royce Woodell 4/17/65 21.5n Doug Withers 5/7/66 21.5 Fred Rock 5/3/69 21.5n George Cato 5/6/70

#### 300-YARD DASH

31.1n George Cato 3/7/70 31.2 Fred Rock 1/24/70 31.2 Dick VanDame 4/18/70 31.3 Royce Woodell 2/19/66 31.3n Jim Thompson 2/17/67

#### 440-YARD DASH

47.3 Doug Withers 4/16/66 47.3 George Cato 4/6/70 47.3 Dick VanDame 5/9/70 47.5n John Perrigo 5/9/70

#### 600-YARD DASH

1:10.5 John Perrigo 2/26/71 1:10.8n Dale Stovall 3/15/65 1:11.8n Doug Withers 3/5/66 1:12.1n Carl Hite 2/17/67 1:12.1 Mark Webster 1/11/74

#### 880-YARD RUN

1:51.7n Mike Wetterer 4/22/69 1:52.2 Bob Brodel 2/27/70 1:52.2 Dave McCloy 5/15/71 1:52.6 Jesse Neyman 5/21/66

#### 1000-YARD RUN

2:10.8 Bob Brodel 3/7/70 2:10.9n Mike Wetterer 2/14/69 2:12.5 Dave McCloy 2/26/71 2:13.5 Jesse Neyman 2/19/66

## ONE-MILE RUN

4:07.6 Mike Ryan 2/17/68 4:07.7 Dennis Sbach 2/18/72 4:09.9 John Jones 3/7/70 4:11.6n Lindsey Parris 2/17/68

## TWO-MILE RUN

8:41.8 John Jones 2/20/71 8:50.6 Jim Murphy 2/29/64 8:52.4n John Fer 5/26/62 8:57.2 Mike Ryan 2/17/68

## THREE-MILE RUN

13:25.2n John Jones 4/16/71 13:36.8n Jim Murphy 9/13/64 14:27.8n Jim Koster 4/22/72 14:27.8n Bill Frank 4/22/72

#### 3000-METER STEEPLECHASE

9:44.4n Bill Frank 5/16/73

## 60-YARD HIGH HURDELS

7.1 Dick McIntosh 2/8/74 7.2 Paul Bauer 2/27/70 7.2n Chip Hough 2/9/71 7.2 T.G. Parker 2/8/74
7.3n Tom Fishburn 1/30/70
7.3 Jerry Bendrick 2/7/70
7.3n Joe Kahiapo 2/8/74

## **60-YARD LOW HURDLES**

6.8 Tom Fishburn 2/27/70 6.8 Mark Ewing 2/25/72 6.8 Joe Kahiapo 3/1/74 6.9n Paul Bauer 1/30/70 6.9 Jerry Bendrick 1/30/70 6.9 Herb Harrison 1/15/72 6.9n T.G. Parker 3/1/74

## 70-YARD HIGH HURDLES

8.5n Dave Dick 2/13/65 8.6n John Puster 2/13/65 8.6 Dick McIntosh 1/26/74 8.7n Chip Hough 2/13/71

## 120-YARD HIGH HURDLES

14.0n Dave Dick 4/24/65 14.1 John Puster 4/17/63 14.1 Fred Whitican 4/17/74 14.1 Dick McIntoch 5/11/74 14.2n Ahart Powers 5/11/74 14.3 Doug Tucker 4/29/61 14.3n Joe Kahiapo 5/11/74

## 440-YARD HURDLES

53.2 Mike Martin 5/20/67 54.3n Fred Whitican 5/18/74 54.5n Dave Dick 5/22/65 54.5n Chip Hough 5/9/70 54.9n Dick McIntosh 5/18/74

## **HIGH JUMP**

6-9 Bob Lambert 5/1/65 6-8½ Gary Allard 3/2/73 6-8 Dan Lattin 1/16/69 6-8 Kent Magnusson 4/23/71

## POLE VAULT

 15-8½ Steve Fenton 1/28/72
 15-0 Dick Abbott 2/17/67

 15-7½ Don McMonagle 5/18/74
 15-0 Barry Karsokas 1/24/70

 15-6 Mike Cole 2/19/72
 15-0 Pat McCullough 2/21/70

 15-3 Jim Erickson 5/23/64
 15-0 Eric Nickerson 2/25/72

## LONG JUMP

24-¾ Wally Cannon 2/22/74 24-0 Warren Hawkins 1/29/71 23-11½ Tom Stone 4/18/70 23-8½ Tom Brandon 3/26/66

#### TRIPLE JUMP

48-0 Dan O'Hollaren 4/10/71 47-9½ Scott Etnyre 4/26/64 47-8½ Tom Brandon 5/21/66 47-1¼ Parke Hinman 6/16/62

#### SHOT PUT

54-3½ Ken Clark 5/8/65 52-8½ Clark Baldwin 5/16/73 52-7½ Mike McGinnis 5/18/74 51-1½ Art Fisher 4/2/66 50-9 Bob Thomas 2/5/66 50-4 Steve Culbertson 2/5/72

## **DISCUS THROW**

175-3 Rick Mandas 4/13/68 167-0 Bob Chatman 5/20/72

160-10½ Henry Hamby 4/17/65 158-1 Bob Troy 4/13/68

#### JAVELIN THROW

240-10 Bob Lambert 6/19/65 220-8 Bob Thompson 4/20/74 218-9 Jeff Madsen 5/3/69 216-3 Dave Lawson 4/6/74 213-0 Dave Eppley 5/18/74 212-8 John Nestico 4/22/72 211-3 Doug Fry 5/5/73

#### HAMMER THROW

163-6 Tim Sisson 5/16/73 162-5 Tom Peterson 5/4/74 127-0 Ed Hoffman 5/18/74 124-3 Walt Pekarsky 5/4/74

## 440-YARD RELAY

41.5n Rominger, Withers, Woodell, Thompson 4/16/66

41.5 Rock, Cato, Stamm, Perrigo 5/17/69 41.5n Rock, Stamm, Perrigo, Cato 4/21/70 41.6 Dunn, Barranco, Dick, Greenlee 5/9/64 41.6 Rominger, Woodell, Prins, Withers 4/1/67

#### 880-YARD RELAY

1:26.5n Rock, VanDame, Perrigo, Cato 4/24/70 1:28.2n Watson, Gardner, Williams, Shirey 4/19/74 1:29.3n Rominger, Woodell, Prins, Ross 4/22/66

## ONE-MILE RELAY

3:10.3n Withers, Thompson, Clements, Stovall 6/16/66 3:14.4 VanDame, Rock, Cato, Perrigo 3/7/70 3:14.6 Waskow, Perrigo, Boatright, Cato 5/10/69 3:15.8 Woodell, Thompson, Withers, Stovall 2/11/67

## TWO-MILE RELAY

7:39.2n Gerlach, Neyman, Wetterer, Stovall 3/25/67 7:42.0n Alexander, Blissit, Banks, Taft 2/17/72 7:43.4 Scott, Lawson, Stovall, Oelstrom 4/10/65 7:44.7n Alexander, Blumberg, Haesecke, McCloy 2/22/70

## FOUR-MILE RELAY

17:07.4n Blissit, Bennett, Rupel, Koster 4/19/74
17:29.5n Koster, Hoglund, Miller, Sbach 4/15/72
17:39.0n 3/31/61
17:49.0n Holbrow, Fer, Cardoza, Wedemeyer 3/31/62
17:50.7n Hall, Overall, Knobloch, Moore 3/27/65

#### SPRINT MEDLEY RELAY

3.22.6n Thompson, Withers, Clements, Stovall 4/30/66 3:24.8n VanDame, Stone, Perrigo, McCloy 4/16/71 3:27.3n Withers, Thompson, Woodell, Stovall 2/11/67 3:28.3n Martin, Rock, Matzler, Wetterer 2/8/69

#### DISTANCE MEDLEY RELAY

9:52.7n Alexander, Modrich, Maravilla, Koster 4/28/73 9:53.2 Wetterer, Martin, Parris, Ryan 3/1/68 9:56.5n McCloy, Perrigo, Sbach, Jones 2/19/71 9:56.5n Alexander, VanDame, Banks, Sbach 2/18/72

## 240-YARD SHUTTLE HURDLE RELAY

28.5n Harrison, Ely, Ewing, Hough 2/13/71 28.6n Fishburn, Bauer, Bendrick, Hough 2/14/70 28.9 Puster, Dick, Greenlee, Jones 3/14/64 29.1n Bear, Thomas, Fishburn, Covey 2/10/68

## 480-YARD SHUTTLE HURDLE RELAY

:58.8 Harrison, McIntosh, Whitican, Kahiapo 4/28/73 :59.0 Bendrick, Goodman, Hough, Bauer 4/25/70 :59.2n Howerton, Dick, Bettinger, Puster 4/10/55 :59.6 Jones, Pierson, Dick, Puster 4/27/63

#### MAJOR ACADEMY ATHLETIC AWARD WINNERS

1962 John Fer, distances, Most Valuable Athlete
1964 Parke Hinman, triple jump, Athletic Excellence
1965 Bob Lambert, high jump-javelin, Athletic Leadership
1965 John Puster, hurdles, Athletic Excellence
1965 Jim Murphy, distances, Most Valuable Athlete
1966 Tom Brandon, high jump, Athletic Excellence
1970 Mike Ryan, distances, Athletic Excellence
1972 Dennis Sbach, distances, Athletic Leadership

## NCAA Postgraduate Scholarships

1966 Jim Murphy, distances1970 Mike Ryan, distances1971 John Jones, distances

## Rhodes Scholar

## **OUTSTANDING TRACK COMPETITOR**

1966	Doug Withers, sprints
1967	Doug Withers, sprints
1968	Mike Martin, hurdles
1969	Mike Martin, hurdles
1970	Fred Rock, sprints
1971	Dave McCloy, middle distances
1972	Mark Ewing, sprints-long jump
1973	Abe Abraham, sprints
1974	Jay Baldwin, shot put

## MOST VALUABLE TRACKMAN

1969	Fred Rock, sprints
1970	John Jones, distances
1971	John Perrigo, middle distances
1972	Bob Banks, middle distances
1973	Kelly Alexander, middle distances
1974	Dick McIntosh, hurdles

# AIR FORCE NCAA ALL-AMERICAS CROSS COUNTRY

1964	Jim Murphy
1967	Terry Gruters
1967	Mike Ryan
1968	Mike Ryan (national champion)
1969	Mike Ryan
1971	Dennis Sbach
1973	Jim Koster

#### INDOOR TRACK

1967 Doug Withers, 440

### OUTDOOR TRACK

1964 Jim Murphy, 5000 meters (NCAA co-champion)