



1975

**Long
Beach
State**

*DON BAIRD
17' 6-3/4" Pole Vault*

*CSULB Freshman
Australian Champion
British Commonwealth Champion*

**TRACK
&
FIELD**

**LONG BEACH STATE 1975
HOME TRACK & FIELD SCHEDULE**

LONG BEACH RELAYS
Feb. 28, March 1, 2

Long Beach State vs.
Cal State Northridge
March 29

Long Beach State vs.
San Diego State
April 5

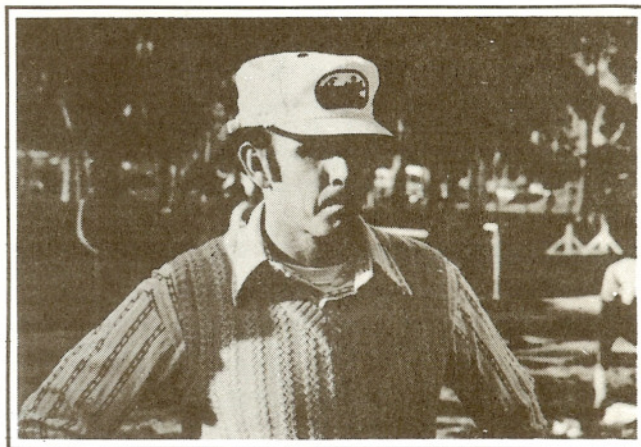
Long Beach State vs.
Cal Poly Pomona,
Southern California College
April 12

LONG BEACH INVITATIONAL
May 4

LONG BEACH CLASSIC
May 31

RON ALLICE:

A History of Success



Ron Allice begins his second full season as the head track and field mentor for the 49ers. The 49ers are looking to improve on last year's third place finish in the PCAA and Allice appears to have the athletes to move up the ladder in the conference.

Before coming to Long Beach last year Allice was the head coach at Cal Poly Pomona, where his Bronco teams captured two straight CCAA titles and in 1972 Pomona finished fifth in the NCAA college division finals.

Prior to his stint at Cal Poly, Allice served as head coach at Poly High School here in Long Beach. In his three years at Poly, his teams never lost a dual meet and won the Moore League title each year.

Allice spent the 1967 and 1968 seasons as head coach at Wilson High, and before that he was an assistant under Jack Rose at Long Beach State and under Willie Williams at Compton High School.

He also spent four years as head coach of the Long Beach Comets, a women's track and field team, and he built the team from five members in 1964 to over 100 when he left in 1968.

Also once a fine athlete himself, Allice enjoyed impressive athletic careers at Poly High, Long Beach City College and Long Beach State. He reached the CIF finals twice while at Poly and once held the school record in the 440 at Long Beach State.

Allice received his Bachelor of Arts degree from Long Beach State in 1962 and his Master's degree from LBSU in 1970.

Allice, 35, and his wife Charlene reside in Cerritos with their two children, Lance, 7, and Melinda, 5.



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49'er Coaching



JACK HALE — ASSISTANT COACH

New to the Long Beach State track coaching staff this spring is former Long Beach City College and UCLA star shot putter Jack Hale.

Hale comes to the 49ers after a very successful stint as head track coach at El Segundo High School from 1969 to 1973. His team went undefeated during his last two years at El Segundo.

During the mid-1960's Hale broke and still holds the discus record at Long Beach City College. He went to UCLA after his stay at LBCC and was part of a national championship squad in 1966 at Westwood. During that season he was rated as one of the top ten shot putters in the nation.

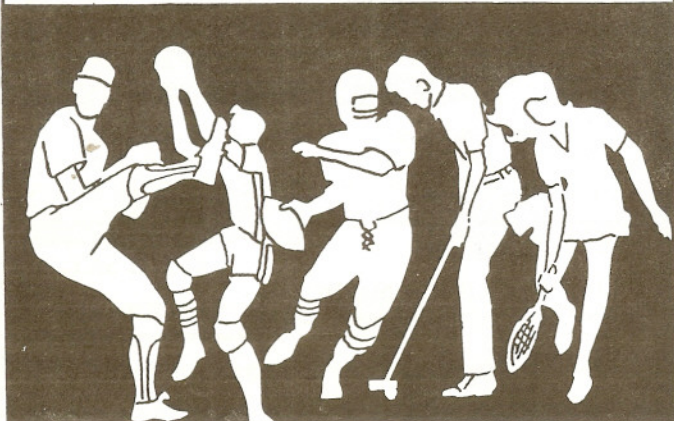
Hale was an accomplished football player and was a standout defensive end for LBCC, receiving the "Player of the Game" award for the 1964 Junior Rose Bowl. His gridiron career at UCLA was hampered by injuries, but he was still drafted by the Dallas Cowboys and played with that team in 1967. A knee injury sidelined him during the course of the season, and he began his coaching career at Lakewood High, his alma mater, in 1968.

Hale received his teaching credential from Long Beach State also in 1968 before moving to El Segundo High.

Hale, 30, is single and resides in Long Beach.

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Staff



PRESTON DAVIS — ASSISTANT COACH

Last fall Preston Davis served as the graduate assistant coach of the 49er cross country team and he guided the 49ers to the PCAA title. He was chosen as the PCAA "Coach of the Year" and the LBSU cross country squad was the best in the state and one of the best in the nation.

Davis will be assisting Alice with the distance runners this spring for the second straight year. He attended the University of Texas and was the distance champ of the Texas Relays. In 1966 he was the national AAU indoor mile champ with a sub-four-minute time as a member of the 49er Track Club. Davis was one of the top American middle distance runners in the mid and late 1960's

DAN MOORE — ASSISTANT COACH

Dan Moore, former 49er sprint star, is back for his third year as a track grad assistant coach. A 1971 Long Beach State graduate, Moore was a member of the 440 relay team that finished second in the NCAA's. He was the Los Angeles City 220 titlist while at Fremont High and also was the state champ at East Los Angeles JC in 1968.

JEFF DAVIS AND STAN STOBLE — GRADUATE ASSISTANTS

Former 49er javelin thrower Jeff Davis and former Cal Poly Pomona distance runner Stan Stoble will help the 49ers this spring as graduate assistant coaches.

Long Beach vs. Northridge

	First Place	Second Place	Third Place	Mark	L.B.	Nor.
1						
2						
3						
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5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						

IND. SCORING: 3 places- 5,3,1

RELAY SCORING: 1 place- 5

LONG BEACH INVITATIONAL

					First Place	Second Place	Third Place	Mark
100 yards	9.3	Jim Kemp	Striders	1971				
220 yards	20.8	Daniel Moore	Long Beach	1970				
440 yards	47.6	Clarence Palmer	Long Beach	1970				
880 yard run	1:50.3	Jere VanDyke	Army	1970				
Mile run	4:07.7	Wayne Jensen	Wyoming	1971				
Three Mile run	8:47.8	Bob Price	A.I.A.	1971				
Steeplechase	8:57.2	Brook Thomas	Striders	1971				
120 Hurdles	14.0	Erv Hall	Striders	1971				
440 Hurdles	51.9	Lee Evans	unattached	1970				
Pole Vault	16-0 3/4	Wayne Lambert Steve Smith	P.C.C. P.C.C.	1971 1971				
High Jump	7-2 1/4	Reynaldo Brown	C.T.C.	1970				
Long Jump	25-6	Gayl Hopkins	P.C.C.	1970				
Triple Jump	50-11 1/4	Milan Tiff	C.T.C.	1971				
Shot Put	58-6 1/2	Don Tollefson	P.C.C.	1970				
Discus Throw	198-2	Gary Ordway	P.C.C.	1971				
Hammer Throw	233-6 1/2	Hal Connolly	Striders	1970				
Javelin Throw	267-4	Frank Covelli	P.C.C.	1970				
440 Relay	40.7	Biggers, Age Palmer, Moore	Long Beach	1971				
Mile Relay	3:11.7	Moore, Love Stevenson, Palmer	Long Beach Long Beach	1970 1970				

LONG BEACH CLASSIC

					First Place	Second Place	Third Place	Mark
100 yards	9.6	Fred Kuller	Striders	1971				
220 yards	20.9	Fred Kuller	Striders	1971				
440 yards	48.4	Ivory Scott	Cal T.C.	1971				
880 yard run	1:49.8	Larry LeMaster John Perry	Army Marines	1971 1971				
Mile run	4:03.2	Juris Luzins	Marines	1971				
Three Mile run	8:56.8	Allen Rude	Occidental	1971				
Steeplechase	8:54.5	John Mason	Pacific C.C.	1971				
120 Hurdles	14.0	Erv Hall	Striders	1971				
440 Hurdles	52.4	Dennis Ruby	Long Beach	1971				
Pole Vault	16-6	Sam Caruthers	Cal T.C.	1971				
High Jump	7-0	Reynaldo Brown	Cal Poly SLO	1971				
Long Jump	25-1 1/4	Stan Whitley	Cal T.C.	1971				
Triple Jump	48-1 1/4	Stan Whitley	Cal T.C.	1971				
Shot Put	64-5	Al Feuerbach	Pacific C.C.	1971				
Discus Throw	207-4	Tim Vollmer	Army	1971				
Hammer Throw	221-10	Hai Connolly	Striders	1971				
Javelin Throw	252-9	Bill Schmidt	Army	1971				
440 Relay	40.8	Biggers, London Palmer, Moore	Long Beach	1971				
Mile Relay	3:11.3	Bates, Ennis Bennett, Nance	Army	1971				

Long Beach Emerges

One of the fastest growing track and field programs in the U.S., 1975 should see Long Beach State emerge as one of the top ranked national powers. The 49'ers meet 1st ranked UCLA, 2nd ranked USC and 13th ranked San Jose State as well as potential superpowers Cal State Northridge and San Diego State in dual meet action.

Long Beach State will not be without talent to meet the challenges of the 1975 season, led by Commonwealth pole vault Champion Don Baird of Australia, and 7'1-3/4" high jumper Carl Miles. Substantial support will come from the undefeated and PCAA championship cross country team. A strong sprint and hurdles crew are led by 440 star Albert Shorts. New stars are also expected to emerge from a deep 80 man roster.

The 49'ers run six meets on their new super fast Chevron 440 all weather track. The great conditions and tough competition are expected to be a launching pad for a record breaking season.

100-Yard Dash: The 49ers were hurt by graduation with the loss of school record holder John David Gloud (9.5) and Royce Ford (9.6). Junior Lionel Jones is the only returning letterman. Jones ran a 9.6 while at West LA JC two years ago. JC transfers Alton Whitley (best of 9.7) and Ed Weathersby (9.7), along with freshman talents Darryl Scoggins (9.7) & Jeff Williams (9.7), will provide the material for our sprint team.



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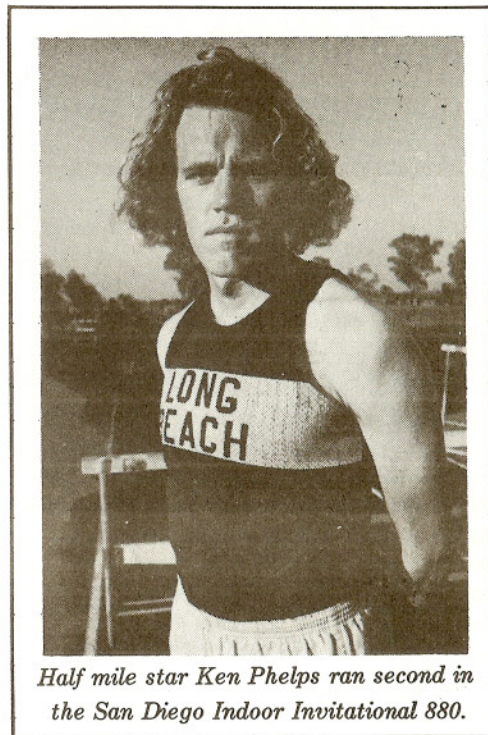
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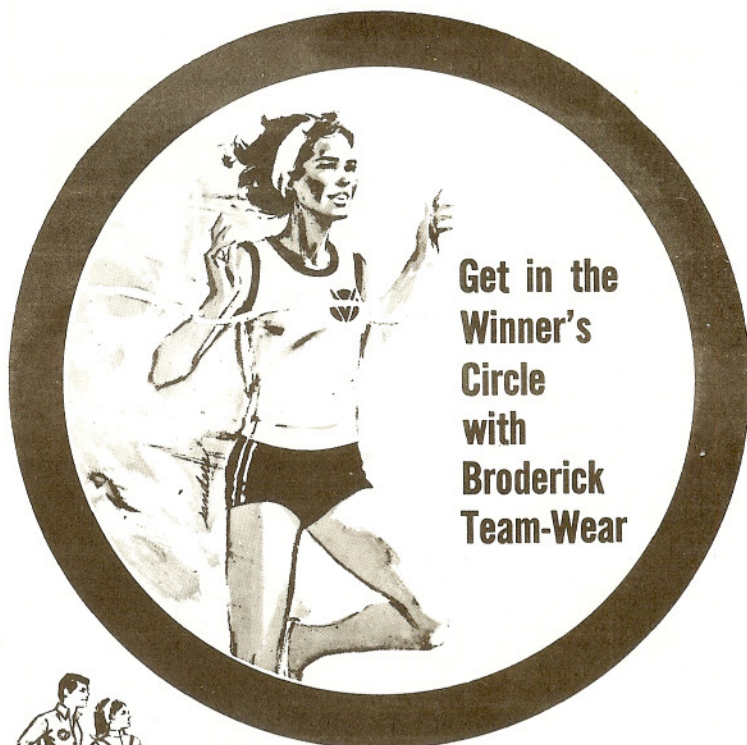
220-Yard Dash: Last year's top three 220 runners are gone: Gloud, 21.5, Ford, 21.8, and Phil White, 21.9. School long jump record holder Fred Batiste (25-8 3/4) will try his hand in the 220 this spring. He has run a 21.2 while at Long Beach City College. Freshman Scoggins will also run some 220. Junior transfer Albert Shorts (a 46-second quartermiler) will also get some experience in the 220 for the 49ers. Two other untested freshmen will also get an opportunity in the 220: Ronnie Lee and Danny Hitchins.

440-Yard Dash: The quartermile could be one of the strongest events for Long Beach State this season. Junior college all-American Albert Shorts from Long Beach City College was second in the state with a lifetime best of 46.8. Shorts has NCAA championship potential before his career at Long Beach State is completed, as are newcomers Heitchens, Lee, Herbert Beasley, Darrick Cox, and Charles Wallace. 1974 redshirt Rudy Peters from Merritt JC and Cal Poly Pomona returns to help.

880-Yard Run: The 880 has been traditionally a strong event for 49er track teams. Sophomore Randy Lopez returns after running a best of 1:52.6 last spring. Willard Branch, who ran the second best 880 for the 49ers last year at 1:53.4, will be lost for the season due to an illness. The top 1974 880 runner was Phil Moses (1:52.2), who has been lost due to graduation. Returnees in the 880 include: senior Chris Mecker (1:53.0), Ed Radermacher (1:53.3), Jeff Tribley (1:54.1), and Mike Gowing. A newcomer from Bakersfield JC, Larry Boan (1:52.0) will add additional depth, along with freshman Herbert Beasley. Coach Allice appears to have good depth in the 880 if Lopez proves to be of top PCAA caliber.



Half mile star Ken Phelps ran second in the San Diego Indoor Invitational 880.



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Two miler Bob Wilson clocked a lifetime best of 8:57.6 at the Times Indoor Meet.

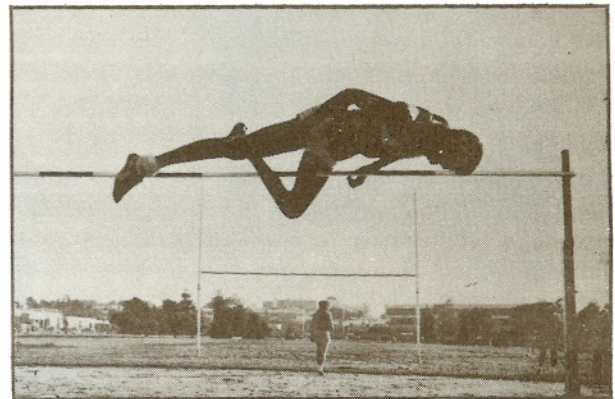
2-,3-,6-Mile Runs: Members of Long Beach State's PCAA first place cross country team will head the list of distance runners. Last fall the 49ers piled up the most impressive season any PCAA cross country team has ever had. Top runners for the 49ers will include Larry Stone, Larry Greer, newcomer Wilson, JC transfers Tomas Rodriguez from El Camino JC and Mike Lundblad from Monterey JC. Returnee Bill Aguayo (14:17.0 three-mile last year) and newcomer Steve Chase will add depth. Senior Jim Sweeney may see some two and three-mile work as he ran the best 49er times in those events last year, 9:05.6 and 13:54.2.

Triple Jump: This event has been a strong one for Long Beach the past two years, but gone are NCAA finalist Rayfield Dupree and school record holder David Tucker (54-1). Pat Pitman (best of 48 feet) and Compton JC transfer Maurice Valentine (best of 49-4) will carry the hopes of the 49ers this spring in the triple jump.

Long Jump: Senior Fred Batiste returns and he is the school record holder at 25-8 3/4, established last year. He was injured shortly after setting his mark and finished fifth in the conference. Returnee Bill Moreno went 23-10 1/4 last year, while newcomer Otis Fisher has the potential to go over 24 feet.

Mile Run: The 49er mile runners provide Aliche with excellent depth. Lopez had the second best mile time on the squad last year, 4:11.4, while the best time was turned in by senior Mike Dyer (4:10.4), who returns this spring. Junior college transfers Bob Wilson (Grossmont JC) and Lee Dick (Palomar JC) have personal bests of 4:10, while returnee Glen Jewell has run a 4:13.0. Ken Phelps, a former half-miler, has run the mile in 4:16.1. Aliche has five athletes who appear capable of turning in mile times of under 4:10 this spring.

High Jump: Long Beach City College transfer Carl Miles will be the 49er's top jumper after gaining all-America recognition in junior college. Miles also was the National Junior Champion and finished first in the Russian meet in 1973. He has a lifetime best of 7-1 1/4. Returning from last year's second place finish in the PCAA meet is Bill Heitchew. The junior from Alhambra leap jumped 6-10 in the conference meet. Compton sophomore Darryl Robinson returns after having a best of 6-9 last year. Decathlon man Rick Moore has gone 6-9 and he will provide back-up.



Carl Miles has cleared 7' 1-3/4" to lead a strong crew in the high jump.

Javelin: The javelin will be one of the strongest events for the 49ers this spring. PCAA champ and NCAA finalist Keith Goldie returns after having a best of 243-7 last year. That throw established a new conference mark for Goldie and was the ninth best in the nation. Goldie will be backed up by redshirt Steve Zotovich (originally from UC Irvine) and transfer Mike Spoolstra. Zotovich has thrown the javelin 226 feet, while Spoolstra has a best of 220. Bart McClintic rounds out this group with a best of 195 ft.

Pole Vault: One of Coach Aliche's top recruits is international pole vault champion Don Baird from New Zealand and West Germany. Baird has a lifetime best of 17-5 3/4 and was the British Commonwealth Games Champion last year. He has the tools to be the best in the nation for the 49ers. Senior Paul Richards is improving and is expected to go over 16-feet this season.

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Steeplechase: Sweeney, the Long Beach State and PCAA record holder in 9:11.95, returns for one more track season for the 49ers. Transfers Mike Lundblad and Tom Pelton will also run the steeple as will vets Jewell and Aguayo. Aguayo ran a 9:28.3 steeplechase last year.

120-Yard High Hurdles: Quality and quantity is evident in the high hurdles this year. Redshirt Milt Turner should be the standout for the 49ers. Turner transferred from Merritt JC and Cal Poly Pomona, where he was an all-America in 1973. He has a lifetime best of 13.9. Freshman James Royal, a prep all-America last year, has run 14.0. Vet Dan Jones will return after running a best of 14.6 last spring. Two years ago Jones ran a 14.4 and he turned in an impressive 13.6 in high school at Blythe. Jones also was a top wide receiver for the 49er football team and has caught 40 passes for over 650 yards over the past two years.

440-Yard Intermediate Hurdles: The intermediates was a relatively weak event for the 49ers last year. Newcomers were brought in to give the 49ers some bright talent in this hurdle event. Harbor JC transfer Otis Fisher was second in the state junior college ranks last year with a best of 52.1. Brian Stroud, Rudy Peters, and freshman Ronnie Lee will give Fisher ample back-up.

Decathlon: Newcomer Rick Moore from Long Beach City College could be one of the best in the PCAA. He placed in the top five in the state JC competition with over 6,000 points. Moore will be backed up by transfer Richard Brown from Trade Tech College in Los Angeles.

Hammer Throw: The top two hammer throwers from last year are back for the 49ers. Senior Dan Gardner had a best of 150-8 last spring and was fifth in the conference meet. Sophomore Ray Rangel had a best of 119-1 last year.



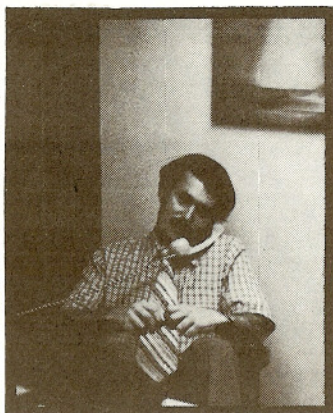
State Long Beach's Cross Country Team celebrates victory after winning PCAA title in Fresno.

Shot Put: Depth the 49ers do not have in the shot put. Dan Gardner and Ken Cowl are leaving the discus to fill in the shot put to help the team.

Discus: Senior Gardner returns again in the discus after throwing a best of 168-10 last year. He was second in the league last year. Senior Ken Cowl also returns after a best of 159-5 in 1974 and a third place shot in the PCAA meet. Both of these performers have the potential to go over 180-185 and to win the PCAA and be among the best in the NCAA.

JOHN STEVENSON

**LONG BEACH RELAYS
CO-MEET PROMOTER**



A former middle distance runner and graduate from the University of Maryland, John Stevenson has been busy in the promotion of track and field in the Southern California area. He served as a promoter for the professional track circuit last season. Along with serving as co-meet promoter for the Long Beach Relays, Stevenson is working on his graduate studies at Long Beach State University.



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49er Field Records

100 Yard Dash	9.3	Jim Kemp	Striders	1971
220 Yard Dash	20.7	Edesel Garrison	USC	1970
440 Yard Dash	47.0	Dwight Middleton	49er TC	1967
880 Yard Run	1:49.5	Leon Webster	PCC	1969
Mile Run	4:03.2	Juris Luzins	Marines	1971
Two Mile Run	8:46.2	John Mason	PCC	1970
Three Mile Run	13:45.6	Ray Hughes	Striders	1970
Six Mile Run	28:08.6	Mark Covert	Fullerton St.	1971
Steeplechase	8:54.5	John Mason	PCC	1971
120 HH	13.5	Herman Franklin	USC	1970
440 IH	51.9	Lee Evans	Unattached	1970
High Jump	7-2¼	Reynaldo Brown	Cal TC	1970
Pole Vault	16-9½	Steve Smith	PCC	1971
Long Jump	27-0	Ralph Boston	Striders	1965
Triple Jump	51-7¼	Henry Jackson	USC	1972
Shot Put	67-4	Al Feuerbach	PCC	1971
Discus	218-2	Ludvik Danek	Czech	1969
Hammer	240-6	Romauld Klim	USSR	1969
Javelin	284-8	Frank Covelli	PCC	1968
440 Relay	40.6	Biggers, London, Jones, Moore	CSLB	1970
Mile Relay	3:11.3	Bates, Ennis Bennett, Nance	Army	1971



Quarter miler Albert Shorts.

49er Records

100-YARD DASH 9.5 by DAVID GLOUD, 1973, SANTA BARBARA RELAYS

220-YARD DASH 20.8 by DAN MOORE, Long Beach Invitational

440-YARD DASH: 46.5 by CLARENCE PALMER, 1970, NCAA Championships

880-YARD RUN: 1:49.3 by RALPH LEE, 1965, Coliseum Relays

ONE-MILE RUN: 4:07.0 by RALPH LEE, 1965, SPAAU Meet

TWO-MILE RUN: 8:53.4 by BOB MACIAS, 1971, SPAAU Meet

THREE-MILE RUN: 13:49.0 by RON PRYOR, 1972, San Diego Relays

SIX-MILE RUN: 27:52.2 by RON PRYOR, 1972, San Diego Relays

MARATHON [26.2 MILES]: 2:28.30 by TOM RYAN, 1959, Culver City Marathon

440-YARD RELAY: 40.0 by BIGGERS, LONDON, PALMER, MORE, in 1971

MILE RELAY: 3:10.2 by MOORE, LOVE, JONES, PALMER, in 1971

STEEPLECHASE: 9:00.8 by MIKE RITCHIE, 1971, Long Beach Classic

120-YARD HIGH HURDLES: 14.0 by WALT CLEMENTS, 1967, NCAA Championships

440-YARD INTERMED HURDLES: 51.3 by DENNIS RUBY, 1971, PCAA Championships

POLE VAULT: 18-0½ by STEVE SMITH, 1972, Olympic Trials

HIGH JUMP: 7-1¼ by JOHN RAMBO, CCAA Championships

LONG JUMP: 25-8¼, by FRED BATISTE, 1974

TRIPLE JUMP: 54-1 by DAVE TUCKER, 1973, Fresno Relays

SHOT PUT: 60-4½ by JIM HANNEFIELD, 1967, vs LA State and Fresno State

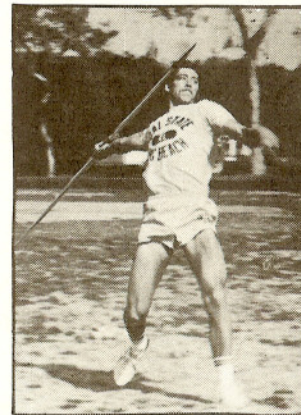
DISCUS THROW: 183-11 by GARY ORDWAY, 1966, All Comers Meet

HAMMER THROW: 196-7 by GEORGE FRENN, 1964, LA State Meet

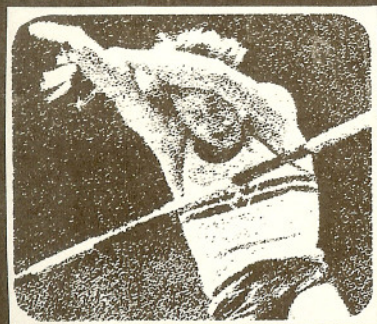
JAVELIN THROW: 245-4 by DICK NELSON, 1967, California Relays

DATE	OPPONENT	PLACE	TIME
Feb. 22	USC- UC Irvine - San Diego State	Irvine	1:00 p.m.
Feb. 28 March 1, 2	● Long Beach Relays	L.B. State	8:00 a.m.
March 8	U.C.S.B.	Santa Barbara	1:00 p.m.
✓ March 15	San Jose State-U.C.L.A.	U.C.L.A.	1:00 p.m.
✓ March 22	Santa Barbara Relays	Santa Barbara	12:30 p.m.
✓ March 29	● Cal State Northridge	L.B. State	12:30 p.m.
✓ April 5	● San Diego State	L.B. State	1:30 p.m.
✓ April 12	● Cal Poly Pomona So. Calif. College	L.B. State	10:00 a.m.
✓ April 19	Occidental	Occidental	1:00 p.m.
✓ April 25-26	Mt. Sac Relays	Mt. Sac	10:00 a.m.
✓ May 4	● Long Beach Invitational	L.B. State	12:30 p.m.
✓ May 9-10	Fresno Relays	Fresno Stae	3:00 p.m.
✓ May 10	Riverside Invitational	Riverside	12:30 p.m.
✓ May 16-17	P.C.A.A. Championship	San Jose	11:00 a.m.
✓ May 24	California Relays	Modesto	5:30 p.m.
✓ May 31	● L.B. Classic	L.B. State	12:30 p.m.
June 5,6,7	N.C.A.A. Championships	B.Y.U.	TBA

1975 TRACK SCHEDULE



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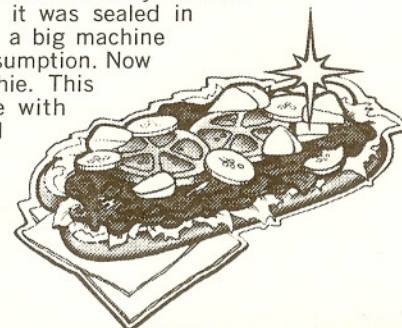
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