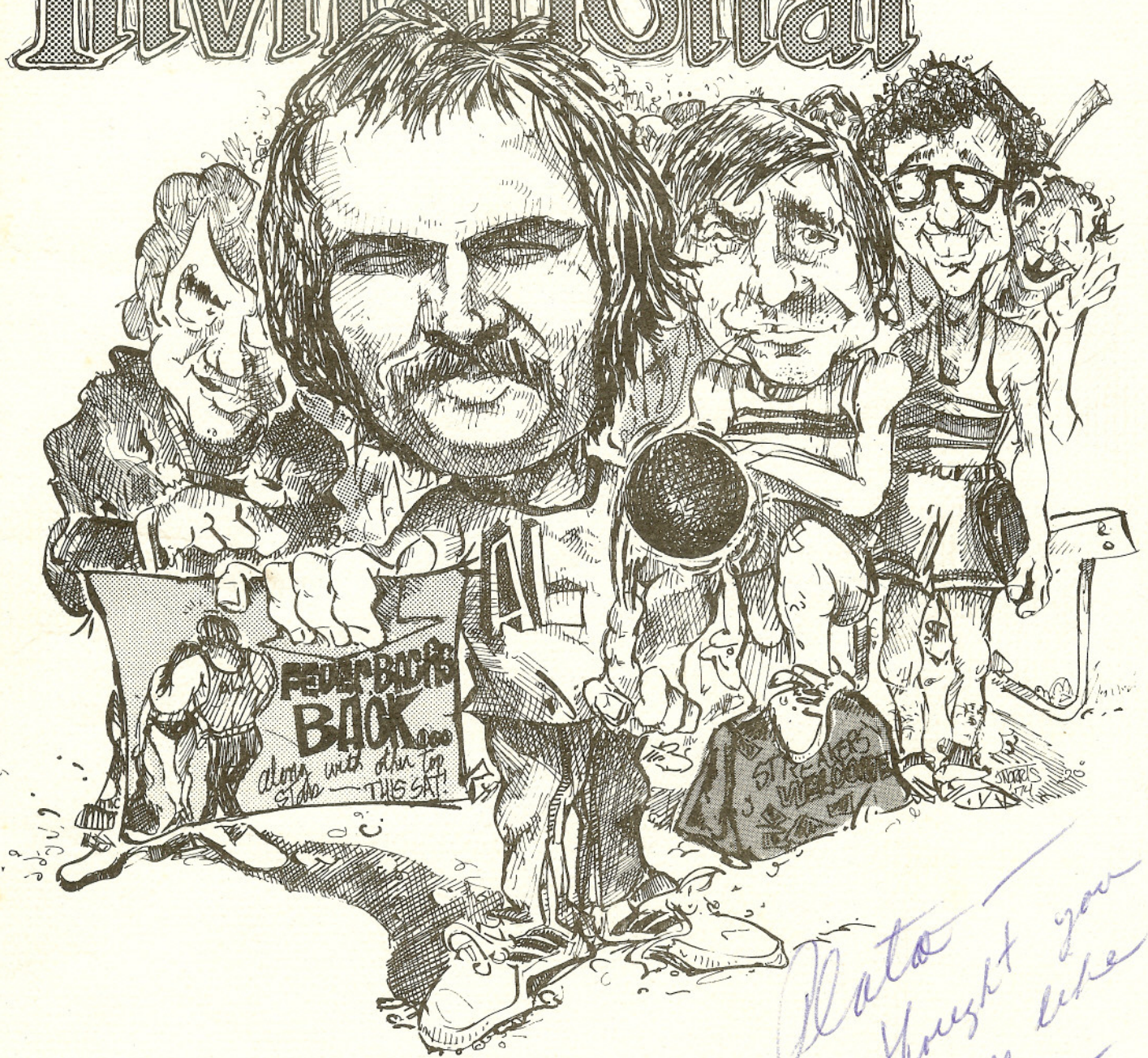


# SAN JOSE Invitational



*Paul  
thought you  
may like  
to see  
Paul*

## TRACK & FIELD MEET

SATURDAY, MAY 3, 1975 - 9:00 A.M.

Bud Winter Field

PROGRAM 50c

9<sup>th</sup> ANNUAL

SAN JOSE NATIONAL BICENTENNIAL TRACK & FIELD MEET

SATURDAY, MAY 3, 1975

9:30 am - 5:30 pm

Sponsored by:

SAN JOSE STATE UNIVERSITY TRACK & FIELD PROGRAM

SAN JOSE MERCURY-NEWS

SAN JOSE BICENTENNIAL COMMITTEE

1975 GAMES COMMITTEE

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San Jose State University

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BUD WINTER  
Retired Head Track & Field Coach,  
San Jose State University

KEITH WOODS  
San Jose City Chamber of Commerce

DON ZILE  
San Jose State University Graduate  
Assistant - Track & Field

## A LITTLE INVITATIONAL HISTORY

Born from an idea nine years ago in 1967, the San Jose Invitational has grown up into one of the nation's top track & field meets, and this year takes on a new name which it will retain through next season's contest - the San Jose National Bicentennial Invitational Track & Field Meet. Way back in 1967, Tommie Smith, then competing for San Jose State College, gave an indication of things to come in the future as the slim speedster established a new quarter-mile World Record, blazing the one-lap distance in 44.8. The record still stands today as an Invitational record, although his world record has been bypassed several times since then. But many of the standards still standing through this 9<sup>th</sup> running of the Invitational include a world outdoor shotput mark (71-7) by Al Feuerbach in 1973; the first sub-four mile clocking in Santa Clara County by the Oregon Track Club's Arne Kvalheim in 1971 (3:58.1); a then-American record in the women's shotput by Maren Seidler in 1974; plus numerous world-class marks including Jim Bolding's 49.6 IH clocking in '74, a 218-7 discus toss by John Powell in 1973, a 20.3 220 performance by John Carlos in 1970, a 7-2½ high jump by Reynaldo Brown (1974), and on and on. Last year, graced by good weather and a receptive crowd, 20 meet records were shattered and 5 field records established, and 1975 may promise the same.

Last year's meet saw the expansion of the high school, age group, and women's programs and now qualifying meets leading to the Invitational have been expanded so that the '75 Invitational offers 53 events, including 20 women's/girl's events, a pentathlon contest, and 6 high school battles intermingled with similar top-notch competition in the open events. The 1975 SJNBI Track & Field Meet is sponsored by the San Jose Mercury-News, San Jose State University Track & Field, and the City of San Jose's Bicentennial Commission which has designated this meet as one of the major city Bicentennial projects for 1976.

So sit back and enjoy what may be one of the feature Track & Field Meets of 1975. Your announcers today will be Bob Smith of Arizona, Bill Gilbert, the San Jose State Track & Field announcer for the dual meet season, and John Fuller, an assistant of Gilbert's and the official statistician of the meet. The 1975 Games Committee appreciates your involvement in San Jose athletics.

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### General Meet Information:

Lost & Found: at announcer's table, located at main finish line  
Concession stand: located behind stands at entrance of main gate (west)  
Reserved section: designated by roped off area near finish line  
Bathrooms: located at end of field and at main South Campus facility  
Courtesy room for athletes: located in main South Campus building

Please stay off the field when participants are in competition. We are not liable for your general welfare if this rule is violated. If it is imperative that you go on the field, seek security escort first. Athletes not in competition are asked to warm-up behind the stands, and remain off the infield following competition.

Today's program written, researched, and published by John Fuller, San Jose State publicist/administrative assistant. Front and back covers produced by Valley Press of San Jose. Programs 50¢.

## 1975 TROPHY DONORS

In appreciation of those companies, families, and individuals who so graciously donated a trophy to the 1975 San Jose National Bicentennial Track & Field Meet, we list their names with their respective donated trophies:

1	Six Mile Run	Shell Chemical Company (San Ramon, Ca.)
2	Junior High 44OR	National Trophy & Billiard Co., Inc.
3	Girl's 9 & Under 44OR	Fidelity Savings of San Jose
4	Girl's 10 & 11 44OR	San Jose Mayor Janet Gray Hayes
5	Girl's 12 & 13 44OR	Victor Corsiglia, Sr.
7	Women's 400m Dash	Art Kennedy (Gilroy)
8	Women's 100m Dash	Breuner's Furniture (Campbell)
9	Girl's 12 & 13 440	Bart Collins (San Jose)
10	Two Mile Walk	Joe Thomason (San Jose)
11	Women's 1500m Run	Ken Keegan (Los Gatos)
13	Girl's 14 & 15 44OR	Mr. & Mrs. Heiji Matsuzaki
14	High School Mile	Joe Colla, Councilman, San Jose
15	Women's 440y Relay	Mobile Communications
16	Celebrity Race	Paul Morlos (San Jose)
17	High School 44OR	Mr. B.M. Bullard (Phoenix, Arizona)
18	440 yard Relay	Jack Peak Travel Service (San Jose)
19	Women's 800m/880y	KNTV-Channel 11 (San Jose)
20	One Mile Run	Marvin & Norma Schilling (Garden Grove, Ca.)
21	440 yard Dash	Arne Sign & Decal Company (Santa Clara)
22	120y High Hurdles	Valley Press, Inc. (San Jose)
23	High School 100y	Johnson Printing & Envelope Co. (San Jose)
24	100 yard Dash	Wally & Vivian Burr (San Jose)
25	Women's Two Mile	Glendale Federal Savings (Cupertino)
26	880 yard Run	Breuner's Furniture (Campbell)
27	440y Intermediates	Northern California Track Assn. (George Newlon)
28	Women's 400m Hurdles	Jenssen Scales, Inc. (San Jose)
29	Women's 200m Dash	Bayside Oil Corporation (Santa Cruz)
30	High School 220y	Allied Container Corporation (San Jose)
31	220y Dash	Peninsula Air Delivery (Kent Herkenrath/Mntn View)
32	Girl's 12 & 13 Ml Rly	The Fuller Family (Belmont, Ca.)
33	Three Mile Run	Rheem Manufacturing Company (Richmond, Ca.)
34	Women's Mile Relay	IBM Corporation (San Jose)
35	One Mile Relay	Armen & Pat Hanzad (San Jose)
37	Hammer Throw	Northern California Fertilizer Co. (San Jose)
38	Women's High Jump	San Jose Earthquakes Soccer team
40	Women's Shotput	Mr. Steve Chelbay (San Jose)
41	High School Triple Jump	West Valley Dodge (Los Gatos)
42	High School High Jump	Mini Matics (Mountain View)
44	Pole Vault	Alameda Sporting Goods (John Moran/Cupertino)
45	Long Jump	Coast Engraving Co., Inc. (San Jose)
46	Javelin	Laura & Lefty Blethen (Cupertino)
47	High Jump	A.L. Castle Incorporated (Morgan Hill)
48	Shotput	Eastridge Shopping Center (Manny Goulart)
49	Triple Jump	San Jose Hyatt House
50	Discus	San Jose Chamber of Commerce (Ron James)
51	Women's Javelin	Joe Mattos (San Jose)
52	Women's Long Jump	Paul Baracker (San Jose)
53	Women's Discus	Gavilan Packaging Company (San Jose)
XX	Pentathlon	M & M Chemical Company (Jerry Mertens/Millbrae)
XX	OUTSTANDING TRACK AWARD	Valley Fair Merchants Association (San Jose)
XX	OUTSTANDING FIELD AWARD	San Jose Mercury - News

MEET TIME SCHEDULE

<u>#</u>	<u>Track Events:</u>	<u>Meet Record (Year)</u>		<u>Field Record (Year)</u>	
1	10:00 Six Mile Run	28:01.8	'71	29:34.0	'74
2	10:35 Junior High School 44OR	50.8	'74	50.8	'74
3	10:40 Girl's 9 & Under 44OR	-----	---	-----	---
4	10:45 Girl's 10 & 11 44OR	-----	---	-----	---
5	10:50 Girl's 12 & 13 44OR	51.8	'74	51.8	'74
6	11:00 Pentathlon 200m Dash	-----	---	-----	---
7	11:10 Women's 400m Dash	54.0	'74	54.0	'74
8	11:20 Women's 100m Dash	11.9	'74	11.9	'74
9	11:30 Girl's 12 & 13 44Oy	57.6	'74	57.6	'74
10	11:40 Two Mile Walk	14:43.6	'74	14:43.6	'74
11	11:55 Women's 1500m Run	4:14.0	'74	4:14.0	'74
12	12:10 Pentathlon 1500m	-----	---	-----	---
13	12:25 Girl's 14 & 15 44OR	-----	---	-----	---
14	12:35 High School Mile Run	4:02.6	'74	4:02.6	'74
15	12:45 Women's 44Oy Relay	-----	---	-----	---
16	1:15 33 1/3y Celebrity	-----	---	-----	---
17	1:25 High School 44OyR	42.3	'74	42.3	'74
18	1:35 Open 44Oy Relay	39.5	'68	39.5	'68
19	1:45 Women's 800m/880y	2:08.9y	'73	2:08.9y	'73
20	1:55 Open Mile Run	3:58.1	'71	4:02.3	'75
21	2:05 Open 44Oy Dash	44.8	'67	45.8	'70
22	2:15 Open 120y Highs	13.7	'70	13.7	'70
	2:35 Intro. Comments				
23	2:40 High School 100y	9.8	'74	9.8	'74
24	2:50 Open 100y Dash	9.3	'70	9.3	'70/73
25	3:05 Women's 2-Mile	-----	---	-----	---
26	3:20 Open 880y Run	1:49.3	'70	1:49.3	'70
27	3:35 Open 44Oy Inter.	49.6	'74	49.6	'74
28	3:45 Women's 44Oy Lows	-----	---	-----	---
29	4:05 Women's 200m Dash	24.6	'73	24.6	'73
30	4:15 High School 220y	21.3	'74	21.3	'74
31	4:25 Open 220y Dash	20.3	'70	20.3	'70
32	4:35 Girl's 12 & 13 MI R	-----	---	-----	---
33	4:45 Open 3-Mile Run	13:38.6	'71	13:35.0	'75
34	5:05 Women's Mile Relay	-----	---	-----	---
35	5:15 Open Mile Relay	3:10.3	'71	3:10.6	'70

<u>#</u>	<u>Field Events:</u>	<u>Meet Record (Year)</u>		<u>Field Record (Year)</u>	
36	9:30 Pentathlon LJ	-----	---	-----	---
37	9:30 Open Hammer Throw	188-8	'74	191-10½	'75
38	10:00 Women's High Jump	-----	---	-----	---
39	10:15 Pentathlon Javelin	-----	---	-----	---
40	11:00 Women's Shotput	54-10½	'74	54-10½	'74
41	11:30 High School Triple J	-----	---	-----	---
42	11:30 High School High Jump	-----	---	-----	---
43	11:45 Pentathlon Discus	-----	---	-----	---
44	12:00 Open Pole Vault	17-7	'74	17-8	'75
45	12:30 Open Long Jump	25-10	'70	26-2½	'69
46	1:00 Open Javelin	268-7	'68	268-7	'68
47	1:00 Open High Jump	7-2½	'74	7-2½	'73/74
48	1:30 Open Shotput	71-7	'73	71-7	'73
49	2:00 Open Triple Jump	53-7¼	'73	53-11¾	'75
50	2:30 Open Discus	218-7	'73	218-7	'73
51	4:00 Women's Javelin	184-4	'74	184-4	'74
52	4:00 Women's Long Jump	-----	---	-----	---
53	4:30 Women's Discus	-----	---	-----	---

## SAN JOSE NATIONAL BICENTENNIAL TRACK &amp; FIELD

## MEET ENTRIES

1 SIX MILE RUN (10:00)

1 Bill Clark (WVTC)	29:03.0
2 Jim Birnbaum (WVTC)	29:16.8
3 Fred Emerling (WVTC)	29:35.0
4 Grover Prowell (SJS)	nt
5 Sean O'Riordan (WVTC)	30:23.0
6 Gerry Garcia (unatt)	nt
7 Jim Sane (unatt)	nt

2 JUNIOR HIGH SCHOOL 440R (10:35)

2 August Boeger	nt
3 Quimby Oak	nt
4 Ocala	nt
5 Miller	nt
6 Matheson Lee	nt

3 GIRL'S 9 & UNDER 440y RELAY (10:40)

1 Cupertino Yearlings	nt
2 Monterey Peninsula	nt
3 Arrow Track Club	nt
4 Appaloosa Track Club	nt
5 Salinas Valley Track Club	nt
6 Berkely	nt
7 Oeinda Track Club	nt
8 Integra Track Club	nt
9 Lewis Athletic Club	nt

4 GIRL'S 10 & 11 440y RELAY (10:45)

1 Lewis Athletic Club	nt
2 Monterey Peninsula	nt
3 Berkeley	nt
4 Cupertino Yearlings "A"	nt
5 Orinda Track Club "A"	nt
6 Cupertino Yearlings "B"	nt
7 Salinas Valley Track Club	nt
8 Appaloosa Track Club	nt
9 San Jose Cindergals	nt

5 GIRL'S 12 & 13 440y RELAY (10:50)

1 Orinda Track Club "B"	nt
2 Cupertino Yearlings	nt
3 Redwood City Flyers	nt
4 Berkeley	nt
5 Millbrae Lions Track Club	nt
6 Salinas Valley Track Club	nt
7 Orinda Track Club "A"	nt
8 Arrow Track Club	nt
9 Appaloosa Track Club	nt

6 Pentathlon 200m Dash (11:00)

3 Bruce Jenner (unatt)	nt
4 Fred Samara (unatt)	nt
5 Ken Kring (unatt)	nt
6 Greg Marshall (WVTC)	nt
7 Gary King (unatt)	nt

7 WOMEN'S 400m DASH (11:10)

1 Cathy Hardeman (Millbrae Lions)
2 Chris Smallwood (Integra)
3 Ginger Lewis (Millbrae Lions)
4 Debbie Byfield (Berkeley)
5 Kathy Weston (Wills Spikettes)
6 June Bonacich (San Jose Cindergals)
7 Veronica Venegia (Wills Spikettes)
8 Denise Remberton (Millbrae Lions)
9 Melinda Revere (Unatt)

8 WOMEN'S 100m DASH (11:20)

1 Peggy Jprdan (San Jose Cindergals)
2 Ginger Lewis (Millbrae Lions)
3 Yolanda Allen (Millbrae Lions)
4 Elaine Parker (Millbrae Lions)
5 Freida Cobb (unatt/Berkeley)
6 Annette Robinson (unatt/Berkeley)
8 Denise Remberton (Millbrae Lions)
9 Estella Edwinson (unatt)

9 GIRL'S 12 & 13 440y DASH (11:30)

1 Ann Thomas (Cupertino Yearlings)
2 Karen Linn (Wills Spikettes)
3 Ann Regan (Integra Track Club)
4 Sherri Blackburn (Berkeley)
5 Marquita Belk (San Jose Cindergals)
6 Wendy Allums (Berkeley)
7 Marion Franklin (Millbrae Lions)
8 Nannette Rianda (Salinas Valley Track Club)
9 Kelly Hintz (Cupertino Yearlings)

10 TWO MILE WALK (11:40)

1 Manny Andriano (WVTC)
2 Tom Dooley (Golden Gate T.C.)
3 Bob Korn (WVTC)
4 Roger Duran (WVTC)
5 Jerry Lansing (Beverly Hills Striders)
6 Ron Laird (NYAC)
7 Wayne Glusker (WVTC)

Judges: Frank Hagerty (Stockton, Ca.)  
Art Smith (Redwood City, Ca.)

11 WOMEN'S 1500m RUN (11:55)

1 Eileen Claugus (Wills Spikettes)
2 Cyndy Poor (San Jose Cindergals)
3 Kathy Adams (Wills Spikettes)
4 Colleen McManus (San Jose Cindergals)
5 Estella Guina (San Jose Cindergals)
6 Ann Wotherspoon (San Jose Cindergals)

12 Pentathlon 1500m RUN (12:10)

1 Ken Kring (unatt)
2 Gary King (unatt)
3 Greg Marshall (WVTC)
4 Bruce Jenner (unatt)
5 Fred Samara (unatt)

13 GIRL'S 14 & 15 440y RELAY (12:25)

- 1 Northern California Track Club
- 2 Cupertino Yearlings
- 3 Orinda Track Club
- 4 Millbrae Lions "A"
- 5 Arrow Track Club
- 6 Millbrae Lions "B"
- 7 Millbrae Lions "C"
- 8 San Jose Cindergals "D"

14 HIGH SCHOOL ONE MILE RUN (12:35)

- 1 Jon Johnson (Skyline) 4:14.0
- 2 Roy Kissin (San Ramon) 4:15.0
- 3 Tom Schrenk (Menlo School) 4:22.0
- 4 Paul Burke (DeLaSalle) 4:27.0
- 5 Jak Bowen (Saratoga) 4:27.9
- 6 Marty Conway (DeLaSalle) 4:28.0
- 7 Gary Goodstein (Menlo School) 28.0
- 8 Don Fernandez (Homestead) 4:28.0
- 9 Connor Taylor (Woodside) 4:29.0
- 10 Danny Farwell (Woodside) 4:30.0
- 11 Gary Ludders (Piedmont Hills) 30.0
- 12 Dan Hogue (Gilroy) 4:31.5

15 WOMEN'S 440y RELAY (12:45)

- 1 San Jose Cindergals "E"
- 2 Woodside Striders
- 3 San Jose Cindergals "A"
- 4 Millbrae Lions
- 5 Berkeley - East Bay
- 6 San Jose Cindergals "C"
- 7 San Jose Cindergals "B"
- 8 Unattached Club

16 33 1/3 CELEBRITY RACE (1:15)

X entries to be announced  
 starter: Bart Collins

17 HIGH SCHOOL 440y RELAY (1:25)

- 2 Saratoga 44.4
- 3 Woodside 43.2
- 4 Skyline of Oakland 42.7\*
- 5 Piedmont Hills 43.5
- 6 Castlemont 43.9
- 7 Fremont of Oakland 44.0
- 8 Homestead 44.2
- \* state leaders

18 OPEN 440y RELAY (1:35)

- 2 U.S. Army 41.1
- 3 Pacific Coast Club 40.7
- 4 San Jose State 40.5
- 5 Beverly Hills Striders 39.9
- 6 Bay Area Striders 40.7
- 7 Cal Poly @ San Luis Obispo 41.1
- 8 West Valley Track Club 41.4

19 WOMEN'S 800m/880y RUN (1:45)

- 1 Francie Larrieu (Pacific Coast Club)
- 2 Kathy Weston (Wills Spikettes)
- 3 Cyndy Poor (San Jose Cindergals)
- 4 Loretta Simmons (Redwood City Flyers)
- 5 Leslie Peterson (unatt)
- 6 Val Cooper (San Jose Cindergals)
- 7 Pam Evans (Millbrae Lions)
- 8 Joanna Shearer (San Jose Cindergals)
- 9 Estella Guina (San Jose Cindergals)
- 10 Kim Neall (San Jose Cindergals)
- 11 Rachael Ervin (San Jose Cindergals)
- 12 Shawn Seibal (Northern California)
- 13 Amy Huyck (unatt/Santa Cruz)

20 OPEN ONE MILE RUN (1:55)

- 1 George Stewart (Army) 4:03.5
- 2 Thorn Bigley (Army) 4:05.0
- 3 Rusty Nahirney (San Jose State) 4:06.6
- 4 Dan McCafferty (Army) 4:08.2
- 5 Curtis Duff (unatt/BYU) 4:09.0
- 6 Bob Wheeler (BHS) nt
- 7 Dennis Swart (WVTC) 4:11.4
- 8 Tim Peterson (WVTC) 4:13.6
- 9 Dennis Tracy (WVTC) 4:14.3
- 10 Tom Jordan (WVTC) 4:16.7
- 11 Phil Kessler (San Jose State) 4:18.1
- 12 Randy Mysliviec (CP) 4:18.2
- 13 John Beaton (CP) 4:18.3
- 14 Brian Tracy (CP) 4:21.0
- 15 Jim Schankel (CP) nt

21 OPEN 440y DASH (2:05)

- 1 Rabbi Anderson (Army) 47.1
- 2 Kermit Bayless (BAS) 46.1
- 3 Maxie Parks (BHS) 45.2
- 4 Dennis Shultz (PCC) 45.7
- 5 Jim Ward (WVTC) 46.6
- 6 Tony Woodard (SJS) 48.0
- 7 Curtis Byrd (CP) 48.0
- 8 Richard Harris (WVTC) 48.1
- 9 Kerry Gold (CP) 48.1

22 OPEN 120y HIGH HURDLES (2:15)

- 1 Mac McCormick (BAS) 14.5
- 2 Frank Roublick (SJS) 14.4
- 3 James Austin (SJS) 14.3
- 4 George Carty (BAS) 13.4
- 5 Jerry Wilson (EHS) 13.3
- 6 McKinley Mosley (unatt/Cal) 13.8
- 7 Mark Young (WVTC) 14.1
- 8 Walter Mead (CP) 14.7
- 9 Kevin McNanamara (CP) 14.8

23 HIGH SCHOOL 100y DASH (2:40)

2 Norm Abruzzini (Gilroy)	9.9
3 Rob Sweet (Woodside)	9.9
4 Keith Limmell (McAtteer)	9.8
5 Keith Taylor (Piedmont Hills)	9.6
6 Maurice Glass (Castlemont)	9.5
7 Theotis Brown (Skyline)	9.8
8 Sherman Jones (Piedmont Hills)	9.9
9 Veinoy MacWeather (Fremont)	10.0

24 OPEN 100 yard DASH (2:50) (2 heats)

1 Ralph Ligone (BAS)	9.4
2 Bruce Smiley (SJS)	9.5
3 Nobert Payton (BAS)	9.2
4 Ron Whitaker (SJS)	9.3w
5 Steve Williams (unatt)	9.1
6 Mark Lutz (PCC)	9.3
7 Vince Breddell (BAS)	9.3w
8 Clancy Edwards (CP)	9.6
9 Louie Wilson (Army)	9.4
2 Mel Watson (SJS)	9.5
3 Fraisure Sumpster (CP)	9.7
4 Gary Ellis (SJS)	9.7
5 Larry Shields (WVTC)	9.6
6 Glen Evelyn (WVTC)	9.7
7 Russ Grimes (CP)	9.8
8 Ralph Walker (WVTC)	9.8

25 WOMEN'S TWO MILE RUN (3:05)

1 Eileen Claugus (Wills Spikettes)
2 Kathy Adams (Wills Spikettes)
3 Judy Graham (San Jose Cindergals)
4 Pam Bowers (San Jose Cindergals)
5 Ann Trayson (Monterey Peninsula)
6 Suzi Greenburg (San Jose Cindergals)
7 Sally McPherson (San Jose Cindergals)
8 Ann Wotherspoon (San José Cindergals)
9 Ann Slivkoff (San Jose Cindergals)
10 Sue Neary (unattached)
11 Diane Ogilvie (unattached)

26 OPEN 880 yard RUN (3:20)

1 Barry Mason (Army)	1:49.2
2 Jim Bolding (PCC)	1:49.5*
3 Clay Lowry (BHS)	1:51.6
4 Doug Stuart (unatt)	1:52.2
5 Mike Kasser (SJS)	1:52.8
6 John Gorman (WVTC)	1:53.7
7 Dave Marlow (CP)	1:54.5
8 Steve Coronado (WVTC)	1:54.5
9 Mike Lamb (CP)	1:55.2

\* 46.5 440 in 1975

Concession stand located behind stands at main gate (west side).

All lost &amp; found at announcer's table.

27 OPEN 440y INTERMEDIATES (3:35)

1 Don Milligan (BAS)	nt
2 Kevin McNanamara (CP)	52.4
3 Jared Butler (BAS)	51.5
4 Jim Wyatt (SJS)	52.6
5 Rob Casslemann (PCC)	49.5*
6 Jim Ewing (BHS)	50.5
7 Frank Roublick (SJS)	52.8
8 Mark Young (WVTC)	52.8
9 Perry Pleyte (SJS)	53.6

\* 46.6 440 in 1975

28 WOMEN'S 400m LOW HURDLES (3:45)

1 Janelle St. Clair (San Jose Cindergals)
2 Patti Jones (San Jose Cindergals)
3 Amber Sousa (Wills Spikettes)
4 Carolyn Bing (San Jose Cindergals)
5 Liz Douglas (San Jose Cindergals)
6 Cynthia Snyder (Wills Spikettes)
7 Johnna Hansen (San Jose Cindergals)
8 Lori Anderson (Unattached)
9 Renee Tarver (San Jose Cindergals)

29 WOMEN'S 200m DASH (4:05)

1 Loretta Simmons (Redwood City Flyers)
2 Chris Smallwood (Integra Track Club)
3 Freida Cobb (unatt/Berkeley)
4 Debbie Byfield (Berkeley)
5 Marie Nickson (unatt/Berkeley)
6 Karen Elmore (Millbrae Lions)
7 Melinda Revere (unattached)
8 Adrienne Lewis (Lewis Athletic Club)
9 Colleen Moran (Orinda Track Club)

30 HIGH SCHOOL 220y DASH (4:15)

1 Ray Horn (Fremont)	22.9
2 Lenny Williams (DeLaSalle)	22.6
3 Keith Taylor (Piedmont Hills)	21.3
4 Maurice Glass (Castlemont)	21.4
5 Rob Sweet (Woodside)	22.1
6 Norm Abruzzini (Gilroy)	22.2
7 Keith Limmell (McAtteer)	22.3
8 Armando Jimenez (DeLaSalle)	22.3
9 Mike Greggans (Woodside)	22.4

31 OPEN 220y DASH (4:25)

1 Bruce Smiley (SJS)	21.0
2 Clancy Edwards (CP)	20.9
3 Vince Breddell (BAS)	20.6
4 Steve Williams (unatt)	20.0
5 Ron Whitaker (SJS)	20.5
6 Mark Lutz (PCC)	20.4
7 Jim Pettus (BAS)	20.5
8 Louie Wilson (Army)	21.0
9 Ron Williams (BAS)	21.0
X Greg Marshall (WVTC) 1st alt.	21.1
X Gary Ellis (SJS) 2nd alt.	21.3



- 1 Orinda Track Club
- 2 Berkeley Track Club
- 3 Wills Spikettes
- 4 San Jose Cindergals "A"
- 5 Salinas Valley Track Club
- 6 Cupertino Yearlings
- 7 San Jose Cindergals "B"
- 8 Arrow Track Club
- 9 Northern California Track Club

33 OPEN THREE MILE RUN (4:45)

- |                           |         |
|---------------------------|---------|
| 1 Jim Nuccio (WVTC)       | 13:48.7 |
| 2 Dave Babiracki (unatt)  | 13:27.6 |
| 3 Jon Sutherland (unatt)  | 13:50.0 |
| 4 Dave Cordo (WVTC)       | 13:53.4 |
| 5 Dan Gruber (SJS)        | 13:57.0 |
| 6 Rudi Krause (SJS)       | 13:58.0 |
| 7 Jim Warrick (CP)        | 14:18.2 |
| 8 Darryl Zapata (WVTC)    | 14:21.5 |
| 9 John Beaton (CP)        | 14:21.6 |
| 10 Bill Seaver (WVTC)     | 14:30.1 |
| 11 Heney Hernandez (WVTC) | 14:48.2 |
| 12 Steve Fuller (SJS)     | nt      |
| 13 Dan Prows (SJS)        | nt      |
| 14 Jerry Garcia (Army)    | 13:44.7 |
| 15 Ted Quintana (Chabot)  | 14:03.1 |
| 16 Jim Schankel (CP)      | 14:14.3 |
| 17 Dave Stock (CP)        | 14:33.0 |

34 WOMEN'S ONE MILE RELAY (5:05)

- 1 San Jose Cindergals "A"
- 2 Berkeley Track Club "A"
- 3 Millbrae Lions "A"
- 4 San Jose Cindergals "C"
- 5 Orinda Track Club
- 6 Woodside Striders
- 7 San Jose Cindergals "D"
- 8 San Jose Cindergals "B"

35 OPEN ONE MILE RELAY (5:15)

- |                          |        |
|--------------------------|--------|
| 2 Bay Area Striders      | 3:14.7 |
| 3 Pacific Coast Club     | 3:10.6 |
| 4 San Jose State         | 3:13.8 |
| 5 San Francisco State    | 3:16.9 |
| 6 West Valley Track Club | 3:18.9 |
| 7 U.S. Army              | 3:19.3 |

36 Pentathlon LONG JUMP (9:30)

- |                        |    |
|------------------------|----|
| 1 Ken Kring (unatt)    | nm |
| 2 Fred Samara (unatt)  | nm |
| 3 Gary King (unatt)    | nm |
| 4 Greg Marshall (WVTC) | nm |
| 5 Bruce Jenner (unatt) | nm |

37 OPEN HAMMER THROW (9:30)

- |                           |        |
|---------------------------|--------|
| 1 Chas Ostrand (Army)     | 187-0  |
| 2 Dick Shelton (Fort Ord) | 190-0  |
| 3 Aldo Congi (unatt)      | 182-1  |
| 4 Bill Shuff (Army)       | 218-7  |
| 5 Bill Diehl (Army)       | 218-10 |

- 1 Susie Buegen (Arrow Track Club)
- 2 Karyn Hinkleman (Arrow Track Club)
- 3 Kathy McQuillan (Wills Spikettes)
- 4 Carol Dougherty (San Jose Cindergals)
- 5 Sandy Dewitt (unattached)
- 6 Cynthia Snyder (Wilss Spikettes)
- 7 Diane Stuart (Orinda Track Club)
- 8 Cindy Sandberg (San Jose Cindergals)
- 9 Pam Blackburn (unatt/Cubberley)
- 10 Terry Knight (unatt/Berkeley)
- 11 Candy Ross (unatt/Berkeley)

39 Pentathlon JAVELIN (10:15)

- 1 Gary King (unatt)
- 2 Bruce Jenner (unatt)
- 3 Fred Samara (unatt)
- 4 Greg Marshall (WVTC)
- 5 Ken Kring (unatt)

40 WOMEN'S SHOTPUT (11:00)

- 1 Maria Garcia (unatt/Santa Cruz)
- 2 Marta Kuehl (unattached)
- 3 Judy Lane (Wills Spikettes)
- 4 Denise Holloway (San Jose Cindergals)
- 5 Cel Rutledge (Millbrae Lions)
- 6 Jan Svendsen (unattached)
- 7 Linda Langford (Mayor Daily Youth Fndtn)
- 8 Maren Seidler (Mayor Daily Youth Fndtn)
- 9 Lisa Kinamaka (San Jose Cindergals)

41 HIGH SCHOOL TRIPLE JUMP (11:30)

- |                            |      |
|----------------------------|------|
| 1 Jeff Ballard (Fremont)   | 44-9 |
| 2 Dave Zizzo (Gilroy)      | 45-0 |
| 3 Luther McGill (Fremont)  | 45-0 |
| 4 Mike Bertoli (Homestead) | 47-0 |
| 5 Peter Morino (Lick)      | 47-7 |
| 6 Myrt Easley (Woodside)   | 48-8 |

42 HIGH SCHOOL HIGH JUMP (11:30)

- |                              |     |
|------------------------------|-----|
| 1 Don Noble (Fremont)        | 6-3 |
| 2 Dave Zizzo (Gilroy)        | 6-3 |
| 3 Myrt Easley (Woodside)     | 6-4 |
| 4 Steve Ferguson (Homestead) | 6-5 |
| 5 Coart Owens (Castlemont)   | 6-6 |
| 6 Leo Williams (Fremont)     | 6-8 |

43 Pentathlon DISCUS (11:45)

- |                        |    |
|------------------------|----|
| 1 Ken Kring (unatt)    | nm |
| 2 Fred Samara (unatt)  | nm |
| 3 Gary King (unatt)    | nm |
| 4 Bruce Jenner (unatt) | nm |
| 5 Greg Marshall (WVTC) | nm |

Special thanks to:  
 McDONALD'S HAMBURGERS  
 celebrating their 20<sup>th</sup> birthday, and  
 helping the SJ Invitational cele-  
 brate its 10<sup>th</sup> anniversary.

44 OPEN POLE VAULT (12:00)

1 Kevin Crowley (unatt)	nm
2 Mike Weldig (BAS)	16-0
3 Ken Haagen (CP)	16-4
4 Bill Chew (unatt)	16-6
5 Larry Johnson (SJS)	16-7½
6 Roger Martin (SJS)	16-7½
7 Wayne Hicks (Army)	16-8
8 Jim Eshelmann (BAS)	16-11½
9 Greg Miguel (BHS)	17-0
10 Bob Richards (PCC)	17-1
11 Bob Slover (BHS)	17-6
12 Vic Diaz (BHS)	17-8½
13 Dan Ripley (SJS)	18-1i
14 Kjell Isaksson (BHS)	18-4¾

45 OPEN LONG JUMP (12:30)

1 Russ Grimes (CP)	23-4½
2 Les Bond (unatt)	24-2
3 Anthony Terry (WVTC)	24-8
4 Joe Silva (WVTC)	24-10½
5 Dan Carter (SJS)	25-6
6 Curtis Davis (SJS)	25-8
7 Marion Anderson (unatt)	26-2½
8 Jerry Proctor (BHS)	26-4
9 Tommie Haynes (Army)	26-8
10 Bouncey Moore (BHS)	26-10

46 OPEN JAVELIN (1:00)

1 Steve Bertalucci (CP)	197-10
2 Bill Seals (WVTC)	220-9
3 Phil Conley (WVTC)	223-11
4 Bob Parker (SFS)	231-0
5 Dave Krogh (SJS)	238-0
6 Jim Pierce (BHS)	253-5
7 Bruce Kennedy (BAS)	264-0
8 Bob Wallis (Army)	271-0

47 OPEN HIGH JUMP (1:00)

1 Jim McGinnity (WVTC)	6-9
2 Bill Erbes (CP)	6-9
3 Mark Insley (SJS)	6-8
4 Charles Mackey (SJS)	7-0¼
5 Keith Nelson (unatt)	6-9
6 Bob Gordon (CP)	6-9¾
7 Jim Roberts (CP)	6-9¾
8 Jerry Hougen (CP)	6-9¾
9 Greg Kraft (WVTC)	6-10
10 Gary Hines (unatt/Reno)	7-1
11 Greg Tinnin (BAS)	7-0
12 Ron Livers (SJS)	7-0½
13 Pat Matzdorf (unatt)	7-6¼

48 OPEN SHOTPUT (1:30)

1 Dave Davis (WVTC)	56-6¼
2 Mike Weeks (SJS)	58-0
3 Richard Marks (WVTC)	61-4
4 Sammy Walker (unatt)	66-0
5 Pete Schmock (BHS)	68-6
6 Al Feuerbach (PCC)	71-7

49 OPEN TRIPLE JUMP (2:00)

1 Dan Carter (SJS)	50-1¼
2 Anthony Terry (WVTC)	52-2½
3 Jim Frasier (unatt/Cal)	53-2
4 Ron Livers (SJS)	53-11¾
5 Chuck Steffes (BAS)	54-2
6 Barry McClure (Army)	54-2
7 Ray Dupree (Army)	54-6½
8 Tommie Haynes (Army)	54-9
9 James Butts (BHS)	55-4
10 Mohinder Gill (unatt)	55-7

50 OPEN DISCUS (2:30)

1 Ken Staedel (BAS)	nm
2 Larry Kennedy (BAS)	nm
3 Steve Davis (WVTC)	175-4
4 Gary Wolf (WVTC)	177-10
5 Don Tollefson (BHS)	180-0
6 Miles Lister (BHS)	180-0
7 Brad Nave (WVTC)	181-4
8 Mike Weeks (SJS)	184-0
9 Mike Louisiana (WVTC)	197-4
10 Jim Penrose (BAS)	203-6
11 Mac Wilkins (unatt)	221-0
12 John Powell (PCC)	224-7

51 WOMEN'S JAVELIN (4:00)

1 Nadine Bowers (San Jose Cindergals)
2 Cathy Sulinski (Millbrae Lions)
3 Barbara Whitfield (unattached)
4 Lynn Cannon (Millbrae Lions)
5 Kathy Schmidt (UCLA)

52 WOMEN'S LONG JUMP (4:00)

1 Benedickte Eskeland (San Jose Cindergals)
2 Pam Evans (Millbrae Lions)
3 Marilyn King (Millbrae Lions)
4 Karen Elmore (Millbrae Lions)

53 WOMEN'S DISCUS (4:30)

1 Judy Lane (Wills Spikettes)
2 Linda Langford (Mayor Daily Youth Fndtn)
3 Jan Svendsen (unattached)

1975 SAN JOSE NATIONAL BICENTENNIAL TRACK & FIELD

OFFICIALS

Timers

Wally Burr - Head  
 Charles Jolitz  
 Robert Romig  
 Mel Estrada  
 Cliff Harris  
 Marge Powell  
 Frank O'Sullivan  
 Bobby Hughey  
 Howard Hammer  
 Don Brobst  
 Pulani Kinimaka

Referee

Bud Winter

Clerks

Henry Weston  
 Mike Nunziata

Camera

Walt Reynolds

Wind Gauge

Leon Glover

Finish Judges

George Glendenning - Head  
 Frank Pennock  
 Skip Hall  
 L. Estrada  
 Paul Castoro  
 Al Faggetti  
 Bill Short  
 Hal Frisch  
 Jack Parson  
 Gary Stout  
 Scott Phelps

Wts/Measures

Norm Morrison

Men's Head Field Judge

Ed Austermuehle

Women's Head Field Judge

Gary Bowers

High Jump

Joe Wyrick  
 Sonya Wyrick  
 Will Crawford

Discus

Woody Linn  
 Ed Austermuehle  
 Dick Worfield  
 Bill Smith  
 Joe Beeson  
 Bill Thomas

Hammer Throw

Bill Smith  
 Bill Thomas  
 Joe Beeson

Javelin

Ray Morrisson  
 Duncan Insley  
 Dan Griep

Shotput

Woody Linn  
 Ed Austermuehle  
 Jean Laudin (w)  
 Dick Warfield  
 Bill Smith  
 Joe Beeson  
 Bill Thomas

Long Jump

Frank Goulette  
 John Lopes  
 Jim Marques  
 Pat Bryant

Pole Vault

Ken Hiab  
 Hal Nelson

Triple Jump

Frank Goulette  
 John Lopes  
 Jim Marques  
 Pat Bryant

Starters

Tom Moore - head  
 Bob Podkaminer - recall

Equipment Box

Roxanne Jackson

Runners/Misc.

Ronell Powell  
 Lisa Greenberg  
 Debbie O'Sullivan

Utility/Inspectors

Larry Walton  
 Peter Gomez  
 Ruben Garcia  
 Art Smith

Meet Director

Ernie Bullard

+++++

In addition, the Games Committee would like to thank the following for their work in obtaining and securing entries for the 1975 San Jose Invitational:

OPEN EVENTS: Ernie Bullard, Head Track & Field Coach, San Jose State Univ.

WOMEN'S EVENTS: Gary Bullard, Head Track & Field Coach, San Jose Cindergals

H.S. EVENTS: Rick Milam, Head Track & Field Coach, Homestead High School

WALK. EVENTS: Wayne Glusker

ENTRY CO-ORDINATION and LANE ASSIGNMENTS: John Fuller, SJSU Admin. Assistant

.... and a special THANK YOU to Wally Burr for his efforts in obtaining trophy donors, Dr. Hank Weston for his co-ordination of officials, and the entire Games Committee for an excellent job on this year's Invitational.

1975 SPARTAN SPIKESTERS

In the spirit of the 1975 Spartan Spikesters, a dedicated and enthusiastic group of 200+ San Jose State University alums, community businessmen, and energetic followers of San Jose State Track & Field, the 1975 San Jose National Bicentennial Invitational Track & Field Meet is dedicated:

Fredric Allred	M. Duncan Insley	John Fielder	Charles Stuart*
Luke Argilla	Barry Ivers	Evelyn Fuller	Dana Ditmore*
Ed Austermuehle	Cliff Jarrad	John Fuller	Chuck Paone*
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Ken Boscacci	Robert Locks	Larry Knuth	W. Crockett*
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Steve Caplan	Art Lund	Jerry Mertens	Chuck Nelson*
Dan Caputo	Joe Mattos	Ray Morrisson	Bob Haling*
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Doug Cheeseman	Denton Nelson	John Popovich	Eileen Craig*
Ed Clark	Bud Winter	Bobby Poynter	Linda Wood*
Jack Clarke	Chris Panopulos	The Livers Family	Debra Law*
John Congi	Ralph Parker	John Powell	Smilja Wells*
Armando Cordano	Jack Peak	Michael Ray	Sharon Richards*
George Dolfin	Frank Pennock	Ben Reichmuth	Jennie Lauckhart*
Dan Dotta	Richard Pleyte	Dr. Walt Reynolds	Barbara McNaughton*
Delos Dotta	Bob Podkaminer	James Roberts	Cathy Bryan*
Jeff Dunker	Robert Romig	Elvira Rose	B. Lord*
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Walter Haniger	Art Allen	Don Zile	Travis Bowie*
June Haniger	Carl Aparicio	Donn Kirk	John Moran
Armen Hanzad	Emerson Arends	Jon Hendershott	*General Electric Joggers Program
Warren Harrison	Ed Argabright	Loren Lansberry	
Pat Hanzad	Ed Barney	Dr. Jim Bradshaw	
Masao Hashiguchi	Bert Bonnano	Harvey Rentschler	
Sally Hawk	Clyde Brewer	Bob Bowen	Spikesters President:
Ron Helstrup	Gary Bullard	Paul Baracker	Wally Burr
Kent Herkenrath	Wally Burr	Leonard Blanks	
Danny Hill	Dolph Camilli	Pearl Blanks	
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Bob Hosfeldt	Bill Closs	Don Umble*	
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