Beach State 10. 4/11/76

ANDREW HILL INVITATIONAL

At San Jose
Team Scoring: 1. Mt.
Pleasant 50, 2. Los Altos 37, 3.
Piedmont 29, 4. Berkeley 26, 5.
Silver Creek 19, 6. Burlingae 13, 7. Crestmoor 12, 8. Washington (Fre.), Westmoor and Mission San Jose 8. Individual Events: 120HH-Hawkins (Burlingame) 14.4; Mile Relay—Berkeley 3:26.4; Mile—Stillman (Willow Glen) 4:21.0; 220—Cannon (Mt. Pleasant) 21.7; 880-Taylor (Piedmont Hills) 1:58.4; Distance Medley-Los Altos Hills) 9.7; 440 Harvey (Silver Creek) 49.9; 2 Mile Relay—Los Altos 8:03.2; 440 Relay—Mt. Pleasant 42:0; 2 Mile—Smith (Newark) 9:18.9; Low Hurdles-Pillips (Silver Creek) 37.8; Triple Jump—Gonia (St. Francis) 46-8½; Long Jump—Brooks (Milpitas) 21-8¼; High Jump Lane (American) 7-0; Shot Comer (Sunnyvale) 61-636; Discus- Tafralis (Cupertino) 166-3:.

Soph-Frosh Team Scoring: 1. San Carlos 31, 2. Sequoia 30, 3. PBiedmont Hills 26, 4. Leigh 18, 5. Menlo-Atherton 14, 6. Mt. Pleasant 13. LANSING ON TOP AT SAN JOSE INVITATIONAL: (May 1, San Jose) - /2 Miles, track/ 1-Jerry Lansing/WVTC 14:10.0, 2-Bill Ranney/ GGTC 14:49.8, 3-Pyke/FTC 14:50, 4-Snazelle/GGTC 15:07.8, 5-Adriano/WVTC 15:14.4, 6-Duran/WVTC 16:53. /Bob Bowman/

GLUSKER FOURTH IN AAU 20K: (May 2, New York City) - Ron Laird had little trouble whipping a tough field at the Sr. 20-Kilo Championships with a 1:33:53 clocking, some two minutes ahead of second place. WVTC's Wayne Glusker was the only Californian we know of to place (or even finish) with a good 1:38:10 for fourth place. Ex-Bay Area star, Bob Kitchen, now competing for the DC Striders, grabbed sixth at 1:39:09. The top ten: 1-Laird /NYAC 1:33:53, 2-0'Connor/NYAC 1:35:41, 3-Young/CTC 1:36:15, 4-Glusker/WVTC 1:38:10, 5-Heiring/Wisc-Pksde 1:38:23, 6-Kitchen/DCS 1:39:09, 7-Sweazey/Canada 1:39:32, 8-Kulik/NYAC 1:40:14, 9-Knatt/NMC 1:40:26, 10-Hirt/CTC 1:43:49. /Traok & Field News/

VISITING NIHILL RECORDS FIRST SUB-1:30 ON AMERICAN SOIL: (May 9, San Francisco) - Britain's Paul Nihill, vacationing in the Bay Area before returning home to compete in his Olympic Trials (in which he finished second), passed through 10K in 44:37 and continued on with clockwork precision to notch a fine 1:28:59.5 on the Golden Gate Park road course. This was the first time anyone has ever broken 1:30 for 20-Kilos on U.S. soil. His 5-Km. splits in route were: 22:30, 22:07, 21:57, 22:25. Amazing second placer was Florida TC's Neil Pyke, who only took up race walking seriously two months ago! He recorded a fine 1:37:20.8 to qualify for the Olympic Trials, although he has to pay his own airfare since he didn't break 1:36. Manny Adriano, looking as good as we've seen him in many a year, just missed 1:40 by 12 seconds. The only other finisher was Bryan Snazelle, who did a commendable 1:42:32.5. Wayne Glusker (22:26) and Bill Ranney (24:22) only did the first 5-Km. /Bob Bowman/

PA-AAU ONE-HOUR CHAMPIONSHIPS-GLUSKER DESTROYS FIELD: (May 16, San Francisco) - WVTC ace, Wayne Glusker, displayed great form in recording a PR of 8 miles, 348 yards around the track at S.F. State University. Recording a very swift 7:08 first mile, he continued to churn through splits of 14:28 and 21:52 (and 45:28 at 10 Kilos!) in route to a virtual solo victory. Teammate Manny Adriano walked the best race of his life, passing through the hour at 7 miles, 483 yards, and then continuing on to a fantastic 1:36:18.2 for 20-kilos and a qualifying time for the Olympic Trials. Manny passed the halfway point in a PR 47:10. Only other competitor was Jerry Lansing, and he called it a day after three miles in a swift 21:57. /Bob Bouman/

PA-AAU WOMEN'S & GIRL'S T&F CHAMPIONSHIPS: (May 16, San Jose) - 5,000m: 1-C. Sakelarios/RCF 27:36.2, 2-G. Sakelarios/RCF 27:41.6, 3-Briscoe/WVTC 27:47.6, 4-Spencer 27:57.0, 5-McPherson/SJC 28:26.0, 6-Spangler 29:11.0, 7-Berzaman 31:57.0. Mile: (Girls) 1-Cindy Vaughan 8:04.8, 2-0'Sullivan 8:19.6, 3-Durham 8:24.6, 4-Dittman nt, 5-Sars 8:52.8, 6-Lagunas 8:54.9. /Bob Bowman/

CALIFORNIA RELAYS: (May 22, Modesto) - /2 Miles, track/ 1-Randle/BHS 14:45.8, 2-Ranney/GGTC 15:03.8, 3-Pyke/FTC 15:04.8, 4-Sna-zelle/GGTC 15:47.2, 5-Duran/WVTC 17:03.8...DQ--Wayne Glusker at 3/4 miles while leading. /Bob Bowman/

US-CANADA MATCHES: (May 22, Alexandria, VA) - Thanks to his emplyer, The Magic Pan, a restaurant specializing in crepes, WVTC ace Jerry Lansing fulfilled his opportunity to compete in the US vs. Canada race-walking matches. Jerry's airfare was paid for by them, and he responded by grabbing two individual titles. Due to mismeasurement, the planned 35-Kilo course was actually a bit short at 32.66 Kilos, and Jerry pulled out a narrow victory over US teammate Augie Hirt, 2:46:20 to 2:46:28. Another American, Paul Ide, was way back at 2:48+ with conditions a bit warm (70-75°) and sunny. The following day, Jerry came back strongly for 10 Kilos and upended Canadian Helmut Bock, 47:40 to 47:47. In another walk (also on the 23rd), Todd Scully won in 134:01 as a non-scoring guest, while NYAC's Dan O'Conner won narrowly (the official title) over Canada's Glen Sweazy (1:35:36 to something less than 1:35:58...which was the time of third-placer Bob Kitchen). Course was accurate this time!

TRACK & FIELD RESULTS

THE TRACK MEET: (March 13, Santa Barbara) - LJ: McClellon/WVTC-USAF 24-3; 10,000m: Tuttle/BHS 28:37.0, Kardong/CNW 29:18.6, Jones/SCH 29:49.2; TJ: McClellon/WVTC 52-1; Women's DT: 3-Langford/MLTC 168-4. /Vern Gambetta; California Track News/

BAKERSFIELD RELAYS: (April 3, Bakersfield) - 440R: SJCC 41.3,

Alameda 41.4, 3-Contra Costa 41.7; 100m: Hampton/SJCC 10.4; 880R: Mesa 1:25.7, SJCC 1:25.9, Alameda 1:27.6; 3 Mile: Simonian/LACC 13:51.0, 4-James/SJCC 14:10.0; 4MR: Fullerton 16:56.8 (Natl. JC Rcd), WVC 17:16.4, SJCC 17:34.8; MileR: Mesa 3:12.5, SJCC 3:14.5; 120HH: Branson/Prtvle 14.5, Crittendon/CCC 14.6; 3000mSC: Perez/SJD 8:51.6 (Natl. JC Rcd), Langford/AR 9:08.6, Weed/AR 9:25.2; 2MR: Bakersfield 7:40.6, SJCC 7:45.2; 1500m: Wingard/Full 3:55.9, 3-Kennedy/DA 3:57.9; SP: Santiago/AR 56-6 1/2; TJ: Marlow/Cosumnes 51-11 3/4, 4-Jackson/Chab 48-4 1/4; JT: Walker/Chab 239-7. /CTN/





(Left) NorCal's top prep over the 330-hurdles is Silver Creek ace, Andre Phillips (36.4). /Dave Stock/ (Right) Sunset (Hayward) hurdler Chris Koko won the NCS title and zipped to a PR 37.2 in the CIF State heats and then placed fifth in the finals (37.6). /Jeff Zimmerman/

KENNEDY RELAYS: (April 4, Richmond) - 4MR: Skyline 18:04, Washington 18:06.6; 330LH: Koko/Sunset 37.6, Stevens/Berk 38.1; SMR: Oakland 3:38.2, Tennyson 3:38.5; 100: Willis/Mission 9.8 (9.7 in trials), Burrell/Piner 9.8; 120HH: Hill/JFK 14.5, Harris/Okld 14.6; Mile: McMeans/DA 4:32.0, Hussey/Wash 4:32.2; 440R: Berkeley 43.0; 2MR: Oakland 8:04.6; HJ: Heiss/Okld 6-7, Lowe/Tam 6-6; 880R: Balboa 1:30.2, Berkeley 1:30.7; DMR: Skyline 10:48.6; TJ: Johnson/ME 47-7 1/2, Durham/Okld 47-3, Kelly/Sky 46-5; MileR: Berkeley 3:22.1, Ells 3:23.3, Richmond 3:24.8. /Keith Conning, CTN/

HILL-KIWANIS INVITATIONAL: (April 10, San Jose) - 100: Taylor/PH 9.7, Cannon/MP 9.7; 220: Cannon/MP 21.7, Taylor/PH 21.8; 440: Harvey/SCrk 49.9, DeWitt/Berk 50.2; 880: C. Taylor/PH 1:58.4, Freeland/Crstmr 1:58.5; Mile Stillman/WG 4:21.0, Smith/MSJ 4:22.0; 2 Mile: Smith/Nwk 9:19.0, Carrasco/MP 9:19, Hussey/Wash 9:30.0, Salazar/Lick 9:32.2; 120HH: Hawkins/Burl 14.4; 330LH: Phillips/SCrk 37.8, Hawkins/Burl 38.5, Reed/MP 38.5; 440R: Mt.Pleasant 42.0, Piedmont Hills 42.5, Berkeley 42.9; Milek: Berkeley 3:24.6; 2MR: Los Altos 8:03.2, Mt. Pleasant 8:03.7, Soquel 8:04.1, St.Ignatius 8:05.1, Westmoor 8:08.1; DMR: Los Altos 10:45.0, Mt.Pleasant 10:47.0; HJ: Lane/Amer-Frmt 7-0, Gibbs/Hill 6-6; TJ: Gonia/SFr 46-8 1/2, Moreno/Lick 46-2 1/2; LJ: Brooks/Milp 21-8 1/2; DT: Tafralis /Cap 166-3, Franklin/LA 164-2, Comer/Syvle 162-4; SP: Comer/Syvle 61-6 3/4, Jepson/Wash 61-3, Pear/LA 55-7 1/2. /CTN/

KANSAS RELAYS: (April 15-17, Lawrence, Kans.) - 5000m: Shorter
/FTC 14:17.2, Tibaduiza/Nev 14:17.4; 10,000m: Castaneda/ColTC
29:17.0, Tibaduiza/Nev 29:17.2. (very windy) /T&FN/

SJS/BAS/WVTC/ARMY: (April 17, San Jose) - 100m:(I) Whitaker/SJ 10.5, Triplett/SJ 10.5, McCollum/BAS 10.5; (II)w Livers/SJ 10.5, Watson/SJ 10.5; (III)w R.Walker/WVTC 10.7; 200m:(I)w Whitaker/SJ 20.7, Pettus/WVTC 20.7, Rodgers/BAS 21.1, Farmer/SJ 21.2; (III)w Jones/Army 21.2, Watson/SJ 21.2, Smiley/SJ 21.3; (III)w Cazenave/SJ 21.8, Woodard/WVTC 21.8; 440y: Rodgers/BAS 47.5, Wilson/Army 49.1; 440R: SJS 41.0, Army 41.0, BAS 41.4, WVTC 41.5; MileR: SJS 3:16.5, BAS 3:20.3; 880y: Kasser/SJ 1:52.6, Nicholson/WVTC 1:53.5, McCafferty/Army 1:54.0, Huebner/SJ 1:54.0; Mile: Gruber/SJ 4:04.1, Nahirny/SJ 4:05.2, (more)