Jones (Kennedy, Barstow), 10.1; 4 . Cannon (Mt. Pleasant, San Jose), 10.1; 5. Newell (Chula Vista), 10.1. Others included: 6. Doubley (Manual Arts), $10.1 ; K$. Williams (San Fernan(Manual Arts), $10.1 ;$ K. Wiliams (S
do), disqualified, two false starts.

220-1. Mulilins (Hamilion), 21.6 (wind 71/2 m.p.h. against); 2. Branch (Barstow), 21.t; 3. Jones (Kennedy, Barstow), 21.9; 4. Cannon (Mt. Pleasant, San Jose), 22.0; 5. Lewis (Wison, SF), 22.0. Others included: 6. R. Wiliiams (San Fernando), 22.3: 7. Long (Centennial), 22.4;9. Goosby (Hamiliton), 22.5.
$460-1$. Harris (Pltsburg), 47.6; 2 Thompson (Gahr), 47.9; 3. Williams (Carson), 28.6i 4. Flelds (Grant, Sacramento), 4.8; 5. Vinson (San Gorgonio), 40.0. Others included: 6. tie between Marris (Rio Mesa) and Benson (Belmont), 49.2: Chambers (Santa Monica), did not start.

800-1. Bishop (Carimont), Belmont), 1:544; 2. Ledet (Washington). $1: 5 ; 4 ; 3$. Emery (Arroyo, San Leandro), 1:54.5; 4 ( Browniow (Ferndale), $1: 54.65$ 5. Powell (Pt. Loma), 1:54.9. Others included: 6. Cox (Upland), i:55.7; 7. Edds (Banning, Southern Section), 1:56.2

MILE-1. Arriola (Gahr), 4:14.6y 2. Neveu (Grossmont), 4:14.6; 3. Moses (Crescenta Valley), 4:17.3; 4. Wright (Vanden, Travis AFB), 4:17.5; 5. McMeans (De Anza, Richmond), 4:18.3. Others included: 6. Daniels (San Gor4:18.3. Others included: (Patrick Henry, SD), | gonio), $4: 20.3 ; ~ 7 . ~ H u n t ~(P a t r i c k, ~ H e n r y, ~ s D), ~$ |
| :---: |
| $4: 22.2 ; 8 . ~ H o p e ~(A l t a ~ L o m a), ~ 4: 26.8 ; ~$ | (Chatsworth), 4:27.1; 10. Pascal (University), 4:33.1.

TWO MILE-1. Hulst (Laguna Beach), 8:57.3; 2. McConnell (Edison), 9:00.5; 3. Spilisbury (Foothili), $9: 10.6 ; 4$. Holmes (Downey, Modesfo), $9: 02.3 ; 5$. Schultz (Redwood, Larkspur), $9: 03.2$. Others included: 6 . Si. John (Mafer Dei), $9: 08.7$ 7 7 . Godinez (Salesian), $9: 08.7 ; 8$. Hughes (Monte Vista, SD), 9:14.0; 9. Cornell (San Pedro), 9:14.1; 20. Hidalgo (Eagle Rock), 9:35.4; 25. Sherrill (University), $9: 54.0$.

120HH-1. Jones (Ganesha), 14.5 (wind 11 m.p.h. against); 2. Sanford (Loyola), 14.6; 3. Glenn (Locke), 14.6; 4. Ward (LodI), 14.7; 5 . Perry (Banning), 148. Others Included: 7. Jackson (Gardena), 15.0.
330LH-1. Whife (San Fernando), 36.7; 2. Chambers (Santa Monica), 37.0; 3. Webster (Garey), 37.2; 4. Phillips (Silver Creek, San Jose), 37.3; 5. Koko (Sunset, Hayward), 37.6. Others Included: 6. Brown (Pasadena), 37.7;9. Hunt (E1 Dorado), 38.9.
440 RELAY-1. Kennedy (Barstow) (L. Jones, HIII, Kelley, N. Jones), 41.4; 2. San Fernando, 42.0; 3. Piedmont Hills, 42.0; 4. Mt. Pleasant, 42.1; 5. Pittsburg, 42.2. Others included: 6. Duarte, 42.3; Hamilion did not finish (dropped baton).

MILE RELAY-1, Pasadena (Ford, Cleveland, Brown, Sanford), 3:18.2: 2. LA Banning, 3:19.3; 3. Madera, 3:19.4; 4. San Fernando (White, 47.3), 3:20.9; 5. Grant (Sacramento), 3:21.0. Others included: 7. Pomona, 3:22.7; 8. Gardena, 3:24.3; Hamilion, did not finish.

SHOT PUT-1. Montgomery (Lassen, SUsanvilie), $68-0 ; 2$. McKenzle (Hart), $64-7 / 4 / 3$; Jepsen (Washington, Fremont), $63-91 / 2 ; 4$ McNaughton (Hoover, Fresno), $60-61 / 4 ; 5$. John$\operatorname{son}(B r e a), 59-11 \%$. Others included: 7 . Silverman (La Mirada), S5-0; 8. Henry (Crenshaw), $52-10 \%$.
LONG JUMP-1. Doubley (Manual Arts), $25-3 \% \mathrm{w}$ (serles of $24-8 \mathrm{w}$, foul, $24-51 / \mathrm{ww} 24$ $91 / 2 w, 25-1 w, 25-33 / 4 w) 2$ 2. Wison (Fontana), 2443/4w; 3. Yates (Duarte), 23-7w; 4. Durham (Oakiand), 23-3w; 5. Wilson (Morningside), 2321/4w (21-11/2). Others Included: 9. Forrest (Santa Maria), 21-10V/2.
POLE VAULT-1. Hintnaus (Aviation), 15 2: 2. Loveloy (Del Mar), 14-10; 3. Hie between Philbert (Acalanes), 1410 and Plerce (Sanger), 14-10; 5. Cochran (Eik Grove), 140.
DISCUS-1. Endler (Hoover, Fresno), 192 $10 ; 2$ Montgomery (Lassen, Susanville), 188 5; 3. Johnson (Mayfair), 187-6; 4. Lettow (HeIIx), 102-9; 5. Rhoads (Anfloch), 173-3. Others Included: 6. Jackson (San Marcos), 173-2i 9. Malone (EI Calon), 163-7.
HIGH JUMP-1. Lane (American, Fremont), 6-11; 2. Ward (Bokersfield), 6-10; 3, tie between McCall (Dominguez) and Sanders (Muir), 6-10; 5. Smith (Santa Monica), 6-8.
TRIPLE JUMP-1. Caldwell (Fremont), 51$81 / 2 w(49-10) ; ~ 2 . ~ S l a t o n ~(M e r c e d), ~ 50-71 / 4 w$, ( 49 994 ); 3. Moreno (Lick, San Jose), $50-11 / 4$ w; 4. Lomax (Workman), $49-7 \% / 4$ w 5. Benson (LA Lutheran), $49.97 /$. Others included: 9. WIILutheran), $439 \mathrm{M} /$. Others
llams (Oceanside), 44-91/4w.
FINAL TEAM SCORES-Hamilion, San Fernando and Kennedy (Barstow) 12; Lassen and Gahr 10; Hoover (Fresno) s; Pittsburg 7; Mt. Pleasant, Manual Arts, Avlation, Ganesha, Laguna Beach, Pasadena, American (Fremont), Fremont and Carimont (Belmont) 6; Santa Monica and LA Banning 5; Hart,

Mission (SF), Washington, Fontana, Del Mar (San Jose), Barstow, Grossmont, Merced, Bakersfleld, Edison (Fresio) and Loyola 4; Washington (Fremont), (Pledmont Hilis), Arroyo (San Leandro), Duarte, Carson, Garey, Crescenta Valley, Lick (San Jose), Madera, Foothill, Locke 3 ; Acalanes, Sanger, Dominquez and Muir 2V2; Downey (Modesto), Lodi, Hellx, Woricman, Vanden (Travis AFB), Silver Creek (San Jose), Grant (Sacramento). Oakland and Fernand Makiand and Fernandie wrea, whilison (SF), Sunset Morningside, Elk Grove, Wilson (SF), Sunsef (Hayward) (De Anza, La Lutheran, Antioch;
Redwood (Larkpur) and Grant (Sacramento) R.

100-1. Waters (Bell), 11.0 (wind 8 m.p.h. against); 2. Cobbs (Berkeley), 11.0; 3. Boulden (Centennial), 11.1; 4. Robinson (Westchester), 11.4; 5. Loud (LA Lutheran), 11.4 Others included: 7. Brown (Mulr), 11.4; 8. Fleetwood (West Covina), 11.5.
$40-1$. Belk (Sllver Creek), 55.2 (Natlonal and State record, old mark, 55.3 , Veronica Venizia, Terra Linda, 1974, and Jodi Ander. son, Washington, 1975); 2. Mitchell (Fremont), 56.5; 3. Lair (Fremont), 57.5; 4. Peterson (Harbor, Santa Cruz), 57.6; 5. Anderson (Washington), 57.8. Others Included: 6. Law (Santa Ana Valley), 57.8.
880-1. Trumbly (Coalinga), 2:13.3; 2. Meek (Palos Verdes), 2:13.7; 3. Stohr (Granada, Livermore), 2:14.7; 4. Goen (North Riverside), 2:15.0, 5. Keough (Corona del Mar), 2:15.9. Others Included: 6. Honeywell (Kennedy, Granada Hills), 2:16.0; 7. Ross (West Torrance), 2:21.0; 8. Howell (San Dlegulto), 2:25.5. MILE-1. Broderick (Tamalpals, Mill Valley), $4: 56.8 ; 2$. Sweeney (Marin Catholic), $5: 01.1 ; 3$. Troffer (Crescenta Valley), 5:01.3; 4. Kearns (Yuba Cify), 5:03.2, 5. Munday (LínKearns (Yuba Cify), 5:03.2; 5. Munday (in-
coln. 5 an Jose), $5: 03.8$, Others Included: 6. Coln, San Jose), 5:03.8, Others Inclucled: 6. Costa), 5:08.5; 9. Flowers (Vaihalla, SD), $5: 14.8$. 80 LH-1, Lee (Merced), 10.27; 2. Costello (Lynbrook, San Jose), 10.8; 3. Burgess (Berkeley), 10.9; 4. Mann (Kennedy, Barstow), 11.0; 5. WInnewisser (Bishop Diego), 11.1. Others Included: 7. Wind (Ontario Christian), 11.2; 8. Costello (Monroe), 11.2; 9. Streeter (North RIverside), 11.5 .
440 RELAY-1. Muir (R. Jordan, Miliner, G. Jordan, Brown), 47.6; 2. Centennial, 47.8; 3 . South Bakersfield. 48.8; 4. Locke, 48.8; 5. Edison (Fresno), 49.1. Others Included: 6. Fremont, 49.1; 7. Morningside, 49.4; 8. Crawford (SD), 49.4; 9. Berkeley, 53.8 (dropped baford
$220-1$. Waters (Bell), 24.8 (wind 13 m.p.h. against); 2. Cobbs ( Berkeley), 24.9; 3. Robinson (Westchester), 25.6; 4. Robinson (Berkeley), 26.0 ; 5 . Johnson (Oakland Tech), 26.0. Others Incinded: 8. Gastion (Crawiord, SD), 26.5: 9. Bowie (Chaffey), 26.6.

DISCUS-1. MIddlefon (Poway), 134-5 (State record, new event): 2. Springer (Salinas), 13211; 3. Duthle (Miramonte, Daly Clity), 126-5; 4. Danlel (Newport Harbor), 121-7; 5. Bianken: ship (Chico), 117-2. Others Included: 9. O'Brien (Torrey Pines), 106-11.
HIGH JUMP-1. Grosswiller (Upiand), 5-10 (National and State record, old mark, 5-8, Pam Blackburn, Cubberly, 1974, and KIm Maddox, Los Angeles, 1975); 2. Ross (Berkeley), 5-9; 3. Blackburn (Cubberly), 5-8; 4. Lendl (Royal), 5-7; 5. Long (Gahr), 5-7. Others Included: 6. Remmiling (San Dlegulto), 5-4; 7. Hollingsworth (Burbank), 5-4; 8. Kern (St. Bonavenfure), 5-4.
SHOT PUT-1. Daniel (Newport Harbor), 42-9 1/4; 2. Flynn (La Canada), 41-91/2; 3. Wessell (Summerville), $41-83 / 4$; 4. Stampfli (Lassen), 41-8; 5. Garcla (Harbor, Santa Cruz), 41$51 / 2$. Others Included: 7. Dasee (Costa Mesa), $40-4 ; 8 . K a u t i(L a ~ C a n a d a), ~ 40-3 \%$.
LONG JUMP-1. Anderson (Washington), 20-01/4w; 2. Gourdine (EI Toro), $19-3 \% / \mathrm{w}$ (19. 23/4); 3. Scoft (Poly) 19-31/4w; 4. Taylor (Pt. Loma), 18-10w; 5. Moran (Monroe), 18-574 w (16-8). Others included: 7. Almeida (Troy), 17 101/2w; 8. Haynes (Ventura), 17-7w (17-31/),
MILE RELAY-1. Fremont (Lair 57.9 , Trotter 61.2, Bosheans 60.6, Mitchell 56.2), 3:55.9; 2, Arcadia, 3:57.0; 3. Berkeley, 3:59.1; 4 . Esperanza, 3:59.6; 5. West Torrance, 4:00.6. Others Included: 6. Santa Barbara, 4:00.6.
FINAL TEAM SCORES-Berkeley 20; Fremont 13; Bell 12; Newport Harbor 8; Centennial and Washington 7: Merced, Poway, Muir, Coalinga, Upland, sllver Creek and Muir, Coalinga, nas, Palos Verdes, La Canada, Marin CathoIIc, EI Toro and Arcadia 4; Shaffer, South Bakersfleld, Granada (Livermore), Cubber. ley, Harbor (Santa Cruz), Summerville, Crescenta Valley and Poly 3; Kennedy (Barstow), Locke, North (Riverside), Royal, Lassen, Yuba Clity, Pt. Loma and Esperanza 2; Bishop Diego, Miramonte (OrInda), Edison (Fresno), Corona del Mar, LA Lutheran, Gahr, Lincoln (San Jose), Oakland Tech. Monroe
and West Torrance 1.
> mien 1. Arriola (Gahr) 4:14.6, 2. Neveu (Grosemont) 4:14.6, 3. Moses (Crescenta Valley) 4:17.3, 4. Wright (Vanden, Travis AFR) 4:17.5, 5. McMeans (DeAnza, Richmond) $4: 18.3,6$. Daniels (San Gorgonio) $4: 20.3,7$. Hunt (Patrick Henry) $4: 23.2$, 8. Hope (Alta Loma) 4:26.8, 9. Sigmen (Chetsworth) 4:27.1, 10. Pescal (Universiiy, LA) 4:33.\%.

> 2-miler 7. Hulet (Laguna) 8:57.7, 2. McConnell (Edison) 9:00.5, 3. Spilsbury (Foothili) 9:01.6, 4. Holmes (Downey, Modesto) 9.02 .3 , S. Schultz (Redwood, Larkspur) 9:03.2, 6. St. John (Mater Dell $9.08 . \%$ 7. Golinesez. (Salesian) 9:09.3.

> 120 NH: \%. Jones (Grnesha) 14.5 (into 11.0 mph ). 2 Sanford (Layoln) $14.6,3$. Glenn (Locke) 14.6. 4. Ward (Lodi) 14.7, 5. Perry (Banning. Wilmington) $14.8,6$. Smith (La Sierra, Carmichael) 14.?.7. Jackson (Gardena) 15.0. 8. Watkins (Roosevelt, Fresno) 15.5, 9. Miller (Madera) 15.5.
> 330 th: 1. White (San Fernando) 36.7. 2. Chambers (Santa Monica) 37.0, 3 . Webster (Garev) 37.2, 4. Phillips (Silver (raok, SJ) 37.3, 5. Koko (Sunset, Hay-

# Nor-Cal Running Review MAY/JUNE 1976 (No.60) 



STATE C.I.F. RESULTS

Kennedy-R 3:23.7, Richmond 3:23.9; HJ: Lane/Am-Frmt 6-10, Kinman/Mor 6-6, Low/Tam 6-6, Peterson/Ar 6-6; (GIRLS) 80LH: Burgess/Brk 10.9, Upshaw/Acal 11.0, Picke1/ME 11.0, Bess/Tam 11.2; 440R: Berk 48.0, TerraLinda 49.3, Hogan 49.8, Vallejo 50.2; 880: Stohr/Gran 2:15.8, Williams/Liv 2:19.5, Scharninghausen/ SRaf 2:19.8, Kenney/Nov 2:20.4; 100: Cobbs/Brk 10.7, Robinson/ Brk 11.0, Dilworth/Vall 11.3, Rapatz/SRaf 11.5; 440: Rapatz/ SRaf 57.0, Barnes/Hog 58.8, Eddens/Uk 59.9, Jones $/ \mathrm{Hog} 59.9 ;$ LJ: Jobe/Vin 17-9, Richardson/EM 17-5 3/4, Richardson/Pitt 17-3, Johnson/Lib 16-11; SP: Betham/Arc 40-1 1/4, Mullaly/Kenn 39-2, Dolsby/MVs 38-9 1/4, Brooks/Brk 38-7; Mile: Broderick/Tam 4:55.1, Sweeney/MC 5:00.2, Keyes/Tam 5:03.3, Metteer/SMarin nt; 220: Cobbs/Brk 24.2, Robinson/Brk 25.0, Dilworth/Vall 25.3, Kidd/Vall 25.4; HJ: Ross/Brk 5-8, Hill/SRaf 5-4, Johnson/Lib 5-4, Wike/DV 5-1; DT: Hilton/PH 126-2, Duthle/Mrmte 124-3, Gregory/Enc 116-6, HilT/SRaf 115-2. /Bob McMeans/

ALL-COMERS MEET: (May 29, Oakland) - 400m: Robinson/Cal 46.3, Brown/Un 46.3, Rogers/BAS 46.3, Bayless/LVS 46.9; 400IH: Butler /BAS 52.0, Roesky/Cal 52.1, Harvey/Army 52.6; 400mR: Army 40.5, BAS 40.7; DT: Kennedy/Strs 186-8, McCollum/BAS 186-0, Weeks/SJS 185-8, Penrose/Strs 184-10; 1500m: Clifford/Cal 3:48.8, Birn-baum/AF-WVTC 3:51.9, Bateman/Navy 3:52.0; 110 HH : Hill/Army 13.7, Florant/Cal 13.7, Austin/SJS 13.8, Carty/WVTC 13.8; $100 \mathrm{~m}:$ McCollum/BAS 10.3, Brown/BAS 10.4, Turner/Army 10.4, Payton/BAS 10.4; SP: Weeks/SJS 61-10 3/4, Mannon/Cal 56-9 3/4, Davis/WVTC 55-2 1/2; PV: Williams/BAS 16-0, Chappell/BAS 15-6, Jenner/Strs 15-0; HJ: $\bar{C}$ leman/WVTC 6-8, Nelson/SJS \& Boreham/WVTC 6-6; 200m: Wilson/Army 21.3, Hamilton/LVS 21.4, Rodgers/BAS 21.4; 800m: McCafferty/Army 1:54.5, Jenner/Strs 1:55.4, Tracy/WVTC 1:55.4; 5000m: Birnbaum/AF-WVTC 14:30.4, Jones/AF 14:32.4; LJ: Lawrence/Army 24-2 1/2, Anderson/WVTC 24-1 3/4, Carter/SJS 23-8 1/2; IJ: Steffes/WVTC 51-3 1/2, Smith/BAS 50-6 1/2, McClel-lon/AF-WVTC 49-7, McClure/Army 49-1. /SF Examiner/


Start of 100 final at State Meet (winner Mullins is sixth from the left)...moments before a false start. /Jeff Zimmerman/

HIGH SCHOOL STATE MEET: (June 4-5, Berkeley) - (BOYS) Teams: LA Hamilton, San Fernando \& Barstow-Kennedy 12, Lassen \& CerritosGahr 10. --- 100: Mullins/Ham 10.0, Willis/Mission 10.1, Jones/ Barst-Kenn 10.1, Cannon/MP1 10.1, Newell/ChulaVsta 10.1, 7 -Burrell/Piner 10.3, 8-Jackson/Frnk1n 10.3 ( $w=-7.4 \mathrm{mph}$ ); (Heats) (I) Willis 9.7, 3-Cannon 9.8, 5-Longstaff/Conc 10.0, 7-Burrell/Ten 10.2; (II) 3-Burrell/Pin 9.8, 4-Green/Ayer 9.9, 7-Bennett/Lyn 10.0; (III) Jackson/Frnkln 9.8, 6-Trapps/Pitt 9.9, 7 -Johnson/Sky 10.0, 8-Miller/Dix 10.2, Fong/Sac 10.2. 220: Mullins/Ham 21.6, Branch/Brstw 21.8, Jones/Barstow-Kenn 21.9, Cannon/MP1 22.0, Lewis/Wilson 22.0, 8-Coulter/Hrbr 22.5 ( $\mathrm{W}=-7.6 \mathrm{mph}$ ); (Heats) (I) 2-Coulter 21.9, 4-Trapps 22.2, 6-Smith/Brk 22.3, 7-Johnson 22.4,

8-Burrell/Ten 22.6; (II) 4-Simpson/LB 22.2, 6-Colter/McCltchy 23.4; (III) Lewis 21.8, Cannon 21.9, 4-Rachal/YB 22.3, 8-Bettencourt/PVly 23.8. 440: Harris/Pitt 47.6, Thompson/Gahr 47.9, Williams/Carson 48.6, Fields/VanNuys-Grant 48.8, Vinson/SanGorg 48.9, 8-Johnson/Balb 51.1; (Heats) (I) 4-Hillard/SSF 49.7, 6Hoicomb/Hill 51.1, 7-Maiocco/Lib 51.8; (II) Taylor/PH 47.9/0Q, Harris 48.0, 4-Fields/Grant 49.3, 5-DeWitt/Brk 49.6, 7-Schrock/ RdBlf $50.5,8$-Trotter/Cstlmt 51.4, 9-Kemper/DC 52.0; (III) 3Johnson 50.5, 4-Woods/Lind 50.8, 5-Stuart/JFK-R 52.1. 880: Bishop/Car1 1:54.4, Ledet/LA-Wash 1:54.4, Emery/Ar 1:54.4, Brownlow/Ferndale 1:54.6, Powel1/PtLoma 1:54.9, 8-Light/PGrv 1:57.7, 9-Sterling/0kld 2:13.4; (Heats) (I) Sterling 1:54.8, 3-Light 1:54.8, 9-Faggella/Jes 1:58.3; (II) 2-Bishop 1:54.6, 3-Emery 1:54.7, 4-Arnerich/Ala 1:54.8, 8-Griffin/EG 1:56.6, 9Jimenez/DLS 1:56.7; (III) 2-Brownlow 1:55.2, 4-Maxwell/Wstmr 1:55.6, 5-Elwell/Shasta 1:56.2, 8-Vineyard/Arm 1:58.6. Mile: Arriola/Gahr 4:14.6, Nevey/Grsmt-SD 4:14.6, Moses/Crviy $\frac{1: 17.3}{}$, Wright/Vanden 4:17.5, MCMeans/DA 4:18.3; (Heats) (I) 5-Wright 4:15.7, 7 -Smith/MSJ 4:17.7; (II) 3-McMeans 4:16.2, 10 -Moses/Sky 4:22.3. 2 Mile: Hulst/LagBch 8:57.3, McConnell/HB-Edis 9:00.5, Spillsbury/Fth1 9:00.6, Holmes/Dwny 9:02.3, Schulz/Rdwd 9:03.2, 9-Collier/Tam 9:??, 10-Berry/Rdwd 9:14.8, 11-Hitchcock/SoLTahoe 9:14.8, 14-Corey/SM 9:23.4, 15-Love/Carl 9:26.7, 16-Paulin/Cam 9:27.0(?), 17-Valdez/Sky 9:34.7, 18-Avrit/Chico 9:37.9, 20Searls/CPk 9:51.1. 120HH: Jones/Gan-Pomona 14.5, Sanford/LA-Ly 14.6, Glenn/LA-Locke 14.6 , Ward/Lodi 14.7, Perry/Banning 14.8, Smith/LSierra 14.9; (Heats) (I) 4-Patterson/DA 14.5, 5-Dixon/ Edison-Stkn 14.6, 7-Tyler/Ba1b 14.6; (II) Smith 14.2, 5-Amerson /Pac 14.7, 6-Koko/Sun 14.7, 8-Stafford/LG 14.8, Harris/Okld 14.9; (III) 2-Ward 14.2, 4-Gangnuss/Dub 14.3, 5-Dorval/Paradise 14.4, 6-Bobertz/Smmte 14.4, 7-Clark/M-A 14.4. 330LH: White/San Fern 36.7, Chambers/SMon 37.0, Webster/Pom-Garey 37.2, Phillips /SCrk 37.3, Koko/Sun 37.6, 7-Palon/SJuan 38.3, 8-Bobertz/Srmte 38.7; (Heats) (I) 2-Bobertz 38.0, 6-Tyler/Balb 38.9, 7-Smith/LS 39.3; (II) Koko 37.2, 4-Fields/Grant 38.3, 5-Gangnuss/Dub 38.5, 6-Patterson/DA 38.5, 9-Harris/Okld 40.1; (III) Phillips 37.3, Palon 37.6, 6-Dorval/Par 39.2, 7-Hawkins/Burl 39.3, 8-White/Rch 39.4. 440R: Barstow/Kennedy 41.4, San Fernando 42.0, Piedmont Hills 42.0, Mt. Pleasant 42.1., Pittsburg 42.2, 7-Balboa 42.7; (Heats) (I) 2-Pittsburg 42.4, 6-Berkeley 42.9, 9-Stagg 44.2; (II) 2-Pdmt Hills 42.1, 3-Mt.Plsnt 42.1, 5-Skyline 42.5, 6-H. Johnson 42.6; (III) 4-Balboa 42.5, 5-YerbaBuena 42.8, 6-LaSier 43.8, 7-Chico 44.0. MileR: Pasadena 3:18.2, Banning 3:19.3, Madera 3:19.4, San Fernando 3:20.9, Sac-Grant 3:21.0, Pdmt Hill 3:22.7; (Heats) (I) 2-Pdmt Hill 3:18.6, 3-Grant 3:19.6, $5-\mathrm{Mt}$. Pleasant 3:21.1, 7-H.Johnson 3:24.7, 8-Silver Crk 3:26.6, 9Oakmont 3:28.6; (II) 4-Pittsburg 3:22.5, 5-Tennyson 3:22.8, 6Richmond 3:25.0, 7 -Paradise 3:31.2; (III) 4-Balboa 3:22.5, $7-$ Castlemont 3:24.9, 8-JFK-Richmond 3:28.3. LJ: (w) Doubley/Man Arts-LA 25-3 3/4, Wilson/Font 24-4 3/4, Yates/Duarte 23-7, Durham/0kld 23-3, Wilson/Morn-Inglwd 23-2 1/4, Vasquez/Mills 22-9 1/4, Brooks/Milp 22-7 1/2, Hawkins/Trcy 22-5 1/2. TJ: Caldwell/Frmt-LA 51-8 1/2w, Slayton/Merc 50-7 1/4, Moreno/Lick 50-1 1/4, Lomax/Wkmn 49-7 3/4, Benson/LA-Luth 48-9 3/4, Lebbertz/Srmte 47-11 1/4w, Morgan/EC 47-11w, Durham/Okld 47-1 3/4. HJ: Lane/Amer-Frmt 6-11, Ward/Bak 6-10, Sanders/Pas-Muir \& McCall/Dom 6-10, Smith/SMon 6-8 (Trials: Slaton/Merc, Bjornsson/ Enc, Gibbs/Hill, Hice/Okld...all 6-8). PV: Hintnaus/RedBch-Av 15-2, Lovejoy/DM 14-10, Philbert/Acal \& Fernside/DM 14-10, Pierce/Sanger 14-10, Cochran/EG 14-0 (Trials: Cochran, Boone/ McCltchy, McDonald/St.Hel...all 14-3). SP: Montgomery/Lassen 68-0, McKenzie/Hart-Nwh 64-7 3/4, Jepsen/Wash-Frmt 63-9 1/2, McNaughton/Hoover-Fresno 60-6 1/4, Johnson/Brea 59-11 3/4, Smith/SM 58-2, Messinger/Hglds 54-2 1/2 (Trials: Messinger 58-10 3/4, Smith 58-10). DT: Endler/Fr-Hoover 192-10, Montgomery/Lassen 188-5, Johnson/Lkwd-Myfr 187-6, Letlow/Helix 182-9, Rhoads/Ant 174-7, 8-Hill/Brkly 170-6. (GIRLS) See Next Page--

(Left) Coming off final turn in CIF mile final (leader Arriola won in 4:14.6, same time as second placer, Nevey). /Zinmerman/ (Center) Keith Taylor (r) of Piedmont Hills, strains hard to take third in the 440 relay. (Right) Finish of 880 at State Meet, with (1 to r) Brownlow (4th), Ledet (2nd), Bishop (1st), Powell (5th), and Emery (3rd) within $1 / 2$ second of each other. /Stock/

Teams: Berkeley 20, LA Fremont 13, LA Bell 12, Nwprt Hrbr 8. 100: Waters/LA Bel1 11.0, Cobbs/Brk 11.0, Boulden/Cent-Compton 11.1, Robinson/Wstchstr 11.4, Loud/LA-Luth 11.4, 9-Robinson/Brk 11.5 ( $w=-8.3 \mathrm{mph}$ ); (Heats) (I) Cobbs 10.8, 4-Dilworth/Vall 11.2, 8-Dutton/Anderson 11.4, 9-Mallory/SCrk 11.7; (II) 2-Robinson 10.9, 5-Costello/Lyn 11.4, 7-Rapatz/SRaf 11.6, 8-Holliday/Ayer 11.6, 9-Lee/Merc 11.7; (III) 4-Johnson/0ak-Tch 11.2, 7-Barnes/ Frfld 11.7. 220: Waters/LA Bell 24.8, Cobbs/Brk 24.9, Robinson/ Wstchstr 25.6, Robinson/Brk 26.0, Johnson/0kld-Tch 26.0, Belk/ SCrk 26.1, Costello/Lyn 26.3 ( $\mathrm{w}=-13 \mathrm{mph}$ ); (Heats) (I) Cobbs 24.6, Johns on 25.4, Belk 25.5, 5-Kidd/Vall 26.0, 8-Warmerdam/Galt 26.5, 9-Barnes/Frfld 26.7; (II) 2-Robinson 25.2, 6-Costello/Lyn 26.3, 7-Lee/Merc 26.5, 9-Foster/Yreka 28.0; (III) 5-Gallion/Ayer 26.5. 440: Belk/SCrk 55.2, Mitchell/LA-Frmt 56.5, Lair/LA-Frmt 57.5, Peterson/Hrbr 57.6, Anderson/LA-Wash 57.8, 7-Barnes/Hogan 58.7, 8-Partida/YC 59.8, 9-Rapatz/SRaf 67.5; (Heats) (I) Belk 56.7, 6-Fortune/Cord 58.6, 8-Eddens/Ukiah 60.2; (II) 2-Peterson 57.3, Barnes 57.7, 6-Voss/Lassen 58.9, 7-Jones/Hogan 59.8, 9Warmerdam/Galt 60.9; (III) 2-Partida 57.8, 3-Rapatz 57.9, 4-Brew /LA 58.2(?), 5-Hubbard/0ak-Tch 59.2. Mile: Broderick/Tam 4:56.8, Sweeny/MarinCath 5:01.1, Troffer/CrVly 5:01.3, Kearns/YC 5:03.2, Munday/Linc-SJ 5:03.8, 8-Bain/RioAm 5:14.5, 10-Bray/LA 5:16.7; (Heats) (I) 2-Broderick 5:02.9, 3-Bray 5:03.3, 4-Bain 5:03.3, 5Munday 5:03.7, Keyes/Tam 5:04.8; (II) Kearns 5:00.0, Sweeny 5:00.8, ?-Monroe/Lassen 5:15.4, 8-Vardell/YC 5:19.0. 80LH: Lee/ Merc 10.7, Costello/Lyn 10.8, Burgess/Brk 10.9, Mann/Barstow-Kenn 11.0, Winneswisser/Diego-SB 11.1, Foster/Yreka 11.1; (Heats) (I) 2-Burgess 10.9, 4-Upshaw/Acal 10.9, 8-Schentrup/WG 11.4; (II) Lee 10.7, 5-Duran/Okmt 11.3, 6-St. Jules/Oak-Tech 11.3, 7-Adamson/ Hughson 11.3, 9-Cavanah/Hrbr 13.1; (III) Costello 10.9, 4-Pickel/ ME 11.3, 6-Bess/Tam 11.3. 440R: Pasadena-Muir 47.6, Comp-Cent 47.8, Baksfld-So. 48.8, LA-Locke 48.8, Fresno-Edison 49.1, 9Brkly 53.8 (dropped baton); (Heats) (I) 4 -TerraLinda 49.8, 5Hogan 49.9, 8-ChicoJHS 50.2, 9-Ayer 50.8; (II) Brkly 47.8, 4Frfld 49.7, 6-Silver Crk 49.7, 7-Harbor 40.0, 8-0akland 50.8, 9Davis 52.0; (III) 7-Merced 50.7, 8-Vallejo 53.4. MileR: LA-Frmt 3:55.9, Arcadia 3:57.0, Brkly 3:59.1, Esperanza $3: \overline{59.6, W}$. Torrance 4:00.6, 7-TerraL inda 4:02.4; (Heats) (I) Brkly 3:56.6, 7Summervle 4:06.6; (II) 3-TerraLinda 4:01.1, 5-CasaRoble 4:10.9, 6-LasLomas 4:11.2, 7 -Liberty 4:13.0, 8-0ak-Tech 4:15.5; (III) 3YubaCity 4:04.1, 4-Harbor 4:05.1, 5-Chico 4:05.7, 7-Branham 4:06.6, 9-LosAltos $4: 12.0$. LJ: Anderson/LA-Wash 20-0 1/4, GorDine/ElToro 19-3 3/4, Scott/LA-Poly 19-3 1/4, Taylor/Pt.Loma 18-10, Morgan/LA-Monroe 18-5 3/4, 9-Brew/LA 17-2 1/4w (17-7 in trials). HJ: Grosswiller/Uplnd 5-10, Ross/Brk 5-9, Blackburn/ Cubb 5-8, Lendi/Royal 5-7, Long/Gahr 5-7, 9-Alston/ChicoJHS 5-4 (5-5 in trials). SP: Daniel/NwptHrbr 42-9 3/4, Flynn/LaCanada 41-9 1/2, Wessell/Surmervle 41-8 3/4, Stampfli/Lassen 41-8, Garcia/Hrbr 41-5 1/2, Panne11/Leland 40-10 1/4, 9-Betham/Arcata 39-9 1/2 (Trials: Stampfli 42-8 $1 / 2$, Betham 42-4 3/4, Wessell 42-0 3/4, Garcia 41-8 1/4, Pannell 41-6 1/4, Burgan/Sonora 40-9 1/4). DT: Middleton/Poway 134-5, Springer/Sal 132-11, Duthie/Mrmte 126-5, Daniel/NwptHrbr 121-7, Blankenship/Chico 117-2, Kuchta/KC 117-2, 8-Ridenour/YC 114-4 (Trials: Ridenour 124-2, Kuchta \& Blankenship 123-0). /Keith Conning/

PA-AAU MEN'S CHAMPIONSHIPS: (June 6, San Mateo) - HT: (6/5 at Hywd) Shuff/A 210-0, McKenzie/WVTC 207-9, Sawyer/C $\overline{S H}$ 183-4; SP: Stuart/UCTC 62-10 1/4, Marks/WVTC 62-1, Mannon/Cal 55-10 1/4, Davis/WVTC 55-3 1/4; 10,000m: Garcia/WVTC 29:56.0, Fritzke/WVC 31:21.2, Zapata/WVTC 31:42.2, Marks/AGTC 31:49.2; 440R: BAS 41.6; 2 Mile Walk: Pyke/FTC \& Ranney/GGTC 14:42.4 (tie); JT Johns on/WVTC 226-11, Macrorie/Stan 218-4, Seals/WVTC 217-11, Harriman/WVTC 206-9; 1500 m : Schilling/SJS 3:49.7, Davies/JT 3:53.8, Smith/JT 3:54.4, Puilen/JT 3:54.7, Peterson/WVTC 3:55.5, Harms/AGTC 3:57.6; 110 mHH : Whitfield/SoAzTC 14.0, Carty/WVTC 14.4, Hart/LASt 14.4, Monroy/SJCC 14.5; LJ: Peterson/WVTC 24-3 1/4, Steffes/WVTC 24-1 1/4, Davis/WVTC 23-7 1/4, Anderson/

(Left) Berkeley's Candy Ross was second in the CIF Meet at 5-9. (Right) John Lane won at the same meet in 6-11. /Zimmerman/

WVTC 22-11 1/2; HJ: Haber/CSH 7-1 3/4, Johnson/BYU 6-10, Nelson/SJS \& Coleman/WVTC 6-8, Friday/CSH 6-8; 400m: Rogers/BAS 46.4, Marcheschi/Chab 48.4, Romain/WVTC 50.5; 100 m : Pettus/ BAS 10.5, Clark/CSH 10.6, Payton/BAS 10.6; TJ: HoTden/CWTC 46-11 3/4, Tolliver/WVTC 46-7 3/4; 400mIH: Butler/BAS 52.0, Wyatt/SJS 52.7, Shellworth/Fthl 54.4; 5000m: Peterson/WVTC 14:37.0, Parietti/Stan 14:41.0, Niemiec/WVTC 14:51.6; MileR: WVTC 3:32.8; DT: Powell/Un 202-2, Penrose/Un 197-1, Gardner/ Mac 184-5, Nave/WVTC 168-1; 800m: Brown/Un 1:48.1, Cleary/Un 1:52.2, Clifford/Ca1 1:52.4, Barry/Cal 1:55.0; 200m: Rogers/ BAS 21.4, Pettus/BAS 21.5, Payton/BAS 21.8; PV: Williams/BAS 16-0, Chappe11/BAS 16-0, Martin/SJS 16-0, Paton/Cal 15-6, Anderson/KalamazooTC 15-6, Shattuck/WVTC 15-0. -- Three-Color T-shirts (sizes Med \& Lg only) of this meet still available for $\$ 3.50$ by mail...send to NCRR. /Dave Shrock/

## ***NOR-CAL PREP MARKS***

Chris Kinder, our Prep Editor, did not get his final updated list to us in time for this issue, so we will list the final 1976 NorCal Prep Bests in next issue. If you have a mark that you feel ought to be listed, please send it to Chris Kinder, 646 Inwood Dr., Campbell, CA 95008 . Thanks!

## LONG DISTANCE RESULTS

SPA-AAU 25-KILO CHAMPS: (March 13, Lunada Bay) - 1-Kurrle/BHS 1:23:34, 2-0cana 1:25:41, 3-Swift/AIA 1:27:09, 4-Branch/CCAC 1:28:06, 5-Rowley/CCAC 1:29:03, 6-Shaffer/CCAC 1:29:23, 7-A1faro/AZTL 1:29:45, 8-Miller/CCAC 1:30:33, 9-Pagliano/GWAA 1:30:43, 10-Kenda11/0xy 1:31:05, 11-Pontinen/SBAA 1:31:09, 12 Burgasser/STC 1:32:04, 13-Rupp/Un 1:32:32, 14-Ridley/CCAC 1:33:11, 15-Smartt/BHS (40+) 1:33:26...17-Rudberg/STC(40+) 1:34:34, 19-Jackie Hansen/SFV 1:35:39, 34-Mike Gorman/SFV(W40+) 1:40:17. /John Brennand/

ARROYO VERDE 15-KILO X-C: (March 21, Ventura) - 1-Tuttle/BHS 49:20, 2-Rude/Un 51:09, 3-Edwards/UCSB 52:13, 4-Miller/CCAC 52:51, 5-Rupp/Un 53:27...8-Bartek/SBAA(40+) 55:29. /Brennand/

SAN MARTIN MARATHON: (March 21, San Martin) - l-White/TRAC 2:53:55, 2-MacIntosh/NCS(40+) 3:04:14, 3-Nader 3:09:00, 4Clary/TRAC 3:10:45, 5-Dugdale 3:12:15. /Bizl Flodberg/

NIKE/LONG BEACH GRAND PRIX 10-KILO: (March 27, Long Beach) (No times...runners ran extra) 1-Kurrle/SFV, 2-Polhill/AATC, 3-McLean/WVTC, 4-Covert/Un, 5-Hurtado/Un, 6-Alfaro/AZTL, 7-Leeper/AGTC...10-Francie Larrieu-Lutz/PCC. /STC Newsletter/

DSE NOB HILL RUN: (April 4, S.F.) /2.369 Mi./ 1-Steer 13:48, 2-Rivas 13:52, 3-Weidinger 14:06, 4-Boitano 14:23, 5-Orwig/WV 14:41...30-Maryetta Boitano 16:45. /DSE Newsletter/

DSE GOLDEN GATE BRIDGE VISTA RUN: (April 11, S.F.) / $5 \mathrm{Mi} .+/$ 1-Torres 29:30, 2-Weidinger/ETC 29:39, 3-Gormley/Un 29:43, 4Lange 29:48, 5-0'Brien/SBS 29:57...38-Maryetta Boitano 34:46, 71-Jeannie Kayser/PMK 37:22 (40+). /DSE Newsletter/

CABRILLO T.C. BEACH RUN: (April 11, Aptos) $/ 4.5 \mathrm{Mi} . / 1$-Rudy Munoz 26:02, 2-Watson/WVTC 26:16, 3-Woliczko 26:21, 4-Coron/ WVTC 26:28, 5-Guttenberg 27:27, 6-Jonat 27:34, 7-Sawyer 28:05, 8-Davis 28:26, 9-Thyl in 28:27, 10-Gourley 28:32...27-Sue Neary /WVTC 31:24. /Bill Elodberg/

DSE GOLDEN GATE PARK RUN: (April 18, San Francisco) /4.0 Mi./ 1-Jan Sershen/ETC 20:04, 2-Donahue/ETC 20:28, 3-LaForge 20:34, 4-0'Brien/SBS 21:09, 5-Weidinger/ETC 21:13...10-Ross Smith/Un (40+) 21:59...79-Diane Major 26:02, 84-Peggy Lavelle 26:23, 91-Skip Swannack 26:40. /DSE Newsletter/

MORE BOSTON MARATHON RESULTS: (April 19, Boston) - We received officlal results since last issue. We are listing significantly updated times and NorCal people we missed below: 278-Buxton /Un 2:54:01, 296-Sampson/Un 2:54:52, 309-McManus/Un 2:55:19, 358-Frostad/Un 2:57:14, 600-Jerome/Un 3:07:29, 747-Van Zant/WVJ 3:13:13, 752-Leydig/WVTC 3:13:25, 794-Menocal/TSRC 3:15:14, 801-Stagliano/Un 3:15:28, 830-Jones/USF 3:16:28, 855-Jackson/ NCS 3:17:21, 857-DeMoss/WVTC 3:17:26, 884-Paffenbarger/NCS 3:18:40, 947-Lenihan/Un 3:21:14, 967-Stu Ruth/PMK 3:22:34, 1037-Garnett/NCS 3:25:40, 1069-M. Boitano/Un 3:26:52, 1100-Lucero/WVTC 3:28:10, 1119-Kerr/Un 3:29:05... (Women) 11-Gumbs/WV 3:13:24, 13-Gustafs on/Un 3:15:26, 14-U11yot/WVTC 3:15:57, 16DeMoss/WVTC 3:17:24, 21-Anderson/NCS 3:20:24, 28-Kayser/PMK 3:26:00. /Jock Semple \& Will Cloney/

## Three Schools Share State Track Tittle on Windy Day

## BY AVRUM DANSKY

 Times stafl WriterBERKELEY-Hamilton High dropped the baton in the 440 relay and failed to finish in the mile relay. San Fernando's Kevin Williams, the defending champion in the 100 , was disqualified for two false starts.
So for the second time in the history of the California State high school track and field championships, three schools tied for the team title.
Hamilton, San Fernando and Kennedy of Barstow each finished with 12 points to share the team title.
The 58th annual meet before a crowd of 17,000 at California's Ed-
wards Stadium produced two national marks in the girls' division and three State records.
But the athletes were obviously hampered severely by a chill wind that buffeted the runners almost the entire day and a slow track.
For example, Billy Mullins' winning time in the 100 was 10.0 , the first time the champion has not broken 10 seconds since 1955 (Ken Dennis of Centennial).
Mullins was running into a $71 / 2$ m.p.h. wind while in the high hurd-

Please Turn to Page 12. Col. 1

## Three Share State Track Titte

## Continued from First Page

les, Lloyd Jones of Ganesha was going against a wind of 11 m.p.h. Jones' winning time of 14.5 was the slowest since 1952, when Selma's Ancel Robinson ran 14.5.
Here's how the three schools came up with their 12 points.
Mullins, taking charge after 85 yards, pulled away to win the 100 and then easily repeated his 1975 win in the 220 in 21.6.

The Yankees dropped the baton on the second pass of the 440 relay and then failed to finish in the mile relay as Mullins slowed to a stop while in last place with 80 yards to go.

San Fernando's hopes for team honors buoyed when Hamilton had its troubles in the 440 relay, then appeared ruined when Williams jumped twice in the 100 .
But Charles White dominated the 330 low hurdles as expected and then came through with a 47.3 anchor leg on the mile relay to give the Tigers fourth place.
Those eight points, combined with four for a second-place finish in the 440 relay, gave San Fernando its 12.
Kennedy of Barstow took the 440 relay in 41.4 and got six more as Norris Jones finished third in both the 100 and 220.

The only boys record setter was Steve Montgomery of Lassen of Susanville, who threw the shot 68 feet to break the mark of $67-31 / 4$ set by Jim Neidhart of Newport Harbor in 1973.

The two girls record breakers were Marquite Belk of Silver Creek (San Jose), who ran 55.2 in the 440 to break the mark of 55.3 shared by Washington's Jodi Anderson and Terra Linda's Veronica Venezia, and sophomore Kim Grosswiler of Upland, who did 5-10 in the high jump.
That shattered the record of 5-8 shared by Pam Blackburn of Cubberley and Kim Maddox of Los Angeles. Candy Ross of Berkeley also broke the mark by clearing 5-9 while Blackburn equalled her old record while finishing third.
Two other records were bettered but were disallowed because of excessive wind.

Anderson leaped $20-01 / 4$ in the long jump to win the event for the third straight year while Fremont's Greg Caldwell won the triple jump with a wind-aided $51-81 / 2$.
Berkeley, led by Ross and sophomore Frieda Cobbs, easily took the girls team title with 20 points.

Southland athletes won eight of the 12 girls events including an excellent sprint double by Pam Waters of Bell, who took the 100 in 11.0 and the 220 in 24.8 with both races being run into a strong wind.

## State Meet Notes

Southland boys took 11 of the 16 first places including a solid mile victory for Gahr's Jim Arriola, who took command 1:146. Another indieation of how the wind 4.14.6. Another indication of how the wind hampered the runners was that Arriolas Iruce Bess won in $4: 148$ in 1961. Them Bruce Bess won in $4: 1.8$ in 1501 . Them Hunt of San Diego's Patrick Henry, who had $(4-066$ ) never was in contention sea son (4:06.6), never was in contention after the half mile and wound up a disappointing seventh in 4:23.2. . Larry Doubley of Manual Arts led a 1-2.3 Southland finish in the long jump with a wind-aided best of $25-334$. . . Lassen's Montgomery, who also was second to Seott Endler of Hoover of Fresno in the discus, is bound for USC. Discus favorite Mark Malose of EII Cajon wound up ninth in the event at $163-7$ and summed up his performance thusly: "Some people have bad days and others choke. I choked. ${ }^{*}$. . . Rich Johnsen of Mayfair finshed third in the discus at 187-6, the best throw ever by a Southern Section athlete. The old best was 186-4 by Rory Kenward of San Marcos . . . Tom Hinthaus of Aviation, the nation's leading vaulter at $16-41 / 2$, easily won the event with a fump of 15-2 Next year's meet will he held at UCLA's Drake Stadium. Jones (Kennedy, Barstow), 10.1; 4 . Cannon (Mt. Pleasant, San Jose), 10.1; 5. Newell (Chula Vista), 10.1. Others included: 6. Doubley (Manual Arts), $10.1 ; K$. Williams (San Fernan(Manual Arts), $10.1 ;$ K. Wiliams (S
do), disqualified, two false starts.

220-1. Mulilins (Hamilion), 21.6 (wind 71/2 m.p.h. against); 2. Branch (Barstow), 21.t; 3. Jones (Kennedy, Barstow), 21.9; 4. Cannon (Mt. Pleasant, San Jose), 22.0; 5. Lewis (Wison, SF), 22.0. Others included: 6. R. Wiliiams (San Fernando), 22.3: 7. Long (Centennial), 22.4;9. Goosby (Hamiliton), 22.5.
$460-1$. Harris (Pltsburg), 47.6; 2 Thompson (Gahr), 47.9; 3. Williams (Carson), 28.6i 4. Flelds (Grant, Sacramento), 4.8; 5. Vinson (San Gorgonio), 40.0. Others included: 6. tie between Marris (Rio Mesa) and Benson (Belmont), 49.2: Chambers (Santa Monica), did not start.

800-1. Bishop (Carimont), Belmont), 1:544; 2. Ledet (Washington). $1: 5 ; 4 ; 3$. Emery (Arroyo, San Leandro), 1:54.5; 4 ( Browniow (Ferndale), $1: 54.65$ 5. Powell (Pt. Loma), 1:54.9. Others included: 6. Cox (Upland), i:55.7; 7. Edds (Banning, Southern Section), 1:56.2

MILE-1. Arriola (Gahr), 4:14.6y 2. Neveu (Grossmont), 4:14.6; 3. Moses (Crescenta Valley), 4:17.3; 4. Wright (Vanden, Travis AFB), 4:17.5; 5. McMeans (De Anza, Richmond), 4:18.3. Others included: 6. Daniels (San Gor4:18.3. Others included: (Patrick Henry, SD), | gonio), $4: 20.3 ; ~ 7 . ~ H u n t ~(P a t r i c k, ~ H e n r y, ~ s D), ~$ |
| :---: |
| $4: 22.2 ; 8 . ~ H o p e ~(A l t a ~ L o m a), ~ 4: 26.8 ; ~$ | (Chatsworth), 4:27.1; 10. Pascal (University), 4:33.1.

TWO MILE-1. Hulst (Laguna Beach), 8:57.3; 2. McConnell (Edison), 9:00.5; 3. Spilisbury (Foothili), $9: 10.6 ; 4$. Holmes (Downey, Modesfo), $9: 02.3 ; 5$. Schultz (Redwood, Larkspur), $9: 03.2$. Others included: 6 . Si. John (Mafer Dei), $9: 08.7$ 7 7 . Godinez (Salesian), $9: 08.7 ; 8$. Hughes (Monte Vista, SD), 9:14.0; 9. Cornell (San Pedro), 9:14.1; 20. Hidalgo (Eagle Rock), 9:35.4; 25. Sherrill (University), $9: 54.0$.

120HH-1. Jones (Ganesha), 14.5 (wind 11 m.p.h. against); 2. Sanford (Loyola), 14.6; 3. Glenn (Locke), 14.6; 4. Ward (LodI), 14.7; 5 . Perry (Banning), 148. Others Included: 7. Jackson (Gardena), 15.0.
330LH-1. Whife (San Fernando), 36.7; 2. Chambers (Santa Monica), 37.0; 3. Webster (Garey), 37.2; 4. Phillips (Silver Creek, San Jose), 37.3; 5. Koko (Sunset, Hayward), 37.6. Others Included: 6. Brown (Pasadena), 37.7;9. Hunt (E1 Dorado), 38.9.
440 RELAY-1. Kennedy (Barstow) (L. Jones, HIII, Kelley, N. Jones), 41.4; 2. San Fernando, 42.0; 3. Piedmont Hills, 42.0; 4. Mt. Pleasant, 42.1; 5. Pittsburg, 42.2. Others included: 6. Duarte, 42.3; Hamilion did not finish (dropped baton).

MILE RELAY-1, Pasadena (Ford, Cleveland, Brown, Sanford), 3:18.2: 2. LA Banning, 3:19.3; 3. Madera, 3:19.4; 4. San Fernando (White, 47.3), 3:20.9; 5. Grant (Sacramento), 3:21.0. Others included: 7. Pomona, 3:22.7; 8. Gardena, 3:24.3; Hamilion, did not finish.

SHOT PUT-1. Montgomery (Lassen, SUsanvilie), $68-0 ; 2$. McKenzle (Hart), $64-7 / 4 / 3$; Jepsen (Washington, Fremont), $63-91 / 2 ; 4$ McNaughton (Hoover, Fresno), $60-61 / 4 ; 5$. John$\operatorname{son}(B r e a), 59-11 \%$. Others included: 7 . Silverman (La Mirada), S5-0; 8. Henry (Crenshaw), $52-10 \%$.
LONG JUMP-1. Doubley (Manual Arts), $25-3 \% \mathrm{w}$ (serles of $24-8 \mathrm{w}$, foul, $24-51 / \mathrm{ww} 24$ $91 / 2 w, 25-1 w, 25-33 / 4 w) 2$ 2. Wison (Fontana), 2443/4w; 3. Yates (Duarte), 23-7w; 4. Durham (Oakiand), 23-3w; 5. Wilson (Morningside), 2321/4w (21-11/2). Others Included: 9. Forrest (Santa Maria), 21-10V/2.
POLE VAULT-1. Hintnaus (Aviation), 15 2: 2. Loveloy (Del Mar), 14-10; 3. Hie between Philbert (Acalanes), 1410 and Plerce (Sanger), 14-10; 5. Cochran (Eik Grove), 140.
DISCUS-1. Endler (Hoover, Fresno), 192 $10 ; 2$ Montgomery (Lassen, Susanville), 188 5; 3. Johnson (Mayfair), 187-6; 4. Lettow (HeIIx), 102-9; 5. Rhoads (Anfloch), 173-3. Others Included: 6. Jackson (San Marcos), 173-2i 9. Malone (EI Calon), 163-7.
HIGH JUMP-1. Lane (American, Fremont), 6-11; 2. Ward (Bokersfield), 6-10; 3, tie between McCall (Dominguez) and Sanders (Muir), 6-10; 5. Smith (Santa Monica), 6-8.
TRIPLE JUMP-1. Caldwell (Fremont), 51$81 / 2 w(49-10) ; ~ 2 . ~ S l a t o n ~(M e r c e d), ~ 50-71 / 4 w$, ( 49 994 ); 3. Moreno (Lick, San Jose), $50-11 / 4$ w; 4. Lomax (Workman), $49-7 \% / 4$ w 5. Benson (LA Lutheran), $49.97 /$. Others included: 9. WIILutheran), $439 \mathrm{M} /$. Others
llams (Oceanside), 44-91/4w.
FINAL TEAM SCORES-Hamilion, San Fernando and Kennedy (Barstow) 12; Lassen and Gahr 10; Hoover (Fresno) s; Pittsburg 7; Mt. Pleasant, Manual Arts, Avlation, Ganesha, Laguna Beach, Pasadena, American (Fremont), Fremont and Carimont (Belmont) 6; Santa Monica and LA Banning 5; Hart,

Mission (SF), Washington, Fontana, Del Mar (San Jose), Barstow, Grossmont, Merced, Bakersfleld, Edison (Fresio) and Loyola 4; Washington (Fremont), (Pledmont Hilis), Arroyo (San Leandro), Duarte, Carson, Garey, Crescenta Valley, Lick (San Jose), Madera, Foothill, Locke 3 ; Acalanes, Sanger, Dominquez and Muir 2V2; Downey (Modesto), Lodi, Hellx, Woricman, Vanden (Travis AFB), Silver Creek (San Jose), Grant (Sacramento). Oakland and Fernand Makiand and Fernandie wrea, whilison (SF), Sunset Morningside, Elk Grove, Wilson (SF), Sunsef (Hayward) (De Anza, La Lutheran, Antioch;
Redwood (Larkpur) and Grant (Sacramento) R.

100-1. Waters (Bell), 11.0 (wind 8 m.p.h. against); 2. Cobbs (Berkeley), 11.0; 3. Boulden (Centennial), 11.1; 4. Robinson (Westchester), 11.4; 5. Loud (LA Lutheran), 11.4 Others included: 7. Brown (Mulr), 11.4; 8. Fleetwood (West Covina), 11.5.
$40-1$. Belk (Sllver Creek), 55.2 (Natlonal and State record, old mark, 55.3 , Veronica Venizia, Terra Linda, 1974, and Jodi Ander. son, Washington, 1975); 2. Mitchell (Fremont), 56.5; 3. Lair (Fremont), 57.5; 4. Peterson (Harbor, Santa Cruz), 57.6; 5. Anderson (Washington), 57.8. Others Included: 6. Law (Santa Ana Valley), 57.8.
880-1. Trumbly (Coalinga), 2:13.3; 2. Meek (Palos Verdes), 2:13.7; 3. Stohr (Granada, Livermore), 2:14.7; 4. Goen (North Riverside), 2:15.0, 5. Keough (Corona del Mar), 2:15.9. Others Included: 6. Honeywell (Kennedy, Granada Hills), 2:16.0; 7. Ross (West Torrance), 2:21.0; 8. Howell (San Dlegulto), 2:25.5. MILE-1. Broderick (Tamalpals, Mill Valley), $4: 56.8 ; 2$. Sweeney (Marin Catholic), $5: 01.1 ; 3$. Troffer (Crescenta Valley), 5:01.3; 4. Kearns (Yuba Cify), 5:03.2, 5. Munday (LínKearns (Yuba Cify), 5:03.2; 5. Munday (in-
coln. 5 an Jose), $5: 03.8$, Others Included: 6. Coln, San Jose), 5:03.8, Others Inclucled: 6. Costa), 5:08.5; 9. Flowers (Vaihalla, SD), $5: 14.8$. 80 LH-1, Lee (Merced), 10.27; 2. Costello (Lynbrook, San Jose), 10.8; 3. Burgess (Berkeley), 10.9; 4. Mann (Kennedy, Barstow), 11.0; 5. WInnewisser (Bishop Diego), 11.1. Others Included: 7. Wind (Ontario Christian), 11.2; 8. Costello (Monroe), 11.2; 9. Streeter (North RIverside), 11.5 .
440 RELAY-1. Muir (R. Jordan, Miliner, G. Jordan, Brown), 47.6; 2. Centennial, 47.8; 3 . South Bakersfield. 48.8; 4. Locke, 48.8; 5. Edison (Fresno), 49.1. Others Included: 6. Fremont, 49.1; 7. Morningside, 49.4; 8. Crawford (SD), 49.4; 9. Berkeley, 53.8 (dropped baford
$220-1$. Waters (Bell), 24.8 (wind 13 m.p.h. against); 2. Cobbs ( Berkeley), 24.9; 3. Robinson (Westchester), 25.6; 4. Robinson (Berkeley), 26.0 ; 5 . Johnson (Oakland Tech), 26.0. Others Incinded: 8. Gastion (Crawiord, SD), 26.5: 9. Bowie (Chaffey), 26.6.

DISCUS-1. MIddlefon (Poway), 134-5 (State record, new event): 2. Springer (Salinas), 13211; 3. Duthle (Miramonte, Daly Clity), 126-5; 4. Danlel (Newport Harbor), 121-7; 5. Bianken: ship (Chico), 117-2. Others Included: 9. O'Brien (Torrey Pines), 106-11.
HIGH JUMP-1. Grosswiller (Upiand), 5-10 (National and State record, old mark, 5-8, Pam Blackburn, Cubberly, 1974, and KIm Maddox, Los Angeles, 1975); 2. Ross (Berkeley), 5-9; 3. Blackburn (Cubberly), 5-8; 4. Lendl (Royal), 5-7; 5. Long (Gahr), 5-7. Others Included: 6. Remmiling (San Dlegulto), 5-4; 7. Hollingsworth (Burbank), 5-4; 8. Kern (St. Bonavenfure), 5-4.
SHOT PUT-1. Daniel (Newport Harbor), 42-9 1/4; 2. Flynn (La Canada), 41-91/2; 3. Wessell (Summerville), $41-83 / 4$; 4. Stampfli (Lassen), 41-8; 5. Garcla (Harbor, Santa Cruz), 41$51 / 2$. Others Included: 7. Dasee (Costa Mesa), $40-4 ; 8 . K a u t i(L a ~ C a n a d a), ~ 40-3 \%$.
LONG JUMP-1. Anderson (Washington), 20-01/4w; 2. Gourdine (EI Toro), $19-3 \% / \mathrm{w}$ (19. 23/4); 3. Scoft (Poly) 19-31/4w; 4. Taylor (Pt. Loma), 18-10w; 5. Moran (Monroe), 18-574 w (16-8). Others included: 7. Almeida (Troy), 17 101/2w; 8. Haynes (Ventura), 17-7w (17-31/),
MILE RELAY-1. Fremont (Lair 57.9 , Trotter 61.2, Bosheans 60.6, Mitchell 56.2), 3:55.9; 2, Arcadia, 3:57.0; 3. Berkeley, 3:59.1; 4 . Esperanza, 3:59.6; 5. West Torrance, 4:00.6. Others Included: 6. Santa Barbara, 4:00.6.
FINAL TEAM SCORES-Berkeley 20; Fremont 13; Bell 12; Newport Harbor 8; Centennial and Washington 7: Merced, Poway, Muir, Coalinga, Upland, sllver Creek and Muir, Coalinga, nas, Palos Verdes, La Canada, Marin CathoIIc, EI Toro and Arcadia 4; Shaffer, South Bakersfleld, Granada (Livermore), Cubber. ley, Harbor (Santa Cruz), Summerville, Crescenta Valley and Poly 3; Kennedy (Barstow), Locke, North (Riverside), Royal, Lassen, Yuba Clity, Pt. Loma and Esperanza 2; Bishop Diego, Miramonte (OrInda), Edison (Fresno), Corona del Mar, LA Lutheran, Gahr, Lincoln (San Jose), Oakland Tech. Monroe
and West Torrance 1.

## Mission's Willis 2nd in state meet 100

By 1 Lance Gilmer
 Yancisco 3 Syear losing streak in the 100 yard dash when he cap
tured the century crown yeterday at the seth annuib Caltiforniaerain
and Field meet at Elwards stadium ind Berkeley.
The 62 18s pound senior was
tocted to to flat runnine into a 7 s uph wind. while Wills gration ceond with a 101. Mullins, the 220, came back an hour later to win 220. came back an hour later to win
be furtong in 216, detating Du
Du The Branch ikemedy of Barstowi.
pho was insalled as the promert utho was installed as the promeet
favorite Embet Lewis of Wilon
7.-7 Dight Stones high jumps
crown, Poge 2C.
US. wins NCAA
crown, Poge 2C. In
20
Iitle. 1 In
In the strupgle for the team
tite, there wasa a three way te for
firt with San Fernando. Kennedr Barstow and Harnando Kennedy
Baurels with
to miton tharing the
 the first time in the history of thy
need that there was a tie for the mees that there was a toe for they
champlonstip and none of the co holders of the tute had won a due
previous sate track crown previnausten rack crown. Aone four false starts the rars

kees had not been disqualificed in
the to relay when they dropped
the tut
 last event of the met. Hame naitho
tailed to finish the mile reclay whem
 leg. At phated poin the Yankesurued
battling for the lead with Pascers battling for the lead
and Banning LLA.
Also San Fernandós bid for
Also San Fernando's bid for
soleposesion of the tham tute
disooved when defending lomy disomed when defending 100yar
dath tive Kenn Willims way
discualified for two false starts in disqualified
at first the 100 yard dasi

The San Francisco Examiner (San Francisco, California) • 06 Jun 1976, Sun • Page 41


-Turn to Page 2c, Col. 3

## Willis second

 in state meet 100 yard dash-From Page ic Nho everyone thinks $s$ going to win eleryone will say that yoy you lose or are making excuses, and if you win. then theyll say that you should have won anyway, so it's no big thing.

Saybe it's wrong. But finishing second in the state meet isn't Will Wins performance was the 100 yard dash man since Sudden Before that Wison's Mike Farmer nad placed third as a sophomore in
1972 .

Another athiete who admitted he didn't like being the favorite mont: Despite winning the high Jump with a $6-11$ effort. Lane said he was extremely tense throughout the competition.

Yesterday (Friday at the trials) everyone was sitting near the high famp pit wondering where John thend Cal next semester who will say anything to the other competitors, because I didn't want all that attention. But once they found out I was who I was, they really started nervous.

The competition started to thin out when the guys missed, I really felt the pressure then. When there's a of people jumping, it
easy on me because I figure that if they can make a height, so can I. When I was the only one left-wow, I Rot nervous."

Lane tried unsuccessfully to clear 7.1 and noted that he was not jumping as well as he could have.

## State meet

 BOYS EVENTS440 -yard relay - 1 . Barstow do. 4203 San Fernan do, 42.0. 3. San Jose Piedmont
Hills, 42.0. 4 . San Jose Mt Pleasant. 42.1.
S. Pittsburk ${ }^{422 .} 80$ $800-1$ - Bishop, Carimont,
1.54.4. Led. LA Washing:
on, 1.54. J. Dave Emery, Ar.
ory royo, 1.54.5. 4.4 . Browniow
Ferndale 1.54 .6 , Powell, PL 14




## BHS GIRLS CHAMPS...

(Cont. from Page 18, Col. 8)
The Jackets finished third in the mile relay, but it was evident by then that their hearts weren't in it. There was no excitement as the runners approached the passing zone and no great effort was extended. They already had the championship sewn up.

Candy Ross finished second in the high jump at 5-9, a lifetime best. Annette Robinson, the only senior among the girls who scored, was fourth in the 220 in 26.0 .
"I was pretty happy," Robinson said while watching the Junior Olympics yesterday. "There was no way we could lose after Friday (when all Jackets qualified for the finals). I didn't run so good in the 100 because there was such a letdown from the relay."

Robinson was on the first State Meet title team two years ago and she will remember that one more, she said. "It was the first time I went to the State Meet and the first one they ever had for girls," she reasoned.
White thinks this one is as that's not too bad. memorable as the other. in pain. her Achilles, Annette had a most of them will be at the weekend at UCLA. championship.
"This was a good team," he said. "They worked hard and each one of them ran with some part of their body
"Ross had a problem with bad hamstring, Kim had trouble with her knee and hamstring and Freida had that problem with her hip. They all just gave that extra effort - it had to be done."
The season goes on for the Berkeley girls. The Jackets helped the Berkeley-East Bay Track Club to a second-place in the Pacific Assn. AAU meet at College of San Mateo yesterday and national AAU meet next

They never seem to stop running. Their perseverance paid off and, since three star underlcass persons return next year, they have a good chance to be rewarded again. In the meantime, they can smile and enjoy their State Meet

Even if they dropped the baton, they're No. 1 in California. And somehow,

While Berkeley recovered from its relay mishap, boys favorite Hamilton of Los Angeles did not. The Yanks, too, misfired on the first exchange.
The only points they got were from double sprint winner Billy Mullins, but Hami still tied with San Fernando and KennedyBarstow for the team championship.
San Fernando lost possible points in the 100 when defending champion Kevin Williams was charged with two false starts.
And Hamilton, which had run a $3: 16.0$ mile relay last week to co-lead the state, finished ninth in the final. Fifth would have given the Yanks the title.

Results involving LOCALS
Berkeiey). 11.0, Boulden (Centennial), 11.1 K. Robinson (Westchester), 11.4: Loud (LA Lutheran), 11.4. Others included: ©. A Mobinton (Berkeity). 11.5
Ginis $20-$ Weters
Gerkeieg) $240-\mathrm{K}$. Robingon (Westchester) 25.6: A Mobinson (Berkeiey), 26.0; Johnson (Oakiand Tech), 260
HICH JUMP-Gronw ilier (Upiand), 5-10. new Stale Meet record, oid Eiackburn, Cub. beriey and Maddox. Los Angeles. 5-8, 1975: 5-8: Lendl (foyal) 5-7: Long (Gahr, Cer. fitios), 5-7.
Mile belay - Fromont. Los Angelen. (Lair, Trother, Besheans, Mitchell), 3.35 .9 Arcadia. 3.57.0: Berkeley (Burgess, Rons. Robinson, Cobbs) 3.59 .1 : Esperannza, Lo Angeles. 3.59.8: West Torrance 4:00.6.
40Ys Mile - Arriola (Gahr, Cerritos), 414.6: Neveu (Grossmont), 4:14.5: Mose) 4:175: McMeans (De Anza). 4:18:
Boys Discus - Endier (Hoover. FresnoL. 192-10; Montgomery (Lassen. Susanvile), 188-5; Johnson (Maytair), 187-6 Latiow (Melix, San Diego), 182-9: Rhosd (Antioch), 1733. Others inciuded: 7. Hill Berkeieg! $170-6$
Merced), 10.7 . K Cow HURDLES - Lee Merced), 10.7 ; K. Costeilio (Lynbrook), 108 Barsitow), 11.0; Winneswisser ( (Eishop Diogel 11.1
Qinis the RtLaY - Mulr, Pasadena. 476. Centennial. Compton, 478; South, Bakersfieid, 488 ; Locke, LA, 48.8 Edison.
Fresno. 49.1 Others included 9 Berknity Cobes, Burgess Aobinson. Rose) 53.8

# Bot MeMeans 

by BRUCE JONES


BOB McMEANS: Senior, DeAnza High School. Age 18; 5 feet, 10 inches; 140 nounds Born December 41957 in

Bob had qualified for State. His ambition had materialized.

## Garment Screening

QUALITY SCREENING AT DISCOUNT PRICES: - Jack Leydig, Box 1551, San Mateo, CA 94401. --- If you have T-shirts or warmups, etc., that you would like to have printed on, or if you'd like to purchase the clothing as well, please contact me at your earliest convenience. I order my screening through John-John, Inc., who does the Bay-to-Breakers, Tahoe Relays, Dipsea, Christmas Relays, WVTC, San Diego TC, and many other local shirts. But, as a dealer, I can offer a substantial discount below his normal retail prices (about 20-25\% off). Prices below are for "Texdye" paint screening, a colorfast; completely washable paint. We can also screen in "Vinyl" and "Vinylon" paints, designed exclusively for stretchable fabrics such as nylon. There are other incidentals such as art-charges and screen charges for small orders, so if you think you think you might be interested, write for complete details. Turnaround time is usually about 2 weeks if the shirts are in stock. T-shirt costs are currently $\$ 1.65$ for mediumweight (with trim) and $\$ 1.95$ for heavy-weight (solid colors)...plain white shirts are somewhat less. However, be advised that prices can change at any time. Screening prices (below) are also subject to change. Number of colors is noted in the left column:

|  | $\frac{6-11}{}$ | $\underline{12-35}$ | $\underline{36-71}$ | $\underline{72-143}$ | $\underline{144-287}$ | $\underline{288+}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\$ 1.45$ | $\$ 0.95$ | $\$ 0.70$ | $\$ 0.55$ | $\$ 0.45$ | $\$ r$ |  |
|  | $\$ 1.45$ | $\$ 0.95$ | $\$ 0.75$ | $\$ 0.55$ | $\$ .5$ |  |
| ----- | ---- | $\$ 1.45$ | $\$ 0.95$ | $\$ 0.75$ | $\$ 0.65$ |  |





BOB McMEANS: Senior, DeAnza High School. Age 18; 5 feet, 10 inches; 140 pounds. Born December 4, 1957, in Tacoma. Washington. Best Marks
Frosh: 4:51, 10:14
Soph: 2:10, 4:41, 10:01
Jr: 55.3, 2:01.6, 4:16.8, 9:27.4
Sr: $53.5,1: 58,4: 15.9,9: 47,14: 55$
Also competes for the West Valley Track Club. Coached by Bruce Jones.

Bob has been a promising runner since arriving at DeAnza High as a 9th grader in February 1973. He obviously loves to run. He loves the entire track atmosphere, he is also very intelligent and playful, and he has a non-stop sense of humor.

He was little as a 9th grader, about $5-4$ and 110 pounds, so his early running successes-confined to dual meets--seemed heightened."Look at that little kid run. Watch little McMeans," became familiar phrases around DeAnza.

It was as a junior that Bob started to fulfill his promise. Larger, 5-8 and 125 pounds, he seemed to have more confidence. A letter that preceded his arrival to school that year said, "I know you're the coach, and that's the way it should be; but I've been writing Jeff Galloway (one of America's better runners and a former Olympian) and I have some ideas about training. Remember that my goal is to run the mile at the State Meet."

That junior year he doubled two wins in league: the mile in $4: 24$ and the two-mile in 9:54. The next week, driving from last on the last lap (and driving me crazy), he took the Division mile in $4: 23$. At the Section meet he eased up in the last 110 and finished third in 4:20.

Bob had qualified for State. His ambition had materialized.

That next Friday at Balboa Stadium in San Diego Bob found himself in the first of two heats. His time in the Section ranked him 23 rd . out of 27 . He ran $4: 16.8$, 5th in his heat, but as it turned out, the fastest qualifying 5 th which put him into the final with eight other milers. He had beaten $4: 08$ and $4: 11$ milers in the heat. He was one of two juniors in the final. Saturday he ran 8th in $4: 18.1$. It was the first time he had run hard competitively two days in a row. Bob said, "We'll have to remember that next year. I would like to run the West Coast Relays Friday night and come back to the Castro Valley Invitational on Saturday so I'll be ready for State."

This past track season may have been somewhat frustrating for Bob. It really shouldn't have been as it was capped by his second State Meet mile final and an improvement from 8th to 5 th. But he really didn't run the time he was capable of and he had a couple of bad races this year.

Bob is a run from behind type and the State Meet final was a slow, tactical race on a slow track on a very windy day. His workouts indicated he was at least 6 seconds faster than last year when he ran $4: 16$. His best this year, winning the Meet of Champions mile the week previous to State, was $4: 15$. At the State Meet trials, when he finished 3rd in his heat in $4: 16$, he could have easily gone $4: 12$. I actually thought $4: 08$ to $4: 10$ was well within his scope.

But he is not about to stop running: University of Washington, Oregon State, San Mateo College or Contra Costa College will probably have him next


| $\$ 1.45$ | $\$ 0.95$ | $\$ 0.70$ | $\$ 0.55$ | $\$ 0.45$ | $\$ r$ |
| ---: | :--- | :--- | :--- | :--- | :--- |
| $\cdots---$ | $\$ 1.45$ | $\$ 0.95$ | $\$ 0.75$ | $\$ 0.55$ | $\$ 2.5$ |
| $\cdots$ | $-\cdots$ | $\$ 1.45$ | $\$ 0.95$ | $\$ 0.75$ | $\$ 0.65$ |


photo by Dave Stock
year. 4:05 should be an optimal goal for next season. The 5,000 in 1980 is a real possibility.

As for Bob's training? Bob says it best. "I have maintained a constant improvement in my times every year since I began competing. I attribute this to consistency. I'm not into high mileage yet. I'll work up to it eventually. Last season as a junior I averaged $30-35$ miles a week from September to June. This season my average weekly mileage was around 40-50 miles. The longest week being 52 miles and the shortest 30 miles.
"I also maintain that the consistency of my program is responsible for my being injury-free. believe a program of this type is necessary if continual progress
over a number of years is to be expected. Next year's mileage will probably be around $50-60$ but I don't worry about these details. I just do what feels right although we do have a basic plan.

We begin the year with larger intervals, say 4 or 5 interval miles in 5:00 with a mile jog. As the year progresses the distances of the intervals shrinks, and are run at faster speeds.
"I very much enjoy competition. I have a Ron Clarke compulsion to compete to test myself. I enjoy racing so much that I usually run two or three races in our dual meets and I compete in road races and all comers meets in the off season."

## HIGH School state meEt

Billy Mullins won the 100 and 220 but his favored Los Angeles Hamilton team settled for a three-way tie with Barstow Kennedy and San Fernando for the Championship at the 58th. California High School Track \& Field Meet.

Hamilton got off on the wrong foot as they dropped the baton in the 440 relay at the Berkeley based meet. Later in the day the Yankees' mile relay team failed to finish as anchor man Mullins, who was in ninth when he took the stick, pulled up lame.

San Fernando also suffered a major set back and could have possibly walked away with the team crown had defending 100 champion Kevin Williams not been finated with two false starts.

Mullins, who's winning times were not impressive due to a strong cold headwind at Edwards Stadium, accounted for $a^{11}$ twelve of Hamiltons points. Norris nes was the big man for Kenneay as he picked up thirds in both sprints and anchored the winning 440 relay to have a hand in all of their points. For San Fernando Charles White saved the day by winning the 330 low hurdles

The other two records were broken by the girls. Marquite Belk of Silver Creek in San Jose ran 55.2 in the 440 to break the mark of 55.3 shared by Washington's Jodi Anderson and Terra Linda's Veronica Venezia. Anderson placed fifth this year.

Sophomore Kim Grosswiler of Upland did 5-10 in the high jump to shatter the record of $5-8$ shared by Pam Blackburn of Cubberley and Kim Maddox of Los Angeles. Candy Ross of Berkeley also broke the mark by clearing $5-9$, while Blackburn equaled her old record in third place.

Two other records were bettered but were disallowed because of excessive wind. Jodi Anderson leaped $20-0 \frac{1}{4}$ in the long jump to win the event for the third straight year, while Fremont's Greg Caldwell won the triple jump with a windy $51-81 / 2$.

Two boys successfully defended their State Crowns and two failed. Mullins repeated in the 220 , making him the only boys double winner in 1976. Eric Hulst of Laguna Beach won his second straight two mile with an 8:57.4, off his best of $8: 44.6$.


Besides defending 100 champ Kevin Williams, who was eliminated for two false starts, long jumper Paul Wilson placed second to Larry Doubley's)Manual Arts) wind aided $25-3^{3 / 4}$ to give up his title.

The meet was not without it's disappointments. State 120 high hurdle leader, Tom Bobertz of Serramonte (Daly City) who had earlier clocked 13.8 failed to make it to the finals. And, 4:02 miler Thom Hunt who had been ill with a strep throat could only manage seventh in $4: 22$. Keith Taylor of Piedmont Hills in San Jose was disqualified after running the fastest heat time of 47.9 in the quarter mile. Judges said he ran out of his lane.

The athletes felt many marks were sub par due to the chill wind that buffeted them most of the meet. For example, Billy Mullins' win in the 100 was 10.0 , the first time the champion has not broken 10 seconds since 1955 (Ken Dennis of Centennial). Mullins was running into a $7 \frac{1}{2}$ mile per hour wind while in the high hurdles, Lloyd Jones of Ganesha was bucking a breeze of 11 MPH. Jones winning time of 14.5 was the slowest since 1952, when Selma's Ancel Robinson ran 14.5. Another indication of how the wind hampered the runners was that mile winner Jim Arriola's time was only $4: 14.6$, slowest since Bruce Bess ran $4: 14.8$ in 1961. Next year's meet will be held at UCLA's Drake Stadium.
photo by Dave Stock


San Fernando also suffered a major set back and could have possibly walked away with the team crown had defending 100 y champion Kevin Williams not been, Ainated with two false starts.

Mullins, who's winning times were not impressive due to a strong cold headwind at Edwards Stadium, accounted for $a^{11}$ twelve of Hamiltons points. Norris nes was the big man for Kenneay as he picked up thirds in both sprints and anchored the winning 440 relay to have a hand in all of their points. For San Fernando Charles White saved the day by winning the 330 low hurdles and anchoring the mile relay to fourth ( 47.3 relay leg). The other points for San Fernando were garnered with a second place in the 440 relay.

Berkeley won it's second girls team title in three years despite dropping the baton in the 440 relay. The champs had three second place finishes, including two by sprinter Freida Cobbs

Even with a somewhat slow track and the stiff winds the 17,000 fans did see three new records set. Steve Montgomery of Lassen High in Susanville set the only boys' meet record with a shot put of 68 feet to break the mark of $67-3^{1 / 4}$ set by Jim Neidhart of Newport Harbor in 1973. Steve also finished second in the discus to Fresno's Scott Endler.


Even the "studs" are human. THOM HUNT following a disappointing state meet due to a bad case of strep throat.
photo by Dave Stock

## 1915-1975

Track fans take notice! Now available:
"Highlights of the
California State High School Track Meet"

- Individual writeups of all 57 Meets
- Comparison of stars of all eras on a common scoring basis - Avolution of all State Meet records
: 31 nithest scoring teams of all time (common scoring system)
- Alphabetical listing of everyone mentioned in book (more than 1100 names)

Read about Paddock, Wykoff, Mathias, Leamon King,
Tommie Smith, Dedy Cooper, etc., etc.I
96 typeset pages. Paperbound. $\$ 2.00$ postpaid KCC Press
${ }_{627}$ K27 Springer Terrace
627 A Springer Terrace
Los Altos, Californla 94022

LY/AUGUST -- 1976
Results


 ${ }^{\text {op piego, } 11.1 .} 440$ relay
 Edison,
880

- 1. aso - 1. Trumbly, Coalinga, $2: 13.3 ; 2$.
Meek, Palos Verdes, $2: 13.7 ;$ 3. Sfohr,
Livermore Granada, $2: 14.7 ; 4$. Goen, Bakersfield North, $2: 15.8 ; 5$. Koogh, Corona
Del Mar, $2: 15.9$. DetMar, 100 : 1 . Wate
Berkeley, Waters, LA Bell, 11.0; 2. Cobbs,
fennial, 11.1 ; 3 . Boulden, Robinson, Wompton Con-
11.4, 5. Loud, LA Luthern, 11.4.
440 440- 1. Belk, San Jose Silver Creok,
S5.2; 2. Mitchell, LA Frement, 56.5;
Gair, LA Fromont Ganta Cruz Harbor, 57.6; 5; Andorson, LA
Sashington, 57.8.
Was $220-1$. Waters.
Berkeley, 24.9; 3. Robinson, Westchester,
25.5; 4. Robinson, Migh Jump Tech, 26.0.
10; 2. Ross, Berkeley, $5-9 ; 3$. Blackburn,
Palo Alto Cubberly, Palo Alto Cubberly, 5-3; 4. Le
5-7; 5. Long, Cerritos Gahr, 5-7.
Discus - 1. Middleter Springer, Salinas, 132-11; 3. Duthle, Mira.
monte, 126-5; 4. Daniel, Newport Harbor,
$121-7 ;$ S. Blankenship, Chico, 117-2: 121-7; 5. Blankenshlp, Chico, 117-2:
Shot Put - 1. Daniel, Newport Harber 42-99/; 2. Flynn, La Canada, $41-9 / 2 ; 3$. Lassen, 41/s; 5. Garcia, Santa Cruz HarBor, 41-51/2
 Kearns, Yuba City, 5:
San Jose Lincoln, 5:03:

 ${ }^{\text {PYM. }}$ Team leaders: Berkeley 20, LA Fre:
mont 13 , LA Bell 12, Newport Harbor 8 ,
LA Washington and Compton Centennial


## Films improve fifth place finish

# Newell gets third in state finals <br> By DAVE SEGAL 

SunNen forse Witu
Chula Vista track coach Harry Taylor was so upset at the way the final placingr in the 100-yard dash were determined at last Saturday's state track finals that he protested the race.
As a result, Spartan Standout Hildria Newell is now regarded as the third best century sprinter in the state.
When the jury of appeals reviewed the race of the 109 Saturday night, it was evident, the judges at the finish line had made a severe error. Instead of finishing fifth as the judges had elaimed, it was discernible that Newell had actually taken third in the race.
"WETRE APPEALING the race," Taylor had said after the
race Saturday afternoon when it was announced Newell finished In fifth place. "It was clearcut from where we.(himself and other San Diego coaches) stood that he took third. This wouldn't be the first mistake the judges have made because they made several mistakes on races yesterday (in the prelims)."

Newell, after breaking out of the starting blocks in his customary slow fashion, had caught up with the leaders with 30 yards to go and was just a couple steps behind them when they crossed the finish line. Raning into an eight-mile-perhour wind, Newell was timed in 10.1. Just a tick behind the 10.0 clocked by Eilly Mallins of Los Angeles Hamilton.
"Of course I'm delighted with
the decision," Tayler said. "I knew once they saw the film there would be no question about it."

NEWELL WAS the first Metro League athlete to place In the state finals since Tony Barrows of Mar Vista captured fifth in the pole veult in 1974.
"Hildria is the best sprinter we've ever had," Taylor sald. "Re wins both spriats in the league finals, is a double winner in the county meet, and now takes third in the 100 in the state meet."
Newell also became the second track athlete from Chula Vista High School to place in the state finals.
MOREOVER, the improvements of Newell's
finish oost Kennedy high school of Barstow a tri-championship for the state title with Los Angelea Hamiliton and San Fernando.
Kennedy's sprinter, who was originally given third, was dropped to fourth in the shuffle and thus the school loat a point and the crown.
Tim Danielson, the holder of the second fastest prep mile ever in the nation was the first to accomplish the fent, winning the state mile in both 1965 and 1366.

Danielson earned national acclaim tor himself on June 11. ISOU when he ran a $3: 59.4$ mile in Balboa Stadium. Only Jim Ryun has logged a faster mark. Marty Liquori ranks third behind Danielion.

# 3rd place in 100 protested 

By DAVE SEGAL<br>SuanNews Sperts Writer

BERKELEY - Chula Vista High track coach Harry Taylor lodged a protest on behalf of Spartan sprinter Hildria Newell yesterday afternoon when Newell, an apparent third place finisher in the 100, was awarded fifth place by the judges.
Newell, who was the only athlete from the Metro League to advance as far as the state finals, was clocked in a time of 10.0 while running into an eight . mille pg haunered Anseview.of. "the film or tire race was schedufed fot "iasi- Twight wativer
"Where we (Taylor and other coaches from the San Diego section) were there was no question about it," Taylor said. "We were surprised and shocked because there was a gap between third and fourth."
Newell had been a little slow getting out of the starting blocks, but had caught up with the leaders with 30 yards to go.
"He ran a fine race," Taylor said. "Another five yards and, he could have overtaken them."
The winning time in the 100 was a 9.8 .

Newell had expected to be a participant in both of the sprints. yesterday, but never could quite get going in Friday's prelims, falling to fifth place in his heat of the 220 with a time of 22.2 . That mark was far below the 21.6 clocking he recorded while winning the San Diego section title.

He qualified for the finals by taking second in his heat of the 100 in 9.8 .
Other efforts by Metro League athletes saw Bonita Vista's Jeff Bisson clear 13-9 in the pole vault, teammate Rick Krueger slump to a ninth place finish in the 880 in $2: 02.8$, and Mar Vista's Bob Bowden finish seventh in the 330 -yard low hurdles in 39.2.


Change

## BERKELEY

Kennedy High School of Barstow has been ruled out of its share of a three-way tie with Los Angeles Hamilton and San Fernando for the team championship in the California high school track and field team meet held here Saturday. John Nules, meet director, said Monday judges changed the order of finish in the 100 yard dash after studying films of the race and moved Hildria Newell of Chula Vista High School up from fifth to third.

## Carlmo

Pam Blackburn of Cubberley was so relaxed she couldn't get up for the finals in the state high school track and field championships.

Wyatt Bishop of Carlmont simply couldn't believe he was up.

Blackburn placed third in the girls' high jump while Bishop won the boys' 880 in the 58 th annual California Interscholastic Federation meet Saturday at Berkeley's Edwards Stadium.
"I was standing up on that thing (the victory stand) and I still didn't think it was me," said Bishop after his $1: 50.4$ half mile, slowest winning time in a CIF meet in 18 years.

Bishop, though he narrowly edged four runners in a blanket finish, threw up his hands at the tape as if positive he had won.

Actually, the gesture was born more from reflex than out of confidence.
"My coach (Loren Lansberry) always told me even if it's very close to raise your hands symbolically at the finish."

Bishop's victory is the first by a boy from the South Peninsula Athletic League since Ron Larrieu of Palo Alto won the mile in 1956.

Blackburn, gunning for her second high jump crown in three years, said "I was totally relaxed and maybe that's what was wrong.
"Yesterday (Friday) I was more intense because I had to make the top nine. And today ... it just wasn't the same."

The 17 -year-old Blackburn, participating in her third state meet as was Bishop, cleared 5-8 on her second attempt but then missed three times at $5-9$ to bow out of the competition.

Sophomore Kari Grosswiller of Upland, Southern Section, won the event at $5-10$, breaking Blackburn's meet record $5-8$ in the process.
"I had a few things that weren't right on," said Pam. "I could have had 5-10 today if I pulled everything together. But it just didn't feel right."
In addition to Bishop and Blackburn, the Midpeninsula had one other top five finisher in Lynbrook's Kris Costello who placed second in the girls' 80 low hurdles in 10.8 .

Costello also ran in the 220 final and finished seventh in 26.2 after a check of Friday's films showed her third in her trial heat, not a nonqualifying sixth as originally announced.

The only other boy competing in the finals was Carlmont's Bob Love who placed 15th in 9:26.7 in the two-mile. Los Altos' Perrin Brew was ninth and last in the long
jump at $17-2 \frac{1}{4}$ while teammate Vicki Bray ran 10 th and last in the mile in $5: 16.7$ in the girls' division.

Only one meet record fell in the boys' division as Steve Montgomery of Lassen, Susanville uncorked a 68-0 throw in the shot put. Greg Caldwell of Fremont, Los Angeles surpassed the triple jump standard of $50-9$ with a $51-81 / 2$ record leap that was disallowed due to excessive wind.

Marquita Belk of Silver Creek, San Jose, the Central Coast Section's only champion other than Bishop, set a second meet record in the girls' division by winning the 440 in 55.2 .

Additionally, two girls' marks were established in new events.

CCS boys garnered one second place, three thirds and four fourths in addition to Bishop's first.

Del Mar's Tod Lovejoy was second in the pole vault ( $14-10$ ) while teammate Blake Fernside tied for third in that event, also at 14-10. Other thirds went to Lick's Pete Moreno in the triple jump (windaided $51-1 \frac{1}{4}$ ) and Piedmont Hills' sprint relay (42.0).

Finishing fourth were Glenn Cannon of Mt. Pleasant in both
sprints (10.1 and 22.0) and on the Cardinals' 440 relay (42.1), and Silver Creek's Andre Phillips in the 330 low hurdles (37.3).
CCS girls had seven finishers among the top five including Belk, Costello and Blackburn.

Billy Mullins of Hamilton, Los Angeles was the only double-winner in the boys' division, capturing the 100 in 10.0 and the 220 where he was the defending champ in 21.6.

Hamilton, Kennedy of Barstow and San Fernando shared the boys' team title with 12 points, the first tie in history.
Hamilton blew its chance at claiming the crown outright when it dropped the baton in the sprint relay, and did not finish in the mile relay when Mullins walked off the track with his team far behind in last place.

Berkeley took the girls' team championship for the second time in three years with 20 points. Fremont of Los Angeles was second with 13. Jones, Donnie Hill, Galen Kelley, Norris Jones) 41.4, San Fernando 42.0, Pledmont Hills, (Sherman Jones, Johnny Jones, Phil Llorin, Kelth Taylor) $42.0, \mathrm{ML}$. Pleasant (Varsi Littleiohn, Glenn Cannon, Derrick Carter, Ken Meriweather) 42.1, Pitisburg 42.2 .

880 - Wyatt Bishop (Carimont) 1:54.4, Leonard Ledel (Washingion, LA) 1:54.4, Dave Emery (Arroyo, San Lorenzo) 1:54.5, Tim Brownlow (Ferndale) 1:54.6, Chris Powell (Pt. Loma, San Diego) 1:54.9. GIom tight, Pacific, Grove, Sth in 1:57.7).

100 - Billy Mullins (Hamiron, LA) 10.0, Tequil Willis (Mission, SF) 10.1, Norris Jones (Kennedy, Barstow) 10.1, Glenn Cannon (M). Pleasant) 10.1, Hildrea Newell (Chula VIsta) 10.1. (Race run into 7.5 mph headwind).

120 HIGH HURDLES - Lloyd Jones (Ganesha, Pomona) 14.5, AI Sanford (Loyola, LA) 14.6, Ron Glenn (Locke, LA) 14.6, Tony Ward (Lodi) 14.7, Curtls Perry (Banning, LA) 14.8. (Race run into 11 mph headwind).
SHOT PUT - Steve Montgomery (Lassen, Susanville) 68-0 (Meet Record MR, old by Jim Neidhart, Newport Harbor, Newport Beach, $67-31 / 4$ in 1973), John McKenzie (Hart, Newhall) 64-734, Conrad Jepson (Washington, Fremont) 63-91/2, Matt McNaughton (Hoover, Fresno) $60-61 / 4$, Paul Johnson (Brea-Olinda) 59-113/4. (Mike Smith, San Mateo, 6th at 58-2).

440 - Derald Harris (Pitisburg) 47.6, Donn Thompson (Gahr, Cerritos) 47.9, Henry Williams (Carson, LA) 48.6, Andrew Fields (Grand, Sacramento) 48.8, Ron Vinson (San Gorgonio, San Bernardino) 48.9.
220 - Billy Mullins (Hamilton, LA) 21.6, Dupree Branch (Barstow) 21.8, Norris Jones (Kennedy, Barstow) 21.9, Glenn Cannon (MI Pleasant) 22.0, Earnest Lew/s (Wilson, SF) 22.0.

330 LOW HURDLES - Charles White (San Fernando) 36.7, Tim Chambers (Santa Monica) 37.0, Stan Webster (Garey, Pomona) 37.2, Andre Phillijs (Silver Creek) 37.3, Chris Koko (Sunsel, Hayward) 37.6. (Jom Bobertz, Serramonte, 8th in 38.7).
TWO-MILE - Eric Huisi (Laguna Beach) 8:57.3, Kevin McConnell (Edison, Huntington Beach) 9:00.5, Mark Spilsbury (Foothill, Tustin) 9:01.6, Tim Holmes (Downey, Modesto) 9:02.3, Harold Schultz (Redwood, Larkspur) 9:03.2. GCraig Corey, San Mateo, 14th in 9:23.4; Bob Love, Carmont, tsin in $9: 26.7$ and Bob Paulin. Camden, 16th in 9:27.0).
MILE - Jim Arriola (Gahr, Cerritos) 4:14.6, Paul Neveu (Grossmont, El Calon) 4:14.6, Don Moses (Crescenta Valley, La Crescenta) 4:173, Mike Wright (Vanden, Travis Air Force Base) 4:17.5, Bob McMeans (De Anza, Richmond) 4:18.3.
DISCUS - Scott Ender (Hoover, Fresno) 192-10, Steve Montgomery (Lassen, Susanville) 188-5, Rich Johnson (Mayfair, Lakewood) 187-6, Chris Lettow (Helix, La Mesa) 182-9, Tom Rhoads (Antioch) 173-7.

MILE RELAY - Pasadena (Harold Ford, Ivan Cleveland, Joseph Deniia Brown Jr., James Sanford) 3:18.2, Banning (Los Angeles) 3:19.3, Madera $3: 19.4$, San Fernando 3:20.9, Grant (Sacramento) 3:21.0. (Piedmont Hills 6 th in 3:22.6).
HIGH JUMP - John Lane (American, Fremont) 6-11, Todd Ward (Bakersfield) 610, tie for third between Jerry Sanders (Muir, Pasadena) and Mitch McCall (Dominguez, Compton) 6-10, Dennia Smith (Santa Monica) 6-8. (Thurlis Gibbs, Hill, 6th at 6-7). POLE VAULT - Tom Hinthaus (Aviation, Redondo Beach) 15-2, Tod Laveioy (Del Mar) 14-10. tie for thirत between Blake Fearnside (Del Mar) and Tom Philbert (Acalanes, Lafayeffe) 14-10, Billy Perce (Sanger) 14-10.
LONG JUMP - Larry Doubley (Manual Arls, LA) 25-33/4, Paul Wilson (Fontana) 234334, Glen Yates (Duarte) 23-7, Kurt Durham (Oakland) 23-3, Kevin Wilson (Morningside, Inglewood) 23-21/4. (Ken Vasquaz, Mills, 6 th at 22-9344).
TTRIPLE JUMP - Gregory Caldwell (Fremont, LA) 51-81/2 (Surpasses Willie Banks', Oceanside, meet mark of $50-9$, but disallowed because of excessive wind), Mark Slayton (Merced) 50-7 $1 / 4$, Pete Moreno (LLick) $50-11 / 4$. Tom Lomax (Workman, La Puente) $49-73 / 4$, Chip Benson (Lutheran, LA) 48-43/4. (Loren Lebbertz, Serramonte,-6th-at ( $77-11 / / 4$ ).

SCORING LEADERS
(Three way fie for championship) Kennedy (Barstow), Hamilton (Los Angeles), and San Fernando, 12 each. Lassen (Susanville) 10. Gahr (Cerritos) 10.

80 Low Hurdles - Tufi Lee (Merced) 10.7. Kris Costello (Lynbrook) 10.8 , Kim Burgess (Berkeley) 10.9, Jennifer Mann (Kennedy, Barstow) 11.10, Mary Winnewisser (Bishop Diego, Santa Barbara) 11.1.
440 Relay - Muir (Pasadena) (Regina Jordan, Lissiette Milliner, Gwen Jordan, Alice Brown) 47.6, Centennial (Complon) 47.8, South (Bakersfield) 48.8, Locke (Los Angeles) 48.8, Edison (Fresno) 49.1.

Discus - Kathy Middleton (Poway) 134-5 (meet record, old record 131-6 in trials), Susan Springer (Salinas) 132-11, Shannon Duthie (Miramonte, Orinda) 126-5, Becky Daniel (Newport Harbor, Newport Beach) 121-7, Becky Blankenship (Chico) 117-2. (Kathy Kuchta, King City sixth at 117-9. Miss Blankenship awarded fifth place because of better second throw).
$880-$ Alice Trumbly (Coalinga) 2:13.3, Suzie Meek (Palos Verdes) 2:13.7, Diana Stohr (Granada, Livermore) 2:14.7, Linda Goen (North Bakersfield) 2:15.8, Dale Keough (Corona del Mar) 2:15.9. (Becky Barrett, Branham. 9th in 2:25.8).
100 - Pam Waters (Bell, L.A.) 11.0, Freida Cobbs (Berkeley) 11.0, Janette Boulden (Centennial, Compton) 11.1, Kim Robinson (Westchester) 11.4, Gwen Lutheran (Lutheran, L.A.) 11.4. (race run into 8.0 mph headwind)

High Jump - Kari Grosswiller (Upland) $5-10$ (meet record, old record $5-8$ by Pam Blackburn, Cubberley, 1974), Candy Ross (Berkeley) 5-9, Bam Blackburn (Cubberley) 5-8, Julie Lendl (Royal, Simi Valley) 5-7, Sue Long (Gahr, Cerrito) 5-7.
Shot Put - Becky Daniel (Newport Harbor, Newport Beach) 42-9 3/4, Julie Flynn (La Canada) 41-9 $1 / 2$, Rene Wessell (Summerville) 41-8 $3 / 4$, Karen Stampfli (Lassen, Summerville) 41-8, Maria Garcla (Harbor) $41-51 / 2$. (Sheila Pannell, Leland, 6 th at $40-$ 10).

440 - Marquita Belk (Silver Creek) 55.2 (meet record, old record 55.3 by Jody Anderson, Washington, L.A., 1975), Robbie Mitchell (Fremont, L.A.) 56.5, Adrienee Lair (Fremont, L.A.), Lezli Peterson (Harbor) 57.6, Jody Anderson (Washington, L.A.) 57.8.

220 - Pam Waters (Bell, L.A.) 24.8, Freida Cobbs (Berkeley) 24.9, Kim Robinson (Westchester, L.A.) 25.6, Annette Robinson (Berkeley) 26.0, Viola Johnson (Oakland Tech) 26.0. (Marquita Belk, Silver Creek, 6th in 26.1 , and Kris Costello, Lynbrook, 7th in 26.2. (i3 mph headwind during race).

Mile - Linda Broderick (Tamalpais, Mill Valley) 4:56.8, Sarah Sweeny (Marin Catholic, Kentfield) 5:01.1, Chris Troffer (Crescenta Valley, La Crescenta) 5:01.3, Stacy Kearns (Yuba City) 5:03.2, Sue Munday (Lincoln, S.J.) 5:03.8. (Vicki Bray, Los Allos, Toth in 5:16.7).
Long Jump - Jody Anderson (Washington, L.A.) 20-0 1/4 (Anderson broke her own meet mark of 19-6 $3 / 4$ but disallowed by excessive wind), Lisa Gourdine (EI Toro) 19-3 3/4, Leslie Scoft (Poly, L.A.) 18-1 $1 / 4$, Karen Taylor (Pt. Loma, San Diego) 18-10, Kim Moran (Monroe, Sepulveda) 18-5 $3 / 4$ (Perrin Brew Los Altos, 9 th at $17-21 / 4$ ).
Mile Relay - Fremont (Los Angeles) (Adrienne Lair; Rebecca Trotter, Glenda Besheans, Robbie Mitchell) 3:55.9 (Fremont sel meet record of $3: 55.6$. in trials), Arcadia 3:57.0, Berkeley 3:59.1, Esperanza (Placentia) 3:59.6, West Torrance 4:00.6.

## SCORING LEADERS

Berkeley 20, Fremont (Los Angeles) 17, Bell (Los Angeles) 12, Newport Harbor (Newport Beach) 8, Centennial (Compton) 7, Washington (Los Angeles) 7.

# Nor-Cal Running Review MAY/JUNE 1976 (No.60) 



STATE C.I.F. RESULTS


Start of 100 final at State Meet (winner Mullins is sixth from the left)...moments before a false start. /Jeff Zimmerman/

HIGH SCHOOL STATE MEET: (June 4-5, Berkeley) - (BOYS) Teams: LA Hamilton, San Fernando \& Barstow-Kennedy 12, Lassen \& CerritosGahr 10. --- 100: Mullins/Ham 10.0, Willis/Mission 10.1, Jones/ Barst-Kenn 10.1, Cannon/MP1 10.1, Newel1/ChulaVsta 10.1, 7-Burrell/Piner 10.3, 8-Jackson/Frnkln 10.3 (w=-7.4mph); (Heats) (I) Willis 9.7, 3-Cannon 9.8, 5-Longstaff/Conc 10.0, 7-Burrell/Ten 10.2; (II) 3-Burre11/Pin 9.8, 4-Green/Ayer 9.9, 7-Bennett/Lyn 10.0; (III) Jackson/Frnkln 9.8, 6-Trapps/Pitt 9.9, 7-Johnson/Sky 10.0, 8-Miller/Dix 10.2, Fong/Sac 10.2. 220: Mullins/Ham 21.6, Branch/Brstw 21.8, Jones/Barstow-Kenn 21.9, Cannon/MP1 22.0, Lewis/Wilson 22.0, 8-Coulter/Hrbr 22.5 ( $\mathrm{W}=-7.6 \mathrm{mph}$ ); (Heats) (I) 2-Coulter 21.9, 4-Trapps 22.2, 6-Smith/Brk 22.3, 7-Johnson 22.4,

8-Burrell/Ten 22.6; (II) 4-Simpson/LB 22.2, 6-Colter/McCltchy 23.4; (III) Lewis 21.8, Cannon 21.9, 4-Rachal/YB 22.3, 8-Bettencourt/PVly 23.8. 440: Harris/Pitt 47.6, Thompson/Gahr 47.9, Williams/Carson 48.6, Fields/VanNuys-Grant 48.8, Vinson/SanGorg 48.9, 8-Johnson/Balb 51.1 ; (Heats) (I) 4-Hillard/SSF 49.7, 6Holcomb/Hill 51.1, 7-Maiocco/Lib 51.8; (II) Taylor/PH 47.9/DQ, Harris 48.0, 4-Fields/Grant 49.3, 5-DeWitt/Brk 49.6, 7-Schrock/ RdBlf 50.5, 8-Trotter/Cstlmt 51.4, 9-Kemper/DC 52.0; (III) 3Johnson 50.5, 4-Woods/Lind 50.8, 5-Stuart/JFK-R 52.1. 880: Bishop/Car1 1:54.4, Ledet/LA-Wash 1:54.4, Emery/Ar 1:54.4, Brownlow/Ferndale 1:54.6, Powell/PtLoma 1:54.9, 8-Light/PGrv 1:57.7, 9-Sterling/Ok1d 2:13.4; (Heats) (I) Sterling 1:54.8, 3-Light 1:54.8, 9-Faggella/Jes 1:58.3; (II) 2-Bishop 1:54.6, 3-Emery 1:54.7, 4-Arnerich/Ala 1:54.8, 8-Griffin/EG 1:56.6, 9Jimenez/DLS 1:56.7; (III) 2-Brownlow 1:55.2, 4-Maxwell/Wstmr 1:55.6, 5-Elwell/Shasta 1:56.2, 8-Vineyard/Arm 1:58.6. Mile: Arriola/Gahr 4:14.6, Nevey/Grsmt-SD 4:14.6, Moses/CrVly $\overline{4: 17.3,}$ Wright/Vanden 4:17.5, McMeans/DA 4:18.3; (Heats) (I) 5-Wright 4:15.7, 7-Smith/MSJ 4:17.7; (II) 3-McMeans 4:16.2, 10-Moses/Sky 4:22.3. 2 Mile: Hulst/LagBch 8:57.3, McConnell/HB-Edis 9:00.5, Spillsbury/Fthl 9:00.6, Holmes/Dwny 9:02.3, Schulz/Rdwd 9:03.2, 9-Collier/Tam 9:??, 10-Berry/Rdwd 9:14.8, 11-Hitchcock/SoLTahoe 9:14.8, 14-Corey/SM 9:23.4, 15-Love/Car1 9:26.7, 16-Paulin/Cam 9:27.0(?), 17-Valdez/Sky 9:34.7, 18-Avrit/Chico 9:37.9, 20Searls/CPk 9:51.1. 120HH: Jones/Gan-Pomona 14.5, Sanford/LA-Ly 14.6, Glenn/LA-Locke $\overline{14.6}$, Ward/Lodi 14.7, Perry/Banning 14.8, Smith/LSierra 14.9; (Heats) (I) 4-Patterson/DA 14.5, 5-Dixon/ Edison-Stkn 14.6, 7-Tyler/Balb 14.6; (II) Smith 14.2, 5-Amerson /Pac 14.7, 6-Koko/Sun 14.7, 8-Stafford/LG 14.8, Harris/Ok1d 14.9; (III) 2-Ward 14.2, 4-Gangnuss/Dub 14.3, 5-Dorval/Paradise 14.4, 6-Bobertz/Srmte 14.4, 7-Clark/M-A 14.4. 330LH: White/San Fern 36.7, Chambers/SMon 37.0, Webster/Pom-Garey 37.2, Phillips /SCrk 37.3, Koko/Sun 37.6, 7-Palon/SJuan 38.3, 8-Bobertz/Srmte 38.7; (Heats) (I) 2-Bobertz 38.0, 6-Tyler/Balb 38.9, 7-Smith/LS 39.3; (II) Koko 37.2, 4-Fields/Grant 38.3, 5-Gangnuss/Dub 38.5, 6-Patterson/DA 38.5, 9-Harris/Okld 40.1; (III) Phillips 37.3, Palon 37.6, 6-Dorval/Par 39.2, 7-Hawkins/Burl 39.3, 8-White/Rch 39.4. 440R: Barstow/Kennedy 41.4, San Fernando 42.0, Piedmont Hills 42.0, Mt. Pleasant 42.1., Pittsburg 42.2, 7-Balboa 42.7; (Heats) (I) 2-Pittsburg 42.4, 6-Berkeley 42.9, 9-Stagg 44.2; (II) 2-Pdmt Hills 42.1, 3-Mt.Plsnt 42.1, 5-Skyline 42.5, 6-H. Johnson 42.6; (III) 4-Balboa 42.5, 5-YerbaBuena 42.8, 6-LaSier 43.8, 7-Chico 44.0. MileR: Pasadena 3:18.2, Banning 3:19.3, Madera 3:19.4, San Fernando 3:20.9, Sac-Grant 3:21.0, Pdmt Hill 3:22.7; (Heats) (I) 2-Pdmt Hill 3:18.6, 3-Grant 3:19.6, 5-Mt. Pleasant 3:21.1, 7-H.Johnson 3:24.7, 8-Silver Crk 3:26.6, 9Oakmont 3:28.6; (II) 4-Pittsburg 3:22.5, 5-Tennyson 3:22.8, 6Richmond 3:25.0, 7-Paradise 3:31.2; (III) 4-Balboa 3:22.5, 7Castlemont $3: 24.9$, 8-JFK-Richmond $3: 28.3$ LJ: (w) Doubley/Man Arts-LA 25-3 3/4, Wilson/Font 24-4 3/4, Yates/Duarte 23-7, Durham/Okld 23-3, Wilson/Morn-Inglwd 23-2 1/4, Vasquez/Mills 22-9 1/4, Brooks/Milp 22-7 1/2, Hawkins/Trcy 22-5 1/2. TJ: Caldwell/Frmt-LA 51-8 1/2w, Slayton/Merc 50-7 1/4, Moreno/Lick 50-1 1/4, Lomax/Wkmn 49-7 3/4, Benson/LA-Luth 48-9 3/4, Lebbertz/Srmte 47-11 1/4w, Morgan/EC 47-11w, Durham/Ok1d 47-1 3/4. HJ: Lane/Amer-Frmt 6-11, Ward/Bak 6-10, Sanders/Pas-Muir \& McCall/Dom 6-10, Smith/SMon 6-8 (Trials: Slaton/Merc, Bjornsson/ Enc, Gibbs/Hill, Hice/Okld...all 6-8). PV: Hintnaus/RedBch-Av 15-2, Lovejoy/DM 14-10, Philbert/Acal \& Fernside/DM 14-10, Pierce/Sanger 14-10, Cochran/EG 14-0 (Trials: Cochran, Boone/ McCltchy, McDonald/St. Hel...al1 14-3). SP: Montgomery/Lassen 68-0, McKenzie/Hart-Nwh1 64-7 3/4, Jepsen/Wash-Frmt 63-9 1/2, McNaughton/Hoover-Fresno 60-6 1/4, Johnson/Brea 59-11 3/4, Smith/SM 58-2, Messinger/Hglds 54-2 1/2 (Trials: Messinger 58-10 3/4, Smith 58-10). DT: Endler/Fr-Hoover 192-10, Montgomery/Lassen 188-5, Johnson/Lkwd-Myfr 187-6, Letlow/Helix 182-9, Rhoads/Ant 174-7, 8-Hill/Brkly 170-6. (GIRLS) See Next Page--

(Left) Coming off final turn in CIF mile final (leader Arriola won in $4: 14.6$, same time as second placer, Nevey). /Zimmerman/ (Center) Keith Taylor (r) of Piedmont Hills, strains hard to take third in the 440 relay. (Right) Finish of 880 at State Meet, with (l to r) Brownlow (4th), Ledet (2nd), Bishop (lst), Powell (5th), and Emery (3rd) within $1 / 2$ second of each other. /Stock/

Teams: Berkeley 20, LA Fremont 13, LA Bell 12, Nwprt Hrbr 8. --100: Waters/LA Bel1 11.0, Cobbs/Brk 11.0, Boulden/Cent-Compton 11.1, Robinson/Wstchstr 11.4, Loud/LA-Luth 11.4, 9-Robinson/Brk 11.5 (w=-8.3mph); (Heats) (I) Cobbs 10.8, 4-Dilworth/Vall 11.2, 8-Dutton/Anderson 11.4, 9-Mallory/SCrk 11.7; (II) 2-Robinson 10.9, 5-Costello/Lyn 11.4, 7-Rapatz/SRaf 11.6, 8-Holliday/Ayer 11.6, 9-Lee/Merc 11.7; (III) 4-Johnson/0ak-Tch 11.2, 7 -Barnes/ Frfld 11.7. 220: Waters/LA Bell 24.8, Cobbs/Brk 24.9, Robinson/ Wstchstr 25.6, Robinson/Brk 26.0, Johnson/Okld-Tch 26.0, Belk/ SCrk 26.1, Costello/Lyn 26.3 (w=-13mph); (Heats) (I) Cobbs 24.6, Johnson 25.4, Belk 25.5, 5-Kidd/Vall 26.0, 8-Warmerdam/Galt 26.5, 9-Barnes/Frfld 26.7; (II) 2-Robinson 25.2, 6-Costello/Lyn 26.3, 7-Lee/Merc 26.5, 9-Foster/Yreka 28.0; (III) 5-Gallion/Ayer 26.5. 440: Belk/SCrk 55.2, Mitchell/LA-Frmt 56.5, Lair/LA-Frmt 57.5, Peterson/Hrbr 57.6, Anderson/LA-Wash 57.8, 7-Barnes/Hogan 58.7, 8-Partida/YC 59.8, 9-Rapatz/SRaf 67.5; (Heats) (I) Belk 56.7, 6-Fortune/Cord 58.6, 8-Eddens/Ukiah 60.2; (II) 2-Peterson 57.3, Barnes 57.7, 6-Voss/Lassen 58.9, 7-Jones/Hogan 59.8, 9Warmerdam/Galt 60.9; (III) 2-Partida 57.8, 3-Rapatz 57.9, 4-Brew /LA 58.2(?), 5-Hubbard/Oak-Tch 59.2. Mile: Broderick/Tam 4:56.8, Sweeny/MarinCath 5:01.1, Troffer/CrVly 5:01.3, Kearns/YC 5:03.2, Munday/Linc-SJ 5:03.8, 8-Bain/RioAm 5:14.5, 10-Bray/LA 5:16.7; (Heats) (I) 2-Broderick 5:02.9, 3-Bray 5:03.3, 4-Bain 5:03.3, $5-$ Munday 5:03.7, Keyes/Tam 5:04.8; (II) Kearns 5:00.0, Sweeny 5:00.8, ?-Monroe/Lassen 5:15.4, 8-Vardell/YC 5:19.0. 80LH: Lee/ Merc 10.7, Costello/Lyn 10.8, Burgess/Brk 10.9, Mann/Barstow-Kenn 11.0, Winneswisser/Diego-SB 11.1, Foster/Yreka 11.1; (Heats) (I) 2-Burgess 10.9, 4-Upshaw/Acal 10.9, 8-Schentrup/WG 11.4; (II) Lee 10.7, 5-Duran/Okmt 11.3, 6-St. Jules/Oak-Tech 11.3, 7-Adamson/ Hughson 11.3, 9-Cavanah/Hrbr 13.1; (III) Costello 10.9, 4-Pickel/ ME 11.3, 6-Bess/Tam 11.3. 440R: Pasadena-Muir 47.6, Comp-Cent. 47.8, Baksfld-So. 48.8, LA-Locke 48.8, Fresno-Edison 49.1, 9Brkly 53.8 (dropped baton); (Heats) (I) 4-TerraLinda 49.8, 5Hogan 49.9, 8-ChicoJHS 50.2, 9-Ayer 50.8; (II) Brkly 47.8, 4Frfld 49.7, 6-Silver Crk 49.7, 7-Harbor 40.0, 8-Oakland 50.8, 9Davis 52.0; (III) 7-Merced 50.7, 8-Vallejo 53.4. MileR: LA-Frmt 3:55.9, Arcadia 3:57.0, Brkly 3:59.1, Esperanza $3: 59.6$, W. Torrance 4:00.6, 7-TerraL inda 4:02.4; (Heats) (I) Brkly 3:56.6, 7Summervle 4:06.6; (II) 3-TerraLinda 4:01.1, 5-CasaRoble 4:10.9, 6-LasLomas 4:11.2, 7 -Liberty 4:13.0, 8-Oak-Tech 4:15.5; (III) 3YubaCity 4:04.1, 4-Harbor 4:05.1, 5-Chico 4:05.7, 7-Branham 4:06.6, 9-LosAltos 4:12.0. LJ: Anderson/LA-Wash 20-0 1/4, GorDine/EIToro 19-3 3/4, Scott/ $\overline{L A}-$ Poly 19-3 1/4, Taylor/Pt.Loma 18-10, Morgan/LA-Monroe 18-5 3/4, 9-Brew/LA 17-2 1/4w (17-7 in trials). HJ: Grosswiller/Uplnd 5-10, Ross/Brk 5-9, Blackburn/ Cubb 5-8, Lendi/Royal 5-7, Long/Gahr 5-7, 9-Alston/ChicoJHS 5-4 (5-5 in trials). SP: Daniel/NwptHrbr 42-9 3/4, Flynn/LaCanada 41-9 1/2, Wessell/Summervle 41-8 3/4, Stampfli/Lassen 41-8, Garcia/Hrbr 41-5 1/2, Panne11/Leland 40-10 1/4, 9-Betham/Arcata 39-9 1/2 (Trials: Stampfli 42-8 1/2, Betham 42-4 3/4, Wessell 42-0 3/4, Garcia 41-8 1/4, Pannel1 41-6 1/4, Burgan/Sonora 40-9 1/4). DT: Middleton/Poway 134-5, Springer/Sal 132-11, Duthie/Mrmte 126-5, Daniel/NwptHrbr 121-7, Blankenship/Chico 117-2, Kuchta/KC 117-2, 8-Ridenour/YC 114-4 (Trials: Ridenour 124-2, Kuchta \& Blankenship 123-0). /Keith Conning/

(Left) Berkeley's Candy Ross was second in the CIF Meet at 5-9. (Right) John Lane won at the same meet in 6-11. /Zimmerman/

Chico Enterprise-Record
Montrome ontgomery
ets SP Mark

BERKELEY (E-R) - Steve Montgomery of Lassen High in Susanville was the only Mid-Valley area track and field athlete to become a winner in the State Meet at Edwards Field here Saturday.

Montgomery heaved the shot put a record $68-0$ to better his closest opponent by more than three feet. His toss erased a three-year old record of $67-3^{3} 4$.
Montgomery also placed second in the discus with a 188-5 effort. On his performance alone, Lassen tied for fourth in team points with 10 .
Two Chico High and one Chico Junior athletes placed. Chico High's Becky Blankenship took fifth in the discus with a 117-2 throw.

Chico Junior's Tonya Alston was eighth in the high jump with a leap of $5-5$.

Chico High's Doug Avrit posted a personal best time of $9: 36.9$ while taking 20th in the two-mile.
Lassen's Karen Stampfli took fourth in the shot put with a 41-8 mark.

# Three Schools Share State Track Title on Windy Day 

## BY AVRUM DANSKY

 Times stafl WriterLos Angeles Times June 6, 1976

BERKELEY-Hamilton High dropped the baton in the 440 relay and failed to finish in the mile relay. San Fernando's Kevin Williams, the defending champion in the 100 , was disqualified for two false starts.
So for the second time in the history of the California State high school track and field championships, three schools tied for the team title.
Hamilton, San Fernando and Kennedy of Barstow each finished with 12 points to share the team title.
The 58th annual meet before a crowd of 17,000 at California's Ed-
wards Stadium produced two national marks in the girls' division and three State records.
But the athletes were obviously hampered severely by a chill wind that buffeted the runners almost the entire day and a slow track.
For example, Billy Mullins' winning time in the 100 was 10.0 , the first time the champion has not broken 10 seconds since 1955 (Ken Dennis of Centennial).
Mullins was running into a $71 / 2$ m.p.h. wind while in the high hurd-

Please Turn to Page 12. Col. 1

## Three Share State Track Titte

## Continued from First Page

les, Lloyd Jones of Ganesha was going against a wind of 11 m.p.h. Jones' winning time of 14.5 was the slowest since 1952, when Selma's Ancel Robinson ran 14.5.
Here's how the three schools came up with their 12 points.
Mullins, taking charge after 85 yards, pulled away to win the 100 and then easily repeated his 1975 win in the 220 in 21.6.

The Yankees dropped the baton on the second pass of the 440 relay and then failed to finish in the mile relay as Mullins slowed to a stop while in last place with 80 yards to go.

San Fernando's hopes for team honors buoyed when Hamilton had its troubles in the 440 relay, then appeared ruined when Williams jumped twice in the 100 .
But Charles White dominated the 330 low hurdles as expected and then came through with a 47.3 anchor leg on the mile relay to give the Tigers fourth place.
Those eight points, combined with four for a second-place finish in the 440 relay, gave San Fernando its 12.
Kennedy of Barstow took the 440 relay in 41.4 and got six more as Norris Jones finished third in both the 100 and 220.

The only boys record setter was Steve Montgomery of Lassen of Susanville, who threw the shot 68 feet to break the mark of $67-31 / 4$ set by Jim Neidhart of Newport Harbor in 1973.

The two girls record breakers were Marquite Belk of Silver Creek (San Jose), who ran 55.2 in the 440 to break the mark of 55.3 shared by Washington's Jodi Anderson and Terra Linda's Veronica Venezia, and sophomore Kim Grosswiler of Upland, who did 5-10 in the high jump.
That shattered the record of 5-8 shared by Pam Blackburn of Cubberley and Kim Maddox of Los Angeles. Candy Ross of Berkeley also broke the mark by clearing 5-9 while Blackburn equalled her old record while finishing third.
Two other records were bettered but were disallowed because of excessive wind.

Anderson leaped $20-01 / 4$ in the long jump to win the event for the third straight year while Fremont's Greg Caldwell won the triple jump with a wind-aided $51-81 / 2$.
Berkeley, led by Ross and sophomore Frieda Cobbs, easily took the girls team title with 20 points.

Southland athletes won eight of the 12 girls events including an excellent sprint double by Pam Waters of Bell, who took the 100 in 11.0 and the 220 in 24.8 with both races being run into a strong wind.

## State Meet Notes

Southland boys took 11 of the 16 first places including a solid mile victory for Gahr's Jim Arriola, who took command 1:146. Another indieation of how the wind 4.14.6. Another indication of how the wind hampered the runners was that Arriolas Iruce Bess won in $4: 148$ in 1961. Them Bruce Bess won in $4: 1.8$ in 1501 . Them Hunt of San Diego's Patrick Henry, who had $(4-066$ ) never was in contention sea son (4:06.6), never was in contention after the half mile and wound up a disappointing seventh in 4:23.2. . Larry Doubley of Manual Arts led a 1-2.3 Southland finish in the long jump with a wind-aided best of $25-334$. . . Lassen's Montgomery, who also was second to Seott Endler of Hoover of Fresno in the discus, is bound for USC. Discus favorite Mark Malose of EII Cajon wound up ninth in the event at $163-7$ and summed up his performance thusly: "Some people have bad days and others choke. I choked. ${ }^{*}$. . . Rich Johnsen of Mayfair finshed third in the discus at 187-6, the best throw ever by a Southern Section athlete. The old best was 186-4 by Rory Kenward of San Marcos . . . Tom Hinthaus of Aviation, the nation's leading vaulter at $16-41 / 2$, easily won the event with a fump of 15-2 Next year's meet will he held at UCLA's Drake Stadium. Jones (Kennedy, Barstow), 10.1; 4 . Cannon (Mt. Pleasant, San Jose), 10.1; 5. Newell (Chula Vista), 10.1. Others included: 6. Doubley (Manual Arts), $10.1 ; K$. Williams (San Fernan(Manual Arts), $10.1 ;$ K. Wiliams (S
do), disqualified, two false starts.

220-1. Mulilins (Hamilion), 21.6 (wind 71/2 m.p.h. against); 2. Branch (Barstow), 21.t; 3. Jones (Kennedy, Barstow), 21.9; 4. Cannon (Mt. Pleasant, San Jose), 22.0; 5. Lewis (Wison, SF), 22.0. Others included: 6. R. Wiliiams (San Fernando), 22.3: 7. Long (Centennial), 22.4;9. Goosby (Hamiliton), 22.5.
$460-1$. Harris (Pltsburg), 47.6; 2 Thompson (Gahr), 47.9; 3. Williams (Carson), 28.6i 4. Flelds (Grant, Sacramento), 4.8; 5. Vinson (San Gorgonio), 40.0. Others included: 6. tie between Marris (Rio Mesa) and Benson (Belmont), 49.2: Chambers (Santa Monica), did not start.

800-1. Bishop (Carimont), Belmont), 1:544; 2. Ledet (Washington). $1: 5 ; 4 ; 3$. Emery (Arroyo, San Leandro), 1:54.5; 4 ( Browniow (Ferndale), $1: 54.65$ 5. Powell (Pt. Loma), 1:54.9. Others included: 6. Cox (Upland), i:55.7; 7. Edds (Banning, Southern Section), 1:56.2

MILE-1. Arriola (Gahr), 4:14.6y 2. Neveu (Grossmont), 4:14.6; 3. Moses (Crescenta Valley), 4:17.3; 4. Wright (Vanden, Travis AFB), 4:17.5; 5. McMeans (De Anza, Richmond), 4:18.3. Others included: 6. Daniels (San Gor4:18.3. Others included: (Patrick Henry, SD), | gonio), $4: 20.3 ; ~ 7 . ~ H u n t ~(P a t r i c k, ~ H e n r y, ~ s D), ~$ |
| :---: |
| $4: 22.2 ; 8 . ~ H o p e ~(A l t a ~ L o m a), ~ 4: 26.8 ; ~$ | (Chatsworth), 4:27.1; 10. Pascal (University), 4:33.1.

TWO MILE-1. Hulst (Laguna Beach), 8:57.3; 2. McConnell (Edison), 9:00.5; 3. Spilisbury (Foothili), $9: 10.6 ; 4$. Holmes (Downey, Modesfo), $9: 02.3 ; 5$. Schultz (Redwood, Larkspur), $9: 03.2$. Others included: 6 . Si. John (Mafer Dei), $9: 08.7$ 7 7 . Godinez (Salesian), $9: 08.7 ; 8$. Hughes (Monte Vista, SD), 9:14.0; 9. Cornell (San Pedro), 9:14.1; 20. Hidalgo (Eagle Rock), 9:35.4; 25. Sherrill (University), $9: 54.0$.

120HH-1. Jones (Ganesha), 14.5 (wind 11 m.p.h. against); 2. Sanford (Loyola), 14.6; 3. Glenn (Locke), 14.6; 4. Ward (LodI), 14.7; 5 . Perry (Banning), 148. Others Included: 7. Jackson (Gardena), 15.0.
330LH-1. Whife (San Fernando), 36.7; 2. Chambers (Santa Monica), 37.0; 3. Webster (Garey), 37.2; 4. Phillips (Silver Creek, San Jose), 37.3; 5. Koko (Sunset, Hayward), 37.6. Others Included: 6. Brown (Pasadena), 37.7;9. Hunt (E1 Dorado), 38.9.
440 RELAY-1. Kennedy (Barstow) (L. Jones, HIII, Kelley, N. Jones), 41.4; 2. San Fernando, 42.0; 3. Piedmont Hills, 42.0; 4. Mt. Pleasant, 42.1; 5. Pittsburg, 42.2. Others included: 6. Duarte, 42.3; Hamilion did not finish (dropped baton).

MILE RELAY-1, Pasadena (Ford, Cleveland, Brown, Sanford), 3:18.2: 2. LA Banning, 3:19.3; 3. Madera, 3:19.4; 4. San Fernando (White, 47.3), 3:20.9; 5. Grant (Sacramento), 3:21.0. Others included: 7. Pomona, 3:22.7; 8. Gardena, 3:24.3; Hamilion, did not finish.

SHOT PUT-1. Montgomery (Lassen, SUsanvilie), $68-0 ; 2$. McKenzle (Hart), $64-7 / 4 / 3$; Jepsen (Washington, Fremont), $63-91 / 2 ; 4$ McNaughton (Hoover, Fresno), $60-61 / 4 ; 5$. John$\operatorname{son}(B r e a), 59-11 \%$. Others included: 7 . Silverman (La Mirada), S5-0; 8. Henry (Crenshaw), $52-10 \%$.
LONG JUMP-1. Doubley (Manual Arts), $25-3 \% \mathrm{w}$ (serles of $24-8 \mathrm{w}$, foul, $24-51 / \mathrm{ww} 24$ $91 / 2 w, 25-1 w, 25-33 / 4 w) 2$ 2. Wison (Fontana), 2443/4w; 3. Yates (Duarte), 23-7w; 4. Durham (Oakiand), 23-3w; 5. Wilson (Morningside), 2321/4w (21-11/2). Others Included: 9. Forrest (Santa Maria), 21-10V/2.
POLE VAULT-1. Hintnaus (Aviation), 15 2: 2. Loveloy (Del Mar), 14-10; 3. Hie between Philbert (Acalanes), 1410 and Plerce (Sanger), 14-10; 5. Cochran (Eik Grove), 140.
DISCUS-1. Endler (Hoover, Fresno), 192 $10 ; 2$ Montgomery (Lassen, Susanville), 188 5; 3. Johnson (Mayfair), 187-6; 4. Lettow (HeIIx), 102-9; 5. Rhoads (Anfloch), 173-3. Others Included: 6. Jackson (San Marcos), 173-2i 9. Malone (EI Calon), 163-7.
HIGH JUMP-1. Lane (American, Fremont), 6-11; 2. Ward (Bokersfield), 6-10; 3, tie between McCall (Dominguez) and Sanders (Muir), 6-10; 5. Smith (Santa Monica), 6-8.
TRIPLE JUMP-1. Caldwell (Fremont), 51$81 / 2 w(49-10) ; ~ 2 . ~ S l a t o n ~(M e r c e d), ~ 50-71 / 4 w$, ( 49 994 ); 3. Moreno (Lick, San Jose), $50-11 / 4$ w; 4. Lomax (Workman), $49-7 \% / 4$ w 5. Benson (LA Lutheran), $49.97 /$. Others included: 9. WIILutheran), $439 \mathrm{M} /$. Others
llams (Oceanside), 44-91/4w.
FINAL TEAM SCORES-Hamilion, San Fernando and Kennedy (Barstow) 12; Lassen and Gahr 10; Hoover (Fresno) s; Pittsburg 7; Mt. Pleasant, Manual Arts, Avlation, Ganesha, Laguna Beach, Pasadena, American (Fremont), Fremont and Carimont (Belmont) 6; Santa Monica and LA Banning 5; Hart,

Mission (SF), Washington, Fontana, Del Mar (San Jose), Barstow, Grossmont, Merced, Bakersfleld, Edison (Fresio) and Loyola 4; Washington (Fremont), (Pledmont Hilis), Arroyo (San Leandro), Duarte, Carson, Garey, Crescenta Valley, Lick (San Jose), Madera, Foothill, Locke 3 ; Acalanes, Sanger, Dominquez and Muir 2V2; Downey (Modesto), Lodi, Hellx, Woricman, Vanden (Travis AFB), Silver Creek (San Jose), Grant (Sacramento). Oakland and Fernand Makiand and Fernandie wrea, whilison (SF), Sunset Morningside, Elk Grove, Wilson (SF), Sunsef (Hayward) (De Anza, La Lutheran, Antioch;
Redwood (Larkpur) and Grant (Sacramento) R.

100-1. Waters (Bell), 11.0 (wind 8 m.p.h. against); 2. Cobbs (Berkeley), 11.0; 3. Boulden (Centennial), 11.1; 4. Robinson (Westchester), 11.4; 5. Loud (LA Lutheran), 11.4 Others included: 7. Brown (Mulr), 11.4; 8. Fleetwood (West Covina), 11.5.
$40-1$. Belk (Sllver Creek), 55.2 (Natlonal and State record, old mark, 55.3 , Veronica Venizia, Terra Linda, 1974, and Jodi Ander. son, Washington, 1975); 2. Mitchell (Fremont), 56.5; 3. Lair (Fremont), 57.5; 4. Peterson (Harbor, Santa Cruz), 57.6; 5. Anderson (Washington), 57.8. Others Included: 6. Law (Santa Ana Valley), 57.8.
880-1. Trumbly (Coalinga), 2:13.3; 2. Meek (Palos Verdes), 2:13.7; 3. Stohr (Granada, Livermore), 2:14.7; 4. Goen (North Riverside), 2:15.0, 5. Keough (Corona del Mar), 2:15.9. Others Included: 6. Honeywell (Kennedy, Granada Hills), 2:16.0; 7. Ross (West Torrance), 2:21.0; 8. Howell (San Dlegulto), 2:25.5. MILE-1. Broderick (Tamalpals, Mill Valley), $4: 56.8 ; 2$. Sweeney (Marin Catholic), $5: 01.1 ; 3$. Troffer (Crescenta Valley), 5:01.3; 4. Kearns (Yuba Cify), 5:03.2, 5. Munday (LínKearns (Yuba Cify), 5:03.2; 5. Munday (in-
coln. 5 an Jose), $5: 03.8$, Others Included: 6. Coln, San Jose), 5:03.8, Others Inclucled: 6. Costa), 5:08.5; 9. Flowers (Vaihalla, SD), $5: 14.8$. 80 LH-1, Lee (Merced), 10.27; 2. Costello (Lynbrook, San Jose), 10.8; 3. Burgess (Berkeley), 10.9; 4. Mann (Kennedy, Barstow), 11.0; 5. WInnewisser (Bishop Diego), 11.1. Others Included: 7. Wind (Ontario Christian), 11.2; 8. Costello (Monroe), 11.2; 9. Streeter (North RIverside), 11.5 .
440 RELAY-1. Muir (R. Jordan, Miliner, G. Jordan, Brown), 47.6; 2. Centennial, 47.8; 3 . South Bakersfield. 48.8; 4. Locke, 48.8; 5. Edison (Fresno), 49.1. Others Included: 6. Fremont, 49.1; 7. Morningside, 49.4; 8. Crawford (SD), 49.4; 9. Berkeley, 53.8 (dropped baford
$220-1$. Waters (Bell), 24.8 (wind 13 m.p.h. against); 2. Cobbs ( Berkeley), 24.9; 3. Robinson (Westchester), 25.6; 4. Robinson (Berkeley), 26.0 ; 5 . Johnson (Oakland Tech), 26.0. Others Incinded: 8. Gastion (Crawiord, SD), 26.5: 9. Bowie (Chaffey), 26.6.

DISCUS-1. MIddlefon (Poway), 134-5 (State record, new event): 2. Springer (Salinas), 13211; 3. Duthle (Miramonte, Daly Clity), 126-5; 4. Danlel (Newport Harbor), 121-7; 5. Bianken: ship (Chico), 117-2. Others Included: 9. O'Brien (Torrey Pines), 106-11.
HIGH JUMP-1. Grosswiller (Upiand), 5-10 (National and State record, old mark, 5-8, Pam Blackburn, Cubberly, 1974, and KIm Maddox, Los Angeles, 1975); 2. Ross (Berkeley), 5-9; 3. Blackburn (Cubberly), 5-8; 4. Lendl (Royal), 5-7; 5. Long (Gahr), 5-7. Others Included: 6. Remmiling (San Dlegulto), 5-4; 7. Hollingsworth (Burbank), 5-4; 8. Kern (St. Bonavenfure), 5-4.
SHOT PUT-1. Daniel (Newport Harbor), 42-9 1/4; 2. Flynn (La Canada), 41-91/2; 3. Wessell (Summerville), $41-83 / 4$; 4. Stampfli (Lassen), 41-8; 5. Garcla (Harbor, Santa Cruz), 41$51 / 2$. Others Included: 7. Dasee (Costa Mesa), $40-4 ; 8 . K a u t i(L a ~ C a n a d a), ~ 40-3 \%$.
LONG JUMP-1. Anderson (Washington), 20-01/4w; 2. Gourdine (EI Toro), $19-3 \% / \mathrm{w}$ (19. 23/4); 3. Scoft (Poly) 19-31/4w; 4. Taylor (Pt. Loma), 18-10w; 5. Moran (Monroe), 18-574 w (16-8). Others included: 7. Almeida (Troy), 17 101/2w; 8. Haynes (Ventura), 17-7w (17-31/),
MILE RELAY-1. Fremont (Lair 57.9 , Trotter 61.2, Bosheans 60.6, Mitchell 56.2), 3:55.9; 2, Arcadia, 3:57.0; 3. Berkeley, 3:59.1; 4 . Esperanza, 3:59.6; 5. West Torrance, 4:00.6. Others Included: 6. Santa Barbara, 4:00.6.
FINAL TEAM SCORES-Berkeley 20; Fremont 13; Bell 12; Newport Harbor 8; Centennial and Washington 7: Merced, Poway, Muir, Coalinga, Upland, sllver Creek and Muir, Coalinga, nas, Palos Verdes, La Canada, Marin CathoIIc, EI Toro and Arcadia 4; Shaffer, South Bakersfleld, Granada (Livermore), Cubber. ley, Harbor (Santa Cruz), Summerville, Crescenta Valley and Poly 3; Kennedy (Barstow), Locke, North (Riverside), Royal, Lassen, Yuba Clity, Pt. Loma and Esperanza 2; Bishop Diego, Miramonte (OrInda), Edison (Fresno), Corona del Mar, LA Lutheran, Gahr, Lincoln (San Jose), Oakland Tech. Monroe
and West Torrance 1.

College Park's Kevin Searls was the only area finalist Saturday to go unplaced. He ran a sub-par 9:51.1 two-mile for 20th. Defending champion Eric Hulst of Laguna Beach won


