

# High School TRACK

by KEITH CONNING

## CALIFORNIA PREPS IN EUROPE

U.S. - U.S.S.R. Junior Meet I, Donyetsk, USSR, July 4-5:

FREIDA COBBS of Berkeley, CHERI WILLIAMS of Livermore, and ALICE BROWN of Pasadena helped the U.S. junior track team to a 194-186 victory over the Soviet squad in the Ukrainian city of Donyetsk.

COBBS, a graduate of Berkeley High, stopped the clock at 54.72 in the 400 meters, while WILLIAMS, a graduate of Livermore High, captured the 1500 meters in 4:21.9. BROWN, a graduate of Muir High, won the 100 meters in 11.80. American women raced to a total of four victories.

KELIA BOLTON, a graduate of Hill High, San Jose, finished fourth in the 100 meters in 12.31. COBBS also took second in the 200 meters in 24.06. ARLISE EMERSON, a junior at Westminster High, took second in the 400 meters with 55.43. ANN REGAN, a junior at Camden High of San Jose, finished third in the 800 meters in

her same performance (144-4) and place (4th) as four days earlier. CHUCK ASSUMMA was third in the 5,000 meters in 14:37.4.

U.S. - West Germany - Great Britain, Libeck, W.G., July 11:

CHERI WILLIAMS was finally defeated despite running her 1500 in 4:22.9 for third place.

ALICE BROWN finished fifth in the 100 meters in 12.09. GWEN GARDNER took fourth in the 400 meters in 54.94 ahead of ARLISE EMERSON, who was sixth in 55.48. ANN REGAN was sixth in the 800 meters with 2:14.1. GWEN LOUD took fifth in the long jump at 19-10½.

CHRISTI PYLE placed third in the discus at 152-7 followed by the consistent throwing of LESLIE DENIZ - 144-3 for sixth. NELSON was third in the javelin at 158-1.

CHUCK ASSUMMA finished sixth in the 5,000 meters with 14:19.9.

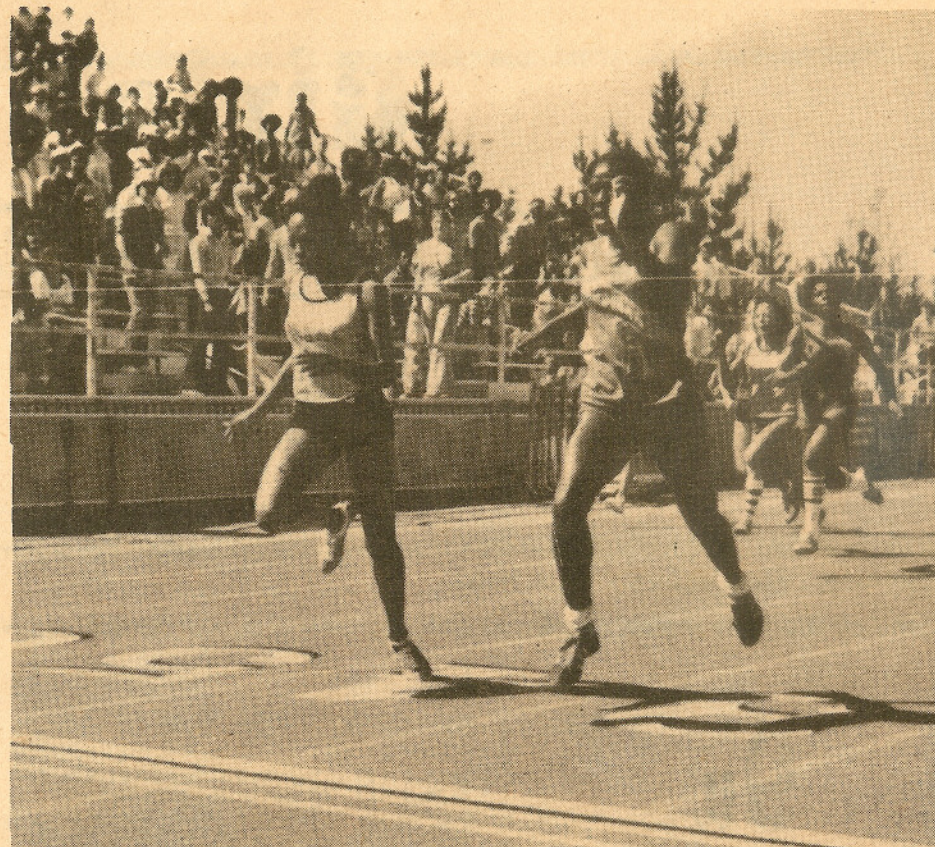


photo by Keith Conning

## KELIA BOLTON (left) & FREIDA COBBS

MOSLEY won a second gold, winning the 220 yards in 21.81. GREEN won the 140 in 47.76 and was third in the 100 with 9.89. TONY BANKS (Morse, San Diego) finished second behind GREEN in 48.76.

RON ROBERTS (Morse, San Diego) won the mile in 4:13.4.

ALONZO JACKSON (Oakland) placed third in the long jump at 24-1¾.

TONYA ALSTON (Chico) won the girls' high jump tying her record of 5-10 that she set in 1977.

BISHOP (West Covina) took third

of El Cerrito, sprinter KIM WEBSTER of DeAnza, and hurdler SHERIFA SANDERS of Oakland Tech. The three girls are members of White's Berkeley East Bay Track Club.

In the first cross country invitational of the season, LANSDON of Edison set a new course record of 15:30 at the Mammoth Invitational on Saturday, September 16. The old mark of 16:32 was set by GOMEZ of Valencia last year. LANSDON won by over twenty three seconds. In the girls race, VOGT of Palos Verdes is taking over where teammate

high, stopped the clock at 54.12 in the 400 meters, while WILLIAMS, a graduate of Livermore High, captured the 1500 meters in 4:21.9. BROWN, a graduate of Muir High, won the 100 meters in 11.80. American women raced to a total of four victories.

KELIA BOLTON, a graduate of Hill High, San Jose, finished fourth in the 100 meters in 12.31. COBBS also took second in the 200 meters in 24.06. ARLISE EMERSON, a junior at Westminster High, took second in the 400 meters with 55.43. ANN REGAN, a junior at Camden High of San Jose, finished third in the 800 meters in 2:07.3. GWEN LOUD, a junior at Westchester High of Los Angeles, took third in the long jump at 19-6 $\frac{1}{4}$ . CHRISTI PYLE, a graduate of Glendale's Hoover High, finished third in the discus with 151-3. Finishing fourth was LESLIE DENIZ, a sophomore from Fridley Union High, with 144-4. NELSON of Lakewood International took third in the javelin with 158-1.

The only male prep to make the team from California was CHUCK ASSUMMA, a junior at Eisenhower High in Rialto. ASSUMMA finished second in the 10,000 meters in 30:32.

U.S. — U.S.S.R. Junior Meet II, Donyetsk, USSR, July 8-9:

The American women's 4x100 team of ALICE BROWN, GWEN LOUD, FREIDA COBBS and KELIA BOLTON combined for a U.S. juniors record 44.91, cutting 0.23 off the 1977 national team's mark.

The U.S. 4x400 team of ARLISE EMERSON, GWEN GARDNER (Crenshaw, L.A.), MARION FRANKLIN (Balboa, San Francisco) and FREIDA COBBS was victorious in 3:43.2.

CHERI WILLIAMS won the 1500 in her season best - 4:20.9.

ALICE BROWN was second in the 100 meters in 11.64. KELIA BOLTON finished third in the 200 meters in 25.65. GWEN GARDNER also finished second in the 400 with 54.24 followed by MARION FRANKLIN in fourth with 55.08. ANN REGAN took fourth in the 800 meters with 2:12.5. GWEN LOUD again was third in the long jump with 19-6 $\frac{1}{4}$ . LESLIE DENIZ repeated

took fourth in the 400 meters in 54.94 ahead of ARLISE EMERSON, who was sixth in 55.48. ANN REGAN was sixth in the 800 meters with 2:14.1. GWEN LOUD took fifth in the long jump at 19-10 $\frac{1}{2}$ .

CHRISTI PYLE placed third in the discus at 152-7 followed by the consistent throwing of LESLIE DENIZ — 144-3 for sixth. NELSON was third in the javelin at 158-1.

CHUCK ASSUMMA finished sixth in the 5,000 meters with 14:19.9.

## NATIONAL JUNIOR OLYMPICS

National Junior Olympics, Lincoln, Nebraska, August 12-13:

KERRY MYERS (Berkeley) cleared 7-2 $\frac{1}{4}$  in the high jump to set a record in the 1978 National AAU Junior Olympics. MYERS eclipsed the old record of 7-0 by BILL HICE (Oakland - 1977) by two inches with his amazing leap. MYERS, who leaped a whopping 6-2 at the Richmond-Berkeley Athletic League Meet in May, soared 12 $\frac{1}{4}$  inches over that mark.

MYERS thinks rest and running were the keys to his sudden improvement. He spent the majority of the prep season jumping almost every day in practice. His legs got tired and, though he had a 6-7 $\frac{1}{4}$  mark early, he never came close to that mark again during the high school season.

He leaped 6-4 at the North Coast Section 4A Meet and 6-2 at the Meet of Champions, where he failed to make the State Meet. "It left a bitter taste in my mouth," MYERS said.

This summer, though, the improvement began. He went 6-6, then 6-8 $\frac{1}{2}$ , then 6-10 in successive meets and then 7-2 $\frac{1}{4}$ , a mark which is 16 $\frac{1}{4}$  inches over his head.

The Region 13 team of ROY MOSLEY (Norte Del Rio, Sacramento), MIKE WASHINGTON (Burbank, Sacramento), KIPPER BELL (Henry, San Diego) and BILL GREEN (Cubberley, Palo Alto) set a 440 yard relay record of 41.17.

MOSLEY won a second gold, winning the 220 yards in 21.81. GREEN won the 140 in 47.76 and was third in the 100 with 9.89. TONY BANKS (Morse, San Diego) finished second behind GREEN in 48.76.

RON ROBERTS (Morse, San Diego) won the mile in 4:13.4.

ALONZO JACKSON (Oakland) placed third in the long jump at 24-1 $\frac{3}{4}$ .

TONYA ALSTON (Chico) won the girls' high jump tying her record of 5-10 that she set in 1977.

BISHOP (West Covina) took third in the girl's javelin with 143-8.

Cal-bound MICHELLE HAWTHORNE (El Cerrito), the third-place finisher at the State Meet, was fourth in the hurdles in 14.14. SHERIFA SANDERS, who will be a sophomore at Berkeley in the fall after transferring from Oakland Technical, was seventh in the same event.

SHARON WARE (Berkeley) finished fourth in the 100 in 11.10, despite running 10.3 during a regional meet in Las Vegas.

JUDY YOUNG (El Cerrito) was eighth in the long jump at 18-8.

Tamalpais High product ALESIA SWEENEY was running third in the 400 hurdles, but came up on the eighth barrier with the wrong foot, panicked and ran around it. She should have been disqualified, but officials did not notice the illegality and SWEENEY finished fifth.

WARE, KIM WEBSTER (De Ariza, Richmond), and two Los Angeles Mercurettes — DENISE EDDINGTON (Los Angeles High) and MARBELL'A WASHINGTON (Centennial, Compton) — formed a Region 13 440 relay team which finished third in 47.1.

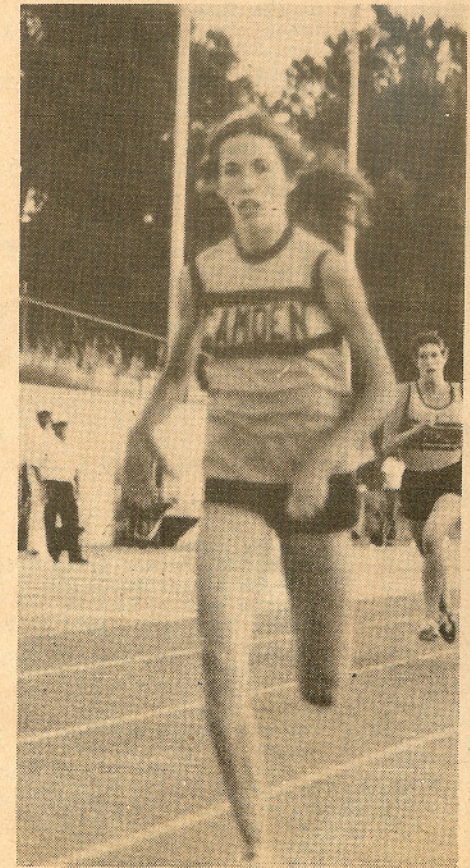
## PREP REPORT

The early girls' team favorite for the 1979 State Meet in track is Berkeley, despite losing super sprinter FREIDA COBBS and promising distance runner BRIDGETT FLYNN. Three new transfers with State Meet experience are coming to compete for Coach Willie White — long jumper JUDY YOUNG

of El Cerrito, sprinter KIM WEBSTER of DeAnza, and hurdler SHERIFA SANDERS of Oakland Tech. All three girls are members of White's Berkeley East Bay Track Club.

In the first cross country invitational of the season, LANSDON of Edison set a new course record of 15:38 at the Mammoth Invitational on Saturday, September 16. The old mark of 16:32 was set by GOMEZ of Valencia last year. LANSDON won by over twenty three seconds. In the girls race, VOGT of Palos Verdes is taking over where teammate SUSIE MEEK left off. VOGT won comfortably — twenty three second margin — over SHARON HULSE of Edison in 13:10.

photo by Dave Bronzan



ANN REGAN