

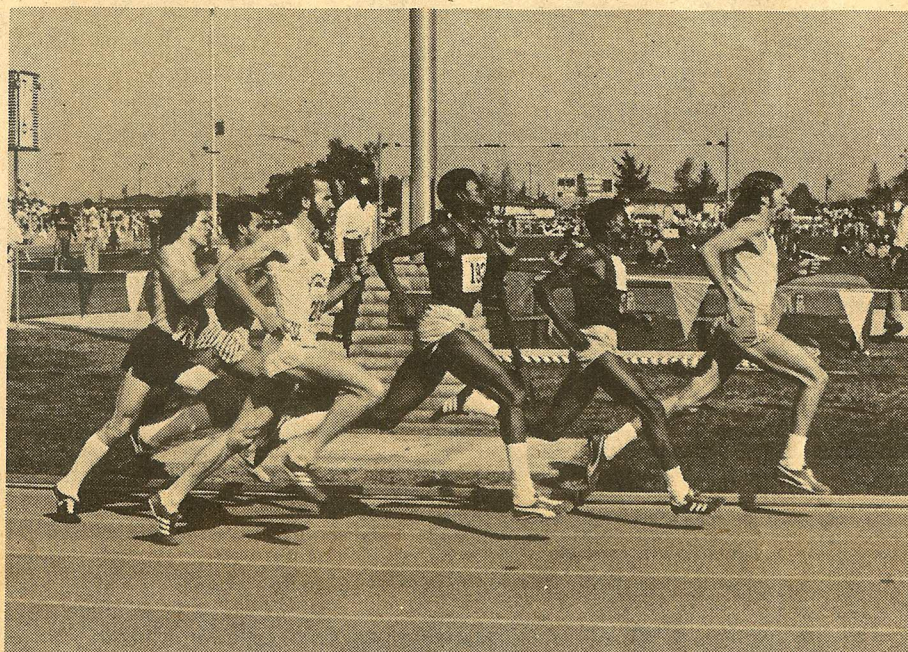
SAN JOSE RELAYS 1978

a possibility and he also has ambitious plans for the 1980 Olympics. "I did 29.7 once while practicing," Duncan insisted. "There were a couple of other guys there but nobody believes me. I did it because I took a 60 yard approach," he said. "I participated in several events in high school and I'm going to train for the decathlon as well as the long jump for the Moscow Olympics. It will be three

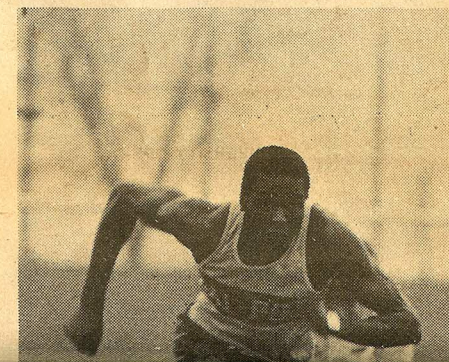
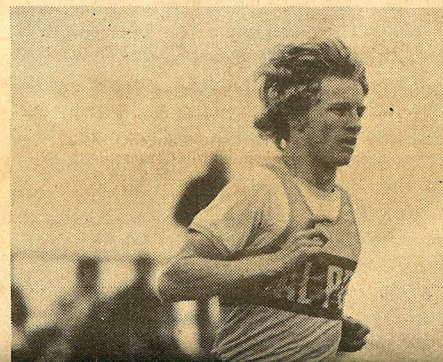
go to school in California," Evans related, "and I like it right here in San Jose. I've talked with Larry Livers(sprint and hurdles coach) of San Jose State. I'm definitely considering San Jose."

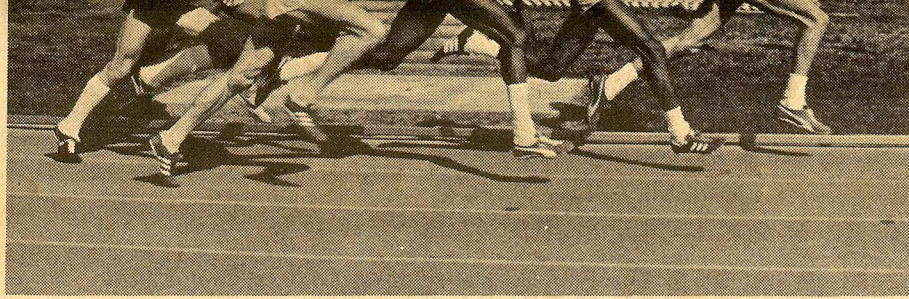
Eldon Walker of Laney College was a standout in the junior college division, winning the 100 meters in 10.4, and anchoring the 400 meter relay team to victory in 40.7.

Start of 5,000 Meter Run: winner, DUNCAN MACDONALD, is at far left.



800 Meter Run: MARK SCHILLING leads on the final turn.





800 Meter Run: MARK SCHILLING leads on the final turn.

With almost perfect track weather the standing room only crowd of 8,000 fans at the San Jose Relays were treated to some thrilling races and, although there were few records broken, some very good early season marks. There was some disappointment, however, in the large number of no-show athletes who had indicated they would participate but for one reason or another failed to make it to the starting line.

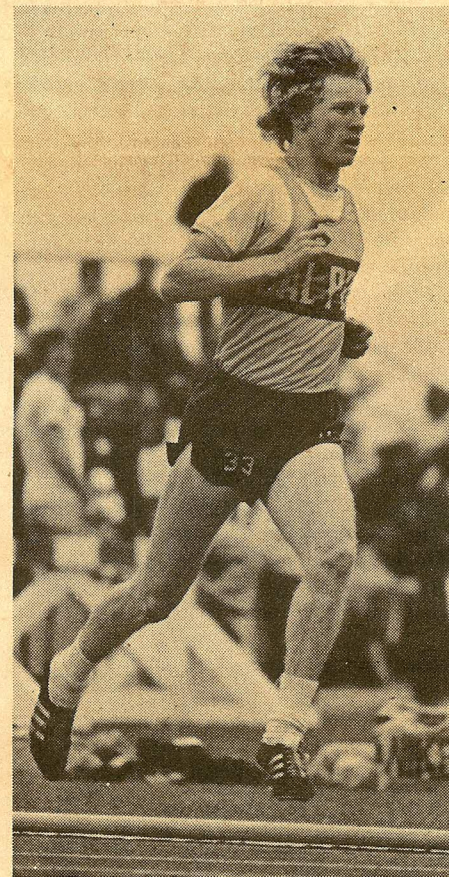
Other than in the high school division there was only one women's event: the shot put. And that event was the one where the biggest news came—a new American Record by Maren Seidler. Maren became the first American to throw over 60 feet outdoors (earlier this year she became the only American to go over 60 feet indoors with a 61-2½ tops). She had three puts over 60 feet, and wound up tossing 60-6½ for the outdoor mark. "I felt good because a lot of friends came to cheer me on," Seidler said of her performance. "I was going to be more than happy with a throw of 59, but three throws over 60... wow, that's great."

Other top performances in the open division were turned in by Washington State's Henry Rono in the 5,000, UCLA's Greg Foster in the 110 meter high hurdles, the Bay Area Striders' Ken Duncan in the long jump and the USC 880 relay.

Rono turned in an outstanding 5,000 time of 13:31.8, winning by almost 80 yards over Duncan McDonald of the West Valley Track Club. Rono ran like a machine, using teammate Joel Cheruyiot as a pacer for the first half of the race. Rono raced home with a 60 second last lap.

Foster clocked a fast 13.3 in the hurdles, coming from behind to nip the Philadelphia Pioneers' Charles Foster, who was second. Cal Poly San Luis Obispo's Joe Siai Siai, last year's state JC champ, was a surprising third ahead of UCLA's James Owens. Another surprising Cal Poly hurdler was Bart Williams in the 400 meter intermediates. Bart nearly stole the show with a life-time best of 49.5, the same time as winner Quentin Wheeler of Cal.

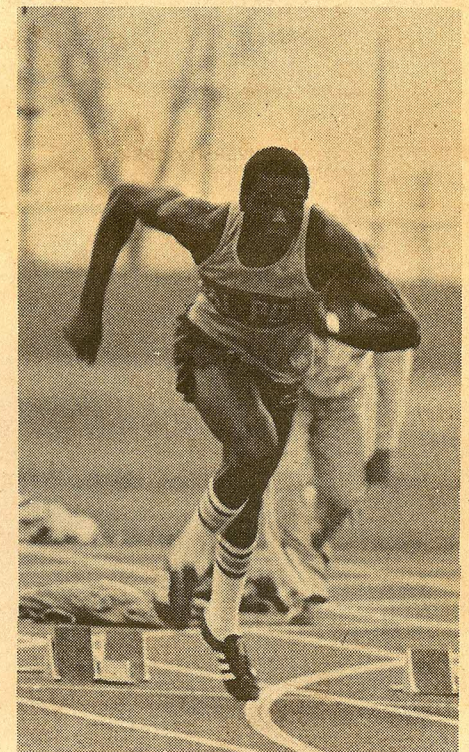
Ken Duncan showed his old form in winning the long jump with a windy 26-7. The wind was just three-tenths over the allowable 5.0 miles per hour. He did have a legal 25-7. Duncan, who set the national high school long jump record of 26-2 while attending McClatchey High School of Sacramento in 1972, had until now virtually dropped out of the picture. "I'm about a month away from being in good shape and when I get stronger and get my technique down I feel I can do 28 feet," Duncan said. Looking ahead, Duncan sees 30 feet as



DAN ALDRIDGE wins the mile

tough days but it could be worth it. I could really be somebody after that."

Other noted winners in the open division were Dwayne Evans of Phoenix, who won both sprints in 10.5 and 20.7, and Ian Campbell of Washington State in the triple jump at 54-8¾. Evans competed for the University of Arizona last year as a freshman but has transferred to Phoenix College. He isn't competing for the Phoenix team because he wants to save a year of eligibility. He's currently leaning toward enrolling at San Jose State next season as he would lose a year if he opted for a Pac-8 or Western Athletic Conference school. "I'd like to



JOE SIAI SIAI fast 3rd. in highs

The host Jaguars received impressive performances from Andre Phillips who set a school record of 52.1 in the 400 meter intermediates, and Thurlis Gibbs who won the high jump at 7-0.

All-in-all, it was a great show. Meet Director, Bert Bonnano, and his staff should be quite pleased. I just wish the meet wasn't on the same day as the Meet of Champions in Irvine — another outstanding meet, but one can't be in two places at once.

Joel Wyrick of Mt. Pleasant-San Jose won the high jump with his career best of 6-10, despite competing with a sore back.

"It still blows my mind," he said later. I felt like a cripple today. But my day (a former San Jose State high jump star) kept saying, 'You can't jump. You can't do it.' I guess he kinda got me mad."

Six records were set in the high school division. Camden's Ann Regan won the 880 in 2:11.5 and Hill's Kelia Bolton won the 100 meters in 11.7. Bolton and Eileen Parker of Oceana are new to the high school ranks, having competed for the Millbrae Lions AAU club until now. Parker had the same time as Bolton.

Dokie Williams of El Camino, who also won the triple jump, took the long in a record-setting 23-8 $\frac{3}{4}$. Other meet records were by Antelope Valley's Mark Bryant in the discus (185-8), the Berkeley girls' 440 relay team of Carolyn Ruff, Kim White, Freida Cobbs, and sensational freshman Sharon Ware in 47.6, and the Pittsburg boys mile relay of Bobby Jackson, Bobby Hilton, Craig Lawson, and Dennis Smith in 3:21.9.

Another highlight was the two-mile run, where Mt. Pleasant's Carlos Carrasco and Carlmont's Bob Love staged their expected duel. Carrasco won it by better than two seconds with a 9:06.2.

Richmond's Mike White captured the 880 in 1:54.6. He also anchored his mile relay team with a split of 48.9.

results

UNIVERSITY-OPEN

100 METERS—1. Evans (unat, Phoenix), 10.50 (3.50 m.p.h. wind against); 2. Lewis (San Jose CC), 10.56; 3. K. Williams (USC), 10.71; 4. Campbell (Washington St.), 10.72; 5. Peyton (Bay Area Striders), 10.91; 6. Hampton (Muhammad Ali TC), 10.92.

200—1. Evans (unat, Phoenix), 20.7 (wind 2.2 m.p.h.); 2. Jordan (Staters TC), 21.0; 3. Hampton (Muhammad Ali TC), 21.1; 4. Simmons (Tobias Striders), 21.5.

400—1. Taylor (Phil Blomberg), 46.4

POLE VAULT—1. Tully (UCLA), 17-10 $\frac{1}{2}$; 2. Haynie (Quest TC), 17-0; 3. Brown (UCLA), 16-6; 4. Laz (unat, Los Angeles), 16-6; no fifth.

HIGH JUMP—1. Jacobs (Fairleigh Dickinson), 7-4; 2. Brown (All-American TC), 7-2; 3. Wilson (unat), 6-10; 4. Nelson (San Jose St.), 6-10; 5. Walker (USC), 6-8.

TRIPLE JUMP—1. Campbell (Washington St.), 54-8; 2. Carlos (BA Striders), 53-1; 3. Tiff (Tobias Striders), 52-9 $\frac{3}{4}$; 4. Assef (USC), 50-11; 5. Jackson (USC), 50-3 $\frac{3}{4}$.

SHOTPUT—1. Feuerbach (Athletes West), 65-5; 2. Dolegiewicz (Canada), 63-8; 3. Wilkins (Athletes West), 63-5; 4. Weeks (unat, San Jose), 62-9; 5. Laut (UCLA), 62-2.

WOMEN'S SHOTPUT—1. Seidler (SJ Stars), 60-6 $\frac{1}{2}$ (American record, old mark, 56-7, Seidler, 1974); 2. Mecklenberg (Seattle Pacific), 48-6 $\frac{1}{2}$; 3. Griffin (Seattle Pacific), 46-2.

JUNIOR COLLEGE

100—1. Walker (Laney), 10.4 (2.9 m.p.h. wind against); 2. Garner (Fullerton), 10.5; 3. Rochel (San Jose), 10.6; 4. Kent (Laney), 10.6.

TWO MILE—1. Smith (Skyline), 9:03.6; 2. Leano (Porterville), 9:04.2; 3. Hitchcock (Sierra), 9:04.8; 4. Ebner (Mt. San Antonio), 9:08.0.

3,000 STEEPLECHASE—1. Leano (Porterville), 9:11.6; 2. Dean (Full), 9:13.6; 3. Amable (Skyline), 9:15.0.

110M—1. Higgins (El Camino), 14.5; 2. Hunt (Full), 14.5; 3. Dorvall (Butte), 14.5 (14.48 in heat); 4. Hickey (Laney), 14.8.

400M—1. Phillips (San Jose), 52.10; 2. Dorvall (Butte), 52.80; 3. tie between Marjama (Butte) and Richardson (Pasadena), 53.05; 5. O'Malley (Cerritos), 53.61.

400 RELAY—1. Laney, 40.7; 2. Alameda, 41.1; 3. Sacramento, 41.2; 4. Fullerton, 41.4; 5. Contra Costa, 41.5.

880 RELAY—1. Fullerton, 1:27.2; 2. Cosumnes River, 1:27.2; 3. Sacramento, 1:27.2; 4. Pasadena, 1:28.4; 5. Valley, 1:28.4.

MILE RELAY—1. Laney, 3:14.9; 2. Fullerton, 3:16.0; 3. Pasadena, 3:18.9; 4. Cerritos, 3:19.1; 5. El Camino, 3:19.3; 6. Bakersfield, 3:19.6.

TWO MILE RELAY—1. Laney, 7:47.4; 2. Glendale, 7:48.4; 3. American River, 7:49.2; 5. Bakersfield, 7:50.6.

DISTANCE MEDLEY RELAY—1. Valley, 10:15.4; 2. Glendale, 10:00.0; 3. Sierra, 10:05.6; 4. West Valley, 10:09.0; 5. Yuba, 10:15.4.

JAVELIN—1. Carl (Canyons), 209-6; 2. tie between Jadwin (Bakersfield) and Iosin (El Camino), 207-6; 4. Lawrence (Santa Rosa), 195-6; 5. Jewell (Glendale), 191-10.

DISCUS—1. Taffalls (Skyline), 162-2; 2. Berquest (Foothill), 158-8; 3. Albritton (Santa Rosa), 155-4; 4. Williamson (Glendale), 155-2; 5. Lettow (Grossmont), 154-11.

TRIPLE JUMP—1. Williams (Pasadena), 50-1; 2. Moreno (San Jose), 48-3 $\frac{1}{2}$; 3. Frazier (Cosumnes River), 49-2 $\frac{1}{2}$; 4. DeCaro (Glendale), 48-6 $\frac{1}{2}$; 5. Lomax (Mt. Sac.), 48-5 $\frac{1}{2}$.

PRE!

THE CAREER—IN WORDS AND PICTURES—OF AMERICA'S GREATEST DISTANCE RUNNER.

By Tom Jordan

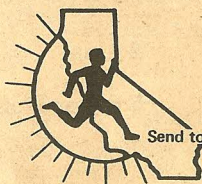
Occasionally, in the history of a sport, an athlete appears who captures the imagination and affection of the fans, an affection which lasts through success and failure, controversy and congratulation. Steve Prefontaine was such an athlete, and PRE! is the story of his exceptional career.

From Pre's athletic start as a 9th-grader in the small town of Coos Bay, Oregon, to his last race in front of "his people" in Eugene, Track & Field News writer Tom Jordan chronicles the rise of this running prodigy who, before his death, came to hold every American record from 2000 to 10,000 meters.

Relying greatly on those who knew Pre the athlete best—his friends, running rivals, and fans—PRE! captures as well something of the personal qualities of a runner who was idolized by some and dismissed as arrogant by others. Detailed, too, through reminiscence and 65 photos from throughout his career, is Prefontaine's unique relationship with the people of his adopted town of Eugene.

PRE! is a book for them, and for anyone who marvelled, during that special era, at the accomplishments of this magnificent athlete.

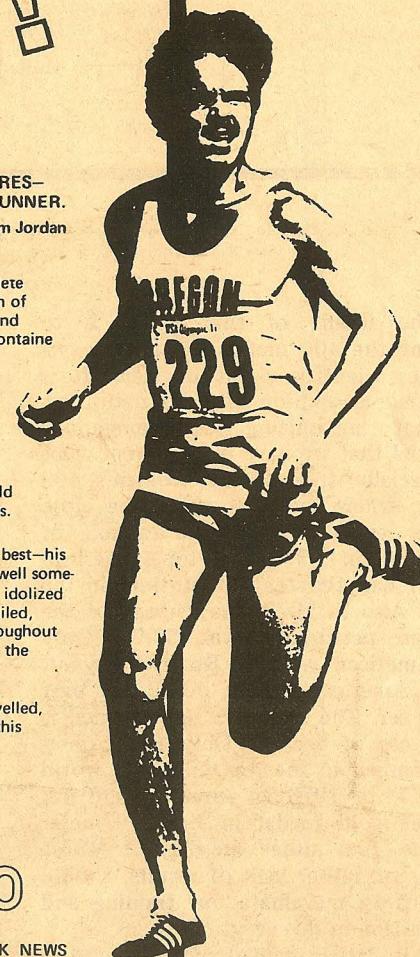
65 photos. Statistical appendix. 128 pages.



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results

UNIVERSITY-OPEN

100 METERS—1. Evans (unat, Phoenix), 10.50 (3.50 m.p.h. wind against); 2. Lewis (San Jose CC), 10.56; 3. K. Williams (USC), 10.71; 4. Campbell (Washington St.), 10.72; 5. Peyton (Bay Area Striders), 10.91; 6. Hampton (Muhammad Ali TC), 10.92.

200—1. Evans (unat, Phoenix), 20.7 (wind 2.2 m.p.h.); 2. Jordan (Statens TC), 21.0; 3. Hampton (Muhammad Ali TC), 21.1; 4. Simmons (Tobias Striders), 21.5.

400—1. Taylor (Phil. Pioneers), 46.4; 2. Kaban (Washington St.), 46.8; 3. Sheals (Stanford), 46.9; 4. Solomon (Phil. Pioneers), 47.0.

800—1. Omwansa (USC), 1:48.5; 2. Cassleman (Pacific Coast Club), 1:48.8; 3. Schilling (Puma TC), 1:48.8; 4. Clifford (California), 1:48.9; 5. Johnson (USC), 1:49.4.

MILE—1. Aldridge (Cal Poly SLO), 4:04.5; 2. Brown (unat, Berkeley), 4:05.3; 3. Cheruyot (Washington St.), 4:05.8; 4. Lobsinger (Stanford), 4:06.2; 5. Rono (Washington St.), 4:07.5.

5,000—1. Rono (Washington St.), 13:31.8; 2. Macdonald (West Valley TC), 13:52.4; 3. Cheruyot (Washington St.), 13:53.4; 4. Tuttle (Tobias Striders), 14:04.0; 5. Kissin (Stanford), 14:11.0.

10,000—1. G. Foster (UCLA), 13.3 (2.3 m.p.h. wind against); 2. C. Foster (Phil. Pioneers), 13.4; 3. Sial Sial (Cal Poly SLO), 13.7; 4. Owens (UCLA), 13.9; 5. Johnson (Tobias Striders), 13.9.

400H—1. Wheeler (Cal), 49.5; 2. B. Williams (Athletes In Action), 49.5; 3. King (unat, San Diego), 50.1; 4. Graybehl (USC), 51.1; 5. Young (UCLA), 52.5.

400 RELAY—1. Philadelphia Pioneers (Wells, Frazier, Collins, Riddick), 39.18; 2. Tobias Striders, 39.29; 3. USC, 39.31; 4. San Jose CC, 40.21; 5. Cal Poly SLO, 50.52.

800 RELAY—1. USC (J. Andrews, Sanford, Mullins, Edwards), 1:21.8; 2. Phil. Pioneers, 1:21.9; 3. Tobias Striders, 1:22.7; 4. San Jose St., 1:23.3; 5. Stanford, 1:23.4.

MILE RELAY—1. USC (Graybehl, Beaton, Mullins, Sanford), 3:07.4; 2. Cal Poly SLO, 3:11.0; 3. San Jose CC, 3:11.5; no fourth.

TWO MILE RELAY—1. USC (Omwansa, Walters, Johnson, Beaton), 7:24.8; 2. Stanford, 7:29.4; 3. Cal Poly SLO, 7:30.0; 4. West Valley TC, 7:43.2; no fifth.

LONG JUMP—1. Duncan (BA Striders), 26-7w (25-7 legal); 2. Lofton (Stanford), 25-7; 3. Doubly (unat), 25-7 (Lofton second on second best jump, 25-2 to 24-2w); 4. Steffes (West Valley TC), 23-11w; no fifth.

JAVELIN—1. Ewaliko (Club Northwest), 256-6; 2. Strickland (Club Northwest), 252-10; 3. Kennedy (San Jose Stars), 238-7; 4. Carpenter (Athletes In Action), 237-9; 4. Guy (Cal), 235-9.

DISCUS—1. McGoldrick (SJ Stars), 190-11; 2. Weeks (unat, San Jose), 190-1; 3. Endler (Fresno St.), 170-1; 4. Buss (Stanford), 169-1; 5. Santiago (Cal), 166-0.

MILE RELAY—1. Laney, 3:14.9; 2. Fullerton, 3:16.0; 3. Pasadena, 3:18.9; 4. Cerritos, 3:19.1; 5. El Camino, 3:19.3; 6. Bakersfield, 3:19.6.

TWO MILE RELAY—1. Laney, 7:47.4; 2. Glendale, 7:48.4; 3. American River, 7:49.2; 5. Bakersfield, 7:50.6.

DISTANCE MEDLEY RELAY—1. Valley, 10:15.4; 2. Glendale, 10:00.0; 3. Sierra, 10:05.6; 4. West Valley, 10:09.0; 5. Yuba, 10:15.4.

JAVELIN—1. Carli (Canyons), 209-6; 2. tie between Jadwin (Bakersfield) and Josin (El Camino), 207-6; 4. Lawrey (Santa Rosa), 195-6; 5. Jewell (Glendale), 191-10.

DISCUS—1. Tafralls (Skyline), 162-2; 2. Berquest (Foothill), 158-8; 3. Albritton (Santa Rosa), 155-4; 4. Williams (Glendale), 155-2; 5. Lettow (Grossmont), 154-11.

TRIPLE JUMP—1. Williams (Pasadena), 50-1; 2. Moreno (San Jose), 48-3/4; 3. Frazier (Cosumnes River), 49-2/4; 4. DeCaro (Glendale), 48-6/4; 5. Lomax (Mt. Sac.), 48-5/4.

SHOTPUT—1. Johnson (Full), 54-1; 2. Tafralls (Skyline), 53-7/4; 3. Rossini (Foothill), 52-0/4; 4. Fuchs (Pasadena), 52-0.

HIGH SCHOOL DIVISION

100 METERS—1. McNeal (Oakland), 10.5; 2. T. White (Richmond), 10.6; 3. Green (Cubberley), 10.6; 860—1. M. White (Richmond), 1:54.3; 2. Hale (Stagg, Stockton), 1:54.3; 3. Montgomery (La Canada), 1:55.7.

MILE—1. Carrasco (Mt. Pleasant, SJ), 9:06.2; 2. Love (Carlmont, Belmont), 9:08.3; 3. Holladay (Gilroy), 9:16.6; 1200H—1. Dixon (Sequoia), 13.9w (4.6 m.p.h.); 2. Cowling (Sacramento), 14.0; 3. M. White (Richmond), 14.2; 440 RELAY—1. Oakland, 42.1; 2. Mt. Pleasant (SJ), 43.1; 3. Sacramento, 43.2.

MILE RELAY—1. Pittsburg, 3:21.9; 2. Carlmont, 3:22.1; 3. Del Mar, 3:22.2; 4. Oakland, 3:22.2; 5. Richmond, 3:22.5.

PV—1. G. Ernst (El Dorado), 15-6; 2. Tardieu (Del Mar, SJ), 14-6/4; 3. McAlexander (Monte Vista, Cupertino), 14-6/4; 4. White (La Canada), 14-0/4.

DT—1. Bryant (Antelope Valley), 185-8; 2. Struble (Sunnyvale), 171-6; 3. Frazee (Bella Vista, Sac.), 170-8; SP—1. Pole (El Capitan), 58-6/4; 2. Parker (St. Ignace, SF), 57-7; 3. Sorenson (Sunnyvale), 56-11/4; HJ—1. Wyrick (Mt. Pleasant, SJ), 6-10; 2. Montgomery (El Camino, Oceanside), 6-8; 3. Anderson (McLane, Fresno), 6-8.

TJ—1. D. Williams (El Camino, Ocean), 48-1; 2. Coulter (Piner, Santa Rosa), 47-3; 3. Sanders (Grant, Sac.), 47-2/4.

GIRLS: 100—1. Bolton (Hill, SJ), 11.7; 2. Parker (Oceanside, Daly City), 11.7; 3. Cobbs (Berkeley), 11.9; 4. Ware (Berkeley), 11.9; 860—1. Regan (Camden, SJ), 2:11.5; 2. Belk (Silver Creek, SJ), 2:11.6; 3. Williams (Livermore), 2:11.6; 4. Bowers (American, Fremont), 2:14.5; 440 RELAY—1. Berkeley, 47-6; 2. Silver Creek (SJ), 48-9; 3. Hill (SJ), 49-4; 4. Lynbrook (SJ), 49-6; 5. Tamarpais, 49-9.

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USTFF NATIONAL MASTERS INDOOR - LINCOLN, NEBRASKA



Following the national and state track meets, which began the United States Track and Field season last fall, the running community has been busy with the indoor season. The first of these was the USTFF National Masters Indoor Track Meet, held in Lincoln, Nebraska, on February 19-20, 1977. The meet was held at the Lincoln Convention Center and was the first of a series of indoor track meets to be held in the United States. The meet was a success and drew a large crowd of spectators. The results of the meet are listed on the following pages.

RUNNING NEWS is good news for Masters, High School, College and age group runners. We feature coverage of meets and races, articles on workouts, race walking, orienteering, and lots of pictures. RN offers a comprehensive meet calendar and race and meet results. In April we began a new FUN RUN section with a Fun Run Calendar. Try RUNNING NEWS, you'll like it.

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Preps impress each other in San Jose track meet

Midpeninsula track and field athletes got a good look at some of the top prep talent from Southern California during Saturday's San Jose Relays.

And the southerners, meanwhile, got a good look at what the north has to offer this year.

Both sections of the state had to come away impressed with the other as many of the top marks and times in the state were recorded during the day-long activities at San Jose City College.

For openers, there was a 23-8½ meet record in the long jump by Dokie Williams of Oceanside High of Southern California and a 48-1 triple jump by this same All-American football player.

And then there was a 185-8 meet record in the discus by Antelope Valley's Mark Bryant and a 58-6½ shot put by Ken Pole of Southern California's El Capitan High.

Obviously, many of those Southern California athletes who will be in this year's state meet were not present Saturday. But even if the south had been at full strength, the north still might have prevailed.

In the 11 events held in the prep division, NorCal schools won seven. In the three girls' events, the north swept 3-0.

Joel Wyrick of Mt. Pleasant was

perhaps the top prep performer Saturday, winning the high jump with a Central Coast Section best of 6-10. He overcame a sore back which he injured playing basketball the day before the meet and jumped with a borrowed shoe.

Joining Wyrick in the winner's circle was teammate Carlos Carrasco, who out-dueled Carlmont's Bob Love in taking the two-mile in a CCS best of 9:06.2

Windle McNeal of Oakland sped to a 10.5 in the 100 meters, tying the first-place time in the open 100 while Greg Ernst of El Dorado cleared 15-6 to win the pole vault.

Area athletes also had their moment to shine while others turned in top marks and times while finishing among the top five.

Malcom Dixon of Sequoia turned in the fastest, albeit wind-aided, time in Northern California this season in winning the 120-yard high hurdles in 13.9. It is the second best mark ever in South Peninsula Athletic League annals.

Bill Green of Cubberley took third in the 100 meters but clocked a flashy 10.6 while the Carlmont mile relay unit sped to a CCS best of 3:22.1 in sweeping the field.

Steve Struble of Sunnyvale was a second-place finisher in the discus with a throw of 171-6, Ross McA-

lexander of Monta Vista was third in the pole vault at 14-6½, Bill Green of Fremont was fourth in the discus at 165-10, Steve Finley of Cupertino was fourth in the long jump at 21-10½, Cupertino's Steve Guthrie was fourth in the high hurdles with a wind-aided 14.4 and Dave Avila of Cupertino sped to a CCS best of 1:56.7 in the 880 despite taking sixth. Sunnyvale's Joe Sorenson was third in the shot put with a best of 56-11½.

Area community college athletes also found their way into the spotlight despite extremely tough competition.

Neil Berquist of Foothill managed a season-best of 158-8 and took second in the discus while teammate Gian Rossini came within a few inches of his season best in taking third in the shot put with a heave of 52-0½.

Eldon Walker of Laney, meanwhile, clocked the fastest 100 meters of the day--in any division--with a 10.4 time and Thurliss Gibbs of San Jose City College led three high jumpers over the bar at 7-0.

Andre Phillips of SJCC clocked one of the fastest 400 intermediate hurdle times in the nation for CC athletes with a winning 52.10 and former Menlo-Atherton star Paul Bates captured the long jump with a windy 24-8½.

San Jose Relays CC, prep results

Community College

3,000 meter steeplechase—Leano (Porterville) 9:11.6, Dean (Fullerton) 9:13.6, Amable (Skyline) 9:15.0.

100 meters—Walker (Laney) 10.4, Gardner (Fullerton) 10.5, Rachol (San Jose) 10.6.

110 HH—Higgins (El Camino) 14.5, Hunt (Fullerton) 14.5, Dorvall (Butte) 14.5.

Distance medley—Los Angeles Valley 9:59.8 (meet record), old mark 10:06.0 by Fullerton, 1976), Glendale 10:00.0, Sierra 10:05.6.

400-meter relay—Laney 40.7, Alameda 41.1, Sacramento 41.2.

400 IH—Phillips (San Jose) 52.10, Dorvall (Butte) 52.8, Marjama (Butte) 53.05.

2-mile relay—Laney 7:47.4, Glendale 7:48.4, American River 7:49.2.

2-mile—Smith (Highline, Wash.) 9:03.6, Leano (Porterville) 9:04.2, Hitchcock (Sierra) 9:04.8.

880 relay—Fullerton 1:27.2, Cosumnes River 1:27.2, Sacramento 1:27.2.

Mile relay—Pasadena 3:18.9, Cerritos 3:19.1, El Camino 3:19.3.

Long jump—Bates (San Mateo) 24-8½w, Durham (Alameda) 24-8w, Webster (Mt. SAC) 23-9½.

Javelin—Carli (Canyons) 209, Jadin (Bakersfield) 207-6, Isola (El Camino) 207-6.

Discus—Tafralls (Skyline) 162-2, Berquist

(Foothill) 158-8, Albritton (Santa Rosa) 155-4.

High jump—Gibbs (San Jose) 7-0, Smith (Mt. SAC) 7-0, Radan (Sacramento) 7-0.

Shot put—Johnson (Fullerton) 54-1, Tafralls (Skyline) 53-7½, Rossini (Foothill) 52-0½.

Triple jump—Williams (Pasadena) 50-1, Moreno (San Jose) 49-3½, Frazier (Cosumnes River) 49-2½.

Pole vault—Warner (El Camino) 16-6½, Mulligan (West Valley) 16-6½, Binau (San Jose) 16-0¾.

High School

440 relay—(1st section) Cubberley 43.4, Balboa 43.8, Cupertino 44.2, Fremont 44.4 (2nd section) Oakland 42.1, Mt. Pleasant 43.1, Sacramento 43.2, Hiram Johnson 43.6.

100 meters—McNeal (Oakland) 10.5, White (Richmond) 10.6, Green (Cubberley) 10.6.

120HH—Dixon (Sequoia) 13.9w, Cowling (Sacramento) 14.0w, White (Richmond) 14.2w.

Triple jump—D. Williams (Oceanside) 48-1, Colter (Piner) 47-3½, Sanders (Grant) 47-2½.

Shot put—Pole (El Capitan) 58-6½, Parker (St. Ignace) 57-7, Sorenson (Sunnyvale) 56-11½.

High jump—Wyrick (Mt. Pleasant) 6-10, Montgomery (Oceanside) 6-8, Anderson (McLane-Fresno) 6-8.

Discus—Bryant (Antelope Valley) 185-8,

(meet record, previous mark 179-10 by Watkins, Mitty, 1974); Struble (Sunnyvale) 171-6, Frazee (Bella Vista) 170-8.

Pole vault—Ernst (El Dorado) 15-6, Tardieu (Del Mar) 14-6½, McAlexander (Monta Vista) 14-6½.

Long jump—D. Williams (Oceanside) 23-8½ (meet record, old mark 23-7 by Bates, M-A, 1977); Fernandez (Castro Valley) 22-9¾, Palmer (Vacaville) 22-4¾.

880—White (Richmond) 1:54.6, Hale (Stagg) 1:54.6, Montgomery (La Canada) 1:55.7.

Mile relay—(1st section) Pittsburg 3:21.9 (meet record, old mark 3:22.1 by North Del Rio, 1974), Del Mar 3:22.2, Oakland 3:22.2, Lincoln (SF) 3:23.7 (2nd section) Carlmont 3:22.1, Richmond 3:22.5, Highlands 3:22.7, Liberty Union 3:23.3.

Girls Division

880—Regan (Camden) 2:11.5 (meet record, old mark 2:21.8 by Goen, North Bakersfield, 1977), Belk (Silver Creek) 2:11.6, Williams (Livermore) 2:11.6.

100 meters—Bolton (Hill) 11.7 (meet record, old mark 12.22 by Durnell, Redwood, 1977), Parker (Oceanside) 11.7, Cobbs (Berkeley) 11.9.

440 relay—(1st section) Hill 49.45, Turlock 51.11, Carlmont 51.24, Leigh 51.8 (2nd section) Berkeley 47.6 (meet record, old mark 48.77 by Silver Creek, 1977), Silver Creek 48.9, Lynbrook 49.6, Tamalpais 49.9.