

May 28: Cal State Hayward. Pacific Association of the AAU Track and Field Championships.

Men's 10,000 Meter Run: 1. Dennis O'Halloran (Aggie) 30:57; 2. Mike Emery (Camino West) 31:03; 3. Rich Bega (Army) 31:28; 4. Ted Quintana (WVTC) 32:38.8; 5. Bryan Carrol (Unatt) 32:48.0 - Carrol is 14 years old.

Women's 10,000 Meter Run: 1. Marilyn Taylor (WVTC) 37:57.8; 2. Linda VanHousen (Woodside Striders) 39:02.8; 3. Becky Schmit (Woodside Striders) 40:29.4.

Women's 100 Meter Hurdles: 1. Lavonne Neal (Army) 14.4; 2. Patti O'Rourke (Unatt) 16.1; 3. Heidi Ellis (Orinda TC) 17.2.

Men's Hammer Throw: 1. Scott Leishman (Army) 56:52; 2. Paul Oswald (WVTC) 54.82; 3. David Weiner (Army) 54.72.

Men's 5,000 Meter Walk: 1. Neal Pike (Sequoia AC) 20:54.0; 2. Joe Berendt (Army) 21:58.0; 3. Ray Sharp (Unatt) 22:16.8.

Women's 5,000 Meter Walk: 1. Lori Maynard (Woodside Striders) 26:39.2; 2. Kathy Curtis (Unatt) 32:43.6; 3. Jennifer Gilbert (Army) 33:09.4.

Women's 400 Meter Hurdles: 1. Joy Upshaw (Berkeley TC) 64.0; 2. Stephaie Ratcliff (HATC) 64.4; 3. Nancy O'Connell (Unatt) 64.6.

Men's Shot Put: 1. Bishop Dolegiewiez (Maccabi Union) 63-9/4; 2. Richard Marks (WVTC) 58-11 1/2; 3. Bruce Parker (WVTC) 55-10 1/2.

Men's 400 Meter Intermediate Hurdles: 1. Wendell Angel (Army) 51.8; 2. Peter Grimes (UC Berkeley) 53.2; 3. Jim Wyatt (WVTC) 54.4.

Women's 400 Meter Dash: 1. Rhonda Hobday (Army) 57.3; 2. Legretta Williams (Reno TC) 58.9; 3. Kristen Helper (Orinda TC) 59.0.

Men's 400 Meter Dash: 1. James Robinson (Intercity AC) 46.8; 2. Howard Brock (Army) 47.6; 3. Domenic Marcheschi (Unatt) 48.4.

Women's 1500 Meter Run: 1. Phyllis Olrich (SJ Cindergals) 4:37.1; 2. Tracy Wong (Unatt) 4:33.4; 3. Lisa Fong (Unatt) 4:44.

Men 1500 Meter Run: 1. Roy Kissin (WVTC) 3:50.2; 2. Mike Porter (WVTC) 3:50.2; 3. Pete Sweeney (Aggies) 3:51.1.

Women's Long Jump: 1. Karen Elmore (Millbrae Lions) 18-3 1/4; 2. Gigi Hurley (Millbrae Lions) 17-5; 3. Ryoko Hattori (Millbrae Lions) 17-1 1/4.

Women's 100 Meter Dash: 1. Rhonda Hobday (Army) 12.4; 2. Delphina Banks (Unatt) 12.6; 3. Kim Moore (Army) 12.8.

Men's 100 Meter Dash: 1. Eddie Hart (Bay Area Striders) 10.3; 2. Edward Jones, Jr. (Unatt) 10.4; 3. Paul Desmet (WVTC) 10.4.

Women's Javelin: 1. Beth Lynn Cannon (Millbrae Lions) 175-9; 2. Cathy Ann Sulinski (Millbrae Lions) 167-8; 3. Barbara Whitfield (Unatt) 167-6.

Women's Discus: 1. Linda Read (Unatt) 147-10; 2. Kris York (Unatt) 147-1; 3. Wendy Robinson (Unatt) 139-10.

Women's Long Jump: 1. Karen Elmore (Millbrae Lions) 18-3 1/4; 2. Gigi Hurley (Millbrae Lions) 17-5; 3. Ryoko Hattori (Millbrae Lions) 17-1 1/4.

Men's High Jump: 1. Joel Wyrick (SJCC) 7-0 1/4; 2. Keith Dimes (Unatt) 6-0 1/4; 3. Doug Reinhardt (Unatt) 6-10 1/4.

Men 110 Meter High Hurdles: 1. Duddy Cooper (Bay Area Striders) 13.9; 2. Pete Austin (Unatt) 14.0; 3. John Roberts (USAF) 14.2.

Women's 800 Meter Run: 1. Luanne Park (Butte) 2:16.2; 2. Suzanne Martinez (Unatt) 2:17.0; 3. Maree Hanson (Orinda TC) 2:19.9.

Men's 800 Meter Run: 1. Cliff West (Bay Area Striders) 1:50.5; 2. John Davis (Army) 1:51.5; 3. Dexter Adams (Army) 1:55.0.

Women's Shot Put: 1. Linda Read (Unatt) 40-0 1/2; 2. Wendy Robinson (Butte) 39-9; 3. Kim Daniel (HATC) 35-8 1/4.

Men's 200 Meter Dash: 1. Jerry Jordan (Bay Area Striders) 20.7; 2. Millard Hampton (Bay Area Striders) 20.9; 3. Edward Jones Jr. (Unatt) 21.0.

Pole Vault: 1. Doug Bockmiller (Bay Area Striders) 16-0; 2. Randy Ruzicka (Unatt) 16-0; 3. Bob Olson (CSUH) 15-0.

3,000 Meter Steeplechase: 1. Terry Crews (Unatt) 9:13.6; 2. Bill Joseph (Unatt) 9:40.7; 3. Vance Eberly (PWTC) 9:44.2.

Women's 880 Yard Medley Relay: 1. Millbrae Lions Track Club 1:45.0; 2. Army 1:50.8; 3. Hilltop Track Club 2:06.9.

Men's Javelin: 1. Tom Walker (Sports Afoot) 237-5; 2. Bruce Kennedy (SJ Stars) 229-9; 3. Ross Parish (WVTC) 222-6.

Men's Discus: 1. Knute Hjeltneq (Bay Area Striders) 225-7; 2. Ben Plunkett (WVTC) 216-11; 3. Ken Stadel (Unatt) 216-7.

Women's 3,000 Meter Run: 1. Mary Ann Riebold (CSUH) 10:24.0; 2. Linda Robinson (CSUH) 10:27.0; 3. Sue Martinez (Unatt) 10:27.0.

Women's High Jump: 1. Karen Lysaght (Unatt) 5-6; 2. Kim Patser (HATC) 5-3.

Men's 5,000 Meter Run: 1. Gary Blume (UC Berkeley) 14:30.6; 2. Brad Duffy (Unatt) 15:04.0; 3. Phillip Kay (WVTC) 15:12.8.

Men's Long Jump: 1. Anthony Carter (Army) 25-4 1/4; 2. M. Anderson (Sports Afoot) 23-11 1/2; 3. Li Lawrence (Army) 23-10 1/4.

Women's Mile Relay: 1. Woodside Striders.

Women's Two Mile Relay: 1. Millbrae Lions 9:36.6; 2. Hayward Area Trck Club 10:05.7; 3. Orinda Track Club 10:21.6.

Men's One Mile Relay: 1. Army 3:19.5; 2. Sports Afoot 3:21.9; 3. Hayward Area Track Club 3:22.4.

Men's Triple Jump: 1. Bill Loyd (Army) 51-7 1/4; 2. Fred Brooks (Army) 48-7; 3. Dan Veira (HATC) 47-2 1/2.