

SAN DIEGO STATE TRACK AND FIELD

1979 MEDIA GUIDE



1979 Co-Captains are Linn Dunton (left)
and Janice Pope.

1979 ROSTER

<u>Name</u>	<u>Event</u>	<u>Class</u>	<u>Hometown</u>	<u>Major</u>
Abare, Jeanne	Dist	Sr.	San Diego	Social Welfare
Abare, Maureen	400	Fr.	San Diego	P.E.
Askin, Kathy	Dist	Sr.	San Diego	Child Dev.
Bell, Joyce	LJ	Jr.	San Diego	P.E.
Callahan, Peggy	800	Sr.	San Diego	Journalism Ad.
Clarke, Cathy	400h	Jr.	La Jolla	P.E.
Cureton, Alicia	Sprint	Jr.	Long Beach	Business Ad.
Dacey, Tyler	HJ	So.	Honolulu, Ha.	Business
Dietrich, Donna	JT/DT	Sr.	El Cajon	P.E.
Dunton, Linn	JT	Sr.	Farmington, N.M.	P.E.
Harrell, Vivien	Dist	Fr.	Santa Barbara	Undeclared
Hoagland, Valinda	Dist	Fr.	Spring Valley	Criminology
Housen, Nicole	Sprint	Sr.	Claremont	Public Relations
LaPlante, Deby	100h	Fr.	Taylor, Mich.	Geography
O'Brien, Kathy	DT	So.	Del Mar	Business
Page, Lynn	LJ	Sr.	St. Louis, Mo.	P.E.
Pope, Janice	400	Sr.	Hyattsville, Md.	Rec. Therapy
Riley, Diane	Dist	Sr.	San Diego	Rec. Rehab.
Roberts, Karen	DT/SP	So.	Auburn	P.E.
Santich, Kate	400h	So.	Spring Valley	Journalism
Smallwood, Chris	400	So.	San Francisco	Special Ed.
Smith, Chemise	400	Jr.	Frederick, Md.	Bus. Inf. Systems
Schaffer, Shelli	HJ	Fr.	Los Angeles	Undeclared
Spencer, Jane	Dist	Fr.	Chula Vista	Communica.
Stafford, Patti	HJ	Fr.	San Diego	Undeclared
Stoltenburg, Monica	JT/SP	Sr.	Beaverton, Or.	P.E.
Vasquez, Christine	Dist	Jr.	Brawley	Rec. Ad.

SEASON OUTLOOK

The 1979 track and field season marks the beginning of a new era in the thus far short history of women's track and field at San Diego State University.

For starters, the women have a new head coach in Fred LaPlante, a new nine lane polyurethane track on which to race and train and a new athletic locker room complete with an astroturf floor. For the first time in the school's history, the women will run combined meets with the men's team to produce some exciting competition and added exposure.

All of this preferential treatment is not unwarranted, for this 1979 Aztec squad includes several outstanding veterans and a number of noteworthy newcomers. Even with the demanding schedule, LaPlante cautions the opposition to be ready for his enthusiastic crew. "We may not win every meet, but it will take a well-balanced team with a lot of heart to beat us," he said.

LaPlante's optimism can be justified by examining his field team. Seniors Donna Dietrich, Monica Stoltenburg and co-captain Linn Dunton all have the capabilities to score in the AIAW national championship in the javelin even this May. Dietrich also is the team's top discus thrower, while Stoltenburg and Dunton are more than adequate in the shot ring. Add discus sophomore Kathy O'Brien and shot/discus newcomer Karen Roberts and you've got a solid depth-filled brigade in the throws.

The jumps are led by long jump veteran Lynn Page, a senior who has qualified for two consecutive AIAW national championships. In the high jump, the Aztecs bring in a trio of 5-6, first year jumpers with Patti Stafford, Tyler Dacey and Shelli Schaffer.

...And now for more "good news"...Deby LaPlante (wife of the coach) and Maureen Abare, who will be wearing the red and black for the first time, are a freshman twosome that should guarantee some good ink for the Aztecs in the next few years. LaPlante, the American record holder in the 100 meter hurdles and a 1976 Olympian, can also double up in the sprints. Abare will be returning to the track after a four-year absence. Track buffs will remember her as the top-ranking junior 200 meter runner in the USA in 1973 and her heartbreak of just missing the USA Olympic Team in 1972 while only 15 years old. Abare will be concentrating more on the 400 meter race this year.

OUTLOOK CONTINUED

And, along with school record holders sophomore Chris Smallwood and senior co-captain Janice Pope, they present an awesome lineup in the long sprint.

The middle and long distance team will be headed by senior Jeanne Abare (sister of Maureen) who holds the school record in the 1,500 meter run. She will get some strong support from senior 800 meter record holder Peggy Callahan, Diane Riley, Kathy Askin and freshman Jane Spencer.

In the 400 hurdles, the Aztecs will be counting on junior Cathy Clarke and sophomore Kate Santich to make the adjustment from the other events.

As for the relay teams, SDSU may be able to put together a winner. Look for LaPlante, M. Abare, Pope, and Chemise Smith to qualify for the nationals in the 4X100 meter relay. The 4X400 meter relay should do more than just qualify for the nationals. Pope, M. Abare, Smallwood, Smith and Callahan are capable of running one of the fastest times in women's collegiate history.

With this artillery, Coach LaPlante is pointing his Aztecs for the two conference meets and an outside shot at the Western Collegiate Athletic Association crown. UCLA is highly favored to repeat as champions for the third consecutive year and Long Beach and USC will again field strong teams, but with 10 seniors performing their last season for the Red and Black, SDSU hopes to make a memorable chase. As for the national championship, LaPlante expects his team to get on the scoreboard and finish somewhere in the nation's top twenty teams.

One would have to conclude that the 1979 season looks as bright as the new track and locker room.

COACH PROFILE

Head Coach Fred LaPlante--Fred LaPlante, 28, takes over at the helm for the first time at San Diego State this year. Prior to this position, LaPlante had been highly successful with both women and men's teams, having never been part of a losing team as an athlete or coach. In his five years of coaching, he has steadily moved up the ladder from graduate assistant coach at Eastern Michigan University, junior high head coach at Taylor Hoover (Mich.), high school head coach at Garden City East (Mich.), junior college head coach at Washtenaw CC (Mich.), and assistant university coach at Columbia University (NY), to his new exciting position. Four of LaPlante's athletes have made USA national teams, two have set American records and one lays claim to a world best.

LaPlante says his athletic career had low points and high points, which he feels helps him understand the athletes he coaches. A middle distance runner at Eastern Michigan University, he was an All-American at 1,500 meters and competed on two NCAA-CD national championship teams. After college, he moved to the shorter 880 yard race and ran the eighth fastest indoor half mile in the world in 1975.

Although he's only been working on Montezuma Mesa since September, he's already made his mark. This fall's cross country squad enjoyed its finest season ever, finishing sixth in the AIAW Region 8 championship. LaPlante was voted to the five-member board to represent Region 8 at the national championship. In January, he hosted the United States Olympic Committee's hurdle camp at SDSU, which included two Aztec athletes.

Coach LaPlante believes in a very positive approach in working with the athletes and says organized consistent work, not overwork, will yield top performances. Although each event is handled uniquely, all the Aztec females do weight training and flexibility training.

"I feel very fortunate that I have been able to personally observe some great coaches that have had a big influence in my coaching direction. My college coach Bob Parks, Tobias Strider coach Pete Petersons, U.S. Olympic coach Dr. Leroy Walker and SDSU men's coach Dr. Dick Hill all have taught me a great deal."

Athletic Director Mary Alice Hill--Throwing coach specialist

Mary Alice Hill became associate director of athletics at San Diego State in 1976 and coached track for the first two. Although her job keeps her busy, Hill uses her training in the field events to coach the field event personnel.

The Missouri native received her BSE in physical education from Northeast Missouri State and a master's and 46 hours toward her PhD in education with emphasis in physical education at Texas Woman's University.

While in Texas, she was a graduate assistant at the university and assisted in coaching track, a former national record holder herself in the discus and javelin. While at CSU and San Diego State, Hill coached track and several American record holders; one of her cross country teams at Colorado State was second in the nation and fourth in the outdoor championships.

ATHLETE PROFILES

Jeanne Abare ...Sr...Distance...San Diego-Crawford High ... former California high school state 880 champ...SDSU school record holder in 1,500...No. 2 runner on SDSU cross country team...AAU finish - 7th 1,500 meters...lifetime bests: 800, 2:10.8; 1,500, 4:24.1; 3,000, 10:09.0; 5,000, 18:41.8; also 3:01 marathon.

Maureen Abare ...Fr...400...San Diego-Crawford High...former national junior 200 champ, placed 4th in USA 1972 Olympic Trials 200 meter final missing Olympic berth by .1 at age 15 ...Member of National Junior Team 1973 touring Germany, Poland, and USSR...has not competed since 1974...lifetime bests: 100m, 11.6; 200m, 23.5; 400m, 55.3.

Kathy Askin...Sr...Distance...San Diego-Madison High...High school sprinter moved to the longer races...No. 3 runner on Aztec cross country squad ... lifetime bests: 800, 2:20.8; 1,500, 4:56.1; 3,000, 10:57.0.

Joyce Bell...Jr...LJ...San Diego-Kearny...Named "Outstanding Athlete" at Kearny High School...ranks 3rd in LJ on SDSU all time list...lifetime best: LJ, 17-4.

Peggy Callahan...Sr...800...San Diego-Crawford...former city High School 880 champ...Holds Aztec school record in 800 meter run in 2:13.9...lifetime best: 800, 2:13.9.

Cathy Clarke...Jr...400 hurdles...LaJolla...former national junior champ in 100m hurdles, long jump and high jump...sei serious hamstring injury has hampered progress...taking a shot at 400 meter hurdles this year..4th all time on Aztec 100m Hurdle list...lifetime bests: 100H, 14.1; LJ, 18-6; HJ, 5-7; 400mH, 1:05.9.

Alicia Cureton...Jr...sprints ...Long Beach-Polytechnic... versatile high school performer...played volleyball, basketball and softball...first year of track at SDSU.

Tyler Dacey...Soph...high jumper...Honolulu-Punahou, HA... three-time high school state champ and state record holder in high jump...also lettered in four other sports in high school...member of SDSU volleyball team that finished fifth in National AIAW Championship in 1978...member of West team at National Sports Festival at Colorado Springs in 1978... lifetime best: 5-6½.

Donna Dietrich...Sr...javelin throw/discus throw...Santana ...multi sports star in high school...school record holder in javelin and discus...11th best all-time USA javelin throw ...ranked ninth in USA last year...best national AAU finish --fourth...lifetime bests: javelin, 186-3; discus, 137-4.

PROFILES CONTINUED

Linn Dunton...Sr...javelin throw...Farmington, NM...former high school state champ and record holder in javelin...3rd shot put and fifth in javelin at National Junior Championships...current school record holder in shot put, second all-time javelin, fourth all-time discus...1979 co-captain...best national AAU finish-8th javelin...participant at Sports Festival at Colorado Springs in 1978...lifetime bests:javelin, 159-8; shot put, 39-10; discus, 129-3.

Vivien Harrell...Fr...distance...Santa Barbara-San Marcos...hard working No. 5 runner on Aztec cross country team...lifetime bests: 1,500, 5:18.1; 3,000, 11:31.

Valinda Hoagland...Fr...distance...Spring Valley-Monte Vista high school...all league CIF finalist and team MVP in high school...No. 4 runner on SDSU cross country team...lifetime bests: 1,500, 4:56.9; 3,000, 10:39.4; 5,000, 18:55.2.

Deby LaPlante...Fr...hurdles...Taylor-Center High School (Michigan)...national junior olympic champion and national junior record holder in hurdles while in high school...current American outdoor 100 meter hurdle record holder and world indoor 60 yard hurdle record holder...national indoor and outdoor champion...semi-finalist 1976 Olympic Games in Montreal, Canada; Silver Medalist in 1975 Pan American Games in Mexico City; Gold Medalist in 1977 Pacific Conference Games in Canberra, Australia...other international competitions in USSR, China, Africa, Europe, Jamaica and Canada...lifetime bests: 100m hurdles, 13.13.

Kathy O'Brien...Soph...discus...Del Mar-Torrey Pines...CIF County high school champ and state junior Olympic champ in discus...fourth all-time SDSU discus...lifetime best: discus, 139-0.

Lynn Page...Sr...long jump...San Diego-Morse High School...did not compete in track in high school but did letter in basketball, volleyball, field hockey, and softball...invited to Olympic basketball trials in 1976...current school record holder in long jump and has qualified for national AIAW championships both years she's competed...lifetime best: long jump, 19-3 3/4.

Janice Pope...Sr...400...La Jolla...CIF County High School 100 and 200 champ and fifth at national senior AAU in 400 while still in high school...Aztec co-captain for 1979...school record holder at 200 meters...USA national team vs. USSR and Japan...best national AAU finish-fifth in 400 meters...lifetime bests: 100m, 11.5; 200m, 23.6; 400m, 53.7.

PROFILES CONTINUED

Diane Riley...Sr...distance...San Diego-Patrick Henry High School...did not compete in high school...No. 1 runner on Aztec cross country squad...in two years of running, has qualified for two national AIAW cross country championships...lifetime bests: 1,500, 4:53.3; 3,000, 10:19.0; marathon, 3:09.

Karen Roberts...So...discus throw/shot put...Auburn-Placer High School...league champ in shot put, third in discus in high school...last year at UC Davis was GSAC conference champ in discus...lifetime bests: shot, 38-0; discus, 128-1.

Kate Santich...Soph...400m hurdles...Spring Valley-Monte Vista...MVP in high school as a sprinter...class valedictorian...this will be first season in 400h...lifetime bests: 110h, 16.2; 800, 2:21.4; 400h, 1:07.0.

Shelli Schaffer...Fr...high jump...Los Angeles-Beverly Hills High School...league champ in high jump in high school...lifetime best: high jump, 5-6.

Chris Smallwood...Soph...400...San Diego-Hoover High...competed for club team during high school years...school record holder at 400m...lifetime bests: 200m, 24.6; 400m, 55.3; 800m, 2:14.4.

Chemise Smith...Jr...400...Frederick-Johnson (MD)...competed for club team during high school years...third in 200m age group nationals, fourth 400m junior olympics...transfer this year from Florida State...lifetime bests: 200, 25.1; 400, 56.7.

Jane Spencer...Fr...distance...Bonita-Vista High School...undefeated in three years of league competition in high school...lifetime bests: 880, 2:16.0; mile, 5:10.2; two-mile, 11:17.4; 1,500m, 4:45.0; 3,000, 10:30.1; 5,000, 18:37.0.

Patti Stafford...Fr...high jump...San Diego-Claremont High School...league high school champ in high jump for three years...second CIF County...lifetime best: high jump, 5-6.

Monica Stoltenburg...Sr...javelin throw/shot put...Beaverton (Ore.)...all state performer in javelin and shot put in high school...ranked eighth in USA in javelin last year...placed fifth at AIAW national championship...attended National Sports Festival in Colorado Springs...transfer from Portland State...best national AAU finish--sixth in javelin...lifetime bests: javelin, 160-2; shot put, 44-10½.

Christine Vasquez...Jr...distance...Brawley-Union High school...league champ in 880 and mile in high school...No. 6 harrier on SDSU cross country team...lifetime bests: 3,000, 10:35.2; 5,000, 18:48.4.

ALL-TIME TOP TEN PERFORMER RANKINGS

*Converted to metric equivalent

100 Meter Dash

1	D. LaPlante	11.7	1979
2	A. Taylor	12.0	1978
3	J. Pope	12.1	1977
4	V. Hallman	12.1*	1974
5	K. Young	12.4*	1975
6	P. Shmock	12.5	1977
	B. Dixon	12.5*	1975
	H. Nash	12.5	1975
	J. Bell	12.5	1979
10	B. Stabile	12.6	1975

200 Meter Dash

1	J. Pope	24.5	1978
2	D. LaPlante	24.7	1979
3	P. McPhatter	25.3	1976
4	M. Abare	25.5	1979
5	A. Taylor	25.8	1978
6	P. Davis	26.0	1978
7	L. Page	26.1	1979
	H. Nash	26.1	1977
9	N. Cicchetta	26.6	1975
10	K. Askin	26.8	1976

400 Meter Dash

1	C. Smallwood	56.0	1979
2	J. Pope	56.4	1978
3	M. Abare	58.5	1979
4	C. Smith	58.9	1979
5	E. Farnum	59.5	1977
6	P. Callahan	60.6*	1976
7	J. Bell	61.9	1978
8	M. Blethen	61.9*	1976
9	A. Powis	63.3	1975
10	D. Moore	63.4	1976

800 Meter Run

1	P. Callahan	2:13.9	1979
2	C. Smallwood	2:14.4	1979
3	J. Abare	2:16.5	1977
4	K. Askin	2:20.8	1979
5	J. Spencer	2:27.2	1979
6	M. Croker	2:28.5*	1975
7	A. Powis	2:28.8*	1975
8	K. Santich	2:30.5	1978

1,500 Meter Run

1	J. Abare	4:30.5	1978
2	P. Callahan	4:45.4	1979
3	K. Askin	4:56.1	1979
4	J. Spencer	4:57.1	1979
5	V. Hoagland	4:56.9	1979
6	V. Harrell	5:18.1	1979
7	G. Hickling	5:27.0	1976

3,000 Meter Run

1	J. Spencer	10:30.1	1979
2	J. Abare	10:34.8	1979
3	C. Vasquez	10:35.2	1979
4	V. Hoagland	10:39.9	1979
5	S. Snow	11:08.1	1977
6	D. Pursel	11:13.3*	1975
7	V. Harrell	11:44.1	1979
8	M. Croker	11:48.9	1975

5,000 Meter Run

1	J. Spencer	18:37.0	1979
2	J. Abare	18:41.8	1979
3	C. Vasquez	18:48.5	1979
4	V. Hoagland	18:55.4	1979
5	C. Johnson	19:45.8*	1976

100 Meter Hurdles

1	D. LaPlante	13.1	1979
2	P. Shmock	13.9	1978
3	C. Conly	14.9	1974
4	C. Clarke	15.6	1978
5	S. Niehues	17.0	1975
6	B. Conners	18.1	1975
7	K. Santich	18.1	1979

400 Meter Hurdles

1	Sa Niehues	1:03.2	1978
2	Su Niehues	1:04.2	1978
3	C. Clarke	1:05.9	1979
4	K. Santich	1:07.0	1979
5	M. Blethen	1:09.7	1976

TOP 10 PERFORMERS CONTINUEDLong Jump

1	L. Page	19-3 3/4	1978
2	C. Conly	17-5	1974
3	J. Bell	17-4	1979
4	P. McPhatter	17-3 1/2	1975
5	J. Lundie	17-3 1/2	1971
6	Su. Niehues	17-0 1/4	1977
7	A. Edwards	16-7 1/2	1976
8	B. Connors	16-3	1976

High Jump

1	P. Stafford	5-6	1979
2	C. Conly	5-6	1974
3	B. Connors	5-4	1976
4	S. Shaffer	5-2	1979
5	C. Clarke	5-0	1977

Shot Put

1	M. Stoltenburg	42-0 3/4	1979
2	L. Dunton	39-7 1/4	1979
3	K. Roberts	37-0	1979
4	T. Wiley	35-3 1/2	1975
5	D. Moore	35-3	1976
6	P. Shmock	35-2	1977
7	B. Dixon	34-4	1976
8	M. Perrault	34-1 1/2	1975

Discus

1	D. Dietrich	137-4	1978
2	K. O'Brien	129-10	1978
3	L. Dunton	129-2	1978
4	K. Roberts	126-11 1/4	1979
5	D. Corby	115-9	1978
6	D. Moore	107-5	1976
7	B. Lonergan	106-7 3/4	1975
8	P. Crane	105-2 3/4	1972

Javelin

1	D. Dietrich	169-10	1978
2	L. Dunton	159-8	1979
3	L. Hallman	158-9	1974
4	M. Stoltenburg	153-9	1979
5	T. Wiley	144-2 3/4	1975
6	J. Dell'Acqua	137-11	1977
7	J. Hinkle	136-4	1976
8	P. Lindsey	131-4	1976
9	P. Crane	120-0	1972
10	B. Stabile	114-10	1976

400 Meter Relay (4X100)

1	Bell, M. Abare, Pope, Smallwood	47.7	1979
2	McPhatter, Hills, Farnum, Nash	48.50	1977
3	Davis, Shmock, Pope, Taylor	fa 48.3	1978

1,600 Meter Relay (4X400)

1	M. Abare, Callahan, Smith, Pope	3:51.3	1979
2	Smallwood, M. Abare, Pope, Page	3:51.7	1979
3	Smallwood, M. Abare, Pope, Smith	3:53.3	1979

800 Meter Medley Relay
(100-100-200-400)

1	Shmock, Taylor, Pope, Smallwood	1:45.3*	1978
2	Shmock, Taylor, Pope, Smallwood	1:45.7*	1978
3	Bell, Smith, M. Abare, Pope	1:46.6	1979

3,200 Meter Relay (4X800)

1	Santich, Askin, Clarke, Callahan	9:27.5	1979
2	Abare, Callahan, Riley, Santich	9:50.7*	1978
3	Askin, Monteg, Sandoval, Janek	10:15.0*	1976

TOP 10 PERFORMERS CONTINUEDLong Jump

1	L. Page	19-3 3/4	1978
2	C. Conly	17-5	1974
3	J. Bell	17-4	1979
4	P. McPhatter	17-3 1/2	1975
5	J. Lundie	17-3 1/2	1971
6	Su. Niehues	17-0 1/4	1977
7	A. Edwards	16-7 1/2	1976
8	B. Connors	16-3	1976

High Jump

1	P. Stafford	5-6	1979
2	C. Conly	5-6	1974
3	B. Connors	5-4	1976
4	S. Shaffer	5-2	1979
5	C. Clarke	5-0	1977

Shot Put

1	M.: Stoltenburg	42-0 3/4	1979
2	L. Dunton	39-7 1/4	1979
3	K. Roberts	37-0	1979
4	T. Wiley	35-3 1/2	1975
5	D. Moore	35-3	1976
6	P. Shmock	35-2	1977
7	B. Dixon	34-4	1976
8	M. Perrault	34-1 1/2	1975

Discus

1	D. Dietrich	137-4	1978
2	K. O'Brien	129-10	1978
3	L. Dunton	129-2	1978
4	K. Roberts	126-11 1/4	1979
5	D. Corby	115-9	1978
6	D. Moore	107-5	1976
7	B. Lonergan	106-7 3/4	1975
8	P. Crane	105-2 3/4	1972

Javelin

1	D. Dietrich	169-10	1978
2	L. Dunton	159-8	1979
3	L. Hallman	158-9	1974
4	M. Stoltenburg	153-9	1979
5	T. Wiley	144-2 3/4	1975
6	J. Dell'Acqua	137-11	1977
7	J. Hinkle	136-4	1976
8	P. Lindsey	131-4	1976
9	P. Crane	120-0	1972
10	B. Stabile	114-10	1976

400 Meter Relay (4X100)

1	Bell, M. Abare, Pope, Smallwood	47.7	1979
2	McPhatter, Hills, Farnum, Nash	48.50	1977
3	Davis, Shmock, Pope, Taylor	fa 48.3	1978

1,600 Meter Relay (4X400)

1	M. Abare, Callahan, Smith, Pope	3:51.3	1979
2	Smallwood, M. Abare, Pope, Page	3:51.7	1979
3	Smallwood, M. Abare, Pope, Smith	3:53.3	1979

800 Meter Medley Relay
(100-100-200-400)

1	Shmock, Taylor, Pope, Smallwood	1:45.3*	1978
2	Shmock, Taylor, Pope, Smallwood	1:45.7*	1978
3	Bell, Smith, M. Abare, Pope	1:46.6	1979

3,200 Meter Relay (4X800)

1	Santich, Askin, Clarke, Callahan	9:27.5*	1979
2	Abare, Callahan, Riley, Santich	9:50.7*	1978
3	Askin, Monteg, Sandoval, Janek	10:15.0*	1976

CHOC SPORTSMAN FIELD WOMEN'S RECORDS

100m	11.5	Gwen Gardner	LA Mercuresses	79
200m	24.5	Shelia Polk	UNLV	79
400m	56.0	Chris Smallwood	San Diego St.	79
800m	2:10.8	Cindy Warner	UCLA	79
1500m	4:37.5	Joy Hansen	Arizona	79
3000m	10:01.1	Cathy Chisam	UCLA	79
5000m	17:32.6	Gail Robertson	Wyoming	79
100m hur.	13.1	Deby LaPlante	San Diego St.	79
400m hur.	1:04.4	Carol Humphries	Arizona	79
400m Relay	46.1	Douglas, Robinson, Crabtree, Cassady	USC	79
1600m Relay	3:51.3	M. Abare, Callahan, Smith, Pope	San Diego St.	79
Sprint Med. Relay	1:43.5	Allen, Bolden, Carney, Gardner	LA Mercuresses	79
3200m Relay	9:25.5	Anderson, Paine, Sanford, Ferguson	Wyoming	79
High Jump	5-6	Patti Stafford Chris Remmling	San Diego St. UCLA	79
Long Jump	19-10	Martha Watson	Club Inter.	79
Shot Put	42-0 3/4	Monica Stoltenburg	San Diego St.	79
Discus	187-8	Lorna Griffin	Sports West Sea.	79
Javelin	163-8	Donna Dietrich	San Diego St.	79

WESTERN COLLEGIATE ATHLETIC ASSOCIATION

In 1976, five college institutions with nationally recognized intercollegiate women's athletic programs met and began the Western Collegiate Athletic Association (WCAA).

Today the conference, composed of Cal State Fullerton, Long Beach State, San Diego State, UCLA and USC, is known throughout the nation as one of the most competitive and powerful conferences.

The WCAA schools have nabed 14 national championship titles and 23 national individual championships. In addition, 21 Olympians have come from WCAA schools.

Recently, the WCAA accepted the University of Arizona and Arizona State University into the conference, effective 1979-80.

ASSOCIATION FOR INTERCOLLEGIATE ATHLETICS FOR WOMEN

The Association for Intercollegiate Athletics for Women was established in 1971, by women in athletics, to provide governance and leadership dedicated to the assurance of standards of excellence and educational soundness in women's intercollegiate athletics.

The association is comprised of over 850 two- and four-year college and university member institutions. This figure represents a growth from 280 in 1971-72 continuing upward to 615 in 1976 and 750 in 1977.

AIAW replaced the Commission on Intercollegiate Athletics for Women (CIAW) which was originated in 1967 by the Division for Girls and Women's Sports.

TRACK & FIELD SCHEDULE

Preseason

<u>Date</u>	<u>Opponent</u>	<u>Location</u>	<u>Time</u>
Jan. 8	UCLA Open	Westwood	1 p.m.
Jan. 12-13	Pre-Reg Invitational	Home	10 a.m.
Jan. 20	Sunkist Indoor Meet	Inglewood	8 p.m.
Jan. 28	Irvine Open	Irvine	noon
Feb. 2	LA Times Indoor Meet	Los Angeles	8 p.m.
Feb. 10	San Diego Open	Home	noon
Feb. 16	Jack-In-The-Box Indoor Games	San Diego	8 p.m.
Feb. 23	National AAU Championship	New York, NY	All Day

Season

March 3	UNLV, Arizona (dual, men)	Home	noon
March 10	Aztec Invitational (men)	Home	All Day
March 16	University of Wyoming	Home	1 p.m.
March 24	Long Beach Invitational	Long Beach	noon
April 14	Cal State Long Beach (men)	Home	noon
April 20-21	Mt. SAC Relays	Walnut	All Day
April 27	WCAA Championships I	Westwood	11 a.m.
May 5	S. Cal Intercollegiate	Irvine	All Day
May 6	Pepsi Invitational	Westwood	All Day
May 11	WCAA Championships II	Home	11 a.m.
May 23-26	National AIAW Championships	E. Lansing Mi.	All Day

The 1979 Women's Track & Field Media Guide was compiled by Head Coach Fred LaPlante and edited by Assistant Sports Information Director Lacy Lee Baker. Photographs were taken by Ernie Anderson.

Media needing further information or photographs should contact Baker at (714) 286-5547.

QUICK FACTS ABOUT SDSU

President: Dr. Thomas Day

Location: San Diego, Calif.

Enrollment: 33,000

Athletic Director: Dr. Cedric Dempsey

Associate AD: Mary A. Hill

Associate AD: Gene Templeton

Track Coach: Fred LaPlante

Assistant Sports Information Director: Lacy Lee Baker

Nickname: Aztecs

Colors: Scarlet & Black

Conference: WCAA

DIRECTORY

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