

CENTRAL COAST SECTION

CALIFORNIA INTERSCHOLASTIC FEDERATION



Spring Sports '97



STRIVING FOR EXCELLENCE IN ACADEMICS & ATHLETICS

In the game



ARCO & am/pm salute all those athletes who have that winning spirit.

CENTRAL COAST SECTION CHAMPIONSHIPS



1997 TRACK & FIELD CHAMPIONSHIPS

San Jose City College

May 24 & 29, 1997

CENTRAL COAST SECTION

Nancy Lazenby Blaser- Commissioner
Steve Stearns-Assistant Commissioner
Bill Lamson-Events Coordinator

1691 Old Bayshore Hwy, Suite 200
San Jose, Ca 95112
(408) 441-9505

www.cifccs.org

**32ND ANNUAL
CENTRAL COAST SECTION/CIF/ARCOampm TRACK & FIELD CHAMPIONSHIPS
SATURDAY, MAY 24, 1997 & THURSDAY, MAY 29, 1997
SAN JOSE CITY COLLEGE**

MEET OFFICIALS

Meet Director	Steve Filios
Referees	Ken Thomas/Ken Johnson
Field Referees	Carol Davies/Scott Chisam
Starter	Bob Hughey
Recall Starter	Jerry Collett/Charlie Sheppard
Clerks of the Course	Bill Pratt/Dick & Shirley Connors
Clerk of the Finish	Sean Daley/Butch Lumby
Announcers	Mike Gibeau/Peter Jensen/Rick Milam
Weights & Measures	Bill Daskarolis/Al Hernandez
Awards	Central Coast Section
Computerized Meet Seeding/Results	Mark McConnell/Bob Watson

**SPECIAL THANKS TO BERT BONANNO, SJCC ATHLETIC DIRECTOR,
STEVE HAAS, SJCC TRACK COACH,
AND SAN JOSE CITY COLLEGE**

NATIONAL FEDERATION CONVERSION TABLE

(Used for seeding purposes; the second event listed for each conversion is the distance being run at tonight's meet. Note: A different conversion process is used for times making the all-time lists in this program).

100 yards to 100 meters	-----	+ .9 seconds
220 yards to 200 meters	-----	- .1 second
440 yards to 400 meters	-----	- .3 seconds
880 yards to 800 meters	-----	- .7 seconds
1600 meters to one mile	-----	+1.6 seconds
3200 meters to two miles	-----	+3.4 seconds
120 yard HH to 110 meter HH	-----	same
110 yard LH to 100-meter LH	-----	- .1 second
300 meter H to H to 330-yard H	-----	+ .2 seconds
400 meter relay to 440-yard relay	-----	+ .2 seconds
1600 meter relay to mile relay	-----	+1.2 seconds

CENTRAL COAST SECTION



1997 TRACK AND FIELD SEMI-FINALS & FINALS ORDER OF EVENTS

Saturday, May 24 & Thursday, May 29
SAN JOSE CITY COLLEGE

TIME SCHEDULE--RUNNING EVENTS

<u>May 24</u>	<u>May 29</u>	<u>EVENT</u>	<u>OFFICIALS</u>
2:00	6:00	400 Meter Relay	SCVAL/MHAL/PSAL/PAL/GPSL
2:20	6:15	1600 Meter	(2) (2) (1) (2) (1)
2:50	6:35	100 Meter Low Hurdles	
3:05	6:45	110 Meter High Hurdles	
3:20	6:55	400 Meter	
3:40	7:05	100 Meter	
4:00	7:20	800 Meter	
4:20	7:40	300 Meter Hurdles	
4:45	8:00	200 Meter	
5:05	8:15	3200 Meter	
5:35	8:50	1600 Meter Relay	

TIME SCHEDULE--FIELD EVENTS

<u>May 24</u>	<u>May 29</u>	<u>EVENT</u>	<u>OFFICIALS</u>
1:00	4:00	POLE VAULT GIRLS	GPSL
1:00	4:30	TRIPLE JUMP GIRLS	STAL
1:00	4:45	DISCUS BOYS	WVAL
1:00	5:00	SHOT PUT GIRLS	SCCAL
1:00	5:00	HIGH JUMP BOYS	SCVAL
1:00	5:00	LONG JUMP BOYS	MTAL
3:30	6:00	POLE VAULT BOYS	MBL
3:00	6:15	TRIPLE JUMP BOYS	STAL
3:00	6:30	DISCUS GIRLS	WVAL
3:00	6:45	LONG JUMP GIRLS	MHAL
3:00	6:45	HIGH JUMP GIRLS	SCVAL
3:00	6:45	SHOT PUT BOYS	PAL
		HURDLES	WCAL

TIME SCHEDULE--IMPLEMENT WEIGH-INS

May 24	12:00-12:30 & 2:00-2:30	PAL
May 29	4:00-4:30 & 5:45-6:15	PAL



California Interscholastic Federation

CENTRAL COAST SECTION

1691 Old Bayshore Highway, Suite 200, San Jose, CA 95112

Phone: 408-441-9505

Fax: 408-441-9509

Dear Central Coast Section Participants and Spectators,

Athletics, as a part of the entire high school experience, plays an important part in the educational lives of our student athletes. These CCS events represent many hours of effort on the part of athletes, coaches, parents and schools.

Although we give these championships special significance in terms of competitive achievement, it is important to remember that they represent the excellence schools aspire to, day in and day out, in a variety of educational arenas.

It is the sincere desire of the Central Coast Section that our students participate in athletic events that exemplify a high level of athletic competition. That our spectators are enthusiastic and supportive and most importantly **that good sportsmanship is displayed by all who attend our events.**

All of you who are participating and attending these playoffs deserve a positive environment. However, **much of the responsibility for a rewarding championship experience starts with the adults;** coaches, parents and spectators who are the **role models** for our young men and women. We ask your support in creating this positive competitive environment.

The Central Coast Section celebrates your much deserved recognition for having earned this special opportunity to compete in the playoffs. Enjoy yourselves, and most importantly, have fun!

Sincerely,

Dotty McCrea

Principal

Mercy High School, San Francisco

President, Central Coast Section

THE CENTRAL COAST SECTION OF THE CALIFORNIA INTERSCHOLASTIC

FEDERATION BELIEVES IN GOOD SPORTSMANSHIP

The member schools of the CIF/Central Coast Section are committed to providing a sportsmanlike environment for students, coaches and spectators. To that end, the CIF/Central Coast Section has adopted the following sportsmanship and crowd control policy. Each member school of the CCS participating in any CCS/CIF/ARCO *am/pm*. A Playoff Contest has signed a contract indicating that this Policy has been shared with the staff, athletes, coaches, spirit squads, booster clubs, band members and director and any other school entity involved with interscholastic athletics. We are committed to insuring a positive athletic experience for our participants and fans.

***THE FOLLOWING ARE EXPECTED TO BE ROLE MODELS DEMONSTRATING SPORTSMANSHIP AT ALL TIMES:**

School Administrative Staff	Athletic Directors
Coaches, Players and Cheerleaders	Faculty Members
Booster Club Members	Band Members and Band Directors

***COACHES, PLAYERS AND SPECTATORS WILL RESPECT THE INTEGRITY AND JUDGMENT OF SPORTS OFFICIALS**

***THE CONDUCT OF COACHES, PLAYERS AND CHEERLEADERS GENERALLY SETS THE TONE FOR CIF/CCS SCHOOL CONTESTS. THEY WILL BE EXPECTED TO MAINTAIN THE HIGHEST LEVEL OF DECORUM AT ALL CIF/CCS CONTESTS**

***THE FOLLOWING BEHAVIOR IS UNACCEPTABLE AT ALL CIF/CCS HIGH SCHOOL CONTESTS**

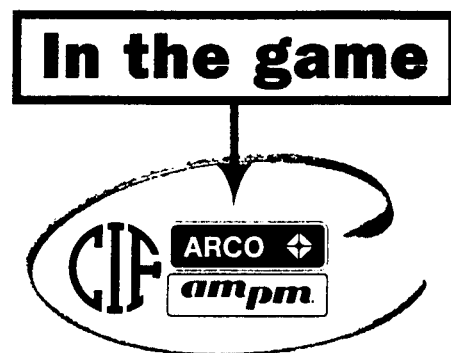
Berating your opponent's school or mascot	Berating opposing players
Obscene cheers or gestures	Negative rooters signs
Artificial noise makers	Complaining about Officials' calls (verbal or gesture)

***PLEASE NOTE THE POSTING AT THE ENTRANCE TO THIS CONTEST AS WELL AS THE NOTATION ON THE BACK OF TICKET STUBS REGARDING OUR SPECTATOR SEATING POLICY**
In order that all persons may experience maximum enjoyment at CCS athletic events and to enhance and encourage good public order:

It is the policy of the Central Coast Section/CIF that all persons wishing to audibly cheer or support a particular team be seated in an area designated for, or most closely identified with, the team in question.

Seating of persons audibly cheering for a particular team, in the cheering section or areas most closely identified with the opposing team is to be avoided whenever possible and such persons shall be directed by staff to the appropriate seating location for their team.

THE CENTRAL COAST SECTION OF THE CALIFORNIA INTERSCHOLASTIC FEDERATION
ENDORSES AND SUPPORTS



CONGRATULATIONS!!!

1997 CCS SPRING SPORTS HONOR COACHES

The CCS takes this opportunity to recognize these dedicated coaches for their tireless efforts in working with high school athletes.

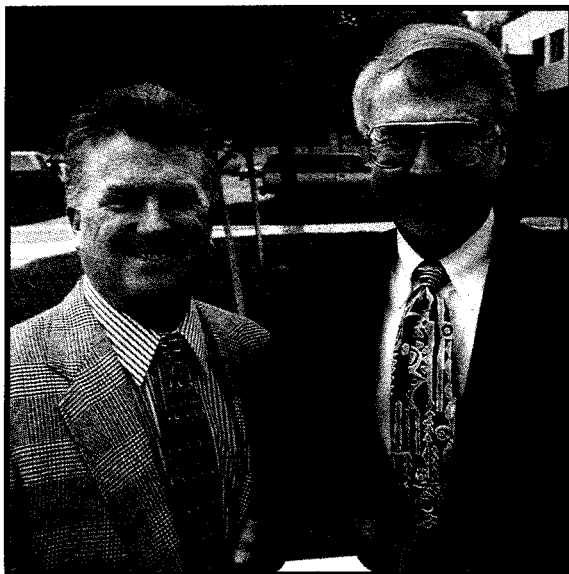
Honor Coach nominees are submitted by their schools and leagues, then selected by their respective CCS Sport Committees.

There are few higher honors than to have earned the respect and admiration of ones peers.

Formal recognition of CCS Honor Coach winners took place at the January Board of Managers meeting. The Central Coast Section is proud to honor these special coaches!

BASEBALL

PETE JENSEN, SERRA HS(I)
Principal Michael Peterson(r)



SOFTBALL

RICHARD HALEY, FREMONT HS(r)
Athletic Director Pat Lawson(l)



BOYS TENNIS

CARL RENNER, CUPERTINO HS(r)
Principal Barbara Nunes(l)



GOLF

JIM MIKAELSEN, APTOS HS(r)
Principal David Hare(l)



CONGRATULATIONS!!!

1997 CCS SPRING SPORTS HONOR COACHES

SWIMMING & DIVING
KEN ESAKI, MONTEREY HS(I)
Principal Larry Snyder(r)



SWIMMING & DIVING
JIM TRIPLETT, APTOS HS(r)
Principal David Hare(l)



TRACK & FIELD
ROBERTA CHISAM, ST. FRANCIS HS(r)
Principal Pat Tennant(l)



TRACK & FIELD
RON DiMAGGIO, WESTMOOR HS(I)
Assistant Principal Bud Bresnahan(r)



SPRING HONOR COACH AWARD WINNERS

	<u>1988-89</u>	<u>1989-90</u>	<u>1990-91</u>
Badminton	Kenneth Taylor, Willow Glen	Carolyn Buszdieker, Fremont	NONE
Baseball	Bob Brian, So. SF	Joe Winstead, Los Gatos	David Gigliotti, Santa Teresa
Golf	Steven Cox, Leland	Ronald Jones, Gilroy	Chon Gallegos, Santa Teresa
Gymnastics	NONE	NONE	NONE
Softball	Edna Avilla, Westmont	Cheryl Nash, Mercy-Burling.	David Chapman, Monta Vista
Swimming-B	John Williams, Palo Alto	Steven Barnett, Lynbrook	Tom Leberherz, Santa Teresa
Tennis -B	Kent Miller, Leland	Hideko Azama, Piedmont Hills	Terry Cress, Monta Vista
Track & Field	Ed Parker, Mills	Avis Kelley, Gilroy	Stephen Filios, St. Francis
	<u>1991-92</u>	<u>1992-93</u>	<u>1993-94</u>
Badminton	Mike Gervasoni, Silver Creek	David Pugh, Lynbrook	NONE
Baseball	Jeff Gingrich, Oak Grove	Chuck Camuso, Homestead	William Hutton, Mitty
Golf	Gary Rossman, Gunderson	Leo Ruth, Bellarmine	Ralph Stark, Serra
Gymnastics	NONE	NONE	Lynn Horiye, St. Francis
Softball	Kevin Newman, Gunderson	Joseph Given, Not. Dame-Sal.	Naomi Patridge, Half Moon Bay
Swimming-B	Larry Rogers, Bellarmine	Steve Yamamoto, St. Francis	Keith Strange, Serra
Tennis -B	Lou Padilla, Mt. Pleasant	Gary Dinneen, St. Francis	Dennis Mullen, Santa Cruz
Track & Field	Don Dooley, San Mateo	Monty Steadman, Overfelt	
Boys			Thomas Tuite, St. Francis
Girls			Roger O'Sullivan, No. Mont. Co.
	<u>1994-95</u>	<u>1995-96</u>	<u>1996-97</u>
Badminton	NONE	Len Hill, Palo Alto	NONE
Baseball	Chris Bradford, St. Francis	David Vieira, Monta Vista	Peter Jensen, Serra
Golf	NONE	John Powers, R.L. Stevenson	James Mikaelson, Aptos
Gymnastics	NONE	Diane Carson Gibbs, Gunn	NONE
Softball	Frank Firpo, Burlingame	Lawrence Schembri, Leigh	Richard Haley, Fremont
Swimming-B	NONE	Bill Zirzow, Westmon	
Swimming/Diving			Jim Triplett, Aptos
Tennis-B	Steve Proulx, RL Stevenson	Keith Clark, Palo Alto	Kenneth Esaki, Monterey
Track & Field	NONE	Terence Ward, Bellarmine	Carl Renner, Cupertino
		Harold Daner, Gunn	Roberta Chisam, St. Francis
			Ron DiMaggio, Westmoor

Its

CRUNCH

Time!

**Watch all the key highlights from
many of these playoff games on ...**



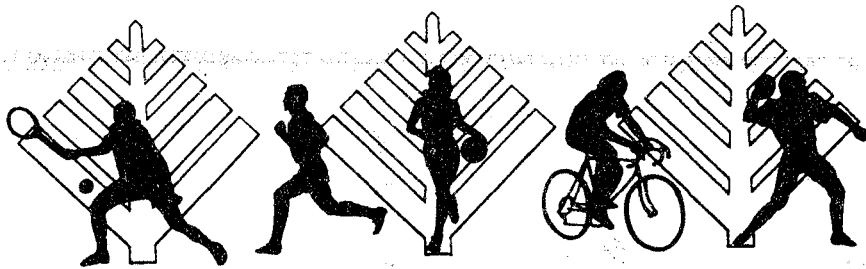
**Fridays
@ 11 pm**

**Saturdays
@ 10 am**



"Official Sports Medicine Consultants to the Central Coast Section"

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CENTER FOR SPORTS HEALTH

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- * Comprehensive Physical Therapy

SPECIALISTS INCLUDE:

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- * Physical Therapists
- * Occupational Therapists

PHYSICIANS:

Art Ting, M.D., Medical Director

Bill Firtch, M.D.

Sally Harris, M.D.

Warren King, M.D.

Chris Mochizuki, M.D.

John Nelligan, M.D.

Duc Nguyen, M.D.

Mark Sontag, M.D.

William Straw, M.D.

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540 Ralston, Ste. B
Belmont
415/363-5668

Sequoia Hospital
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For more information about this fund-raising kit or other CIF ARCO *am/pm* fund-raising programs, call 800-652-4016



P A S T C H A M P I O N S - S P R I N G

BASEBALL

SOFTBALL

BADMINTON

				SINGLES	DOUBLES
1976	LEIGH	CAMDEN		SARATOGA-THEIS	MILPITAS-GUITERREZ/AGUILERA
1977	EL CAMINO	NOTRE DAME-BELMONT		MILPITAS-GUITERREZ	SARATOGA-THEIS/CLARK
1978	INDEPENDENCE	WILLOW GLEN		MILPITAS-GUITERREZ	PALO ALTO-HENDRICKS/YEE
1979	CARMEL	PROSPECT		PALO ALTO-YEE	CUBBERLEY-YOUNG/JIMINEZ
1980	TERRA NOVA	INDEPENDENCE		PALO ALTO-YEE	GUNN-JIMINEZ/WANG
1981	ST. FRANCIS	HILLSDALE		WESTMOOR-TING	PALO ALTO-YOUNG/DING
1982	PROSPECT	CARLMONT		GUNN-WEINSTEIN	SEQUOIA-TUUHOKO/MILLER
1983	ST. FRANCIS	MTN. VIEW (DIV. I)		SARATOGA-BONNET	GUNN-DREWS/DRAFT
		HILLSDALE (DIV. II)			
1984	SERRA	MONTA VISTA (DIV. I)		GUNN-DREWS	TERRA NOVA-LOTTI/QUINTANILLA
		CARLMONT (DIV. II)			
1985	BELLARMINE	PROSPECT (DIV. I)		GUNN-DREWS	SEQUOIA-OHUAFI/TAUTUA
		MILLS (DIV. II)			
1986	BELLARMINE	PIONEER (DIV. I)		(G) SILVER CREEK-VETTEL	(G) GUNN-HUFF/NIELSEN
		NO. SALINAS (DIV. II)		(B) PALO ALTO-MARTIN	(B) LINCOLN-MURAKAMI/LUJ
					(MX) HOMESTEAD-CHOE/TURNER
1987	BELLARMINE (DIV. I))	MONTA VISTA (DIV. I)		(G) GUNN-NIELSEN	(G) MTN.VIEW-KESSELRING/HIGHLANDER
	HARBOR (DIV. II)	LIVE OAK (DIV. II)		(B) JEFFERSON-WU	(B) GUNN-SAXENA/CHENG
					(MX) LYNBROOK-CHOW/STEPOVICH
1988	MENLO (3A)	MONTA VISTA (DIV. I)		(G) FREMONT-DANG	(G) SEQUOIA-SCHNITTGRUND/TUIONO
	BELLARMINE (4A)	HALF MOON BAY (DIV. II)		(B) JEFFERSON-WU	(B) MILPITAS-FONTANARES/BUJAY
					(MX) FREMONT-RUDOLPH/HUYNH
1989	MENLO (2A)	GUNDERSON (DIV. I)		(G) FREMONT-DANG	(G) LYNBROOK-TSENG/HUANG
	BRANHAM (3A)	NO. SALINAS (DIV. II)		(B) MTN. VIEW-THAI	(B) WILLOW GLEN-MA/YANG
	LELAND (4A)	ST. LAWRENCE (DIV. III)			(MX) PIEDMONT HILLS-TRAN/VO
1990	NO. MONTEREY CO. (3A)	MITTY (DIV. I)		(G) PROSPECT-YAMASAKI	(G) LYNBROOK-HUANG/TSENG
	MONTA VISTA (4A)	HILLSDALE (DIV. II)		(B) MILPITAS-NGUYEN	(B) MILPITAS-VO/VUONG
		FREMONT CHR. (DIV. III)			(MX) LOS ALTOS-IP/SANTOS
1991	BLACKFORD (3A)	GUNDERSON (DIV. I)		(G) LYNBROOK-HUANG	(G) PALO ALTO-MITCHELL/SAXTON
	SERRA (4A)	HILLSDALE (DIV. II)		(B) MILPITAS-NGUYEN	(B) INDEPENDENCE-LI/LAI
		FREMONT CHR. (DIV. III)			(MX) WILCOX-NGUYEN/LE
1992	MT. PLEASANT (I)	WILCOX (DIV. I)		(G) SARATOGA-ENI KEEVA	(G) SO.SAN FRANCISCO-SATO/HO
	CARLMONT (II)	LOS ALTOS (DIV. II)		(B) SILVER CREEK-DANG	(B) MILPITAS-NGUYEN/VUONG
		NOTRE DAME-SAL.(DIV.III)			(MX) PALO ALTO-GUNTURI/TEREJOHN
1993	SERRA (I)	LOS GATOS (DIV. I)		(G) WESTMOOR-WO	(G) WILCOX-NGO/LE
	CARLMONT (II)	LYNBROOK (DIV. II)		(B) WESTMOOR-WO	(B) PALO ALTO-LO/SACERDOTI
		CAPUCHINO (DIV. III)			(MX) MILPITAS-NGUYEN/NGUYEN
1994	SERRA (I)	LELAND (DIV. I)		(G) EL CAMINO-HO	(G) WESTMOOR-WO/WO
	SEQUOIA (II)	MITTY (DIV. II)		(B) EL CAMINO-WONDANY	(B) PALO ALTO-NICHOLS/GOLDBERG
		CAPUCHINO (DIV. III)			(MX) MILPITAS-NGUYEN/NGUYEN
1995	ST.FRANCIS (I)	LEIGH (DIV. I)		(G) PALO ALTO-HU	(G) SEQUOIA-LAU/MUKAI
	SOQUEL (II)	LOS ALTOS (DIV. II)		(B) EL CAMIHO-WONDANY	(B) PALO ALTO-SACERDOTI/ SCHNEIDERMAN
		CAPUCHINO (DIV. III)			(MX) LYNBROOK-CHENG/TANG
1996	LELAND (I)	LIVE OAK (DIV. I)		(G) WESTMOOR-WO	(G) WILCOX-UNG/NGUYEN
	CARMEL (II)	CAPUCHINO (DIV. II)		(B) GUNN-YOUNG	(B) GUNN-CHEN/CHEN
		NOTRE DAME-SALINAS (DIV.III)			(MX) NTN. VIEW-LI/CHAN

TRACK & FIELD

GIRLS
1976 HARBOR
1977 SILVER CREEK
1978 HILL
1979 INDEPENDENCE/SALINAS/
& FREMONT (TIE)
1980 FREMONT
1981 SAN CARLOS
1982 MILLS
1983 WOODSIDE
1984 ST. FRANCIS
1985 LOS GATOS
1986 ST. FRANCIS
1987 ST. FRANCIS
1988 ST. FRANCIS
1989 ST. FRANCIS
1990 SANTA TERESA
1991 LYNBROOK
1992 MT. PLEASANT
1993 ST. FRANCIS
1994 LOS GATOS
1995 ST. FRANCIS
1996 DEL MAR

BOYS
MT. PLEASANT
SILVER CREEK
MT. PLEASANT
CUBBERLY
WOODSIDE
INDEPENDENCE
INDEPENDENCE
INDEPENDENCE
INDEPENDENCE
INDEPENDENCE
INDEPENDENCE
RIORDAN
INDEPENDENCE
RIORDAN
BELLARMINE
ST. IGNATIUS
MT. PLEASANT
NO. SALINAS
BELLARMINE
LOS ALTOS
ST. FRANCIS

SANTA CLARA
SANTA CLARA
LYNBROOK
LEIGH

LYNBROOK
LELAND
BELLARMINE
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BELLARMINE
LOS ALTOS
MENLO-ATHERTON
BELLARMINE
SARATOGA
BELLARMINE
BELLARMINE
HOMESTEAD
PALO ALTO
PALO ALTO
PALO ALTO
PALO ALTO
PALO ALTO
PALO ALTO

GYMNASTICS

1976 LELAND/LOS ALTOS
1977 LIVE OAK
1978 WESTMONT
1979 LOS ALTOS
1980 GUNN
1981 LELAND
1982 LELAND
1983 LOS ALTOS
1984 LELAND
1985 LELAND
1986 LELAND
1987 ST. FRANCIS
1988 ST. FRANCIS
1989 LOS ALTOS
1990 LOS ALTOS
1991 ST. FRANCIS
1992 ST. FRANCIS
1993 GUNN
1994 GUNN
1995 GUNN
1996 GUNN

GOLF

LELAND
LELAND
CARMEL
ST. IGNATIUS
LELAND
AWALT
HARBOR
HARBOR
HARBOR
CARMEL
BELLARMINE
R.L. STEVENSON
R.L. STEVENSON
R.L. STEVENSON
SAN BENITO
R.L. STEVENSON
APTOS
LELAND
R.L. STEVENSON
BELLARMINE
BELLARMINE

GIRLS SWIMMING*

*moved in Spring '97

LOS ALTOS
HOMESTEAD
HOMESTEAD
MENLO-ATHERTON
BUCHSER
BUCHSER
SANTA CLARA
ST. FRANCIS
LELAND
LELAND
LELAND
SANTA TERESA
LELAND
LELAND
SANTA TERESA
SANTA TERESA
HOMESTEAD
SAN MATEO
ST. FRANCIS
LIVE OAK
PALO ALTO
(moved to Spring '97)

CENTRAL COAST SECTION TRACK AND FIELD RECORDS

400 Relay:	Boys	Independence 41.54, 1988
	Girls	St. Francis 47.43, 1988
1600 meters:	Boys	Mark Stillman 4:08.7, Willow Glen, 1977
	Girls	Laurie Chapman 4:48.7, Gunderson, 1986
110 HH:	Boys	Erick Montgomery 13.9, Independence, 1983
100 LH:	Girls	Leslie Maxie, 14.14, Mills, 1983
		Lori Finnerty, 14.14, Piedmont Hills, 1986
400 meters:	Boys	Bill Green, 45.51, Cubberley, 1979
	Girls	Leslie Maxie, 53.92, Mills, 1982
100 meters:	Boys	Benari Burroughs, 10.42, Independence, 1988
	Girls	Annette Coleman, 11.92, Carlmont, 1989
800 meters:	Boys	Rick Brown, 1:50.7, Los Altos, 1970
	Girls	Kristen Dowell, 2:04, Santa Teresa, 1986
300 IH:	Boys	John Montgomery, 36.60, Independence, 1988
300 LH:	Girls	Tisha Ponder, 41.71, Del Mar, 1996
200 meters:	Boys	Millard Hampton, 20.9, Silver Creek, 1974
	Girls	Kelia Bolton, 23.9, Andrew Hill, 1978
3200 meters:	Boys	Gordon MacMitchell, 9:01.6, Gunn, 1973
	Girls	Cory Shubert, 10:09.5, Del Mar, 1983
1600 relay:	Boys	Los Altos, 3:15.8, 1970
	Girls	St. Francis, 3:50.33, 1989
Long Jump:	Boys	Johnny Johnson, 25'3 1/4, Pacific Grove, 1964
	Girls	Tisha Ponder, 20.06', Del Mar, 1996
Discus:	Boys	John Wirtz, 199'10, Leland, 1988
	Girls	Darlene Tulua, 165'10, Carmel, 1996
Shot Put:	Boys	Bob Brannen, 63'9, Los Gatos, 1964
	Girls	Tina Etuale, 45'06.5, Jefferson, 1995
Triple Jump:	Boys	Harold Rucker, 50'11 1/2, Silver Creek, 1986
	Girls	Wendy Brown, 40'2, Woodside, 1983
High Jump:	Boys	Jeff Rogers, 7'3, Overfelt, 1985
	Girls	Chi Johnson, 5'9 1/2, Menlo-Atherton, 1990
Pole Vault:	Boys	Scott Slover, 16'10, Leland, 1993
	Girls	MaryLou Badillo, 10'06.5, Mt. Pleasant, 1996

THE STATE TRACK AND FIELD MEET HAS GONE NORTH!



COME OUT AND SUPPORT CALIFORNIA'S STUDENT-ATHLETES AS THEY PARTICIPATE IN THE CIF ARCO AM/PM TRACK AND FIELD STATE CHAMPIONSHIPS

DATE:	JUNE 6	JUNE 7
GATES OPEN	1:30 P.M.	3:30 P.M.
FIELD EVENTS	2:00 P.M.	4:00 P.M.
RUNNING EVENTS	5:00 P.M.	6:00 P.M.

LOCATION: SACRAMENTO CITY COLLEGE
HUGHES STADIUM
3835 Freeport Boulevard
Sacramento, CA 95822



ADVANCE TICKETS ARE AVAILABLE AT ANY LOCAL BASS OR TICKETMASTER OUTLET.

FOR MORE INFORMATION VISIT US AT
WWW.CIFSTATE.ORG



CENTRAL COAST SECTION/CIF/ARCOampm

SAN JOSE CITY COLLEGE
1997 TRACK AND FIELD SEMIS - SATURDAY, MAY 24, 1997

Start	Event#	Field Event	Round
1:00 PM	11	Long Jump Boys	Prelim
1:00 PM	14	Discus Throw Boys	Prelim
1:00 PM	15	High Jump Boys	Prelim
1:00 PM	28	Triple Jump Girls	Prelim
1:00 PM	29	Shot Put Girls	Prelim
1:00 PM	32	Pole Vault Girls	Prelim
3:00 PM	12	Triple Jump Boys	Prelim
3:00 PM	13	Shot Put Boys	Prelim
3:00 PM	27	Long Jump Girls	Prelim
3:00 PM	30	Discus Throw Girls	Prelim
3:00 PM	31	High Jump Girls	Prelim
3:30 PM	16	Pole Vault Boys	Prelim

Start	Event#	Running Event	Round
2:00 PM	17	4x100 Meter Relay Girls	Prelim
2:10 PM	1	4x100 Meter Relay Boys	Prelim
2:20 PM	18	1,600 Meter Run Girls	Prelim
2:35 PM	2	1,600 Meter Run Boys	Prelim
2:50 PM	19	100 Meter Low Hurdles Girls	Prelim
3:05 PM	3	110 Meter High Hurdles Boys	Prelim
3:20 PM	20	400 Meter Run Girls	Prelim
3:30 PM	4	400 Meter Run Boys	Prelim
3:40 PM	21	100 Meter Dash Girls	Prelim
3:50 PM	5	100 Meter Dash Boys	Prelim
4:00 PM	22	800 Meter Run Girls	Prelim
4:10 PM	6	800 Meter Run Boys	Prelim
4:20 PM	23	300 Meter Low Hurdles Girls	Prelim
4:30 PM	7	300 Meter Int Hurdles Boys	Prelim
4:45 PM	24	200 Meter Dash Girls	Prelim
4:55 PM	8	200 Meter Dash Boys	Prelim
5:05 PM	25	3,200 Meter Run Girls	Prelim
5:20 PM	9	3,200 Meter Run Boys	Prelim
5:35 PM	26	4x400 Meter Relay Girls	Prelim
5:45 PM	10	4x400 Meter Relay Boys	Prelim

CENTRAL COAST SECTION/CIF/ARCOampm

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 Event 11 Boys Long Jump Preliminaries
 Saturday 05/24/97 at 1:00 PM

Pos	#	Flight 1 Preliminaries		
1		Steve Gaitan	10 Hollister High Sch	20'04.50"
2		Certes Cagape	11 Yerba Buena High S	20'06.00"
3		Michael Cordoba	11 North Salinas High	20'06.50"
4		John Seol	11 Salinas High Schoo	20'07.00"
5		Greg Fisher	12 No. Monterey Co. H	20'07.00"
6		Alex Shye	11 Los Altos High Sch	20'09.25"
7		Askra Whittaker	12 Archbishop Mitty H	20'09.75"
8		Chris Lacy	12 Oak Grove High Sch	20'10.25"
9		Damon Gaston	12 Milpitas High Scho	21'00.50"
10		Mark Vernon	10 San Jose High Scho	21'02.25"
11		Fred Jackson	11 Wilcox High School	21'03.25"
12		Mark Flowers	12 Serra High School	21'04.00"
13		Tyrone Ward	11 Alisal High School	21'06.75"
14		Donald Strickland	11 Archbishop Riordan	21'07.00"
15		Mike Nealy	12 Yerba Buena High S	22'02.75"
16		William Nero	Menlo-Atherton Hig	22'03.50"

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 Event 14 Boys Discus Throw Preliminaries
 Saturday 05/24/97 at 1:00 PM

Pos	#	Flight 1 Preliminaries		
1		Billy Beltz	12 San Lorenzo Valley	130'00.00"
2		Jon Davis	12 Live Oak High Scho	130'04.00"
3		Jerry Napoli	12 Monterey High Scho	134'10.00"
4		Fabian Bedolla	12 Watsonville High S	137'07.00"
5		Ryan Finney	11 Piedmont Hills Hig	138'03.00"
6		Kavan Reece	12 St. Ignatius High	138'08.00"
7		Chris Schwacofer	9 Gilroy High School	139'01.00"
8		Mike Pugh	12 Los Gatos High Sch	140'09.00"
9		Jon Elliott	Hillsdale High Sch	143'06.00"
10		Pete Bjorklund	10 Los Altos High Sch	145'08.00"
11		Brandon Goldstein	11 Piedmont Hills Hig	146'02.00"
12		Mike Fought	12 Del Mar High Schoo	152'05.00"
13		Adam Sanborn	12 San Lorenzo Valley	152'10.00"
14		Mike Donnelly	12 St. Ignatius High	153'02.00"
15		Albert Tuipulotu	San Mateo High Sch	153'08.00"
16		Brent Bower	11 Gunn High School	163'00.00"

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 Event 15 Boys High Jump Preliminaries
 Saturday 05/24/97 at 1:00 PM

Pos	#	Flight 1 Preliminaries		
1		Mauro Luz	12 San Jose High Scho	5'10.00"
2		Jason Dooley	12 Piedmont Hills Hig	5'10.00"
3		Bryan McQueen	11 Harbor High School	6'00.00"
4		Matt Bren	11 Salinas High Schoo	6'00.00"
5		T.J. Messier	12 King City High Sch	6'00.00"
6		Michael Cordoba	11 North Salinas High	6'00.00"
7		Chris Hansen	El Camino High Sch	6'02.00"
8		Joey Tosta	12 Harbor High School	6'02.00"
9		Ty Edwards	10 Hollister High Sch	6'02.00"
10		Matt Tueller	11 Lynbrook High Scho	6'02.00"
11		B. Auch	12 Cupertino High Sch	6'02.00"
12		Adam Harris	12 St. Ignatius High	6'02.00"
13		Michael Kelly	11 Archbishop Mitty H	6'02.00"
14		Ben Cook	12 Carmel High School	6'04.00"
15		John Darcey	11 Serra High School	6'04.00"
16		D. Marble	11 Los Altos High Sch	6'06.00"

Event 28 Girls Triple Jump Preliminaries

Saturday 05/24/97 at 1:00 PM

Pos	#	Flight 1 Preliminaries		
1		Cathleen Riddell	12 Mt. Pleasant High	33'04.75"
2		Jill Moon	12 Saratoga High Scho	33'05.00"
3		Keisha Mitchell	12 No. Monterey Co. H	33'07.25"
4		Emily Leung	10 Los Altos High Sch	33'09.25"
5		Jemisse Elarms	10 Piedmont Hills Hig	33'10.00"
6		Aliah Abdo	10 Santa Clara High S	34'00.50"
7		Angela Anderson	12 Aptos High School	34'01.25"
8		May Reburiano	10 St. Ignatius High	34'01.25"
9		Aryn Murray	9 Live Oak High Scho	34'04.75"
10		Becca Saenz	12 Los Altos High Sch	34'10.00"
11		Lesley Muller	11 St. Francis High S	34'10.25"
12		Sharon Nicks	12 North Salinas High	34'11.50"
13		Taylor Todd	10 Hollister High Sch	35'03.25"
14		Nikki Gillott	11 No. Monterey Co. H	35'04.75"
15		Shawna Adkins	11 Piedmont Hills Hig	36'03.25"
16		Evelyn Shih	12 Gunn High School	36'04.00"

Event 29 Girls Shot Put Preliminaries

Saturday 05/24/97 at 1:00 PM

Pos	#	Flight 1 Preliminaries		
1		Kacey Romano	10 Mitty High School	32'07.50"
2		Jennifer Lasala	11 Mitty High School	32'09.00"
3		Cori Tom	12 Santa Cruz High Sc	32'09.25"
4		Danielle Endaya	9 St. Francis High S	33'04.50"
5		Sarah Alcantara	10 Hollister High Sch	33'06.00"
6		Amelia Jacobs	Woodside High Scho	34'01.50"
7		Menne Talivaa	10 Andrew Hill High S	34'05.00"
8		Heather Hill	11 Sacred Heart High	34'08.50"
9		Jonelle Gullien	11 North Salinas High	34'10.25"
10		Melissa Taylor	11 Westmont High Scho	35'00.50"
11		Jenn Santos	11 Los Altos High Sch	36'02.00"
12		Kristy Prasad	11 Milpitas High Scho	36'05.00"
13		Sarah Roberts	12 Live Oak High Scho	36'09.25"
14		Casey Uperesa	Jefferson High Sch	37'01.00"
15		Shanah Keyes	12 Gilroy High School	38'03.00"
16		Amy Theil	Fremont Christian	39'01.00"

Event 32 Girls Pole Vault Preliminaries

Saturday 05/24/97 at 1:00 PM

Pos	#	Flight 1 Preliminaries		
1		Anna Furniss	11 St. Ignatius High	8'00.00"
2		Lilette Baltadano	Capuchino High Sch	8'00.00"
3		Christie Olsson	11 St. Ignatius High	8'00.00"
4		Donna Yun	Mills High School	8'00.00"
5		Margaret Rossi	10 St. Francis High S	8'00.00"
6		Karyn Lewis	11 Hollister High Sch	8'06.00"
7		Lynda Tran	11 Mt. Pleasant High	8'06.00"
8		Elisa Yi	Mills High School	8'06.00"
9		Lindsay Sarn	11 Mitty High School	8'06.00"
10		Marissa Berg	10 No. Monterey Co. H	8'06.00"
11		Lina Sar	9 Mt. Pleasant High	8'06.00"
12		Shauna McElwain	12 San Lorenzo Valley	8'06.00"
13		Karin Erkkila	11 St. Ignatius High	9'00.00"
14		Kimberly Foxx	11 Notre Dame High Sc	9'06.00"
15		Vanessa Yebra	11 Gonzales High Scho	9'06.00"
16		Iran Serrano	10 Gonzales High Scho	9'06.00"

CENTRAL COAST SECTION/CIF/ARCOampm

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 Event 12 Boys Triple Jump Preliminaries
 Saturday 05/24/97 at 3:00 PM

Pos	#	Flight 1 Preliminaries		
1		Jay Dizon	11	Hollister High Sch 41'10.00"
2		Jontue Mullins		Westmoor High Scho 42'05.25"
3		Alex Shye	11	Los Altos High Sch 42'05.50"
4		Roshod Higgs	9	Independence High 42'07.00"
5		Mike Sanders	11	Aptos High School 42'09.75"
6		Vincent Ibia	10	Silver Creek High 43'00.00"
7		John Seol	11	Salinas High Schoo 43'01.50"
8		Tyrone Ward	11	Alisal High School 43'03.75"
9		Glen Stone	11	Yerba Buena High S 43'07.50"
10		Kregg Quarles	11	Los Altos High Sch 43'08.00"
11		Michael Cordoba	11	North Salinas High 43'09.00"
12		MacAnthony Felarca		El Camino High Sch 43'10.00"
13		Greg Fisher	12	No. Monterey Co. H 43'11.00"
14		Damon Gaston	12	Milpitas High Scho 43'11.25"
15		Danny Douglas	12	Fremont High Schoo 44'04.00"
16		William Nero		Menlo-Atherton Hig 45'11.50"

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 Event 13 Boys Shot Put Preliminaries
 Saturday 05/24/97 at 3:00 PM

Pos	#	Flight 1 Preliminaries		
1		Andy Woods	12	Hollister High Sch 45'02.00"
2		Joe Porter	12	Gilroy High School 45'04.00"
3		Ryan Finney	11	Piedmont Hills Hig 45'05.00"
4		Billy Beltz	12	San Lorenzo Valley 45'06.00"
5		Fabian Bedolla	12	Watsonville High S 46'02.50"
6		Chris Schulz	12	Archbishop Mitty H 46'05.50"
7		P.J. Uperesa		Jefferson High Sch 47'05.00"
8		Amin Nikfar	10	Wilcox High School 47'08.25"
9		Joe Willrodt	11	Palma High School 47'10.00"
10		Miah Giradurd	11	Los Altos High Sch 48'09.00"
11		Brock Torresdal		Woodside High Scho 48'10.25"
12		Tim Snyder	11	Gunn High School 49'05.00"
13		Brandon Goldstein	11	Piedmont Hills Hig 49'08.00"
14		Brett Nichols	11	King City High Sch 50'01.50"
15		Andre Carter	12	Oak Grove High Sch 54'04.00"
16		Pete Bjorklund	10	Los Altos High Sch 55'06.00"

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 Event 27 Girls Long Jump Preliminaries
 Saturday 05/24/97 at 3:00 PM

Pos	#	Flight 1 Preliminaries		
1		Jessica Wong	12	Santa Catalina Hig 15'04.25"
2		Shawna Adkins	11	Piedmont Hills Hig 15'10.00"
3		Tami Monson	12	Mitty High School 15'11.00"
4		Sarah Coombe	11	Carmel High School 15'11.25"
5		Tracy Hess	10	Lincoln High Schoo 16'01.25"
6		Sarah Chan	9	Mountain View High 16'02.75"
7		Angela Anderson	12	Aptos High School 16'03.75"
8		Evelyn Shih	12	Gunn High School 16'04.25"
9		Jill Moon	12	Saratoga High Scho 16'05.00"
10		Loren Gualco	12	Notre Dame High Sc 16'05.25"
11		Anna Abatzoglou	10	Monta Vista High S 16'05.50"
12		Tamika Davis		Carlmont High Scho 16'05.75"
13		Taylor Todd	10	Hollister High Sch 16'06.00"
14		Keri Jones	11	Gunderson High Sch 16'07.50"
15		Kameelah Elarms	12	Piedmont Hills Hig 17'05.00"
16		Christine Chan	12	Mountain View High 18'01.00"

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 Event 30 Girls Discus Throw Preliminaries
 Saturday 05/24/97 at 3:00 PM

Pos	#	Flight 1 Preliminaries		
1		Kami Murray	11 King City High Sch	97'05.00"
2		Kirsti McElwain	12 San Lorenzo Valley	100'06.00"
3		Mandy Hu	11 Palo Alto High Sch	102'06.00"
4		Kristy Prasad	11 Milpitas High Scho	104'05.00"
5		Marie Walbeck	11 Notre Dame High Sc	104'08.00"
6		Alice Johnson	Burlingame High Sc	104'08.00"
7		Shauna McElwain	12 San Lorenzo Valley	105'04.00"
8		Heather Hill	11 Sacred Heart High	106'03.00"
9		Laura Colen	12 Live Oak High Scho	106'07.00"
10		Madolyn Orr	12 Mitty High School	106'09.00"
11		Sela Tuita	12 Leland High School	106'09.00"
12		Lauren Creecy	12 Monterey High Scho	106'11.00"
13		Edie Lee	Burlingame High Sc	112'02.00"
14		Sarah Roberts	12 Live Oak High Scho	114'02.00"
15		Jenn Santos	11 Los Altos High Sch	114'10.00"
16		Amy Theil	Fremont Christian	141'03.00"

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 Event 31 Girls High Jump Preliminaries
 Saturday 05/24/97 at 3:00 PM

Pos	#	Flight 1 Preliminaries		
1		Debra Cortney	12 Santa Teresa High	4'10.00"
2		Laurel Edwards	11 Carmel High School	4'10.00"
3		Amanda Sears	11 Mt. Pleasant High	4'10.00"
4		Kristina McMillan	11 Piedmont Hills Hig	5'00.00"
5		Nikki Gillott	11 No. Monterey Co. H	5'00.00"
6		Shatoya James	10 Gunderson High Sch	5'00.00"
7		Danielle Dupree	10 York High School	5'00.00"
8		Nicole King	11 Mt. Pleasant High	5'00.00"
9		Lindsay Terry	11 Palo Alto High Sch	5'02.00"
10		Anna Abatzoglou	10 Monta Vista High S	5'02.00"
11		Alanna Deely	12 St. Ignatius High	5'02.00"
12		Jenny Lee	12 St. Ignatius High	5'02.00"
13		Kristen Owen	12 St. Francis High S	5'02.00"
14		Sandra Butler	11 Gunderson High Sch	5'04.00"
15		Loren Gualco	12 Notre Dame High Sc	5'04.00"
16		Holly Demeter	10 Los Altos High Sch	5'04.00"
17		Kim Stone	10 York High School	5'06.00"

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 Event 16 Boys Pole Vault Preliminaries
 Saturday 05/24/97 at 3:30 PM

Pos	#	Flight 1 Preliminaries		
1		Jose Natividad	11 Overfelt High Scho	12'00.00"
2		Joe Bishop	Aragon High School	12'06.00"
3		Gabriel Bravo	11 Overfelt High Scho	12'06.00"
4		Forrest Wells	King City High Sch	12'06.00"
5		Conor Riley	12 St. Francis High S	12'06.00"
6		David Getchel	Burlingame High Sc	12'06.00"
7		Don Hilliker	10 Los Gatos High Sch	12'06.00"
8		Justin Nikbakssh-T	11 Archbishop Mitty H	12'06.00"
9		Theotis Daniels	9 Gonzales High Scho	12'06.00"
10		Jeremy Dybdahl	11 Soquel High School	13'00.00"
11		Max Lishansky	11 St. Ignatius High	13'00.00"
12		Tyler Mullins	11 Soquel High School	13'00.00"
13		Jason Lueck	10 St. Ignatius High	13'00.00"
14		Robert Carbajal	Mt. Pleasant High	14'00.00"
15		David Grijalva	12 No. Monterey Co. H	15'00.00"
16		Steve Harris	12 Del Mar High Schoo	17'00.00"

CENTRAL COAST SECTION/CIF/ARCOampm

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 Event 17 Girls 4x100 Meter Relay Preliminaries
 8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 2:00 PM

Lane	#	Heat 1 Preliminaries		
1		Aptos High School	51.09	_____
2		Piedmont Hills High Sch.	50.37	_____
3		Leigh High School	50.22	_____
4		Milpitas High School	49.37	_____
5		North Salinas High Sch.	50.20	_____
6		St. Francis High School	49.91	_____
7		Lincoln High School	50.65	_____
8		Santa Cruz High School	51.38	_____

Lane	#	Heat 2 Preliminaries		
1		Capuchino High School	51.17	_____
2		Leland High School	50.38	_____
3		Wilcox High School	51.06	_____
4		Mitty High School	49.97	_____
5		St. Ignatius High School	50.00	_____
6		Gunn High School	49.50	_____
7		No. Monterey Co. H.S.	50.51	_____
8		Los Altos High School	51.35	_____

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 Event 1 Boys 4x100 Meter Relay Preliminaries
 8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 2:10 PM

Lane	#	Heat 1 Preliminaries		
1		St. Ignatius High School	43.78	_____
2		No. Monterey Co. H.S.	43.26	_____
3		Menlo-Atherton High Schoo	43.58	_____
4		Oak Grove High School	42.42	_____
5		St. Francis High School	42.89	_____
6		Silver Creek High School	43.23	_____
7		Saratoga High School	43.73	_____
8		Gunn High School	44.08	_____

Lane	#	Heat 2 Preliminaries		
1		Gunderson High School	43.79	_____
2		Cupertino High School	43.38	_____
3		Milpitas High School	43.79	_____
4		Yerba Buena High School	42.78	_____
5		Del Mar High School	42.85	_____
6		North Salinas High Sch.	43.08	_____
7		Palma High School	43.69	_____
8		San Lorenzo Valley H.S.	44.04	_____

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 Event 18 Girls 1,600 Meter Run Preliminaries
 12 Advance: Top 2 Each Heat Plus Next 8 Best Times
 Saturday 05/24/97 at 2:20 PM

Pos	#	Heat 1 Preliminaries		
1		Marielle Schlueter	12	St. Ignatius High 5:11.66
2		Anne-Elyse Smith	11	Aptos High School 5:16.49
3		Nichole Gehrkens	11	Harbor High School 5:23.37
4		Johanna Wans	12	Valley Christian H 5:22.09
5		Lauren Gustafson		Mills High School 5:22.24
6		Rachel Wiseman	12	Mt. Pleasant High 5:25.19
7		Amy Briley	10	No. Monterey Co. H 5:27.85
8		Kim Nebeker	10	Milpitas High Scho 5:32.48
9		Elizabeth Burnham	09	San Lorenzo Valley 5:32.87
10		M. Miller		Los Altos High Sch 5:40.75
11		Germaine Wroblewcki		Half Moon Bay High 5:41.75
12		Crystal Clements		Aragon High School 6:05.80

Pos	#	Heat 2 Preliminaries		
1		Ana Lilia Martinez	11	King City High Sch 5:13.76
2		Nicole Portley		Aragon High School 5:15.66
3		Katie Appenrodt	11	St. Ignatius High 5:28.43
4		Jeanne Fishback	12	Los Gatos High Sch 5:30.93
5		Sonja Willis	12	Leland High School 5:24.16
6		Serena DeLaPlace	12	Westmont High Scho 5:25.04
7		Annette Holmquist	12	Santa Teresa High 5:29.05
8		Sharon Hepworth	10	Piedmont Hills Hig 5:30.68
9		Melissa Camargo	12	Notre Dame High Sc 5:36.69
10		Ceci Lavelle	11	Presentation High 5:39.98
11		Amie Wu	12	Lynbrook High Scho 5:54.65
12		Brittany Hall	09	Sacred Heart High 6:00.65

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 Event 2 Boys 1,600 Meter Run Preliminaries
 12 Advance: Top 2 Each Heat Plus Next 8 Best Times
 Saturday 05/24/97 at 2:35 PM

Pos	#	Heat 1 Preliminaries		
1		Brendan Fitzgibbon	12	St. Ignatius High 4:22.20
2		Gary Passanisi	11	Aptos High School 4:25.50
3		Adam Boothe	12	Pioneer High Schoo 4:27.08
4		Peter Carter	12	Los Gatos High Sch 4:34.44
5		Nuru Abdella	11	Cupertino High Sch 4:26.74
6		Elijah Bilotta	12	York High School 4:29.77
7		J.C. Calzetta	11	York High School 4:29.97
8		Jesse Plummer	12	San Lorenzo Valley 4:33.33
9		Tom Allen	10	Gunn High School 4:34.28
10		Brian Rankin		Menlo-Atherton Hig 4:35.48
11		Jose Acosta	11	Piedmont Hills Hig 4:37.90
12		David Monico		Piedmont Hills Hig 4:42.41

Pos	#	Heat 2 Preliminaries		
1		Andrew Wulf	12	Bellarmino College 4:23.45
2		Joma DeWald	11	Soquel High School 4:25.32
3		Cuco Chavez	11	Hollister High Sch 4:27.17
4		Brad Hansen	12	St. Ignatius High 4:30.81
5		Andrew Hill	10	Los Altos High Sch 4:27.95
6		Oscar Gonzalez	11	Mt. Pleasant High 4:29.62
7		Jason Hulette	12	North Salinas High 4:31.26
8		Eric Rastler	12	Gunderson High Sch 4:31.57
9		Dan McDonough	11	Cupertino High Sch 4:34.62
10		Anthony Culazzo		St. Francis High S 4:34.72
11		Bonifacio Ruelas	12	Watsonville High S 4:38.06
12		MIke Cleung		St. Francis High S 4:38.72

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 Event 19 Girls 100 Meter Low Hurdles Preliminaries
 8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 2:50 PM

Lane	#	Heat 1 Preliminaries	Wind Reading:
1		Mba Uju 11 Santa Catalina Hig	16.56
2		Taylor Teerlink 09 Saratoga High Scho	16.07
3		Latoya Phillips 9 Mitty High School	15.85
4		Damesha Craig 12 Menlo High School	14.89
5		Stephanie Downey 12 Los Altos High Sch	15.48
6		Tenia Green 9 Mitty High School	15.87
7		Leanne Slater 11 Leland High School	16.37
8		Maria Diaz 12 Gunderson High Sch	17.05

Lane	#	Heat 2 Preliminaries	Wind Reading:
1		Nikki Gillott 11 No. Monterey Co. H	16.86
2		Becca Saenz 12 Los Altos High Sch	16.12
3		Bethany Jones 12 Notre Dame High Sc	16.44
4		Mandy Mazik 12 Capuchino High Sch	15.01
5		Tamisha Allen 12 North Salinas High	15.24
6		Kelley Watson 11 Milpitas High Scho	15.24
7		Kemiko Tolon 10 Westmoor High Scho	16.29
8		Lauren Gehman 10 Leland High School	16.88

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 Event 3 Boys 110 Meter High Hurdles Preliminaries
 8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 3:05 PM

Lane	#	Heat 1 Preliminaries	Wind Reading:
1		John Tanforan 12 St. Francis High S	15.41
2		Brendan Hall 12 St. Ignatius High	15.14
3		Mike Chen 10 Los Altos High Sch	15.48
4		Arend Watkins 12 Silver Creek High	13.92
5		Rich Barbaria 12 Serra High School	15.12
6		Derek Seymour 12 San Lorenzo Valley	15.01
7		Thomas Hocker 11 Silver Creek High	15.20
8		Eddie Garcia 10 Watsonville High S	16.05

Lane	#	Heat 2 Preliminaries	Wind Reading:
1		Nick Dickenson 12 St. Francis High S	15.49
2		Steve Young San Mateo High Sch	15.18
3		Mark Camara 12 St. Ignatius High	15.51
4		Guy McGowan 11 Leigh High School	14.08
5		Brandon Orlando 11 Gilroy High School	15.09
6		Tony Galaviz 12 Gunderson High Sch	14.75
7		Ryan Travaille 12 Carmel High School	15.19
8		Efrain Carrasco 12 Overfelt High Scho	15.68

CENTRAL COAST SECTION/CIF/ARCOampm

Event 20 Girls 400 Meter Run Preliminaries
 8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 3:20 PM

Lane	#	Heat 1 Preliminaries		
1		Janea Reilly	12 Pacific Grove High	1:00.54
2		Colleen Wrenn	11 Palo Alto High Sch	59.03
3		Erin Lapping	10 St. Ignatius High	1:00.78
4		Deanna Slaton	Silver Creek High	56.72
5		Jackie McDevitt	12 Gunn High School	1:00.46
6		Monica Coleman	12 Gunn High School	57.65
7		Shawna Adkins	11 Piedmont Hills Hig	59.99
8		T.J. Dickson	11 Burlingame High Sc	1:02.30

Lane	#	Heat 2 Preliminaries		
1		Maureen Marquess	09 St. Francis High S	1:01.04
2		Tracy Hess	10 Lincoln High Schoo	59.69
3		Anne Baden	11 Menlo-Atherton Hig	1:02.11
4		Kameelah Elarms	12 Piedmont Hills Hig	57.34
5		Jalene Smith	10 Gilroy High School	1:00.36
6		Maggie Vessey	9 Monte Vista Chr. H	57.49
7		Dominique Haley	10 Leland High School	59.87
8		Jazzmin Tucker	11 Monterey High Scho	1:01.11

Event 4 Boys 400 Meter Run Preliminaries
 8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 3:30 PM

Lane	#	Heat 1 Preliminaries		
1		Stuart Norris	10 Monte Vista Chr. H	51.85
2		Paul Mancias	10 Milpitas High Scho	51.04
3		Crocket	10 Del Mar High Schoo	50.89
4		Ernesto Salinas	11 Gilroy High School	48.96
5		Alex Lux	12 Saratoga High Scho	50.04
6		Terry Wood	12 Archbishop Riordan	50.74
7		Luis Briseno	12 King City High Sch	51.44
8		Ronnie Muniz	10 Piedmont Hills Hig	52.26

Lane	#	Heat 2 Preliminaries		
1		Brett King	12 King City High Sch	52.01
2		Julian Hoag	Archbishop Riordan	51.14
3		Terence Robinson	11 North Salinas High	51.40
4		Tom Stout	Mills High School	49.64
5		Brian Carson	12 Gunn High School	49.94
6		Matt Taylan	12 No. Monterey Co. H	50.28
7		Bens Daniels	12 St. Ignatius High	51.14
8		Chris Grisham	11 No. Monterey Co. H	52.13

CENTRAL COAST SECTION/CIF/ARCOampm

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 Event 21 Girls 100 Meter Dash Preliminaries
 8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 3:40 PM

Lane	#	Heat 1 Preliminaries	Wind Reading:
1		Cinty McGowan 10 Leigh High School	12.92
2		Christine Chan 12 Mountain View High	12.45
3		Enjoli Smith 12 Gilroy High School	12.55
4		Damesha Craig 12 Menlo High School	11.90
5		Nikki Pogue 12 Menlo High School	12.40
6		Kerry Blaschke 10 St. Francis High S	12.42
7		Kristie Ostoja 11 Hollister High Sch	12.86
8		Rebecca Paterson 12 Overfelt High Scho	13.11

Lane	#	Heat 2 Preliminaries	Wind Reading:
1		Bianca Sams 12 Robert Louis Steve	12.99
2		Oriaku Osaka 10 Independence High	12.60
3		Tori Respass-Parso 9 Robert Louis Steve	12.59
4		Mandy Mazik 12 Capuchino High Sch	12.16
5		Sah Nee Roseby 9 North Salinas High	12.39
6		Tenesha Webb 10 Wilcox High School	12.41
7		Adrienne Hypolite 12 Los Altos High Sch	12.60
8		Kathleen Haggerty 12 Mitty High School	13.08

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 Event 5 Boys 100 Meter Dash Preliminaries
 8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 3:50 PM

Lane	#	Heat 1 Preliminaries	Wind Reading:
1		Perry Dorsey 12 Monterey High Scho	11.20
2		Terrence Williams 11 Archbishop Mitty H	11.13
3		Chris Vivit 12 No. Monterey Co. H	11.24
4		Aaron Bryant 11 Wilcox High School	10.69
5		Kenny Slayton 12 Oak Grove High Sch	11.11
6		Donte Mack 10 Homestead High Sch	11.10
7		David Adams 12 North Salinas High	11.20
8		Stephen Barragan 11 Palma High School	11.45

Lane	#	Heat 2 Preliminaries	Wind Reading:
1		Andre Jacob 12 Prospect High Scho	11.25
2		Zack Rance 11 Sacred Heart High	11.14
3		Rhad Urbano 12 Cupertino High Sch	11.07
4		Arvin Wu El Camino High Sch	10.87
5		Mike Nealy 12 Yerba Buena High S	11.06
6		Jeff Hesse 12 Cupertino High Sch	11.10
7		Hung Nguyen 10 Silver Creek High	11.18
8		Rossi Martin 12 Oak Grove High Sch	11.40

CENTRAL COAST SECTION/CIF/ARCOampm

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 Event 22 Girls 800 Meter Run Preliminaries
 8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 4:00 PM

Pos	#	Heat 1 Preliminaries		
1		Stephanie Chevez	12 Los Gatos High Sch	2:17.21
2		Colleen Wrenn	11 Palo Alto High Sch	2:22.70
3		Vanessa Sanchez	9 Piedmont Hills Hig	2:23.41
4		Kymerly Schmidt	10 Mitty High School	2:23.62
5		Lina Biber-Ferro	11 Los Gatos High Sch	2:23.86
6		Daphne Descollonge	11 Robert Louis Steve	2:25.40
7		Amy La Pine	10 Los Gatos High Sch	2:25.44
8		Jenny Croghan	12 Santa Cruz High Sc	2:26.24

Pos	#	Heat 2 Preliminaries		
1		Katie Rigney	12 Santa Catalina Hig	2:19.39
2		Brianna Denley	12 No. Monterey Co. H	2:22.44
3		April Kikara	10 Palo Alto High Sch	2:21.98
4		Taylor Todd	10 Hollister High Sch	2:23.32
5		Karla Lefevre	11 Live Oak High Scho	2:23.95
6		Katie Appenrodt	11 St. Ignatius High	2:23.98
7		Lauren Gustafson	Mills High School	2:25.44
8		Laraine McPherson	11 Santa Teresa High	2:26.08

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 Event 6 Boys 800 Meter Run Preliminaries
 8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 4:10 PM

Pos	#	Heat 1 Preliminaries		
1		Adam Tucker	11 St. Francis High S	1:57.08
2		Wes Morgan	11 Gunderson High Sch	1:58.71
3		Rudy Tovar	11 Alisal High School	1:59.23
4		Clint Sapiro	12 Salinas High Schoo	1:58.27
5		Andrew Jeffrey	Menlo-Atherton Hig	1:58.27
6		Jason Adkins	12 Wilcox High School	1:59.16
7		Dan Woodhead	12 St. Francis High S	1:59.27
8		Trevor Guina	12 Westmont High Scho	2:00.60

Pos	#	Heat 2 Preliminaries		
1		Temo Trujillo	11 No. Monterey Co. H	1:57.38
2		Brendan Fitzgibbon	12 St. Ignatius High	1:57.55
3		Jason Rudolph	12 Palo Alto High Sch	1:57.77
4		Andrew Wulf	12 Bellarmine College	1:58.16
5		Oscar Gonzalez	11 Mt. Pleasant High	1:58.97
6		Mark Mitchell	11 Salinas High Schoo	1:59.02
7		D.J. Ozan	10 Del Mar High Schoo	1:59.74
8		Joel Quintero	11 Alisal High School	2:00.49

CENTRAL COAST SECTION/CIF/ARCOampm

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 Event 23 Girls 300 Meter Low Hurdles Preliminaries
 8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 4:20 PM

Lane	#	Heat 1 Preliminaries			
1		Taylor Teerlink	09	Saratoga High Scho	47.96
2		Rebecca Paterson	12	Overfelt High Scho	47.21
3		Rometra Craig	09	Menlo High School	46.96
4		Mandy Mazik	12	Capuchino High Sch	45.24
5		Leanne Slater	11	Leland High School	45.77
6		Tenia Green	9	Mitty High School	46.65
7		Sarah Clemm	11	St. Francis High S	47.90
8		Valerie Hess	10	Lincoln High Schoo	49.28

Lane	#	Heat 2 Preliminaries			
1		Kelley Watson	11	Milpitas High Scho	48.18
2		Starr Rogers	9	Salinas High Schoo	47.27
3		Stephanie Downey	12	Los Altos High Sch	47.69
4		Tamara Gulley	9	Oak Grove High Sch	45.38
5		Carey Carver	12	Harbor High School	45.60
6		Michelle Steingart	12	St. Francis High S	45.32
7		Alexandra Balagso	10	Independence High	47.81
8		Kai Somple	11	Harbor High School	48.87

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 Event 7 Boys 300 Meter Int Hurdles Preliminaries
 8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 4:30 PM

Lane	#	Heat 1 Preliminaries			
1		Chad Allen	11	Saratoga High Scho	41.24
2		Transon Hum	11	Independence High	40.20
3		Jeff Pomo	12	Palma High School	40.12
4		Thomas Hocker	11	Silver Creek High	39.07
5		Justin Clark	12	Bellarmino College	40.04
6		Efrain Carrasco	12	Overfelt High Scho	40.13
7		Joseph Augustin	10	Independence High	41.17
8		Johnathan Turner	11	Archbishop Riordan	41.54

Lane	#	Heat 2 Preliminaries			
1		Johnathan Gin	11	Palma High School	41.25
2		John Tanforan	12	St. Francis High S	40.24
3		Roy Ross	12	Fremont High Schoo	40.44
4		Guy McGowan	11	Leigh High School	39.31
5		Brian Carroll	12	Saratoga High Scho	39.74
6		Derek Seymour	12	San Lorenzo Valley	39.12
7		Rico Paredes	11	Yerba Buena High S	41.07
8		Steve Young		San Mateo High Sch	41.54

CENTRAL COAST SECTION/CIF/ARCOampm

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 Event 24 Girls 200 Meter Dash Preliminaries

8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 4:45 PM

Lane	#	Heat 1 Preliminaries	Wind Reading:
1		Cinty McGowan 10 Leigh High School	26.54
2		Enjoli Smith 12 Gilroy High School	25.94
3		Kristie Ostoja 11 Hollister High Sch	25.74
4		Damesha Craig 12 Menlo High School	25.01
5		Tamara Gulley 9 Oak Grove High Sch	25.54
6		Tori Respass-Parso 9 Robert Louis Steve	25.64
7		Angelica Brown 09 Milpitas High Scho	26.53
8		Lisette Gallegos 11 Burlingame High Sc	26.79

Lane	#	Heat 2 Preliminaries	Wind Reading:
1		Jenn Leitner 12 Leland High School	26.64
2		Bianca Sams 12 Robert Louis Steve	26.44
3		T.J. Dickson 11 Burlingame High Sc	26.45
4		Monica Coleman 12 Gunn High School	25.24
5		Sah Nee Roseby 9 North Salinas High	25.44
6		Kerry Blaschke 10 St. Francis High S	25.56
7		Tene Cage Castilleja High Sc	26.51
8		Maggie Vessey 9 Monte Vista Chr. H	26.74

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 Event 8 Boys 200 Meter Dash Preliminaries

8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 4:55 PM

Lane	#	Heat 1 Preliminaries	Wind Reading:
1		Grant Partridge Menlo High School	22.74
2		Ronald Nunn 09 St. Francis High S	22.59
3		Perry Dorsey 12 Monterey High Scho	22.46
4		Aaron Bryant 11 Wilcox High School	21.88
5		Brian Carson 12 Gunn High School	22.44
6		Laurent Harris 11 Gunderson High Sch	22.56
7		Glen Stone 11 Yerba Buena High S	22.71
8		David Adams 12 North Salinas High	22.82

Lane	#	Heat 2 Preliminaries	Wind Reading:
1		Jeff Hesse 12 Cupertino High Sch	22.74
2		Michael Garvin 12 North Salinas High	22.62
3		Elliott Spencer 12 St. Francis High S	22.50
4		Kenny Slayton 12 Oak Grove High Sch	22.06
5		Steve Harris 12 Del Mar High Schoo	22.33
6		Arvin Wu El Camino High Sch	21.98
7		Ernesto Salinas 11 Gilroy High School	22.70
8		Hung Nguyen 10 Silver Creek High	22.81

CENTRAL COAST SECTION/CIF/ARCOampm

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 Event 25 Girls 3,200 Meter Run Preliminaries
 Top 12 Advance by Time
 Saturday 05/24/97 at 5:05 PM

Pos	#	Preliminaries		
1		Anne-Elyse Smith	11	Aptos High School 11:19.14
2		Ana Lilia Martinez	11	King City High Sch 11:29.44
3		Celeste Dunlap	09	Cupertino High Sch 11:34.61
4		Nicole Portley		Aragon High School 11:43.57
5		Rachel Wiseman	12	Mt. Pleasant High 11:39.54
6		Johanna Wans	12	Valley Christian H 11:43.54
7		Marielle Schlueter	12	St. Ignatius High 11:44.93
8		Sara Strand	10	Everett Alvarez H. 11:48.34
9		Amy Briley	10	No. Monterey Co. H 11:50.14
10		Minji Wong	11	Leland High School 11:50.24
11		Jennifer Tunstall	11	Salinas High Schoo 11:52.44
12		Chloe Glare		Menlo-Atherton Hig 11:52.53
13		Holly Allen	11	Carmel High School 11:55.44
14		Eileen Grove	12	St. Ignatius High 11:59.07
15		Melanie Hahn	9	Live Oak High Scho 12:01.74
16		Laura Kniskern	9	Prospect High Scho 12:06.14
17		Jeanne Fishback	12	Los Gatos High Sch 12:08.52
18		Katya Kazakova	11	Gunn High School 12:10.15
19		Erin Quick	10	Live Oak High Scho 12:10.74
20		Kelly Vu	10	Mt. Pleasant High 12:11.64
21		Katie Brizgys	10	Palo Alto High Sch 12:15.01
22		Sarah High	12	Los Gatos High Sch 12:29.16
23		Pam Ohler	11	Monta Vista High S 12:35.97
24		Sabrina Ahmaol	11	Milpitas High Scho 12:42.58

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 Event 9 Boys 3,200 Meter Run Preliminaries
 Top 12 Advance by Time
 Saturday 05/24/97 at 5:20 PM

Pos	#	Preliminaries		
1		Gary Passanisi	11	Aptos High School 9:40.05
2		Nick Piellusch	12	Leland High School 9:40.46
3		Brad Hansen	12	St. Ignatius High 9:46.06
4		Adam Perez	11	Serra High School 9:47.00
5		Leo Balderas	11	Silver Creek High 9:42.92
6		Cuco Chavez	11	Hollister High Sch 9:44.46
7		Brian Harrington	10	Del Mar High Schoo 9:45.12
8		Mohammed Abdul		Westmoor High Scho 9:49.85
9		Jose Acosta	11	Piedmont Hills Hig 9:50.86
10		Zack Piellusch	12	Leland High School 9:51.35
11		Andrew Hill	10	Los Altos High Sch 9:52.35
12		Victor Cortez	12	San Jose High Scho 9:53.06
13		Adam Boothe	12	Pioneer High Schoo 9:53.16
14		Dan McDonough	11	Cupertino High Sch 9:53.75
15		Anthony Eckel	11	Aptos High School 9:53.76
16		Elijah Bilotta	12	York High School 9:55.84
17		Jesse Plummer	12	San Lorenzo Valley 9:56.51
18		Omar Hart	11	Bellarmino College 9:56.74
19		Eddie Alaniz	9	Mt. Pleasant High 9:57.04
20		Brian Cooke		Burlingame High Sc 9:58.18
21		Girmay Guangul	09	Santa Clara High S 10:01.60
22		Marshall Boyd	11	Gunn High School 10:02.17
23		Neil McDonagh	09	St. Ignatius High 10:03.55
24		Brendan Wells	11	St. Ignatius High 10:05.49

CENTRAL COAST SECTION/CIF/ARCOampm

Event 26 Girls 4x400 Meter Relay Preliminaries
 8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 5:35 PM

Lane	#	Heat 1 Preliminaries		
1		Lincoln High School	4:14.24	_____
2		Silver Creek High School	4:06.14	_____
3		St. Ignatius High School	4:11.71	_____
4		Mitty High School	4:01.64	_____
5		Gilroy High School	4:11.54	_____
6		Piedmont Hills High Sch.	4:05.54	_____
7		Menlo-Atherton High Schoo	4:13.35	_____
8		Saratoga High School	4:20.20	_____

Lane	#	Heat 2 Preliminaries		
1		Milpitas High School	4:16.17	_____
2		No. Monterey Co. H.S.	4:11.14	_____
3		Los Altos High School	4:12.18	_____
4		Leland High School	4:02.34	_____
5		Los Gatos High School	4:04.98	_____
6		North Salinas High Sch.	4:03.64	_____
7		Overfelt High School	4:12.14	_____
8		Wilcox High School	4:18.16	_____

Event 10 Boys 4x400 Meter Relay Preliminaries
 8 Advance: Top 1 Each Heat Plus Next 6 Best Times
 Saturday 05/24/97 at 5:45 PM

Lane	#	Heat 1 Preliminaries		
1		Gilroy High School	3:30.95	_____
2		Silver Creek High School	3:25.77	_____
3		Oak Grove High School	3:27.91	_____
4		Del Mar High School	3:23.86	_____
5		Gunn High School	3:26.56	_____
6		North Salinas High Sch.	3:25.50	_____
7		Archbishop Riordan H.S.	3:30.37	_____
8		Palo Alto High School	3:31.81	_____

Lane	#	Heat 2 Preliminaries		
1		El Camino High School	3:31.30	_____
2		St. Ignatius High School	3:27.34	_____
3		Palma High School	3:30.56	_____
4		No. Monterey Co. H.S.	3:24.15	_____
5		St. Francis High School	3:26.01	_____
6		Yerba Buena High School	3:25.40	_____
7		Piedmont Hills High Sch.	3:29.76	_____
8		Bellarmino College Prep	3:31.74	_____

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