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Flash Results, Inc. Hy-Tek's MEET MANAGER 06/04/99 10:14 PM CIF Track & Field Championships Page 1

Hughes Stadium, Sacramento - Friday 06/04/99 to Saturday 06/05/99

HEAT SHEETS AND FLIGHT SHEETS - TRACK & FIELD

HEAT SHEETS AND FLIGHT SHEETS - TRACK & FIELD				
======		=======================================		
	Wome	n's 4x100 Meter Rela rday 06/05/99 at 6:0	y Finals	
	Ducu			
Lane	#	Final		
1		James Logan	NC	47.53
2		Westchester	LA	47.40
3		Bishop O'Dowd	NC	47.24
4		L.B. Poly	SS	47.05
5		San Lorenzo	NC	45.53
6		Skyline	OK	46.82
7		Archbishop Mitty	CC	47.20
8		Rancho Verde	SS	47.37
9		Vallejo	SJ	47.49
	Men'	s 4x100 Meter Relay		
	Satu	rday 06/05/99 at 6:0	8 PM	
Lane	#	Final		
1	17	Clovis West	CE	41.64
2		San Diego	SD	41.04
3		Mc Clymonds	OK	41.59
4		University City	SD	41.39
		L.B. Poly	SS	41.30
5 6		Vallejo	SJ	40.91
7		Dorsey	LA	41.38
8		A.B. Miller	SS	41.45
9		Gardena	LA	41.61
				=======================================
Event 3		n's 1,600 Meter Run rday 06/05/99 at 6:1		
Pos	#	Final		
1	"	Desiree Davila	10 Hilltop	5:03.03
2			11 San Pedro	5:02.16
3			11 Vallejo	4:59.45
4		Alejandra Barrient	10 San Lorenzo Valley	4:57.45
. 5			10 Montgomery	

10 Montgomery

10 Vacaville

10 Capuchino 10 Torrey Pines

12 Clovis

Sara Bei

Robyn Stevens

Angela Sanchez

Chrisie Gregory

Julie Komosinski

5

6 7

8

9

4:56.88 _____

4:57.13 ______ 4:57.48 _____

5:01.66 _____

5:02.34 _____

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Hughes Stadium, Sacramento - Friday 06/04/99 to Saturday 06/05/99

HEAT SHEETS AND FLIGHT SHEETS - TRACK & FIELD

Front A Monte 1 600 Motor Dun Finale

Event	4	Men's	1,	600	Meter	Rur	Fina	als
		Satur	day	06,	/05/99	at	6:28	PM

Pos	#	Final		
1		Justin Neuroth	11 Vista	4:18.80
2		Josh Roddy	12 Manteca	4:17.79
3		Ryan Mack	12 Ukiah	4:17.57
4		Ryan Bousquet	11 Esperanza	4:16.90
5		James Debruhl	12 Chino	4:15.64
6		Evan Fox	11 West Hills	4:16.17
7		Marcus Chandler	12 Serra	4:17.09
8		Justin Willingham	12 Beyer	4:17.63
9		Bruce Hancock	12 Costa Mesa	4:18.13

Event 5 Women's 100 Meter Hurdles Finals Saturday 06/05/99 at 6:45 PM

Lane	#	Final	Wind	Reading:
1		Tamara Gulley	11 Oak Grove	14.50
2		Deneeka Torrey	11 Taft	14.43
3		Latoya Phillips	11 Archbishop Mitty	14.20
4		Nichole Denby	11 J.W. North	13.89
5		Lashinda Demus	10 L.B. Wilson	13.83
6		Dana Bethel	10 Mission Viejo	13.87
7		April Holliverse	12 J.W. North	14.20
8		Rita Forte	12 Webb	14.30
9		Undine Becker	10 Mt. Pleasant	14.48

Event 6 Men's 110 Meter Hurdles Finals Saturday 06/05/99 at 6:55 PM

Lane	#	Final		Wind Reading:
1		Terry Jenkins	12 Muir	14.31
2		Greg Lee	12 Dorsey	14.26
3		Rico Hatter	12 Vallejo	14.10
4		Christian Rhodes	12 Loyola	13.81
5		Marcell Allmond	12 St. Paul	`13.54
6		Charles Ryan	12 Mc Clymonds	13.66
7		Ben Clark	12 Lincoln Stockton	
8		Ahmad Wright	12 Kennedy	14.24
9		Chris Morgan	10 Taft	14.30

Flash Results, Inc.

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Hughes Stadium, Sacramento - Friday 06/04/99 to Saturday 06/05/99

HEAT SHEETS AND FLIGHT SHEETS - TRACK & FIELD

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Event 7 Women's 400 Meter Dash	r Finals

Lane	#	Final		
1		Aisha Margain	11 San Lorenzo	56.75
2		Amber Taylor	12 North Monterey	56.49
3		Maggie Vessey	11 Soquel	55.33
4		Monique Henderson	10 Morse	54.80
5		Nakiya Johnson	12 Ayala	53.95
6		Joni Smith	12 L.B. Wilson	54.61
7		Laloni Anderson	10 Westchester	55.21
8		T'Carra Penick	10 San Lorenzo	55.57
9		Kori Hamilton	11 St. Lucy's	56.55
			-	

Event 8 Men's 400 Meter Dash Finals

Saturday 06/05/99 at 7:10 PM

Saturday 06/05/99 at 7:03 PM

Lane	#	Final		
1		Anthony Davis	11 Los Banos	48.44
2		Maurice Washington	12 Mc Clymonds	48.18
3		Giovanni Miles	12 Vallejo	47.85
4		Michael Mitchell	12 Paramount	47.77
5		Blaine Bussey	12 Taft	47.03
6		Raheem Barnes	12 Gardena	47.76
7		Maurice Douglas	12 San Diego	47.82
8		Travon Walton	11 Chino	47.91
9		Reginald Allen	11 McLane	48.32
		-		

Event 9 Women's 100 Meter Dash Finals

Event 9 Women's 100 Meter Dash Finals Saturday 06/05/99 at 7:17 PM

Lane	#	Final		Win	d Reading:	
1		Rometra Craig	11	Archbishop Mitty	11.86	
2		Angel Perkins	09	Gahr	11.80	
3		Porchea Carroll	10	Rio Mesa	11.72	
4		Tracee Thomas	09	J.W. North	11.67	,
5		Tania Woods	12	Skyline	11.51	
6		Sani Roseby		Monterey	11.59	
7		Latrice Borders		L.B. Wilson	11.67	,
8		Latalia Goins	09	Inter. Studies Aca	11.78	
g		Sierra Hauser-Pric	10	Notre Dame/S.O.	11.82	

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HEAT SHEETS AND FLIGHT SHEETS - TRACK & FIELD

Event 10 Men's 100 Meter Dash Finals	

Event	10	Men's	100	Meter	Dash	Final	İs
		Saturd	lay	06/05/9	99 at	7:23	PM

Lane	#	Final		Wind	Reading:	
1		James Johnson	12 Tul	are Western	10.69	
2		R.J. Oliver	11 Esc	ondido:	10.66	
3		Marshall Johnson	12 Not	re Dame (Rivers	10.61	
4		Kareem Kelly	12 L.B	. Poly	10.55	
5		Roger Warren	11 Ser	ra	10.34	
6		Darrell Rideaux	12 L.B	3. Poly	10.47	
7		Stephen Hayes	11 Uni	versity City	10.59	
8		Jason McMillan	11 Fre	emont	10.64	
9		Louie Garrett	12 Edi	son	10.67	

Event 11 Women's 800 Meter Run Finals Saturday 06/05/99 at 7:30 PM

Lane	#	Final		
1		Desiree Davila	10 Hilltop	2:15.05
2		Liz Morse	11 Corona Del Mar	2:14.66
3		Spring Dawson	11 Vallejo	2:14.46
4		Jessica Marr	12 Hayward	2:14.06
5		Katie Hotchkiss	12 Mission San Jose	2:11.82
6		Katie Scarlett	11 Woodland	2:13.92
7		Kim Gildersleeve	12 L.B. Wilson	2:14.33
8		Lindsay Hyatt	12 Placer	2:14.57
9		Arlene Bledsoe	12 L.B. Poly	2:14.95

Event 12 Men's 800 Meter Run Finals Saturday 06/05/99 at 7:37 PM

Lane	# Final		
1	Jared Emmons	11 Vista	1:57.54
2	Brandon Shaw	12 Rancho Verde	1:56.51
3	Sean Ricketts	11 Rancho Bernardo	1:56.26
4	Chris Burns	12 Ontario	1:55.63
5	Antonio Lozano	11 Katella	1:55.05
6	D.J. Ozon	12 Del Mar	1:55.12
7	Nick Thornton	11 Rancho Buena Vista	1:55.97
8	Jeremiah LeRay	11 Clovis	1:56.31
9	Stephen Nestinger	12 Santa Clara	1:56.74

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Hughes Stadium, Sacramento - Friday 06/04/99 to Saturday 06/05/99

HEAT SHEETS AND FLIGHT SHEETS - TRACK & FIELD

Event 1		en's 300 Meter curday 06/05/99	Hurdles Finals at 7:46 PM		=
Lane 1	#	Final April Russell	11 De Anza	44.74	

1	April Russell	11 De Anza	44.74
2	Candace Clark	10 Lincoln Stockton	44.26
3	Deneeka Torrey	11 Taft	44.09
4	Danielle Perry	12 Murrieta Valley	43.36
5	Lashinda Demus	10 L.B. Wilson	41.77
6	Nichole Denby	11 J.W. North	42.13
7	Detra King	12 L.B. Poly	43.87
8	Becky Rauth	12 Harvard/Westlake	44.10
9	Undine Becker	10 Mt. Pleasant	44.41

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Event 14 Men's 300 Meter Hurdles Finals Saturday 06/05/99 at 7:53 PM

Lane	#	Final		
1		Jeremy Johnson	12 L.B. Poly	38.39
2		Bruce Giron	12 Monte Vista	37.85
3		Tony Golston	11 Point Loma	37.67
4		Marcell Allmond	12 St. Paul	37.48
5		Rico Hatter	12 Vallejo	36.90
6		Charles Ryan	12 Mc Clymonds	37.35
7		Terry Jenkins	12 Muir	37.50
8		Trevor Jones	11 Newport Harbor	37.79
9		Jordan Lewis	12 Shafter	38.36

Event 15 Women's 200 Meter Dash Finals Saturday 06/05/99 at 8:01 PM

Lane	#	Final		Wind Reading: _	· · · · · · · · · · · · · · · · · · ·
1		Sierra Hauser-Pric	10 Notre Dame/S.O.	24.15 _	
2		Aisha Margain	11 San Lorenzo	24.03 _	
3		Sani Roseby	11 Monterey	23.88 _	
4		Monique Henderson	10 Morse	23.30	
5		Tracee Thomas	09 J.W. North	23.28	
6		Tania Woods	12 Skyline	23.28	
7		Angel Perkins	09 Gahr	23.63	
8		Latrice Borders	12 L.B. Wilson	23.93	
9		Tori Respass-Parso	11 Menlo	24.05	

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Hughes Stadium, Sacramento - Friday 06/04/99 to Saturday 06/05/99

HEAT SHEETS AND FLIGHT SHEETS - TRACK & FIELD

Event	16	Men's	200	Meter	Dash	Finals	
		Saturd	ay	06/05/9	99 at	8:08 PM	

Lane	#	Final			Wind	Reading:	
1		R.J. Oliver	11	Escondido		21.45	
2		Louie Garrett	12	Edison		21.39	
3		Haddow Weatherborn		Dorsey		21.23	
4		Kareem Kelly	12	L.B. Poly		21.12	
5		Warren Rogers	11	Serra		20.91	
6		Michael Mitchell	12	Paramount		21.01	
7		James Johnson	12	Tulare Western		21.21	
8		Darrell Rideaux	12	L.B. Poly		21.28	
9		Marshall Johnson	12	Notre Dame (Rive	rs	21.44	

Event 17 Women's 3,200 Meter Run Finals Saturday 06/05/99 at 8:16 PM

1 Janie Nolan 09 Antioch 10:51.62 2 Trina Cox 12 Santa Rosa 10:46.35 3 Katie Brizgys 12 Palo Alto 10:40.85 4 Anita Siraki 10 Hoover 10:38.92 5 Sara Bei 10 Montgomery 10:28.75 6 Lauren Fleshman 12 Canyon/CC 10:33.58 7 Lauren Gustafson 11 Mills 10:40.52 8 Alex Guerrero 11 Hughson 10:45.76 9 Courtney Baird 12 Helix 10:47.40 10 Katie Martin 12 Irvington 10:52.03 11 Julia Allen 09 Fountain Valley 10:52.03 11 Julia Allen 09 Fountain Valley 10:52.03 12 Robyn Stevens 10 Vacaville 10:56.97 13 Anne Ricketts 12 Saratoga 10:58.65 14 Amber Steen 10 Newport Harbor 11:00.32 15 Latesha Jones 11 Rancho Bernardo 11:05.00 17 Lanele Cox 12 Escondido 11:05.00 18 Melinda	Pos	#	Final			
2 Trina Cox 12 Santa Rosa 10:46.35 3 Katie Brizgys 12 Palo Alto 10:40.85 4 Anita Siraki 10 Hoover 10:38.92 5 Sara Bei 10 Montgomery 10:28.75 6 Lauren Fleshman 12 Canyon/CC 10:33.58 7 Lauren Gustafson 11 Mills 10:40.52 8 Alex Guerrero 11 Hughson 10:45.76 9 Courtney Baird 12 Helix 10:47.40 10 Katie Martin 12 Irvington 10:52.03 11 Julia Allen 09 Fountain Valley 10:52.14 12 Robyn Stevens 10 Vacaville 10:56.97 13 Anne Ricketts 12 Saratoga 10:58.65 14 Amber Steen 10 Newport Harbor 11:00.32 15 Latesha Jones 11 Rialto 11:00.83 16 Julie Manson 11 Rancho Bernardo 11:05.00 17 Lanele Cox 12 Escondido 11:05.10 18 Melinda Fuller 12 Placer 11:05.70 19 Kim Smith <td></td> <td></td> <td>Janie Nolan</td> <td>09</td> <td>Antioch</td> <td>10:51.62</td>			Janie Nolan	09	Antioch	10:51.62
3 Katie Brizgys 12 Palo Alto 10:40.85 4 Anita Siraki 10 Hoover 10:38.92 5 Sara Bei 10 Montgomery 10:28.75 6 Lauren Fleshman 12 Canyon/CC 10:33.58 7 Lauren Gustafson 11 Mills 10:40.52 8 Alex Guerrero 11 Hughson 10:45.76 9 Courtney Baird 12 Helix 10:47.40 10 Katie Martin 12 Irvington 10:52.03 11 Julia Allen 09 Fountain Valley 10:52.14 12 Robyn Stevens 10 Vacaville 10:55.03 13 Anne Ricketts 12 Saratoga 10:58.65 14 Amber Steen 10 Newport Harbor 11:00.32 15 Latesha Jones 11 Rialto 11:00.83 16 Julie Manson 11 Rancho Bernardo 11:05.00 17 Lanele Cox 12 Escondido 11:05.10 18 Melinda Fuller 12 Placer 11:05.70 19 Kim Smith 10 Clovis West 11:17.11 21 Jennifer T	2		Trina Cox	12	Santa Rosa	10:46.35
4 Anita Siraki 10 Hoover 10:38.92 5 Sara Bei 10 Montgomery 10:28.75 6 Lauren Fleshman 12 Canyon/CC 10:33.58 7 Lauren Gustafson 11 Mills 10:40.52 8 Alex Guerrero 11 Hughson 10:45.76 9 Courtney Baird 12 Helix 10:47.40 10 Katie Martin 12 Irvington 10:52.03 11 Julia Allen 09 Fountain Valley 10:52.03 12 Robyn Stevens 10 Vacaville 10:56.97 13 Anne Ricketts 12 Saratoga 10:56.97 14 Amber Steen 10 Newport Harbor 11:00.32 15 Latesha Jones 11 Rialto 11:00.83 16 Julie Manson 11 Rancho Bernardo 11:05.00 17 Lanele Cox 12 Escondido 11:05.70 18	3		Katie Brizgys	12	Palo Alto	10:40.85
5 Sara Bei 10 Montgomery 10:28.75 6 Lauren Fleshman 12 Canyon/CC 10:33.58 7 Lauren Gustafson 11 Mills 10:40.52 8 Alex Guerrero 11 Hughson 10:45.76 9 Courtney Baird 12 Helix 10:47.40 10 Katie Martin 12 Irvington 10:52.03 11 Julia Allen 09 Fountain Valley 10:52.14 12 Robyn Stevens 10 Vacaville 10:56.97 13 Anne Ricketts 12 Saratoga 10:58.65 14 Amber Steen 10 Newport Harbor 11:00.32 15 Latesha Jones 11 Rialto 11:00.83 16 Julie Manson 11 Rancho Bernardo 11:05.00 17 Lanele Cox 12 Escondido 11:05.10 18 Melinda Fuller 12 Placer 11:05.70 19 Kim Smith 10 Clovis West 11:17.11 21 Jennifer Toler 12 Clovis 11:17.73 22 Valerie Flores 11 San Pedro 11:17.79 23 Natal			Anita Siraki	10	Hoover	10:38.92
6 Lauren Fleshman 12 Canyon/CC 10:33.58 7 Lauren Gustafson 11 Mills 10:40.52 8 Alex Guerrero 11 Hughson 10:45.76 9 Courtney Baird 12 Helix 10:47.40 10 Katie Martin 12 Irvington 10:52.03 11 Julia Allen 09 Fountain Valley 10:52.14 12 Robyn Stevens 10 Vacaville 10:56.97 13 Anne Ricketts 12 Saratoga 10:58.65 14 Amber Steen 10 Newport Harbor 11:00.32 15 Latesha Jones 11 Rialto 11:00.83 16 Julie Manson 11 Rancho Bernardo 11:05.00 17 Lanele Cox 12 Escondido 11:05.10 18 Melinda Fuller 12 Placer 11:05.70 19 Kim Smith 10 Clovis West 11:12.99 20 Chrisie Gregory 12 Clovis 11:17.71 21 Jennifer Toler 12 Clovis West 11:17.73 22 Valerie Flores 11 San Pedro 11:17.79 23			Sara Bei	10	Montgomery	
8 Alex Guerrero 11 Hughson 10:45.76			Lauren Fleshman	12	Canyon/CC	10:33.58
9			Lauren Gustafson	11	Mills	10:40.52
10 Katie Martin 12 Irvington 10:52.03	8		Alex Guerrero	11	Hughson	10:45.76
11 Julia Allen 09 Fountain Valley 10:52.14	9		Courtney Baird	12	Helix	10:47.40
11 Julia Allen 09 Fountain Valley 10:52.14			Katie Martin	12	Irvington	10:52.03
13 Anne Ricketts 12 Saratoga 10:58.65			Julia Allen	09	Fountain Valley	10:52.14
14 Amber Steen 10 Newport Harbor 11:00.32			Robyn Stevens	10	Vacaville	10:56.97
15 Latesha Jones 11 Rialto 11:00.83			Anne Ricketts	12	Saratoga	10:58.65
16 Julie Manson 11 Rancho Bernardo 11:05.00				10	Newport Harbor	
17 Lanele Cox 12 Escondido 11:05.10			Latesha Jones			11:00.83
18 Melinda Fuller 12 Placer 11:05.70				11	Rancho Bernardo	11:05.00
19 Kim Smith 10 Clovis West 11:12.99	-		Lanele Cox	12	Escondido	11:05.10
19 Kim Smith 10 Clovis West 11:12.99	18		Melinda Fuller	12	Placer	11:05.70
21 Jennifer Toler 12 Clovis West 11:17.73	19		Kim Smith	10	Clovis West	11:12.99
22 Valerie Flores 11 San Pedro 11:17.79						11:17.11
23 Natalie Stein 10 North Hollywood 11:27.21						
24 Sopagna Eap 12 Lowell 11:36.16	22		Valerie Flores	11	San Pedro	11:17.79
	23		Natalie Stein			11:27.21
25 Annette Corey 12 Foothill 11:45.45	24		Sopagna Eap			
	25		Annette Corey			11:45.45
26 Julia Gray 11 San Pedro 11:47.24	26		Julia Gray			
27 Sherry Duong 10 Oakland 13:35.00	27		Sherry Duong	10	Oakland	13:35.00

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Hughes Stadium, Sacramento - Friday 06/04/99 to Saturday 06/05/99

HEAT SHEETS AND FLIGHT SHEETS - TRACK & FIELD

Event 18 Men's 3,200 Meter Run Finals

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Pos	#	Final			
1		Curt Herberts		Newport Harbor	9:16.04
2		Ben Morales	11	San Benito Hollist	9:14.95
3		Marcus Chandler	12	Serra	9:11.40
4		Oswaldo Pina		Lakewood	9:05.57
5		Augie Escobar	11	Villa Park	8:56.23
6		Josh Spiker	11	Ventura	8:56.66
7		Jose Herrera	12	Loara	9:10.47
8		Matt Macinvale	11	Ramona	9:13.10
9		Jason Finch		Granite Hills	9:15.80
10		Steve Laurie		Maria Carillo	9:16.31
11		Andrew Hill		Los Altos	9:16.39
12		David Ulibarri		Sierra	9:22.01
13		Victor Moreno		Escalon	9:22.15
14		Neil Davis		Bellarmine	9:23.16
15		Edgar Flores		Garfield	9:23.64
16		Celedonio Rodrigue		Elsie Allen	9:23.90
17		Mike Gregg		Nevada Union	9:23.96
18		Chris Lanese		Moreau Catholic	9:25.37
19		Ryan Mack	12	Ukiah	9:26.75
20		Fernando Cabada		Buchanan	9:30.74
21		Humberto Vargas		Belmont	9:34.32
22		J.J. Duke		Clovis	9:34.69
23		Robert Vaca		Sanger	9:35.02
24		Sergio Campos		Marshall	9:39.36
25		Bryce Lighthall		Enterprise	9:45.79
26		Robert Eap	11	Lincoln	10:08.58

Event 19 Women's 4x400 Meter Relay Finals

Saturday 06/05/99 at 8:48 PM

Saturday 06/05/99 at 8:33 PM

Lane	#	Final		
1		Morse	SD	3:53.85
2		Morningside	SS	3:51.51
3		Taft	LA	3:51.12
4		San Lorenzo	NC	3:49.65
5		Westchester	LA	3:47.39
6		L.B. Wilson	SS	3:48.34
7		L.B. Poly	SS	3:50.73
8		Ayala	SS	3:51.26
9		Vallejo	SJ	3:51.61

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Hughes Stadium, Sacramento - Friday 06/04/99 to Saturday 06/05/99

HEAT SHEETS AND FLIGHT SHEETS - TRACK & FIELD

		HEAT SHEETS AN	D FLIGHT SHEETS - TF	RACK & FIELD		
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Event 20	Men	's 4x400 Meter Rela	y Finals			
	Sat	urday 06/05/99 at 8	:58 PM			
Lane	#	Final				
1		St. Mary's	NC	3:19.65		
2		Fairfield	SJ	3:19.39		
3		Chino	SS	3:16.97		
4		Mc Clymonds	OK	3:15.66		
5		Dorsey	LA	3:13.85		
6		Vallejo	SJ	3:13.92		
7		Gardena	LA	3:16.59		
8		Lincoln Stockton	SJ	3:18.95 <u> </u>		
9		Taft	LA	3:19.58		
Event 21 Men's High Jump Finals Saturday 06/05/99 at 5:00 PM						
Pos	#	Flight 1 Finals				
1	π	Kevin Weaver	12 McKinleyville	6'07.00"		
2		Fernando Lopez	11 Taft	6'07.00"		
3		Stan Wright	12 Ridgeview	6'07.00"		
4		Ebon Glenn	11 St. Mary's	6'07.00"		
5		David Glasgow	11 Golden Valley			
6		Norman Preston	12 Rancho Verde			
7		Justin May	12 Corning	6'08.00"		
8		Jeremy Richards	12 Righetti	6'08.00"		
9		Gabe Zarate	12 Parlier	6'08.00"		
======	====	=======================================	=======================================	=======================================		
Event 22		's Pole Vault Final urday 06/05/99 at 4				
Pos	#	Flight 1 Finals				
1	••	Sean Daley	10 Vista	15'00.00"		
2		Jason Lueck	12 St. Ignatius	15'00.00"		
3		Dustin Morrison	11 Alta Loma	15'00.00"		

11 Mt. Pleasant

12 Huntington Beach

12 Covina

12 Malibu

Shane Hackett 11 Verdugo Hills Brandon Braunstein 12 Newark Memorial

4

5

6

7

8

9

Adrian Carbajal

Sam Boswell

Troy Becker

Jeff Ryan

15'04.00"

15'04.00"

15'04.00"

15'04.00"

15'04.00"

15'04.00"

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Hughes Stadium, Sacramento - Friday 06/04/99 to Saturday 06/05/99

HEAT SHEETS AND FLIGHT SHEETS - TRACK & FIELD

•		REAL SHEELS AND	FLIGHT SHEETS - TRACK	& FIELD		
======	====					
Event 23		's Long Jump Finals urday 06/05/99 at 5:	:00 PM			
Pos 1 2 3 4 5 6 7 8	#	Flight 1 Finals Jordan Adams Michael Mitchell Paul Brown Juanne Armon Chris Morgan Brandon Parker Tony Allmond Robert Kennedy Oliver Jackson	11 Patrick Henry 12 Paramount 10 Sierra 11 Archbishop Mitty 10 Taft 11 Lincoln Stockton 11 St. Paul 12 El Camino 11 Royal	23'04.00" 23'04.50" 23'06.00" 23'07.00" 23'08.50" 23'10.00" 23'11.00" 24'01.50"		
=======	====	=======================================	=======================================	=======================================		
Event 24		's Triple Jump Final urday 06/05/99 at 7:				
Pos 1 2 3 4 5 6 7 8	#	Flight 1 Finals Roger Nunn Bruce Giron Ronnie Grant Derrick Wells Tony Ortiz Rodney Woods Robert Kennedy Royce Jennings Kyle Carano	11 Gahr 12 Monte Vista 11 Mt. Pleasant 12 University 11 Helix 11 Littlerock 12 El Camino 12 Bakersfield 12 Hoover	46'10.50" 46'11.00" 46'11.00" 47'01.25" 47'04.00" 47'10.00" 48'00.00" 49'04.25" 50'09.25"		
Event 25 Men's Shot Put Finals Saturday 06/05/99 at 7:00 PM						
Pos 1 2 3 4 5 6 7 8	#	Flight 1 Finals Josh Robb Sam Lightbody Rovann Cleveland Pete Bjorkland David Adamo Joe Weber Derek Martinez Rhuben Williams Bernard Grady	12 Shasta 12 Huntington Beach 12 Canyon Springs 12 Los Altos 11 Clovis West 12 Pacific 12 Bellarmine 11 Eagle Rock 12 Scripps Ranch	58'02.75" 58'07.75" 58'09.00" 59'05.25" 59'09.75" 59'11.75" 60'05.00" 61'04.75" 63'10.75"		

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HEAT SHEETS AND FLIGHT SHEETS - TRACK & FIELD

		HEAT SHEETS AN	D FLIGHT SHEETS - TRAC	K & FIELD
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Event 26	Mer	's Discus Throw Fin		
		urday 06/05/99 at 5		
		2224	.00 111	
Pos	#	Flight 1 Finals		
1		Bryan Harris	12 Tokay	168'09.00"
2		Rhuben Williams	11 Eagle Rock	170'07.00"
3		Jeff Engstrom	12 Golden West	172'02.00"
4		Sam Lightbody	12 Huntington Beach	174'00.00"
5		Travis Pendleton	11 Esperanza	174'10.00"
6		Rusty Price	11 Atwater	177'06.00"
7		Tim Adrian	12 Moorpark	186'04.00"
8		Dan Arnes	12 El Capitan	189'06.00"
9		Luke Mackay	12 Hughson	202'05.00"
		-	3	
=======	====		***********	=======================================
Event 27	Won	en's High Jump Fina	ls	
		urday 06/05/99 at 7		
Pos	#	Flight 1 Finals		
1		Ann-Marie Turpin	12 Simi Valley	5'06.00"
2		Laura Winnacker	11 Berkeley	5'06.00"
3		Kim Stone	12 York	5'06.00"
4		Jenna Lazzerini	11 Garces	5'06.00"
5		Michelle Mahlke	12 Marymount	5'06.00"
6		Susan Schaap	12 Yreka	5'06.00"
7		Bianca Ziemann	09 Edison (Hb)	5'06.00"
8		Cynthia Mallory	12 Milpitas	5'06.00"
9		Rachael Ziemann	09 Edison (Hb)	5'06.00"
			• •	
=======	====	=======================================		=======================================
Event 28	Wom	en's Pole Vault Fina	als	
	Sat	urday 06/05/99 at 7:	:00 PM	
•		- , ,		
Pos	#	Flight 1 Finals		
1		Leona Ward	12 Peninsula	11'00.00"
2		Paige Roberts	10 Atascadero	11'04.00"
3		Karen Bewley	12 Atascadero	11'04.00"
4		Chelsea Connolly	10 Soquel	11'04.00"
5		Laura Chen	10 Temple City	11'04.00"
6		Buffie Ryan	11 Soquel	11'04.00"
7		Kathleen Donoghue	12 Rancho Bernardo	11'04.00"
0		Notalia Donnisan		11'04 00"

09 Rancho Bernardo

12 Mayfair

8

9

Natalie Dennison

Debbie Samson

11'04.00"

11'04.00"

Hy-Tek's MEET No 06/04/99 10:15 PM CIF Track & Field Championships
Hughes Stadium, Sacramento - Friday 06/04/99 to Saturday 06/05/99 Hy-Tek's MEET MANAGER

HEAT SHEETS AND FLIGHT SHEETS - TRACK & FIELD

=====	=====					
Event 29 Women's Long Jump Finals Saturday 06/05/99 at 5:00 PM						
Pos 1 2 3 4 5 6 7 8	#	Flight 1 Finals Elzunia Lamb Adrienne Farringto Tinishia Johnson Shanita Bryant Tiffany Jones Sani Roseby Kennesha Phillips Porchea Carroll Dana Bethel	10 San Benito Hollist 12 Rancho Bernardo 10 Archbishop Mitty 11 Ygnacio Valley 10 Eisenhower 11 Monterey 10 Roosevelt 10 Rio Mesa 10 Mission Viejo	18'03.25" 18'03.75" 18'06.50" 18'06.75" 18'06.75" 18'08.25" 18'08.50" 19'03.50" 19'04.75"		
=====	=====		=======================================			
Event		en's Triple Jump Fin urday 06/05/99 at 7:				
Pos 1 2 3 4 5 6 7 8	#	Flight 1 Finals Brittany Roberts Kamisha Bowens Andrea Kincaid Stacy Goff Adrienne Farringto Trinety White Tinishia Johnson Lauren Chesnut Heather Contreras	12 Bullard 10 Bakersfield 12 Skyline 12 Crenshaw 12 Rancho Bernardo 10 Marysville 10 Archbishop Mitty 11 Laguna Creek 12 Sutter	38'02.00" 38'02.25" 38'03.50" 38'06.00" 38'06.25" 38'07.50" 38'09.50" 39'04.75"		
Event :		en's Shot Put Finals urday 06/05/99 at 7:	00 PM			
Pos 1 2 3 4 5 6 7 8	#	Flight 1 Finals Candace Hill Jenna Johnson Katie McKeever Amanda Garcia Jessica Cosby Sheni Russell Karen Freberg L'Orangerie Crawfo Jill Camarena	11 Hoover 11 St Joseph (Sm) 10 Woodland 11 Carondelet 11 Cleveland 12 Ramona 10 Arroyo Grande 12 Santa Monica 11 Woodland	42'01.00" 42'01.75" 42'03.00" 43'05.00" 43'11.75" 44'04.75" 45'10.25" 46'04.50" 50'11.25"		

Flash Results, Inc. Hy-Tek's MEET MANAGER 99 10:15 PM CIF Track & Field Championships F Hughes Stadium, Sacramento - Friday 06/04/99 to Saturday 06/05/99 06/04/99 10:15 PM Page 12

HEAT SHEETS AND FLIGHT SHEETS - TRACK & FIELD

Event	32	Women's I)iscus	Throw	Finals
		Saturday	06/05/	/99 at	7:00 PM

Pos	#	Flight 1 Finals			
1		Michelle Daggs	11	Bishop O'Dowd	127'05.00"
2		Rosie Figueroa	12	Salinas	127'09.00"
3		Kristen Thompson	11	Esperanza	136'09.00"
4		Krissy Schelir	11	Sierra	140'11.00"
5		Sheni Russell	12	Ramona	141'04.00"
6		Amanda Andrews	12	Arroyo Grande	142'05.00"
7		Jill Camarena	11	Woodland	145'03.00"
8		Cari Soong	12	J.W. North	146'10.00"
9		April Burton	12	Bakersfield	149'06.00"

Barrientos wins state 1,600 title

Girls: Roseby, Stone also capture championships.

BY DARREN SABEDRA Mercury News Staff Writer

SACRAMENTO — As she ran around the final



Barrientos

turn and the finish line came into focus in the girls 1,600 meters, Alejandra Barrientos knew it was simply a matter of time. There was no way the state championship was going to slip away now.

Just to be sure, the San Lorenzo Valley High sophomore glanced back, as she had done several times after taking the lead with 300 meters to go.

It was obvious reigning state champion Sara Bei of Montgomery in Santa Rosa wasn't going to make a late charge, and Barrientos contin-

ued her pace as the crowd of 16,175 at Hughes Stadium roared.

Barrientos, who hadn't even competed in distance running a year ago, completed her remarkable journey, winning the state championship Saturday in 4 minutes, 45.02 seconds, the fastest time in the nation this season

Bei took second in 4:46.71, the nation's second-best time. Angela Sanchez of Capuchino, the runner-up to Barrientos at the Central Coast Section championships, finished third in 4:52.87.

"I felt tired," Barrientos said after the awards ceremony. "But I just kept telling myself to give a little more, give a little more. I heard people screaming, and I saw the finish line. I kept telling myself, "There it is. You keep getting closer to a state championship. Keep going harder and harder.' If I just did all that, I could pull myself through it."

Barrientos' victory was one of several highlights for CCS athletes.

Monterey junior Sani Roseby, a three-time state-meet qualifier, won the long jump with a leap of 19 feet, 8¾ inches, and she placed second in the 100 and fourth in the 200. Her time in the 100 (11.42) ranks second in the nation behind champion Tania Woods of Skyline in Oakland, who clocked an 11.41.

Kim Stone of York capped her career by winning the high jump at 5-9, the best mark she has posted since her sophomore season.

In the 1,600, Barrientos ran what her coach, Rob Collins, called a perfect race. Though she wasn't the pacesetter during the middle of the race, as she typically is, Barrientos hit each split in her plan. She ran the first lap in 69 seconds, completed 800 meters in 2:24 and 1,200 meters in 3:38.

"Everything worked out perfect to the point for us," Collins said.

With 400 meters left, Barrientos and Bei were even. Bei, who defeated Barrientos in their only previous meeting, surged into the lead as she made the turn toward the back stretch. But with 300 meters to go, Barrientos made the move that would end with her arms raised at the finish line. She passed Bei and

then started to pull away with about 80 meters left.

"It's like a dream come true," said Barrientos, whose previous best time was 4:47.94, set at the Arcadia Invitational in April. "I have gone through so many ups and downs, times when I didn't want to run anymore, when my body just hurt so bad. I thought in this worth it? I was thinking, I'm killing myself. What if I don't even ge this state championship? But today was just so focused. With what I had to do, I am just incredibly satisfied Things couldn't be better right now."

Roseby also was satisfied, posting the winning mark in the long jump in the fifth of six rounds for her first state championship.

"The hard part was just waiting to see if that jump would hold up, Roseby said.

When it was clear the mark would stand, she said, "Thank you Jesus. was so happy."

Stone's winning mark came on he second attempt at that height.

"It's the pinnacle," Stone said "What more could I want? In high school, this is what it's all about."

Challenge awaits Barrientos

1,600-meter champion serves notice by posting top qualifying time.

BY DARREN SABEDRA Mercury News Staff Writer

SACRAMENTO — One would expect Alejandra Barrientos to have a psychological advantage in the girls 1,600 meter final today at the state track and field championships. The San Lorenzo Valley High sophomore hasn't lost in two months, and no one in the field has posted a faster time this season.

But if Barrientos has an edge, it isn't much of

Sara Bei of Montgomery in Santa Rosa, the reigning state champion and the only runner to beat Barrientos this season, showed Friday night that she won't relinquish her title without a fight. The sophomore won the second of two heats at Hughes Stadium with a time of 4:56.88, the day's best mark. Barrientos won her heat in 4:57.45.

If that was reason for concern, Barrientos didn't show it. She explained that all she wanted to do Friday was run fast enough to win her heat. Before she left, she watched Bei put on a late kick to win her heat.

"She starts out pretty slow and then takes it way up," Barrientos said. "I know that in the beginning (today), I shouldn't have a problem with her being right there with me.

"But I just know that if it comes down to the last! lap and we're still right there, I'll give it the strongest kick I possibly can, and hopefully that will be

enough to win this. I'm not afraid of how much I'm hurting. No matter how much pain I'm in, I'm going to do whatever I can."

to do whatever I can."

There were few surprises Friday among the Central Coast Section's girls entrants.

Sani Roseby of Monterey advanced in the 100, 200 and long jump. Tinishia Johnson of Mitty advanced in the triple jump and long jump. Latoya Phillips of Mitty moved on in the 100 hurdles, and Mitty's 400 relay team qualified for today's final.

But one of today's marquee events figures to be

Angela Sanchez of Capuchino, who finished second to Barrientos at the CCS championships last week and third in Bei's heat Friday, said the race might come down to experience.

"Sara has more experience," Sanchez said. "I think she'll use that to her advantage."

Bei isn't sure what to expect because she is unfamiliar with Barrientos' style. She also claims she hasn't run in a fast-paced 1,600 this season. Bei, whose best time of the season (4:52.28) came indoors, considers herself an underdog.

"I kind of like the role of coming in that way," she said. "You don't have as much pressure. The pressure comes from yourself."

Bei beat Barrientos at the Stanford Invitational in March with a time of 4:53.99 in the mile. Barrientos finished third in 5:00.42 but hasn't faded in big meets since. She posted the state's top time of 4:47.94 at the Arcadia Invitational in April and has consistently run near 4:50. Bei, who will also attempt to defend her state title in the 3,200, didn't run at Arcadia because she was on a church retreat in Mexico.

"I don't think, in the mile, I have been in a great race the whole year," she said. "None of them have

'If it comes down to the last lap and we're

still right there, I'll give it the strongest

kick I possibly can, and hopefully that wi

be enough to win this.'

- Alejandra Barriento

gone out under 80 seconds the first lap. That's suc a slow start.".

By contrast, Barrientos ran the first lap last wee at the CCS championships in 64.7 seconds and ra the first lap Friday in 69 seconds.

Barrientos aggravated a back injury Friday bu said she will be fine today. She said she suffered the injury weeks ago. In the triple jump, Mitty's John son qualified third with a leap of 38-9½. She said i will take 40 feet to win today.

"There are a lot of talented girls out there," John

Johnson said she was more nervous Friday that at any other meet in her career. She took fifth at the state meet last season.

"I know I have a better chance to do well," sh said. "I was kind of nervous about that."

In the 100, Roseby posted her best legal mark of the season, 11.59. She won the CCS title in a wind aided 11.50.

"I plan on it being faster tomorrow," Roseby said

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North Girls Top L.B. Wilson

By JOHN ORTEGA TIMES STAFF WRITER

SACRAMENTO—Junior Nichole Denby and freshman Tracee Thomas led Riverside J.W. North to its first girls' title in the state track and field championships Saturday night before 16,175 at Sacramento City College.

J.W. North defeated runner-up Long Beach Wilson, 42-27.

The girls' title race had boiled down to a two-team battle between Wilson and J.W. North after Friday's preliminaries and both teams started the finals strongly.

Denby won the 100 high hurdles in a wind-aided 13.42 and also finished second in the 300 low hurdles with a time of 41.53.

Thomas placed second in the 200 in 23.31 and finished third in the 100 in 11.70.

Senior April Holliverse placed fourth in the 100 hurdles in 14.21, and senior Cari Soong cq finished third in the discus with a throw of 150 feet 2 inches to account for J.W. North's other points.

Wilson, which tied Long Beach Poly for the title last year, was led by sophomore Lashinda Demus.

Demus won the 300 low hurdles in 40.44 and finished third in the 100 hurdles in 13.69. Senior Joni Smith placed third in the 400 in 54.33.

Demus also won on Wilson's 1,600-meter relay team that finished first in 3:39.01/

In the boys' division, Vallejo upset two-time defending champion Long Beach Poly, 35-32, to win its first state title.

Poly senior Kareem Kelly won the 100 in a

wind-aided 10.47 and the 200 in a wind-aided in a 20.76, but Poly was disqualified from the 400 relay for passing the baton out of the zone after finishing first in a time of 40.54.

Poly had run a state-record 40.14 in the Southern Section Masters Meet on May 28, but Darrell Rideaux and Samie Parker failed to connect in time on the second exchange and Kelly's strong anchor leg went for not.

Vallejo ended up winning the 400 relay in 40.94.

Rideaux finished second to Kelly in the 100 and was fourth in the 200 for the Jackrabbits.

Kelly was one of two double winners in the meet.

The other was senior Tania Woods of Oakland Skyline, who won the girls 100 in 11.41 and the 200 in 22.88.

Senior Lindsay Hyatt of Placer won her fourth consecutive title in the girls 800 in 2:06.74.

Hyatt is the third girl to win four consecutive titles in the same event. The others were Natalie Kaaiawahia of Fullerton won four consecutive shot put title between 1980-83, and Marion Jones won four consecutive titles in the 100 and 200 while competing for Oxnard Rio Mesa as a freshman and sophomore and for Thousand Oaks as a junior and senior.

Athletes from the City Section won three events in the boys' meet.

Senior Blaine Bussey of Woodland Hills Taft won the 400 in 46.94, junior Rhuben Williams of Eagle Rock won the shot put with a career-best 62-8½ and Dorsey won the 1,600-meter relay in 3:13.01.

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