



FOXathletics

Join the summer racing team!

The FOXathletics Racing Team was created in 2000 to offer high school athletes the ability to train and compete in off-season competition. It soon developed into an elite athlete development program with athletes reaching top-level competitions at Simplot, NCIS, Nike Indoor and Outdoor Championships, and USATF Junior Olympic Nationals. The majority of our high school athletes have advanced on to Collegiate Competition, including D1 programs. Today our program is open to youth thru masters athletes.

Coaching staff consists of Gerri Baldwin, Julia Picksley and various experienced collegiate athletes. We practice Mondays, Tuesdays and Thursdays from 5-7 throughout the summer. Optional weight training will be held Mondays and Tuesdays from 3-4:30 at Los Altos High School.

The cost is \$275* for the summer and an additional \$75 for weight training. A registration form can be downloaded at www.foxathletics.com.

In addition athletes will need to obtain a USATF membership. You can do so by going to www.usatf.com. If you are interested in participating in youth meets you will need to be born on or after Aug. 2nd 1990, and will need to provide a birth certificate at the meets.

The tentative summer meet schedule is as follows:

Youth Division:

June 6th Saturday Distance Runners, Walkers & Field Event Carnival at Castro Valley High School

June 13-14th Sat, Sun Pacific Assoc. Youth Championships Sacramento

June 13th Golden West Folsom, CA

June 20-21st Sat, Sun Region 14 Multi Event Clovis, CA

June 26-28th Fri-Sun Pacific Association Qualifier

July 11-13th Fri, Sat Region 14 T&F Championships Bakersfield

July 28-Aug 2 JO Nationals, Greensboro, NC

Open Division:

June 12th-14 Fri-Sun Masters/Open Meet South Lake Tahoe

June 18th Thurs LGAA All Comers Meet

June 20th Sat Corporate Regional Los Gatos

June 25th Thurs LGAA All Comers Meet

July 2nd Thurs LGAA All Comers Meet

July 9th Thurs LGAA All Comers Meet

July 16th Thurs LGAA All Comers Meet

July 18th, 19th Fri, Sat National Corporate Meet

July 23rd Thurs LGAA All Comers Meet

July 30th Thurs LGAA All Comers Meet

Aug 8th Thurs LGAA All Comers Meet

* Scholarships are available