Info Update

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April 5, 2010

Coaches.

Please find attached the updated meet information for the 2010 presentation of the Bill Kearney Invitational. We've made a few adjustments this year, so please be sure to look over the meet info and schedule. Once again we will have a rolling schedule, with the field events starting at 8:30 a.m. and the track events starting at 9:30 a.m. Since the amount of time it takes to complete the track trials varies from year to year, we needed to set a fixed time for the first set of 2 mile runs to give participants a set time for starting the event. The track finals will start no earlier than 11:30.

Hartnell College is currently updating their athletic facilities with the first phase nearly complete on the soccer, baseball and softball fields. All of the changes have greatly impacted the parking availability near the track. The "temporary" lot near the track has been replaced by the softball field. Due to the limited parking around the track, we'd appreciate it if all buses could please park along West Alisal Street or in the Hartnell College Parking lot located on the corner of West Alisal Street & Homestead Avenue. The majority of the parking available is in the adjacent residential neighborhood, the parking lot between the pool and tennis courts and the main lot on the corner of West Alisal & Homestead. The main athlete & spectator entrance will once again be on College Drive. I've attached a basic map of the area for reference.

The entry deadline is Wednesday April 14th at midnight at www.directathletics.com

We look forward to a great meet and hope to see all of you at Hartnell College on April 17th!

Roger Chagnon Salinas High School Track & Field Meet Director – Bill Kearney Invitational

2010 Bill Kearney Invitational

Salinas High Track Field Order of Events

9:30 A.M. - TRACK TRIALS 100 Meters

F/S Girls, F/S Boys, V Girls, V Boys

100 Meters Hurdles

F/S Girls, V Girls

110 / 65 Meter Hurdles

V Boys, F/S Boys

200 Meters F/S Girls, F/S Boys, V Girls, V Boys

FINALS (approx. 11:30 A.M.) 3200 Meters

V Girls, V Boys

4x100 Meter Relay (Fast - Slow) F/S Girls, F/S Boys, V Girls, V Boys

1600 Meters (Fast - Slow) F/S Girls, F/S Boys, V Girls, V Boys

100 / 110 / 65 Meter Hurdles F/S Girls, V Girls, V Boys, F/S Boys

400 Meters (Fast - Slow) F/S Girls, F/S Boys, V Girls, V Boys

100 Meters

F/S Girls, F/S Boys, V Girls, V Boys

800 Meters (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

300 Meter Hurdles (Fast - Slow) F/S Girls, V Girls, F/S Boys, V Boys

200 Meters

F/S Girls, F/S Boys, V Girls, V Boys

3200 Meters

F/S Girls, F/S Boys

4x400 Meter Relay (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

FIELD

8:30 A.M. Group 1 Discus (3 attempts only) F/S Girls

8:45 A.M. Group 2

Shot Put	V Boys
Long Jump	V Boys
Triple Jump	V Girls

9:00 A.M. Group 3

High Jump	F/S Boys
Pole Vault	F/S Girls

Immediately Following Group 1, 2 & 3

Group 4

Shot Put	V Girls
Discus (3 attempts only)	F/S Boys
Long Jump (3 attempts only)	F/S Girls
Triple Jump (3 attempts only)	F/S Boys
High Jump	V Boys
Pole Vault	V Girls

Immediately Following Group 4

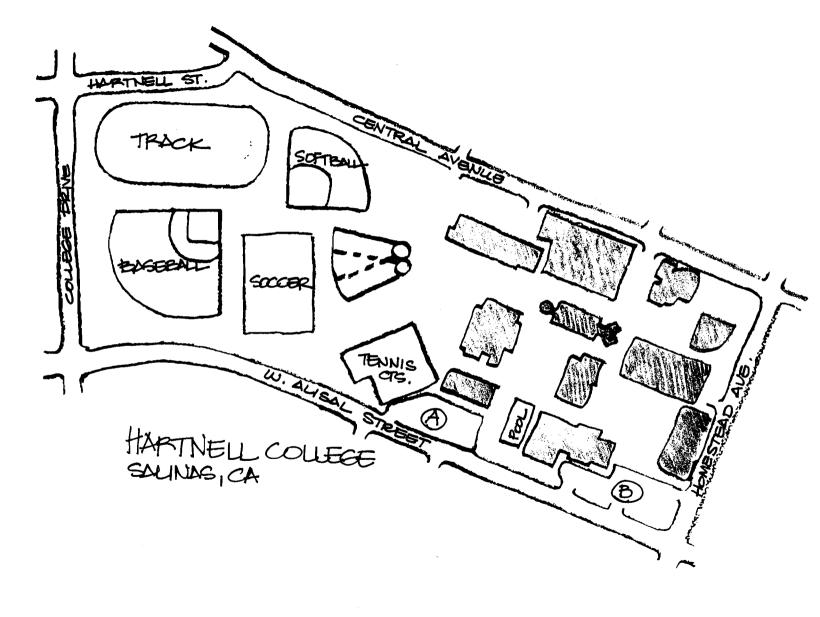
Group 5

Shot Put (3 attempts only)	F/S Boys
Discus	V Boys
Long Jump	V Girls
Triple Jump	V Boys
High Jump	V Girls
Pole Vault	V Boys

Immediately Following Group 5

Group 5

Shot Put (3 attempts only)	F/S Girls
Discus	V Girls
Long Jump (3 attempts only)	F/S Boys
Triple Jump (3 attempts only)	F/S Girls
High Jump	F/S Girls
Pole Vault	F/S Boys



- Host: Salinas High Track & Field
- Contact: Roger Chagnon, Meet Director (831) 796-7400 x3464 school; (831) 770-0919 home; chagnon@ultimanet.com
- Location: Hartnell College, Salinas, California
- **Facilities**: Nine lane All-Weather track and runways. Spikes, 1/4 inch or less, are allowed on the track surface. Spikes longer that 1/4 inch will not be allowed and the athlete will be disqualified for that event. All shoes will be checked at the clerk of the course station at the time of checking in.

Time: Field events will start at 8:30 a.m. See attached schedule.

Track event trials will start at **9:30 a.m**. At this time, preliminary heats will be conducted in the 100 m, 100 LH, 110 HH, 65 HH, & 200 m. Track event finals will begin immediately following the completion of the trials. See attached schedule.

- Entries: 1. Entries are to be entered through Direct Athletics <u>http://www.directathletics.com</u> and must be received by *Wednesday April 14, 2010 at 11:59 p.m.*.
 - 2. Each team may enter **2** athletes per division in each of the following events: 100 m, 200 m, 400 m, 65/100/110/ hurdles, 300 hurdles, long jump, triple jump, high jump & pole vault. *No entries over this limit will be accepted*. See alternates below.
 - 3. Each team may enter **3** athletes per division in each of the other events. **No** *entries over this limit will be accepted*
 - 4. ALTERNATES: Heats of the sprint races will be seeded prior to the start of each event to ensure complete fields. One alternate, per division, per school will be allowed in the following events: 100 m, 200 m, 65/100/110 hurdles, 400 m & 300 hurdles. Alternates <u>will not</u> be used as a substitution for your own athletes. Athletes will be drawn from the alternate pool as necessary to fill heats & <u>will not</u> be used to create new heats.
 - a. To enter alternates in the meet, please use the attached form and send to: Roger Chagnon, fax: 831-424-2501 or email: <u>chagnon@ultimanet.com</u> by the entry deadline.
 - 5. A name, time / distance mark **MUST** accompany each entry. Please enter **2010 marks only** and be as **honest** & **accurate** as possible.
 - NO ADDITIONS will be accepted after the deadline.
 NO CHANGES, ADDITIONS, OR SUBSTITUTIONS WILL BE MADE ON MEET DAY!
- Fees: Entry fees are as follows: \$4.00 per entry (per individual event) and \$10.00 per relay team. Schools will be charged for the number of **ORIGINAL** entries received (including alternates). No refunds will be made for no shows!

Please make checks payable to Salinas High Track & Field and send to:

Salinas High Track & Field 726 South Main Street Salinas, California 93901 Attn: Roger Chagnon

Admission: Spectator admission is free.

- **Seating**: **The bleachers are for spectators only**. No teams are allowed to "camp" on the infield. Teams may "camp" around the perimeter of the track.
- Warm-up: All warm-up will be conducted outside the track area. No warm up allowed on the track or infield.
- **Check-in**: For all track events, athletes must check in at the clerk's table by the third call announcement. Alternates must also check in at the clerk's table. Runners will be scratched if they have not checked in by the time the check-in sheet leaves the table. Field event athletes will check in at the event location prior the start.
- **Scoring**: Events will be scored in the following order: 10 8 6 4 2 1Alternates who place will count toward team scores.
- **Awards**: Medals will be awarded for 1st thru 5th place in each event for all four divisions.

A team trophy will be awarded to the top team in each division.

- **T-shirts**: A limited supply of T-shirts will be available on meet day.
- **Weights:** All throwing implements must be weighed prior to competition. A weighing station will be set up near the shot put ring.
- **Coaches** A meeting will be held prior to the start of the trials (approx. 9:00 a.m.).

Meeting

DEADLINE: Wednesday April 14th at 11:59 p.m.

Entries shall be made at <u>http://www.directathletics.com;</u> alternates shall be entered using the attached form.

Entry Fees

School:		Fax	: #:
Coach: Please inclu			one: ms for quick confirmation of entry
receipt.	_		
	Em	ail address:	
Event Fee:	\$4.00 per entry / \$10	.00 per relay team	1
Division:	Boys Varsity	# of Entries	x \$4.00 =
		Alternates:	x \$4.00 =
	Girls Varsity	# of Entries	x \$4.00 =
		Alternates:	x \$4.00 =
	Boys F/S	# of Entries	x \$4.00 =
		Alternates:	x \$4.00 =
	Girls F/S	# of Entries	x \$4.00 =
	Alternates:	x \$4.00 =	
			Sub Total =
	Tot	al # of Relays	x \$10.00 =
			TOTAL =
Please mak	e checks payable to:	Salinas High Tra	ack & Field

Send checks to: Salinas High Track & Field 726 South Main Street Salinas, CA 93901 Attn: Roger Chagnon

ALTERNATE ENTRY FORM

(Deadline: Wednesday April 14th at 11:59 p.m. Fax completed form to: 831-424-2501)

School: _____ Coach: _____ Phone: _____

ALTERNATES: Heats of the sprint races will be seeded prior to the start of each event to ensure complete fields. One alternate, per division, per school will be allowed in the following events: 100 m, 200 m, 65/100/110 hurdles, 400 m & 300 hurdles. Alternates <u>will not</u> be used as a substitution for your own athletes. Athletes will be drawn from the alternate pool as necessary to fill heats & <u>will not</u> be used to create new heats.

VARSITY BOYS:	ATHLETE	MARK
100 METERS:		
200 METERS:		
400 METERS:		
110 HURDLES:		
300 HURDLES:		
VARSITY GIRLS:	ATHLETE	MARK
100 METERS:		
200 METERS:		
400 METERS:		
100 HURDLES:		
300 HURDLES:		
F/S BOYS:	ATHLETE	MARK
F/S BOYS : 100 METERS:	ATHLETE	MARK
	ATHLETE	MARK
100 METERS: 200 METERS: 400 METERS:	ATHLETE	<u>MARK</u>
100 METERS: 200 METERS: 400 METERS: 65 HURDLES:	<u>ATHLETE</u>	<u>MARK</u>
100 METERS: 200 METERS: 400 METERS:	<u>ATHLETE</u>	<u>MARK</u>
100 METERS: 200 METERS: 400 METERS: 65 HURDLES:	<u>ATHLETE</u>	<u>MARK</u>
100 METERS: 200 METERS: 400 METERS: 65 HURDLES: 300 HURDLES:		
100 METERS: 200 METERS: 400 METERS: 65 HURDLES: 300 HURDLES: <i>F/S GIRLS</i> :		
100 METERS: 200 METERS: 400 METERS: 65 HURDLES: 300 HURDLES: <i>F/S GIRLS</i> : 100 METERS:		
100 METERS: 200 METERS: 400 METERS: 65 HURDLES: 300 HURDLES: F/S GIRLS : 100 METERS: 200 METERS:		
100 METERS: 200 METERS: 400 METERS: 65 HURDLES: 300 HURDLES: F/S GIRLS : 100 METERS: 200 METERS: 400 METERS:		

Salinas High Track & Field Updated:4-4-10