

# Parental Consent Participation Waiver

I hereby grant permission for my child to attend the Vertical Assault Pole-Vault Camp and verify that my child has had a physical exam in the past year and is capable of participating in the activities related to the clinic. I agree to indemnify, hold harmless and defend Michael Lawryk, Vertical Assault, CST, LLC and/or their agents or employees from any and all liability for injury to my child, as well as any injury or damage caused by my child THIS INCLUDES POLE BREAKAGE. Should medical treatment for my child be necessary, I hereby authorize any physician or trainer selected by camp personnel to order and conduct medical or surgical procedures necessary. In addition, I hereby grant permission for Vertical Assault, CST, LLC to use any photography or videotape of my child for advertising or educational instructional video materials.

I understand that by joining Vertical Assault, I am responsible for paying the full amount of the session my athlete has signed up for regardless of attendance. I understand that if my athlete is injured, we need to email the club coordinator in order to freeze membership and/or receive credit for unused sessions. A late fee of \$15.00/month will be applied for any late payments. A charge of \$35 will be made for any checks returned due to insufficient funds. My athlete agrees to keep and obey all rules and regulations now in force or in the future prescribed by Vertical Assault, for conduct in class, and the use of the training facilities, premises, and equipment. Vertical Assault reserves the right to revoke this membership for cause if athlete fails to keep and obey such rules and regulations, or for reasons of nuisance, disturbance, moral turpitude, or fraud.

Health and Accident Insurance Company

Policy # \_\_\_\_\_

Parent/Guardian  
Signature \_\_\_\_\_

Parent/Guardian  
Telephone \_\_\_\_\_

Date: \_\_\_\_\_

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## For Office Use Only

Date Received \_\_\_\_\_

Amount \_\_\_\_\_

Check # \_\_\_\_\_

Balance Due \_\_\_\_\_

**VERTICAL  
ASSAULT**

PO Box 70416  
Sunnyvale, CA 94086

**HIGHER  
FASTER  
SAFER™**

**VERTICAL  
ASSAULT**

**POLE VAULTING CLUB**

*Summer Session*  
**2016**

**June 4th - August 14th**  
Mike Lawryk, USATF Coach

## ■ THE PROGRAM

Vertical Assault is a progressive program designed to benefit both beginning and accomplished vaulters. Through a pole and run progression, you'll learn our series of vault drills adopted from the nation's best coaches, which will lead to safe and consistent higher vaulting.

## ■ THE COACH

Coach Michael Lawryk is a certified USATF coach with over 20 years of experience. Recently named US High School Coach of the Year, he has worked extensively with some of the nation's best coaches and athletes.

## ■ THE CLUB

Vertical Assault Pole Vaulting Club began in 2001, serving the east coast's vaulters across PA, NJ, and NY, and still operating full service facilities in PA. Head Coach Michael Lawryk recently moved to the California bay area, and is kicking off west-coast operations with TWO locations this summer.

### PROVEN RESULTS...

## HIGHER...FASTER...SAFER™

Join the Ranks of Our Participating Athletes

- 4 US Olympic Development Vaulters
- 2 Former US H.S. Record Holders
- 14 National Champions
- 1 NCAA Division I All-American
- 18 US H.S All-Americans
- 22 PA State Champions since 2001
- 21 NJ State Group Champions since 2001
- '04, '05, '07, '08, '09, '10 & '11 NJ Boys and Girls Meet of Champions winners
- 4 NCAA D III Champions

You can see and read about Vertical Assault's successes and media coverage online at: <http://www.verticalassault.org/archives.htm>

## ■ Locations & Equipment

Vertical Assault offers summer pole vaulting lessons in Cupertino and San Jose, California. The club offers athletes of all skill levels a wide variety of pole-vaulting poles and first-class landing equipment.

Prospect High School  
18900 Prospect Rd  
Saratoga, CA 95070

Leland High School  
6677 Camden Avenue  
San Jose, CA 95120

## ■ Summer Schedule 2016

June 4th-August 14th  
(Off July 4th, 7th, 9th, 20th, 21st, 23rd)

16 weekdays / 7 Saturdays

### PROSPECT HIGH SCHOOL

Mondays/Wednesdays 4-6pm  
Saturdays 10am-noon

### LELAND HIGH SCHOOL

Tuesdays/Thursdays 4-6pm

### END OF SUMMER COMPETITION + BBQ:

July 30th

7 Saturdays - \$270

16 Weekdays - \$400

**BOTH: \$500**

Athletes may make-up missed practices at any open practice during the season.

Vertical Assault discourages pay-as-you-come vaulters. The vault is a difficult technical event that takes time and repetition to learn. Consistency is key, and a commitment is necessary to reap the full benefits Vertical Assault has to offer. If you desire pay-as-you-come sessions, please email our club coordinator at [Verticalassaultwest@gmail.com](mailto:Verticalassaultwest@gmail.com).

## ■ HOW TO SIGN UP

All vaulters must be a current USATF member. Please mail your registration ASAP, DON'T GET WAIT-LISTED! You will need to fill out the provided form, and rank your session preferences. Vaulters are typically accommodated into their first choice session. Look for session confirmation via email by May 25th.

## ■ INFO & DIRECTIONS

For more information, or questions please email our coordinator at [Verticalassaultwest@gmail.com](mailto:Verticalassaultwest@gmail.com), or call Coach Mike: 610-442-9704

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## Vertical Assault Summer Session 2016

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Sex:  M  F Age: \_\_\_\_\_

Email Address: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_

School: \_\_\_\_\_

Grade: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Best Vaulting Height: \_\_\_\_\_

USATF Member #: \_\_\_\_\_

T-shirt size: \_\_\_\_\_

**Check One:** (\$200 Deposit Required with Forms)

\$200 Deposit  Pay in Full

### PROSPECT HIGH SCHOOL

Mondays/Wednesdays 4-6pm (\$400)

Saturdays 10am-noon (\$270)

### LELAND HIGH SCHOOL

Tuesdays/Thursdays 4-6pm (\$400)

Discount for Weekdays + Saturdays: \$500.

Credit Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ CVV Code: \_\_\_\_\_

Signature: \_\_\_\_\_

(By signing this form you give us permission to debit your account for the amount indicated above on or before July 15th, 2016.)

**Mail Application,  
Parental Consent, and Deposit To:**  
Vertical Assault,  
PO Box 70416, Sunnyvale, CA 94086