

Minutes of the SCVAL 2017 Track Preseason Meeting

Meeting was called to order on Tues., Jan. 17 at 4:07pm at Santa Clara High School.

Handouts

League Schedules, NFHS Rule Changes, CCS Sanctioned Invitationals
Other CCS handouts were sent by email.

Attendance

The following coaches were in attendance: Julie L'Heureux (SC), Hank Lawson (website), Mark Shields (F), Paul Armstrong (C), Jake White (L), Ernesto Salinas (LG), Walt Van Zant (W), Jim Wilks (W), Kenrick Sealy (H), Curtis Liang (G), Gerri Baldwin (LA), Scott Ishizaki (Mt.V), Michael Davidson (PA), Andrew Bennett (M) and Rick Blomquist (MV). Saratoga was not there.

Athletic Director Liaison

Curt Johansen – Gunn

League Representatives

Julie L'Heureux (SC) – El Camino Rep.
Ernesto Salinas (LG) – De Anza Rep.

Schedules and Start Dates

The start date for track is Jan. 30.
First Scrimmage date is Feb. 13, 2 are allowed.
Team rosters should be submitted to athletic.net by Friday, March 3 at midnight.

By-Laws Update

The current By-Law version is Dec. 2016. Last By-law change was Article VIII, Section 9. That Section was modified so that a hardship athlete would compete against the lowest seeded athlete that did not meet the CCS At-large standard during the season. This is usually the 16th SCVAL qualifier.

Another By-law change request that has not been addressed by the Athletic Directors is Article VI, Section 2.3 that allows the number of alternates be change from 4 to 6. We should discuss this at the Post Season meeting.

SCVAL Constitution

The SCVAL Constitution has been updated. See SCVAL.com for a copy.

There will be a charge gate at the Division Meets and SCVAL Meet: \$6 general, \$3 students, senior citizens and children 6-12, children 5 and under are free.

CCS Meeting

The Semifinals will be Sat., May 20. Tentative start time for running events is 11am, 10am for field events, except PV at 9:30am. The Finals will be Fri., May 26 with field events starting at 4pm and

running events at 6pm. The official times will be posted in the Participation Bulletin release sometime in April.

The CCS Semifinals and Finals will be held at Gilroy High School.

The SCVAL has 6 entries for both boys and girls to the CCS Semifinals.

There will be an entrance fee charged for CCS Trials and Finals. It will be \$10 general, \$5 for students, senior citizens and children 6-12, children 5 and under are free. Parking is \$5. Competitors and 5 coaches per school will be admitted free. Coaches working as officials can be placed on the officials list for free entry and parking.

Coaches can print CCS participation certificates for their athletes and coaches. Go to the CCS T&F site and click on playoff information. It is no longer a secure site, so anyone will have access to the certificates.

T-shirts will be available at least 5 days prior to the Semifinals at the CCS office. Other souvenirs will be sold at the meet. Credit cards will be accepted.

Review the rule that an official coach of record must accompany an athlete to a meet.

CCS Evaluation Meeting – Tues., June 5 at 4pm if necessary. Location is CCS office.

SCVAL Duties for CCS Semifinals and Finals

The league must supply two turn judges (third turn) and officials to help at the High Jump for both meets. For the 400m Relay, one turn judge should be at the 290m mark and the other at the 310m mark (start and end of the passing zone). The following assignments were made:

<u>Trials</u>		
<u>Events</u>	<u>School</u>	<u>School</u>
400m relay - 110m HH	Los Gatos	Cupertino
400m - 300m IH	Wilcox	Fremont
200m - 1600m relay	Milpitas	Saratoga
High Jump	Santa Clara (2-3 workers total) Head Official - SC	

<u>Finals</u>		
<u>Events</u>	<u>School</u>	<u>School</u>
400m relay - 110m HH	Los Altos	Gunn
400m - 300m IH	Palo Alto	Mt. View
200m - 1600m relay	Homestead	Monta Vista

High Jump

Lynbrook (2-3 workers total) Head Official - SC

Workers should arrive ready to work 45 minutes prior to the start of the field event and 30 minutes for the running events. Workers should provide their own equipment to perform their job. A \$100 fine or loss of entry for next year's meet could be levied if a league does not provide personnel for their events on time.

State Meet

Veterans Memorial Stadium

Buchanan High School

Clovis, California

June 2 & 3

At the State Meet, both the girls' and boys' long jump will compete first followed by both girls' and boys' triple jump. CCS will mimic the State field event order.

Fresno State Graduation is the same day as the State Meet so reserve your hotels early.

NFHS Rule Changes

All coaches should have a copy of the 2017 NFHS Track Book. Please review the book and the rule changes made for this year. See appendix for 2017 rule changes. It is also recommended that all coaches have a copy of the NFHS Track Officiating Book and Case Book. The books are now available on kindle for \$5.99.

2018-2019 CIF Calendar

The 2018-19 CIF Calendar will be moving up the State Meet by 1 week. CCS would like the various sports to start a dialogue to eventually address how to handle the change in the calendar. Items to consider: change CCS Trials/Finals to a 2 day Fri./Sat. meet like the State Meet, move up the date for last league event, other.

Post Season Meeting

The Post-Season meeting will be held on Mon., May 22 at FUHSD office at a time TBA later.

AP Testing during League/SCVAL

AP Test Dates

Mon., May 1 – Psychology

Tues., May 2 – Art History, Physics 1

Wed., May 3 – Japanese, Physics 2

Thurs., May 4 – Chinese

Fri., May 12 – Latin, European History – noon

Coaches: please check to see if any of your athletes will have a conflict with league or SCVAL and AP testing. Have your athletes check to see if they can take the test at the high school where the track meet is being held. Ultimately, the athlete may have to choose between the two: track meet or AP testing.

Field Events

Officials for the Field events at Leagues, SCVAL and CCS should be experienced. Also, per CCS: Athletes should not warm up at field events until an official is on site and opens up the warm up area for the athletes. This rule should be followed at Leagues and SCVAL. Officials need to stay vigilante during warm ups and competition. They also need to keep the spectators and competitors in a safe area when throwing is taking place.

Reminders for Meet Directors

The first alternate for each sprint and hurdle event, especially varsity events, should attend the league finals in case a slot opens up in their event. Failure to not show may result in the alternate being declared ineligible for the SCVAL meet.

All job assignments should be filled, preferable with experienced workers. There should be a starting line clerk if there is only 1 starter assigned to the meet. The starting line clerk will assist the starter with insuring the athletes are in the appropriate lanes and/or heats and give last minute race instructions.

Turn Judges should be assigned for the whole meet.

There should be a Field Result Checker to verify the results and make sure that they are entered correctly into the computer.

The Field Event Officials need to review the rules for checking out of a field event and competing out of order. Athletes should only compete out of order if they have a conflict with another event.

For tracks with no curb, cones should be placed on the inner edge of the track. It is best to have as many cones as possible. The maximum distance between cones on the curve is 5 feet.

Check for uniform violations at both running and field events.

Meet Director has only 1 job to direct the meet, don't take on extra jobs.

All coaches need to provide help at the meets, if you can't find qualified personnel then you must do it yourself.

Starters have been requested for the league meets and SCVAL meet from the starter scheduler – Mark Greenough. Please send your starter: contact information, location and time schedule.

Hank Lawson is the timer for Leagues and SCVAL. Meet directors please keep him in the loop.

SCVAL Championship Meet

Hank Lawson should send the DAL and ECL League results to Julie L'Heureux, Walt Van Zant and Ernesto Salinas by Friday morning, May 5. They will determine the 16 qualifiers and 4 alternates.

Please send scratches to Hank Lawson and Julie L'Heureux by Wed., May 10 at 8pm. Lane assignments will be determined on Wednesday night.

The SCVAL Championship Meet is scheduled for Fri., May 12 with start times no earlier than 5:00pm for field events and 5:30pm for running event. Check in time for field events will start 30 minutes prior to start time. Field events will follow the CCS order. Actual schedule will be sent out in mid-April.

Meet Director: Ernesto Salinas, Co-Director: Julie L'Heureux - entries

Location: Los Gatos High School, May 12

Job Assignments:

Starter: Jim Manha

Timer & Results: Hank Lawson

Announcer: Los Gatos – Mike Dudley (?)

Field Event Result Checker: Santa Clara

Field Judges: Los Gatos

Clerk of the Course: Los Gatos

Jury of Appeals: Paul Armstrong (C), Mark Shields (F) and Walt Van Zant (W)

Alternates: Bridget Hall (M) and Kenrick (H)

Starting Clerk: Curtis Liang (G) – extra helper if only 1 starter

Finish Line: Curtis Liang (G)

Weigh in: Los Altos

Blocks: Los Gatos

Events:

Pole Vault: Santa Clara / Los Gatos

Hurdles: Monta Vista

Shot: Homestead

Discus: Mt. View

TJ & LJ: Cupertino – girls' pit

HJ: Fremont

LJ & TJ: Lynbrook – boys' pit

1st half (400m relay - 100m) Wilcox (2) passing zone 1, Palo Alto (2) passing zone 2, Gunn (2) passing zone 3, Los Altos (1) & Homestead (1) homestretch & finish area

2nd half (800m - 1600m relay) Saratoga (2) passing zone 1, Milpitas (2) passing zone 2, Monta Vista (1) & Lynbrook (1) passing zone 3, Fremont (1) & Mt. View (1) homestretch & finish area

The turn judges' names should be turned into the Meet Director by May 11.

SCVAL Championship Meet Results and Scratches

Hank Lawson must submit results electronically to the CCS office and CCS meet director (Mark McConnell), by 9:00am on the Tuesday (May 16) following the league meet or qualification meet. No changes are allowed after the deadline.

Reminder: No alternates are allowed for the CCS Semis. Please scratch any athletes ASAP, preferably before leaving the meet on Fri., May 12. Otherwise, send scratches to Ernesto Salinas and copy to Julie L'Heureux ASAP, no later than Sunday morning, May 14 so that alternates may be notified. Please email the alternate's coach if possible also. Coaches please check your email frequently during this time period for alternate notification. Thanks.

General Meeting adjourned at 5:46pm. Meeting for League Trials and Finals took place after adjournment.

League Meets

Hank Lawson will only set up the trials day for league entries on athletic.net.

Field event results should be checked for errors in officiating and inputting.

Assign Jury of Appeals at preseason meeting – 3 members plus 2 alternates.

Field Event order for League and Championship Meets should follow CCS/State Order when possible. Field event order for State/CCS will not be posted until April.

League Host: DAL – Milpitas
EL – Santa Clara

EC League Meet

Meet Host School: Santa Clara

Meet to be held on Mon., May 1 and Wed., May 3 at Santa Clara High School. Start times: 2pm field events and 3pm running events on Mon., 2:30pm field events and 3pm running events on Wed.

Meet Director: Julie L'Heureux (Santa Clara)

Duties

Starter: – Jim Mantha – both days

Timing: Hank Lawson

Scoring: Hank Lawson

Jury of Appeals (3) – Mark Shields (F), Kirk Flatow (MV), Walt Van Zant (W)

Alternates: Paul Armstrong (C), and Scott Ishizaki (Mt.V)

Head Field Judge: Darrin Garcia/ Reed Kappen for jumps, Paul Fuller for Throws

Clerk of the Course, Starting line judge: Margaret Demorest

Announcer – Fremont

Weigh in: Santa Clara

Events:

Blocks – Santa Clara

Hurdles – Monta Vista

Shot – Fremont

Discus – Mt. View

TJ/ LJ Girls – Cupertino

LJ/ TJ Boys – Saratoga

HJ – Wilcox

Chief Finish Line Judge: Santa Clara
Turn Judges for relays: 1 per school

The entries for the league meet are due on Fri., April 28 at 10:00pm through Athletic.net.
Remember only 3 entries per a school per event. At large entries should be submitted separately to Julie L'Heureux by April 28.

Alley starts will be used for the 800m, 1600m, and 3200m.

DAL League Meet

Location – Milpitas

Days and time – May 2 & 4

Field 2:30pm, Track 3:30pm, Scratch meeting 3:00pm

Meet director – Bridget Hall

Duties

Starter: Scott Chisam, recall starter for May 4: ?

Timing: Hank Lawson

Scoring: Hank Lawson

Head Field Judge (check field results):

Jury of Appeals (3 + 2 alt.): Ernesto Salinas (LG), Curtis Liang (G), Kenrick Sealy (H),
alternates: Palo Alto, Los Altos

Wiegh ins: Los Altos

Clerk of the Course:

Block Crew: Milpitas

Events:

Hurdles – Gunn

Shot – Homestead

Discus – Milpitas

TJ – Palo Alto

LJ - Lynbrook

HJ – Los Gatos

Chief Finish Line Judge: Curtis Liang (G)

Finish Line/Turn Judges: Los Gatos (?), Homestead (2), Lynbrook (1), Palo Alto (3)

League Entries are due Sat., April 29

Appendix



Corrected 2017 Track and Field Rules Changes

- 3-2-4u
NEW** The games committee should have responsibility for providing liquids during the race and not leave this duty to each coach.
- 3-6-1,
3-4-7** Signifying with a bell with one lap remaining in the 800 alerts timers, place judges and FAT operators on notice, builds excitement for spectators and is a positive signal for the competitors. Updates to current trends in the sport.
- 3-6-1** The authority to disqualify a runner for a false start should be extended by rule to the starter as well as the referee.
- 3-10-7** Clarifies field event judge's protocol for signifying the performance result when flags are not being utilized.
- 4-3-1b(5)
8-6-1b(4)** Removes the NOTE limiting the placement of the American flag to one piece of uniform apparel as this is contradictory to the rule.
- 4-6-5
NEW g,
8-7e** Although uncommon that appropriate health-care professionals are not available to assist an injured/ill competitor, there may be occasions when a competitor is needing assistance to confirm his/her health status or to arrive to a location for health care. Should another competitor assist, such competitor shall not be disqualified, only the assisted competitor shall be disqualified for not completing the race unassisted. Reorganize rule to indicate why competitor is disqualified.
- 4-6-5h
NEW** The rule should include coverage of the actions of competitors and nonparticipating team members as well as assistance/aid from other parties.
- 5-1-3** In the absence of a curb, the placement of cones ensures the competitors run the prescribed race distance.
- 5-6-4** The results of running events are based on head-to-head competition and all contestants should have the opportunity to compete in the heat earned by the athlete's place and/or qualifying times. Consistent with current trends in the sport.
- 5-7-3** Reinforces the concept that distance races (800, 1600 or 3200) only use a standing start. Consistent with current trends in the sport.
- Rules 6
and 7** Reorganizes Rules 6 and 7 into one rule "Field Events" to avoid duplicity in the rules, remove unnecessary language, be more concise in the presentation of the events rules and create a section on general rules for all field events.
- 6-2-6** For purposes of risk management, warm-ups in a field event may not take place until the venue is declared open and required supervision is in place. For further risk minimization for athletes, spectators and officials involved in the event,



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