# Peninsula Athletic League Track and Field 2020

# **Bay Division**

Aragon.Carlmont.Menlo-Atherton.Mills.Sequoia.Westmoor

Practice 2-3-20/Scrimmage 2-17-20/Contest 2-24-20/Max #Meets 15/Sports Chairpersons: John Lilygren, Carlmont - Paul Farnsworth, Half Moon Bay

## Wednesday, March 11, 2020 - 3:00

Carlmont @ Mills Westmoor @ Sequoia

## Wednesday, March 18, 2020 - 3:00

Westmoor @ Carlmont Menlo-Atherton @ Aragon

#### Wednesday, March 25, 2020 - 3:00

Sequoia @ Mills Aragon @ Carlmont Westmoor @ Menlo-Atherton

## Wednesday, April 1, 2020 - 3:00

Aragon @ Mills

# Wednesday, April 8, 2020 - 3:00

Menlo-Atherton @ Sequoia

## Wednesday, April 15, 2020 - 3:00

Westmoor @ Aragon Sequoia @ Carlmont Mills @ Menlo-Atherton

## Wednesday, April 22, 2020 - 3:00

Mills @ Westmoor Menlo-Atherton @ Carlmont Aragon @ Sequoia

#### PAL Varsity Championships @ Sequoia

Varsity Trials – Friday, May 1, 2020 – 4:00 PM/field and running events Varsity Finals – Saturday, May 9, 2020 – 10:30 AM field events/11:00 AM running events

## PAL FS Championship Meet @ Terra Nova Saturday, May 2, 2020 - 9:00 AM field events/10:00 AM running events

<u>CCS Championships</u> Trials – Saturday, May 16, 2020 – TBA Finals – Friday, May 22, 2020 – TBA

11-22-19

# Peninsula Athletic League Track and Field 2020

# **Ocean Division**

Capuchino.Half Moon Bay.Hillsdale.San Mateo.Terra Nova.Woodside

Practice 2-3-20/Scrimmage 2-17-20/Contest 2-24-20/Max #Meets 15/Sports Chairpersons: John Lilygren, Carlmont - Paul Farnsworth, Half Moon Bay

#### Wednesday, March 11, 2020 – 3:00 Terra Nova @ Woodside

Capuchino @ Hillsdale

# Wednesday, March 18, 2020 - 3:00

Woodside @ Capuchino San Mateo @ Half Moon Bay

## Wednesday, March 25, 2020 - 3:00

Capuchino @ Half Moon Bay Woodside @ Hillsdale San Mateo @ Terra Nova

## Wednesday, April 1, 2020 - 3:00

Hillsdale @ San Mateo Half Moon Bay @ Terra Nova

## Wednesday, April 15, 2020 - 3:00

Woodside @ San Mateo Hillsdale @ Half Moon Bay Terra Nova @ Capuchino

# Wednesday, April 22, 2020 - 3:00

Capuchino @ San Mateo Hillsdale @ Terra Nova Half Moon Bay @ Woodside

## PAL Varsity Championships @ Sequoia

Varsity Trials – Friday, May 1, 2020 – 4:00 PM/field and running events Varsity Finals – Saturday, May 9, 2020 – 10:30 AM field events/11:00 AM running events

# PAL FS Championship Meet @ Terra Nova

Saturday, May 2, 2020 - 9:00 AM field events/10:00 AM running events

<u>CCS Championships</u> Trials – Saturday, May 16, 2020 – TBA Finals – Friday, May 22, 2020 – TBA

11-22-19

# Peninsula Athletic League Track and Field 2020

# Lake Division

Burlingame.El Camino.Jefferson.Oceana.South San Francisco Practice 2-3-20/Scrimmage 2-17-20/Contest 2-24-20/Max #Meets 15/Sports Chairpersons: John Lilygren, Carlmont - Paul Farnsworth, Half Moon Bay

## Wednesday, March 11, 2020 - 3:00

El Camino @ Burlingame South San Francisco @ Oceana

# Wednesday, March 18, 2020 - 3:00

Burlingame @ South San Francisco

## Wednesday, March 25, 2020 - 3:00

Jefferson @ Oceana

## Wednesday, April 1, 2020 - 3:00

Burlingame @ Jefferson

## Wednesday, April 8, 2020 - 3:00

El Camino @ South San Francisco

## Wednesday, April 15, 2020 – 3:00

Jefferson @ El Camino Oceana @ Burlingame

## Wednesday, April 22, 2020 - 3:00

El Camino @ Oceana South San Francisco @ Jefferson

## PAL Varsity Championships @ Sequoia

Varsity Trials – Friday, May 1, 2020 – 4:00 PM/field and running events Varsity Finals – Saturday, May 9, 2020 – 10:30 AM field events/11:00 AM running events

## PAL FS Championship Meet @ Terra Nova

Saturday, May 2, 2020 - 9:00 AM field events/10:00 AM running events

## <u>CCS Championships</u> Trials – Saturday, May 16, 2020 – TBA Finals – Friday, May 22, 2020 – TBA

Revised 12-2-19