

On behalf of the Terra Nova Track & Field Program:

**Welcome to the First Annual Peninsula Preview Invitational!**

The goal of the invitational is to create early season exposure for track athletes throughout the Peninsula. Athletes are able to obtain a fully automated time that will allow them to be better seeded in competitions and invitationals during the competitive months of March and April.

We will be sticking to the traditional distances for the sprint events (100m/200m/400m/110&100m&300m Hurdles) but supplementing the distance events by hosting 600m and 1500m races. The goal being to get distance athletes to race faster than usual and build confidence heading into the thick of the track season.

We will also be hosting Shot Put and High Jump events as well as 4x100m & 4x400m Relays.

**Cost:** \$5.00 per athlete; \$15.00 per relay

**Entries:** Each athlete may enter **up to 3 events (including relays)**. Each school may enter **an unlimited amount of athletes per event (up to 2 relay teams)**.

**Order of Track Events: Starting at 10am [Rolling as of now; will have updated schedule by 2/27]**

1. **4x100m (VB/VG)**
2. **1500m (VB/VG)**
3. **100m (VB/VG)**
4. **400m (VB/VG)**
5. **110 High Hurdles (VB)**
6. **100m Hurdles (VG)**
7. **600m (VB/VG)**
8. **300m Hurdles (VB/VG)**
9. **200m (VB/VG)**
10. **4x400m (VB/VG)**

**Order of Field Events: Starting at 9am**

1. **Shot Put (VB/VG)**
2. **High Jump (VB/VG)**

The meet will be seeded by our timer, Mark McConnell, and I will send out an exact time schedule by Friday evening at the latest. **Please seed your athletes on Athletic.net to the best of your abilities so that each heat is as competitive as possible. If no seeding is provided, those athletes will be placed in the first heat of each event. Heats will be run slow to fast.**

**Results:** As soon as the results get printed, they will be posted both on the infield (athletes and coaches only) and next to the registration table (everyone).

**Awards:** Medals will awarded to the **Top 5** places for individuals and the **Top 3** places for relays (4 medals per relay team).

**Scoring:** Scoring will be NFHS rules for 8 athletes scoring; 10-8-6-5-4-3-2-1. In the event of a tie for team champion, the tie will be broken by 4x400m results.

**Admission:** FREE!

**Trainer:** We will have a trainer available at the meet to help treat your athletes. They will be located on the infield.

**Concessions:** There will be a snack shack at the meet (**Cash Only**)

**T-shirts:** There will be a Peninsula Preview t-shirt for sale. If you would like to pre-order a select number of sizes to ensure shirts for your team, **please email the Meet Director before Monday, February 24th** by 11:59pm. Otherwise, t-shirts will be made in a limited quantity and on a first come first serve basis!

**Price of the shirts: \$20.** The design will be uploaded onto Athletic.net.

**Contact:** Jared Steele, Meet Director, Terra Nova High School

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