

2021 CENTRAL COAST SECTION TRACK & FIELD CHAMPIONSHIPS
Meet Schedules

Note: Semifinal time schedule may be affected if extra heats/competitors are added due to at-large qualifiers

RUNNING EVENTS				FIELD EVENTS		
Semifinals: Sat, Jun 12 @ Soquel HS	Finals: Sat, Jun 19 @ Soquel HS	Gender	EVENT	Semifinals: Sat, Jun 12 @ Soquel HS	Finals: Sat, Jun 19 @ Soquel HS	EVENT
12:00	1:00	Girls	4x100 M Relay	10:00	11:00	Girls Pole Vault
12:20	1:10	Boys				
12:40	1:20	Girls	1600 M	10:00	10:00	Boys Discus
1:00	1:30	Boys				
1:20	1:45	Girls	100/110 M Hurdles	10:05	11:10	Boys Long Jump
1:40	1:55	Boys				
2:00	2:05	Girls	400 M	10:10	11:15	Girls Long Jump
2:20	2:10	Boys				
2:40	2:20	Girls	100 M	10:15	10:15	Girls Shot Put
2:55	2:25	Boys				
3:15	2:35	Girls	800 M	10:20	11:30	Boys High Jump
3:30	2:45	Boys				
3:45	2:55	Girls	300 M Hurdles	1:50	1:30	Boys Pole Vault
4:00	3:05	Boys				
4:20	3:15	Girls	200 M	2:00	1:20	Girls High Jump
4:35	3:20	Boys				
4:50	3:30	Girls	3200 M	1:15	12:15	Girls Discus
5:20	3:50	Boys				
5:50	4:10	Girls	4x400 M Relay	2:05	1:40	Girls Triple Jump
6:20	4:20	Boys				
IMPLEMENT CERTIFICATION						
Semifinals: Sat, Jun 12		9:00-10:15 & 12:00-1:15		2:10	1:45	Boys Triple Jump
Finals: Sat, Jun 19		9:00-10:15 & 11:00-12:15		1:00	12:00	Boys Shot Put

Central Coast Section Track & Field Meet Records

Event	Boys	Girls
4 x 100 Relay	Bellarmine (Devon Buenrostro, Kyle Macauley, Troy Martig, Earvin DaSilva), 41.37, 2016	Mt. Pleasant (Vashti Thomas, Jeneba Tarmoh, Marshay Brown, Diedre Pettigruie), 46.55, 2006
1600 M	Mark Stillman, 4:08.7, Willow Glen, 1977	Anna Maxwell, 4:42.57, San Lorenzo Valley, 2013
110HH/100HH	Arend Watkins, 13.84c, Silver Creek, 1997	Vashti Thomas, 13.52, Mt. Pleasant, 2008
400 M	Calvin Harrison, 46.23, North Salinas, 1993	Leslie Maxie, 53.92, Mills, 1982
100 M	Tony Miller, 1041, Archbishop Riordan, 1987	Khrystal Carter, 11.57, Valley Christian, 2005
800 M	Rick Brown, 1:50.7, Los Altos, 1970	Alicia Follmar, 2:07.79, Saratoga, 2005
300 IH/300LH	John Montgomery, 36.60, Independence, 1988	Leslie Maxie, 41.15c, Mills, 1984
200 M	Rubin Williams, 20.84, Valley Christian-SJ, 2002	Khrystal Carter, 23.69, Valley Christian, 2005
3200 M	Gordon MacMitchell, 8:58.7c, Gunn, 1973	Cory Shubert, 10:09.5, Del Mar, 1983
4 x 400 Relay	Los Altos (Bob Thompson, Larry Davis, Jim Andrews, Rick Brown), 3:15.8, 1970	Piedmont Hills (Timarya Baynard, Ellisa Bryant, Alexandra Diaz, Bianca Bryant), 3:48.98, 2012
Long Jump	Johnny Cleveland, 25'0, Soquel, 1984	Tisha Ponder, 20'06, Del Mar, 1996
Triple Jump	Harold Rucker, 50'11.5, Silver Creek, 1986	Vashti Thomas, 43'01.5., Mt. Pleasant, 2008
High Jump	Jeff Rogers, 7'3, Overfelt, 1985	Jenna Grimaldi, 6'0, St. Ignatius, 2001 Wendy Brown, 6'0, Woodside, 1984
Pole Vault	Nico Weiler, 17'06.25, Los Gatos, 2007	Erika Malaspina, 13'9, Pacific Collegiate, 2016
Discus	Nik Kay, 204'10, Los Gatos, 2003	Elena Bruckner, 168'8, Valley Christian, 2016
Shotput	Steve Wilhelm, 63' 8.5, Fremont, 1967	Elena Bruckner, 53'8.25, Valley Christian, 2016