

REPORT OF THE CCS TRACK & FIELD COMMITTEE

Evaluation meeting was conducted via zoom conference call. The following members of the CCS Track & Field Committee participated on that call:

LEAGUE	REPRESENTATIVE	LEAGUE	REPRESENTATIVE
BVAL-MHAL	Scott Young, Santa Teresa	PAL-Ocean	Ed Riley, San Mateo
BVAL-STAL	absent	PSAL	absent
BVAL-WVAL	absent	SCCAL	Joe Miyoshi, Soquel
PCAL-Gabilan	Roger Chagnon, Salinas	SCVAL-DAL	Stephanie McKenzie, Los Altos
PCAL-Mission	Steve Peters, York	SCVAL-ECAL	Julie L'Heureux, Santa Clara
PCAL-Cypress	Jeff Myers, Christopher	WBAL	Ken Wilner, SHP
PAL-Bay	John Lillygren, Carlmont	WCAL	Jim Marheineke, J. Serra
# Members on Committee: 14		Report submitted by:	
# Members Present at Meeting: 11		Steve Filios, CCS Meet Director	
GUESTS & STAFF PRESENT: Kevin Johnson, The Kings Academy; ADAC Representative for Track & Field; Steve Filios, Meet Director; Al Hernandez, Meet Referee			

I. TOURNAMENT GUIDE CHANGES--UPDATES FOR NEXT YEAR

This section contains non-major format changes. The CCS Board of Managers will review and, by its acceptance of this report, approve these housekeeping changes. If, at 1st reading, the Board deems any of these as "Major" changes, it may pull them out and send them back to Leagues for further discussion and review. The item will then be returned to the CCS Board at its next meeting for a 2nd reading and final action.

Section 1. SCHEDULED MEETINGS

Organization: WEDNESDAY, JANUARY 17, 2022, 6:00 PM

Evaluation: TUESDAY, MAY 31, 2022, 4:00 PM

Section 2. TOURNAMENT DATES

The 2022 CCS Boys and Girls Track & Field Championships are scheduled as follows:

SEMIFINALS: SATURDAY, MAY 14, 2022

FINALS: SATURDAY, MAY 21, 2022

II. RECOMMENDATIONS

This section includes general recommendations to the CCS Board of Managers or staff that are not Tournament format related. Recommendations are just that, implemented or not, at the discretion of the staff or the CCS Board. Acceptance of this Sport Committee Report does no more than acknowledge these recommendations. These are not action items. If a recommendation is to be approved, and/or the Board wants to direct staff to institute a particular recommendation, the CCS Board must pull out and vote upon that specific recommendation.

A. Review of Section Meet

1. Thank you to Soquel High School for outstanding support for the CCS Track & Field Championships.
2. Thank you to USATF Officials for their outstanding supervision and officiating

III. MISCELLANEOUS

This section contains congratulations to Section winners and Honor Coaches or other items the Committee wishes to have recorded in its annual report. Acceptance by the Board of this Sport Committee Report simply acknowledges the items in this section. These are not action items.

A. 2022 CCS At-Large Standards

An initial review of the At-Large Standards for the CCS Meet for 2022 took place and are attached to this report. Due the many circumstances caused by COVID19, the Committee discussed the use of this year's results in determining next year's at-large standards as prescribed by bylaw. After discussion, they voted (8-2) to utilize the 2021 marks in the formula prescribed by the current bylaws to determine the 2022 at-large standards. (see *attachment*)

B. Congratulations

Congratulations to the 2021 CCS Track & Field Team Champions:		
	<u>BOYS</u>	<u>GIRLS</u>
1st	Bellarmine College Prep	St. Francis HS
2nd	Los Altos HS	Lynbrook HS
3rd	Valley Christian HS	Los Gatos HS
4th	Junipero Serra HS	Los Altos HS

IV. PROPOSED MAJOR FORMAT CHANGES

This section contains any proposal that the staff has determined to be a major change in the core format of the CCS Playoffs in this sport. As such, any item listed below will be reviewed as a 1st reading at the CCS Board of Managers meeting following the Sport Committee meeting. The Board will return the item(s) to the Leagues for review and discussion; the item(s) will be agendaized at the next Board meeting for final discussion and action.

Proposal #1: Amend the CCS Track & Field Bylaws to equitably allot the 32 automatic qualifiers due to the addition of a new league (PSAL) in the sport of Track & Field. (MSC 10-0)

Section 3. QUALIFYING FROM LEAGUE MEETS TO SEMI-FINAL MEET

- A. There will be ~~34~~ **32** qualifiers to the 2021 CCS Semi-Final Meet, determined as follows:
1. Each League/Division will have at least two (2) Automatic Qualifiers*
 2. The remaining qualifiers to equal ~~34~~ **32** will be divided among the Leagues, using the following formula:
 - a. The combined total enrollment for each League (current year's grade 9-12 CBEDS enrollment figures for all schools competing in Track & Field) will be divided by the total Section enrollment (current year's grade 9-12 CBEDS enrollment figures for all schools competing in Track & Field); then multiplied by ~~34~~ **32**.
 - b. The derived value in **A.-2.-a.** above must be a whole number. No rounding up of decimals will apply under **A.-2.-a.**
 - c. No league will have more than ~~eight (8)~~ **seven (7)** automatic qualifiers.
 3. If there are less than ~~34~~ **32** qualifiers after implementing steps **A.-1.** and **A.-2.** above, one (1) additional qualifier will be awarded to each League, in ranked order, until all ~~34~~ **32** qualifiers have been determined.
 - a. The Leagues will be ranked according to the decimal portion of the number computed in **A.2.** above.
 - b. In the event that two (2) or more Leagues' decimal portions are the same, a coin toss will determine which is awarded the higher rank.
 4. League entries will be up-dated at the Track & Field Committee's Organizational meeting in **January**, then posted shortly thereafter on the CCS web-site (www.cifccs.org).

Rationale: When the PSAL adopted the sport of Track & Field in 2020, the CCS Commissioner was tasked with the temporarily determining how to adjust the number of qualifiers to each league in a temporary determination. The CCS Meet was not held in 2020 and the PSAL was unable to sponsor the sport in 2021 due to the pandemic. With a return to a "traditional" season, a permanent adjustment is necessary. This proposal provides the adjustment to needed..

Proposal #2: Add Wheelchair/Ambulatory Events to the CCS Track & Field Championships:

The committee is recommending the addition of non-scoring events (100, 200, 400, Shotput) for para-athletes to the CCS Track & Field Championships. The model would be similar to the CIF State Track & Field Championships and the CCS Swimming & Diving Championships. (MSC 11-0) (see attachment).

REVIEW / ACTION TAKEN BY OTHER CCS ENTITIES	
ADAC:	RECOMMEND ACCEPTANCE OF REPORT __ __ (non-major changes will be approved by this action by the BOM) PROPOSAL #1: PROPOSAL #2:
LEAGUE COMM:	RECOMMEND ACCEPTANCE OF REPORT __ __ (non-major changes will be approved by this action by the BOM) PROPOSAL #1: PROPOSAL #2:
EXEC. COMM:	RECOMMEND ACCEPTANCE OF REPORT __ __ (non-major changes will be approved by this action by the BOM) PROPOSAL #1: PROPOSAL #2:
CCS STAFF:	RECOMMEND ACCEPTANCE OF REPORT __ X __ (non-major changes will be approved by this action by the BOM) PROPOSAL #1: Recommend Approval PROPOSAL #2: Recommend Approval
COMMENTS:	
I. TOURNAMENT GUIDE CHANGES—UPDATES FOR NEXT YEAR	
Report acceptance anticipated by CCS Board of Managers meeting anticipated on September 29, 2021. That acceptance provides for all the Tournament Guide changes contained in this report for the 2022 meet.	
IV. PROPOSED MAJOR FORMAT CHANGES	
Proposals 1 & 2 to be presented as a first reading item at the CCS Board of Managers meeting on September 29, 2021. Second reading and action anticipated by the Board on January 26, 2022.	

**Central Coast Section Track & Field Championships
At Large Marks – 2022**

<u>EVENT</u>	<u>BOYS</u>	<u>GIRLS</u>
100	11.15	12.73
200	22.62	26.14
400	50.86	59.41
800	01:57.77	02:19.27
1600	04:20.80	05:10.34
3200	09:32.98	11:26.97
110HH	15.78	15.98
300IH	40.87	47.11
400R	43.65	50.21
1600R	03:29.75	04:10.30
LJ	20'9	16'8.25
TJ	42'5.50	35'7.00
HJ	6'0	5'0
PV	12'6	9'10
Shot	47'5.75	35'01.75
Disc	135'5	107'07



Central Coast Section Track & Field Championships

Wheelchair and Ambulatory Track and Field Division Guidelines

GENERAL GUIDELINES:

A Wheelchair and Ambulatory Division is scheduled for the 2022 CCS Track and Field Meet. Both Divisions will include participants from any CCS full- member school.

- The wheelchair/ambulatory racing and seated shot put events will be incorporated into the meet by CCS meet staff.
- Each athlete will have the opportunity to compete in the 100, 200, 400 and shotput. All necessary equipment is the responsibility of the athlete.
- The athletes in the Wheelchair and Ambulatory Divisions will compete in separate races and field events from the traditional athletes. The top eight performances that meet the CCS designated qualifying standards will qualify for the CCS Track & Field Championships.
- Meet management reserves the right to combine genders into one race if the number of entries is not adequate to fill the heat and/or the number of lanes on the track.

ELIGIBILITY FOR PARTICIPATION IN THE WHEELCHAIR AND AMBULATORY DIVISIONS:

Only high school students eligible under the CIF Constitution and Bylaws are eligible to compete.

- All applicable CIF rules and regulations will apply.
- Any high school student may be eligible to participate in the Wheelchair and Ambulatory Divisions with a documented permanent physical disability. Each athlete's physical disability must be verified by a licensed physician and maintained on permanent file at the school.
- Schools and athletes are responsible for all aspects of participation in the events. (See CIF Bylaw 503)

ENTRY REQUIREMENTS:

Participants must submit a qualifying mark or performance standard to be considered for participation. Performances will be accepted through the CCS, at the Track & Field webpage of the CCS website: www.cifccs.org , no later than midnight on Sunday, May 8, 2022.

- If more than eight participants submit eligible entries in any event, the top eight performances submitted for the CCS meet will advance.
- A qualifying performance may be obtained from any local competition during the regular season, sub-section or section qualifying meet or Paralympic events from spring of 2022. Race entries must be FAT recorded. Shot put entries must be able to be verified by an official meet host.

WHEELCHAIR AND AMBULATORY DIVISION QUALIFICATION STANDARDS:

Participants must meet the following standard for each event in order to submit an entry to the state meet. School personnel will be required to submit an official meet results document to verify the performance.

T&F Wheelchair Division Qualification Standards:

Event	Boys	Girls
100	:40	:45
200	1:20	1:30
400	2:00	2:30
Shot	2.8 M - 4K	2.2 M - 6lbs

T&F Para-Ambulatory Division Qualification Standards:

Event	Boys	Girls
100	:25	:30
200	:50	:55
400	1:50	1:55
Shot	4 M – 4K	4.4 M – 6lbs

ENTRY PROCEDURES:

School personnel will be required to submit verified qualifying performances

- A designated entry process will be provided on the Track & Field webpage of the CCS website www.cifccs.org and due no later than May 8, 2022.
- All qualifiers will be posted on the CCS website at the time they become available.

100m, 200m, 400m WHEELCHAIR EQUIPMENT AND RACING STANDARDS:

Athletes will be expected to compete in their school's team uniform. Reasonable accommodations will be made when necessary. Resources for track and field equipment information can be obtained from the following link:

www.challengedathletes.org

- Manual wheelchairs only for track events, which may be specialized racing chair or an all sport chair.
- The racing chair may have two large wheels (not to exceed 70cm in diameter) and one small wheel (not to exceed 50cm in diameter).
- The racing chair must be manually propelled by pushing on the wheels or the hand rims. The chair shall not be equipped with gears, levers or electronic steering.
- All participants must wear a racing helmet that is a hard protective shell and should meet the safety standards of the American National Safety Institute (ANSI).
- Shoes are not required, however protective socks are recommended.
- All participants must start each race event using racing gloves.
- Athlete's lower limbs(s) must be secured to the track chair. Any touch of the ground by a lower limb results in disqualification from the event.
- Competitors are responsible for the proper functioning of the competition chair and equipment. Athletes that experience an equipment failure may finish the event, however no event will be delayed or rescheduled if such an incident occurs.

SHOT PUT EQUIPMENT AND SEATED THROWING STANDARDS FOR WHEELCHAIR DIVISION:

Athletes will be expected to compete in their school's team uniform. Reasonable accommodations will be made when necessary. Resources for track and field equipment information can be obtained from the following link:

www. <http://www.teamusa.org/US-Paralympics/Community/Paralympic-Sport-Clubs/Current-Clubs>

- Implements must be allowed by NFHS regulations. The 4K shot put will be used for boys and 6lbs. Shot put for girls.
- All participants must put the shot from a "chair" (manual wheelchair, throwing chair, power wheelchair). Scooters and "standing chairs" will not be allowed. Chairs may be designed based on the needs of the athlete.
- The upper most part of the cushion/seat on any chair may not exceed 75cm measured from the ground. The seat of the chair has to be square or rectangular and flat or sloped backwards.
- The chair may not have any moving parts.
- No part of the throwing frame or wheelchair may be outside of the circumference of the circle.
- The chair may be considered an extension of the athlete's body. For example: Any part of the chair touching the top of the stop board is a foul.
- The athlete's body must remain in contact with the seat during the throw.

- Tournament staff will be available to assist the athlete getting to the competition area as well as assisting the athlete in and out of the circle. The CCS, in cooperation with the US Paralympic Organization, will make every effort to provide a throwing chair at the meet.

FREQUENTLY ASKED QUESTIONS:

Who is eligible in the Wheelchair Division?

All athletes with a permanent physical disability on file with the school and in grades 9-12 must meet the eligibility standards in the State CIF Constitution and Bylaws.

Who is eligible in the Ambulatory Division?

All athletes shall have a permanent orthopedic, neuromuscular or other physical disability. This would include Visually impaired, Cerebral Palsy, Dwarf and Amputees. Permanent orthopedic impairment shall be verified by a licensed physician and maintained on permanent file at the school. All athletes in grades 9-12 must meet the eligibility standards in the State CIF Constitution and Bylaws.

Where can athletes compete?

Wheelchair and Ambulatory athletes can compete at any CIF sanctioned meet. Meet directors are encouraged to add these events. Coaches should always call ahead of time to confirm the events are being offered. Athletes may also compete at Paralympic events and those marks will be accepted for the CCS meet provided the races are FAT and the shot put performance can be officially documented.

How does an athlete participate for their high school track and field team?

The athlete must follow the same procedures at their school established for traditional athletes competing in track and field.

Can athletes in wheelchairs compete against traditional athletes in the same race?

Yes. In school sanctioned track meets wheelchair athletes can compete with one another. For the 100m, 200m and 400m it is recommended that if this occurs the wheelchair athlete is designated to compete in an outside lane. Wheelchair athletes in the 100m, 200m and 400m in the CCS Championships will not compete with traditional athletes. Boys and Girls heats may be combined for competition and separated at the conclusion to determine places for each gender and/or division.

Is this true for Shot put also?

Yes, the athletes may be flighted with the traditional athletes. The athlete's choice of type of "throwing chair" may determine if this is possible or if the athlete needs to be flighted before or after the traditional athletes.

How does a coach enter an athlete in the CCS meet?

The athlete must be entered into the CCS meet via the entry form available on the Track & Field webpage of the CCS website (www.cifccs.org).

Can athletes racing on the track receive assistance from coaches or other personnel?

No, athletes may not receive assistance during the competition.

Can athletes throwing the shot put receive assistance from the coaches or other personnel?

A coach (only) may assist the athlete in getting to the competitive area and may also assist the athlete entering and leaving the circle. In the event that the wheelchair athlete does not have tie-down straps, a coach may hold the chair during the throwing attempt to prevent excessive movement.

Are the NFHS uniform rules in place for a Wheelchair or Ambulatory athlete?

Yes, all uniform rules and regulations are in effect just as with traditional athletes. Any exceptions/modifications may need to be considered and presented to meet officials for clarification.

RESOURCES:

UNITED STATES PARALYMPICS

info@usoc.org

Loaner Equipment

www.findaclub.usparalympics.org

Coach Education

www.2.teamusa.org/US-Paralympics/Sports/Tack-and-Field/Coaches-Education