

SCVAL Championship Meet
Saturday, May 29th, 2021 Los Gatos H.S.

Running Events*:

4:30pm VG 400 Meter Relay
4:37pm VB 400 Meter Relay
4:44pm VG 1600 Meter Run
4:53pm VB 1600 Meter Run
5:02pm VG 100 Meter Hurdles
5:10pm VB 110 High Hurdles
5:18pm VG 400 Meters
5:24pm VB 400 Meters
5:30pm VG 100 Meters
5:36pm VB 100 Meters
5:42pm VG 800 Meters
5:52pm VB 800 Meters
6:02pm VG 300M Hurdles
6:10pm VB 300M Hurdles
6:17pm VG 200 Meters
6:23pm VB 200 Meters
6:30pm VG 3200 Meter Run
6:45pm VB 3200 Meter Run
7:00pm VG 1600 Meter Relay
7:15pm VB 1600 Meter Relay

Field Events:

10:15am Check in/Warm ups
11:00am Girls Shot Put
Boys Discus
Girls Long Jump
Boys Long Jump
Boys High Jump

11:00am Coed Pole Vault

12noon** Check-in/Warm ups
12:45pm Girls Discus
Boys Shot Put
Girls Triple Jump
Boys Triple Jump
Girls High Jump

*Will run up to 5 minutes early

**Or immediately following completion of previous event

Coaches Scratch Meeting
Implement Weigh-ins for:

3:45pm @Clerks Tent
11am events ~ 10:15-10:40am
12:45pm events ~ 12:00-12:25pm