

Using Athlete ID #'s

All athletes on a team are assigned a unique ID # which will be used throughout the season at SCVAL Dual Meets. The ID # should be legibly written on the backside of the hand with a black sharpie for the dual meets. Field event athletes will sign up for their event using ID# as well as their full name & school. If the ID# is not used, your mark will not be entered and this will slow down the compilation of team scores and results. For track events, you will either report the ID# at the start line of the event or at the finish line (depending on who is timing the meet). If you don't know what the ID# is, then report the school name and find out the ID# ASAP and report it so the results can be as complete as possible. Once the meet starts, do not ask the timer for an ID#. ID#'s can be found at:

<https://fasttimes.nfshost.com/Roster/Roster.cgi?Roster=SCVAL2025>

or go to www.LynbrookSports.com and click on the 'red' link that says "SCVAL Athlete ID #'s"

Finishing the 3200 meters

When you are finishing the 3200, move out to **Lane 4** so the timer knows you are finishing. Otherwise, the timer will assume that you've been lapped and you plan on continuing to run additional laps, they have no way of knowing so finish in **Lane 4**. Once you have finished, stay in order and report your ID# and division (VB, VG, JVB, JVG) to the finish official. At that point, exit to the infield. Get off of the track and stay off of the track while the race continues to have finishers. **DO NOT** go anywhere near the finish line for any reason, even if you're out in lane 8. Crossing the finish line again, after you've finished, is reason for a disqualification. Exit immediately to the infield off of the track once you've turned in your ID#.

Additional Meet Info

Order of events and TENTATIVE time schedule is at:

<http://www.prepcaltrack.com/ATHLETICS/TRACK/evntordr.htm>

ALL competitors must have their athlete ID # written on the back of their hand with a black Sharpie, field event athletes as well.

There are no sign ups for track events, just be at the start for your race. Either at the start or upon finishing, give the FINISH JUDGE your Athlete ID #.

(FINISH JUDGE: A piece of paper to write athlete ID #'s down will work fine, label EVERY event).

Be aware that a motion sensor camera is used at the finish line. At no time, other than finishing a race, are you to cross the finish line (3200 racers be aware).

VG & JVG/FSG Mile/1600 MAY be merged, alert your athletes.

Final placings will be based on merged heats as long as electronic timing is used. Otherwise, the best finish place someone from the 2nd (slow) heat can get is 3rd.

VG & JVG/FSG 800 MAY be merged, alert your athletes.

The 2 mile/3200 will run ALL divisions together.

When finishing the 2 mile/3200, finish out in lane 4 so the timer knows that you are finishing.

VB & FSB/JVB 1600 Relays might be run together.

VG & JVG/FSG 1600 Relays might be run together.

Field Event athletes must sign up using their Athlete ID #, DO NOT let them sign up without an ID #.

5 athletes per division/per event in all field events. Other athletes compete as time allows.

Please use the following for your Field Event sheets and make sure all data is filled in (like the EXAMPLE competitor)

HJ: <http://www.prepcaltrack.com/ATHLETICS/TRACK/NOTEMPLATE/hj-pv.pdf>

LJ/TJ: <http://www.prepcaltrack.com/ATHLETICS/TRACK/NOTEMPLATE/lj-tj.pdf>

SP/DT: <http://www.prepcaltrack.com/ATHLETICS/TRACK/NOTEMPLATE/sp-dt.pdf>

Live results can be found at www.LynbrookSports.com (I do not print anything) - please stay away from the timing/scoring area.

COACHES - Please educate your athletes that they MUST stay AWAY from the Start/Finish line and timing area.

One kick of the camera tripod and the meet will come to a halt for about 10 minutes while I re-align the camera.

If they cross the Start/Finish line during a race, the camera captures their image instantly and they can block the view of the real finishers.

I will arrive 1 hour prior to the start of the meet.

I will need a volunteer to work at the start & finish line with me collecting Athlete ID #'s

Get all Field Event results to me ASAP, do not hold until the end of the meet or I won't be able to score the meet in time.