



Jim Linthicum Invitational

Tentative Time Schedule

Check back for a final time schedule after entries close.

FRIDAY APRIL 10, 2026

Field Events

12:00pm	Women's Shot Put (South Field)
12:00pm	Men's Hammer (South Field)
1:00pm	Women's Pole Vault (South Apron)
2:30pm	Men's Pole Vault (South Apron)
3:00pm	Women's Hammer (South Field)
3:00pm	Men's Shot Put (South Field)

SATURDAY APRIL 11, 2026

Field Events

10:30am	Women's Discus (Infield)
10:30am	Men's Javelin (South Field)
10:45am	Women's High Jump (South Apron)
12:00pm	Women's Long Jump (East Pit)
12:00pm	Men's Long Jump (West Pit)
1:30pm	Men's Discus (Infield)
1:30pm	Women's Javelin (South Field)
1:30pm	Men's High Jump (South Apron)
2:30pm	Women's Triple Jump (East Pit)
3:00pm	Men's Triple Jump (West Pit)

Running Events

10:54am	National Anthem
11:00am	Women's 400 meter relay
11:05am	Men's 400 meter relay
11:15am	Women's 1500 meters
11:35am	Men's 1500 meters
11:55am	Women's 100 meter hurdles
12:05pm	Men's 110 meter hurdles
12:15pm	Women's 400 meters
12:30pm	Men's 400 meters
12:55pm	Women's 800 meters
1:10pm	Men's 800 meters
1:30pm	Women's 400 hurdles
1:35pm	Men's 400 hurdles
1:45pm	Women's 100 meters
2:00pm	Men's 100 meters
2:25pm	Women's 200 meters
2:40pm	Men's 200 meters
3:10pm	Women's 3000 meters Steeplechase
3:25pm	Men's 3000 meters Steeplechase
3:40pm	Women's 1600 meter relay
3:50pm	Men's 1600 meter relay
4:00pm	Estimated finish