

Previous Winners

TROJAN INVITATIONAL

TROJAN INVITATIONAL

TROJAN RELAYS

Team Champions

Girls:

1994	Castro Valley
1990-1993	no meet held
1989	Ygnacio Valley
1988	rained out
1987	Acalanes
1986	Acalanes
1985	Acalanes
1984	Acalanes
1983	Campolindo
1982	no meet held
1981	Castro Valley
1980	Acalanes
1979	Acalanes
1978	Northgate
1977	Livermore
1976	Berkeley
1975	Berkeley
1974	no records available
1973	no records available

Frosh-Soph Boys:

1994	Alhambra
1990-1993	no meet held
1989	Ygnacio Valley
1988	rained out
1987	Acalanes
1986	Ygnacio Valley
1985	Las Lomas

TROJAN INVITATIONAL RELAYS

ORDER OF EVENTS

Event

Number

Division

Event

Track Events:

1.	Frosh-Soph	4 x Mile
2.	Girls	4 x Mile
3.	Frosh-Soph	4 x 100 (Prelims)
4.	Girls	4 x 100 (Prelims)
5.	Frosh-Soph	Open 100 (Prelims)
6.	Girls	Open 100 (Prelims)
7.	Frosh-Soph	Shuttle Hurdles
8.	Girls	Shuttle Hurdles
9.	Frosh-Soph	4 x 220
10.	Girls	4 x 220
11.	Frosh-Soph	4 x 880
—	Frosh-Soph	4 x 100 (Finals)
—	Girls	4 x 100 (Finals)
12.	Girls	4 x 880
—	Frosh-Soph	Open 100 (Finals)
—	Girls	Open 100 (Finals)
13.	Frosh-Soph	Devil -Take-the-Hindmost Mile
14.	Girls	Devil -Take-the-Hindmost Mile
15.	Frosh-Soph	4 x 440
16.	Girls	4 x 440

Field Events:

17.	Girls	High Jump (Pit A)	4:00 p.m.
18.	Frosh-Soph	High Jump (Pit B)	4:00 p.m.
19.	Girls	Long Jump	4:00 p.m.
20.	Frosh-Soph	Triple Jump (After Girls' long jump)	
21.	Frosh-Soph	Shot Put	4:00 p.m.
22.	Girls	Shot Put (After Frosh-Soph shot put)	
23.	Girls	Discus	4:00 p.m.
24.	Frosh-Soph	Discus (After Girls' Discus)	
25.	Girls	Pole Vault	4:00 p.m.
26.	Frosh-Soph	Pole Vault (simultaneous with Girls' Pole Vault)	

TROJAN RELAYS
4 X MILE PREVIOUS WINNERS

Varsity Girls:

1994	24:11.9	Castro Valley	J. Ewing, Wong, Lim, Shin
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Fosh-Soph Boys:

1994	19:57.8	DeLaSalle	George, Click, Sanchez, Hintz
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TROJAN RELAYS

4 X 100 PREVIOUS WINNERS

Varsity Girls:

1994	52.3	Oakland Tech	Henderson, Hammock Smith, Beverly
1990-93		meet not held	
1989	51.6	Holy Names	Tanner, Alexander, Taylor, Grass
1988		rained out	
1987	50.9	Acalanes	Kolmer, Kostulos, Peterson, Ravazza
1986	51.4	Monte Vista	Crew, Roos, Hansen, Forshee
1985	51.6	Presentation	Wells, Hines, McNair, Ford
1984	50.6	Clayton Valley	Flemings, Barries, Carr, Masae
1983	52.6	Campolindo	Lundberg, Schuh, Muesser, Sasser
1982		rained out	
1981	50.8	Alhambra	Hansenim, Hookins, Swicegood, Suits
1980	51	Miramonte	Bevan, Blakey, Davis, Binsacca
1979	49.2	Northgate	Fleming, Peters, Warfield, Relero
1978	51.8	Miramonte	Bevan, Blakey, Binsacca, Langjan
1977	50.6	El Cerrito	Young, Hawthorne, Blackburn, Hawthorne
1976	50.8	Berkeley	Cobbs, Ronbinson, Burgess, Knight
1975	49.7	Berkeley	Nickson, Robinson, Burgess, Knight
1974		no records	
1973	49.9	Berkeley	White, Staneford, Byfield, Nickson

Frosh-Soph Boys:

1994	47.4	Alhambra	Hodgkinson, Thompson, Linsey, Yeager
1990-93		no meet	
1989	46.5	Benicia	Liston, Zimmer, Baylor, Schefernon
1988		rained out	
1987	46.4	Ygnacio Valley	Aaron, VanBuren, Robinson, Premo
1986	44.7	Ygnacio Valley	Van Vuren, Eleazar, Barry, King
1985	47	De Anza	Christoff, DeLuz, Hampton, Baker
1984	47.3	Las Lomas	Krugar, DePietro, Rivera, Herbert

**TROJAN RELAYS
OPEN 100 PREVIOUS WINNERS**

Varsity Girls:

1994	12.8	Orisha Hines	Fremont-Oakland
1990-93		no meet	
1975-89		event not held	
1974		no records	
1973 (yards)	11.9	Pam McDaniel	Washington-Fremont

Frosh-Soph Boys:

1994	11.6	Thompson	Alhambra
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TROJAN RELAYS SHUTTLE HURDLE PREVIOUS WINNERS

Varsity Girls:

1994	43.4	Las Lomas	Fortier, Uzzel, Baron, Hozapoulos
1990-93		no meet	
1989	39.2	Ygnacio Valley	Patel, Hanf, Tobel, Bofing
1988		rained out	
1987	41.7	Las Lomas	Myers, Greensmith, Scott, Miller
1986	41.1	Presentation	Rucher, Kahlon, McNair, Lawson
1985	40	Las Lomas	Stone, Myers, Goeller, Maynard
1984	39.3	Campolindo	Thomas, Warren, Johnson, Kimer
1983	41.9	Encinal	Wong, Gee, Chui, Cantos
1982		met not held	
1981	41.9	Carondelet	Glunn, Achuleta, Zulaica, Fourmet
1980	38.9	Acalanes	M. VanZeeland, K. VanZeeland, Dunkleberg, Meinbress
1979	38.6	Acalanes	VanZeeland, Dunkleberg, Meinbress, Upshaw
1978	37.7	Acalanes	Meinbress, Upshaw, Gross, Favors
1977	39.5	Livermore	Newell, Ng, Calhoun, Mochior
1976	41.7	Berkeley	Burgess, Robinson, Ross, Cobb

Prior to 1976, the hurdles were an individual event

1975 (80 yard)	11.3	K. Burgess	Berkeley
1974 (80 yard)	12.8	Roberta Bruder	Pleasant Hill
1973 (70 yard)	11.2	Roberta Bruder	Pleasant Hill

Frosh-Soph Boys:

1994	44.2	Castro Valley	Amiri, Fung, Kim, Moore
1990-93		no meet	
1989	42.2	Acalanes	Habibullah, Wilson, Chales, Sicotte
1988		Rained out	
1987	41.1	DeAnza	Hunt, Wiggins, Westbrood, Senior
1986	40.6	Ygnacio Valley	King, Cochual, Rice, McDowell
1985	43.7	Las Lomas	Nelson, Luna, Morse, Johnson
1984	40.9	Miramonte	Aldridge, Pope, Brown, Cameron

TROJAN INVITATIONAL

4 X 220 PREVIOUS WINNERS

Varsity Girls:

1994	1:52.4	Oakland Tech	Henderson, Hammock, Beverly Smith
1990-93		no meet held	
1989	1:50.1	Holy Names	Tanner, Alexander, Gross, Taylor
1988		rained out	
1987	1:49.4	Alhambra	Cline, Taylor, Corbyn, McLaughlin
1986	1:49.8	Monte Vista	Crew, Voss, Hanson, Forshee
1985	1:49.7	Presentation	Hines, Ford, Wells, McNair
1984	1:49.3	Miramonte	Chapman, Hess, Moss, Maxworthy
1983	1:49.8	Miramonte	no names available
1982		meet not held	
1981	1:49.7	Carondelet	Fournet, Zulaica, Jackson, Banchemo
1980	1:48.2	Acalanes	Gruhler, Meinbress, Morgan, Hansen
1979	1:45.3	Northgate	Fleming, Peters, Warfield, Peters
1978	1:50.0	Northgate	Peters, Fleming, Warfield, Cassidy
1977	1:51.0	Piedmont	Cheek, Oustermann, McDevitt, Martell
1976	1:50.4	Las Lomas	DiMaggio, Sharpe, Warren, Sweetman
1975	1:47.2	Berkeley	Robinson, Murray, Rose, Nickson
1974		no records	
1973	1:50.3	Berkeley	Ray, Henderson, Steneford, Nickson

Frosh-Soph Boys:

1994	1:41.1	Alhambra	Yeager, Thompson, Lopez, Lindsay
1990-93		no meet held	
1989	1:38.0	Alhambra	Williams, Scott, Baggerly, Micaneh
1988		rained out	
1987	1:36.7	DeAnza	Hunt, Armst, Senior, Rivera
1986	1:34.2	Ygnacio Valley	VanBuren, Eleazar, Barry, King
1985	1:38.2	Miramonte	Wolfens-Speyer, Kline, Suh, Grant
1984	1:36.7	Miramonte	Metz, Vincenzo, Slaterelis, Weiser

TROJAN RELAYS

4 X 880 RELAY PREVIOUS WINNERS

Varsity Girls:

1994	10:49.0	Castro Valley	Shin, J. Ewing, Groome, Lim
1990-93		no meet held	
1989	10:08.5	Campolindo	Woodridge, Kho, Smith, Riley
1984-88		event not contested	
1983	10:14	Alhambra	Leary, Tully, Tully, Nakasoni
1982		meet not held	
1981	9:56.0	Castro Valley	Kr. Lambden, Cunningham, Stevenson, Ka. Lambden
1980	10:05.0	Castro Valley	Kr. Lambden, Van Buskirk, Stevenson, Ka. Lambden
1979	10:08.8	San Ramon	Grav, O'Conner, Schalk, Baffert
1978		event not contested	
1977	10:24.6	Livermore	Aubuchon, Williams, Brostrom, Ainsworth
1976	10:27.3	Bishop O'Dowd	Lourth, Gonszlyves, Scannel, Zabner
1975	10:10.5	Pleasant Hill	Costello, Robinson, Iten, Bruder

Frosh-Soph Boys:

1994	8:59.1	DeLaSalle	Click, Georege, Hintz, Sanchez
1990-93		no meet held	
1988-89		event not contested	
1987	8:43.9	Castro Valley	Denzler, Saunders, Guerino, Grabanski
1986	8:40.6	Las Lomas	Williams, Dangle, Goeller, Murphy
1985	8:57.9	DeAnza	Williams, Rainey, Mangan, DeCruz
1984	8:43.4	Miramonte	Hiro, Smith, Flaherty, Durham

TROJAN RELAYS

DEVIL-TAKE-THE-HINDMOST MILE PREVIOUS WINNERS

Varsity Girls:

1994	5:40.1	Amber Robinson	Las Lomas
1990-93		meet not held	
1989	5:24.2	Sarah Riley	Campolindo
1988		rained out	
1987	5:21.3	Maria Ravazza	Acalanes
1986	5:20.4	Kristen Hansen	Monte Vista
1985	5:29.6	Elena Spight	Miramonte
1984	5:24.9	Elena Spight	Miramonte
1983	5:11.6	Ann Ratto	Alameda
1982		Meet not held	
1981	5:20.5	Nogie	Miramonte
1980	5:05.9	Lisa Sandel	Campolindo
1979	5:19.5	Melissa Martel	Piedmont
1978	5:19.3	Carol Manning	Carondelet
1977	5:20.4	Cherie Williams	Livermore
1976	5:30.8	Karen Salisbury	Northgate
1975	5:30.8	Mary Riebelt	Las Lomas
1974	5:54.8	M. Zahner	Bishop O'Dowd
1973	6:07.8	mary Faiferek	Las Lomas

Frosh-Soph Boys:

1994	5:01.4	Coffee	DeLaSalle
1990-93		meet not held	
1989	4:52.7	Dave Ling	Castro Valley
1988		rained out	
1987	4:40.7	Gordon Johnson	Piedmont
1986	4:33.4	Mike Mahoney	Acalanes
1985	4:42.1	Ryan Harding	Eagle Point, Oregon
1984	4:44.5	P. King	Clayton Valley

TROJAN RELAYS

4 X 440 PREVIOUS WINNERS

Varsity Girls:

1994	4:31.1	Alhambra	Thompson, Underwood, Frato, Piper
1990-93		meet not held	
1989	4:17.8	Piedmont	no names available
1988		rained out	
1987	4:11.7	College Park	Henderson, Lucas, Dial, Marshall
1986	4:16.0	Acalanes	Ravazza, Ruan, Lee, Kilmedr
1985	4:15.9	Acalanes	Ravazza, Kasper, Heckmann, Newberger
1984	4:17.5	Campolindo	Bacon, Hepler, McMahon, Sasser
1983	4:17.9	Campolindo	Bacon, Hepler, McMahon, Sasser
1982		no meet held	
1981	4:12.7	Campolindo	M. Hepler, K. Hepler, Sasser, Vance
1980	4:04.5	Campolindo	Adams, Hepler, Henneker, Sandal
1979	4:06.5	Miramonte	Langren, Bevan, Binsacca, Peters
1978	4:14.7	San Ramon	O'Connor, O'Connor, Bateman, Renwick
1977	4:11.7	El Cerrito	Hawthorne, Young, Hawthorne, Blackburn
1976	4:15.4	Berkeley	Burgess, Murray, Ross, Cobbs
1975	4:09.9	Las Lomas	Warren, Gray, Giesman, Sweetman
1974		no records	
1973	4:03.5	Berkeley	no names available

Frosh-Soph Boys:

1994	3:47.6	Las Lomas	Schmidy, Coombs, Haleen, Moberly
1990-93		meet not held	
1989	3:43.0	Ygnacio Valley	Sanchez, Grim, Hunsaker, Schwab
1988		rained out	
1987	3:40.0	Acalanes	Redo, Stevens, Phillips, Sutch
1986	3:36.6	Ygnacio Valley	Barry, Eleazar, Shenejaeld, Morrison
1985	3:42.3	DeAnza	Margain, Baker, Morris, DeCruz
1984	3:42.8	Granada	Barnett, Johnson, Chambers, Kline

TROJAN RELAYS **HIGH JUMP PREVIOUS WINNERS**

Varsity Girls:

Team:

Individual:

1994	13-6	Castro Valley	Kohl, Hild, Parker	4-10	Tracy Banks	Alhambra
1990-93		no meet held				
1989	14-0	Holy Names	Clark, Harb, Dillon	4-10	Daly	Benicia
1988		rained out				
1987	14-0	Monte Vista	Byers, Cole, Baker	4-10	Carrie Dial	College Park
1986	13-6	Arroyo	Barros, Lopes, Sanchez	5-0	Brook Knight	Clayton Valley
1985	14-2	Campolindo	Johnson, Denham, Cole	4-10	Kristin Folkedahl	Acalanes
1984	14-6	Campolindo	Denham, Johnson, Kisner	4-11	Claire Denham	Campolindo
1983		no record				
1982		no meet held				
1981	13-6	Castro Valley	VanBuskirk, Cunningham, Symes	4-10	Lisa Banchemo	Carondelet
1980	14-3	Acalanes	Carr, Dunklebey, VanZeeland	5-6	Maggie VanZeeland	Acalanes
1979	14-4	Acalanes	Dalicio VanZeeland, Dunklebey	5-6	Lisa Peters	Northgate
1978	13-10	Las Lomas	Warrington, Kunz, Cornell	5-2	Karen Cornell	Las Lomas
1977	14-0	Livermore	Madrid, Paxaio, Shirley	4-10	Janice Paxaio	Livermore
				5-2	Johnson	Liberty
				5-2	Terry Knight	Berkeley
					no record	
				4-11	A. Noack	Campolindo

Frosh-Soph Boys:

1994	15-6	Castro Valley	Amiri, Kim, Fung	5-6	Naeem Amiri	Castro Valley
1990-93		meet not held				
1985-89		event not contested				
1984	16-7	Miramonte	Cameron, Franklin, Kerchner	5-7	Chris Kerchner	Miramonte
				tie	Tom Cameron	Miramonte

TROJAN RELAYS LONG JUMP PREVIOUS WINNERS

Varsity Girls:

Teams:		Individuals:		
1994	42-0 1/2	Castro Valley	Kohl, Shin, Wong	14-11 1/4 Amy Kohl Castro Valley
1990-93		meet not held		
1989	43-7 1/2	Holy Names	Tanner, Gross, Alexander	16-4 Chivonne Tanner Holy Names
1988		rained out		
1987	43-5	Monte Vista	Hansen, Kolb, Studfell	15-0 Susie Calahong Las Lomas
1986	45-6 1/2	Alhambra	Corbyn, Morandin, Suitos	15-11 Cindi Barros Arroyo
1985	45-10 1/2	Campolindo	Doust, Berman, Schuh	16-7 1/2 Karlyn McNall Acalanes
1984	47-0	Miramonte	Tong, Halsey, Hess	16-1 3/4 Kim Halsey Miramonte
1983	47-0 1/2	Campolindo	Schuh, Berman, Rowe	16-5 1/2 Kim Halsey Miramonte
1982		meet not held		
1981	48-1 1/2	Alhambra	Suitos, Hanson, Hopkins	16-6 Pam Cole Castro Valley
1980	46-9 3/4	Acalanes	Bucklin, Cox, VanZeeland	16-9 Maggie VanZeeland Acalanes
1979	47-2 1/2	Moreau Catholic	Miles, Carson, Kinman	16-9 1/2 Rita O'Connor San Ramon
1978	45-7	Northgate	Fleming, Peters, Kenow	15-11 1/2 Dawn Peters Northgate
1977	48-0 1/2	Livermore	Madrid, Ng, Paxato	16-9 Paula Ng Livermore
1976				16-5 Kelly Swearington Del Valle
1975				17-2 1/2 Terry Knight Berkeley
1974				17-0 C. Hermann Las Lomas
1973				16-6 3/4 P. Lebrrie Bishop O'Dowd

TROJAN RELAYS

TRIPLE JUMP PREVIOUS WINNERS

Frosh-Soph Boys:

Team:

Individual:

1994	109-9 3/4	Castro Valley	Amiri, Moore, Wong	37-5 3/4	Naeem Amiri	Castro Valley
1990-93		no meet held				
1989	110-11 1/2	Acalanes	Wilson, Sampson, Habibullah	40-2	Jerry Reese	Mt. Diablo
1988		rained out				
1987	114-9	DeAnza	Hunt, Riveis, Foster	39-5	J. Hunt	DeAnza
1986	113-10	Ygnacio Valley	Medrona, Poppleton, Barry	41-7	Rich Lacey	Moreau Catholic

TROJAN RELAYS

SHOT PUT PREVIOUS WINNERS

Varsity Girls:

Team:

Individual:

1994	75-10	Alhambra	Colbert, Ferguson, Fowler	29-2	Stephanie Colbert	Alhambra
1990-93		meet not held				
1989	89-3 1/2	Piedmont	Moren, Watts, Martin	37-7 1/4	Julie DeJarlis	Las Lomas
1988		rained out				
1987	91-0 3/4	Acalanes	Connor, Samahon, Billeter	35-8	Hildegard Samahon	Acalanes
1986	89-2 1/2	Moreau Catholic	A. Loggins, Watson, B. Loggins	34-0 1/4	Dawn Lundberg	Campolindo
1985	92-3 1/2	Foothill	Murphy, DeSantis, Mulhikin	34-2 1/2	Esther Mulhikin	Foothill
1984	94-9 1/2	Moreau Catholic	A. Loggins, B. Loggins, Watson	37-1	Jennifer Watson	Moreau Catholic
1983	86-0	Eagle Point, Oregon	Dickenson, Walter, Hanscom	32-8 1/2	Debbly Hanscom	Eagle Point, Oregon
1982		no meet held				
1981	86-8 1/2	Ygnacio Valley	Reed, Camp, Chiavini	32-8	Diane Reed	Ygnacio Valley
1980	105-3 1/2	Liberty	Gallegos, Gallegos, Hoffman	40-0	Kathy Callegahan	Monte Vista
1979	101-1	Monte Vista	B. Callegahan, Fischer, K. Callegahan (8 lb. shot used before 1979)	39-8 1/2	Kathy Callegahan	Monte Vista
1978	89-5 1/2	San Leandro	Rishards, Bradshaw, Egan	40-6	Linda Reed	Alameda
1977	105-6	Monte Vista	Bell, Callegahan, Dolsby	38-9	Carol Dolsby	Monte Vista
1976				38-11	Vanessa Brooks	Berkeley
1975				35-0	L. Keats	San Leandro
1974				34-2	L. Gustavson	Monte Vista
1973				38-3	G. King	Washington

Fresh-Soph Boys:

1994	125-8	Alhambra	Oxford, Kinder, Boyd	45-2	Tony Feliciano	Mt. Eden
1990-93		meet not held				
1989	114-0 3/4	Piedmont	Fendel, Krieger, DeFeo	42-8	Josh DeFeo	Piedmont
1988		rained out				
1987	128-11 1/2	College Park	McDeamid, Byford, Holden	47-11 1/2	Doug Eyrkit	Monte Vista
1986	126-6 1/2	Arnador Valley	Carvecho, DeBarnardi, Sebaha	48-8	Eric Bamberger	Ygnacio Valley
1985	124-6	Las Lomas	Freschi, Barns, Miller	46-5	Tony Miller	Las Lomas
1984	140-2	San Ramon	Cox, Greg, Isola	49-0	Will Greg	San Ramon

TROJAN RELAYS

DISCUS PREVIOUS WINNERS

Varsity Girls

Team:

Individual

1994	247-3	Alhambra	Colbert, Fowler, Ferguson	89-5 1/2	Stephanie Colbert	Alhambra
1990-93		meet not held				
1989	249-0	Piedmont	Martin, Anderson, Moren	119-2	Julie DeJarlis	Las Lomas
1988		rained out				
1987	274-11	Las Lomas	Dawson, DeJarlis, Deruyte	123-2	Julie DeJarlis	Las Lomas
1986	286-7	Moreau Catholic	A. Loggins, Watson, B. Loggins	117-6	Swanson	College Park
1985	274-8	Foothill	Kleinsmith, DeSantis, Murphy	124-7	Swanson	College Park
1984	276-11	Moreau Catholic	B. Loggins, Watson, A. Loggins	108-11 3/4	Tyler	College Park
1983	256-6	Campolindo	Ebersole, Denham, Lundling	98-3	Casazza	Alhambra
1982		meet not held				
1981	283-2	Acalanes	Borgwardt, D'Hout, Gordon	113-7	Cherie Schaeffer	Castro Valley
1980	298-9 1/2	Acalanes	Loytang, Borgwardt, D'Hout	116-2	d'Hout	Acalanes
1979	283-9	Monte Vista	Fisher, K. Callaghan, B. Callaghan	126-4	Heidi Carlson	Miramonte
1978	300-4 1/2	Pleasant Hill	Aston, Echols, Johnson	133-7	Linda Reed	Alameda
1977	290-7	Monte Vista	Frahmen, Dolsby, Bell	122-10 1/2	Carol Dolsby	Monte Vista
1976				115-2 1/2	Shannon Duthrie	Miramonte
1975				99-8	K. Hilton	Pleasant Hill
1974				no records		
1973				89-7	S. Pierce	Berkeley

Frosh-Soph Boys:

1994	288-1	Mt. Eden	Garvin, Faastilla, Feliciano	103-3	Chris Barker	Hayward
1990-93		meet not held				
1989	308-8	Ygnacio Valley	Holland, Rumbel, Johnson	119-1	D. Halpin	Campolindo

TROJAN RELAYS POLE VAULT PREVIOUS WINNERS

Varsity Girls:

Team:

Individual:

1994	21-6	Las Lomas	Baron, Fleming, Tumbas	8-0	Amanda Baron	Las Lomas
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Fresh-Soph Boys:

1994	29-6	Alhambra	Hodgkinson, Porter, Savacool	10-6	Paul Hodgkinson	Alhambra
1990-93		meet not held				
1989	30-9	Ygnacio Valley	Pierson, Tran, Medhurst	12-3	Bruse Medhurst	Ygnacio Valley
1988		rained out				
1987	30-0	Ygnacio Valley	Land, Daily, Kim	12-0	Mike Lane	Acalanes
1986	28-0	Clayton Valley	Tara, Hooshmand, Rockenbaugh	10-6	Poppleton	Ygnacio Valley
				(tie)	Tara	Clayton Valley
1985	26-6	Las Lomas	Veglia, Luna, McGuire	10-6	Dave Veglia	Las Lomas

FROSH-SOPH LONG JUMP

Previous winners:

<u>Team:</u>			<u>Individual:</u>	
1989	51-8 1/4	Ygnacio Valley (Cox, Hunt, Baroiant)	18-10	Atif Habibullah (Acalanes)
1988	rained out			
1987	53-2 3/4	Alhambra (Setaiwan, Freeman, Hudson)	19-5 1/2	Ed Tang (Miramonte)
1986	55-5 1/2	College Park (Helsing, Roy, Benfiel)	19-4 1/2	Dusty Roy (College Park)
	(Tie)	Clayton Valley (Asch, Beck, Smith)		
1985	53-8 1/2	Las Lomas (Luna, Eiseveis, Adami)	19-6 1/2	Garth Eiseveis (Las Lomas)
1984	57-5 1/4	Clayton Valley (Svistenko, Ellis, Zim)	20-2	Glenn Allen (Acalanes)

GIRLS TRIPLE JUMP

Previous Winners:

<u>Team:</u>			<u>Individual:</u>	
1989	97-11 1/2	Ygnacio Valley (Bolfing, Tobal, Hanf)	35-10	Stephanie Hanf (Ygnacio Valley)
1988	rained out			
1987	91-6 1/2	Acalanes (Spottiswoode, Green, Sumner)	35-3 1/2	Ali Kolb (Monte Vista)
1986	98-9	Acalanes (Zolokar, McNall, Peterson)	34-4 1/2	Karlyn McNall (Acalanes)
1985	97-3 1/2	Acalanes (Zolokar, McNall, Newberger)	34-8 1/2	Karlyn McNall (Acalanes)
1984	94-3	Campolindo (Doust, Denham, Kimer)	34-2	Karlyn McNall (Acalanes)
1983	97-2 3/4	Campolindo (Roul, Denham, Mueser)	33-5	Erica Mueser (Campolindo)

FROSH-SOPH DISTANCE MEDLEY (1320-400-800-MILE)

Previous Winners:

1989 11:49.8 Castro Valley (Detlefsen, Luna, Ryan, Ling)

GIRLS' SPRINT MEDLEY

Previous Winners:

(800-200-200-400)

1989 4:26.4 Piedmont (no names available)

1985-88 event not contested

(100-100-200-400)

1984 1:56.3 Acalanes (Kilmer, Hackmann, Pacelbor, Duffy)

1983 1:56.6 Carondelet (Zulaica, Schribner, Olivas, Zulaica)

1982 meet not held

1981 1:53.2 Alhambra (Swicegood, Hopkins, Suits, Hanson)

1980 1:52.9 Alhambra (Swicegood, Hopkins, Haefke, Hanson)

1979 1:58.0 San Ramon (Carutta, Swenson, Clark, O'Connor)

1978 1:52.4 Northgate (Warfield, Peters, Fleming, Peters)

1977 1:54.2 Moreau Catholic (Costanas, Miles, Dorsey, Bruin)

1976 1:53.7 Berkeley (Cobb, Sunday, Packer, Robinson)

1975 1:51.4 Pleasant Hill (Bartlow, Keller, Crist, Costello)

1974 1:56.2 Pleasant Hill (Bartlow, Keller, Bruder, Costello)

1973 1:56.8 Washington (McDaniel, Hunter, Carter, Hamilton)

FROSH-SOPH SPRINT MEDLEY (800-200-200-400)

Previous Winners:

1989	3:56.3	Alhambra (Williams, Scott, Micaneh, Baggerly)
1988	rained out	
1987	3:45.0	Acalanes (Stevens, Navonne, Sutch, Phillips)
1986	3:50.3	Acalanes (Mahoney, Tunell, Earls, Green)
1985	3:53.2	DeAnza (Rainey, Hampton, Baker, Margon)
1984	3:52.6	Miramonte (Smith, Metz, Vincencio, Moore)

GIRLS' DISTANCE MEDLEY (1320-440-880-MILE)

Previous Winners:

1987	12:50.7	Acalanes (Lee, Limer, Ravazza, Klier)
1986	13:01.7	Acalanes (Lee, Kasper, Ravazza, Crawford)
1985	13:11.4	Miramonte (Wagner, Miche, Chinn, Spight)
1984	12:59.3	Miramonte (Spies, Hillard, Kroger, Raffo)
1983	13:04.9	Alhambra (Leary, Swicegood, A. Tully, P. Tully)
1982	meet not held	
1981	12:35.8	Castro Valley (Ka. Lambden, Kr. Lambden, Cunningham, Van Buskirk)
1980	12:48.0	Miramonte (Davis, Slakey, Sihner, White)
1979	13:08.8	San Ramon (Petrie, O'Connor, Nemir, Boffert)
1978	13:08.1	Piedmont (Thorpe, Trienen, Wieking, Bujanja)

GIRLS' 300 LOW HURDLES

Previous Winners:

1983	48.7	Folmgren (Miramonte)
1982	meet not held	
1981	48.6	Ann Spinks (Skyline)

GIRLS' OPEN 880

Previous Winners:

1983	2:23.1	Moreen DeBettencourt (Carondelet)
1982	meet not held	
1981	2:25.9	Noreen DeBettencourt (Carondelet)
1980	2:27.9	Terri Cutter (Alameda)
1979	2:23.2	Melissa Martel (Piedmont)
1978	2:24.8	Diana Bujanjo (Piedmont)
1975-77	event not contested	
1974	no records available	
1973	2:19.0	Kathy Costello (Pleasant Hill)

GIRLS' OPEN 220

Previous Winners:

1974	no records available
1973	27.0 Pam McDaniel (Washington)