

TRIPLE JUMP -- BOYS

Name	School	1st	2nd	3rd	Best	School Total	Place
CASEY HALL	ALHAMBRA	31' 7 1/2"	33' 2"	33' 10"	33' 10"		
ANTHONY HENRY	"	32' 10"	33' 2 3/4"	34' 1/2"	34' 1/2"	98-1 1/2	(3)
AMOS CRUZ	"		30' 2"	29' 11 1/2"	30' 2"		
REOUIR BOWEN	CV "A"	34' 3"	35' 7 1/2"		35' 7 1/2"		
PHAP FUNG	"	31' 3"	33' 9 1/4"	34' 9"	34' 9"	105-9	(1)
RYAN LIGLAR	"	33' 1/4"	33' 11 1/2"	35' 4 1/2"	35' 4 1/2"		
NO TEAM	CV "B"						
PHILIP GHADERI	CV "C"		26' 0"	27' 4"	27' 4"		
BRIAN STONELAKE	"	27' 1/4"		29' 1/2"	29' 1/2"	88-5 1/2	(6)
MIKE PAIK	"	31' 5 1/2"	31' 11"	31' 9"	31' 11"		
KIM-DAH SIEH	HAYWARD	30' 5"	34' 2 1/2"	36' 1" (3)	36' 1"		
JOSEPH INLEY	"	30' 5"	30' 10"	31' 6"	31' 6"	97-2 1/2	(4)
SEANTE JOHNSON	"	27' 1/2"	29' 3 1/2"	29' 7 1/2"	29' 7 1/2"		
RYAN KELLING	LAS LOMAS	26' 1/2"	27' 11"		27' 11"		
VINCE MONTANA	"	27' 10"	26' 9 1/2"	30' 2 1/4"	30' 2 1/4"	90-11 3/4	(5)
JASON MADDOX	"	29' 9 1/2"	31' 2"		31' 2"		
KEVIN GRIMES	SAN LORENZO	33' 10"	36' 5 3/4"	37' 2"	37' 2"		
BRIAN SANTI	"		25' 8 1/2"	26' 2"	26' 2"	63-4	(7)
NO TEAM	TOLEAY						
EMMITT, JEFF	WASHINGTON	34' 4"	37' 0"	36' 8 1/2" (2)	37' 0"		
MAHBOOBI, RAMIN	"	29' 6"	26' 2"	29' 11"	29' 11"	93-7	(2)
BARBERO, BRIAN	"	29' 0"		31' 8"	31' 8"		

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

1995 TROJAN RELAYS

EVENT: 4X MILE

HEAT: 1

DIVISION: ~~CONVALLEY~~ FIS

EVENT NO: 1

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE

REPLY

DATE

SUBJECT:

MESSAGE		REPLY			
DATE	SUBJECT:	DATE	Time	Place	
	✓ Lane School				
	✓ 1 HAYWARD		22:02.9	5	
	2 AMERICAN				
	3 ALHAMBRA				
	✓ 4 CASTRO VALLEY "B"		23:10.7	7	
	✓ 5 CASTRO VALLEY "A"		20:36.2	1 st	
	✓ 6 WASHINGTON		21:17.3	2	
	7 SAN RAMON		21:51.6	4	
	8 EL CERRILLO				
	✓ LAS LOMAS		21:45.3	3	
	✓ TOKAY		22:11.9	6	

BY _____

SIGNED _____

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

584

1995 TROJAN RELAYS

EVENT: 4X100

HEAT: FINALS

DIVISION: FIS

EVENT NO: 3

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY																																																														
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45102-

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

1995 TROJAN RELAYS

EVENT: 4X100

HEAT: 1

DIVISION: F/S

EVENT NO: 3

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE

REPLY

DATE

SUBJECT

DATE

Lane	School	Time	Place
✓ 1	EL CERRITO	⑤	50.6
✓ 2	CASTRO VALLEY "B"	⑥	51.3
✓ 3	SAN LORENZO (DQ)	⑦	52.8
✓ 4	WASHINGTON	①	46.9
✓ 5	20000 TOKAY	②	47.1
✓ 6	LAS LOMAS 'A'	④	48.1
	7 CASTRO VALLEY 'C'		
✓ 8	HAYWARD 'A'	③	47.3

BY _____

SIGNED _____

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

5432716

1995 TROJAN RELAYS

EVENT: OPEN 100

HEAT: FINALS

DIVISION: FIS

EVENT NO: 5

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY																																					
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BY _____		SIGNED _____																																					

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

317

1995 TROJAN RELAYS

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

EVENT: **OPEN 100**

HEAT: **1**

DIVISION: **F/S**

EVENT NO: **5**

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY	
DATE	SUBJECT	DATE	SUBJECT
	Lane School	Time	Place
	1		
	2 MAURITTE MATTHEWS (WASHINGTON)		
✓	3 GENNA ABRAMENKO (CASTRO VALLEY)	①	11.91
✓	4 M'INTOSH (ALHAMBRA)	③	12.0
✓	5 JOSH HABER (LAS LOMAS)	④	12.1
✓	6 JASON DIXON (FREMONT)	⑤	13.87
✓	7 DAMAR HADDEN (HAYWARD)	②	11.92
✓	8 JAKE KEINHOLZ (SAN RAMON)		

BY _____ SIGNED _____

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

8 of 2

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

1995 TROJAN RELAYS

EVENT: OPEN 100

HEAT: 2

DIVISION: FIS

EVENT NO: 5

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY			
DATE	SUBJECT:	DATE			
	Lane School		Time	Place	
	1				
✓	2 BEN CHAN (CASTRO VALLEY)		(3)	12.4	
✓	3 DAMION HARDY (FREMONT)		(2)	12.3	
	4 CLEVELAND (AMERICAN)				
✓	5 NAKAND (ALHAMBRA)		(6)	12.9	
✓	6 VILLAT (LAS LOMAS)		(5)	12.7	
✓	7 CHARLES WATSON (EL CERRITO)		(4)	12.5	
✓	8 DAVE NEWTON DAKE DEEMS (SAN RAMON)		(1)	11.8	
BY _____		SIGNED _____			

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

6743

1995 TROJAN RELAYS

EVENT: OPEN 100

HEAT: 3

DIVISION: F/S

EVENT NO: 5

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY			
DATE		DATE			
SUBJECT					
✓	Lane School	Time	Place		
✓	1 JOSEPH McHenry (FREMONT)	(7)	12.4		
✓	2 BRIAN LANE (EL CERRITO)	(8)	12.3		
✓	3 JAY WEBSTER (FREMONT)	(4)	12.1 12.1		
✓	4 EDDIE GORTON (SAN LORENZO)	(3)	12.0		
✓	5 TOMMY BURNS (WASHINGTON)	(1)	11.5		
✓	6 REGGIE BAILEY (CASTRO VALLEY)	(2)	11.9		
✓	7 SEAN HOLLEMAN (HAYWARD)	(5)	12.5		
	8:				
BY _____	SIGNED _____				

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

1995 TROJAN RELAYS

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

EVENT: 4 X HURDLES

HEAT: 1

DIVISION: FIS

EVENT NO: 7

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY			
DATE	SUBJECT	Lane	School	Time	Place
✓		1	CASTRO VALLEY "B" ALBANY	(3)	53.7 (6)
		2			
		3	ALBANY HAYWARD	(1)	46.4 (3)
		4			
✓		5	HAYWARD LAS LOMAS	(2)	46.9 (1) <i>See</i>
		6			
✓		7	LAS LOMAS		
		8			

BY: _____

SIGNED: _____

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

1995 TROJAN RELAYS

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

EVENT: 4X HURDLES

HEAT: 2

DIVISION: F/S

EVENT NO: 7

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE			REPLY			
DATE	Lane	School	DATE	Time	Place	
✓	1	TDKAY		②	44.5	②
	2					
✓	3	CASTRO VALLEY "A"		①	44.1	①
	4					
✓	5	WASHINGTON		③	46.9	④ tie
	6					
	7					
	8					

BY V SIGNED _____

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

ALH

1995 TROJAN RELAYS

EVENT: 4 X 220

HEAT: 1

DIVISION: FIS

EVENT NO: 9

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY			
DATE	SUBJECT	DATE	TIME	PLACE	
	Lane School				
✓	1 TOKAY		(4)	1:49.0	(9)
✓	2 SAN RAMON		(2)	1:45.6	(5)
	3 ALHAMBRA		(3)	1:46.0	(6)
✓	4 LAS LOMAS		(1)	1:44.6	(4)
✓	5 WASHINGTON		(5)	1:50.3	(10)
✓	6 CASTRO VALLEY "C"		(6)	1:58.7	(12)
	7 CASTRO VALLEY "A"				
	8				
BY _____		SIGNED _____			

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

1995 TROJAN RELAYS

EVENT: 4X220

HEAT: 2

DIVISION: F/S

EVENT NO: 9

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY			
DATE	SUBJECT	DATE			
	Lane School		Time	Place	
✓	1 REDWOOD CHRISTIAN		6	1:51.8	(11)
✓	2 HAYWARD		(3)	1:41.8	(3)
✓	3 CASTRO VALLEY "B"		(4)	1:47.6	(7)
✓	4 FREMONT		(2)	1:40.8	(2)
✓	5 CASTRO VALLEY "A"		(1)	1:40.4	(1)
✓	6 EL CERRITO		(5)	1:48.1	(5)
	7 REDWOOD CHRISTIAN				
	8				
BY _____		SIGNED _____			

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

1995 TROJAN RELAYS

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

EVENT: 4x880

HEAT: 1

DIVISION: F/S

EVENT NO: 11

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY			
DATE	SUBJECT	DATE			
	Lane School	Time	Place		
	✓ 1 TOKAY	9:35.9	3		
	✓ 2 HAYWARD	9:39.2	4		
	3 AMERICAN				
	✓ 34 LAS LOMAS	9:46.6	5		
	✓ 45 WASHINGTON	9:27.7	2		
	✓ 56 CASTRO VALLEY "A"	9:15.4	1		
	✓ 67 ALHAMBRA	10:04.5	8		
	✓ 78 CASTRO VALLEY "B"	9:50.4	6		
	✓ 89 TENNYSON SAN RAMON	9:51.0	7		
	10910 EL CERRILLO				
	11011 SAN JERONIMO				
BY _____		SIGNED _____			

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

1995 TROJAN RELAYS

EVENT: 4X440

HEAT: 1

DIVISION: FIS

EVENT NO: 15

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY	
DATE	DATE		
SUBJECT	SUBJECT	Time	Place
✓ 1 EL CERRITO		⑤	4:11.1 ⑧
2 SAN BARTON			
✓ 3 SAN LORENZO		③	3:53.4 ⑤
✓ 4 WASHINGTON		①	3:45.6 ①
✓ 5 CASTRO VALLEY "A"		④	4:03.2 ⑦
✓ 6 HAYWARD		②	3:51.0 ③ ④
7			
8			

BY _____ SIGNED _____

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

1995 TROJAN RELAYS

EVENT: 4x440

HEAT: 2

DIVISION: FIS

EVENT NO: 15

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY			
DATE	SUBJECT	DATE	TIME	PLACE	
	Lane School				
	1 REDAWOOD CHRISTIAN				
✓	2 CASTRO VALLEY "B"			③	3:56.7 4:02.9 ⑥
✓	3 LAS LOMAS			②	3:50.9 ③
✓	3A TOKAY			①	3:46.9 ②
✓	4 5 FREMONT <i>DR 2x1-2 + Finish Line Pumping</i>			③	3:56.7
	5 6 ALHAMBRA			④	4:52.0 ⑨
	7 REDAWOOD CHRISTIAN				
	8				
BY _____		SIGNED _____			

SHOT PUT -- GIRLS

Name	School	1st	2nd	3rd	Best	School Total	Place
Kim Della Rosa	ALHAMBRA	21'	19'9"	19'10 ³ / ₄ "	19'10 ³ / ₄ "		
Kelly Minor	"	18'	17'1 ³ / ₄ "	18'8 ³ / ₄ "	18'8 ³ / ₄ "	53-4 ¹ / ₂	(8)
Pilar	"	12'7 ³ / ₄ "	14'9 ³ / ₄ "	13'7 ³ / ₄ "	14'9 ³ / ₄ "		
Sara Jegar	AMERICAN	19'1"	19'6 ³ / ₄ "	17"	19'6 ³ / ₄ "		
Gina Liouri	"	19'8"	21'11 ³ / ₄ "	22'1 ³ / ₄ "	22'1 ³ / ₄ "	69-2	(5)
Michelle Lacup	"	22'10 ³ / ₄ "	26'5"	27'5"	26'5"		
Kashena Howard	CV "A"	21'4"	20'9"	22'5 ³ / ₄ "	22'5 ³ / ₄ "		
Jayne Wilson	"	28'5"	27'3"	28'5"	28'5"	83-7	(1)
Barbara Klews	"	29'9"	30'2"	31'9 ³ / ₄ "	31'9 ³ / ₄ "		(10)
Sharon Cates	CV "B"	20'3 ³ / ₄ "	21'10"	21'4 ³ / ₄ "	21'4 ³ / ₄ "		
Leslie Lugo	"	21'8"	20'8 ³ / ₄ "	21'4"	21'8"	67-5 ¹ / ₂	(7)
Kimaria Howard	"	18'5"	20'10"	21'10"	21'10"		
	FREMONT				24'5"		
	"						
	"						
Roni Jessica	HAYWARD	24'7 ³ / ₄ "	24'6 ³ / ₄ "	23'10 ³ / ₄ "	24'7 ³ / ₄ "		
Patrice	"	21'3"	20'6 ³ / ₄ "	20'2 ³ / ₄ "	21'3"	45-10 ¹ / ₂	(9)
	"						
Janise Woods	SHOBY PARK NAMES	28'6 ³ / ₄ "	30'1 ³ / ₄ "	29'2 ³ / ₄ "	30'1 ³ / ₄ "		(3)
Margaret Abbot	"			24'4"	24'4"	82-11 ¹ / ₂	(2)
Jasmine Brown	"	23'7"	28'7"	27'9 ³ / ₄ "	28'7"		
	LAS LOMAS						
	"						
	"						
Tonette Astew	MT. EDEN	28'2 ³ / ₄ "	26'4 ³ / ₄ "	29'"	29'"	29-0	(10)
	"						
	"						
Angela Williams	SAN LORENZO	19'6 ³ / ₄ "	19'9"	19'11"	19'11"	19-11	(11)
	"						
	"						
Erin Halligan	TOKAY	21'11 ³ / ₄ "	21'5"	21'10 ³ / ₄ "	21'11 ³ / ₄ "		
Jillie Kelly	"	25'11"	25'11 ³ / ₄ "	26'7 ³ / ₄ "	26'7 ³ / ₄ "	77-5 ¹ / ₂	(3)
Sharon Williams	"		28'10 ³ / ₄ "		28'10 ³ / ₄ "		(5)
	WASHINGTON	25'6"	24'10"	25'1"	25'6"		
Stephanie Richmond	"	16'4 ³ / ₄ "	17'5 ³ / ₄ "		17'5 ³ / ₄ "	67-6 ¹ / ₂	(6)
Shirley Lodaewal	"	24'5"	24'7"	23'9"	24'7"		
ERIN DAVIS	San Ramon	27'5"	26"	26'9"	27'5"		
VALI HELM	"	30'5 ³ / ₄ "	29'4"	27'3"	30'5 ³ / ₄ "	77-5 ¹ / ₂	(4)
JENNY BEYER	"	16'11"	18"	19'6 ³ / ₄ "	19'6 ³ / ₄ "		

O = miss X = make

HIGH JUMP -- BOYS

Total Height

School & Names	4-0	4-2	4-4	4-6	4-8	4-10	5-0	5-2	5-4	5-6	5-8	5-10	6-0	6-2	Total Height
ALHAMBRA															
"															
CV "A"	P	P	P	P	Ox	X	X	OOO							5-0
CV "B"	P	P	P	X	X	X	OOX	OOO							5-0
Ryan Clark	P	P	P	P	X	X	X	X	X	OOO					5-4
Brian Strubbe	P	X	X	X	X	OOX	OOO								4-10 9-7
Rebecka Jorgensen	P	X	X	X	OOO										4-6
"															
HAYWARD	X	X	X	X	X	OOO									4-8
"	X	X	X	X	X	P	P	X	OOO						5-2 14-100
Takeda Wainwright	X	X	X	X	X	OOX	OOX	OOO							5-0
LAS LOMAS					X	X	X	X	X	X	OOX	X	OOO		5-0 16-0
Jones	P	X	X	X	X	X	Ox	OOO							5-0
Madeo	P	P	X	X	X	X	X	X	OOO						5-2
Merland															
REDWOOD +															
"															
"															
SAN LORENZO	X	Ox	OOO												4-9
"	P	X	P	P	P	X	P	OOO							4-0 14-2
"	P	P	P	P	P	P	P	X	X	X	OOO				5-0
TKAY	P	P	P	P	P	X	X	X	Ox	X	X	OOO			5-0
"	P	P	P	P	P	Ox	OOX	X	Ox	OOO					5-9 16-2
"	P	P	P	P	X	X	Ox	OOO							5-0
WASHINGTON															
"	P	P	P	X	X	X	X	Ox	X	OOO					5-7 15-10
"	P	P	P	X	X	X	X	OOO							5-0
"	P	P	P	P	X	X	X	X	X	X	OOO				5-6

Phil Foy
PJ
7

- RYAN (TKAY) 5-10
- JONES (LAS LOMAS) 5-10
- CUNIS (WASHINGTON) 5-5
- CLARK (CV)
- CLARK (CV)

SHOT PUT -- BOYS

Name	School	1st	2nd	3rd	Best	School Total	Place
Scott Scott	ALHAMBRA	30'2 1/2"	31'2"	(31'7")	31'7"	110'6"	(4)
Barcelona	"	38'4"	38'1 1/2"	(39'5")	39'5"		
Hirteneu	"	27'5"	36'5"	37'1 1/2"	(39'6")	39'6"	
Stevens	AMERICAN "A"	33'4 1/2"	33'4 1/2"	(37'11")	37'11"	111'10 1/2"	(3)
AVERNIZ	"	35'9"	34'5"	(37'10")	37'10"		
Ty	"	32'4 1/2"	(34'7 1/2")	31'3"	34'2 1/2"		
Anway	AMERICAN "B"	30'8 1/2"	(32'1 1/2")	31'1"	32'1 1/2"	91'10"	(8)
Boyd	"	33'10"	31'2"	---	33'10"		
Paluch	"	(25'10")	25'2 1/2"	24'5 1/2"	25'10"		
Jones	CASTRO VALLEY	32'10"	35'8"	(36'5 1/2")	36'5 1/2"	109'11 1/2"	(6)
Anglin	"	---	35'3"	(35'8 1/2")	35'8 1/2"		
Colett	"	(32'9 1/2")	32'4 1/2"	31'2 1/2"	32'9 1/2"		
LATE	EL CERRITO						
Johnson	HAYWARD A	39'8 1/2"	(39'10 1/2")	37'6 1/2"	(39'10 1/2")	117'10 1/2"	(2)
Leatherwood Leatherwood	"	(41'3 1/2")	40'11"	(42'10")	(42'10")		
Matciglona	"	36'1"	31'9"	(35'2 1/2")	35'2 1/2"		
CHRISTIANSEN	LAS LOMAS	---	41'11 1/2"	37'9"	(41'11 1/2")	109'3 1/2"	(5)
Jones	"	---	---	(36'3")	36'3"		
Treffers	"	31'10"	27'10"	30'3"	31'10"		
Hardgrove	SAN LORENZO	---	---	(34'8 1/2")	34'8 1/2"	34'9 1/2"	(11)
Takahashi	TOKAY	(36'7")	36'4"	---	36'7"	125'11 1/2"	(1)
GABRIEL	"	---	43'1 1/2"	(43'1 1/2")	43'1 1/2"		
Lanfear	"	---	45'8"	(47'2 1/2")	(47'2 1/2")		
DEETS	WASHINGTON	24'2"	23'	(24'3 1/2")	24'5 1/2"	73'8"	(7)
MELUJA	"	---	(23'3 1/2")	23'1"	23'3 1/2"		
Jenson	"	25'8"	24'5 1/2"	(26'2 1/2")	26'2 1/2"		
Rogers	HAYWARD B	(31'10 1/2")	27'3 1/2"	---	31'10 1/2"	101'6"	(10)
Montes	"	27'1 1/2"	(29'7 1/2")	28'5 1/2"	29'7 1/2"		
Yoshidome	SAN RAMON	27'1 1/2"	(33'6")	31'9"	33'6"	32'6"	(12)
Miles	EL CERRITO	24'6 1/2"	36'9"	---	36'9"	79'7"	(9)
Canepa	"	27'7"	27'1 1/2"	27'8"	29'8"		
Watson	"	---	(23'2")	23'7"	23'2"		

DISCUS -- BOYS

Name	School	1st	2nd	3rd	Best	School Total	Place
APTRAGA	ALHAMBRA	X	X	X	91'9"		
Eratty	"	X	X	X	87'2"	76'5"	
Carroll	"	X	X	X	87'2"	255-6	(4)
NICK STEVENS	AMERICAN "A"	X	X	X	107'3"	107'3"	(4)
FRID TY	"	X	X	X	107'3"	313-2	(1)
MIKE ALVEEN	"	X	X	X	106'1"		
R.C. Boyd	AMERICAN "B"	X	X	X	62'11"		
MIKE PRUCHI	"	X	X	X	63'5"	207.5	(7)
AMIA ADWARY	"	X	X	X	81'1"		
	CASTRO VALLEY						
	"						
	"						
F. MILES	EL CERRITO	1 X	X	X	39'		
M. Canepa	"	2 X	X	X	68'2"	107.2	(8)
	"						
B.H. ...	HAYWARD	X	X	X	77'10"		
Leatherwood	"	X	X	X	88'8"	263.11	(3)
Quinta Johnson	"	X	X	X	97'5"		
B.P. OLIVSON	LAGUNAS	X 2	X	X	96'3"		
John ...	"	X 1	X	X	67'2"	245-7	(5)
DAN ...	"	X	X	X	82'		
Chris Heidgrae	SAN LORENZO	X 3	X	X	92'5"	92-7	(9)
	"						
	TENNYSON						
	"						
	"						
CHITTEL	TOKAY	1 X	X	X	96'24"		
EDGERTON	"	2 X	X	X	93'1"	293.3	(2)
LANE HILL	"	3 X	X	X	109"		
WILLIAM	WASHINGTON	X	X	X	69'		
AARON SPURSON	"	X	X	X	70'6"	221-7	(6)
CHRIST M...	"	X	X	X	82'1"		
	SAN ...						
GIN YOSHIDOME	3	X	X	X	82'3"	82.3	(10)

FRID TY

Leatherwood

70'6"

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

1995 TROJAN RELAYS

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

EVENT: 4x440

HEAT: 3

DIVISION: GIRLS

EVENT NO: 16

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

D 2:23.9 (11)
 S 2:30.0 (85)
 W 3:34 (74)
 E 3:48.5 (92)
 4:48.5
 5:22.3

MESSAGE		REPLY	
DATE	Lane School	DATE	Time Place
	1 AMERICAN		
✓	2 SAN LORENZO		(3) 4:50.9 (8)
✓	3 MT. EDEN		(1) 4:41.3 (6)
✓	4 CASTRO VALLEY "A"		(2) 4:48.5 (7)
✓	5 EAS EDWARDS (E. 1st St. 162)		(4) 5:19.8 (9)
✓	6 TOKAY		(4) 5:22.3 (11)
	7 AMERICAN		
	8 Castro Valley "D" CV "D"		

BY _____

SIGNED _____

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

1995 TROJAN RELAYS

EVENT: 4 X MILE

HEAT: 1

DIVISION: ~~BOYS~~ GIRLS

EVENT NO: 2

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY			
DATE	SUBJECT	DATE	TIME	PLACE	NAMES
	✓ Lane 1 AMERICAN		26:17.3	7	SCHLIT, CORREA, GIBBONS, EUBRIGHT
	✓ 2 CASTRO VALLEY C		25:44.1	5	SAMMONS, ATWOOD, WEISMAN, CHUNG
	✓ 3 ALHAMBRA		27:24.6	9	WEBSTER, RAYMONO, DELEDN, DELEDN
	✓ 4 WASHINGTON		24:16.7	3	BODILY, DUSCHA, LIN, SNOW
	✓ 5 LOWELL		23:25.8	1	KUCERO, CHOU, HUANG, HUA
	✓ 6 CASTRO VALLEY A		23:35.9	2	EWING, MARQUES, MCHUGH, SHIN
	✓ 7 CASTRO VALLEY B		26:54.1	8	RODILLAS, BINGHAM, WONG, BRITT
	✓ 8 SAN RAMON		25:09.7	4	BOWEN, ABBOTT, NAGEL, RUDY
	9 REDWOOD CHRISTIAN				HEIKKINEN, HOUGHTELLING, ZIPSE, DYER
	10 TOKAY		25:48.4	6	TAYLOR, ROACH, CASTELANELLI, GAVIMON
	✓ 11 LAS LOMAS		SIGNED		
	✓ 12 HOLY NAMES		29:00.20		MINO, LOGAN, YOUNG, AGOBDW

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

5673214

1995 TROJAN RELAYS

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

EVENT: 4X100

HEAT: FINALS

DIVISION: GIRLS

EVENT NO: 04

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY																																			
DATE	SUBJECT	DATE	SUBJECT																																		
	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 5%;">Lane</th> <th style="width: 95%;">School</th> </tr> </thead> <tbody> <tr> <td>✓ 1</td> <td>Mt. Eden Castro Valley A</td> </tr> <tr> <td>✓ 2</td> <td>Washington B</td> </tr> <tr> <td>✓ 3</td> <td>Alhambra</td> </tr> <tr> <td>✓ 4</td> <td>Holy Names DD</td> </tr> <tr> <td>✓ 5</td> <td>Washington A</td> </tr> <tr> <td>✓ 6</td> <td>American</td> </tr> <tr> <td>✓ 7</td> <td>Castro Valley A Mt. Eden</td> </tr> <tr> <td>8</td> <td></td> </tr> </tbody> </table>	Lane	School	✓ 1	Mt. Eden Castro Valley A	✓ 2	Washington B	✓ 3	Alhambra	✓ 4	Holy Names DD	✓ 5	Washington A	✓ 6	American	✓ 7	Castro Valley A Mt. Eden	8			<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 10%;">Time</th> <th style="width: 90%;">Place</th> </tr> </thead> <tbody> <tr> <td>④</td> <td>56.4</td> </tr> <tr> <td>⑤</td> <td>56.1</td> </tr> <tr> <td>④</td> <td>55.0</td> </tr> <tr> <td></td> <td>58.8</td> </tr> <tr> <td>①</td> <td>53.5</td> </tr> <tr> <td>②</td> <td>54.4</td> </tr> <tr> <td>③</td> <td>54.5</td> </tr> </tbody> </table>	Time	Place	④	56.4	⑤	56.1	④	55.0		58.8	①	53.5	②	54.4	③	54.5
Lane	School																																				
✓ 1	Mt. Eden Castro Valley A																																				
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①	53.5																																				
②	54.4																																				
③	54.5																																				
BY _____	SIGNED _____																																				

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

25

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

1995 TROJAN RELAYS

EVENT: 4X100

HEAT: 1

DIVISION: GIRLS

EVENT NO: 4

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY	
DATE	SUBJECT	DATE	
	Lane School	Time	Place
	1 CASTRO VALLEY "C"	(3)	57.0
	2 MT. EDEN	(1)	55.2
	3 TOKAY	(4)	57.1
	4 PREMONT		
	5 CASTRO VALLEY "B"	(2)	56.9
	6 SAN LORENZO	(5)	57.5
	7	(6)	58.6
BY _____		SIGNED _____	

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

345262

1995 TROJAN RELAYS

EVENT: 4 X 100

HEAT: 2

DIVISION: GIRLS

EVENT NO: 4

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY			
DATE	SUBJECT	DATE			
	Lane School	Time	Place		
✓	1 2 REDWOOD CHRISTIAN	58.0	5		
✓	2 3 LAS LOMAS	57.1	4		
✓	3 4 HOLY NAMES	52.9	1		
✓	4 5 AMERICAN "A"	54.6	2		
✓	5 6 WASHINGTON "B"	55.0	3		
✓	6 7 HAYWARD "A"	DQ			
	7 8				
BY _____		SIGNED _____			

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

342156

1995 TROJAN RELAYS

EVENT: AX100

HEAT: 3

DIVISION: GIRLS

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

EVENT NO: 4

ATTENTION:

MESSAGE		REPLY			
DATE		DATE			
SUBJECT:			Time	Place	
	Lane School				
✓	1 WASHINGTON "C"		58.4	4	
✓	2 CASTRO VALLEY "A"		55.4	3	
✓	3 WASHINGTON "A"		54.2	1	
✓	4 ALHAMBRA		54.5	2	
✓	5 SAN RAMON VALLEY		59.3	5	
✓	6 CASTRO VALLEY "D"		61.1	6	
✓	7 HAYWARD "B"		61.9	7	
BY _____	SIGNED _____				

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

45 by

1995 TROJAN RELAYS

EVENT: OPEN 100

HEAT: FINALS

DIVISION: GIRLS

EVENT NO: 6

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE

REPLY

DATE

SUBJECT

DATE

Lane	School	Time	Place
✓ 1	N. Flagg (Mt. Eden)	⑤	13.8
✓ 2	Underwood (Alhambra)	⑦	13.95 14.0
✓ 3	Butler (Holy Names)	④	13.7
✓ 4	Obligacion (Washington)	①	13.25
✓ 5	Thompson (Alhambra)	②	13.9
✓ 6	Blanco (Tokay)	③	13.6
✓ 7	M. Flagg (Mt. Eden)	⑥	13.9
✓ 8	Bonilla (American)	⑧	14.8 15.0

BY _____

SIGNED _____

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

4 65 23

1995 TROJAN RELAYS

EVENT: OPEN 100

HEAT: 1

DIVISION: GIRLS

EVENT NO: 6

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE			REPLY		
DATE	SUBJECT		DATE		
	Lane	School	Time	Place	
	1				
	✓ 2	Stephanie Schmidt (SAN LORENZO)	(4)	14.8	
	✓ 3	SANDERS (LAS LOMAS)	(5)	14.9	
	✓ 4	AYANA BUTLER (HOLY NAMES)	(1)	13.6	
	✓ 5	MAYJA FLASH JONES (MT. EDEN)	(3)	13.8	
	✓ 6	SEENA DRETTNER NICOLE WATT (CASTRO VALLEY)	(1)	13.4	
	✓ 7	LAURA UNDERWOOD (ALHAMBRA)	(2)	13.5 13.7	
	8				
BY _____			SIGNED _____		

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

431876 25

1995 TROJAN RELAYS

EVENT: OPEN 100

HEAT: 2

DIVISION: GIRLS

EVENT NO: 6

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY	
DATE	SUBJECT	DATE	SUBJECT
	Lane School	Time	Place
	1 2 DANA BLACO Tokay		
	2 COURTNEY WONG (SAN RAMON)	(3)	13.7
	✓ 23 El. 2. 1/4 Tokay LUTHERS (LAS LOMAS)	(7)	15.0
	✓ 3 JUSTINA THOMPSEN (ALHAMBRA)	(2)	13.4
	✓ 4/5 KRISTINE ORLIGATION (WASH)	(1)	13.3
	✓ 5/6 JASMINE GREEN (HAYWARD)	(6)	14.6
	✓ 7 DEANNA PENNIX (CASTRO VALLEY CASTRO VALLEY)		
	✓ 6/8 Joana Falleiro Alh	(8)	15.4
	✓ 7 DIVINA Brown ALH	(5)	14.5
	✓ 8 Norma Bonilla AMR	(4)	14.0
BY _____		SIGNED _____	

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

1995 TROJAN RELAYS

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

EVENT: OPEN 100

HEAT: 3

DIVISION: GIRLS

EVENT NO: 6

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE

REPLY

DATE

SUBJECT

DATE

Lane	School	Time	Place		
1					
✓ 2	Melissa Schmitt (SAN LORENZO)	(4)	14.91	14.9	
✓ 3	MARY SARTAIN (REDWOOD CHRIST)	(2)	14.5	14.5	
✓ 4	JENNY RUGARDO (CASTRO VALLEY) <small>LAN. BUSTEZ AMERICAN</small>	(5)	14.93	14.9	
✓ 5	NICKI FLANN (MT. EDEN) <small>MARILYN FLANN</small>	(1)	14.0	14.0	
✓ 6	KIM BREZTEL (SAN RAMON)	(6)	14.8	14.9	
✓ 7	RASCHITA BOYKIN (HAYWARD)	(3)	14.6	14.6	
8					

BY

SIGNED

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

1995 TROJAN RELAYS

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

EVENT: 4 X HURDLES

HEAT: 1

DIVISION: GIRLS

EVENT NO: 8

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY			
DATE	SUBJECT	Lane	School	Time	Place
✓		1	} HAYWARD	(4)	52.7 (10)
		2			
✓		3	} ALHAMBRA	(2)	48.2 (6)
		4			
✓		5	} CASTRO VALLEY "C"	(1)	48.1 (5)
		6			
✓		7	} LAS LOMAS	(3)	49.3 (8)
		8			

BY _____
SIGNED _____

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

1995 TROJAN RELAYS

EVENT: 4 X HURDLES

HEAT: 2

DIVISION: GIRLS

EVENT NO: 8

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY			
DATE	SUBJECT	DATE	Time	Place	
✓	1 } MT. EDEN		③	48.0	④
	2 }				
✓	3 } CASTRO VALLEY "A"		②	47.4	②
	4 }				
✓	5 } AMERICAN "A"		①	44.2	①
	6 }				
✓	7 } CASTRO VALLEY "A"		①		
	8 }				

BY _____ SIGNED _____

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

1995 TROJAN RELAYS

EVENT: 4 X HURDLES

HEAT: 3

DIVISION: GIRLS

EVENT NO: 8

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY			
DATE	SUBJECT	DATE			
	Lane School	Time	Place		
	1 } TRACY				
	2 }				
✓	3 } CASTRO VALLEY "B"	(3)	50.8	(9)	
	4 }				
✓	5 } WASHINGTON	(1)	47.5	(3)	
	6 }				
✓	7 } AMERICAN "B"	(2)	48.9	(7)	
	8 }				
	9 }				
BY _____		SIGNED _____			

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

1995 TROJAN RELAYS

EVENT: 4x120

HEAT: 1

DIVISION: GIRLS

EVENT NO: 10

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY			
DATE	SUBJECT	DATE			
	Lane School	Time	Place		
✓	1 AMERICAN "A"	①	1:57.3	①	③
✓	2 REDWOOD CRISTIAN	④	2:04.5	②	⑩
	3 ALHAMBRA				
✓	4 ALHAMBRA "A"	②	1:58.6	①	⑤
✓	5 CASTRO VALLEY "B"	③	2:03.2	④	⑧ ⑨
	6 ALHAMBRA				
✓	7 AMERICAN "B"	⑤	2:07.3	④	⑫
	8				
BY _____		SIGNED _____			

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

1995 TROJAN RELAYS

EVENT: 4X220

HEAT: 2

DIVISION: GIRLS

EVENT NO: 10

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY			
DATE	SUBJECT	DATE	Time	Place	
	Lane School				
	1 _____				
✓	2 MT. EDEN		(2)	2:00.8	(6)
✓	3 CASTRO VALLEY "C"		(4)	2:02.4	(2) (8)
✓	4 LAS LOMAS		(3)	2:02.2	(1) (7)
✓	5 WASHINGTON "B"		(1)	1:58.3	(4)
✓	6 CASTRO VALLEY "E"		(6)	2:18.3	(15)
✓	7 Alhambra "B"		(5) (2)	2:10.3	(13)
	8				

BY _____ SIGNED _____

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

1995 TROJAN RELAYS

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

EVENT: 4x220

HEAT: 3

DIVISION: GIRLS

EVENT NO: 10

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE

REPLY

DATE	SUBJECT		DATE	Time	Place
	Lane	School			
✓	1	HAYWARD A	⑤	④	2:11.3 (14)
✓	2	HOLY NAMES	②		1:57.1 (2)
✓	3	CASTRO VALLEY "D"	④	③	2:07.1 (11)
✓	4	WASHINGTON "A"	①		1:56.9 (1)
✓	5	CASTRO VALLEY "A" DQ	⑤	3	2:02.1
	6	SAN RAMON			
✓	7	HAYWARD B			
	8				

BY _____

SIGNED _____

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

1995 TROJAN RELAYS

EVENT: 4x880

HEAT: 1

DIVISION: GIRLS

EVENT NO: 12

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION:

MESSAGE		REPLY	
DATE	SUBJECT	DATE	TIME
	✓ Lane School SAN LORENZO		Time 11:36.0 Place 6
	1 HAYWARD		
	✓ 2 CASTRO VALLEY "C"		11:37.5 7
	✓ 3 LAS LOMAS		12:35.5 9
	✓ 4 WASHINGTON "B"		11:07.0 4
	✓ 5 CASTROVALLEY "A"		10:43.6 2
	✓ 6 WASHINGTON "A"		10:35.1 1
	✓ 7 CASTRO VALLEY "B"		11:29.6 5
	✓ 8 ALHAMBRA		11:51.5 8
	SAN RAMON		
	✓ HOLY NAMES		12:56.0 10
	TRACY		
BY ✓	American		10:46.5 3 SIGNED

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

TELEPHONE (AREA CODE 415) 537-3000 & 351-9056

J-107.8
 Am-111.2
 Nick 2.17.5 (69.8)
 J 2.23.9 (72.7)
 J 3.28.5 (71.0)
 S 3.33.1 (70.8)
 M-4.35.1 (67.4)
 J-4.40.7 (67.1)

1995 TROJAN RELAYS

EVENT: 4X440

HEAT: 1

DIVISION: GIRLS

EVENT NO: 16

PLEASE REPLY TO:

CASTRO VALLEY UNIFIED SCHOOL DISTRICT

P. O. BOX 2146

CASTRO VALLEY, CALIFORNIA 94546

ATTENTION: 509

MESSAGE

REPLY

DATE

DATE

SUBJECT:

Lane	School	Time	Place
✓ 1	CASTRO VALLEY "A"	(3) 4:35.1	(3)
✓ 2	ALHAMBRA HAYWARD	(6) 5:11.3	(10)
✓ 3	ALHAMBRA		
✓ 4	ALHAMBRA	(2) 4:32.1	(2)
✓ 5	WASHINGTON "B"	(4) 4:39.1	(4)
✓ 6	CASTRO VALLEY "B"	(5) 4:40.7	(5)
7	Washington "A"	(1) 4:29.2	(1)
8			

BY _____

SIGNED _____

O = MISS, X = MAKE

POLE VAULT -- GIRLS										WEIGHT	Total Height
School & Names	4-0	4-6	5-0	5-6	6-0	6-6	7-0	7-6	8-0		
ALHAMBRA				OX	OX	OX	OX	OX	OX	112	6-6
CV "A"										142	7-6
CV "B"										137	6-5
CV "C"										129	6-0
CV "D"										121	5-0
HAWAII										146	7-0
LAS LOHAS "A"										138	7-6
LAS LOHAS "B"										133	6-6
LAS LOHAS "C"										172	7-6
LAS LOHAS "D"										166	7-0
SAN RAMON										155	6-6
TOKAY										117	6-0
WASHINTON										117	6-0

1. AMANDA GIBSON 9-6
2. ANITA GIBSON 9-6
3. DIANA GIBSON 7-6
4. JENNIFER WILSON 7-6
5. GENEVA FRISVOLD 7-0

6-0

6-6

6-0

6-6

5-0

6-6

6-6

LONG JUMP -- GIRLS

Name	School	1st	2nd	3rd	Best	School Total	Place
DEVINA BROWN	ALHAMBRA "A"	13'6 1/2"	11'11"	13'4"	13'6 1/2"		
NICHOLE PRATO	"	12'1 1/2"	12'2"	13'4"	13'4"	38-9	(5)
KATHLEEN STILL	"	10'8"		11'10 1/2"	11'10 1/2"		
HEATHER RUSH	AMERICAN	12'8"	12'5"	12'9"	12'9"		
LANI BENITEZ	"	12'6"	12'8"	13'6"	13'6"	39-6 1/2	(3)
KARA DANIELSEN	"	12'7 1/4"	12'6"	13'3 1/2"	13'3 1/2"		
Amy Kohl	CASTRO VALLETA "A"	13'1/4"		14'2 1/4"	14'2 1/4"		(4)
MICHELINE WONG	"	12'11"	11'11"	12'10 1/2"	12'11"	39-10	(2)
DINA SYZATULLU	"	12'8 3/4"	12'6 3/4"		12'8 3/4"		
MARILYN	CV "B"						
Meg Parker	"		11'10"		11'10"		
JOCelyn DMITT	"		12'3"	9'4"	12'3"	36-11	(9)
MAHA KUMACHINA	CV "B"	12'9"	12'10"		12'10"		
	"						
SHARON OUES	CV "D"	10'3 1/2"	13'3/4"		13'3/4"	23-11	(16)
Jill Bryce	"		10'10 1/4"		10'10 1/4"		
APRIL WONG	"						
KATHY MARRA	CV "E"	9'5 1/2"	9'4 3/4"	9'4 3/4"	9'11"		
Maggie Lee	"	10'9 1/4"		9'4 3/4"	10'9 1/4"	31-10 3/4	(13)
Jessie Reel	"	11'2 1/2"	9'11 1/2"	10'5"	11'2 1/2"		
JOAN FALLEIRO	HAYWARD			7'11 1/4"	7'11 1/4"		
PATRICE COUNSEL	"	9'4 1/2"	8'5 1/2"	9'5 1/4"	9'5 1/4"	29-8	(14)
BRANDI REDA	"			12'3 1/2"	12'3 1/2"		
HELEN FOLEY	HOLY NAMES	14'10"			14'10"		(1)
MARLENE AGUIRO	"		13'3 1/2"	14'2 1/2"	14'2 1/2"	42-3 1/2	(1)
CAVALI BANKS	"			13'3"	13'3"		
GRACE LEE	LAS LOMAS		9'10 1/2"	10'8"	10'8"		
ADA MANGLANA	"	12'5 3/4"	13'2"	14'5"	14'5"	35-11	(11)
ANDREA STANLEY	"	10'3"	10'9"	10'10"	10'10"		
MAYA FLAGG	MT. EDEN	9'5"	13'6"	12'1"	13'6"		
SHAMEKA WALLACE	"	13'10 1/4"		13'11"	13'11"	27-5	(5)
LADASHA NUTTING	"						
STEPHANIE SCHMIDT	SAN LORENZO	10'11"			10'11"		
MELISSA SCHMIDT	"	12'7"	12'5 3/4"	12'3/4"	12'7"	35-7	(12)
SARAH GREBERSEN	"	11'11"		12'1"	12'1"		
ERIN DAVIS	SAN RAMON	11'2"	11'2"	11'8"	11'8"		
LALU HELU	"	13'6"	13'2 1/2"		13'6"	37-5	(8)
JENNIFER BEYER	"	12'3"			12'3"		
JACKIE VITABE	TOKAY	11'11"	11'4 1/2"	11'7 1/2"	11'11"		
SOZIE MICHNIK	"	10'4 1/2"		12'5"	12'5"	37-7 3/4	(7)
DANA BLANCO	"	11'3/4"	13'3 3/4"		13'3 3/4"		
Kristine Obregon	WASHINGTON "A"	13'8"	13'4 1/2"	13'10 1/4"	13'10 1/4"		
Kristine Obregon	"		13'1 1/4"	13'9"	13'9"	39-6 1/4	(4)
Christy Obregon	"			11'11"	11'11"		
Tina Key	WASHINGTON "B"	12'9 1/4"	12'8"		12'9 1/4"		
Sara Vera	"	12'9 1/2"	12'6"	11'10 1/4"	12'9 1/4"	37-10 1/2	(6)
Susan Pineda	"	11'9 3/4"		12'4"	12'4"		
ALYSSA MILINA	ALHAMBRA "B"	11'1/2"					
KIM DELLAROSA	"	11'9"	11'7 1/2"	11'2 1/2"	11'9"	36-2 1/2	(10)
KELLY MI	"	12'6"		12'3"	12'6"		

SHOT PUT -- GIRLS

Name	School	1st	2nd	3rd	Best	School Total	Place
Kim Della Kosa	ALHAMBRA	21'	19' 2"	19' 10 1/2"	19' 10 1/2"		
Kelly Minor	"	18'	17' 15"	18' 8 1/2"	18' 8 1/2"	53-4 1/2	(8)
Pilar	"	12' 7 1/2"	14' 9 1/2"	13' 7 1/2"	14' 9 1/2"		
Sara Jegar	AMERICAN	19' 1"	19' 6 1/2"	17"	19' 6 1/2"		
Cinda Ligouri	"	19' 8"	21' 1 1/2"	22' 1 1/2"	22' 1 1/2"	69-2	(5)
Michelle Lacus	"	22' 10 1/2"	26' 5"	24' 5"	26' 5"		
Wishena Howard	CV "A"	21' 4"	20' 9"	22' 5 1/2"	22' 5 1/2"		
Joan Minor	"	28' 5"	27' 3"	28' 5"	28' 5"	83-7	(1)
Barbara Lewis	"	29' 9"	30' 2"	31' 9 1/2"	31' 9 1/2"		(10)
Shirley Crites	CV "B"	20' 3 1/2"	21' 10"	21' 4 1/2"	21' 4 1/2"		
Lele Turner	"	21' 8"	20' 8 1/2"	21' 4"	21' 8"	67-5 1/2	(7)
Kimberly Hawkins	"	18' 3"	20' 10 1/2"	20' 10 1/2"	24' 5"		
	FREMONT				24' 5"		
	"						
	"						
Randi Jessica	HAYWARD	24' 7 1/2"	24' 6 1/2"	23' 10 1/2"	24' 7 1/2"		
Patrice	"	21' 3"	20' 6 1/2"	20' 3 1/2"	21' 3"	45-10 1/2	(9)
	"						
Larisc Woods	SHIRLEY CRIES	28' 6 1/2"	20' 1 1/2"	29' 7 1/2"	30' 1 1/2"		(3)
Mararet Abard	"			24' 4"	24' 4"	82-11 1/2	(2)
Jasmine Brown	"	23' 7"	18' 7"	27' 9"	28' 7"		
	LAS LOMAS						
	"						
	"						
Tonelle Astrew	MT. EDEN	28' 2 1/2"	26' 4 1/2"	29' 1"	29'	29-0	(10)
	"						
	"						
	SAN LORENZO	17' 6 1/2"	17' 9"	19' 11"	19' 11"	19-11	(11)
	"						
	"						
	TRACY	21' 11 1/2"	21' 5"	21' 10 1/2"	21' 11 1/2"		
	"	25' 11"	25' 11 1/2"	26' 7 1/2"	26' 7 1/2"	77-5 1/2	(3)
	"		28' 10 1/2"		28' 10 1/2"		(5)
	WASHINGTON	25' 6"	24' 10"	25' 1"	25' 6"		
	"	16' 4 1/2"	17' 5 1/2"		17' 5 1/2"	67-6 1/2	(6)
	"	24' 5"	24' 7"	23' 9"	24' 7"		
ERIN DAVIS	San Ramon	27' 5 1/2"	26"	26' 9"	27' 5 1/2"		
VALI HELM	"	30' 5 1/2"	29' 4"	27' 3"	30' 5 1/2"	77-5 1/2	(4)
JENNY BLYER	"	16' 11"	18"	19' 6 1/2"	19' 6 1/2"		

DISCUS - GIRLS

Name	School	1st	2nd	3rd	Best	School Total	Place
	ALHAMBRA						
Kara Danielson	AMERICAN	X	X	X	68		
Gina Ligouri	"	X	X	X	61'3"	202-1	(4)
Michelle Lacap	"	X	X	X	72'10"		
Barbara Klews	CV "A"	X	X	X	78'2"		
Tashena Howard	"	X	X	X	81'6"	232-9	(2)
Joanie Minion	"	X	X	X	79'		
Kaymaria Howard	CV "B"	X	X	X	59'1"		
Leslie Duane	"	X	X	X	54'3"	174-5	(5)
STANLEY	"	X	X	X	61'1"		
Jessica Roth	HAYWARD	X	X	X	55'9"		
Patrice Council	"	X	X	X	45'8"	138-0	(7)
EALINE VOLASGIS	"	X	X	X	33'7"		
Jasmine Brown	HOLY NAMES	X	X	X	73'5"		
Denise Woods	"	X	X	X	75'6"	226-3	(3)
Margaret Agbowo	"	X	X	X	72'4"		
	LAS LOMAS						
	"						
	"						
Tonette Astew	MT. EDEN	X	X	X	83'1"	83-1	(8)
	"						
	"						
Acacia Robinson	SAN LORENZO	X	X	X	73'10"	73-10	(10)
	"						
	"						
SHANASA PETTLE	TOKAY	F	X	X	98'4"		
JULIE HERNANDEZ	"	X	F	X	61'1"	256-8	(1)
STACEY WILEY	"	X	X	X	92'3"		
Mandi Ledywood	WASHINGTON	X	X	X	74'4"		
Shea Vayes	"	X	X	X	4-5"	166-4	(6)
STACEY WILEY	"	X	X	X	51'4"		
STACEY WILEY	SAN LUIS	X	X	X	74'6"	74-6	(9)

5/24
11/5/52

Tina
Key

DISCUS - GIRLS

Name	School	1st	2nd	3rd	Best	School Total	Place
	ALHAMBRA						
	"						
	"						
Kara Danielson	AMERICAN	X	X	X	68		
Gina Ligouri	"	X	X	X	61'3"	202-1	(4)
Michelle Lacap	"	X	X	✓	72'10"		
Barbara Klews	CV "A"	X	X	X	78'3"		
Tashena Howard	"	X	X	X	81'6"	238-9	(2)
Joanie Minion	"	X	X	X	79'		
Kamaria Howard	CV "B"	X	X	X	59'1"		
Leslie Duane	"	X	X	X	54'3"	174-5	(5)
Sharon Ellis	"	X	X		61'1"		
Jessica Roth	HAYWARD	X	X	X	55'9"		
Patrice Council	"	X	X	X	48'8"	138-0	(7)
Faline Volasgis	"	X	X	X	33'7"		
Jasmine Brown	HOLY NAMES	X	X	X	73'5"		
Denise Woods	"	X	X	X	75'6"	226-3	(3)
Margaret Agbowo	"	X	X	X	72'4"		
	LAS LOMAS						
	"						
	"						
Tonette Askew	MT. EDEN	X	X	X	83'1"	83-1	(8)
	"						
	"						
Acacia Osborne	SAN LORENZO	X	X	X	73'10"	73-10	(10)
	"						
	"						
Shanna Pfeifle	TOKAY	F	X	X	98'4"		
Juho Hernandez	"	X	F	X	61'1"	256-8	(1)
Stacy Wiley	"	X	X	X	92'3"		
Mandi Ledgewood	WASHINGTON	X	X		74'4"		
Shea Vares	"	X	X	X	40'8"	166-4	(6)
Terri...	"	X	X	X	51'4"		
Sara...	SAN RAFAEL	X	X	X	74'6"	74-6	(9)

SARA
HUSA

Tina
Key

Castro Valley High School Cross Country

Score Sheet

SHEET # 1 OF 2

DATE: OPEN MILE Division: GIRLS

HEAT Location: 1

EVENT # Distance: 14

Place	Name	School	Grade Level (circle one)	TIME	PLACE
1	MICHELLE WANG EMMA BOWEN (CASTRO VALLEY) SAN RAMON		9 10 11 12		
2	JAMIE McHUGH (CASTRO VALLEY)		9 10 11 12		
3	CARLA WEBER (ALHAMBRA)		9 10 11 12		
4	AMBER ROBINSON (LAS LOMAS)		9 10 11 12	5 31.8	1
5	TINA BOWEN (SAN RAMON)		9 10 11 12		
6	JENNIE EWING (CASTRO VALLEY)		9 10 11 12		
7	MELISSA DUSIEHA (WASHINGTON)		9 10 11 12	5 56.9	3
8	MICHELLE MARQUES (CASTRO VALLEY)		9 10 11 12		
9	SHYMON SHIN (CASTRO VALLEY)		9 10 11 12	6 14.7	4
10	BETH GAMMON (WASHINGTON)		9 10 11 12		Devil Gate
1A	SHEREEN SACKMAN (CASTRO VALLEY)		9 10 11 12		
2A	ANGELA ATWOOD (CASTRO VALLEY)		9 10 11 12		
3A	AMBER SAMMONS (CASTRO VALLEY)		9 10 11 12		
4A	JENNIE CHUNG (CASTRO VALLEY)		9 10 11 12		
5A	WANG KRISTY RODILLAS (CASTRO VALLEY)		9 10 11 12		
6A	JULEN SANTOS (WASHINGTON)		9 10 11 12	6 24.4	6
7A	DESIREE FARIA (HAYWARD)		9 10 11 12		
8A	KRISTINA ZIPSE (RED WOOD CHRIST)		9 10 11 12		
9A	STEPHANIE WEISMAN (CASTRO VALLEY)		9 10 11 12		
10A	YVONNE WANG (LAS LOMAS)		9 10 11 12		
11B	MARYANN BINGHAM (CASTRO VALLEY)		9 10 11 12		
22B	DAPHNEY BRITT (CASTRO VALLEY)		9 10 11 12	6 40.6	7
23B	SKY GLIATTO (ALHAMBRA)		9 10 11 12		
24B	SCHLIT (AMERICAN)		9 10 11 12		
25B	CORREA (AMERICAN)		9 10 11 12	6 57.8	10

1st ROW

2nd ROW

3rd ROW

Castro Valley High School Cross Country

Score Sheet

SHEET # 2 of 2

RACE Date: OPEN MILE Division: GIRLS HEAT Location: 1 EVENT # Distance: 14

Place	Name	School	Grade Level (circle one)	TIME PLACE	
26	GIBBONS (AMERICAN)		9 10 11 12		
27	ANDREA RODRIGUEZ (HAYWARD)		9 10 11 12		
28	DEBBIE MOJADO (MT. EDEN)		9 10 11 12	6 49 58	
29	HOLLY WOLDEN (MT. EDEN)		9 10 11 12		Devil Mountain
30	SHANNON PERKINS (SAN LORENZO)		9 10 11 12	6 19 9 5	
31	ARLISSA TADUE (SAN LORENZO)		9 10 11 12		Devil Mountain
32	RAVIN DEBORNE (SAN LORENZO)		9 10 11 12	6 55 8 7	
33	ICPA [unclear] (Amor)		9 10 11 12	5 35 6 2	
34	Wendy Arnold (Hayward)		9 10 11 12	7 15 8 11	
35	XXXXXXXXXX		9 10 11 12		
36			9 10 11 12		
37			9 10 11 12		
38			9 10 11 12		
39			9 10 11 12		
40			9 10 11 12		
41			9 10 11 12		
42			9 10 11 12		
43			9 10 11 12		
44			9 10 11 12		
45			9 10 11 12		
46			9 10 11 12		
47			9 10 11 12		
48			9 10 11 12		
49			9 10 11 12		
50			9 10 11 12		

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	
1	HIGH JUMP -- BOYS	4xM 4x1	100	4xH 4x2	4x2	4x2	4x2	4x2	4x4	4x2	4x2								
2	School & Names	4-2	4-4	4-6	4-8	4-10	5-0	5-2	5-4	5-6	5-8	5-10	6-0	6-2					
3	ALH	4	4	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
4	AM	8	8	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10
5	ARB																		
6	CV	8+2		8+2		8+2		8+2		8+2		8+2		8+2		8+2		8+2	
7	EC																		
8	FRG																		
9	H-N		2																
10	HAY																		
11	LL																		
12	LOW																		
13	ME																		
14	RC																		
15	SLZ																		
16	SR	4																	
17	TEN																		
18	TDK																		
19	W	6	10+2	6	10+4	10+4	3	10+4	3	10+4	3	10+4	3	10+4	3	10+4	3	10+4	3
20																			
21																			
22																			
23																			
24																			
25	ALH																		
26	AM																		
27	CN	10		3	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10
28	EC																		
29	FRG																		
30	HAY	2	4	2	6	4	4	4	4	4	4	4	4	4	4	4	4	4	4
31	LL	10		2	3	2	2	2	2	2	2	2	2	2	2	2	2	2	2
32	RC																		
33	SLZ																		
34	SR	4																	
35	TENN																		
36	TDK		8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8
37	WASH	8	10	4	3	8	3	10	6	10	6	10	6	10	6	10	6	10	6

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