

TROJAN RELAYS
4 X MILE PREVIOUS WINNERS

46

Varsity Girls:

1996	23:29.1	Mission San Jose	Hotchkiss, Bailey, Rutledge, Mecochea
1995	23:25.6	Lowell	Lucero, Chou, Huang, Hua
1994	24:11.9	Castro Valley	J. Ewing, Wong, Lim, Shin

Frosh-Soph Boys:

1996	20:18.9	Mission San Jose	Stepan, Stevesn, Chapman, Freeman
1995	20:36.2	Castro Valley	D. Dulaney, Boruta, Patterson, Baria
1994	19:57.8	DeLaSalle	George, Click, Sanchez, Hintz

Frosh-Soph Girls:

1996	24:22.6	Acalanes	Judy, Barbera, Powers, Bostjanich
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TROJAN RELAYS

4 X 100 PREVIOUS WINNERS

Varsity Girls:

1996	51.60	Fremont (Oakland)	Ashworth, Lewis, McCarter, Thomas
1995	53.5	Washington	Snow, Afencio, Ghodoussi, Obligation
1994	52.3	Oakland Tech	Henderson, Hammock Smith, Beverly
1990-93		meet not held	
1989	51.6	Holy Names	Tanner, Alexander, Taylor, Gross
1988		rained out	
1987	50.9	Acalanes	Kolmer, Kostulos, Peterson, Ravazza
1986	51.4	Monte Vista	Crew, Roos, Hansen, Forshee
1985	51.6	Presentation	Wells, Hines, McNair, Ford
1984	50.6	Clayton Valley	Flemings, Barries, Carr, Masae
1983	52.6	Campolindo	Lundberg, Schuh, Muesser, Sasser
1982		rained out	
1981	50.8	Alhambra	Hansenim, Hookins, Swicegood, Suits
1980	51.0	Miramonte	Bevan, Slakey, Davis, Binsacca
1979	49.2	Northgate	Fleming, Peters, Warfield, Relero
1978	51.8	Miramonte	Bevan, Blakey, Binsacca, Langjan
1977	50.6	El Cerrito	Young, Hawthorne, Blackburn, Hawthorne
1976	50.8	Berkeley	Cobbs, Ronbinson, Burgess, Knight
1975	49.7	Berkeley	Nickson, Robinson, Burgess, Knight
1974		no records	
1973	49.9	Berkeley	White, Staneford, Byfield, Nickson

Frosh-Soph Boys:

1996	46.61	Acalanes	Liang, Engledinger, Anderson, Brilliant
1995	47.0	Washington	Burns, John, Zellers, Dean
1994	47.4	Alhambra	Hodgkinson, Thompson, Linsey, Yeager
1990-93		no meet	
1989	46.5	Benicia	Liston, Zimmer, Baylor, Schefernon
1988		rained out	
1987	46.4	Ygnacio Valley	Aaron, VanBuren, Robinson, Premo
1986	44.7	Ygnacio Valley	Van Vuren, Eleazar, Barry, King
1985	47.0	De Anza	Christoff, DeLuz, Hampton, Baker
1984	47.3	Las Lomas	Krugar, DePietro, Rivera, Herbert

Frosh-Soph Girls:

1996	52.52	St. Mary's	English, Accoe, Ransom, Shepherd
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TROJAN RELAYS SHUTTLE HURDLE PREVIOUS WINNERS

Varsity Girls:

1996	41.5	Mission San Jose	Fong, Mei, McGraw, Smith
1995	44.2	American	Ruen, Jager, Palarz, Cameron
1994	43.4	Las Lomas	Fortier, Uzzel, Baron, Hozapolous
Before 1994, the hurdles were 30" in height. After 1994, they were raised to 33".			
1990-93	no meet		
1989	39.2	Ygnacio Valley	Patel, Hanf, Tobel, Bofing
1988	rained out		
1987	41.7	Las Lomas	Myers, Greensmith, Scott, Miller
1986	41.1	Presentation	Rucher, Kahlon, McNair, Lawson
1985	40	Las Lomas	Stone, Myers, Goeller, Maynard
1984	39.3	Campolindo	Thomas, Warren, Johnson, Kimer
1983	41.9	Encinal	Wong, Gee, Chui, Cantos
1982	meet not held		
1981	41.9	Carondelet	Glynn, Achuleta, Zulaica, Fourmet
1980	38.9	Acalanes	M. VanZeeland, K. VanZeeland, Dunkleberg, Meinbress
1979	38.6	Acalanes	VanZeeland, Dunkleberg, Meinbress, Upshaw
1978	37.7	Acalanes	Meinbress, Upshaw, Gross, Favors
1977	39.5	Livermore	Newell, Ng, Calhoun, Mochior
1976	41.7	Berkeley	Burgess, Robinson, Ross, Cobb

Prior to 1976, the hurdles were an individual event

1975 (80 yard)	11.3	K. Burgess	Berkeley
1974 (80 yard)	12.8	Roberta Bruder	Pleasant Hill
1973 (70 yard)	11.2	Roberta Bruder	Pleasant Hill

Frosh-Soph Boys:

1996	39.6	St. Mary's	Nero, Gozzano, Cann, Natale
1995	44.1	Castro Valley	Fung, Aguayo, Paik, Ciglar
1994	44.2	Castro Valley	Amiri, Fung, Kim, Moore
1990-93	no meet		
1989	42.2	Acalanes	Habibullah, Wilson, Chales, Sicotte
1988	rained out		
1987	41.1	DeAnza	Hunt, Wiggins, Westbrood, Senior
1986	40.6	Ygnacio Valley	King, Cochual, Rice, McDowell
1985	43.7	Las Lomas	Nelson, Luna, Morse, Johnson
1984	40.9	Miramonte	Aldridge, Pope, Brown, Cameron

Frosh-Soph Girls:

1996	43.6	Armijo	names not available
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**TROJAN INVITATIONAL
4 X 220 PREVIOUS WINNERS**

Varsity Girls:

1996	1:49.66	Fremont (Oakland)	Ashworth, Lewis, McCarter, Thomas
1995	1:56.9	Washington	Snow, Afencio, Ghodoussi, Obligacion
1994	1:52.4	Oakland Tech	Henderson, Hammock, Beverly Smith
1990-93		no meet held	
1989	1:50.1	Holy Names	Tanner, Alexander, Gross, Taylor
1988		rained out	
1987	1:49.4	Alhambra	Cline, Taylor, Corbyn, McLaughlin
1986	1:49.8	Monte Vista	Crew, Voss, Hanson, Forshee
1985	1:49.7	Presentation	Hines, Ford, Wells, McNair
1984	1:49.3	Miramonte	Chapman, Hess, Moss, Maxworthy
1983	1:49.8	Miramonte	no names available
1982		meet not held	
1981	1:49.7	Carondelet	Fournet, Zulaica, Jackson, Banchemo
1980	1:48.2	Acalanes	Gruhler, Meinbress, Morgan, Hansen
1979	1:45.3	Northgate	Fleming, Peters, Warfield, Peters
1978	1:50.0	Northgate	Peters, Fleming, Warfield, Cassidy
1977	1:51.0	Piedmont	Cheek, Oustermann, McDevitt, Martell
1976	1:50.4	Las Lomas	DiMaggio, Sharpe, Warren, Sweetman
1975	1:47.2	Berkeley	Robinson, Murray, Rose, Nickson
1974		no records	
1973	1:50.3	Berkeley	Ray, Henderson, Steneford, Nickson

Frosh-Soph Boys:

1996	1:37.34	Acalanes	Bostjanich, Brilliant, Engledinger, Anderson
1995	1:40.4	Castro Valley	Chan, Henig, Bailey, Abramenko
1994	1:41.1	Alhambra	Yeager, Thompson, Lopez, Lindsay
1990-93		no meet held	
1989	1:38.0	Alhambra	Williams, Scott, Baggerly, Micaneh
1988		rained out	
1987	1:36.7	De Anza	Hunt, Armst, Senior, Rivera
1986	1:34.2	Ygnacio Valley	VanBuren, Eleazar, Barry, King
1985	1:38.2	Miramonte	Wolfens-Speyer, Kline, Suh, Grant
1984	1:36.7	Miramonte	Metz, Vincenzo, Slaterelis, Weiser

Frosh-Soph Girls:

1996	1:52.49	St. Mary's	Green-Odlum, Ranson, Shepherd, Accoce
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TROJAN RELAYS

4 X 880 RELAY PREVIOUS WINNERS

Varsity Girls:

1996	10:16.5	Mission San Jose	Mecochea, Torrez, Rutledge, Hotchkiss
1995	10:35.1	Washington	Duscha, Lin, Holte, Snow
1994	10:49.0	Castro Valley	Shin, J. Ewing, Groome, Lim
1990-93		no meet held	
1989	10:08.5	Campolindo	Woodridge, Kho, Smith, Riley
1984-88		event not contested	
1983	10:14	Alhambra	Leary, Tully, Tully, Nakasoni
1982		meet not held	
1981	9:56.0	Castro Valley	Kr. Lambden, Cunningham, Stevenson, Ka. Lambden
1980	10:05.0	Castro Valley	Kr. Lambden, Van Buskirk, Stevenson, Ka. Lambden
1979	10:08.8	San Ramon	Gray, O'Conner, Schalk, Baffert
1978		event not contested	
1977	10:24.6	Livermore	Aubucheon, Williams, Brostrom, Ainsworth
1976	10:27.3	Bishop O'Dowd	Lourth, Gonszives, Scannel, Zabner
1975	10:10.5	Pleasant Hill	Costello, Robinson, Iten, Bruder

Frosh-Soph Boys:

1996	9:02.6	Mission San Jose	Foreman, Stevesn, Chapman, Stepan
1995	9:15.4	Castro Valley	Boruta, Mellon, D. Dulaney, Baria
1994	8:59.1	DeLaSalle	Click, Georege, Hintz, Sanchez
1990-93		no meet held	
1988-89		event not contested	
1987	8:43.9	Castro Valley	Denzler, Saunders, Guerino, Grabanski
1986	8:40.6	Las Lomas	Williams, Dangle, Goeller, Murphy
1985	8:57.9	DeAnza	Williams, Rainey, Margan, DeCruz
1984	8:43.4	Miramonte	Hiro, Smith, Flaherty, Durham

Frosh-Soph Girls:

1996	10:23.2	Acalanes	Judy, Barbera, Bostjanich, Rowland
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**TROJAN RELAYS
OPEN 100 PREVIOUS WINNERS**

Varsity Girls:

1996	13.20	Jill Armstrong	Acalanes
1995	13.3	Kristine Obligacion	Washington - Fremont
1994	12.8	Orisha Hines	Fremont-Oakland
1990-93		no meet	
1975-89		event not held	
1974		no records	
1973 (yards)	11.9	Pam McDaniel	Washington-Fremont

Frosh-Soph Boys:

1996	11.89	Benalter Gambles	Armijo
1995	11.3	Dave Newton	San Ramon
1994	11.6	Brian Thompson	Alhambra

Frosh-Soph Girls:

1996	13.45	Espie Accode	St. Mary's
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TROJAN RELAYS DEVIL-TAKE-THE-HINDMOST MILE PREVIOUS WINNERS

Varsity Girls:

1996	5:53.8	Katie Hotchkiss	Mission San Jose
1995	5:31.8	Amber Robinson	Las Lomas
1994	5:40.1	Amber Robinson	Las Lomas
1990-93		meet not held	
1989	5:24.2	Sarah Riley	Campolindo
1988		rained out	
1987	5:21.3	Maria Ravazza	Acalanes
1986	5:20.4	Kristen Hansen	Ygnacio Valley
1985	5:29.6	Elena Spight	Miramonte
1984	5:24.9	Elena Spight	Miramonte
1983	5:11.6	Ann Ratto	Alameda
1982		meet not held	
1981	5:20.5	Nogle	Miramonte
1980	5:05.9	Lisa Sandel	Campolindo
1979	5:19.5	Melissa Martel	Piedmont
1978	5:19.3	Carol Manning	Carondelet
1977	5:20.4	Cherie Williams	Livermore
1976	5:30.8	Karen Salisbury	Northgate
1975	5:30.8	Mary Riebelt	Las Lomas
1974	5:54.8	M. Zahner	Bishop O'Dowd
1973	6:07.8	Mary Faiferek	Las Lomas

Frosh-Soph Boys:

1996	4:34.4	Jonathan Stevens	Mission San Jose
1995	5:03.6	Peter Baria	Castro Valley
1994	5:01.4	Chris Coffee	DeLaSalle
1990-93		no meet held	
1989	4:52.7	Dave Ling	Castro Valley
1988		rained out	
1987	4:40.7	Gordon Johnson	Piedmont
1986	4:33.4	Mike Mahoney	Acalanes
1985	4:42.1	Ryan Harding	Eagle Point, Oregon
1984	4:44.5	P. King	Clayton Valley

Frosh-Soph Girls:

1996	5:39.8	Courtney Davidson	Redwood Christian
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**TROJAN RELAYS
4 X 400 PREVIOUS WINNERS**

Varsity Girls:

1996	4:13.4	Fremont (Oakland)	Ashworth, Lewis, McCarter, Thomas
1995	4:29.2	Washington	Holte, Ghodoussi, Snow, Lim
1994	4:31.1	Alhambra	Thompson, Underwood, Prato, Piper
1990-93		meet not held	
1989	4:17.8	Piedmont	no names available
1988		rained out	
1987	4:11.7	College Park	Henderson, Lucas, Dial, Marshall
1986	4:16.0	Acalanes	Ravazza, Ruan, Lee, Kilmedr
1985	4:15.9	Acalanes	Ravazza, Kasper, Heckmann, Newberger
1984	4:17.5	Campolindo	Bacon, Hepler, McMahon, Sasser
1983	4:17.9	Campolindo	Bacon, Hepler, McMahon, Sasser
1982		no meet held	
1981	4:12.7	Campolindo	M. Hepler, K. Hepler, Sasser, Vance
1980	4:04.5	Campolindo	Adams, Hepler, Henneker, Sandal
1979	4:06.5	Miramonte	Langren, Bevan, Binsacca, Peters
1978	4:14.7	San Ramon	O'Connor, O'Connor, Bateman, Renwick
1977	4:11.7	El Cerrito	Hawthorne, Young, Hawthorne, Blackburn
1976	4:15.4	Berkeley	Burgess, Murray, Ross, Cobbs
1975	4:09.9	Las Lomas	Warren, Gray, Giesman, Sweetman
1974		no records	
1973	4:03.5	Berkeley	no names available

Frosh-Soph Boys:

1996	3:45.8	Acalanes	Brillant, Bostjanich, Engledinger, Anderson
1995	3:45.6	Washington	Dean, John, Burns, Zeller
1994	3:47.6	Las Lomas	Schmidy, Coombs, Haleen, Moberly
1990-93		meet not held	
1989	3:43.0	Ygnacio Valley	Sanchez, Grim, Hunsaker, Schwab
1988		rained out	
1987	3:40.0	Acalanes	Redo, Stevens, Phillips, Sutch
1986	3:36.6	Ygnacio Valley	Barry, Eleazar, Shenejaeld, Morrison
1985	3:42.3	De Anza	Margain, Baker, Morris, DeCruz
1984	3:42.8	Granada	Barnett, Johnson, Chambers, Klino

Frosh-Soph Girls:

1996	4:22.4	Acalanes	Laird, Gillen, Judy, Rowland
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