

2000 Castro Valley Invitational

Castro Valley High School

Friday, April 14, 2000

Boys' Frosh-Soph

Score:

Castro Valley	111
Mt. Eden	70
Newark Memorial	44
Las Lomas	35.5
San Lorenzo	26
Hayward	25.5
Alameda	25
Albany	8
Piedmont	4
Tennyson	2

4 x Mile

1. Castro Valley "A"	20:07.2
2. Alameda "A"	20:28.0
3. Las Lomas "A"	20:37.2
4. Piedmont	21:05.3
5. Mt. Eden	21:10.7
6. College Prep "A"	21:56.4
7. Castro Valley "B"	22:06.1
8. Hayward	22:25.7
9. Las Lomas "B"	23:44.9
10. Alameda "B"	24:48.4

4 x 100

Heat 1	
1. San Lorenzo "A"	48.33
2. Hayward	48.42
3. Alameda	51.24
4. College Prep	52.08
5. Oakland	52.98
Heat 2	
1. Castro Valley	46.35
3. Newark Memorial	48.29
4. Los Lomas	50.01
5. Hayward "B"	50.95
6. Las Lomas	51.40
7. Albany	51.5

4 x Hurdles

Heat 1	
1. Mt. Eden	45.56
2. Newark	47.76
Heat 2	
1. Castro Valley	44.90
2. Hayward	45.65
3. Las Lomas	46.00
4. San Lorenzo	46.95

4 x 220

Heat 1	
1. Canyon Middle	1:46.34
2. San Lorenzo "A"	1:46.94
3. Albany	1:49.38
4. College Prep.	1:50.84
5. Alameda "B"	1:51.60
6. Hayward "B"	1:52.47
7. Oakland	1:52.90
Heat Two	
1. Mt. Eden	1:37.93
2. Castro Valley	1:38.45
3. Haywardm "A"	1:41.87
4. Newark Memorial	1:43.62
5. Tennyson	1:43.84
6. Las Lomas	1:48.04
7. Alameda "A"	1:48.10

4 x 880

1. Castro Valley "A"	8:53.0
2. Albany	9:12.40
3. Mt. Eden	9:24.50

4. Las Lomas	9:25.30
5. Alameda	9:31.60
6. Newark Memorial	9:45.60
7. Piedmont	9:48.50
8. Castro Valley "B"	9:54.00
9. Hayward	10:02.3
10. College Prep.	10:18.0
11. Alameda "B"	10:24.1

Open 100

Heat One	
1. Geno McGuigan (CV)	11.96
2. Terrence Hollomen (ME)	12.12
3. Cleo Jackson (SL)	12.16
4. Sean Ghiselli (H)	12.47
5. Sam McClalu (LL)	12.58
6. Joe Caldarulo (A)	12.94
7. J. Castro (A)	13.25
Heat Two	
1. Nestor Solis (SL)	12.11
2. Ugo Onye-Agucha (H)	13.00
3. Jason Zellick	13.01
Heat Three	
1. Eric Zamora (CV)	11.93
2. Josh Ferguson (H)	12.43
3. Willwy Montgomery (NM)	12.55
4. Everett Chan (CV)	12.63
5. Emerson Milla (NM)	12.71
6. R. stepnuur (Tenn)	13.06
7. Chris Erber (Tenn)	13.10

Devil-take-the-Hindmost Mile

1. Beau Bettinger (CV)	5:02
2. Josh Bloomstien (LL)	5:06
3. Lim Reschert (ALA)	5:11
4. Saul Hartado (Hay)	5:12
5. Arpindes Singh (NM)	5:12.7
6. Lim (ALA)	5:14
7. Alejandro Amagnana (ME)	5:15
8. Jason Thigpen (RW)	5:16
9. Alejandro Castillo (Oak)	5:17
10. Zane Welte (CVHS)	5:18
11. Jeff Ribeira (CVHS)	5:18
12. Jason Biser (NM)	5:24
13. Thomas J. Miller (CVHS)	5:25
14. Carlos Alegre (ME)	5:36

4 x 440

Heat 1	
1. Mt. Eden	3.47
2. Castro Valley	3.49
3. Las Lomas	3.57
4. Alameda "A"	4.04
5. Alameda "B"	4.12
Heat 2	
1. San Lorenzo	3.54
2. Hayward	3.57
3. Oakland	4.23

3 x HJ

1. Castro Valley "A"	16-4
2. Mt. Eden	15-6
3. San Lorenzo	15-0
4. Castro Valley "B"	14-10
4. Newark Mem.	14-10
5. Las Lomas	14-08
6. Alameda	14-02
Individual:	
1. Beau Bettinger (CV)	5-10
2. Malcolm Boston (ME)	5-6
3. Cleo Jackson (SLZ)	5-6

4. Ryan Parker (CV)	5-6
5. Samora Goodson (Hay)	5-4

3 x Triple Jump

1. Mt. Eden	118-11
2. Hayward	108-4
3. Las Lomas	104-9
4. Castro Valley "A"	101-4
5. Oakland	98-9
6. Newark Memorial	97-8
7. Castro Valley "B"	94-9
8. Castro Valley "C"	82-11
9. Tennyson	74-10

Individual:

1. James Brown (T)	41-11
2. Malcolm Boston (ME)	41-03
3. Martin Boston (ME)	40-08
4. Ayinde Ubaka (Oak)	38-02
5. Lamar Brown (Hay)	37-04

3 x Shot Put

1. Castro Valley "A"	116-09
2. Newark "A"	110-11
3. Mt. Eden	106-10.5
4. Alameda "A"	105-9
5. San Lorenzo	104-3.5
6. Los Lomas	100-4
7. Tennyson	100-3
8. Newark "B"	98-5.5
9. Castro Valley "B"	98-2
10. Alameda "B"	91-1.5
11. American	86-7
12. Newark "C"	86-5.5
13. Hayward	62-10
14. Oakland	35-6

Individual:

1. Neil Owen (CV)	39-9
2. Kenny O'Keith (CV)	39-3
3. J.B. Tuiasosopo (ME)	39-3
4. Chris Vee (A)	39-1.5
5. Michael Gomez (N)	39-1

3 x Discus

1. Newark "A"	304-4
2. Alameda	279
3. Newark "B"	267-9
4. Castro Valley "A"	264-2
5. San Lorenzo	256
6. Tennyson	235-2
7. Newark "C"	229-2
8. Las Lomas	219-4
9. American	208-51
10. Mt. Eden	178-71
11. Hayward	128

Individual:

1. Andrew Rodriguez (SL)	112-8
2. Micheal Gomez (New)	105-4
3. J.B. Tuiasoronc (ME)	104-11
4. Jacob Greenberg (New)	100-10 5.
Dennis Laskey (New)	98-9

3 x Pole Vault:

1. Las Lomas	28-0
2. Castro Valley	25-6
3. Newark	24-6
Individual:	
1. Huffman (LL)	9-6
2. Norris (LL)	9-6
3. Klap (LL)	9-0
4. Lapum (CV)	9-0
5. Gomez (New)	9-0

Girls Frosh-Soph

Team Scores:

1. Alameda	88	(more relay wins)
2. Castro Valley	88	
3. Las Lomas	60	
4. Hayward	41	
5. Mt. Eden	21	
6. Newark	20	
7. San Lorenzo	7	
8. Redwood	6	
9. Albany	4	
10. American	1	

4xMile

1. Alameda	24:36.3
2. Castro Valley	24:37.0
3. Hayward	27:57.2

4x100

Heat One:	
1. Hayward "A"	55.01
2. Alameda	55.81
3. Castro Valley "B"	58.97
4. College Prep	1:01.77
5. Newark	1:02.67
Heat Two:	
1. Las Lomas	54.68
2. Castro Valley "A"	55.14
3. Mt. Eden	55.80
4. Hayward "B"	57.88
5. Las Lomas "B"	57.92
6. Albany	1:00.37

4x Hurdles

Heat One:	
1. Alameda	45.49
2. Castro Valley	47.35
3. Hayward	47.98
Heat Two:	
1. Las Lomas	46.11
2. Newark Memorial	49.30

4x220

Heat One:	
1. Alameda "A"	1:58.02
2. Hayward "A"	2:00.82
3. Albany	2:02.26
4. Castro Valley "B"	2:05.11
5. Las Lomas "B"	2:07.40
6. College Prep	2:12.46
Heat Two:	
1. Castro Valley "A"	1:58.41
2. Redwood Christian	1:59.46
3. Las Lomas "A"	2:00.58
4. Oakland	2:01.23
5. Hayward "B"	2:04.29
6. Alameda "B"	2:18.07

4x880

1. Castro Valley	11:23.1
2. Alameda	11:59.1
3. Hayward	12:42.4

Open 100

Heat One:	
1. Maaria White (ME)	13.56
2. Lyndda Smith (H)	13.99
3. J. Fraankel (A)	14.15
4. Kim Folks (H)	14.46
5. E. Saterfield (NM)	14.76
6. Michelle Thompson (Amer)	14.96
7. Dana Linda (CV)	15.07
Heat Two:	
1. Lisa LaVallee (LL)	13.67
2. Stephanie Bradford (ME)	13.89
3. Kim Magtoto (Amer)	14.08
4. Paris Scoggins (Hay)	14.50

5. J. Robinson (Ala)	14.57
6. Ashley Rocha (LL)	15.04
7. Sophia McGrellis (SLZ)	15.88

Devil-take-the-Hindmost Mile

1. Sarah Orzell (Ala)	5:51
2. Lupe Servin (Hay)	6:36
3. Leis Puljic (Hay)	6:50
4. Dubravka Maric (Hay)	6:55
5. Dannielle Wharton (SLZ)	7:05
6. Kathy Phan (ME)	7:14
7. Samantha Abraham (Ala)	7:15
dnf Raizza Brown (ME)	
dnf Diana Singh (Hay)	

4 x 440

1. Alameda	4:25
2. Las Lomas	4:30
3. Castro Valley "A"	4:45
4. Castro Valley "B"	5:01

3 x HJ

1. Las Lomas	13-8
2. Castro Valley "A"	13-4
3. Alameda	13-2
4. Hayward	10-8
5. Mt. Eden	8-0
6. Castro Valley "B"	7-8
7. Newark-Memorial	3-6

Individual

1. Maggie Murphy (LL)	4-8
2. Lauren Hodill (Ala)	4-8
3. Sarah Orzell (Ala)	4-8
4. (tie) Heather Mellon (CV)	4-6
(tie) Laura Powell (LL)	4-6
(tie) Ashley Arocha (LL)	4-6

3 x LJ

1. Castro Valley "A"	43-9
2. Alameda	42-3
3. Las Lomas	41-9
4. Albany	39-1
5. Castro Valley "B"	33-7

Individual:

1. Kiersten Slader (CV)	15-8
2. Lisa LaVallee (LL)	15-1
3. Chelsea Chandler (CV)	14-8
4. Lauren Hodill (Ala)	14-4
5. Corrine Roberts (Ala)	14-0

3 x Shot Put

1. Newark-Memorial	68-0.5
2. Alameda	64-10.5
3. Castro Valley "A"	62-4
4. San Lorenzo	50-7
5. Mt. Eden	47-4
6. American	43-0
7. Castro Valley "B"	20-5

Individuals:

1. Christina Baptista (NM)	29-4
2. Shareka Them (SLZ)	26-7
3. Monay Jones (ME)	24-5
4. Nicole St. Denis (SLZ)	24-0
5. Mainlo Vasquez (Amer)	23-8

3 x Discus Throw

1. Alameda	196-10
2. Newark Memorial	193-3
3. Castro Valley "A"	179-8
4. Mt. Eden	132-2
5. San Lorenzo	124-3
6. Castro Valley "B"	44-3

Individual:

1. Christina Baptista (NM)	76-3
2. Heather Clancy (CV)	71-6
3. Anne Kreider (Ala)	69-0
4. Monay Jones (ME)	66-6
5. Mia Croft (Ala)	66-4

3 x PV

1. Las Lomas	14-0
2. Castro Valley	14-0

Individuals:

1. Heim (LL)	7-6
2. Chandler (CV)	7-6
3. (tie) Clancy (CV)	6-6
(tie) Kersey (LL)	6-6

Girls' Varsity:

Scores:

1. Newark-Memorial	69
2. Las Lomas	68
3. (tie) Hayward	53
(tie) Castro Valley	53
5. Redwood Christian	21
6. Oakland	20
7. Tennyson	16
8. Piedmont	10
9. (tie) Alameda	6
(tie) Holy Names	6

4 x Mile

1. Castro Valley	23:52.1
2. Las Lomas	26:37.0
3. Redwood Christian	27:26.5

4 x 100

1. Newark-Memorial	53.50
2. Hayward	54.23
3. Oakland	55.20
4. Redwood Christian	55.24
5. Las Lomas	57.49
6. Castro Valley	57.63

4 x Hurdles

Heat 1	
1. Hayward	44.66
2. Castro Valley	47.13
Newark-Memorial "A"	DQ
Heat 2	
1. Newark-Memorial "B"	48.15
2. Las Lomas	49.39
Tennyson	DQ

4 x 220

1. Hayward	1:52.77
2. Newark-Memorial	1:56.24
3. Las Lomas	2:01.45

4 x 880

1. Piedmont	10:37.8
2. Castro Valley	10:52.4
3. Redwood Christian	11:07.8
4. Las Lomas	11:53.0

Open 100

Heat 1	
1. Kalani Holleman (Hay)	13.11
2. Tracy White (NM)	13.74
3. Danella Avina (NM)	14.24
4. Rica Chow (CV)	14.44

Heat 2	
1. Makiah Long (Tenn)	13.64
2. T. Smith (SLZ)	13.90
3. Denein Morris (Hay)	14.01
4. Lucretia Sutherlin (NM)	14.30
5. DEidre Sandlin (NM)	14.59

Devil-take-the-Hindmost Mile

1. Zinzi Evans (Holy Names)	5:42
2. Bonnie Chalmers (LL)	5:47
3. Courtney Stewart (CV)	5:56
4. Erin Johnson (LL)	6:11
5. Sarah Green (RedChr)	6:15
6. Jennifer Kennedy (Tenn)	6:27
7. Sherry Duong (Oak)	6:28
8. Lesly Yasol (Oak)	6:28
9. Kasey Petritsch (NM)	6:39
10. Lisa Karn (RedChr)	6:47
11. Emily Brown (Ala)	6:51
12. Bonnie McGrellis (CV)	7:26
dnf Yvette Holland (Hay)	
Amber Morese (Hay)	

Haley Harrell (Hay)
Kalani Holleman (Hay)
4 x 440

1. Oakland	4:50.0
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3 x HJ

1. Las Lomas	13-10
2. Castro Valley "A"	13-4
3. Newark-Memorial	13-0
4. Nayward	12-8
5. Castro Valley "B"	12-4

Individuals:

1. Sarah Raoufi (LL)	5-2
2. Gina Paladini (CV)	4-10
3. LaNeice Morgan (Hay)	4-8
4. (tie) Sheryl Eng (CV)	4-4
(tie) Sarina Smith (NM)	

3 x LJ

1. Tennyson	46-1
2. Newark-Memorial	43-2
3. Hayward	42-11
4. Redwood Christian	40-5
5. Las Lomas "A"	40-4
6. Castro Valley	38-7
7. Las Lomas "B"	37-4
8. San Lorenzo	14-7

Individuals:

1. Kalani Holleman (Hay)	16-4
2. Makiah Long (Tenn)	15-11
3. Miko Nelson (Tenn)	15-5
4. Angie McIver (Tenn)	14-9
5. Amber Davidson (RedChr)	14-9

3 x Shot Put

1. Newark-Memorial	92-11
2. Hayward	92-4
3. Castro Valley	92-2
4. Las Lomas	91-11
5. Oakland	86-9
6. Alameda	70-10

Individuals:

1. Alia Hansen (LL)	37-0
2. Angel Johnson (Oak)	35-5
3. Tiffany Rizzo (CV)	33-9
4. Michelle DeSilva (NM)	33-4
5. Sarina Smith (NM)	31-0

3 x Discus Throw

1. Newark-Memorial	287-1
2. Castro Valley "A"	271-2
3. Alameda	251-3
4. Las Lomas	225-3
5. Tennyson	215-1
6. Oakland	192-7
7. Hayward	185-2
8. American	115-2
9. Castro Valley "B"	57-4

Individuals:

1. Tiffany Rizzo (CV)	108-1
2. Alia Hansen (CV)	100-8
3. Michelle DaSilva (NM)	100-7
4. Sarina Smith (NM)	96-10
5. Megan Biser (NM)	90-3

3 x Pole Vault

1. Las Lomas "A"	29-6
2. Newark-Memorial	24-6
3. Las Lomas "B"	23-6
4. Castro Valley	13-0

Individuals:

1. Jenika Helms (LL)	10-6
2. Veronica Garcia (NM)	10-0
3. (tie) Creech (LL)	9-6
(tie) Lim (LL)	9-6
5. Yeahoian (LL)	8-6

Junior High

Boys 4 x 100

DQ Canyon	50.39
DQ Elmhurst	55.07

Girls 4 x 100

1. Elmhurst "A"	1:01.33
2. Elmhurst "B"	1:04.61
3. Elmhurst "C"	1:11.56

Girls' 100

1. Ashley Bowie (Elmhurst)	15.07
2. T. Gibson (Elmhurst)	15.15
3. J. Jones (Elmhurst)	16.19
4. Melissa Smith (Elmhurst)	16.26

Boys' 100

1. Cornell Sheilds (Elmhurst)	12.44
2. Lionell Andrews (Elmhurst)	13.63
3. Anton (Elmhurst)	14.15

Girls' Mile

1. Zetra Evans (Elmhurst)	6:08
2. Veronica O'Neill (Elmhurst)	6:38
3. Jamaica TGurner (Elmhurst)	7:14

Boys' Mile

1. Mauricio Hurtado (Winton)	5:48
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