

Castro Valley High School - Tuesday 05/08/01 to Thursday 05/10/01

GIRLS SCORES - VARSITY

Rank	School	Score
====	=====	=====
1	BISHOP O'DOWD HIGH	125
2	ARROYO HIGH	104
3	CASTRO VALLEY HIGH	93
4	SAN LORENZO HIGH	56
5	MOREAU CATHOLIC HIGH	43
6	SAN LEANDRO HIGH	37
7	TENNYSON HIGH	14
8	HAYWARD HIGH	12
9	MOUNT EDEN HIGH	10

GIRLS SCORES - FROSH/SOPH

Rank	School	Score
====	=====	=====
1	CASTRO VALLEY HIGH	149 153
2	SAN LEANDRO HIGH	72 70
3	BISHOP O'DOWD HIGH	66.67
4	ARROYO HIGH	64.33
5	HAYWARD HIGH	51 49
6	MOREAU CATHOLIC HIGH	49
7	SAN LORENZO HIGH	40
8	MOUNT EDEN HIGH	3

BOYS SCORES - VARSITY

Rank	School	Score
====	=====	=====
1	BISHOP O'DOWD HIGH	162
2	CASTRO VALLEY HIGH	130
3	SAN LEANDRO HIGH	69
4	SAN LORENZO HIGH	36
5	MOREAU CATHOLIC HIGH	28
6	TENNYSON HIGH	22
7	MOUNT EDEN HIGH	18
8	HAYWARD HIGH	17
9	ARROYO HIGH	12

BOYS SCORES - FROSH/SOPH

Rank	School	Score
====	=====	=====
1	BISHOP O'DOWD HIGH	136
2	CASTRO VALLEY HIGH	132
3	HAYWARD HIGH	60
4	MOREAU CATHOLIC HIGH	50
5	SAN LEANDRO HIGH	42
6	SAN LORENZO HIGH	26
7	TENNYSON HIGH	23
7	ARROYO HIGH	23
9	MOUNT EDEN HIGH	2

HAAL Championship

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Frosh/Soph Girls 1,600 Meter Run

----- Preliminaries - Results - Tuesday 05/08/01 -----

10 Advance: Top 3 Each Heat Plus Next 4 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Williams, Emma	O'DOWD		6:00.80	1
2	Tikotsky, Chelsea	ARROYO		6:10.90	2
3	Wheeler, Kristin	O'DOWD		6:04.20	1
4	Vonnegut, Lauren	ARROYO		6:11.50	2
5	Franco, Ashley	HAYWARD		6:07.00	1
6	Suey, Samantha	CASTRO VALLE		6:12.20	2
7	Toda, Alyssa	MOREAU		6:10.40	1
8	Zambrand, Helga	CASTRO VALLE		6:17.10	1
9	Nelson, Jyniece	MT EDEN		6:36.40	1
10	Fong, Erin	CASTRO VALLE		6:37.00	1
11	Clawson, Shannon	O'DOWD		6:38.80	1
12	Teel, Stephanie	CASTRO VALLE		6:43.20	2
13	Evans, Rebecca	SAN LEANDRO		6:46.90	2
14	Knigge, Nicole	O'DOWD		7:06.40	2
15	Bettinger, Samantha	CASTRO VALLE		7:12.70	2
16	Ortiz, Wendy	ARROYO		7:14.00	2
17	Atwood, Amanda	O'DOWD		7:31.40	1
18	Boyle, Siobhan	O'DOWD		8:16.20	2

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Wheeler, Kristin	O'DOWD		5:52.26	10
2	Williams, Emma	O'DOWD		5:54.80	8
3	Tikotsky, Chelsea	ARROYO		6:00.61	6
4	Vonnegut, Lauren	ARROYO		6:02.44	4
5	Toda, Alyssa	MOREAU		6:07.08	2
6	Zambrand, Helga	CASTRO VALLE		6:10.45	1
7	Nelson, Jyniece	MT EDEN		6:12.48	
8	Suey, Samantha	CASTRO VALLE		6:13.12	
9	Fong, Erin	CASTRO VALLE		NT	
10	Franco, Ashley	HAYWARD		NT	

Frosh/Soph Boys 1,600 Meter Run

----- Preliminaries - Results - Tuesday 05/08/01 -----

10 Advance: Top 3 Each Heat Plus Next 4 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Yano, John	CASTRO VALLE		4:56.70	2
2	Sigmon, Nick	SAN LEANDRO		4:59.80	1
3	Greenlaw, Leonard	TENNYSON		5:02.80	1
4	Miller, Thomas	CASTRO VALLE		5:03.00	2
5	Munguia, Alex	SAN LEANDRO		5:04.60	1
6	Caselli, Matt	O'DOWD		5:05.10	2
7	Wong, Chris	O'DOWD		5:10.20	1
8	Ribiera, Jeff	CASTRO VALLE		5:15.20	1
9	McDonald, David	MT EDEN		5:16.60	2

Frosh/Soph Boys 1,600 Meter Run (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

10 Advance: Top 3 Each Heat Plus Next 4 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
10	Panzar, Luis	O'DOWD		5:18.90	2
11	Curriel, Ross	HAYWARD		5:22.20	1
12	Boxdell, Jason	SAN LORENZO		5:23.20	1
13	Elliott, Jeff	MOREAU		5:26.20	2
14	Boloatola, Brian	MT EDEN		5:33.50	2
15	Zamora, Marvin	CASTRO VALLE		5:39.00	1
16	Sue, Richard	MOREAU		5:42.50	2
17	Ribiera, Jason	CASTRO VALLE		5:46.90	1
18	Shintani, Kevin	CASTRO VALLE		5:54.30	2
19	Bickham, Thomas	SAN LORENZO		6:02.20	1
20	Howard, Thaddeus	HAYWARD		6:49.40	2

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Yano, John	CASTRO VALLE		4:53.20	10
2	Sigmon, Nick	SAN LEANDRO		4:55.50	8
3	Wong, Chris	O'DOWD		4:57.84	6
4	Caselli, Matt	O'DOWD		4:58.03	4
5	Greenlaw, Leonard	TENNYSON		4:59.00	2
6	Miller, Thomas	CASTRO VALLE		5:06.00	1
7	Munguia, Alex	SAN LEANDRO		5:07.00	
8	Panzar, Luis	O'DOWD		5:15.90	
9	Ribiera, Jeff	CASTRO VALLE		5:16.15	
10	McDonald, David	MT EDEN		5:17.21	

Varsity Girls 1,600 Meter Run

----- Preliminaries - Results - Tuesday 05/08/01 -----

10 Advance: Top 3 Each Heat Plus Next 4 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Masante, Danila	O'DOWD		5:32.10	1
2	Evans, Zinzi	SAN LORENZO		5:32.80	1
3	Phillips, Beth	SAN LEANDRO		5:32.80	1
4	Stewart, Courtney	CASTRO VALLE		5:54.10	2
5	Purcell, Anna	O'DOWD		5:37.10	1
6	Atwood, Emily	SAN LEANDRO		6:19.40	2
7	Boon-Nitoff, Kristen	CASTRO VALLE		6:04.40	1
8	Coppini, Maggie	MOREAU		6:08.60	1
9	Servin, Guadalupe	HAYWARD		6:22.20	2
10	Manos, Stephanie	CASTRO VALLE		6:27.00	1
11	Graham, Rachel	ARROYO		6:43.00	1
12	Dodge, Suzy	CASTRO VALLE		6:46.70	1
13	Calder, Melissa	ARROYO		6:48.30	2
14	McIntyre, Carrie	HAYWARD		7:04.50	1
15	Phan, Kathy	MT EDEN		8:00.20	2
16	McDonald, Jennifer	MT EDEN		8:28.00	1
17	Singh, Diana	HAYWARD		9:10.00	2

HAAL Championship

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Varsity Girls 1,600 Meter Run

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Evans, Zinzi		SAN LORENZO	5:18.72	10
2	Purcell, Anna		O'DOWD	5:31.37	8
3	Phillips, Beth		SAN LEANDRO	5:33.10	6
4	Stewart, Courtney		CASTRO VALLE	5:37.27	4
5	Coppini, Maggie		MOREAU	6:00.36	2
6	Atwood, Emily		SAN LEANDRO	6:07.12	1
7	Boon-Nitoff, Kristen		CASTRO VALLE	6:13.71	
8	Servin, Guadalupe		HAYWARD	6:45.00	
-	Masante, Danila		O'DOWD	DNF	

Frosh/Soph Girls 100 Meter Low Hurdles

----- Preliminaries - Results - Tuesday 05/08/01 -----

8 Advance: Top 1 Each Heat Plus Next 7 Best Times				
PL	ATHLETE NAME	AGE	SCHOOL	TIME
1	McConnell, Schelley		HAYWARD	19.70
2	Warren, Regina		CASTRO VALLE	19.80
3	Thompson, Angie		SAN LEANDRO	20.20
4	Nelson, Jyniece		MT EDEN	21.00
5	Tirado, Roana		CASTRO VALLE	22.00
6	Robinson, Christine		CASTRO VALLE	22.10
7	Lantz, Tami		ARROYO	22.30
8	Lacey, Danielle		CASTRO VALLE	22.40

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Warren, Regina		CASTRO VALLE	19.53	10
2	Thompson, Angie		SAN LEANDRO	20.34	8
3	Robinson, Christine		CASTRO VALLE	21.07	6
4	McConnell, Schelley		HAYWARD	21.64	4
5	Nelson, Jyniece		MT EDEN	21.65	2
6	Tirado, Roana		CASTRO VALLE	21.83	1
7	Lantz, Tami		ARROYO	23.14	

Varsity Boys 1,600 Meter Run

----- Preliminaries - Results - Tuesday 05/08/01 -----

10 Advance: Top 3 Each Heat Plus Next 4 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Yosief, Efeson		SAN LEANDRO	4:41.10	1
2	Bettinger, Beau		CASTRO VALLE	4:46.40	2
3	Sigmon, Luke		SAN LEANDRO	4:41.70	1
4	Reynolds, Brian		SAN LEANDRO	4:48.30	2
5	Cardiasmenos, Alex		CASTRO VALLE	4:43.60	1
6	Graham, Taylor		MOREAU	4:49.60	2
7	Muiru, William		SAN LORENZO	4:50.70	2
8	Fragis, Jay		MOREAU	4:55.10	1
9	Reynolds, Steven		SAN LEANDRO	5:00.40	2
10	Welte, Zane		CASTRO VALLE	5:05.30	1
11	Quillen, Chris		SAN LEANDRO	5:07.60	1
12	Capps, Justin		ARROYO	5:08.90	1
13	Huyhn, Nam		SAN LORENZO	5:11.50	2
14	Sousa, Mike		O'DOWD	5:19.70	2
15	Draper, Ben		CASTRO VALLE	5:27.90	1
16	Perez, Oscar		HAYWARD	5:35.70	1
17	Collett, Brian		ARROYO	5:40.20	2
18	Lai, Tai		MT EDEN	5:44.50	1
19	Zhoglo, Oleg		CASTRO VALLE	6:13.20	2

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Sigmon, Luke		SAN LEANDRO	4:31.42	10
2	Yosief, Efeson		SAN LEANDRO	4:32.62	8
3	Cardiasmenos, Alex		CASTRO VALLE	4:37.36	6
4	Reynolds, Brian		SAN LEANDRO	4:42.43	4
5	Graham, Taylor		MOREAU	4:42.80	2
6	Bettinger, Beau		CASTRO VALLE	4:44.83	1
7	Muiru, William		SAN LORENZO	4:51.17	
8	Fragis, Jay		MOREAU	4:52.54	
9	Welte, Zane		CASTRO VALLE	4:54.31	
10	Reynolds, Steven		SAN LEANDRO	5:04.85	

Varsity Girls 100 Meter Low Hurdles

----- Preliminaries - Results - Tuesday 05/08/01 -----

8 Advance: Top 1 Each Heat Plus Next 5 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Rivas, Sheal		ARROYO	17.28	1
2	Hughes, Kristin		ARROYO	17.64	2
3	Coppini, Catey		MOREAU	17.97	3
4	Tekawa, Jessica		ARROYO	17.98	1
5	Dizon, Andrea		HAYWARD	18.27	2
6	Gamerao, Eve		HAYWARD	18.39	2
6	Rubiano, Sherry		MOREAU	18.39	3
8	McCarthy, Erin		CASTRO VALLE	18.48	3
9	Cole, Tara		O'DOWD	18.55	1
10	Wilson, Aural		HAYWARD	19.05	1
11	Slader, Kiersten		CASTRO VALLE	19.17	3
12	Pham, Julie		MOREAU	19.53	3
13	Knapp, Brittany		CASTRO VALLE	19.78	2
14	Hendrix, Kaycee		MT EDEN	19.97	3
15	Dobel, Laura		CASTRO VALLE	20.82	1
16	McFarland, Cameille		MT EDEN	21.34	2
17	Chow, Rida		CASTRO VALLE	21.55	1
18	David, Carolyn		MOREAU	21.64	2
19	Babu, Neela		CASTRO VALLE	22.47	2
-	Brown, Cara		O'DOWD	FS	3

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Varsity Girls 100 Meter Low Hurdles

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Hughes, Kristin		ARROYO	17.36	10
2	Rivas, Sheal		ARROYO	17.37	8
3	Coppini, Catey		MOREAU	17.83	6
4	Tekawa, Jessica		ARROYO	17.99	4
5	Rubiano, Sherry		MOREAU	18.08	2
6	Dizon, Andrea		HAYWARD	18.36	1
7	McCarthy, Erin		CASTRO VALLE	18.82	
8	Gamerao, Eve		HAYWARD	19.02	

Frosh/Soph Boys 110 Meter High Hurdles

----- Preliminaries - Results - Tuesday 05/08/01 -----

8 Advance: Top 1 Each Heat Plus Next 6 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Faaeteete, Junior		SAN LEANDRO	17.91	1
2	Leng, James		CASTRO VALLE	18.52	2
3	Kong, Chris		CASTRO VALLE	18.65	2
4	Nelson, Fehlandt		ARROYO	18.75	2
5	Homer, David		HAYWARD	18.91	2
6	McKinley, Mark		HAYWARD	19.01	1
7	McDonald, David		MT EDEN	19.81	1
8	Stanley, Carl		CASTRO VALLE	19.86	1
9	Royal, Terron		SAN LORENZO	20.64	1
10	Barrow, Khari		HAYWARD	20.87	1
11	Tan, Justin		MOREAU	21.05	2
12	Seals, William		CASTRO VALLE	22.31	1

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Kong, Chris		CASTRO VALLE	17.70	10
2	Leng, James		CASTRO VALLE	18.40	8
3	Faaeteete, Junior		SAN LEANDRO	18.43	6
4	Nelson, Fehlandt		ARROYO	19.14	4
5	McKinley, Mark		HAYWARD	19.44	2
6	Stanley, Carl		CASTRO VALLE	19.79	1
7	Homer, David		HAYWARD	20.20	
8	McDonald, David		MT EDEN	21.06	

Varsity Boys 110 Meter High Hurdles

----- Preliminaries - Results - Tuesday 05/08/01 -----

8 Advance: Top 1 Each Heat Plus Next 6 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Crane, Joey		CASTRO VALLE	16.23	1
2	Kapper, Jeff		MOREAU	16.28	2
3	Pugh, Fred		SAN LORENZO	16.45	2

Varsity Boys 110 Meter High Hurdles (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

8 Advance: Top 1 Each Heat Plus Next 6 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
4	Parker, Ryan		CASTRO VALLE	16.68	1
5	Onyeagucha, Emeka		MT EDEN	17.22	1
6	Fonnesbeck, Ryan		CASTRO VALLE	17.88	2
7	Bullock, Keith		SAN LEANDRO	18.05	2
8	Ochoa, Steven		TENNYSON	18.55	1
9	Edwards, Justin		SAN LEANDRO	19.01	2
10	Desales, Quan		MT EDEN	19.70	2
11	Lantz, Kris		ARROYO	20.32	1
12	Walker, Brandon		O'DOWD	21.89	1

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Pugh, Fred		SAN LORENZO	16.10	10
2	Parker, Ryan		CASTRO VALLE	16.20	8
3	Kapper, Jeff		MOREAU	16.30	6
4	Onyeagucha, Emeka		MT EDEN	16.50	2
5	Crane, Joey		CASTRO VALLE	17.20	4
6	Fonnesbeck, Ryan		CASTRO VALLE	17.30	1
7	Ochoa, Steven		TENNYSON	17.40	
8	Bullock, Keith		SAN LEANDRO	17.50	

Frosh/Soph Girls 400 Meter Dash

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 4 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Katich, Brooke		CASTRO VALLE	1:05.74	2
2	Fuglestad, Elana		O'DOWD	1:06.21	1
3	Hardy, Kara		SAN LORENZO	1:06.94	3
4	Medrano, Rebecca		CASTRO VALLE	1:06.35	1
5	Nicholas, Jenelle		SAN LEANDRO	1:06.52	1
6	Choi, Min		CASTRO VALLE	1:06.54	2
7	Westling, Nicole		CASTRO VALLE	1:08.24	1
8	Davis, Tisha		CASTRO VALLE	1:08.57	3
9	Huey-Ayer, Amanda		SAN LEANDRO	1:11.11	2
10	Donat, Brenda		CASTRO VALLE	1:11.37	3
11	Mu'Min, Nijla		HAYWARD	1:12.79	1
12	Feldon, Madie		O'DOWD	1:14.11	3
13	Cabrera, Abby		MOREAU	1:14.56	2
14	Moy, Michelle		SAN LEANDRO	1:16.46	2
15	Evans, Lindsey		ARROYO	1:17.55	3
16	Grant, Yvonne		HAYWARD	1:18.44	1

HAAL Championship

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Frosh/Soph Girls 400 Meter Dash

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Katich, Brooke		CASTRO VALLE	1:05.10	10
2	Hardy, Kara		SAN LORENZO	1:06.24	8
3	Choi, Min		CASTRO VALLE	1:06.64	6
4	Fuglestad, Elana		O'DOWD	1:06.96	4
5	Nicholas, Jenelle		SAN LEANDRO	1:06.97	2
6	Westling, Nicole		CASTRO VALLE	1:12.24	1

Frosh/Soph Boys 400 Meter Dash

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 3 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Walker, Zach		O'DOWD	55.04	4
2	Green, Dave		O'DOWD	55.43	1
3	Garret, Blake		SAN LORENZO	56.86	3
4	Jones, Rance		CASTRO VALLE	57.67	2
5	Briggs, Jon		O'DOWD	58.06	3
6	White, Brian		ARROYO	58.63	1
7	Bicham, Clayton		HAYWARD	58.77	1
8	Wagner, Eddie		CASTRO VALLE	1:00.18	4
9	Picetti, John		CASTRO VALLE	1:00.81	4
10	Valasquez, Luis		SAN LORENZO	1:02.04	2
11	Carmone, Bryan		MOREAU	1:02.68	4
12	Sanchez, Sean		MOREAU	1:03.25	4
13	NG, Ben		CASTRO VALLE	1:04.59	3
14	Bickham, Thomas		SAN LORENZO	1:08.21	1
15	Kendrick, Ian		HAYWARD	1:08.52	3
16	Hong, Philip		MOREAU	1:11.02	2
17	Loewen, Erik		MOREAU	1:14.54	3

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Walker, Zach		O'DOWD	54.77	10
2	Green, Dave		O'DOWD	55.00	8
3	Jones, Rance		CASTRO VALLE	56.10	6
4	Briggs, Jon		O'DOWD	56.61	4
5	Garret, Blake		SAN LORENZO	57.24	2
6	White, Brian		ARROYO	57.51	1

Varsity Girls 400 Meter Dash

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 4 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	McDRANO, Amanda		CASTRO VALLE	1:00.14	1
2	Evans, Zinzi		SAN LORENZO	1:00.75	3

Varsity Girls 400 Meter Dash (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 4 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
3	Smith, Ryana		HAYWARD	1:02.05	2
4	Stewart, Kelly		CASTRO VALLE	1:02.71	2
5	Chadwick, Sarah		ARROYO	1:04.24	1
6	Shipman, Shalaya		O'DOWD	1:05.86	3
7	Schaffner, Rachel		MOREAU	1:06.02	1
8	Bickham, Michi		SAN LORENZO	1:06.89	3
9	Chow, Rida		CASTRO VALLE	1:07.79	2
10	Longsmith, Alex		O'DOWD	1:09.79	2
11	Ermy, Nicole		O'DOWD	1:10.72	1
12	Statts, Sandy		SAN LEANDRO	1:15.66	2

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Evans, Zinzi		SAN LORENZO	1:00.18	10
2	Stewart, Kelly		CASTRO VALLE	1:01.63	8
3	Chadwick, Sarah		ARROYO	1:02.12	6
4	Smith, Ryana		HAYWARD	1:02.93	4
5	Shipman, Shalaya		O'DOWD	1:04.99	2

Varsity Boys 400 Meter Dash

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 4 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Jones, Brandon		O'DOWD	51.77	2
2	Toler, Burk		O'DOWD	52.32	3
3	Nicholas, Royce		SAN LEANDRO	52.50	3
3	Solis, Nester		SAN LORENZO	52.50	1
5	Harris, Marquette		SAN LEANDRO	52.94	3
6	Briggs, Scott		O'DOWD	53.78	2
7	Stafford, Steven		SAN LEANDRO	53.88	2
8	Flaaten, John		MOREAU	54.01	1
9	Vargas, Manny		MOREAU	54.20	1
10	Apodaca, Joe		CASTRO VALLE	54.34	1
11	Sheard, Ruben		SAN LORENZO	54.87	2
12	Huyhn, Nam		SAN LORENZO	55.98	1
13	Salinas, Rene		TENNYSON	57.95	1
14	Meng, Eddie		ARROYO	58.77	2
15	Drain, Tim		ARROYO	59.21	1
16	Nunez, Alberto		HAYWARD	1:00.15	3
17	Albonico, Ryan		CASTRO VALLE	1:01.65	2
18	Duran, Nick		ARROYO	1:02.92	2
19	Lai, Tai		MT EDEN	1:05.45	3

HAAL Championship

PAGE 1

Castro Valley High School Tuesday May 8, 2001 7:00 PM

COMPLETE RESULTS - ALL ROUNDS

Varsity Boys 400 Meter Dash

Frosh/Soph Girls 100 Meter Dash

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Solis, Nester		SAN LORENZO	50.53	10
2	Jones, Brandon		O'DOWD	51.37	8
3	Nicholas, Royce		SAN LEANDRO	51.54	6
4	Toler, Burk		O'DOWD	52.00	4
5	Harris, Marquette		SAN LEANDRO	52.46	2
6	Briggs, Scott		O'DOWD	53.57	1
7	Stafford, Steven		SAN LEANDRO	54.65	

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Thomas, Tiffany		SAN LEANDRO	13.99	10
2	KO, Maria		ARROYO	14.12	8
3	Miller, Iesha		HAYWARD	14.17	6
4	Abdur-Rahim, Sherina		SAN LEANDRO	14.32	4
5	Bivings, Carissa		HAYWARD	14.36	2
6	Oliver, Larryce		HAYWARD	14.42	1
7	Rogan, Katy		MOREAU	14.56	
8	Burris, Courtney		O'DOWD	14.57	

Frosh/Soph Girls 100 Meter Dash

Frosh/Soph Boys 100 Meter Dash

----- Preliminaries - Results - Tuesday 05/08/01 -----

8 Advance: Top 1 Each Heat Plus Next 4 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Rogan, Katy		MOREAU	13.09	1
2	Thomas, Tiffany		SAN LEANDRO	13.97	4
3	Miller, Iesha		HAYWARD	14.16	3
4	Bivings, Carissa		HAYWARD	14.20	2
5	KO, Maria		ARROYO	13.69	1
6	Abdur-Rahim, Sherina		SAN LEANDRO	13.98	4
7	Burris, Courtney		O'DOWD	14.09	1
8	Oliver, Larryce		HAYWARD	14.18	3
9	Bryant, Monique		HAYWARD	14.30	2
10	Anthony, Angela		HAYWARD	14.47	1
11	Haworth, Kate		CASTRO VALLE	14.50	2
12	Oliver, Natalie		CASTRO VALLE	14.51	4
13	Bandy, Tara		SAN LORENZO	14.53	3
14	Adams, Shalice		SAN LORENZO	14.54	3
15	McKnight, Monyette		TENNYSON	14.74	3
16	Davini, Christina		MOREAU	14.82	1
17	Alvidera, Roze		MOREAU	14.84	4
17	Sullivan, Tina		O'DOWD	14.84	3
19	Ronald, Jaclyn		MOREAU	14.97	3
20	Baker, Tomonica		TENNYSON	15.33	2
21	Bieda, Alison		CASTRO VALLE	15.40	4
22	Johnson, Tyne		SAN LORENZO	15.45	4
23	Trujillo, Monica		MOREAU	15.84	3
24	Gutierrez, Erica		CASTRO VALLE	15.90	1
25	Estrada, Darlene		MT EDEN	16.95	4
26	Snyder, Elly		O'DOWD	17.46	2

----- Preliminaries - Results - Tuesday 05/08/01 -----

8 Advance: Top 1 Each Heat Plus Next 4 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Stohr, Ryan		CASTRO VALLE	11.94	3
2	Brown, Lamar		HAYWARD	12.01	2
3	Lucchesi, Dominic		SAN LEANDRO	12.48	4
4	Anderson, Eugene		SAN LEANDRO	12.63	1
5	Houlihan, Sean		MOREAU	12.03	3
6	Arnold, Tommy		O'DOWD	12.15	2
7	Wirgler, Matt		ARROYO	12.19	3
8	Allen, Ted		ARROYO	12.67	3
9	Lee, Michael		MOREAU	12.74	3
10	Tarpeh, Nyanforh		TENNYSON	12.76	2
11	Hicken, Johnathon		CASTRO VALLE	12.84	1
12	Onyeaguche, Ugo		MT EDEN	12.86	1
13	Sanchez, Tony		CASTRO VALLE	12.90	2
14	Williams, Cory		SAN LORENZO	12.94	4
14	Dominguez, Michael		HAYWARD	12.94	1
16	Chu, Jonathan		CASTRO VALLE	13.09	4
17	Stepney, Richard		TENNYSON	13.10	4
18	Glover, Drew		O'DOWD	13.11	2
19	Luu, Jackie		ARROYO	13.12	4
20	Tolentino, Emmanuel		CASTRO VALLE	13.19	4
21	Tan, Jeremy		MOREAU	13.20	2
22	Thompson, Nigel		ARROYO	13.24	1
23	Eboigpodin, Ralph		HAYWARD	13.26	1
23	Sullivan, Tommy		O'DOWD	13.26	1
25	Estrellanes, Jeff		MOREAU	13.28	3
26	McKinley, Mark		HAYWARD	13.30	3
27	Santiago, Joe		MOREAU	13.35	1
28	Dejesus, Ricki		MOREAU	13.58	2

HAAL Championship

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Frosh/Soph Boys 100 Meter Dash

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Brown, Lamar		HAYWARD	11.97	10
2	Houlihan, Sean		MOREAU	12.16	8
3	Stohr, Ryan		CASTRO VALLE	12.20	6
4	Lucchesi, Dominic		SAN LEANDRO	12.26	4
5	Arnold, Tommy		O'DOWD	12.27	2
6	Wirgler, Matt		ARROYO	12.50	1
7	Anderson, Eugene		SAN LEANDRO	12.64	

Varsity Girls 100 Meter Dash

----- Preliminaries - Results - Tuesday 05/08/01 -----

8 Advance: Top 1 Each Heat Plus Next 5 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Greene, Monica		O'DOWD	12.70	3
2	Tucker, Christen		O'DOWD	12.84	2
3	Wallace, Deane		ARROYO	13.38	1
4	Smith, Angelique		MT EDEN	13.58	2
4	Long, Makiaha		TENNYSON	13.58	1
6	Morris, Denein		HAYWARD	13.74	1
7	Goodspeed, Marshay		CASTRO VALLE	13.88	2
8	Rogan, Ann		MOREAU	13.97	3
9	Morn, Aleta		ARROYO	14.04	2
10	Smith, Rasheeda		SAN LORENZO	14.10	1
11	Williams, Estelle		MOREAU	14.12	3
12	Grangoff, Theresa		ARROYO	14.22	2
13	Lee, Joyce		CASTRO VALLE	14.66	1
14	McCoy, Nicole		HAYWARD	14.80	3
15	Cunha, Lindsey		HAYWARD	16.36	3
16	Busse, Stephanie		MOREAU	16.72	2
17	George, Melina		MT EDEN	18.25	1

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Greene, Monica		O'DOWD	12.39	10
2	Tucker, Christen		O'DOWD	12.65	8
3	Wallace, Deane		ARROYO	13.18	6
4	Smith, Angelique		MT EDEN	13.24	4
5	Long, Makiaha		TENNYSON	13.39	2
6	Rogan, Ann		MOREAU	13.64	1
7	Morris, Denein		HAYWARD	13.89	
8	Goodspeed, Marshay		CASTRO VALLE	13.95	

Varsity Boys 100 Meter Dash

----- Preliminaries - Results - Tuesday 05/08/01 -----

8 Advance: Top 1 Each Heat Plus Next 4 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Fontaine, Matt		O'DOWD	11.24	3
2	Iglehart, Jon		O'DOWD	11.64	1
3	McGuigan, Geno		CASTRO VALLE	11.76	4
4	Lewis, Setn		ARROYO	11.77	2
5	Griego, Kevin		CASTRO VALLE	11.72	1
6	Litrownik, Stefan		O'DOWD	11.88	4
7	McKnight, Vonshae		TENNYSON	11.93	1
8	Cheatham, Sam		SAN LEANDRO	11.98	4
9	Silas, Tommie		MT EDEN	12.01	2
10	Levy, Rob		MOREAU	12.02	3
11	Zamora, Eric		CASTRO VALLE	12.05	1
12	Boxdell, Dereck		SAN LORENZO	12.06	2
13	Robinson, Thomas		HAYWARD	12.34	3
14	Ghiselli, Sean		HAYWARD	12.39	4
15	Udofia, Uwana		HAYWARD	12.44	4
16	Rogue, Terrance		HAYWARD	12.57	1
17	Chan, Everett		CASTRO VALLE	12.60	4
18	Johnson, Vernon		O'DOWD	12.73	2
19	McGuiver, Kelvin		O'DOWD	13.01	3
20	Harris, Jared		O'DOWD	13.02	3
21	Butler, Lance		SAN LEANDRO	13.03	1
22	Pangilinan, Noel		MOREAU	13.10	1
-	Barnes, Carson		CASTRO VALLE	DQ	3

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Fontaine, Matt		O'DOWD	11.34	10
2	Griego, Kevin		CASTRO VALLE	11.54	8
3	Iglehart, Jon		O'DOWD	11.55	6
4	Cheatham, Sam		SAN LEANDRO	11.74	4
5	McKnight, Vonshae		TENNYSON	11.78	2
6	McGuigan, Geno		CASTRO VALLE	11.88	1
7	Litrownik, Stefan		O'DOWD	11.89	
8	Lewis, Seth		ARROYO	12.32	

Frosh/Soph Girls 800 Meter Run

----- Preliminaries - Results - Tuesday 05/08/01 -----

10 Advance: Top 1 Each Heat Plus Next 8 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Choi, Min		CASTRO VALLE	2:47.30	1
2	Katich, Brooke		CASTRO VALLE	2:52.80	2
3	Zambrand, Helga		CASTRO VALLE	2:55.55	1
4	Curbo, Jessica		ARROYO	2:56.99	2
5	Maninga, Kim		SAN LEANDRO	2:57.15	2
6	Nelson, Jyniece		MT EDEN	2:57.63	2

HAAL Championship

Page 7

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS ALL ROUNDS

Frosh/Soph Girls 800 Meter Run (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

10 Advance: Top 1 Each Heat Plus Next 8 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
7	Toda, Alyssa		MOREAU	3:00.13	2
8	Huey-Ayer, Amanda		SAN LEANDRO	3:00.60	1
9	Bettinger, Samantha		CASTRO VALLE	3:02.93	1

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Katich, Brooke		CASTRO VALLE	2:42.08	10
2	Huey-Ayer, Amanda		SAN LEANDRO	2:43.08	8
3	Choi, Min		CASTRO VALLE	2:50.09	6
4	Zambrand, Helga		CASTRO VALLE	2:51.02	4
5	Curbo, Jessica		ARROYO	2:53.15	2
6	Nelson, Jyniece		MT EDEN	2:54.02	1
-	Maninga, Kim		SAN LEANDRO	NT	
-	Bettinger, Samantha		CASTRO VALLE	NT	

Frosh/Soph Boys 800 Meter Run

----- Preliminaries - Results - Tuesday 05/08/01 -----

10 Advance: Top 1 Each Heat Plus Next 8 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	D'Onofrio, Vince		O'DOWD	2:12.71	1
2	Garret, Blake		SAN LORENZO	2:13.56	2
3	Yano, John		CASTRO VALLE	2:13.34	1
4	Miller, Thamas		CASTRO VALLE	2:14.03	2
5	Preston, Philippe		O'DOWD	2:20.97	1
6	Elliott, Jeff		MOREAU	2:23.41	2
7	Marsh, Devon		O'DOWD	2:23.80	1
8	Boloatola, Brian		MT EDEN	2:23.85	1
9	Zamora, Marvin		CASTRO VALLE	2:26.89	2
10	Curiel, Ross		HAYWARD	2:28.81	1
11	Robinson, Kaelen		ARROYO	2:29.15	2
12	Lanese, Matt		MOREAU	2:29.86	1
13	Shintani, Kevin		CASTRO VALLE	2:34.42	1
14	Bickham, Thomas		SAN LORENZO	2:38.16	2
	Boxdell, Jason		SAN LORENZO	NT	2

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Garret, Blake		SAN LORENZO	2:11.82	1
2	D'Onofrio, Vince		O'DOWD	2:14.92	8
3	Miller, Thamas		CASTRO VALLE	2:16.94	6
4	Preston, Philippe		O'DOWD	2:17.52	4
5	Elliott, Jeff		MOREAU	2:19.81	2
6	Marsh, Devon		O'DOWD	2:19.85	1
7	Curiel, Ross		HAYWARD	2:23.16	
8	Yano, John		CASTRO VALLE	2:23.73	
9	Zamora, Marvin		CASTRO VALLE	2:26.56	

Varsity Girls 800 Meter Run

----- Preliminaries - Results - Tuesday 05/08/01 -----

10 Advance: Top 1 Each Heat Plus Next 8 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Evans, Zinzi		SAN LORENZO	2:27.37	1
2	MeDRANO, Amanda		CASTRO VALLE	2:28.74	2
3	Chadwick, Sarah		ARROYO	2:30.85	1
4	Merritt, Sarah		ARROYO	2:35.80	1
5	Marshall, Leah		O'DOWD	2:36.76	2
6	Britt, Tiana		CASTRO VALLE	2:37.15	1
7	Beesley, Kristen		SAN LEANDRO	2:45.27	2
8	Calder, Melissa		ARROYO	2:50.66	2
9	Boon-Nitoff, Kristen		CASTRO VALLE	2:50.78	1
10	Bishr, Mimi		MT EDEN	2:59.77	1
11	McIntyre, Carrie		HAYWARD	3:00.05	1
12	Deleon, Johanna		MOREAU	3:04.47	1
13	Sanchez, Melissa		MOREAU	3:07.75	2
14	Phan, Kathy		MT EDEN	3:08.77	2
15	Salazar, Claudia		SAN LEANDRO	3:16.03	1
16	Bishr, Muna		MT EDEN		
17	McDonald, Jennifer		MT EDEN	3:25.46	1

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	MeDRANO, Amanda		CASTRO VALLE	2:15.85	10
2	Evans, Zinzi		SAN LORENZO	2:27.50	8
3	Chadwick, Sarah		ARROYO	2:30.64	6
4	Merritt, Sarah		ARROYO	2:32.17	4
5	Marshall, Leah		O'DOWD	2:33.50	2
6	Britt, Tiana		CASTRO VALLE	2:39.38	1
7	Beesley, Kristen		SAN LEANDRO	2:46.88	
8	Calder, Melissa		ARROYO	2:47.52	
9	Bishr, Mimi		MT EDEN	3:01.83	

Varsity Boys 800 Meter Run

----- Preliminaries - Results - Tuesday 05/08/01 -----

10 Advance: Top 1 Each Heat Plus Next 8 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
1	Nosenko, Yuri		CASTRO VALLE	2:00.81	1
2	Holloway, Kevin		O'DOWD	2:03.88	2
3	Wong, Justin				
4	Sheard, Ruben		SAN LORENZO	2:04.54	1
5	Wallach, Tim		O'DOWD	2:04.96	2
6	Cannon, Ben		SAN LEANDRO	2:06.66	2
7	Gong, Aaron		SAN LEANDRO	2:07.66	1
8	Muiru, William		SAN LORENZO	2:08.90	2
9	Quan, Jason		SAN LEANDRO	2:09.06	2
10	Graham, Taylor		MOREAU	2:11.64	1
11	Fernsten, Nate		CASTRO VALLE	2:14.01	1

HAAL Championship

Page 1

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Varsity Boys 800 Meter Run (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

10 Advance: Top 1 Each Heat Plus Next 8 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
---	-----	---	-----	-----	---
12	Cardella, Brian		MOREAU	2:15.55	1
13	Sousa, Mike		O'DOWD	2:16.44	2
14	Feliciano, Carlos		MOREAU	2:22.75	2
	Collett, Brian		ARROYO	NT	1
	Lai, Tai		MT EDEN	NT	1
	Perez, Oscar		HAYWARD	NT	1

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
---	-----	---	-----	-----	---
1	Nosenko, Yuri		CASTRO VALLE	1:58.95	10
2	Wallach, Tim		O'DOWD	2:01.34	8
3	Holloway, Kevin		O'DOWD	2:01.70	6
4	Wong, Chris		CASTRO VALLE	2:02.40	4
5	Sheard, Ruben		SAN LORENZO	2:05.70	2
6	Gong, Aaron		SAN LEANDRO	2:05.96	1
7	Cannon, Ben		SAN LEANDRO	2:07.50	
8	Muiru, William		SAN LORENZO	2:10.04	
9	Graham, Taylor		MOREAU	2:10.77	
10	Quan, Jason		SAN LEANDRO	2:12.50	

Frosh/Soph Girls 300 Meter Low Hurdles

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 5 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
---	-----	---	-----	-----	---
1	Warren, Regina		CASTRO VALLE	52.90	1
2	Hughes, Tiffany		HAYWARD	53.00	2
3	McConnell, Schelley		HAYWARD	56.00	2
4	Robinson, Christine		CASTRO VALLE	58.80	1
5	Tirado, Roana		CASTRO VALLE	58.90	2
6	Lantz, Tami		ARROYO	1:00.00	1
7	Lacey, Danielle		CASTRO VALLE	1:03.20	2

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
---	-----	---	-----	-----	---
1	Warren, Regina		CASTRO VALLE	53.91	10
2	Hughes, Tiffany		HAYWARD	55.52	8
3	Tirado, Roana		CASTRO VALLE	57.82	6
4	Robinson, Christine		CASTRO VALLE	58.45	4
5	Lantz, Tami		ARROYO	1:02.55	2
6	Lacey, Danielle		CASTRO VALLE	1:07.96	1

Varsity Girls 300 Meter Low Hurdles

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 4 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
---	-----	---	-----	-----	---
1	Stewart, Kelly		CASTRO VALLE	47.60	1
2	Banouvong, Andrea		ARROYO	50.13	2
3	Hughes, Kristin		ARROYO	50.85	3
4	Rivas, Sheal		ARROYO	49.93	1
5	Dobel, Laura		CASTRO VALLE	52.26	3
6	Coppini, Catey		MOREAU		
7	Tekawa, Jessica		ARROYO	52.61	1
8	Knapp, Brittany		CASTRO VALLE	52.70	2
9	Brown, Cara		O'DOWD	53.44	2
10	Greene, Drew		O'DOWD	54.33	3
11	David, Carolyn		MOREAU	55.08	3
12	Wilson, Aureal		HAYWARD	55.91	3
13	Chow, Rida		CASTRO VALLE	56.58	3
14	Dizon, Andrea		HAYWARD	56.75	2
15	Pham, Julie		MOREAU	57.20	3
16	Babu, Neela		CASTRO VALLE	1:02.03	2
17	McDonald, Jennifer		MT EDEN	1:03.00	1

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
---	-----	---	-----	-----	---
1	Stewart, Kelly		CASTRO VALLE	48.97	10
2	Rivas, Sheal		ARROYO	50.38	8
3	Hughes, Kristin		ARROYO	50.71	6
4	Dobel, Laura		CASTRO VALLE	50.87	4
5	Banouvong, Andrea		ARROYO	50.90	2
6	Tekawa, Jessica		ARROYO	52.61	1
7	Coppini, Catey		MOREAU	53.66	

Frosh/Soph Boys 300 Meter Low Hurdles

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 5 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
---	-----	---	-----	-----	---
1	Kong, Chris		CASTRO VALLE	44.95	1
2	Homer, David		HAYWARD	45.45	2
3	Leng, James		CASTRO VALLE	46.00	1
4	Nelson, Fehlandt		ARROYO	46.00	2
5	Royal, Terron		SAN LORENZO	47.00	2
6	White, Brian		ARROYO	48.00	1
7	McDonald, David		MT EDEN	48.00	2
8	Barrow, Khari		HAYWARD	51.44	2
	Villanueva, Julian		HAYWARD	NT	1

HAAL Championship

Page 8

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Frosh/Soph Boys 300 Meter Int Hurdles

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
---	-----	---	-----	-----	---
1	Kong, Chris		CASTRO VALLE	43.51	10
2	Homer, David		HAYWARD	44.60	8
3	Leng, James		CASTRO VALLE	44.83	6
4	Royal, Terron		SAN LORENZO	47.64	4
5	White, Brian		ARROYO	48.05	2
6	McDonald, David		MT EDEN	50.88	1

Varsity Boys 300 Meter Int Hurdles

----- Preliminaries - Results - Tuesday 05/08/01 -----

8 Advance: Top 1 Each Heat Plus Next 6 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
---	-----	---	-----	-----	---
1	Kapper, Jeff		MOREAU	41.93	2
2	Pugh, Fred		SAN LORENZO	42.04	2
3	Parker, Ryan		CASTRO VALLE	42.33	1
4	Walker, Brandon		O'DOWD	43.48	2
5	Onyeagucha, Emeka		MT EDEN	43.77	1
6	Crane, Joey		CASTRO VALLE	44.16	2
7	Edwards, Justin		SAN LEANDRO	44.44	1
8	Desales, Quan		MT EDEN	46.46	1
9	Cadoo, Evan		SAN LEANDRO	47.30	2
10	Fonnesbeck, Ryan		CASTRO VALLE	47.52	2
11	Ochoa, Steven		TENNYSON	48.01	1
12	Lantz, Kris		ARROYO	51.42	1

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
---	-----	---	-----	-----	---
1	Parker, Ryan		CASTRO VALLE	41.32	10
2	Kapper, Jeff		MOREAU	41.44	8
3	Onyeagucha, Emeka		MT EDEN	42.42	6
4	Pugh, Fred		SAN LORENZO	43.07	4
5	Walker, Brandon		O'DOWD	43.15	2
6	Edwards, Justin		SAN LEANDRO	44.45	1
7	Crane, Joey		CASTRO VALLE	45.11	

Frosh/Soph Girls 200 Meter Dash

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 2 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
---	-----	---	-----	-----	---
1	Thomas, Tiffany		SAN LEANDRO	29.01	3
2	Hardy, Kara		SAN LORENZO	29.21	1
3	Abdur-Rahim, Sherina		SAN LEANDRO	29.37	4
4	Criner, Alicia		O'DOWD	29.51	5
5	Pagano, Simone		SAN LEANDRO	29.65	2
6	Hughes, Tiffany		HAYWARD	29.55	4

Frosh/Soph Girls 200 Meter Dash (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 2 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
---	-----	---	-----	-----	---
7	Rogan, Katy		MOREAU	29.58	3
8	Burris, Courtney		O'DOWD	29.87	2
9	Nicholas, Jenelle		SAN LEANDRO	29.88	2
9	Adams, Shalice		SAN LORENZO	29.88	1
11	Choi, Min		CASTRO VALLE	29.95	4
12	Bivings, Carissa		HAYWARD	30.11	3
13	Bryant, Monique		HAYWARD	30.24	1
14	Bandy, Tara		SAN LORENZO	30.28	2
15	Westling, Nicole		CASTRO VALLE	30.44	2
16	Davis, Tisha		CASTRO VALLE	30.45	5
17	Brathwaite, Sam		MOREAU	30.51	5
18	Evans, Lindsey		ARROYO	31.08	4
19	Haworth, Kate		CASTRO VALLE	31.15	1
20	Davini, Christina		MOREAU	31.25	3
21	Cabrera, Abby		MOREAU	31.44	1
22	Ronald, Jaclyn		MOREAU	31.75	4
23	Thompson, Angie		SAN LEANDRO	32.08	3
24	Johnson, Tyne		SAN LORENZO	33.77	5
-	Estrada, Darlene		MT EDEN	NT	4

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
---	-----	---	-----	-----	---
1	Abdur-Rahim, Sherina		SAN LEANDRO	28.76	10
2	Hardy, Kara		SAN LORENZO	29.40	8
3	Criner, Alicia		O'DOWD	29.66	6
4	Rogan, Katy		MOREAU	29.68	4
5	Hughes, Tiffany		HAYWARD	29.70	2
6	Pagano, Simone		SAN LEANDRO	29.76	1

Frosh/Soph Boys 200 Meter Dash

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 2 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
---	-----	---	-----	-----	---
1	Walker, Zach		O'DOWD	24.50	5
2	Green, Dave		O'DOWD	24.79	2
3	Davini, Dan		MOREAU	24.85	4
4	Stohr, Ryan		CASTRO VALLE	25.35	1
5	Arnold, Tommy		O'DOWD	25.40	3
6	Wirgler, Matt		ARROYO	24.91	4
7	Lucchese, Dominic		SAN LEANDRO	25.10	5
8	Jones, Rance		CASTRO VALLE	25.21	5
9	Bicham, Clayton		HAYWARD	25.30	5
10	Anderson, Eugene		SAN LEANDRO	25.60	2
11	Briggs, Jon		O'DOWD	25.86	3
12	Allen, Ted		ARROYO	25.88	4
13	Lee, Michael		MOREAU	25.95	2

HAAL Championship

Page 1

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Frosh/Soph Boys 200 Meter Dash (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 2 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
---	-----	---	-----	-----	---
14	Glover, Drew		O'DOWD	26.26	4
15	Dominguez, Michael		HAYWARD	26.36	2
16	Williams, Cory		SAN LORENZO	26.38	1
17	Stepney, Richard		TENNYSON	26.57	3
18	Valasquez, Luis		SAN LORENZO	26.59	1
19	Kendrick, Ian		HAYWARD	26.60	3
20	Luu, Jackie		ARROYO	26.70	1
21	Carmone, Bryan		MOREAU	26.91	5
22	Chu, Jonathan		CASTRO VALLE	27.11	5
-	Onyeaguche, Ugo		MT EDEN	DQ	1

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
---	-----	---	-----	-----	---
1	Walker, Zach		O'DOWD	24.67	10
2	Davini, Dan		MOREAU	24.94	8
3	Green, Dave		O'DOWD	24.97	6
4	Stohr, Ryan		CASTRO VALLE	25.00	4
5	Wirgler, Matt		ARROYO	25.04	2
6	Arnold, Tommy		O'DOWD	25.07	1
7	Lucchesi, Dominic		SAN LEANDRO	25.10	

Varsity Girls 200 Meter Dash

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 2 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
---	-----	---	-----	-----	---
1	Greene, Monica		O'DOWD	26.14	1
2	Tucker, Christen		O'DOWD	26.59	4
3	Schaffner, Rachel		MOREAU	27.37	2
4	Long, Makiaha		TENNYSON	27.91	5
5	Smith, Angelique		MT EDEN	27.98	3
6	Smith, Ryana		HAYWARD	27.42	2
7	Chandler, Chelsea		CASTRO VALLE	27.64	4
8	Williams, Estelle		MOREAU	27.97	1
9	Goodspeed, Marshay		CASTRO VALLE	28.38	3
10	Smith, Rasheeda		SAN LORENZO	28.58	2
11	Shipman, Shalaya		O'DOWD	28.61	1
12	Morn, Aleta		ARROYO	28.62	1
13	Rogan, Ann		MOREAU	28.68	2
14	Grangoff, Theresa		ARROYO	28.91	4
15	Ermy, Nicole		O'DOWD	30.00	2
16	Hendrix, Kaycee		MT EDEN	30.51	3
17	Cole, Tara		O'DOWD	30.66	4
18	Longsmith, Alex		O'DOWD	30.71	5
19	Bishr, Muna		MT EDEN	31.61	5
20	Bishr, Mimi		MT EDEN	31.74	5
21	Wallace, Deane		ARROYO	33.05	5

Varsity Girls 200 Meter Dash (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 2 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
---	-----	---	-----	-----	---
-	Statts, Sandy		SAN LEANDRO	NT	2
-	George, Melina		MT EDEN	NT	4
-	Smith, Tasheeda		SAN LORENZO	NT	1
-	McCoy, Nicole		HAYWARD	NT	5
-	Joyce, Lee		CASTRO VALLE	NT	4
-	Ronald, Jaclyn		MOREAU	NT	3
-	Morgan, Nicole		MOREAU	NT	3
-	Morris, Denein		HAYWARD	NT	3

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
---	-----	---	-----	-----	---
1	Greene, Monica		O'DOWD	25.90	10
2	Long, Makiaha		TENNYSON	26.80	8
3	Smith, Angelique		MT EDEN	27.00	6
4	Chandler, Chelsea		CASTRO VALLE	27.40	4
5	Smith, Ryana		HAYWARD	27.40	2
6	Schaffner, Rachel		MOREAU	27.50	1

Varsity Boys 200 Meter Dash

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 2 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
---	-----	---	-----	-----	---
1	Iglehart, Jon		O'DOWD	23.15	1
2	McGuigan, Geno		CASTRO VALLE	23.16	4
3	Smart, Brandon		O'DOWD	23.37	5
3	Griego, Kevin		CASTRO VALLE	23.37	2
5	Brand, James		O'DOWD	23.47	4
6	Nicholas, Royce		SAN LEANDRO	23.62	4
7	McKnight, Vonshae		TENNYSON	23.68	1
7	Soils, Nester		SAN LORENZO	23.68	1
9	Cheatham, Sam		SAN LEANDRO	23.77	3
10	Harris, Marquette		SAN LEANDRO	24.10	1
11	Flaaten, John		MOREAU	24.18	3
12	Silas, Tommie		MT EDEN	24.24	2
13	Zamora, Eric		CASTRO VALLE	24.38	1
14	Browne, Chris		MOREAU	24.78	1
15	Ghiselli, Sean		HAYWARD	24.82	1
16	Briggs, Scott		O'DOWD	24.88	3
17	Vargas, Manny		MOREAU	24.96	2
18	Apodaca, Joe		CASTRO VALLE	25.00	2
19	Chan, Everett		CASTRO VALLE	25.48	5
20	Johnson, Vernon		O'DOWD	25.52	3
21	Irons, Brandon		ARROYO	25.74	3
22	Robinson, Thomas		HAYWARD	26.51	5
23	Pangilinan, Noel		MOREAU	27.08	4
24	Drain, Tim		ARROYO	27.33	5

RAAL Championship

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Varsity Boys 200 Meter Dash (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

7 Advance: Top 1 Each Heat Plus Next 2 Best Times

PL	ATHLETE NAME	AGE	SCHOOL	TIME	HT
25	Butler, Lance		SAN LEANDRO	27.42	2
26	Duran, Nick		ARROYO	27.64	2
	Harris, Jarad		O'DOWD	NT	1
	Harris, Jared		O'DOWD	NT	2
	Levy, Rob		MOREAU	NT	4
	Udofia, Uwana		HAYWARD	NT	5
	Boxdell, Dereck		SAN LORENZO	NT	4
	Bullock, Keith		SAN LEANDRO	NT	5
	Shirani, Aram		CASTRO VALLE	NT	3

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Griego, Kevin		CASTRO VALLE	22.85	10
2	Iglehart, Jon		O'DOWD	23.08	8
3	McGuigan, Geno		CASTRO VALLE	23.12	6
4	Smart, Brandon		O'DOWD	23.22	4
5	Brand, James		O'DOWD	23.38	2
6	Solis, Nester		SAN LORENZO	23.69	1
7	Nicholas, Royce		SAN LEANDRO	23.78	

Frosh/Soph Girls 3,200 Meter Run

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Wheeler, Kristin		O'DOWD	13:15.00	10
2	Williams, Emma		O'DOWD	13:33.00	8
3	Vonnegut, Lauren		ARROYO	13:41.00	6
4	Suey, Samantha		CASTRO VALLE	14:02.00	4
5	Tikotsky, Chelsea		ARROYO	14:12.00	2
6	Teel, Stephanie		CASTRO VALLE	14:30.00	1
7	Clawson, Shannon		O'DOWD	15:01.00	
8	Evans, Rebecca		SAN LEANDRO	15:05.00	
9	Zambrand, Helga		CASTRO VALLE	15:18.00	
10	Fong, Erin		CASTRO VALLE	15:45.00	
11	Atwood, Amanda		O'DOWD	16:02.00	
12	Boyle, Siobhan		O'DOWD	18:15.00	

Frosh/Soph Boys 3,200 Meter Run

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Sigmon, Nick		SAN LEANDRO	10:53.00	10
2	Caselli, Matt		O'DOWD	11:00.00	8
3	Wong, Chris		O'DOWD	11:00.00	6
4	Munguia, Alex		SAN LEANDRO	11:04.00	4
5	Yano, John		CASTRO VALLE	11:13.00	2

Frosh/Soph Boys 3,200 Meter Run (Continued)

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
6	Panzar, Luis		O'DOWD	11:24.00	1
7	Greenlaw, Leonard		TENNYSON	11:28.00	
8	McDonald, David		MT EDEN	11:46.00	
9	Curiel, Ross		HAYWARD	11:52.00	
10	Ribiera, Jeff		CASTRO VALLE	11:54.00	
11	Elliott, Jeff		MOREAU	12:26.00	
12	Zamora, Marvin		CASTRO VALLE	12:30.00	
13	Ribiera, Jason		CASTRO VALLE	12:50.00	
14	Miller, Thomas		CASTRO VALLE	12:50.00	
15	Shintani, Kevin		CASTRO VALLE	12:56.00	

Varsity Girls 3,200 Meter Run

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Purcell, Anna		O'DOWD	12:09.08	10
2	Phillips, Beth		SAN LEANDRO	12:12.36	8
3	Stewart, Courtney		CASTRO VALLE	12:30.33	6
4	Atwood, Emily		SAN LEANDRO	13:04.53	4
5	Powell, Emily		O'DOWD	13:09.38	2
6	Boon-Nitoff, Kristen		CASTRO VALLE	13:13.29	1
7	Alter, Shannon		CASTRO VALLE	13:19.76	
8	Coppini, Maggie		MOREAU	13:21.94	
9	Barale, Kelsey		O'DOWD	13:38.05	
10	Dodge, Suzy		CASTRO VALLE	14:13.64	
11	Rockett, Kara		O'DOWD	14:18.97	
12	Chen, Claire		O'DOWD	14:44.84	
13	McDonald, Jennifer		MT EDEN	15:53.10	
14	Richardson, Sarah		HAYWARD	15:56.55	
15	Singh, Diana		HAYWARD	19:21.62	
	Manos, Stephanie		CASTRO VALLE		DNF

Varsity Boys 3,200 Meter Run

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
1	Leal, Yong-Sung		ARROYO	9:32.50	10
2	Yosief, Efeson		SAN LEANDRO	9:53.46	8
3	Hancock, John		O'DOWD	10:00.38	6
4	Sigmon, Luke		SAN LEANDRO	10:31.65	4
5	Cardiasmenos, Alex		CASTRO VALLE	10:51.52	2
6	Quillen, Chris		SAN LEANDRO	10:56.50	1
7	Carballo, Brandon		MOREAU	11:05.86	
8	Welte, Zane		CASTRO VALLE	11:06.46	
9	Capps, Justin		ARROYO	11:10.24	
10	Fernsten, Nate		CASTRO VALLE	11:25.61	

HAAL Championship

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Varsity Boys 3,200 Meter Run (Continued)

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	TIME	PTS
11	Hurtado, Saul		HAYWARD	13:04.76	
12	Lai, Tai		MT EDEN	13:12.90	
13	Zhoglo, Oleg		CASTRO VALLE	16:29.88	

Frosh/Soph Girls 4x100 Meter Relay

----- Finals - Results - Tuesday 05/08/01 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
1	SL	SAN LEANDRO HIGH	54.01	10
2	HAY	HAYWARD HIGH	54.45	8
3	BOD	BISHOP O'DOWD HIGH	55.75	6
4	CV	CASTRO VALLEY HIGH	55.88	4
5	SLZ	SAN LORENZO HIGH	56.11	2
6	MC	MOREAU CATHOLIC HIGH	56.48	1

Frosh/Soph Boys 4x100 Meter Relay

----- Finals - Results - Tuesday 05/08/01 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
1	BOD	BISHOP O'DOWD HIGH	46.36	10
2	HAY	HAYWARD HIGH	47.06	8
3	MC	MOREAU CATHOLIC HIGH	48.12	6
4	CV	CASTRO VALLEY HIGH	48.23	4
5	ARR	ARROYO HIGH	49.16	2
-	SLZ	SAN LORENZO HIGH	DQ	

Varsity Girls 4x100 Meter Relay

----- Finals - Results - Tuesday 05/08/01 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
1	BOD	BISHOP O'DOWD HIGH	50.08	10
2	ARR	ARROYO HIGH	51.88	8
3	MC	MOREAU CATHOLIC HIGH	51.89	6
4	CV	CASTRO VALLEY HIGH	51.90	4
5	HAY	HAYWARD HIGH	53.16	2

Varsity Boys 4x100 Meter Relay

----- Finals - Results - Tuesday 05/08/01 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
1	BOD	BISHOP O'DOWD HIGH	43.67	10
2	SL	SAN LEANDRO HIGH	45.27	8
3	MC	MOREAU CATHOLIC HIGH	45.28	6
4	HAY	HAYWARD HIGH	46.71	4

Varsity Boys 4x100 Meter Relay (Continued)

----- Finals - Results - Tuesday 05/08/01 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
5	SLZ	SAN LORENZO HIGH	47.71	2
-	CV	CASTRO VALLEY HIGH	DQ	

Frosh/Soph Girls 4x400 Meter Relay

----- Finals - Results - Tuesday 05/08/01 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
2	SL	SAN LEANDRO HIGH	4:33.80	10
3	HAY	HAYWARD HIGH	4:43.61	8
1	CV	CASTRO VALLEY HIGH	4:52.15	6
4	SLZ	SAN LORENZO HIGH	4:54.60	4
5	BOD	BISHOP O'DOWD HIGH	4:58.57	2

Frosh/Soph Boys 4x400 Meter Relay

----- Finals - Results - Tuesday 05/08/01 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
1	BOD	BISHOP O'DOWD HIGH	3:50.50	10
2	CV	CASTRO VALLEY HIGH	3:53.10	8
3	SLZ	SAN LORENZO HIGH	3:59.10	6
4	HAY	HAYWARD HIGH	4:01.90	4
5	ARR	ARROYO HIGH	4:02.40	2
6	MC	MOREAU CATHOLIC HIGH	4:14.33	1

Varsity Girls 4x400 Meter Relay

----- Finals - Results - Tuesday 05/08/01 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
1	CV	CASTRO VALLEY HIGH	4:10.70	10
2	SLZ	SAN LORENZO HIGH	4:11.80	8
3	ARR	ARROYO HIGH	4:20.00	6
4	BOD	BISHOP O'DOWD HIGH	4:23.50	4
5	HAY	HAYWARD HIGH	4:49.19	2
6	MC	MOREAU CATHOLIC HIGH	5:10.10	1

Varsity Boys 4x400 Meter Relay

----- Finals - Results - Tuesday 05/08/01 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
1	BOD	BISHOP O'DOWD HIGH	3:30.60	10
2	SL	SAN LEANDRO HIGH	3:32.00	8
3	SLZ	SAN LORENZO HIGH	3:32.40	6
4	CV	CASTRO VALLEY HIGH	3:32.80	4
5	MC	MOREAU CATHOLIC HIGH	3:43.00	2

RAAL Championship

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Frosh/Soph Girls Shot Put

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	Corbin, Ashlee		SAN LORENZO	28'08.00"
2	Nation, Ashley		O'DOWD	27'04.00"
3	Dalisay, Michelle		ARROYO	27'00.50"
4	Bianca, Belarra		MOREAU	25'10.00"
5	Goodson, Sarah		HAYWARD	25'09.00"
6	Ticas, Ana		ARROYO	25'02.50"
7	Davis, Keenya		HAYWARD	24'05.00"
8	Simpson, Stephanie		CASTRO VALLE	23'11.00"
9	Cardiasmenos, Erin		CASTRO VALLE	23'07.00"
10	Passadore, Jessica		CASTRO VALLE	23'05.00"
11	Ramirez, Jenna		SAN LEANDRO	23'00.00"
12	Silva, Lindsey		CASTRO VALLE	22'06.00"
13	Baker, Tia		TENNYSON	22'00.00"
14	Ingram, Sparkle		SAN LORENZO	20'08.00"
15	Heaberlin, Ashley		HAYWARD	19'02.00"
16	Gordeychyev, Dasha		CASTRO VALLE	18'06.00"

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Corbin, Ashlee		SAN LORENZO	28'08.00"	10
2	Nation, Ashley		O'DOWD	27'05.50"	8
3	Dalisay, Michelle		ARROYO	27'00.50"	6
4	Bianca, Belarra		MOREAU	25'10.00"	4
5	Goodson, Sarah		HAYWARD	25'09.00"	2
6	Davis, Keenya		HAYWARD	25'09.00"	1
7	Ticas, Ana		ARROYO	25'02.50"	
8	Cardiasmenos, Erin		CASTRO VALLE	24'00.50"	
9	Simpson, Stephanie		CASTRO VALLE	23'11.00"	

Frosh/Soph Boys Shot Put

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	Mbakogu, Phillip		HAYWARD	46'06.00"
2	Black, Jon		O'DOWD	45'00.00"
3	Rowe, Pierce		O'DOWD	44'11.00"
4	Pelcher, Jesse		MOREAU	42'02.00"
5	Vind, John		SAN LORENZO	40'10.00"
6	Singh, Ajeet		ARROYO	39'10.00"
7	Mulitalo, Chris		ARROYO	38'10.00"
8	Smallberg, Eric		O'DOWD	38'09.50"
9	Rochon, Loren		MOREAU	38'04.00"
10	Briggs, John		ARROYO	37'10.00"
11	Krieger, Robert		SAN LEANDRO	37'03.50"
12	Wuourenmaa, Jeff		HAYWARD	36'08.00"
13	Fabrigas, Josh		MOREAU	35'11.00"
14	Ramos, Salvador		TENNYSON	35'10.00"

Frosh/Soph Boys Shot Put (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
15	Hurts, Chris		SAN LEANDRO	35'09.00"
16	Robbins, David		SAN LEANDRO	35'08.00"
17	Hunter, Adrienne		O'DOWD	35'07.50"
18	Vonnegut, Adam		MOREAU	35'05.50"
19	Degaras, Jared		O'DOWD	35'04.00"
20	Tolentino, Emmanuel		CASTRO VALLE	35'01.00"
21	McKinney, Steven		ARROYO	34'08.00"
22	Rico, Manuel		HAYWARD	32'07.50"
23	Ahmad, Wali		HAYWARD	31'09.00"
24	Greene, Jason		SAN LEANDRO	30'11.50"
25	WU, Vincent		CASTRO VALLE	30'07.50"
26	Newell, Kris		MOREAU	29'10.50"
27	Chui, Walter		CASTRO VALLE	29'07.00"
28	Watson, Charles		O'DOWD	28'10.00"
29	Phan, Thang		TENNYSON	28'08.00"
30	Rivera, Mike		SAN LEANDRO	28'06.00"
31	Lilland, Huston		SAN LORENZO	28'03.00"
32	Carnice, Hans		MOREAU	28'01.00"
33	Olsen, John		CASTRO VALLE	26'10.00"

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Mbakogu, Phillip		HAYWARD	46'06.00"	10
2	Black, Jon		O'DOWD	45'00.00"	8
3	Rowe, Pierce		O'DOWD	44'11.00"	6
4	Pelcher, Jesse		MOREAU	42'02.00"	4
5	Vind, John		SAN LORENZO	40'10.00"	2
6	Singh, Ajeet		ARROYO	39'10.00"	1
7	Mulitalo, Chris		ARROYO	38'10.00"	
8	Smallberg, Eric		O'DOWD	38'09.50"	
9	Rochon, Loren		MOREAU	38'04.00"	

Varsity Girls Shot Put

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	Tu'Itavuki, Lani		SAN LEANDRO	34'07.00"
2	Masaula, Lisa		O'DOWD	33'03.00"
3	Davis, Taneya		O'DOWD	31'09.00"
3	Perreira, Jessica		ARROYO	31'09.00"
5	McGilligan, Leslie		O'DOWD	31'02.50"
6	Criner, Allyson		O'DOWD	30'08.00"
7	Aggetta, Alisha		ARROYO	30'03.00"
8	Shaw, Megan		CASTRO VALLE	29'09.00"
9	Emeh, EJ		O'DOWD	29'02.50"
10	Slocum, Laura		MOREAU	28'11.00"
11	Morgan, Laneice		HAYWARD	27'07.00"
12	Ballelos, Janet		MOREAU	27'07.00"

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Varsity Girls Shot Put (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
13	Linney, Melanie		CASTRO VALLE	27'00.00"
14	Williams, Tanellya		HAYWARD	26'01.00"
15	Howe, Natalie		CASTRO VALLE	24'09.00"
16	Bishr, Mimi		MT EDEN	24'06.00"
17	Bishr, Muna		MT EDEN	22'09.00"
18	Clancy, Heather		CASTRO VALLE	21'03.00"
19	Ensminger, Bethany		MOREAU	21'01.00"
20	Perez, Rosa		ARROYO	20'08.50"

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Tu'itavuki, Lani		SAN LEANDRO	34'07.00"	10
2	Masaula, Lisa		O'DOWD	33'03.00"	8
3	Davis, Taneya		O'DOWD	32'02.50"	6
4	Perreira, Jessica		ARROYO	31'10.50"	4
5	McGilligan, Leslie		O'DOWD	31'02.50"	2
6	Criner, Allyson		O'DOWD	30'08.00"	1
7	Emeh, EJ		O'DOWD	30'07.00"	
8	Aggetta, Alisha		ARROYO	30'06.00"	
9	Shaw, Megan		CASTRO VALLE	29'09.00"	

Varsity Boys Shot Put

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	Moon, Brian		O'DOWD	54'05.50"
2	Myers, Jason		O'DOWD	47'01.00"
3	Manning, Chris		CASTRO VALLE	46'08.00"
4	Townsend, Joel		O'DOWD	45'04.00"
5	Carrion, Xavier		CASTRO VALLE	42'09.50"
6	Pulu, Jerome		HAYWARD	42'04.00"
7	Okeith, Kenny		CASTRO VALLE	41'10.00"
7	Murphy, Melvin		SAN LORENZO	41'10.00"
9	Owen, Neil		CASTRO VALLE	41'01.50"
10	Canio, Myron		MOREAU	40'04.00"
11	Amoski, Mike		SAN LEANDRO	39'08.00"
12	Jaekai, Isaac		MT EDEN	39'07.50"
13	Inguanzo, Julio		TENNYSON	39'03.00"
14	Hagebusch, Brian		ARROYO	37'01.00"
15	Amoski, Josh		SAN LEANDRO	36'03.50"
16	Arevalo, Erik		TENNYSON	36'03.00"
17	Rinker, Brad		CASTRO VALLE	36'00.00"
18	Traylor, Chris		CASTRO VALLE	35'09.00"
18	McGuiver, Kelvin		O'DOWD	35'09.00"
20	YU, Darryl		HAYWARD	35'01.50"
21	Tulasosopo, JB		MT EDEN	34'09.50"
22	Walker, Marc		ARROYO	33'10.50"
23	Jackson, Josh		SAN LEANDRO	33'09.00"

Varsity Boys Shot Put (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
24	Jones, Brian		MOREAU	33'06.50"
25	Flores, Jorge		SAN LORENZO	33'06.00"
26	Urbina, Albert		SAN LEANDRO	33'04.50"
27	Trinidad, Jeff		MOREAU	31'05.00"
28	Price, Nate		SAN LEANDRO	30'00.50"
29	Doane, Michael		MOREAU	29'08.00"
30	Dorry, Ryan		ARROYO	29'04.00"
31	Bieschke, Chris		ARROYO	26'10.00"
32	Burg, Murry		TENNYSON	25'10.00"

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Moon, Brian		O'DOWD	54'05.50"	10
2	Myers, Jason		O'DOWD	47'01.00"	8
3	Manning, Chris		CASTRO VALLE	46'08.00"	6
4	Townsend, Joel		O'DOWD	45'04.00"	4
5	Carrion, Xavier		CASTRO VALLE	42'09.50"	2
6	Pulu, Jerome		HAYWARD	42'04.00"	1
7	Okeith, Kenny		CASTRO VALLE	41'10.00"	
8	Murphy, Melvin		SAN LORENZO	41'10.00"	
9	Owen, Neil		CASTRO VALLE	41'01.50"	

Frosh/Soph Girls Discus Throw

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	Passadore, Jessica		CASTRO VALLE	79'10.00"
2	Corbin, Ashlee		SAN LORENZO	79'08.00"
3	Jupp, Christina		ARROYO	79'02.00"
4	Nation, Ashley		O'DOWD	75'05.50"
5	Cardiasmenos, Erin		CASTRO VALLE	71'01.00"
6	Goodson, Sarah		HAYWARD	70'08.00"
7	Baker, Tia		TENNYSON	67'01.50"
8	Silva, Lindsey		CASTRO VALLE	66'04.50"
9	Bianca, Belarra		MOREAU	66'00.50"
10	Simpson, Stephanie		CASTRO VALLE	60'05.00"
11	Dalisy, Michelle		ARROYO	59'04.50"
12	Ticas, Ana		ARROYO	56'07.00"
13	Davis, Keenya		HAYWARD	55'00.50"
14	Ingram, Sparkle		SAN LORENZO	50'01.00"
15	Ramirez, Jenna		SAN LEANDRO	49'02.50"
16	Gordeychev, Dasha		CASTRO VALLE	46'09.00"
17	Heaberlin, Ashley		HAYWARD	34'06.00"

HAAL Championship

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Frosh/Soph Girls Discus Throw

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Passadore, Jessica		CASTRO VALLE	79'10.00"	10
2	Corbin, Ashlee		SAN LORENZO	79'08.00"	8
3	Jupp, Christina		ARROYO	79'02.00"	6
4	Nation, Ashley		O'DOWD	75'05.00"	4
5	Cardiasmenos, Erin		CASTRO VALLE	71'01.00"	2
6	Goodson, Sarah		HAYWARD	70'08.00"	1
7	Baker, Tia		TENNYSON	67'01.00"	
8	Silva, Lindsey		CASTRO VALLE	66'04.00"	
9	Bianca, Belarra		MOREAU	66'00.00"	

Frosh/Soph Boys Discus Throw

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Mbakogu, Phillip		HAYWARD	125'02.00"	10
2	Rowe, Pierce		O'DOWD	120'11.00"	8
3	Pelcher, Jesse		MOREAU	120'00.00"	6
4	Jegaraj, Jared		O'DOWD	107'00.00"	4
5	Robbins, David		SAN LEANDRO	103'01.00"	2
6	Rant, Danny		O'DOWD	98'00.50"	1
7	Ramos, Salvador		TENNYSON	97'11.00"	
8	McKinney, Steven		ARROYO	97'09.00"	
9	Fabrigas, Josh		MOREAU	95'10.00"	

Frosh/Soph Boys Discus Throw

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	Mbakogu, Phillip		HAYWARD	125'02.00"
2	Rowe, Pierce		O'DOWD	120'11.00"
3	Pelcher, Jesse		MOREAU	120'00.00"
4	Jegaraj, Jared		O'DOWD	107'00.00"
5	Robbins, David		SAN LEANDRO	103'01.00"
6	Rant, Danny		O'DOWD	98'00.50"
7	Ramos, Salvador		TENNYSON	97'11.00"
8	McKinney, Steven		ARROYO	97'09.00"
9	Fabrigas, Josh		MOREAU	95'10.00"
10	Sayer, Theo		O'DOWD	94'05.00"
11	Hurts, Chris		SAN LEANDRO	93'08.00"
12	Newell, Kris		MOREAU	92'07.00"
13	Krieger, Robert		SAN LEANDRO	85'10.00"
14	Phan, Thang		TENNYSON	85'10.00"
15	Briggs, John		ARROYO	80'08.00"
16	Mulitalo, Chris		ARROYO	80'00.00"
17	Tolentino, Emmanuel		CASTRO VALLE	79'06.00"
18	Rochon, Loren		MOREAU	75'08.00"
19	Rutter, Ben		O'DOWD	75'05.00"
20	Singh, Ajeet		ARROYO	74'03.00"
21	Wuourenmaa, Jeff		HAYWARD	72'08.00"
22	Greene, Jason		SAN LEANDRO	72'04.50"
23	Olsen, John		CASTRO VALLE	71'06.00"
24	Chui, Walter		CASTRO VALLE	68'04.50"
25	WU, Vincent		CASTRO VALLE	67'02.50"
26	Carnice, Hans		MOREAU	66'11.00"
27	Rivera, Mike		SAN LEANDRO	65'09.00"
28	Salazar, Sam		O'DOWD	63'01.00"
29	Rico, Manuel		HAYWARD	53'05.50"

Varsity Girls Discus Throw

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	Criner, Allyson		O'DOWD	132'08.00"
2	Tu'itavuki, Lani		SAN LEANDRO	123'09.00"
3	Davis, Taneya		O'DOWD	113'01.00"
4	Ballelos, Janet		MOREAU	95'04.50"
5	Emeh, EJ		O'DOWD	95'00.00"
6	Slocum, Laura		MOREAU	90'07.00"
7	Vonnegut, Amy		MOREAU	87'10.00"
8	Masaula, Lisa		O'DOWD	86'00.50"
9	Shaw, Megan		CASTRO VALLE	84'00.00"
10	Perreira, Jessica		ARROYO	81'04.50"
11	Emeh, EJ		O'DOWD	95'00.00"
12	Aggetta, Alisha		ARROYO	69'03.50"
13	Bishr, Mimi		MT EDEN	65'08.50"
14	Perez, Rosa		ARROYO	65'00.00"
15	Morgan, Laneice		HAYWARD	64'10.50"
16	Howe, Natalie		CASTRO VALLE	62'09.50"
17	Clancy, Heather		CASTRO VALLE	56'09.00"
18	Ensminger, Bethany		MOREAU	55'03.50"
19	Williams, Tanellya		HAYWARD	53'07.00"
20	Bishr, Muna		MT EDEN	52'02.00"

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Criner, Allyson		O'DOWD	132'08.00"	10
2	Tu'itavuki, Lani		SAN LEANDRO	123'09.00"	8
3	Davis, Taneya		O'DOWD	113'01.00"	6
4	Slocum, Laura		MOREAU	97'00.00"	4
5	Ballelos, Janet		MOREAU	95'04.00"	2
6	Emeh, EJ		O'DOWD	95'00.00"	1
7	Vonnegut, Amy		MOREAU	87'10.00"	
8	Masaula, Lisa		O'DOWD	86'00.00"	
9	Shaw, Megan		CASTRO VALLE	84'00.00"	

AAAL Championship

Castro Valley High School Tuesday, May 8, 2001 10:00 AM

COMPLETE RESULTS - ALL ROUNDS

Varsity Boys Discus Throw

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	Manning, Chris		CASTRO VALLE	156'02.50"
2	Moon, Brian		O'DOWD	153'07.50"
3	Myers, Jason		O'DOWD	142'08.00"
4	Pulu, Jerome		HAYWARD	118'00.00"
5	Inguanzo, Julio		TENNYSON	112'06.50"
6	Urbina, Albert		SAN LEANDRO	111'08.50"
7	Owen, Neil		CASTRO VALLE	110'06.00"
8	Amoski, Mike		SAN LEANDRO	106'07.00"
9	Murphy, Melvin		SAN LORENZO	105'08.00"
10	Amoski, Josh		SAN LEANDRO	105'07.50"
11	Arevalo, Erik		TENNYSON	102'04.00"
12	Jaekai, Isaac		MT EDEN	101'09.00"
13	Dorrry, Ryan		ARROYO	101'01.50"
14	Jackson, Josh		SAN LEANDRO	99'06.50"
15	Canio, Myron		MOREAU	99'02.50"
16	Flores, Jorge		SAN LORENZO	92'10.50"
17	Riess, Vince		CASTRO VALLE	90'02.50"
18	Price, Nate		SAN LEANDRO	89'07.00"
19	Sawyer-Long, Josh		CASTRO VALLE	89'05.00"
20	Walker, Marc		ARROYO	88'11.00"
21	Trinidad, Jeff		MOREAU	84'08.00"
22	Becker, Alex		CASTRO VALLE	84'06.00"
23	Traylor, Chris		CASTRO VALLE	84'00.00"
24	Asifi, Amad		HAYWARD	83'06.00"
25	Hagebusch, Brian		ARROYO	81'09.00"
26	YU, Darryl		HAYWARD	80'11.50"
27	Doane, Michael		MOREAU	78'06.50"
28	Jones, Brian		MOREAU	72'11.50"
29	Bieschke, Chris		ARROYO	68'11.00"
30	Burg, Murry		TENNYSON	67'03.50"
	Cadoo, Evan		SAN LEANDRO	FOUL

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Manning, Chris		CASTRO VALLE	159'00.00"	10
2	Moon, Brian		O'DOWD	156'11.00"	8
3	Myers, Jason		O'DOWD	142'08.00"	6
4	Pulu, Jerome		HAYWARD	118'00.00"	4
5	Inguanzo, Julio		TENNYSON	112'06.50"	2
6	Urbina, Albert		SAN LEANDRO	111'08.50"	1
7	Owen, Neil		CASTRO VALLE	111'08.00"	
8	Murphy, Melvin		SAN LORENZO	110'10.00"	
9	Amoski, Mike		SAN LEANDRO	106'07.00"	
10	Amoski, Josh		SAN LEANDRO	105'07.50"	

Frosh/Soph Girls Long Jump

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	White, Jessie		CASTRO VALLE	13'11.00"
2	Pagano, Simone		SAN LEANDRO	13'08.50"
3	KO, Maria		ARROYO	13'08.00"
4	Hardy, Devina		HAYWARD	13'05.00"
5	Alvidera, Roze		MOREAU	12'11.00"
6	Linda, Dana		CASTRO VALLE	12'10.50"
7	Patajo, Laura		MOREAU	12'08.50"
8	Ligh, Alycia		CASTRO VALLE	12'04.50"
9	Thompson, Angie		SAN LEANDRO	12'03.00"
10	Nelson, Jyniece		MT EDEN	11'10.50"
11	Zhu, Stephanie		MOREAU	11'06.50"
12	McKnight, Monyette		TENNYSON	11'02.00"
13	Hallett, Lisa		ARROYO	10'08.50"
14	Vierra, Jenny		CASTRO VALLE	10'06.50"
15	Ignatchaux, Victoria		CASTRO VALLE	9'11.00"
16	Gutierrez, Erica		CASTRO VALLE	9'01.00"

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	White, Jessie		CASTRO VALLE	13'11.00"	10
2	Pagano, Simone		SAN LEANDRO	13'08.50"	8
3	KO, Maria		ARROYO	13'08.00"	6
4	Hardy, Devina		HAYWARD	13'05.00"	4
5	Alvidera, Roze		MOREAU	13'02.75"	2
6	Thompson, Angie		SAN LEANDRO	13'02.00"	1
7	Linda, Dana		CASTRO VALLE	13'01.50"	
8	Patajo, Laura		MOREAU	12'08.50"	
9	Ligh, Alycia		CASTRO VALLE	12'04.50"	

Frosh/Soph Boys Long Jump

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	Erber, Chris		TENNYSON	20'00.50"
2	Brown, Lamar		HAYWARD	19'02.50"
3	Anderson, Eugene		SAN LEANDRO	18'01.50"
4	Kauiman, Kerryscott		CASTRO VALLE	17'11.00"
5	Faeteete, Junior		SAN LEANDRO	17'05.50"
6	Houlihan, Sean		MOREAU	17'02.50"
7	Kong, Chris		CASTRO VALLE	16'08.50"
7	Boloatola, Brian		MT EDEN	16'08.50"
9	Onyeaguche, Ugo		MT EDEN	16'06.50"
10	Cannon, Michael		SAN LORENZO	15'05.50"
11	Wong, Alden		MOREAU	15'03.50"
12	Santiago, Joe		MOREAU	15'02.50"
13	Hughes, Kyle		CASTRO VALLE	13'11.50"
14	Picetti, John		CASTRO VALLE	13'08.50"

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Frosh/Soph Boys Long Jump (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
15	Villanueva, Julian		HAYWARD	12'09.00"
16	Vincent, Daniel		ARROYO	12'05.00"
17	Morozovsky, Nick		CASTRO VALLE	12'00.50"
	Harrison, Tyler		MOREAU	FOUL

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Erber, Chris		TENNYSON	20'00.50"	10
2	Brown, Lamar		HAYWARD	19'02.50"	8
3	Anderson, Eugene		SAN LEANDRO	18'01.50"	6
4	Kaufman, Kerryscott		CASTRO VALLE	18'00.50"	4
5	Faaeteete, Junior		SAN LEANDRO	17'09.00"	2
6	Boloatola, Brian		MT EDEN	17'06.00"	1
7	Houlihan, Sean		MOREAU	17'02.50"	
8	Kong, Chris		CASTRO VALLE	16'11.00"	
9	Onyeaguche, Ugo		MT EDEN	16'06.50"	

Varsity Girls Long Jump

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	Pugh, Crystal		SAN LORENZO	15'09.25"
2	Hill, Kishi		O'DOWD	15'07.50"
3	Slader, Kiersten		CASTRO VALLE	15'06.00"
4	Banouvong, Andrea		ARROYO	15'05.25"
5	Liu, Rosa		MOREAU	15'02.25"
6	Kelly, Shanice		O'DOWD	14'10.75"
7	Arterbrun, Britanny		CASTRO VALLE	14'10.75"
8	Long, Makiaha		TENNYSON	14'08.75"
9	Smith, Angelique		MT EDEN	14'04.50"
10	Gerton, Becky		ARROYO	14'03.50"
10	Bickham, Michi		SAN LORENZO	14'03.50"
12	Hendrix, Kaycee		MT EDEN	14'02.50"
13	Gamerao, Eve		HAYWARD	14'01.00"
14	David, Carolyn		MOREAU	13'10.50"
15	Tekawa, Jessica		ARROYO	13'07.50"
16	Abellera, Christine		MOREAU	13'02.00"
17	Booth, Kerry		HAYWARD	13'00.00"
18	Arajo, Theresa		MOREAU	12'08.50"
19	McFarland, Camellie		MT EDEN	11'10.75"
20	Lamese, Melanie		MOREAU	11'06.00"
21	Moore, Danielle		CASTRO VALLE	10'11.00"
22	Woodcock, Laura		MOREAU	10'04.50"

Varsity Girls Long Jump

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Pugh, Crystal		SAN LORENZO	15'09.25"	10
2	Hill, Kishi		O'DOWD	15'07.50"	8
3	Slader, Kiersten		CASTRO VALLE	15'06.00"	6
4	Banouvong, Andrea		ARROYO	15'05.25"	4
5	Liu, Rosa		MOREAU	15'02.25"	2
6	Kelly, Shanice		O'DOWD	14'10.75"	1
7	Arterbrun, Britanny		CASTRO VALLE	14'10.75"	
8	Long, Makiaha		TENNYSON	14'08.75"	
9	Smith, Angelique		MT EDEN	14'04.50"	

Varsity Boys Long Jump

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	McKnight, Vonshae		TENNYSON	21'09.75"
2	Litrownik, Stefan		O'DOWD	20'09.50"
3	Breaux, Inman		O'DOWD	20'07.50"
4	Desilva, Mike		CASTRO VALLE	20'07.00"
5	Lewis, Seth		ARROYO	20'04.25"
6	Solis, Nester		SAN LORENZO	19'09.00"
7	Stafford, Steven		SAN LEANDRO	19'06.75"
8	Barnes, Carson		CASTRO VALLE	19'04.25"
9	Edwards, Justin		SAN LEANDRO	19'00.50"
10	Dean, Matthew		HAYWARD	17'11.00"
11	Emeii, Kachi		O'DOWD	17'11.00"
12	Gonzales, Noel		MOREAU	17'03.00"
13	Rogue, Terrance		HAYWARD	17'02.25"
14	Santos, Dan		MOREAU	17'00.25"
15	Morgan, Anthony		CASTRO VALLE	17'00.25"
16	Onyeagucha, Emeka		MT EDEN	16'06.25"
17	Robinson, Thomas		HAYWARD	16'05.50"
18	Boston, Lionel		SAN LEANDRO	16'05.25"
19	HU, Eric		MOREAU	15'08.50"
20	Pangilinan, Noel		MOREAU	15'06.75"
21	Collett, Brian		ARROYO	15'06.50"
22	Duran, Nick		ARROYO	15'04.00"
23	Dimaya, Justin		MOREAU	15'01.25"
24	DE Los Reyes, Leo		MOREAU	14'09.00"
	Barfield, Lorn		O'DOWD	FOUL

HAAL Championship

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Varsity Boys Long Jump

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
===	=====	=====	=====	=====	===
1	McKnight, Vonshae	TENNYSON	21'09.75"	10	
2	Litrownik, Stefan	O'DOWD	20'09.50"	8	
3	Breaux, Inman	O'DOWD	20'07.50"	6	
4	Desilva, Mike	CASTRO VALLE	20'07.00"	4	
5	Lewis, Seth	ARROYO	20'04.25"	2	
6	Solis, Nester	SAN LORENZO	19'09.00"	1	
7	Stafford, Steven	SAN LEANDRO	19'06.75"		
8	Barnes, Carson	CASTRO VALLE	19'04.25"		
9	Edwards, Justin	SAN LEANDRO	19'00.50"		

Frosh/Soph Girls Triple Jump

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
==	=====	=====	=====	=====
1	White, Jessie		CASTRO VALLE	29'06.00"
2	KO, Maria		ARROYO	28'05.50"
3	Alvidera, Roze		MOREAU	28'03.00"
4	Ligh, Alycia		CASTRO VALLE	27'08.75"
5	Linda, Dana		CASTRO VALLE	25'11.25"
6	Gellie, Tiffany		HAYWARD	25'11.00"
7	Hallett, Lisa		ARROYO	24'08.00"
8	Hardy, Devina		HAYWARD	24'00.00"
9	Lostica-Ona, Milana		ARROYO	23'03.50"
10	Gutierrez, Erica		CASTRO VALLE	22'09.00"
11	Vierra, Jenny		CASTRO VALLE	18'06.00"

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
===	=====	=====	=====	=====	===
1	KO, Maria		ARROYO	29'07.75"	10
2	White, Jessie		CASTRO VALLE	29'06.00"	8
3	Alvidera, Roze		MOREAU	29'00.50"	6
4	Ligh, Alycia		CASTRO VALLE	27'08.75"	4
5	Linda, Dana		CASTRO VALLE	26'07.50"	2
6	Gellie, Tiffany		HAYWARD	25'11.00"	1
7	Hallett, Lisa		ARROYO	24'08.00"	
8	Hardy, Devina		HAYWARD	24'00.00"	
9	Lostica-Ona, Milana		ARROYO	23'03.50"	

Frosh/Soph Boys Triple Jump

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
===	=====	=====	=====	=====
1	Leng, James		CASTRO VALLE	36'09.00"
2	Erber, Chris		TENNYSON	35'09.50"
3	Kong, Chris		CASTRO VALLE	34'10.50"
4	Kaufman, Kerryscott		CASTRO VALLE	34'01.25"

Frosh/Soph Boys Triple Jump (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
===	=====	=====	=====	=====
5	Cannon, Michael		SAN LORENZO	33'07.75"
6	Santiago, Joe		MOREAU	32'07.75"
7	Robinson, Kaelen		ARROYO	32'02.00"
8	Wong, Alden		MOREAU	31'08.50"
9	Morozovsky, Nick		CASTRO VALLE	30'07.75"
10	Albonico, Aaron		CASTRO VALLE	29'08.50"

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
---	-----	----	-----	-----	---
1	Erber, Chris		TENNYSON	37'04.25"	10
2	Leng, James		CASTRO VALLE	36'09.00"	8
3	Kong, Chris		CASTRO VALLE	34'10.50"	6
4	Kaufman, Kerryscott		CASTRO VALLE	34'07.00"	4
5	Cannon, Michael		SAN LORENZO	34'00.00"	2
6	Santiago, Joe		MOREAU	32'07.75"	1
7	Wong, Alden		MOREAU	32'07.50"	
8	Robinson, Kaelen		ARROYO	32'06.50"	
9	Morozovsky, Nick		CASTRO VALLE	31'09.25"	

Varsity Girls Triple Jump

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
===	=====	=====	=====	=====
1	Pugh, Crystal		SAN LORENZO	35'05.50"
2	Hill, Kishi		O'DOWD	34'08.00"
3	Kelly, Shanice		O'DOWD	34'02.50"
4	Slader, Kiersten		CASTRO VALLE	33'02.75"
5	Long, Makiaha		TENNYSON	33'00.75"
6	Chandler, Chelsea		CASTRO VALLE	32'07.00"
7	Liu, Rosa		MOREAU	31'01.50"
8	Abellera, Christine		MOREAU	30'05.25"
9	Brown, Cara		O'DOWD	30'02.00"
10	Gameraoa, Eve		HAYWARD	29'05.75"
11	Booth, Kerry		HAYWARD	28'01.50"
12	David, Carolyn		MOREAU	27'11.25"
13	Gerton, Becky		ARROYO	27'01.00"
14	Tekawa, Jessica		ARROYO	27'00.25"
15	McFarland, Cameille		MT EDEN	25'02.00"
16	Madrano, Mariflor		MOREAU	24'08.00"

Banouvong, Andrea	ARROYO	
Journey, Samantha	CASTRO VALLE	NL
Arterbrun, Brittany	CASTRO VALLE	NL
McCarthy, Erin	CASTRO VALLE	NL

AAAL Championship

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Varsity Girls Triple Jump

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Pugh, Crystal		SAN LORENZO	35'05.50"	10
2	Hill, Kishi		O'DOWD	34'08.00"	8
3	Kelly, Shanice		O'DOWD	34'04.00"	6
4	Long, Makiana		TENNYSON	33'03.50"	4
5	Slader, Kiersten		CASTRO VALLE	33'02.75"	2
6	Chandler, Chelsea		CASTRO VALLE	32'08.00"	1
7	Abellera, Christine		MOREAU	31'07.50"	
8	Liu, Rosa		MOREAU	31'02.50"	
9	Brown, Cara		O'DOWD	31'00.00"	

Varsity Boys Triple Jump

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	Onyeagucha, Emeka		MT EDEN	44'00.25"
2	McKnight, Vonshae		TENNYSON	43'07.75"
3	Desilva, Mike		CASTRO VALLE	43'07.25"
4	Barfield, Lorn		O'DOWD	41'09.50"
5	Breaux, Inman		O'DOWD	40'11.00"
6	Dean, Matthew		HAYWARD	40'01.00"
7	Emeii, Kachi		O'DOWD	39'02.50"
8	Vanderbilt, Mike		CASTRO VALLE	36'07.00"
9	Barnes, Carson		CASTRO VALLE	36'01.75"
10	DE Los Reyes, Leo		MOREAU	35'03.00"
-	Lewis, Seth		ARROYO	FOUL

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Onyeagucha, Emeka		MT EDEN	44'00.25"	10
2	McKnight, Vonshae		TENNYSON	43'07.75"	8
3	Desilva, Mike		CASTRO VALLE	43'07.25"	6
4	Barfield, Lorn		O'DOWD	41'09.50"	4
5	Breaux, Inman		O'DOWD	40'11.00"	2
6	Dean, Matthew		HAYWARD	40'01.00"	1
7	Emeii, Kachi		O'DOWD	39'02.50"	
8	Vanderbilt, Mike		CASTRO VALLE	37'00.00"	
-	Barnes, Carson		CASTRO VALLE	ND	

Frosh/Soph Girls High Jump

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Cabrera, Abby		MOREAU	4'06.00"	10
2	White, Jessie		CASTRO VALLE	4'04.00"	8
3	Hallett, Lisa		ARROYO	4'04.00"	6
4	Donat, Brenda		CASTRO VALLE	4'04.00"	4

Frosh/Soph Girls High Jump (Continued)

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
5	Bryant, Monique		HAYWARD	4'00.00"	2
6	Hardy, Devina		HAYWARD	4'00.00"	1
7	Warren, Regina		CASTRO VALLE	4'00.00"	

Frosh/Soph Boys High Jump

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	Harrison, Tyler		MOREAU	5'08.00"
2	Lewis, William		ARROYO	5'08.00"
3	Picetti, John		CASTRO VALLE	5'04.00"
3	Stohr, Ryan		CASTRO VALLE	5'04.00"
5	Leng, James		CASTRO VALLE	5'04.00"
6	Stepney, Richard		TENNYSON	5'00.00"
7	Chavis, Walter		HAYWARD	5'00.00"
8	Hughes, Kyle		CASTRO VALLE	4'10.00"
9	Tarpeh, Nyanforh		TENNYSON	4'08.00"
10	Olsen, John		CASTRO VALLE	4'08.00"
11	Seals, William		CASTRO VALLE	4'06.00"
-	Davini, Dan		MOREAU	NH

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Harrison, Tyler		MOREAU	5'08.00"	10
2	Lewis, William		ARROYO	5'08.00"	8
3	Leng, James		CASTRO VALLE	5'04.00"	5
3	Stohr, Ryan		CASTRO VALLE	5'04.00"	5
5	Picetti, John		CASTRO VALLE	5'04.00"	2
6	Stepney, Richard		TENNYSON	5'00.00"	
7	Chavis, Walter		HAYWARD	5'00.00"	
8	Hughes, Kyle		CASTRO VALLE	4'10.00"	
9	Tarpeh, Nyanforh		TENNYSON	4'08.00"	

Varsity Girls High Jump

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	Schaffner, Rachel		MOREAU	5'02.00"
2	Phillip, Vanessa		ARROYO	4'08.00"
3	Gerton, Becky		ARROYO	4'06.00"
3	Morgan, Laneice		HAYWARD	4'06.00"
3	Slader, Kiersten		CASTRO VALLE	4'06.00"
3	Clancy, Heather		CASTRO VALLE	4'06.00"
7	Banouvong, Andrea		ARROYO	4'04.00"
8	Moore, Danielle		CASTRO VALLE	4'02.00"
8	Grangoff, Theresa		ARROYO	4'02.00"

HAAL Championship

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

COMPLETE RESULTS - ALL ROUNDS

Varsity Girls High Jump (Continued)

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
---	-----	---	-----	-----
-	Bickham, Michi		SAN LORENZO	NH

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
---	-----	---	-----	-----	---
1	Schaffner, Rachel		MOREAU	5'02.00"	10
2	Phillip, Vanessa		ARROYO	4'08.00"	8
3	Slader, Kiersten		CASTRO VALLE	4'06.00"	4
3	Gerton, Becky		ARROYO	4'06.00"	4
3	Clancy, Heather		CASTRO VALLE	4'06.00"	4
6	Morgan, Laneice		HAYWARD	4'06.00"	1
7	Banouvong, Andrea		ARROYO	4'04.00"	
8	Grangoff, Theresa		ARROYO	4'02.00"	
9	Moore, Danielle		CASTRO VALLE	4'02.00"	

Varsity Boys High Jump

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
---	-----	---	-----	-----
1	Parker, Ryan		CASTRO VALLE	6'00.00"
2	Barfield, Lorn		O'DOWD	6'00.00"
3	Hollum, Barry		HAYWARD	6'00.00"
4	Santos, Dan		MOREAU	5'10.00"
5	Stohl, Jared		CASTRO VALLE	5'08.00"
6	Rogue, Terrance		HAYWARD	5'08.00"
7	Nezami, Bobby		CASTRO VALLE	5'06.00"
7	Quan, Jason		SAN LEANDRO	5'06.00"
9	Lewis, Seth		ARROYO	5'06.00"
10	Pane, Eric		CASTRO VALLE	5'06.00"
11	West, Matt		CASTRO VALLE	5'06.00"
12	Morgan, Anthony		CASTRO VALLE	5'04.00"
-	Boston, Lionel		SAN LEANDRO	NH
-	Breaux, Inman		O'DOWD	NH

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
---	-----	---	-----	-----	---
1	Parker, Ryan		CASTRO VALLE	6'00.00"	10
2	Barfield, Lorn		O'DOWD	6'00.00"	8
3	Hollum, Barry		HAYWARD	6'00.00"	6
4	Santos, Dan		MOREAU	5'10.00"	4
5	Stohl, Jared		CASTRO VALLE	5'08.00"	2
6	Rogue, Terrance		HAYWARD	5'08.00"	1
7	Quan, Jason		SAN LEANDRO	5'06.00"	
7	Nezami, Bobby		CASTRO VALLE	5'06.00"	
9	Lewis, Seth		ARROYO	5'06.00"	

Frosh/Soph Girls Pole Vault

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
---	-----	---	-----	-----
1	Krough-Aliott, Melissa		MOREAU	7'00.00"
2	Jue, Melody		CASTRO VALLE	6'06.00"
3	Davini, Christina		MOREAU	6'06.00"
4	Trujillo, Monica		MOREAU	6'06.00"
5	Tirado, Roana		CASTRO VALLE	6'06.00"
6	Pivnick, Julia		O'DOWD	6'00.00"
6	Calvo, Kim		ARROYO	6'00.00"
6	Bellows, Annie		O'DOWD	6'00.00"
9	Jupp, Christina		ARROYO	6'00.00"
10	Donat, Brenda		CASTRO VALLE	5'06.00"
10	Turney, Elysse		HAYWARD	5'06.00"
12	Lazaro, Justine		O'DOWD	5'06.00"
-	Bambrick, Alicia		ARROYO	NH
-	Vierra, Jenny		CASTRO VALLE	NH
-	Gellie, Tiffany		HAYWARD	NH

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
---	-----	---	-----	-----	---
1	Krough-Aliott, Melissa		MOREAU	7'00.00"	10
2	Jue, Melody		CASTRO VALLE	6'06.00"	8
3	Davini, Christina		MOREAU	6'06.00"	6
4	Trujillo, Monica		MOREAU	6'06.00"	1
5	Tirado, Roana		CASTRO VALLE	6'06.00"	2
6	Pivnick, Julia		O'DOWD	6'00.00"	0.33
6	Bellows, Annie		O'DOWD	6'00.00"	0.33
6	Calvo, Kim		ARROYO	6'00.00"	0.33
9	Jupp, Christina		ARROYO	6'00.00"	

Frosh/Soph Boys Pole Vault

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
---	-----	---	-----	-----
1	Sullivan, Tommy		O'DOWD	9'06.00"
2	Sanchez, Tony		CASTRO VALLE	9'00.00"
2	Shintani, Kevin		CASTRO VALLE	9'00.00"
4	Busemeyer, Jim		MOREAU	8'00.00"
5	Collard, Brian		CASTRO VALLE	7'00.00"
-	Hendrickson, Evan		CASTRO VALLE	NH

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
---	-----	---	-----	-----	---
1	Sullivan, Tommy		O'DOWD	9'06.00"	10
2	Sanchez, Tony		CASTRO VALLE	9'00.00"	8
3	Shintani, Kevin		CASTRO VALLE	9'00.00"	6
4	Busemeyer, Jim		MOREAU	8'00.00"	4
5	Collard, Brian		CASTRO VALLE	7'00.00"	2

HAAL Championship

Castro Valley High School - Tuesday May 8, 2001 to Thursday May 10, 2001

Page 11

COMPLETE RESULTS - ALL ROUNDS

Varsity Girls Pole Vault

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	McCarthy, Erin		CASTRO VALLE	10'04.00"
2	Tikotsky, Savannah		ARROYO	8'06.00"
3	Fabian, Nicole		MOREAU	8'06.00"
4	Leach, Samantha		CASTRO VALLE	8'00.00"
5	Johnson, Claire		O'DOWD	7'06.00"
6	Valois, Mika		ARROYO	7'06.00"
7	Clancy, Heather		CASTRO VALLE	6'06.00"
8	Booth, Kerry		HAYWARD	6'06.00"
-	Silva, Christine		O'DOWD	NH

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	McCarthy, Erin		CASTRO VALLE	10'04.00"	10
2	Tikotsky, Savannah		ARROYO	8'06.00"	8
3	Fabian, Nicole		MOREAU	8'06.00"	6
4	Leach, Samantha		CASTRO VALLE	8'00.00"	4
5	Johnson, Claire		O'DOWD	7'06.00"	2
6	Valois, Mika		ARROYO	7'06.00"	1
7	Clancy, Heather		CASTRO VALLE	6'06.00"	
8	Booth, Kerry		HAYWARD	6'06.00"	

Varsity Boys Pole Vault

----- Preliminaries - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK
1	Garvin, Ryan		O'DOWD	12'06.00"
2	Simons, Nick		CASTRO VALLE	11'06.00"
3	Ashford, Chris		CASTRO VALLE	11'00.00"
4	Williams, Marcus		O'DOWD	10'06.00"
5	Smallman, Kevin		SAN LEANDRO	10'06.00"
6	West, Matt		CASTRO VALLE	10'00.00"
7	Irons, Brandon		ARROYO	9'06.00"
8	Lago, Frank		MOREAU	9'06.00"
9	Price, Nate		SAN LEANDRO	9'00.00"

----- Finals - Results - Tuesday 05/08/01 -----

PL	ATHLETE NAME	AGE	SCHOOL	MARK	PTS
1	Garvin, Ryan		O'DOWD	12'06.00"	10
2	Simons, Nick		CASTRO VALLE	11'06.00"	8
3	Ashford, Chris		CASTRO VALLE	11'00.00"	6
4	Williams, Marcus		O'DOWD	10'06.00"	3
5	Smallman, Kevin		SAN LEANDRO	10'06.00"	3
6	West, Matt		CASTRO VALLE	10'00.00"	1
7	Irons, Brandon		ARROYO	9'06.00"	
8	Lago, Frank		MOREAU	9'06.00"	
9	Price, Nate		SAN LEANDRO	9'00.00"	