

CIF - North Coast Section Championships
2001 NCS Track & Field Meet of Champions - 5/25/2001 to 5/26/2001
Edwards Stadium, UC Berkeley, Berkeley, CA
Results

Event 1 Boys Discus Throw

Top 4 Qualify for State Meet

National: * 224-03.00 1988 Kamy Keshmiri
State: * 203-04.00 1985 Brian Blutrach

NCS MCC: * 194-02.50 1997 Darrel Elder

Name	Year	School	Finals Points
1 1-1 Dave Shortenhaus	11	Las Lomas	182-03.00
2 1-2 Charlie Griffen	12	James Logan	163-11.00
3 1-3 Kirk Seefeld	11	Marin Catholic	163-08.00
4 1-4 Brendon Page	12	Novato	160-07.00
5 1-5 Jason Meyers	11	Bishop O'Dow	159-11.00
6 1-6 Brian Moon	12	Bishop O'Dow	159-10.00
7 1-7 Kyle Hammerquist	9	Berkeley	157-03.00
8 1-8 Ezra Kwong	11	San Marin	152-11.00
9 1-9 Kyle Bigham	12	Eureka	147-10.00
10 1-10 Matt Conlin	12	Livermore	146-03.00
11 1-11 Kint Green	12	Granada	146-00.00
12 1-12 Josh Mayfield	11	James Logan	143-06.00
13 1-13 Tyler Gullory	11	Piner	142-00.00
14 1-14 Daine Krogstad	12	El Molino	141-08.00
15 1-15 Chris Corbriere	12	Monte Vista	137-07.00
16 1-16 Charlie Comer	12	St. Bernard	137-06.00
17 1-17 Garrett Adame	10	California	132-11.00
18 1-18 Marc See	10	Alhambra	128-08.00
19 1-19 Tony Whitlow	10	South Fork	128-06.00
20 1-20 Doug Arevalo	12	Kelseyville	119-11.00

Event 2 Girls Pole Vault

Top 4 Qualify for State Meet

National: * 13-04.00 2000 Stacie Manuel
State: * 12-08.00 1998 Tracey O'Hara

NCS MCC: * 11-05.00 1997 Maria Lopez

Name	Year	School	Finals Points
2 1-1 Ashley Lennon	12	Petaluma	111-00.00
1 1-1 Sarah Burgess	12	Liberty	11-00.00
3 1-3 Veronica Garcia	12	Newark Memor	10-09.00
4 1-3 Erin McCarthy	10	Castro Valle	10-09.00
5 1-5 Jenny Fisher	12	Miramonte	10-03.00
6 1-6 Cindy Lim	12	Las Lomas	10-00.00
10 1-7 Nicole Fabian	10	Moreau	10-00.00
8 1-7 Emily Flores	9	Santa Rosa	10-00.00
7 1-7 Melinda Speer	11	Montgomery	9-06.00
9 1-7 Tonya Early	12	South Fork	9-06.00
11 1-11 Rachel Zemlok	9	Newark Memor	9-00.00
11 1-11 Tiffany Chang	9	Campolindo	9-00.00
14 1-14 Clare Glowowski	12	Campolindo	9-00.00
14 1-14 Gissel Ruiz	12	Santa Rosa	8-06.00
14 1-14 Lauren Hawkins	12	Irvine	8-06.00
14 1-14 Melissa Adams	10	Rancho	8-06.00
14 1-14 Rayona Young	10	Pittsburg	8-06.00
14 1-14 Katie Walker	11	Newark Memor	8-06.00
19 1-19 Miriam Marx	10	Piedmont	8-00.00
19 1-19 Eva Kersey	11	Las Lomas	8-00.00

21 1-21 Saheer Kasala	12	Casa Grande	7-06.00
-- 1- Kyia Holmes	10	Clear Lake	NH
-- 1- Kim Scharges	9	Kelseyville	NH
-- 1- Erin Sasan	12	Marin Catholic	NH

Event 3 Boys Pole Vault

Top 4 Qualify for State Meet

National: * 18-02.25 1999 Eric Rahbach
State: * 17-00.50 1978 Anthony Curran

NCS MCC: * 17-00.00 1987 Brent Burns

Name	Year	School	Finals Points
1 1-1 David Moore	11	Miramonte	14-09.00
2 1-2 Josh Ward	12	Acalanes	14-00.00
4 1-2 Sean Jones	12	Mission	14-00.00
5 1-5 Peter Lennon	12	Acalanes	14-00.00
5 1-5 Jake Arnold	11	Marin Catholic	13-06.00
6 1-6 Ricky Gutierrez	11	Livermore	13-00.00
8 1-7 Jeff Chang	11	Las Lomas	12-06.00
7 1-7 Bryan Tarrant	12	Petaluma	12-06.00
8 1-7 Jeff Harris	11	Las Lomas	12-06.00
9 1-7 Dominic Tang	12	James Logan	12-06.00
7 1-7 Ryan Garvin	12	Bishop O'Dow	12-06.00
7 1-7 Nick Johnson	12	Irvine	12-06.00
13 1-13 Pat Callihan	11	Fortuna	12-00.00
13 1-13 Nick Simons	12	Castro Valle	12-00.00
15 1-13 David Klein	11	San Marin	12-00.00
-- 1- Marcus Williamson	11	Bishop O'Dow	12-00.00
-- 1- Kevin Christensen	11	Ferrdale	NH
-- 1- Eddie Vanden Bosch	11	South Fork	NH
-- 1- Michael King	11	California	NH
-- 1- Jake Minkoff	11	Montgomery	NH
-- 1- T. Pae	11	Newark Memor	NH

Event 4 Girls Long Jump

Top 4 Qualify for State Meet

National: * 22-01.75 1976 Kathy McMillan
State: * 22-00.50 1993 Marion Jones

NCS MCC: * 20-01.50 1996 Jernee Wright

Name	Year	School	Finals Points	Wind Points
1 1-1 Ashley Lodree	10	El Cerrito	18-09.50	0.9
2 1-2 Quiana Plump	12	St. Mary's	17-05.75	1.2
3 1-3 Tyreana Henley	11	James Logan	17-04.00	1.0
4 1-4 Sarah Burgess	12	Liberty	17-01.50	1.8
5 1-5 Lindsey White	12	Carondelet	17-00.25	0.2
6 1-6 Melissa Matulich	10	Marin Catholic	16-10.00	1.0
7 1-7 Keishee Hill	11	Bishop O'Dow	16-10.00	3.0
8 1-8 Tanya White	12	Clear Lake	16-08.75	NWI
9 1-9 Chastity Harper	9	St. Mary's	16-05.50	NWI
10 1-10 Sierra Garthwaite	11	Carondelet	16-05.25	NWI
11 1-11 Maggie Farrar	11	Petaluma	16-03.75	NWI
12 1-12 Emily Koehly	10	Carondelet	16-02.00	NWI
13 1-13 Shelby Dais	11	Granada	16-01.75	NWI
13 1-13 Inke Rordorf	11	Calistoga	15-11.00	NWI
15 1-15 Kristen Slader	12	Castro Valle	15-11.00	NWI
16 1-16 Rinyatta Leonhardt	10	St. Vincent	15-09.00	NWI
17 1-17 Laura Rombach	10	FootHill	15-09.00	NWI
18 1-18 Mary Shibata	9	UKiah	15-05.75	NWI
19 1-19 KC Butlin	10	Miramonte	15-05.00	NWI
20 1-20 Ashley Lennon	12	Petaluma	15-03.00	NWI

21 1-21 Katie O'Leary	10 Ursuline	15-00.25	NWI
22 1-22 Kelly Kistling	10 Redwood	14-11.75	NWI
23 1-23 Jenny Stjute	10 Terra Linda	14-08.25	NWI
24 1-24 Lavetta Stanton	12 James Logan	14-05.50	NWI

Event 5 Girls Discus Throw

Top 4 Qualify for State Meet

National: * 188-04.00 1994 Suzy Powell
 State: * 188-03.00 1998 Stephanie Brown
 NCS MCC: * 161-08.00 1981 Laura Desnoo

Name	Year School	Finals Points
1 1-1 Jennifer Ladouceur	12 California	135-08.00
2 1-2 Crtner Allyson	11 Bishop O'Dow	133-05.00
3 1-3 Kristine Muth	11 Carondelet	127-07.00
4 1-4 Keely Borck	12 Mission	123-00.00
5 1-5 Charlene Heaton	10 Las Lomas	119-09.00
6 1-6 Megan Valdes	11 California	119-02.00
7 1-7 Taneya Davis	10 Bishop O'Dow	119-02.00
8 1-8 Jennie Foote	10 Drake	112-01.00
9 1-9 Kesh Gee	10 Clayton	111-01.00
10 1-10 La'Sha Hill	11 Deer Valley	110-06.00
11 1-11 Lani Huittawski	11 San Leandro	109-10.00
12 1-12 Suzanne Wallace	12 Montgomery	108-11.00
13 1-13 Melissa Huber	12 Fortuna	107-02.00
14 1-14 Alicia Cruz	11 Deer Valley	104-05.00
15 1-15 Krista Durand	10 Ursuline	101-11.00
16 1-16 Caitlin Andrus	12 Kelseyville	101-10.00
17 1-17 Kelsey James	9 El Molino	99-05.00
18 1-18 Marcelia Whitmore	11 Piner	98-11.00
19 1-19 Talia Tucker	12 Lick-Wilmerd	98-08.00
20 1-20 Anne Kreider	11 Alameda	90-11.00
21 1-21 Janet Ballelos	10 Moreau	89-11.00
22 1-22 Danielle Gotthier	12 Ferndale	83-08.00
-- 1- Amber Moore	10 St. Mary's	FOUL

Event 6 Boys High Jump

Top 4 Qualify for State Meet

National: * 7-05.25 1984 Dohel Edwards
 State: * 7-03.25 1979 Lee Balkin
 NCS MCC: * 7-00.00 1989 Gabe Manville

Name	Year School	Finals Points
1 1-1 David White	12 Antioch	6-04.00
2 1-2 James Gray	11 San Rafael	6-02.00
3 1-3 Ross Foster	12 Redwood	6-02.00
4 1-4 Herbert Ip	12 Berean Chr	56-02.00
5 1-5 Andrew Galbraith	9 Foothill	56-02.00
6 1-6 Erin Andrianos	12 Terra Linda	6-00.00
7 1-7 Jon Barfield	12 Bishop O'Dow	6-00.00
8 1-8 Jeremy Bouquet	11 Fortuna	56-00.00
9 1-9 Josh Blecha	11 Alhambra	56-00.00
10 1-10 Michael Wu	11 San Ramon	5-10.00
10 1-10 Chris Nordman	12 California	5-10.00
10 1-10 Forrest Fulmer	12 Montgomery	5-10.00
10 1-10 Phil Smith	11 St. Mary's	5-10.00
15 1-15 Jared Stearne	11 St. Mary's	5-10.00
15 1-15 Peter Lennon	12 Acalanes	5-10.00
17 1-17 Josh Miller	12 James Logan	5-10.00
-- 1- Josh Short	10 South Fork	FAIL
-- 1- Zaman Yirani	11 Irvington	FAIL

-- 1- Josh Anderson	11 South Fork	FAIL
-- 1- Jerod Bullock	12 Justin Siena	FAIL
-- 1- Nick Gooding	11 Mt. Diablo	FAIL
-- 1- Brian Chang	12 Redwood	FAIL

Event 7 Boys Shot Put

Top 4 Qualify for State Meet

National: * 77-00.00 1979 Michael Carter
 State: * 74-04.75 1990 Brent Noon
 NCS MCC: * 63-05.00 1981 Dennis Desoto

Name	Year School	Finals Points
1 1-1 Brian Moon	12 Bishop O'Dow	57-08.75
2 1-2 Darrel Cash	12 El Cerrito	55-04.50
3 1-3 Dave Shortenhaus	11 Las Lomas	54-06.50
4 1-4 Mario Lukka	12 De La Salle	54-00.00
5 1-5 Kirk Seefeld	11 Martin Cathol	53-10.75
6 1-6 Brendon Page	12 Novato	52-09.00
7 1-7 Eyan Rodriguez	12 Miramonte	52-03.75
8 1-8 Jon Trappe	12 Cardinal New	49-08.25
9 1-9 Eric Johnson	12 Granada	48-05.00
10 1-10 Kyle Bigham	12 Eureka	47-06.50
11 1-11 Josh Grissom	11 Newark Memor	46-10.00
12 1-12 Kiril Green	12 Granada	46-05.25
13 1-13 Nate Mora	12 Ygnacio	45-11.25
14 1-14 Phil Weatheroy	11 St. Mary's	45-11.00
15 1-15 Jon Gudmundson	12 Fortuna	45-06.75
16 1-16 Mac Lomax	12 Cardinal New	45-04.50
17 1-17 Kevin Cooper	10 Clear Lake	44-11.00
18 1-18 Mike Chapman	12 Northgate	44-10.00
19 1-19 Joel Townsend	11 Port Bragg	43-08.75
20 1-20 Alex Relatar	12 Bishop O'Dow	43-08.50
21 1-21 Doug Arevalo	12 Kelseyville	42-11.00
22 1-22 Lonny Whitlow	10 South Fork	42-09.00
23 1-23 Charlie Griffen	12 James Logan	42-07.50

Event 8 Boys Triple Jump

Top 4 Qualify for State Meet

National: * 52-10.50 1980 Charles Mayfield
 State: * 52-05.75 1986 Marcus Hooks
 NCS MCC: * 48-11.00 1987 Anthony Terrell

Name	Year School	Finals Points
1 1-1 Solomon Welch	11 St. Mary's	47-09.50 -0.3
2 1-2 Asokah Muhammad	12 St. Mary's	46-10.75 0.3
3 1-3 Martin Boston	11 James Logan	46-08.00 0.2
4 1-4 Peter Francis	12 De La Salle	45-05.00 1.5
5 1-5 Maurice White	11 Rancho	45-00.50 1.7
6 1-6 Charles Mann	12 Anador	44-10.00 -0.1
7 1-7 Herbert Ip	12 Berean Chr	44-04.25 1.2
8 1-8 Eneka Onyegucha	12 Mt. Eden	43-06.50 NWI
9 1-9 Angelo Sit-Young	11 Irvington	43-03.75 NWI
10 1-10 Chris Weaver	11 Casa Grande	43-02.25 NWI
11 1-11 Dan Gleske	11 Montgomery	43-00.50 NWI
12 1-12 Anthony Truicks	11 Antioch	41-01.50 NWI
13 1-13 Carlo Milani	12 Acalanes	40-10.75 NWI
14 1-14 Alex Cannon	11 Petaluma	40-10.50 NWI
15 1-15 Ben Horn	12 San Ramon	40-05.50 NWI
16 1-16 Dan Mundrup	12 Berean Chr	40-03.75 NWI
17 1-17 Jerod Bullock	12 Justin Siena	40-00.75 NWI
18 1-18 Justin Brown	12 Lick-Wilmerd	39-05.25 NWI

19 1-19 Isaac Herrera	12 Justin Siena	37-11.00	NWI
-- 1- Treathin George	11 St. Mary's	FOUL	NWI
-- 1- Mark McLean	12 California	FOUL	NWI
-- 1- Paul Jones	12 Deer Valley	FOUL	NWI
-- 1- Ray Disanza	11 Marin Catholic	FOUL	NWI

Event 9 Boys Long Jump

Top 4 Qualify for State Meet

National: * 26-04.75 1989 James Stallworth

State: * 26-04.75 1989 James Stallworth

NCS MOC: * 24-09.25 1954 Monte Upshaw

Name	Year	School	Finals	Wind Points
1 1-1 Isaac Herrera	12	Justin Siena	22-03.50	0.7
2 1-2 Vonshae McKnight	12	Tennyson	22-02.00	NWI
3 1-3 Paul Jones	12	Deer Valley	21-11.25	2.1
4 1-4 David Long	11	Deer Valley	21-11.00	1.5
5 1-5 Martin Boston	11	James Logan	21-10.50	-0.5
6 1-6 Solomon Welch	11	St. Mary's	21-09.50	1.5
7 1-7 Mike Barria	10	Montgomery	21-04.25	1.4
8 1-8 Charles Mann	12	Amador	21-02.75	NWI
9 1-9 Chris Norzaman	12	California	21-01.50	NWI
10 1-10 Chris Weaver	11	Caas Grande	20-11.50	NWI
11 1-11 Jason Morales	12	Concord	20-08.50	NWI
12 1-12 Dan Mindrup	12	Bexen Chr	20-07.75	NWI
13 1-13 Maurice White	11	Rancho	20-05.25	NWI
14 1-14 Mark McLean	12	California	20-04.00	NWI
15 1-15 Levi Zimmerman	12	Terra Linda	20-02.50	NWI
16 1-16 Rose Foster	12	Redwood	19-09.50	NWI
17 1-17 Herbert Ip	12	Bexen Chr	19-08.00	NWI
18 1-18 Mike Desilva	12	Castro Valle	18-10.50	NWI
19 1-19 Elliott Moffat	11	Keelseyville	18-08.25	NWI
-- 1- Steffan Litrovnik	11	Bishop O'Dow	FOUL	NWI

Event 10 Girls Shot Put

Top 4 Qualify for State Meet

National: * 53-07.75 1983 Natalie Kaalwahia

State: * 52-11.50 1993 Kristin Heaston

NCS MOC: * 53-03.25 1993 Kristin Heaston

Name	Year	School	Finals	Points
1 1-1 Kamalya Warren	11	St. Mary's	44-02.25	
2 1-2 La'Sha Hill	11	Deer Valley	40-02.25	
3 1-3 Charlene Heaston	10	Ias Lomas	38-03.25	
4 1-4 Oyni Atanuo	12	James Logan	36-10.75	
5 1-5 Brienne Ferris	12	Potter Valle	36-06.50	
6 1-6 Keely Borch	12	Mission	35-08.50	
7 1-7 Amanda Brecht	12	Mitramene	35-07.50	
8 1-8 Jalia Tucker	12	Lock-Wilmerd	35-05.50	
9 1-9 Marcela Whitmore	11	Piner	35-01.50	
10 1-10 Melissa Huber	12	Fortuna	34-07.00	
11 1-11 Verneza Young	11	Washington	34-04.50	
12 1-12 Teresa Gordon-Dick	10	Ukiah	34-03.50	
13 1-13 Kristine Muth	11	Carondelet	33-07.75	
14 1-14 Leah Gee	10	Clayton	32-06.75	
15 1-15 Lani Py'itavuki	12	San Leandro	32-04.75	
16 1-16 Jennifer Ladouceur	12	California	32-03.25	
17 1-17 Chandra Johnson	9	Salasian	32-01.75	
18 1-18 Taneya Davis	10	Bishop O'Dow	31-05.50	
19 1-19 Caitlin Andrus	12	Keelseyville	30-04.75	
20 1-20 Jamie Reece	10	Caas Grande	30-04.00	

21 1-21 Megan Valdes	11	California	29-05.50
----------------------	----	------------	----------

Event 11 Girls High Jump

Top 4 Qualify for State Meet

National: * 6-03.00 1992 Amy Acuff

State: * 6-00.00 1985 Latrese Johnson

NCS MOC: * 5-11.00 1981 Maggie Vanzeeland

Name	Year	School	Finals	Points
1 1-1 Riana Shaw	12	St. Mary's	5-04.00	
2 1-2 Rachel Schaffner	10	Moreau	5-02.00	
3 1-3 Sarah Ingram	10	Arcaata	5-02.00	
4 1-2 Kathleen Springer	10	Justin Siena	5-02.00	
5 1-5 Lindsey Spolarich	10	Ri Cerrito	5-01.00	
6 1-6 Kristin Quinn	9	Campolindo	5-00.00	
7 1-6 Courtney Takayama	10	Ri Molino	5-00.00	
8 1-6 Megan Rickpatrick	10	San Ramon	5-00.00	
9 1-6 Kristen Andre	9	Clayton	5-00.00	
10 1-6 Katarina Davis	11	Keelseyville	5-00.00	
11 1-6 Maggie Murphy	10	Washington	5-00.00	
12 1-3 Victoria Wilcher	10	Las Lomas	5-00.00	
13 1-13 Krystal Nzelewu	12	Novato	5-00.00	
14 1-13 Lisa West	10	Irvine	5-00.00	
15 1-13 Lindsey Allen	10	Novato	5-00.00	
16 1-13 Allisa Dishman	9	College Park	5-00.00	
17 1-13 Kiersten Slader	12	Bexen Chr	5-00.00	
18 1-18 Kiersten Slader	12	Castro Valle	5-00.00	
19 1-18 Martine Donovan	11	College Park	5-00.00	
20 1-18 Liana Tergis	10	Piedmont	5-00.00	
21 1-18 Shelly Harrison	11	Ramapalis	5-00.00	
-- 1- Shelly Harrison	10	Fortuna	NE	

Event 12 Girls Triple Jump

Top 4 Qualify for State Meet

National: * 44-00.50 1991 Juliana Yendork

State: * 44-00.50 1991 Yvette Bates

NCS MOC: * 39-06.00 1984 Yvette Bates

Name	Year	School	Finals	Wind Points
1 1-1 Tiffany Johnson	11	St. Mary's	38-05.50	NWI
2 1-2 Keishae Hill	11	Bishop O'Dow	37-03.00	NWI
3 1-3 Tyreina Denley	11	James Logan	36-09.50	NWI
4 1-4 Shelby Deis	11	Granada	36-05.25	NWI
5 1-5 Emily Koohly	10	Carondelet	35-09.50	NWI
6 1-6 Meggie Farrar	11	Petaluma	35-07.00	NWI
7 1-7 Shanel Smith	11	Antioch	35-05.75	NWI
8 1-6 Laveria Stanton	12	James Logan	34-08.75	NWI
9 1-9 Antoinette Carter	11	W. Diablo	34-07.25	NWI
10 1-10 Glenda Bivens	11	College Park	34-02.00	NWI
11 1-11 Quiana Plump	12	St. Mary's	34-02.00	NWI
12 1-12 Tanya White	12	Clear Lake	33-07.50	NWI
13 1-13 Victoria Wilcher	12	Novato	33-01.75	NWI
14 1-14 Kathryn Buckles	9	Monte Vista	33-01.25	NWI
15 1-15 Alisa Diahman	12	Bexen Chr	32-04.50	NWI
16 1-16 Amy Nelson	10	Marla Carril	32-00.00	NWI
17 1-17 Justine Barlow-Runk	10	Del Norte	31-08.25	NWI
18 1-18 Laura Creeger	11	Lock-Wilmerd	31-05.75	NWI
19 1-19 Lauren Fritzell	10	Amador	31-04.00	NWI
20 1-20 Grisel Ruiz	12	Santa Rosa	31-02.50	NWI
21 1-21 Bonita Masenocco	12	Marin Catholic	30-06.50	NWI
-- 1- Sarah Crigler	11	Ri Molino	FOUL	NWI

Event 13 Girls 4x100 Meter Relay

Top 4 Qualify for State Meet
National: * 44.70 1997

State: * 44.70 1997 Edmondson, Withers, Caruthers, Edmondson
NCS MOC: * 45.64 1996 Edmondson, Withers, Caruthers, Edmondson

School

Finals Points

Finals

1-1 James Logan High School	46.63
1) Lavetra Stanton 12	2) Talia Stewart 9
3) Brittan Dudley 9	4) Cheri Craddock 10
2-1-2 Holy Names High School	47.10
1) Kiyoko Gullory 11	2) Keli Walker 12
3) Meghan McMahon 12	4) Cindy Burton 10
3-1-3 Berkeley High School	47.72
1) Katrina Keith 12	2) T'Carra Penick 12
3) Traci Eteell 12	4) Raqueta Margain 12
4-1-4 St Mary's High School	47.92
1) Quiana Plump 12	2) Tiffany Johnson 11
3) Shameka Savage 12	4) Danielle Stokes 11
5-1-5 Deer Valley High School	48.36
1) Dana Flennold 10	2) Marjorie Jackson 12
3) Erica Porter 11	4) Christina Harrison 10
6-1-6 Bishop O'Dowd High School	49.21
1) Christine Tucker 11	2) Monica Greene 11
3) Cara Brown 11	4) Kelshee Hill 11
7-1-7 El Cerrito High School	49.67
1) Brandi Gates 12	2) Monique Coleman 10
3) Ashley Lodge 10	4) Darci Sanford 11
8-1-8 Campolindo High School	49.9h
1) Christina Adranly 9	2) Deela Phillips 10
3) Portia Brown 9	4) Natalie Russel 9

Event 14 Boys 4x100 Meter Relay

Top 4 Qualify for State Meet
National: * 39.76 1998

State: * 40.24 1989 M. Weasley, Franklin, Clopton, D. Weasley
NCS MOC: * 41.10 1981

School

Finals Points

1-1-1 St Mary's High School	41.99
1) Asokah Muhamad 12	2) Courtney Brown 11
3) Chris Dunbar 12	4) Bahih Guy 12
2-1-2 California High School	42.58
1) Mark McLaugh 12	2) Kyle Diestel 11
3) Chris Costa 12	4) Sam Stephenson 11
3-1-3 Deer Valley High School	42.69
1) Edwin Suarez 12	2) Everett Savoy 11
3) Jason Louie 12	4) Joey Floritolly 11
4-1-4 Fortuna High School	43.05
1) Jeremy Bouquet 11	2) Ryan Thompson 12
3) Chris Holman 11	4) Matt Oliveria 12
5-1-5 Bishop O'Dowd High School	43.18
1) Steffen Litrovnik 11	2) Matt Pountaine 11
3) Jon Iglehart 10	4) Brandon Smart 11
6-1-6 Novato High School	43.29
1) Dimori Epps 12	2) Sean Day 12

3) Allan Roan 12	4) Darrell Jones 12
7-1-7 De La Salle High School	43.71
1) Demetrius Williams 12	2) Pedro Cabrera 11
3) Damon Jenkins 10	4) Maurice Drew 10
8-1-8 Terra Linda High School	43.75
1) Levi Zimmerman 12	2) Alex Prince 10
3) Steve Carter 12	4) Sean Sullivan 12

Event 15 Girls 1600 Meter Run

Top 4 Qualify for State Meet
National: * 4:39.40 1985
State: * 4:39.92 1982
NCS MOC: * 4:42.79 1997

State: * 4:42.79 1997

School

Finals Points

1-1-1 Sara Bel	12 Montgomery	4:46.17
2-1-2 Bridget Duffy	11 St. Mary's	4:51.96
3-1-3 Clara Borowitz	11 Head Royce	4:52.62
4-1-4 Jenny Esser	11 Poothill	5:02.49
5-1-5 Jenn Saura	10 Miramonte	5:06.89
6-1-6 Jenny Aldridge	11 Maria Carril	5:09.17
7-1-7 Ashley Allen	11 College Park	5:09.33
8-1-8 Katie Pierce	12 Willits	5:11.7h

Event 16 Boys 1600 Meter Run

Top 4 Qualify for State Meet
National: * 4:03.22 1986
State: * 4:05.40 1972
NCS MOC: * 4:02.40 1974

State: * 4:05.40 1972

School

Finals Points

1-1-1 Tom Phelps	12 Piedmont	4:14.92
2-1-2 Sean Drake	11 Universalty	4:15.22
3-1-3 Chris Wondolowski	12 De La Salle	4:15.99
4-1-4 Jordan Kinley	11 Maria Carril	4:16.78
5-1-5 Eric Roberts	11 Alhambra	4:23.07
6-1-6 Will Sanford	12 Piedmont	4:23.65
7-1-7 Luke Slomom	12 San Leandro	4:27.60
8-1-8 Jason Oswald	12 Amador	4:46.6h

Event 17 Girls 100 Meter Hurdles

Top 4 Qualify for State Meet
National: * 13.20 2000
State: * 13.20 2000
NCS MOC: * 13.40 1980

State: * 13.20 2000

School

Finals Points

1-1-1 Ashley Lodgee	10 El Cerrito	14.27
2-1-2 Talia Stewart	9 James Logan	14.48
3-1-3 Danielle Stokes	11 St. Mary's	14.50
4-1-4 Tanya White	12 Clear Lake	15.67
5-1-5 Lavetra Stanton	12 James Logan	16.03
6-1-6 Jenni Kincheloe	11 El Molino	16.75
7-1-7 Shelby Deis	11 Granada	16.85
8-1-8 Amy Purtle	12 Newark Memor	17.21

Event 18 Boys 110 Meter Hurdles

Top 4 Qualify for State Meet
National: * 13.10 1980

State: * 13.10 1980

School

Finals Points

1-1-1 Ashley Lodgee	10 El Cerrito	14.27
2-1-2 Talia Stewart	9 James Logan	14.48
3-1-3 Danielle Stokes	11 St. Mary's	14.50
4-1-4 Tanya White	12 Clear Lake	15.67
5-1-5 Lavetra Stanton	12 James Logan	16.03
6-1-6 Jenni Kincheloe	11 El Molino	16.75
7-1-7 Shelby Deis	11 Granada	16.85
8-1-8 Amy Purtle	12 Newark Memor	17.21

State: * 13.41 1982 Steve Kerho
NCS MCC: * 13.40 1975 Dedy Cooper

Name	Year	School	Finals	Wind	Points
1 1-1 Halih Guy	12	St. Mary's	14.55	-1.9	
2 1-2 Nate Robinson	11	James Logan	14.64	-1.9	
3 1-3 Solomon Welch	11	St. Mary's	15.24	-1.9	
4 1-4 Jason Bolden-Anderso	10	St. Mary's	15.30	-1.9	
5 1-5 Aaron Garrett	12	Alameda	15.31	-1.9	
6 1-6 Travis Stewart	12	Rancho	15.63	-1.9	
7 1-7 Chris Falestiga	12	Pittsburg	15.94	-1.9	
8 1-8 Guiller Perry	11	Terra Linda	16.93	-1.9	

Event 19 Girls 400 Meter Dash

Top 4 Qualify for State Meet
National: * 50.74 2000
State: * 50.74 2000
NCS MCC: * 53.81 1996

Name	Year	School	Finals	Points
1 1-1 Brittan Dudley	9	James Logan	56.47	
2 1-2 Erica Porter	11	Deer Valley	56.87	
3 1-3 Shameka Savage	12	St. Mary's	57.61	
4 1-4 Raqueta Margain	12	Berkeley	57.67	
5 1-5 T. Carra Penick	12	Berkeley	57.75	
6 1-6 Danielle Sanzari	9	Maria Carril	59.55	
7 1-7 Rebecca Cartmell	11	San Ramon	1:00:09.00	

Event 20 Boys 400 Meter Dash

Top 4 Qualify for State Meet
National: * 45.25 1993
State: * 45.25 1993
NCS MCC: * 46.89 1995

Name	Year	School	Finals	Points
1 1-1 Stephan Brooks	10	Berkeley	49.33	
2 1-2 Everett Savoy	11	Deer Valley	49.48	
3 1-3 Wiley Montgomery	10	Newark Memor	49.56	
4 1-4 Jeremy Bouquet	11	Fortuna	49.79	
5 1-5 Tyler Rhounit	11	Granada	50.80	
6 1-6 Chris Bennett	10	Granada	50.85	
7 1-7 Sean Sullivan	12	Terra Linda	51.27	
-- 1- Neeter Solis	11	San Lorenzo	DQ	

Event 21 Girls 100 Meter Dash

Top 4 Qualify for State Meet
National: * 11.14 1992
State: * 11.14 1992
NCS MCC: * 11.42 1980

Name	Year	School	Finals	Wind	Points
1 1-1 Cheri Craddock	10	James Logan	12.05	-0.1	
2 1-2 Monique Coleman	10	El Cerrito	12.06	-0.1	
3 1-3 Christine Tucker	11	Bishop O'Pow	12.08	-0.1	
4 1-4 Monica Greene	11	Bishop O'Pow	12.15	-0.1	
5 1-5 Christina Harrison	10	Deer Valley	12.27	-0.1	
6 1-6 Marjorie Jackson	12	Deer Valley	12.28	-0.1	
7 1-7 Keli Walker	12	Holy Names	12.31	-0.1	
8 1-8 Katrina Keith	12	Berkeley	12.32	-0.1	

Event 22 Boys 100 Meter Dash

Top 4 Qualify for State Meet
National: * 9.90 1990
State: * 10.30 1992
NCS MCC: * 10.40 1980

Name	Year	School	Finals	Wind	Points
1 1-1 Chris Costa	12	California	10.91	-1.8	
2 1-2 Darrell Jones	12	Novato	11.05	-1.8	
3 1-3 D.J. Smith	10	Foothill	11.06	-1.8	
4 1-4 Kach Khogaenadao	12	Eureka	11.08	-1.8	
5 1-5 Matt Fontaine	11	Bishop O'Pow	11.16	-1.8	
6 1-6 Asokah Muhammad	12	St. Mary's	11.17	-1.8	
7 1-7 Kweal Byrd	11	James Logan	11.22	-1.8	
8 1-8 Gavin Rhodes	12	James Logan	11.25	-1.8	

Event 23 Girls 800 Meter Dash

Top 4 Qualify for State Meet
National: * 2:04.50 1980
State: * 2:06.08 1981
NCS MCC: * 2:08.80 1982

Name	Year	School	Finals	Points
1 1-1 Yfa Kreizachmar	11	University	2:12.57	
2 1-2 Morgan Banks	11	Drake	2:13.42	
3 1-3 Amanda Medrano	12	Castro Valle	2:13.61	
4 1-4 Talita Wells	11	Clayton	2:14.97	
5 1-5 Zluzi Evans	10	San Lorenzo	2:17.03	
6 1-6 Jenn Saura	10	Miramonte	2:18.74	
7 1-7 Zoe Whitehurst	11	University	2:21.77	
8 1-8 Jenny Besser	11	Foothill	2:25.93	

Event 24 Boys 800 Meter Dash

Top 4 Qualify for State Meet
National: * 1:46.45 1996
State: * 1:46.45 1996
NCS MCC: * 1:49.36 1995

Name	Year	School	Finals	Points
1 1-1 Jeff Squires	12	Mission	1:54.36	
2 1-2 Adam Foote	12	Arcata	1:55.29	
3 1-3 Matt See	11	Amador	1:56.61	
4 1-4 Chris Bapinosa	12	College Park	1:56.72	
5 1-5 Yuri Nosenko	12	Castro Valle	1:56.73	
6 1-6 Travis Moe	12	Eureka	1:57.63	
7 1-7 Robert Dort	12	Irvington	1:59.34	
8 1-8 John Lindner	12	California	2:00.04	

Event 25 Girls 300 Meter Hurdles

Top 4 Qualify for State Meet
National: * 40.18 1984
State: * 40.26 1987
NCS MCC: * 41.23 1997

Name	Year	School	Finals	Points
1 1-1 Ashley Lodree	10	El Cerrito	43.74	
2 1-2 Talia Stewart	9	James Logan	44.28	
3 1-3 Danielle Stokes	11	St. Mary's	45.57	
4 1-4 Raqueta Margain	12	Berkeley	45.76	

5 1-5 Lauren Barbieri	12 Piedmont	45.79
6 1-6 Sierra Garbwaite	11 Carondelet	46.58
7 1-7 Deala Phillips	10 Campolindo	47.20
8 1-8 Jenni Kincheloe	11 El Molino	47.39

Event 26 Boys 300 Meter Hurdles

Top 4 Qualify for State Meet

National: * 35.32 1985
State: * 35.50 1985

Name	Year	School	Finals Points
------	------	--------	---------------

1 1-1 Balih Guy	12 St. Mary's	37.79*
2 1-2 Ryan Canotal	12 Salesian	39.39
3 1-3 Nate Robinson	11 James Logan	39.43
4 1-4 Steve McKeown	12 Clayton	39.51
5 1-5 Kevin Diestel	11 California	39.68
6 1-6 Marcus Nicolsia	12 James Logan	40.82
7 1-7 Nino Kolyuthapong	10 California	41.28
8 1-8 Gulliver Perry	11 Terra Linda	41.33

Event 27 Girls 200 Meter Dash

Top 4 Qualify for State Meet

National: * 22.67 1992
State: * 22.71 1992

Name	Year	School	Finals Points
------	------	--------	---------------

1 1-1 Cheri Craddock	10 James Logan	24.73	2.1
2 1-2 Christina Harrison	10 Deer Valley	24.92	2.1
3 1-3 Marjorie Jackson	12 Deer Valley	24.96	2.1
4 1-4 Monique Coleman	10 El Cerrito	25.06	2.1
5 1-5 Katrina Keith	12 Berkeley	25.23	2.1
6 1-6 Kiyoko Gullory	11 Holy Names	25.45	2.1
7 1-7 China Jones	12 Deer Valley	25.66	2.1

Event 28 Boys 200 Meter Dash

Top 4 Qualify for State Meet

National: * 20.00 1985
State: * 20.76 1998

Name	Year	School	Finals Points
------	------	--------	---------------

1 1-1 Chris Costa	12 California	21.67	-1.1
2 1-2 Sam Deas	10 Monte Vista	22.31	-1.1
3 1-3 Kach Khogasenado	12 Eureka	22.43	-1.1
4 1-4 D.J. Smith	10 Foothill	22.58	-1.1
5 1-5 Kweal Byrd	11 James Logan	22.66	-1.1
6 1-6 Gavin Rhodes	12 James Logan	22.67	-1.1
7 1-7 Everett Savoy	11 Deer Valley	23.07	-1.1

Event 29 Girls 3200 Meter Run

Top 4 Qualify for State Meet

National: * 9:48.59 1996
State: * 9:52.80 1996

Name	Year	School	Finals Points
------	------	--------	---------------

1 1-1 Sara Bel	12 Montgomery	10:17.14
----------------	---------------	----------

2 1-2 Bridget Duffly	11 St. Mary's	10:49.27
3 1-3 Clara Horowitz	11 Bead Royce	10:49.52
4 1-4 Susan Chan	12 Monte Vista	10:58.16
5 1-5 Laura Melendez	12 Granada	11:03.86
6 1-6 Grace Melson	9 Berkeley	11:08.02
7 1-7 Holly Root	11 Mission	11:10.15
8 1-8 Katie Lee	12 San Ramon	11:11.00
9 1-9 Samantha Jones	10 Alhambra	11:15.6h
10 1-10 Kelly Rogers	10 Headspury	11:16.0h
11 1-11 Paula Musante	11 Bishop O'Dow	11:18.2h
12 1-12 Lindsey Allen	9 College Park	11:23.8h
13 1-13 Ashley Allen	11 College Park	11:24.7h
14 1-14 Phyllis Blanchard	11 Rancho	11:30.30
15 1-15 Virginia Grillo	11 Novato	11:34.2h
16 1-16 Abigail Galloway	11 Irvington	11:38.2h
17 1-17 Sara Bachel	12 Montgomery	11:48.3h
18 1-18 Beth Phillips	9 San Leandro	11:49.1h
19 1-19 Eva Gut	12 Novato	12:00.9h
20 1-20 Jennifer Ehart	10 California	12:02.3h
21 1-21 Whitney Jacobmeyer	10 Berman Chr	12:07.2h
22 1-22 Megan Boes	9 Marla Carril	12:15.7h
23 1-23 Edna Forgo	10 Mission	12:17.8h
24 1-24 Erika Stageberg	11 Lack-Wilnerd	13:00.3h

Event 30 Boys 3200 Meter Run

Top 4 Qualify for State Meet

National: * 8:44.95 1986
State: * 8:44.90 1976

Name	Year	School	Finals Points
------	------	--------	---------------

1 1-1 Yong-Sung Leal	10 Arroyo	9:02.32
2 1-2 Giliot Ghebray	11 James Logan	9:07.2h
3 1-3 Carl Dambowski	11 Granada	9:10.74
4 1-4 Robbie Boyle	12 Granada	9:16.33
5 1-5 Dale Kitt	11 Eureka	9:28.36
6 1-6 Sean Drake	11 University	9:29.48
7 1-7 Nathan Brasmanery	12 Alameda	9:32.67
8 1-8 Stewart Harwell	11 De La Salle	9:35.65
9 1-9 Ernesto Hernandez	11 Granada	9:35.7h
10 1-10 Josh Bablak	12 Redwood	9:37.0h
11 1-11 Nathan Berner	12 De La Salle	9:39.6h
12 1-12 Crosby Freeman	11 Piedmont	9:39.8h
13 1-13 Ben Good	12 University	9:40.1h
14 1-14 Dillon Wyant	12 College Prep	9:42.0h
15 1-15 Efeason Yousief	12 San Leandro	9:46.3h
16 1-16 Jose Alvarez	10 Elsie Allen	9:56.1h
17 1-17 Matt Pearson	11 California	9:56.8h
18 1-18 Matt Brady	12 Windsor	9:57.0h
19 1-19 Alex Cardiamenos	12 Castro Valle	9:58.5h
20 1-20 Harvey Rios	12 Ygnacio	9:59.2h
21 1-21 Matt Deshazo	12 San Marin	9:59.5h
22 1-22 Casey Chadd	11 Ukiah	10:14.9h

Event 31 Girls 4x400 Meter Relay

Top 4 Qualify for State Meet

National: * 3:36.32 1998
State: * 3:36.32 1998

Name	Year	School	Finals Points
------	------	--------	---------------

1 1-1 Sara Bel	12 Montgomery	10:17.14
----------------	---------------	----------

School

Finals Points

Finals

1-1 James Logan High School	3:50.03
1) Talla Stewart 9	2) Britani Dudley 9
3) Cheri Craddock 10	4) Khariyeh Shabazz 10
2 1-2 Deer Valley High School	3:51.93
1) Dana Flennold 10	2) Marjorie Jackson 12
3) Erica Porter 11	4) Christina Harrison 10
3 1-3 St Mary's High School	3:54.30
1) Tiffany Johnson 11	2) Parras Vega 10
3) Chaatley Harper 9	4) Shameka Savage 12
4 1-4 Berkeley High School	3:55.63
1) Katrina Keith 12	2) W'Carra Penick 12
3) Treaci Estell 12	4) Raqueta Margah 12
5 1-5 Baria Carrillo High Schoo	3:55.97
1) Jenny Aldridge 11	2) Jessica Archer 10
3) Melissa Matulich 10	4) Natalie Poor 11
6 1-6 Miramonte High School	4:04.99
1) Claire Dailey 12	2) Jenn Saura 10
3) KC Butlin 10	4) Lauren Phelps 10
7 1-7 Foothill High School	4:05.41
1) Lizzie Harland 10	2) Whitney Larson 10
3) Laura Rombach 10	4) Jenny Esser 11
8 1-8 Castro Valley High School	4:16.0h
1) Laura Dobel 9	2) Kelly Stewart 9
3) Amanda Medrano 12	4) Chelsea Chandler 10

Event 32 Boys 4x400 Meter Relay

Top 4 Qualify for State Meet

National: * 3:07.40 1985

State: * 3:08.66 1985 March, Graham, Kelly, Thomas

NCS MOC: * 3:11.70 1981

School

Finals Points

1 1-1 St Mary's High School	3:19.65
1) Acockah Muhammad 12	2) Courtney Brown 11
3) Chris Dunbar 12	4) Balhl Guy 12
2 1-2 De La Salle High School	3:22.14
1) Demetrius Williams 12	2) Franco Serra 11
3) Damon Jenkins 10	4) Pedro Cabrera 11
3 1-3 California High School	3:23.48
1) Kevin Diestel 11	2) Kyle Diestel 11
3) Chris Nordan 12	4) Chris Costa 12
4 1-4 James Logan High School	3:24.22
1) J.J. Atkins Dunbar 12	2) Kwezi Byrd 11
3) Marcus Niccolia 12	4) Mark Murglan 12
5 1-5 Deer Valley High School	3:26.26
1) Mario Torres 11	2) Jason Louie 12
3) Gary Anderson 12	4) Everett Savoy 11
6 1-6 Fortuna High School	3:26.52
1) Jeremy Bouquet 11	2) Ryan Thompson 12
3) Chris Holman 11	4) Matt Oliveria 12
7 1-7 Granada High School	3:27.28
1) Chris Bennett 10	2) Will Sapone 12
3) Chris Smith 11	4) Tyler Thourneir 11
8 1-8 Bishop O'Dowd High School	3:43.2h
1) Brandon Smart 11	2) Burl Toler 12
3) Scott Briggs 11	4) Brandon Jones 11