

Castro Valley High School

Track & Field

2002 Schedule

YEARBOOK

Monday	February 4	First Day of workouts	3:30	CVHS
Saturday	February 16	All-Corners Meet	6:00 p.m.	Reno, Nevada
Wednesday	February 27	Newark-Memorial (scrimmage)	3:30	Newark HS
Friday	March 1	DeLaSalle (scrimmage)	3:30	DeLaSalle HS
Thursday	March 7	HAAL: @Bishop O'Dowd	3:30	Chabot College
Saturday	March 9	DeLaSalle Invitational	3:30	DeLaSalle HS
Thursday	March 14	HAAL: Arroyo	3:30	CVHS
Friday	March 15	Piedmont Distance Carnival	3:30	Piedmont HS
Saturday	March 16	Cougar Invitational	8:00	Newark-Memorial HS
Thursday	March 21	HAAL: Tennyson	3:30	CVHS
Wednesday	March 27	HAAL: San Lorenzo	3:30	CVHS
Saturday	March 30	Martinez Relays	8:00 a.m.	Alhambra HS
Friday	April 5	Chabot Relays	8:00 a.m.	Chabot College
Saturday	April 6	Oakland Invitational	8:00 a.m.	UC Berkeley
Thursday	April 11	HAAL: @San Leandro	3:30	San Leandro
Friday	April 12	Castro Valley Invitational	3:00	CVHS
Thursday	April 18	HAAL: Mt. Eden	3:30	CVHS.
Thursday	April 25	HAAL: @Moreau Catholic	3:30	Moreau Catholic
Friday	April 26	Top 8	5:00	James Logan HS
Saturday	April 27	Top 8	8:00 a.m.	James Logan HS
Wednesday	May 1	HAAL: Hayward	3:30	CVHS
Tu-Thur	May 7 & 9	HAAL: Trials & Finals	12:00 noon	Chabot College
Saturday	May 18	NCS Bayshore Qualifying	9:00 a.m.	James Logan HS
Fri-Sat	May 25 & 26	NCS MOC Trials & Finals	TBA	UC Berkeley
Fri-Sat	June 1 & 2	State Championships	TBA	Cerritos College

Head Coach: Peter Brewer H: 925-945-8869 FAX: 925-945-1510 e-mail: pcb@internet-frontier.net

Assistant Coaches:

Mel Ashford, Dino Cardiasmenos, Lisa Clancy, Keith Cordova, Chris Manning, Raoul Perez, Tiffany Rizzo

Principal: Leslie Rothwell 510-537-5910

Athletic director: Marie Gray 510-537-5910

2002 CVHS Track Awards -- Boys

	A	B	C	D	E	F	G	H	I	J	K
1	Seniors					Sophomores					
2	m	Beau	Bettinger	12	VAR		m	Bryan	Collard	10	FS
3	m	Xavier	Carrion	12	VAR		m	Marcus	Cox	10	VAR
4	m	Everett	Chan	12	VAR		m	Brandon	Farinha	10	VAR
5	m	Erik	Dayton	12	certificate		m	Jonathan	Hicken	10	FS
6	m	Nate	Fernsten	12	VAR		m	Rance	Jones	10	FS
7	m	Anthony	Limnios	12	VAR		m	Terrence	Jones	10	VAR
8	m	Geno	Mcguigan	12	VAR		m	Chris	Reid	10	VAR
9	m	Neil	Owen	12	VAR		m	Jason	Ribeira	10	VAR
10	m	Ryan	Parker	12	VAR		m	Emmanuel	Tolentino	10	FS
11	m	Vincent	Reiss	12	VAR		m	Robert	Wright	10	FS
12	m	Josh	Sawyer-Long	12	VAR		m	Vincent	Wu	10	FS
13	m	David	Stadelman	12	VAR		m	John	Yano	10	VAR
14	m	Roy	Stone	12	certificate		m	Marvin	Zamora	10	FS
15	m	Chris	Wong	12	VAR						
16	m	Eric	Zamora	12	VAR						
17											
18	Juniors					Freshmen					
19	m	Aaron	Albonico	11	certificate		m	Josh	Ashford	9	FS
20	m	Joe	Apodaca	11	VAR		m	Jordan	Bailey	9	FS
21	m	Aubrey	Green	11	certificate		m	Evan	Ballar	9	VAR
22	m	Dominic	Lassalle	11	certificate		m	Marek	Brezula	9	FS
23	m	Jim	Leng	11	certificate		m	Daniel	Haiek	9	FS
24	m	TJ	Miller	11	VAR		m	Bennett	Hall	9	FS
25	m	Nick	Morozosky	11	certificate		m	Jordan	Lindsey	9	FS
26	m	Ben	Ng	11	certificate		m	Jarel	McMillon	9	FS
27	m	John	Olson	11	certificate		m	Derek	Music	9	FS
28	m	Jeff	Ribeira	11	VAR		m	John	Nunes	9	VAR
29	m	Mike	Shaw	11	VAR		m	Joe	Salazar	9	FS
30	m	Kevin	Shintani	11	certificate		m	Alasdair	Sharpe	9	FS
31	m	Devereaux	Solis	11	certificate		m	Josh	Shinoda	9	FS
32	m	William	Stagger Seals	11	VAR		m	Justin	Taylor	9	FS
33	m	Ryan	Stohr	11	VAR		m	Kevin	Teel	9	FS
34	m	Zane	Welte	11	VAR		m	Darwin	Tsang	9	FS
35	m	Dustin	Wheeler	11	VAR		m	Kevan	Turner	9	VAR
36							m	Simon	Wu	9	FS
37											
38											
39											
40											
41											
42											
43											
44											
45											
46											
47											
48											
49											
50											
51											
52											
53											
54											
55											
56											

2002 CVHS Track Awards -- Girls

	A	B	C	D	E	F	G	H	I	J	K
1	Seniors					Sophomores					
2	f	Heather	Clancy	12	VAR	f	Shannon	Alter	10	VAR	
3	f	Leslie	Ford	12	certificate	f	Allison	Bieda	10	FS	
4	f	Lauren	Hashimoto	12	VAR	f	Megan	Corbin	10	FS	
5	f	Melanie	Linney	12	certificate	f	Tisha	Davis	10	FS	
6	f	Heather	Schmidt	12	VAR	f	Laura	DoBel	10	VAR	
7	f	Meg	Shaw	12	VAR	f	Megan	Fernsten	10	FS	
8	f	Rosemarie	Toney	12	VAR	f	Erin	Fong	10	FS	
9	Juniors					f	Erika	Gutierrez	10	FS	
10	f	Erin	Cardiasmenos	11	certificate	f	Kate	Haworth	10	FS	
11	f	Chelsea	Chandler	11	VAR	f	Rachel	Huggins	10	FS	
12	f	Min	Choi	11	VAR	f	Sydney	Jones	10	FS	
13	f	Amy	Clark	11	VAR	f	Melody	Jue	10	VAR	
14	f	Dasha	Gordeychev	11	certificate	f	Brooke	Katich	10	FS	
15	f	Samantha	Journey	11	certificate	f	Danielle	Lacey	10	FS	
16	f	Dana	Linda	11	certificate	VAR	f	Leana	Lai	10	FS
17	f	Erin	McCarthy	11	VAR	f	Joyce	Lee	10	VAR	
18	f	Jennifer	O'Neill	11	certificate	f	Krystal	McKinzie	10	FS	
19	f	Jessica	Passadore	11	certificate	f	Mary Ella	McManus	10	FS	
20	f	Kiersten	Slader	11	certificate	f	Ashley	O'Callaghan	10	FS	
21	f	Roana	Tirado	11	certificate	f	Natalie	Oliver	10	FS	
22	f	Rhiannon	Webb	11	certificate	f	Christina	Robinson	10	FS	
23						f	Lyndsey	Silva	10	FS	
24						f	Melissa	Simmons	10	VAR	
25						f	Kelly	Stewart	10	VAR	
26						f	Katy	Stewart	10	VAR	
27						f	Samantha	Suey	10	VAR	
28						f	Nicole	Westling	10	FS	
29						f	Jessica	White	10	VAR	
30						f	Jessica	Wildensten	10	FS	
31						f	Jennifer	Wilkinson	10	VAR	
32						f	Helga	Zambrano	10	FS	
33											
34						Freshmen					
35						f	Karissa	Casey	9	FS	
36						f	Charis	Chan	9	VAR	
37						f	Michelle	Chan	9	VAR	
38						f	Mimi	Cortopassi	9	FS	
39						f	Brittany	Crawford	9	FS	
40						f	Amanda	Delaplane	9	FS	
41						f	Michelle	Dianda	9	VAR	
42						f	Angela	Dohrmann	9	VAR	
43						f	Laura	Fernsten	9	FS	
44						f	Ginger	Hashimoto	9	VAR	
45						f	Monica	Jaquez	9	FS	
46						f	Stephanie	Lassalle	9	VAR	
47						f	Nicole	Marcotte	9	FS	
48						f	Heather	Matheny	9	VAR	
49						f	Holly	Matheny	9	VAR	
50						f	Jerri	Pfisterer	9	FS	
51						f	Kathryn	Pomeroy	9	VAR	
52						f	Christina	Robertson	9	FS	
53						f	Vanessa	Robles	9	FS	
54						f	Veronica	Rylander	9	FS	
55						f	Moryah	Schindler	9	FS	
56						f	Stephanie	Tabor	9	FS	

The almost Daily Blurb

An assortment of distortions, exaggerations, half-truths and other essentials about Castro Valley Track & Field

Saturday, February 16, 2002

Six School Records

RENO INDOOR MEET BIG SUCCESS

Despite the threat of inclement weather, a small CV track contingent zipped off to Reno to compete indoors. We had a very successful meet as 5 individual school records and one relay record were set. This marked the 10th straight year that we have been going to this event, which is now the only indoor track competition for high school in the Pacific Northwest. This was a good start to what promises to be a good season.

600 Thomas Miller 1:31.5 1st in Heat 4
(new school record -- no previous record)

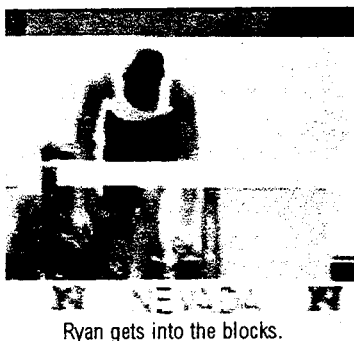
TJ hung a little back of the leader, chased him down on the second lap, and ran away for a strong win on the third lap. He was 6th overall, and would have done well in the fast heat.

55 Geno McGuigan 6.3 1st in Heat 1

Geno scorched a great start to win the fast heat, clearly beating the field which included his nemesis Matt Fontaine of Bishop O'Dowd.

55 HH Ryan Parker 8.6 1st in heat 4

Ryan got a bad draw when it turned out that he was the only one in his heat. Then he hit the first hurdle and could not improve on his existing school record.



Ryan gets into the blocks.

4 x 200 Ryan Parker, Geno McGuigan, TJ Miller, Chris Wong 1:36.5 2nd in Heat 2 (school record, old record 1:37.7 1998 & 1999)
Ryan Parker 24.7
Geno McGuigan 23.8
TJ Miller 24.4
Chris Wong 23.9

The boys only had one true sprinter on the track, but managed to break a school record in the process. We also had the 4th fastest time on the day, but everybody was 5 seconds back of the very quick Bishop O'Dowd team.

800 Chris Wong 2:05.8 4th in heat 2 (new school record; old school record 2:06.0 John Atwood 1994)

TJ Miller 2:14.8 8th in heat 2

Chris moved up to the leaders, who proved to be real studs at the end by moving away from the field. Chris hung on to his spot to register a pretty good time. TJ was still winded from his previous two races, but got going well on the last two laps to pass lots of people and finish 8 out of 14.

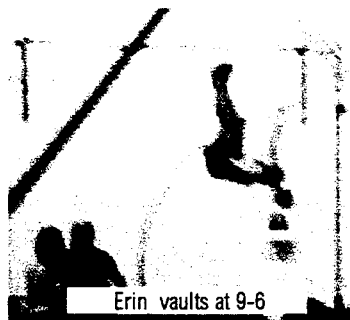
200 Geno McGuigan 23.1 2nd in heat 1
Ryan Parker 24.1 3rd in heat 2
Geno got out well and had the 2nd fastest time. He couldn't run down the stud from Sequoia, who got the jump from the gun. Ryan ran a very good last 50 to move through the pack.

4 x 400 Chris Wong, TJ Miller, Ryan Parker, Geno McGuigan 3:53.8 1st in heat 3
Chris Wong 55.7
TJ Miller 59.7
Ryan Parker 59.9
Geno McGuigan 58.7

The boys were all pretty well pooped, with at least two previous races each already. The performances were lackluster, and winning the heat easily did not lead to any initiative to run faster.

PV Erin McCarthy 9-6 (new school record; old record 8-6 Elizabeth Ewing 1996)
Erin showed a lot of rust but muscled her way over a respectable height.

HJ Samantha Journey 5-0 (new school

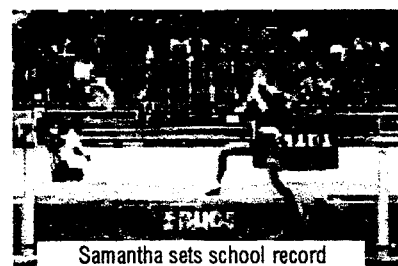


Erin vaults at 9-6

record; old record 4-10 Kristy Hild 1994)

Chris Wong n.h.
Ryan Parker 5-8

Samantha was sick all week, and was still



Samantha sets school record

recovering, but still managed to put it together to easily get over 5-0 and have a few respectable attempts at 5-2. It is easy to see that she has quite a bit of potential in this event.

Chris jumped in on a lark, and did not look very good at all. Ryan did ok, but his attempts at 5-10 brought him too close to the bar, and his arch still needs work.

TJ Erin McCarthy 26-8 (new school record; no previous record)

Ryan Parker 36-8

Neither of our jumpers showed much form, as we have not yet worked on the event at workouts.

Many thanks to all the people who made this trip possible: The Wong family and the McCarthy family for helping with the driving, Coach Dino for driving, Coach Lisa for coming from the church retreat in Tahoe, and Laura Dobel who came along even though injured and volunteered to help with filming.



Laura spent the meet filming.

Scrimmage: Newark-Memorial, Livermore, Alameda @Newark, Wednesday 2/27/02

GIRLS

4 x 100 heat 1

Nm A	52.6
CVA	53.4
ALC A	55.1
NM B	57.0
CV C	56.6
CVD	60.4
4 x 100 heat 2	
CV	55.7
CV	59.5
CV	59.9
1600	
LIV A	
Grandfield	5:40:3
N Wolf	5:41:8
L O'Neill	5:43:5
A Assayag	5:58:6
N Dargo	5:59:9
N Biser	6:18:7
N Przybyla	6:23:4
CV Hashimoto L	6:23:9
CV Hashimoto G	6:31:8
A Hild	6:32:2
A Lee G	6:34:8
CV Zambrano	6:48:0
L Lee J	6:50:4
CV Suey	6:51:4
CV Fong	7:01:9
L Hanson	7:06:7
L Mendez	7:09:4
L Summers	7:41:3

100m HH heat 1

N Avina	17:5
L Wagoner	18:2
A Robinson	19:3
CV Dobel	20:9

100mHH heat 2

A Vongkhamchanh	18:9
N Welteroth	19:1
CV Dohrman A	19:5
L Grewohd	DNF

100mHH heat 3

N Montano	19:7
A Sandhu	19:7
CV Robinson	20:3
L Batchelor	23:4

100mHH heat 4

CV Stewart	20:6
A Pineda	22:2
N Lam	23:5
N Guerrero	23:8

100mHH heat 5

N Hess	20:7
N Pestrich	20:8
N Nyberg	21:1

400m heat 1

A Rodriguez	1:06:2
CV Pfisterer	1:07:3
A Frankel	1:10:1
L James	1:12:1
N Sierras	1:13:3
A Leung	1:17:2
A Husby	1:18:5

400m heat 2

A Hopill	1:09:5
CV Dianda	1:10:0
A Perata	1:12:6
CV Delaplane	1:12:7
CV Schindler	1:16:0
CV Bieda	1:16:4

CV Brittany 1:17:3

100m heat 1

N White	13:1
CV Chandler	13:4
N Avina	13:8
L Theobald	14:1
A Omehroy	14:1
A Adine	14:7
Montano	14:8

100m heat 2

CV Chan	13:1
N Merrich	13:7
N Sutherlin	13:9
N Idakoji	13:9

100m heat 3

A Rosenblum	14:2
A Green	14:2
N Foster	15:2
100m heat 3	
CV Lee	13:7
CV Oliver	14:7
N Sutherland:14:9	
N Lee	14:8
A Kelsey	15:6
A Wong	15:7
A Reno	16:9

100m heat 4

N Brien	14:2
N Lam	14:6
N Guerrero	14:8
CV Pomroy	14:8
N Kitagaava	14:8
L Holmes	15:8
N Robinson	16:2

100m heat 5

CV Chan	14:3
CV Haworth	14:5
N Reece, T	15:1
CV Ford	15:3
CV Huggins	14:8
N Mitchell	14:8
N Reese, M	16:3

100m heat 6

CV O'Callahan	14:2
N Avina	14:9
L Grewohl	15:0
N Shimubukuru	15:3
CV Gutierrez	15:7
CV Tabor	16:0
CV Ford,Lv	16:9

100m Heat 7

CV Metheney	14:1
N Hess	14:5
CV Metheney,He	14:6
CV Lai	15:4
L Newton	15:5
CV Cortopassi	15:6
L Pons	16:8

800m Heat 1

Ala Ruberts	2:26:6
N Wolf	2:32:8
L Grandfield	2:33:8
L Grumbaugh	2:38:1
L O'Neill	2:41:3
A Rodriguez	2:42:7
N Drago	2:43:0
A Burenin	2:45:9
N Biser	2:51:5
N Brien	2:56:3
N Pruzbula	2:57:2

800m Heat 2

CV Toney	2:45:8
CV Simmon	2:49:4

CV Hashimoto,L 2:53:1

CV Phisterer 2:53:8

CV Dienda	2:54:7
L Martinez	2:56:6
CV Hashimoto	3:00:2
CV O'Neill	3:01:9
AL McAllister	3:06:1
L Mendez	3:08:4
A Grimm	3:21:1
L Hansen	3:23:2
A Swinney	3:27:2

300mIH 1st

CV Stewart	51:6
N Avina	51:6
CV DoBel	52:5
A Vongkhonchanh	56:8
A Robinson	57:8

300 IH 2nd

CV Knapp	54:0
CV Dorman	54:6
A Sandhu	58:8
L Norton	60:2
A Pineda	73:23

300m IH 3rd

Liv Wagoner	58:4
CV Stewart	59:2
CV Robinson	59:8

BOYS

4 x 100m 1st

CVA	44.7
NM A	45.3
LIV A	45.8
ALA A	47.3
CV B	47.8
4 x 100 2nd	
CV	49.6
LIV B	53.4
NM	55.1

1600

CV Welte	4:37:2
CV Stadelman	4:43:2
L Collins	4:57:7
CV Yano	4:52:4
N Biser	4:52:4
L Brooke	5:06:4
A Falzone	5:17:1
A O'toole	5:21:1
N Singh	5:21:8
CV Riberra	5:22:2
CV Riberra J	5:23:7
CV Bailey	5:24:1
N Przybyla	5:24:3
N Oliver	5:24:8
CV Zamora	5:31:0
CV Stone	5:32:4
CV Hall	5:42:8
A Horikoshi	5:52:2
CV Levehuk	5:52:5
N Chandler	5:53:9
A CHin	6:10:3
N Sowers	6:16:9
L Dixit	7:02:7

65m HH 1st

CV Parker	9.3
A Mak	9.4
N Tavabini	9.9
L Mason	10.0

65 HH 2nd

L Batchelor	10.6
N Sam	10.9
L Barton	11.3

L Miracle 11.7

65 HH 3rd

N Thupsanthoom	11.6
N Motica	11.9
N Miramontes	12.2
N Kendall	13.8

400 1st

N Montgomery	52.5
CV Miller	53.5
CV Apodaca	54.3
LIV Larkin	56.1
A Pelayo	58.0
Liv Grekey	59.0
A O'toole	63.5
?	71:12

400 2nd

A Vddenderg	53:6
CV Limmills	55:00
A Sibley	57:9
A Kimbrough	59:6
A Rodrigues	59:7
A Gutierrez	63:9
A Dang	66:3

100m 1st

N Renshaw	11:1
CV McGuigan	11:2
N Milla	11:8
ALA Zelick	11:9
ALA Guchuchv	11:8
LIV Sullivan	12:0
? Shore	12:7

100m 2nd

L Geneble	11:7
CV Zamora	11:9
LIV Bell	12:2
N Snider	12:2
A Hosang	12:2
N Reed	13:2
L Hudsons	13:5

100m 3rd

CV Cox	11:7
CV Stohr	11:9
LIV Zemla	12:3
LIV Love	12:3
ALA Rather	13:5
LIV Brooke	14:5
N Camper	12:9

100m 4th

CV Ballar	12:0
CV Hicken	12:5
L Smith	12:9
N Warren	13:0
ALA Travenia	12:0
ALA Ascnsion	14:5

100m 5th

CV Jones	12:4
CV Farinha	12:5
L Scorr	12:8
CV Nunes	13:3
A Ishida	14:4
N Hubby	14:3

100m 6th

CV McMillan	13:4
CV Haick	13:6
CV Lindsey	13:6
LIV VuVamontes	13:7
CV McCoy	14:4
CV Wo	14:7
CV Lecero	16:7

800m 1st

CV Wong	2:02.4
CV Beau	2:03.1
A Richert	2:06.6

Cv WEite 2:07.0

Cv Yano 2:07.6

CV Miller	2:10.1
CV Fernsten	2:10.7
Cv Stadelman	2:12.1
A Skeels	2:14.8

800m 2nd

L Larkin	2:12.6
L Collins	2:14.4
CV Riberra	2:14.8
N Biser	2:15.8
L Greeleen	2:16.9
A Villegas	2:18.7
CV Ribera J	2:20.3
A Silver	2:22.5
CV Zamora	2:24.7
N Singh	2:25.4
CV Bailey	2:25.8

800 3rd

all times lost

300m IH 1st

CV Parker	46.0
L Batchelor	42.4
N Tarabini	50.9
A Mack	52.8

30m IH 2nd

A Sibley	48.7
N SAM	48.7
L Farnes	51.0
?	53.2
L Miracle	52.8

300m IH 3rd

NM Oliver	53.1
NM Miramontes	53.4
CV Taylor	59.4

The field events are incomplete, and will come in later

Despite the bus snafu (only one bus for 150 athletes?) we still managed to get times on the majority of our team and see just what we have this year. The prognosis is good. We are strong in almost every event deep in the areas where we still need improvement.

Next up: scrimmage vs. DLS on Friday. Release 2:05, bus 2:20.

DLS Scrimmage @DLS High School DLS, Carondelet, ClaytonValley Friday, March 1, 2001

Vincent Wu 29-7
Derek Music 35-0
Darwin Tsang 36-2
12 lb
Vince Reiss 37-0 1/2
Chris Reid 38-8
Dominic LaSalle 36-0
Neil Owen 40-0
Josh Sawyer 34-9
Xavier Carrion 43-9

Discus

Vince Reiss 95-8
Josh Sawyer 102-10
Neil Own 103-7
Vince Wu 84-9
Darwin Tsang 60-0
Joel Efferson 55-5

High Jump

Marek Brezula 4-8
Evan Ballar 4-8
Ryan Stohr 4-10
Ryan parker 5-10
Chris Wong n.m.

GIRLS at DeLaSalle

3000

CV Toney 12:00:74
CV Melissa 12:36:67
CV Vanessa 13:45:24
CV Shannon 13:43:13
CV Amy 14:10:62

4x100

heat 1

Crondelet :55:5
Crondelet :56:29
CV (Nicole, Tish, Jerri, Amanda): 56:5
CV (Ashley, Moryah, Leslie, Jessie): 59:71
CV (Erika, Rachel, Leana, Trish): 103:15
Crondelet : 105:07

4x100 heat 2

CV (Cherise, Chealsea, Joyce, Holly): 52:41
Crondelet : 53:35
Clayton : 54:06
CV (Natalie, Kate, Heather, Chan): 56:90
CV (Danielle, Steph, Allison, Mimi) :57:10
CV (Michelle, Angela, Karissa, Katherine): 101:31

HH(5 Flights)

Heat 1

Crondelet : 10:22
CV Angela D. :10:62
CV Christina :11:20
CV Kelley S. :11:47
CV Stewart :12:15

HH Heat 2

Crondelet 9:84
Clayton : 9:94
CV Brittany :10:52

HH heat 3

Clayton : 9:84
CV :11:53
Crondelet : 11:49
Clayton : 11:77
CV : 17:18

300

Heat 1

CV Holly :47:28

CV Heather :48:27
Clayton : 48:76
CV Moryah :51:79
Clayton : 51:84
CV Leana :51:84

300 heat 2

CV Joyce :46:75
CV Nicole :48:66
CV Amanda :50:43
Clayton : 53:43

300 heat 3

Clayton :48:53
Clayton :52:69

4x800

Clayton 10:57:31
Crondelet 11:04:20
CV (Rosie, Min, Jerri, Brooke) 11:05
Crondelet 11:08:72
Crondelet 11:23:56
Crondelet 11:25:62
Crondelet 11:32
CV (Michelle, Ginger, Helga, Erin) 11:49:97

100m

heat 1

Crondelet : 13:81
Crondelet : 3:82
Clayton 14:32
Clayton 15:18
Clayton :15:31
Clayton : 14:47

100m Heat2

Cron. :14:16
CV :14:64
Cm. : 15:01
Cron. : 15:22
Cron. :15:44
CV :16:57

100m haet 3

CV Holly :14:09
CV Michelle :14:17
CV Heather :14:37
CV Kate :14:47
CV Leana :15:50
CV Erika :16:16

100m heat 4

Cron. :13:44
Cron. :13:93
Cron. :14:14
Cron. :16:40
Cron. :16:53
Cron. :20:07

100m heat 5

CV :13:14 chelsea
Clay. :13:16
CV :13:70 Joyce
Cron. :13:71
Cron. :13:73
Clay :13:97
Cron. :14:13

300m hurdles

CV Stewart :51:18
CV Laura D. :54:58
Clay. :59:72

4x400

Heat 1

CV "C" 4:43:47
Angela 67
Karissa 72

Tisha 71
Nicole 72
CV "D" 5:01:98
Michelle C 69
Moryah 77
Leana 83
Kathryn 73

Clay.

5:08:23
CV "E" 5:20:19
Kate 86
Alison 73
Stephanie T 76
Stephanie L 74

Heat 2

Clayton 4:23
CV "A" 4:25.3
Kelley 62.6
Chelsea 68.2
Laura 66.4
Brittany K 68.1
CV "B" 4:42.9
Michelle D 68
Heather 71
kathryn 75
Holly 68

Discus

CV Passadore 66' 9 1/2"
CV Gordeychev 54'3 1/2"
CV Marcotte 48'1"
CV Cardiasmenos 48'1"
CV Jacquez 26'10"
CV Hunihan 77'4"

Varsity Shotput

CV McManus 20'3"
CV Fernsten 16'4"
CV Hunihan 24'5"
CV Fernsten, M 24'2"
CV Passadore 23'3 1/2"
Cron. Garcia 32'11"
Cron. Baker 24'4"
Cron. Norton 23'11"
Cron. Fontana 23'11"
Clay. Gee 30'5 1/2"

JV Shotput

Clay. Elliot 15'6"
Clay. 17'4"
CV Jacquez 15'1"
CV Marcotte 18' 9 1/2"

High Jump

Amanda n.h.
Jessie 4-2
Katie 4-6
Samantha 4-10

Pole Vault

Stephanie LaSalle 6-6
Melody Jue 6-0
Amanda n.h.

Long Jump

DAnielle lacye 11-6
Jessie White 14-0 1/2
Dana Linda 13-3 3/4

Triple Jump

Megan Young no mark
Jessie White 28-11 1/4
Dana Linda 26-11 3/4

DLS Scrimmage @DLS High School DLS, Carondelet, ClaytonValley Friday, March 1, 2001

This was a good scrimmage for the CV bunch. We put lots of kids on the line, and we all ran, jumped, hurdled, threw and vaulted well. The Trojans were all competitive in all events. We especially were impressive in the numbers department, putting the single largest team out there.

Despite assurances by the DLS coach, the electronic timing never did arrive, and the finish line crew was, well, disorganized. Our own statistics team of Amber and Megan were far more in charge than the home team.

We were not able to get all the names and marks, and had to steal all the results sheets just to get the marks we did get. Look at the results we do have, and try to figure out what heat, and what time is yours.

Rest assured that CV home meets are much better organized.

Up Next:: Bishop O'Dowd at Chabot College on Thursday.

The Dragons of O'Dowd are our main league competition, and we are considered underdogs to them this year. Let's go get them.

3000 m		
CV	Bettinger	9:37:
CV	WElte	9:49
CV	Yano	10:25
	Meyerlofer M	10:35
	Meyerlofe J	10:36
	Slater	10:37
Clayton	Coleman	10:44
	Danerel	10:46
	Kirkland	10:50
	Macolaso	10:58
	Pascuel	10:59
	P Kelly	10:59
	Luchaser	10:59
	Vetck	11:00
	Mcguire	11:15
Clayton	Baily	11:13
	Lin	11:17
	Mclennan	11:20
Clayton	Van Hall	11:32
CV	Stone	12:02
	Garrett	11:41
	Norona	12:29
Clayton	Vorpaho	13:24
	Callahan	13:26
	D'Onofcso	
	Imsand	
	Khalik	

4 by 100

heat 1

CV	JOhn, Terry, Stohr, Evan	:47:88
Clayton		:48:23
CV	Brandon, Rance, Jarel, Jordan	:50:3
CV	McCoy, Simmon, Dan, Josh	:55:53

Heat 2

DLS		:44:84
CV	Geno, Marcus, Joey, Rich	:45:81
Clayton		:46:9

High Hurdles

CV	Parker	9.1
Clayton		9.51
DLS		10.2
Clayton		10.4
CV	Seals	10:8
DLS		11.1

300

heat 1

DLS		38.4
DLS		:39.57
CV	Brandon	:38.52
CV	Rance	:40.50
DLS		:41.35
Clayton		:41.47
CV	Robbie	:42.18

Heat 2nd

DLS		:30.43
CV	Terry	:40.18
DLS		:40.87
DLS		:41.34
DLS		:41.41
CV	Jordan	:43.32
		:46.12

Heat 3

DSL		:40.53
DLS		:42.22
DSL		:42.62
CV	Jarel	:42.57
CV	Nunes	:43.58
DLS		:46.44

Heat 4

DSL		:42.32
DLS		:43.32
DLS		:43.57
CV	McCoy	:45.16
DSL		:45.59

Heat 5th

DLS		:37.28
CV	Joey	:38.04
DLS		:38.17
Clayton		:38.69
Clayton		:41.89

Heat 6th

CV	Geno	:37.31
DLS		:38.25
CV	Antoney	:39.13

4 by 800

Heat 1

Clayton		9:40.1.
CV		9:40.2
DLS		10:09
DLS		10:40
DLS		11:05
DLS		11:05
DLS		11:33

4 by 800

CV		8:20.2
DSL		8:38:88
Clayton		8:56:02
Clayton		9:55:
DSL		9:57
DSL		9:59

100

heat 1

CV		:11:97
----	--	--------

Clayton		:12:58
Clayton		:12:58
Clayton		:12:96
Clayton		:13:28
Clayton		:13:94

Heat 2

CV		:11:45
DLS		:11:76
DLS		:12:03
CV		:12:22
Clayton		:12:75
DLS		:13:09

Heat 3

CV	Brandon	:12:81
CV	Jordan	:12:82
CV	Jarel	:12:82
CV	Nunes	:13:22
CV	Hluke	:13:25
CV	Josh	:13:65

Heat 4

CV		:13:34
CV		:13:97
CV		:14:47

Heat5 times are wrong

CV	Marek	:11:45
CV	McCoy	:11:76
CV	Simon	:11:77
Dls		:11:96
Clayton		:12:12
Clayton		:12:12
Clayton		:12:46
DSL		:12:53

Heat 6

Clayton		:11:85
Clayton		:11:88

300m Hurdles

CV		:42:56
Clayton		:45:14
Clayton		:50:65
CV		:51:97

4 by 400

CV	Evan, Terry, John, Stohr	4:01:53
Clayton		4:05:88
CV	Joran, Brandon, Jarel, Rance	4:17:11
CV	Haik, Josh, Simmon, McCoy	4:29:27
DSL		5:03:57

Pole VAult

Alex	6-6
Kevin	6-6
Josh	7-0
Justin	n.h.

Triple JUMP

Aaron Alb onico	27-7 3/4
DAn Callen	30-6
William Seals	30-4
Marvin Zamora	33-5

Long Jump

Marek Brezula	13-9
Marvin Zamora	15-5
Evan Ballar	17-0
Darwin Tsang	11-1
Aaron Albonica	n.m.
William Seals	14-1
Ryan parker	18-7
Dan Callen	13-10
Anthony Limnios	16-10

Shot Put

10 lb	
Joel Efferson	27-4

The Daily Blurb

Saturday, March 9, 2002

TROJANS DO WELL AT DELASALLE INVITE

All in all, this was a quality outing for the CV crowd. Soccer, DECA, pops concert, spirit squad competition, jobs, family outings, et cetera all conspired to keep our full presence at a minimum. Still, the ones who made it made it worthwhile.

The boys distance was at top form, with Yano's individual win, the DM top place with half of our "B" squad, and the great 4 x 800 come-from-way-behind win. The hurdlers all took top places, and the GFS sprints scored not less than 3rd in any event.

We have more invitationals, and they are all more chances to show off CV glory. Let's clear our calendar of all those silly conflicts and focus on this season.

Varsity girls

Event 28 Girls 3000 Meter Run Varsity

10 Rosie Toney 12:04.37
14 Lauren Hashimoto 12:44.80

The girls were not especially inspired today. Lauren's time was still an improvement.

Girls Varsity 300 Meter Hurdles

2 Kelley Stewart 50.21

Still stuttering before the hurdles, Kelley nonetheless took 2nd in a good race.

Girls Varsity 4x200 Meter Relay

10 Min Choi, Kelley Stewart, Jennie O'Neill, Brooke Katich 2:02.31

Flush from the good 4x800 race, the girls tried again in the 4x200. Not the same magic.

Girls Varsity 4x800 Meter Relay



Min picks up speed in the 4x800

3 Kelley Stewart, Min Choi, Jennie O'Neill, Brooke Katich 10:41.40

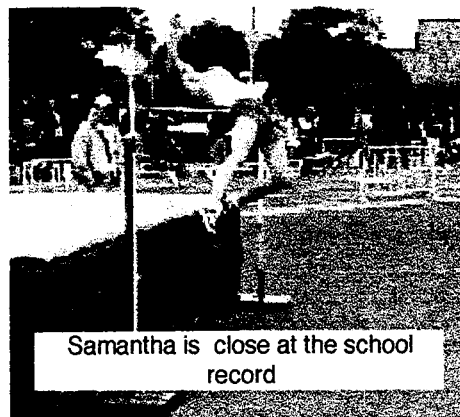
Impressive opening and closing legs gave us the top place, with tough running by all.

High Jump

2 Samantha Journey 5-2

Heather Clancy n.h.

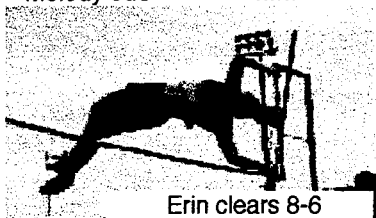
Samantha nearly had the school record, but settled for the very good 2nd. Heather has a sore knee.



Samantha is close at the school record

Pole vault

3 Erin McCarthy 9-6
Melody Jue n.h.



Erin clears 8-6

Varsity boys results!

Boys Varsity 300 Meter Hurdles

1 Ryan Parker 41.67

Leading from the start, Ryan showed excellent form and confidence.

Boys 4x800 Meter Relay Varsity

1 Zane Welte, TJ Miller, Nate Fernsten, Beau Bettinger 8:23.8

When Wong called in absent at the last minute, we had to make do a bit. Nate came through with a great 3rd leg to put us in 2nd, and Beau ripped off a 1:56 to give us the 1st place.

Boys Varsity Distance Medley

4 John Yano, TJ Miller, Jeff Ribeira, Dave Stadlerman 11:12.10

Yano ran as varsity to help us out, and TJ and Jeff gave us quality legs to let Dave improve to a 4:37 1600 anchor.

High Jump

7 Ryan Parker 5-10

14 Tony Limnios 5-4

Parker nearly had the 6-0 he wants. Tony is still learning.

Pole Vault

Dustin Wheeler n.h.

Dustin is still raw in form.

Shot Put

5 Xavier Carrion 44-8

A true competitor, Xavier improved by a foot and is still not happy.

Frosh/Soph girls results!

Girls Frosh/Soph 100 Meter Dash

2 Cheris Chan 13.27

A school record!

Girls Frosh/Soph 3000 Meter Run

12 Samantha Suey 13:01.4

Sam ran a very good race, near her lifetime best.

Girls Frosh/Soph 300 Meter Hurdles

3 Angela Dohrmann 53.00

Angela is all heart as she ran tough to get the medal

Girls Frosh/Soph 4x100 Meter Relay

2 Michelle Chan, Michelle Dianda, Jennifer Wilkinson, Cheris Chan 54.83

Shaky handoffs slowed us down, but we are still fast.

Girls Frosh/Soph 4x200 Meter Relay

1 Cheris Chan, Michelle Chan, Jennifer Wilkinson, Kathryn Pomeroy 1:49.40

With a little more room to air it out, our young girls really turned it on for the winning time.

Girls Frosh/Soph 4x400 Meter Relay

3 Cheris Chan, Michelle Chan, Kathryn Pomeroy, Angel Dohrmann 4:38.60

This is always a tough race, at the end of a long day, but these young girls proved to be tough too. They ran a solid 3rd to back up the rest of their top performances.

Girls Frosh/Soph 4x800 Meter Relay

7 Samantha Suey, Ginger Hashimoto, Nicole Marcolite, Michelle Dianda 11:14.90

We were in the middle of the pack

until Michelle took anchor and revved it up with a blistering last leg to move us up to 7th.



Michelle anchors the 4 x 800

High Jump

4 Katy Stewart 4-4
Amanda Delaplane n.h.

Katy just could not negotiate the 4-6 she wanted, but scored points for the team. Amanda needs a little practice.

Pole Vault

4 Stephanie Lassalle 7-0
Amanda Delaplane n.h.

Stephanie got excited and took a top place. Amanda is still learning.

Frosh/Soph boys results!

Boys Frosh/Soph 100 Meter Dash

12 Evan Ballar ELS 12.55

A sore hip kept Evan from performing at top form.



Evan gets a good start

Boys Frosh/Soph 3000

1. John Yano 9:20.9

John has been working hard this year, and hung easily with the field until the last lap and then showed them who is boss.

Pole vault

Kevan Turner n.h.
Josh Ashford n.h.

The young boys need more time.

Moves to Sonora

COACH CORDOVA RETIRES AFTER 15 YEARS

After 15 years with the Castro Valley Track program as its boys' sprints coach, Keith Cordova is stepping down to move to Sonora. During his tenure here as athlete and coach, Cordova has seen the ups and downs of the Castro Valley program and contributed his share to the overall success of the CV track heritage.

Cordova graduated from Castro Valley in 1983 as a dual record holder for us. He held the the BFS and Varsity records in the 100 meter at 11.2 and 11.0 respectively until he coached others to break his own records.

He started coaching in 1986 after being recruited by Coach Brewer in midseason. A previous coach had moved to New York, and Brewer needed help.

"I saw him leaning on the fence during a workout. As half-way joke, I said 'So, what are you doing every day after school at 3:30? I need a coach.' He thought a second, and then replied 'I can do this.'"

Cordova took over and a steady stream of sprint successes started then. In a league where sprint power was usually the product of Hayward high and Mt. Eden High, Castro Valley became the team to beat.

Cordova's own athletes summed up his reason for success best. "I went on to college," said Matt Rozell (class of '93) "and improved my times, had great technical training, and ran on good teams. But all through college I was waiting for Cordova to come over and kick me in the rear and tell me to do it right. I was always waiting to be challenged to do my best, just like in high school."

As a master of motivation, Cordova had to work with an odd array of individuals. One sprinter had to be convinced to stop smoking; another, with two children to support (as a high school senior), had to creatively arrange his work hours. Once Cordova won the league title in the 4 x 100 with a team made up, at the last minute, of a sprinter, a hurdler, a jumper, and a pole vaulter. One team that nearly went to the state meet had a leadoff runner who almost fell down every race out of the blocks.

Cordova leaves behind a records, championships, and memories -- but mostly he leaves behind a legacy of kids who he taught to work hard and to challenge themselves.

Coaching Adjustments

In light of Coach Cordova's sudden retirement, there will be adjustments to the coaching assignments for the rest of the season. We have a good start to this season, and we can carry on as best we can to the end.

Girls sprinters, Boys sprinters, All jumpers -- report each day at 3:30 to coach Brewer

* We will do the workouts from 3:30 to 4:15, and then Coach Brewer will move on to jump technique work from 4:15 -5:00.

* Boys sprinters will report to Coach Dino on interval days

Throwers -- report to your captains for the workouts

Hurdlers -- report to Coach Mel

Girls Distance -- report to Coach Raoul

Boys Distance -- report to Coach Dino

Vaulters -- warmup with the sprinters -- then off to the runway.

Calendar:

Monday 3/11	Makeup meet with Bishop O'Dowd @ Chabot College	3:30
Thursday 3/14	vs. Arroyo @ CVHS	3:30
Friday 3/15	Piedmont Distance Festival	3:30
Saturday 3/16	Cougar Invitational @ Newark-Memorial HS	8:00 a.m.

Castro Valley vs. Bishop O'Dowd

Monday, March 12, 2002 @ Chabot College

Girls' Varsity CV 74, BOD 61

4 x 100

1 BOD BOD 48.8
(Meet record - old record CV 50.2 1998)

2 CV CV 51.4

Charis Chan
Chelsea Chandler
Kiersten Slader
Holly Matheny

1600

1 Anna Purcell BOD 5:43.9
2 Rose Toney CV 5:55.8
3 Emma Williams BOD 6:00.1
4 Lauren Hashimoto CV 6:12.0
5 Rhiannon Webb CV 6:12.8
6 Kristin Wheeler BOD 6:21.9
7 Nicole Knigge BOD 6:34.5
8 Amy Clark CV 6:37.8

100 High Hurdles

1 Anglea Dohrmann CV 19.3
2 Heather Schmidt CV 19.6
3 Erin McCarthy CV 20.1
4 Roana Tirado CV 20.5
5 Laura Dobel CV 20.7

400

1 Kelley Stewart CV 61.9
2 S. Shipman BOD 64.5
3 E. Fuglestad BOD 65.4

100

1 Cheris Chan CV 12.9
2 M. Macedo BOD 13.2
3 Chelsea Chandler CV 13.4
4 Holly Matheny CV 13.7
5 ? BOD 13.9

800

1 Brooke Katich CV 2:38.3
2 Jennie O'Neill CV 2:49.1
3 Jerri Pfisterer CV 2:58.5

300 IH

1 Angela dohrmann CV 52.4
2 Laura Dobel CV 54.2
3 Brittany Knapp CV 54.2
4 Roana Tirado CV 58.4
5 Hether Schmidt CV 60.5

200

1 Cheris Chan CV 26.9
2 M. Macedo BOD 27.7
3 Holly Matheny CV 27.9

3200

1 Anna Purcell BOD 12:49.8
2 Rose Toney CV 13:14.6
3 Emma Williams BOD 13:25.8
4 Lauren Hashimoto CV 13:34.2
5 Kristen Wheeler BOD 14:39.6
6 L. Holton BOD 14:40.2
7 S. Boyle BOD 17:00.0

4 x 400

1 CV CV 4:25.6

Cheris Chan
Laura Dobel
Angela Dohrmann
Chelsea Chandler

2 BOD "A" BOD 4:36.7
3 BOD "B" BOD 4:56.6

LJ

1 Keishee Hill BOD16-1
(meet record - old record 15-9
Lynnsy Jones (CV) 1997)
2 Shanice Kelly BOD 15-9
3 Kersten Slader CV 14-7
4 Dana Linda CV 12-11
5 Alex Long-Smith BOD 12-4

TJ

1 Shanice Kelly BOD34-0
(meet record - old record 33-7 1/2
Keishee Hill (BOD) 2000)
2 Chelsea Chandler CV 31-6
3 Kiersten Slader CV 31-3 1/2

HJ

1 Samantha Journey CV 5-2
(met record - old record 5-0 Amy
Kohl 1997)
2 Kiersten Slader CV 4-8
3 Heather Clancy CV 4-4

SP

1 Petulisa Mausia BOD 34-1
2 Taneya Davis BOD 32-4
3 Allyson Criner BOD30-2 1/2
4 EJ Emeh BOD 29-9
5 Jessica Passadore CV 23-3

Discus

1 Allyson Criner BOD133-7
(meet record - old record 121-7
Michelle Daggs (BOD) 1999)
2 Taneya Davis BOD 118-7
3 EJ Emeh BOD 103-10
4 Petulisa Mausia BOD 92-3
5 Jessica Passadore CV 77-7 1/2
6 Megan Shaw CV 75-2 1/2

PV

1 Erin McCarthy CV9-6 (meet
record 00 old record 806 Amber
Sammons (CV) 1997)
2 Christine Silva BOD 8-0
3 no third

Girls' Frosh-Soph

Score: CV 108, BOD 20

4 x 100

1 BOD "A" BOD 55.6
2 CV "A" CV 55.9

Michelle Chan
Ashley O'Callahan
Natalie Oliver
Nicoel Westling

(Because schools must pre-designate the scoring relay teams, only the "A" team could count for scoring.)

CV "B" CV 54.9

Jennifer Wilkinson
Tisha Davis
Kate Haworth
Kathryn Pomeroy

CV "C" CV 56.2

Karissa Casey
Heather Metheny
Amanda Delaplane
Jennifer ?

CV "D" CV 58.5

Aicha Strane
Jessie White
Danielle Lacey
Allison Bieda

CV "E" CV 59.6

Erika Gutierrez
Jessica Wildenstein
Rachel Huggins
Leanna Lai

1600

1 Melissa Simmons CV 6:07.3
2 A Cardena BOD 6:10.2
3 A. McIsaac BOD 6:11.0
4 Ginger Hashimoto CV 6:12.0
5 Samantha Suey CV 6:22.4
6 L. Holton BOD 6:24.0
7 Nicole Marcotte CV 6:24.4
8 Shannon Alter CV 6:25.4
9 Helga Zambrano CV 6:25.7
10 Vanessa Robles CV 6:25.7
11 E. Freitas BOD 6:38.9
12 A. Atwood BOD 6:39.1
13 Erin Fong CV 6:55.1
14 S. Boyle BOD 7:32.7

400

1. Michelle Dianda CV 67.1
2. Tisha Davis CV 70.5
3. Nicole Westling CV 71.9

100 H

1 Christina Robinson CV 19.4
2 Katy Stewart CV 19.4
3 no third

100

Heat 1
1 L. Smart BOD13.7
(meet record - old record 13.8
Lauren Ford (CV) 2000 and Marshay
goodspeed (CV) 2001)
2 Michelle Chan CV 13.9
3 Jennifer Wilkinson CV 14.1
4 A Musante BOD 14.5
5 Aicha Strane CV 14.7
6 Jessica Wildenstein CV 15.2
7 D. Turrentine BOD 15.4

Heat 2

1 Heather Metheny CV 14.1
2 Sophia Kandell BOD 14.2
3 Kathryn Pomeroy CV 14.5
4 Mimi Cortopossi CV 14.7
5 Kate Haworth CV 15.1
6 A. Terashima BOD 15.4

7 V. Tehrani BOD 15.7
8 Leanna Lai CV 16.0
9 Erika Gutierrez CV 16.2

800

1. Michelle Dianda CV 2:41.3
2. Ginger Hashimoto CV 2:48.3
3. Nicole Marcotte CV 2:52.2
4. E. Bartfield BOD 2:53.1
5. Helga Zambrano CV 2:54.5
6. J. CAthey BOD 2:57.6

300 IH

1 Katy Stewart CV 56.4
2 Christine Robinson CV 56.6
3 no third

200

Heat 1
1 Michelle Chan CV 28.4
2 Jennifer Wilkinson CV 28.8
3 S. Kandell BOD 29.3
4 L. Smart BOD 29.7

Heat 2

1 A. Musante BOD 29.2
2 Heather Metheny CV 29.4
3 Kathryn Pomeroy CV 29.8
4 Nicole Westling CV 30.4
5 V. Tehrani BOD 31.2
6 Kate Haworth CV 31.8

3200

1 Melissa Simmons CV13:37.9
(meet record - old record 13:47.0
Nicole Knigge BOD 2000)
2 A. Cardenas BOD 14:12.6
3 Vanessa Robles CV 14:12.6
4 A. Atwood BOD 15:04.0

4 x 400

1 CV "A" (Dianda, etc) 4:49.6
2 CV "B" (Carissa, etc) 4:53.6
3 BOD 5:00.0

LJ

1 Jessie White CV 12-7
2 Melissa Simmons CV 12-4
3 Dominique Turrentine BOD 12-0
4 Natalie Oliver CV 11-9
5 Amy Terashima BOD 11-9
6 Lindsay Fisher CV 11-7

TJ

1 Natalie Oliver CV 25-3
2 no second
3 no third

HJ

1 Katy Stewart CV4-5 (meet
record - old record 4-4 Heather
Mellon (CV) 2000)

2 Jessie White CV 4-2
3 Brittany Crawford CV 4-0
4 Amanda Delaplane CV 3-10
5 Lindsay Fischer CV 3-8

PV

1 Stephanie Lasalle CV 7-0
2 Melody Jue CV 6-6
Sydney Jones CV n.h
Amanda Delaplane CV n.h.

SP

1 Megan Fernsten CV 23-8
2 Megan Corbin CV 20-1 1/2
3 Martinique Guillory BOD 19-6 1/2
4 MaryEllia McManus CV 17-9 1/2
5 Laura Fernsten CV 16-9

D

1 Lindsey Silva CV 77-10
2 MaryEllia McManus CV 63-4
3 Nicole Marcotte CV 57-7
4 Martinique Guillory BOD 56-3
5 Laura Fernsten CV 41-6

Castro Valley vs. Bishop O'Dowd

Monday, March 12, 2002 @ Chabot College

Boys' Varsity BOD 93, CV 43

1600			
1 Beau Bettinger	CV4:26.2		
(meet record - old record 4:34.0 Beau Bettinger (CV) 2000)			
2 Kevin Holloway	BOD	4:30.3	
3 Tim Wallach	BOD	4:30.5	
4 Dave Stadelman	CV	4:37.3	
5 Zane Welte	CV	4:41.7	
6 Jeff Ribeira	CV	4:55.8	
7 Matt Caselli	CV	4:59.9	
8 Roy Stone	CV	5:21.5	

4 x 100			
1 BOD	BOD	43.6	
2 CV	CV	45.9	
Eric Zamora			
Marcus Cox			
Ryan Stohr			
Geno McGuigan			

110 HH			
1 Ryan Parker	CV	15.9	
2 Brandon Walker	BOD	15.9	
3 Taylor	BOD	17.2	
4 Jim Leng	CV	18.9	
5 William Seals	CV	20.1	
6 ?	BOD	20.2	

400			
1 Brandon Jones	BOD	51.2	
2 S. Brigg	BOD	51.6	
3 Thomas Miller	CV	53	
4 Joe Apodaca	CV	54	
5 Anthony Limnios	CV	58.7	

100			
1 Matt Fontaine	BOD	11.1	
2 Geno McGuigan	CV	11.3	
3 Marcus Cox	CV	11.5	
4 Eric Zamora	CV	11.8	
5 Ryan Stohr	CV	12.1	
6 ?	BOD	12.7	

800			
1 Tim Wallach	BOD1:58.2		
(meet record - old record 1:59.5 Jake Bouey (BOD) 1997)			
2 Chris Wong	CV	1:59.2	
3 Vince D'Onofrio	BOD	2:05.0	
4 Thomas Miller	CV	2:08.5	
5 Nate Fernsten	CV	2:09.7	

300 IH			
1 Brandon Walker	BOD40.6		
(new record - old record 41.1 Kevin McGurk (BOD) 2000, Derrick Oliveira (CV) 2000, Ryan Parker (CV) 2000)			
2 Ryan Parker	CV	40.9	
3 D. Talyor	BOD	44.9	
4 Jim Leng	CV	45.9	
5 William Seals	CV	52.8	

200			
1 Brandon Smart	BOD	22.8	
2 Brandon Jones	BOD	22.9	
3 Geno McGuigan	CV	23.2	
4 Marcus Cox	CV	23.7	
5 Eric Zamora	CV	23.9	
6 Joe Apodaca	CV	24.1	
7 K. Emeh	BOD	24.4	

3200

1 Dave Stadelman	CV	10:19.1	
2 Zane Welte	CV	10:29.8	
3 Chris Wong	BOD	10:31.2	
4 Jeff Ribeira	CV	11:31.8	
5 Roy Stone	CV	11:56.3	

4 x 400			
1 BOD	BOD	3:28.8	
(new record - old record 3:32.2 BOD 1998)			
2 CV	CV	3:38.9	
Joe Apodaca			
Thomas Miller			
Anthony Limnios			
Chris Wong			

LJ			
1 Inman Breaux	BOD	19-11	
2 Kachi Emeh	BOD	18-9 1/2	
3 Ryan Parker	CV	18-5 1/2	
4 Geno McGuigan	CV	18-4 1/2	
5 Anthony Limnios	CV	16-9	
6 Jim Leng	CV	16-2 1/2	
Aaron Albonico			
William Seals			

TJ			
1 Inman Breaux	BOD	41-6	
2 Kachi Emeh	BOD	40-3	
3 Jim Leng	CV	36-6	
4 William Seals	CV	29-8	

HJ			
1 Ryan Parker	CV	5-6	
2 Kevin Holloway	BOD	5-4	
3 Ryan Stohr	CV	5-4	
4 Anthony Limnios	CV	5-4	
5 Matt Fontaine	BOD	5-4	
6 Chris Wong	CV	5-2	

PV			
1 Ryan Garvin	BOD13-3		
(meet record - old record 11-0 Cory Rutherglen IGV) 1998)			
2 Marcus Williamson	BOD	10-0	
3 Mike Shaw	CV	9-6	
4 Dustin Wheeler	CV	8-6	
5 Tommy Sullivan	BOD	8-6	
Kevin Shintani			

SP			
1 Jason Myers	BOD	48-6	
2 Tarek Marston	BOD	42-10	
3 Kenny O'Keith	CV	42-2	
4 Xavier Carrion	CV	41-9	
5 Neil Owen	CV	39-1	
6 Kelvin McIver	BOD	38-3	
7 Dominic LaSalle	CV	36-8	
8 Vince Reiss	CV	36-6	
9 Chris Reid	CV	35-11 1/2	
10 Adrian Hunter	BOD	32-2	
11 Chales Watson	BOD	31-7 1/2	
12 Aubrey Green	CV	31-0	

Discus (results lost)			
1 Jason Myers	BOD	?	
2 Kenny O'Keith	CV	123-8	
3 Tarek Marston	BOD	?	

Boys' Frosh-Soph Score: CV 87, BOD 32

1600			
1 John Yano	CV4:47.8		
(meet record - old record 5:03.7 Kenpei Yamamoto (CV) 1997)			
2 Jordan Bailey	CV	5:14.7	
3 Jason Ribeira	CV	5:16.7	
4 Bennet Hall	CV	5:31.2	

4 x 100			
1 BOD	BOD	46.9	
2 CV "A"	CV	47.3	
Terrence Jones			
Evan Ballar			
John Hicken			
Rance Jones			
3 CV "B"	CV	51.7	
Robert WRight			
John Nunes			
Daniel Haiek			
Rene McCoy			

110 High Hurdles - not contested

400			
1. Rance Jones	CV	56.5	
no second or third			

100			
Heat 1			
1 t. Arnold	BOD	11.6	
2 Evan Ballar	CV	11.9	
2 Terrence Jones	CV	11.9	
4 JohnHicken	CV	12.4	
5 D. Glover	BOD	12.7	
6 John Nunes	CV	13	

Heat 2			
1 J. Jegaraj	BOD	11.9	
2 Marek Brezula	CV	12.2	
3 Jordan Lindsay	CV	12.5	
4 Richard Fung	BOD	12.7	
5 Jarel McMillon	CV	13	
6 Rene McCoy	CV	13.4	

Heat 3			
1 Daniel Haiek	CV	13.3	
2 W. Nicks	BOD	13.4	
3 Josh Shinoda	CV	13.6	
4 Simon Wu	CV	14.1	
5 J. Newman	BOD	14.9	

800			
1 Jason Ribeira	CV	2:22.0	
2 Marvin Zamora	CV	2:23.4	
3 C. Rod	BOD	2:28.6	

300 IH			
1 Jordan Lindsey	CV	50.8	
2 Jarel McMillon	CV	52.4	
3 Rene McCoy	CV	57.7	

200			
Heat 1			
1 T. Arnold	BOD	24.6	
2 John Hicken	CV	25.1	
3 N. Gordon	BOD	25.3	
4 A. Sanda	BOD	25.7	

Heat 2			
1 Terrence Jones	CV	25.3	
2 Josh Shinoda	CV	28.2	
3 Rene McCoy	CV	30.2	

3200			
1 John Yano	CV10:22.4		
(meet record - old record 11:00.7 Kenpei Yamamoto (CV) 1997)			
2 Jordan Bailey	CV	11:46.4	
3 Bennet Hall	CV	11:49.5	
4 Justin Taylor	CV	13:08.9	
5 Alex Schoolcraft	CV	13:12.8	

4 x 400			
1. CV	CV	4:00.8	
Jason Ribeira			
John Picetti			
Rance Jones			
Terrence Jones			

LJ			
1 Evan Ballar	CV	16-4	
2 Robert Wright	CV	15-9	
3 Daniel Haiek	CV	15-4	
4 Adam SAnda	BOD	14-7 1/2	
5 Josh Shinoda	CV	12-9 1/2	
6 Simon Wu	CV	10-10	
Marek Brezula			

TJ			
1 Marvin Zamora	CV	34-7	
2 Ebn Ballar	CV	33-8 1/2	
3 no third			

HJ			
1 John Picetti	CV	5-0	
2 Daniel Haiek	CV	5-0	
3 Jon Nunes	CV	4-8	
4 Marek Brezula	CV	4-6	
Chris Reid			

PV			
1 Tony Sanchez	CV	9-0	
2 Josh Ashford	CV	7-6	
3 Elliot Jones	BOD	7-6	
4 Bryan Collard	CV	7-6	
Kevin Turner			
Alex Schoolcraft			
Calvin Rosekraus			
Ian Fasiou			

SP			
1 Eric Smullberg	BOD	38-11	
2 Kyle Salwasser	BOD	37-1	
3 Jared Jigaraj	BOD	35-7	
4 Chris Hinkley	BOD	34-5	
5 Derek Music	CV	33-11	
6 Darwin Tsang	CV	30-5 1/2	
7 Vincent Wu	CV	27-9	
8 Daniel Leonard	BOD	26-9 1/2	
9 Joel Efferson	CV	24-10	

Discus			
1 Jared Jigaraj	BOD107-10		
(meet record - old record 104-0 Michale Gray (BOD) 2000)			
2 Chris Reid	CV	89-10	
3 Kyle Salwasser	BOD	85-10	
4 Derek Music	CV	75-5	
5 Chris Hinkley	BOD	75-0	
6 Vincent Wu	CV	74-7	
7 DAniel Leonard	BOD	73-0	
8 Eric Smallberg	BOD	72-8	
9 Ryan Zika	BOD	66-2	
10 Darwin Tsang	CV	63-3	
11 Joel Efferson	CV	54-4	

Castro Valley vs. Arroyo

Girl' Varsity A 76, CV 56

4 x 100

1 Chan, Chandler, Slader, Matheny	CV	52:7
2 Grangoff, Mom, Chadwick, Wallace	A	53:1

1600

1 Chelsea Tikotsky	A	5:54
2 Rose Toney	CV	6:02
3 Lauren Vonnegut	A	6:07
4 Melissa Simmons	CV	6:10
5 Riannon Webb	CV	6:15
6 Melissa Calder	A	6:19
7 Lauren Hashimoto	CV	6:20
8 Rachel Grahman	A	6:24
9 Amy Clark	CV	6:49
10 Sarah Dycus	A	6:55

100 HH

Heat 1		
1 Sheal Rivas	A	16:8
2 Kristin Hughes	A	17:1
3 Erin McCarthy	CV	19:3
4 Heather Schmidt	CV	20:3
5 Angela Dohrmann	CV	21:2
Jessica Tikowa	A	22:1
Heat 2		
1 Laura Dobel	CV	19:2
2 Roana Tirado	CV	20:4

400

1 Kelly Stewart	CV	63:5
2 Sarah Chadwick	A	1:05.3
3 Sarah Merritt	A	1:80.5

100

1 Charis Chan	CV	13:1
2 Deane Wallace	A	13:1
3 Aleta Morn	A	13:6
4 Chelsea Chandlon	CV	13:6
5 Holly Matheny	CV	14:0
6 Lani Cardends	A	14:4

800

1 Sarah Merritt	A	2:38
2 Brooke Katich	CV	2:41
3 Michelle Dianda	CV	2:43
4 Jennifer O'neill	CV	2:55
5 Rachel Graham	A	5:05

300 IH

1 Sheal Rivas	A	49.8
2 Kelly Stewart	CV	50.6
3 Laura Dobel	CV	52.1
4 Kristen Hughes	A	52.2
5 Vanessa Phillips	A	55.1

Heat 2

1 Brittany Knapp	CV	55.8
2 Roana Tirado	CV	57.8
3 Heather Schmidt	CV	1:00.4

PV

1 Mika Valois	A	7-0
Erin McCarthy	CV	N.H.

200

Heat 1		
1 Charis Chan	CV	26.9
2 Deane Wallace	A	28.4
3 Sarah Chadwick	A	28.0

4 Holly Mathony	CV	29.0
5 Aleta Morn	A	30.0
6 Lani Cardenas	A	30.4

3200

1 Rose Toney	CV	13:03
2 Chelsea Tikotsky	A	13:09
3 Lauren Vonnegut	A	13:15
4 Melissa Simmons	CV	13:18
5 Lauren Hashimoto	CV	13:21

4X400

1 Rivas, Chadwick, Mom, Meritt	A	4:20
2 Stewart, Dobel, Chandler, Kadich	CV	4:23

TJ

1 Chelsea Chandler	CV	31'8"
2 Kiersten Slader	CV	31'2"
3 Milana Ona	A	30'1/2"
4 Becky Gerton	A	28'9"
5 Andrea Banouvong	A	28'8.5"
6 Jessie White	CV	28'1/2"
7 Dana Vinda	CV	27'5"
8 Jessica Tekawa	A	27'5"

LJ

1 Becky Gerton	A	15'6"
2 Andrea Banouvong	A	15'2.5"
3 Kiersten Slader	CV	14'7.5"
4 Jessie White	CV	14'1.5"
5 Milana Ona	A	13'8.5"
6 Keona Collins	A	13'7"
7 Jessica Tekawa	A	13'7"
8 Lauren Ford	CV	13'2"
9 Dana Linda	CV	13'1"
10 Holly Matheny	CV	13'1/2"

HJ

1 Vanessa Phillip	A	4'8
2 Becky Gerton	A	4'8
3 Milana Oma	A	4'8
4 Kiersten Slader	CV	4'6
5 Keona Collins	CV	4'6
6 Heather Clancy	CV	4'4
7 Jessie White	CV	4'0

SP

1 Alisha Aggetta	A	30-2
2 Melanie Linney	CV	28'7"
3 Megan Shaw	CV	27'8"
4 Michelle Dalisay	A	26'7"
5 Jaime Huihan	CV	25'9.5"
6 Jessica Passadore	CV	23'10"
7 Tina Jupp	A	23'1/2"
8 Ana Ticas	A	22'7.5"
9 Theresa Grangoff	A	22'2.5"
10 Dasha Gordeychev	CV	20'5.5"

Discus

1 Megan Show	CV	82'5 1/2
2 Tina Jupp	A	77'7
3 Jessica Passadora	CV	76'2
4 Alisha Aggetta	A	74'9
5 Michelle Dalisay	A	71'0
6 Melanie Linney	CV	69'4
7 Ana Ticas	A	59'5 1/5
8 Erin Cardiasmenos	CV	53'1 1/2
9 Dasha Gordeychev	CV	51'6

Girls' Frosh-Soph 122, A 14

4 x100 (New meet record - old record 55.3 1999)

1 Pomroy, Chan, wilkinson, Mathen	CV	55:1
2 Cortopossi, Westling, Strane, Casey	CV	57.3
3 Davis, Haworth, Oliver, Callahan	CV	58.6
4 Wildensten, Tabor, Schinder, Dolaplae	CV	59.7
5 Allison, Jerry, Danielle, Leanna	CV	60.5
6 Strack, Lazuck, Blaurock, Binlot	A	62.9

1600

1 Ginger Hashimoto	CV	6:21
2 Nicole Harcotte	CV	6:31
3 Helga Zambrano	CV	6:34
4 Tara Lauer	A	6:36
5 Vanessa Robles	CV	6:44
6 Joan Sim	A	6:56
7 Christina Robertson	CV	7:00
8 Erin Fong	CV	7:03
9 Nima kayla	A	7:52

HH 100

1 Kara Bock	A	19.2
2 Katie Stewart	CV	19.9
3 Robin Bergeron	A	19.9
4 Christina Robinson	CV	20.4

400

1 Jenny Phifter	CV	70.5
2 Melissa Strack	A	1:10.8
3 Jessica Wildensten	CV	1:13.6
4 Alcha Strane	CV	1:13.7

100

Heat 1		
1 Michelle Chan	CV	13.7
2 Jennifer Wilkinson	CV	14.1
3 Ashley O'Callahan	CV	14.4
4 Chante Blaurock	A	15.4
5 Marie Binlot	A	16.0
6 Angeuca Laszuc	A	16.9
Heat 2		
1 Katie Haworth	CV	14.7
2 Mimi Cortopossi	CV	14.9
3 Rachel Huggins	CV	15.7
4 Stedhanie Tabor	CV	15.7

800

1 Helgas Zambrano	CV	2:57
2 Nicole Marcotte	CV	2:58
3 Tara Laver	A	3:02
4 Erin Fong	CV	3:10

300 IH

1 Robin Bergoron	A	55.5
(meet record - old record 57.7 1997)		
2 Kathryn Pomeroy	CV	56.9

3 Cristina Robinson	CV	57.3
4 Katy Stewart	CV	57.5

200

1 Michelle Chan	CV	29.0
2 Jennifer Wilkinson	CV	29.3
3 Nicole Westling	CV	29.7
4 Shanta Blaurock	A	32.1
5 Kate haworth	CV	33.1
6 Erin Gerrity	A	n.t.
7 Angelica Laszuc	A	n.t.

3200

1 Shannon Alter	CV	13:51
(new meet record - old record 14:01)		
2 Samantha Suey	CV	14:09
3 Vanessa Robles	CV	14:09

4X400 (meet record old record 4:52)

1 Chan, Casey, Davis, Pfeister	CV	4:46
2 Moryan, Amanda, Jessie, Mimi	CV	5:03
3 ?	CV	5:09
4 Laver, Strack, Waszuk, Blavir	A	5:16

LJ

1 Heather Matheny	CV	12'8.5"
2 Natalie Oliver	CV	12'4"
3 Danielle Lacey	CV	12'0"
4 Rachel Huggins	CV	11'4.5"
5 Lindsay Fischer	CV	10'9"

TJ

1 Heather Matheny	CV	27'8"
2 Natalie Oliver	CV	26'9"
3 Jessica Wildensten	CV	25'16"
4 Danielle Lacey	CV	23'8"
5 Erka Gutierrez	CV	22'6"

HJ

1 Katy Stewart	CV	4'6"
(new meet record - old record 4-4)		
2 Brittany Crawford	CV	4'6"
3 Brianna Peters	A	4'4"
4 Amanda Delaplane	CV	4-0
5 Lindsey Fischer	CV	3'8"

PV

1 Stephanie Lassalle	CV	7-0
(ties meet record)		
2 Amanda Delaplane	CV	6-0
3 Sydney Jones	CV	6-0

SP

1 Lyndsey Silva	CV	22'10
2 Megan Fernsten	CV	22'5
3 MaryElla Mcmanus	CV	18'8
4 Megan Corbin	CV	20'5
5 Laura Fernsten	CV	17'4

Discus

1 Lyndsey Silva	CV	65'8
2 MaryElla McManus	CV	54'5
3 Nicole Mascotte	CV	49'8
4 Laura Fernsten	CV	30'3
5 Monica Jacquez	CV	38'1
6 Megan Corbin	CV	38'1

Castro Valley vs. Arroyo

[illegible]

Piedmont Distance Festival

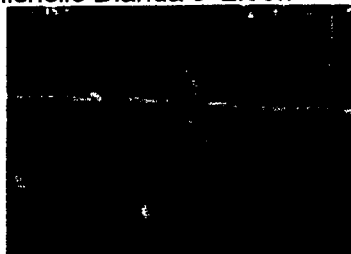
Friday, March 15, 2002

Girls 800 Heat 4

3. Ginger Hashimoto 9 2:47.4

Girls 800 Heat 6

1. Michelle Dianda 9 2:36.7



8. Jennifer O'Neill 11 2:47.0

10. Nicole Marcotte 10 2:47.7

Girls 800 Heat 9

11. Chelsea Chandler 11 2:42.1

Girls 800 Heat 10

5. Laura Dobel 10 2:31.9

Girls 800 Heat 12

2. Kelley Stewart 10 2:23.0

Girls 1600 Heat 4

9. Nicoel marcotte 10 6:12.5

10. Ginger Hashimoto 9 6:16.6

15. VAnessa Robles 9 6:34.3

16. Amy Clark 11 6:35.5

Girls 1600 Heat 5

6. Lauren Hashimoto 12 6:16.3

Girls 1600 Heat 6

11. Rhiannon Webb 11 6:14.9



Girls 1600 Heat 9

11. Rosie Toney 12 5:54.5

Girls 3200 Heat 1

7. Melissa Simmons 10 12:57.1

11. Lauren Hashimoto 12 13:10.6

14. Shannon Alter 10 13:18.7

Girls 3200 Heat 2

18. Rosie Toney 12 12:31.0



Boys:

1600 Middle School

1. Matt Riley

5:50.6



1600 Heat 6

5. Jordan Bailey 5:08.4

12. Marvin Zamora 5:16.5

1600 Heat 7

3. Jason Ribeira 5:02.8

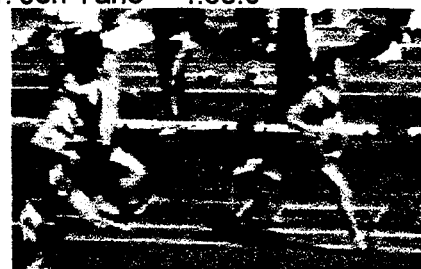
1600 Heat 9

3. Jeff Ribeira 4:52.6



1600 Heat 13

1. Jon Yano 4:38.0



1600 Heat 13

13. TJ Miller 4:51.0

1600 Heat 14

6. Beau Bettinger 4:27.4

800 Heat 8

Kevin Shintani 2:25.9

800 Heat 10

Jason Ribeira 2:13.2

800 Heat 13

Nate Fernsten 2:07.2

TJ Miller 2:12.1

800 Heat 15

Chris Wong 1:59.2

3200 Heat 1

Roy Stone 11:36.4

Marvin Zamora 12:06.3

Alex Levchuk 12:06.4

Cougar Relays -- Newark Memorial High School

Saturday, March 16, 2002

Overall the Trojan squad did very well. Many conflicts definitely subdued the CV presence, but we were able to get athletes into many events and many fine performances resulted.

Perhaps the most noteworthy was the overall effort of the GFS, who pulled off the 1st place team win. We scored points in 4 field events, 2 relays, and 2 individual races. We also set two school records in the GFS: Charis Chan took down her own record of last week in the 100 all the way to 12.87; and the 4 x 200 team which shaved off .36 from the previous record.

Apologies for the incomplete results - I missed some, and the press booth was not quite up to the task of quick processing.

And now for a little editorializing -- Many athletes missed the meet because they said they "didn't know" what time to be there, or if they were even entered, or even how to get to the meet. This was covered in the team meeting on Monday, and the entries, the meet schedule, and the directions were posted in 5 separate spots around the track. With a large team, it is important to be responsible to get information for yourself.

Dustin Wheeler n.h.

GV

Shot Put

- | | |
|-------------------|----------|
| 7. Melanie Lynney | 28-7 3/4 |
| 12. Jamie Hunihan | 25-2 1/2 |

Discus

- | | |
|---------------|-------|
| Jamie Hunihan | 65-11 |
|---------------|-------|

300 IH

- | | |
|------------------------|-------|
| 7. Laura Dobel | 52.31 |
| 17. Christina Robinson | 56.55 |
| 18. Heather Schmidt | 57.13 |

400

- | | |
|------------------------|-------|
| 15. Jessica Wildensten | 73.28 |
|------------------------|-------|

4 x 100H

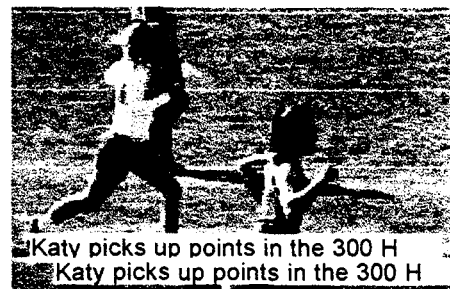
- | | |
|------------------------------------|---------|
| 4. Dobel, Schmidt, Robinson, Lacey | 1:26.24 |
|------------------------------------|---------|

PV

- | | |
|------------------|------|
| 2. Erin McCarthy | 10-0 |
|------------------|------|



Erin attempts 9-0



Katy picks up points in the 300 H
Katy picks up points in the 300 H

TJ

- | | |
|--------------------|-----------|
| 4. Heather Matheny | 28-11 1.2 |
| 6. Jessie White | 28-3 |

LJ

- | | |
|-----------------|----------|
| 3. Jessie White | 14-3 |
| Danielle Lacey | 12-1 1/2 |



Jessie PR's in the long jump

BFS

Pole Vault

- | | |
|------------------|------|
| 4. Kevan Turner | 8-0 |
| Josh Ashford | n.h. |
| Alex Schoolcraft | n.h. |
| Bryan Collard | n.h. |

400

- | | |
|----------------|-------|
| 8. Rance Jones | 57.57 |
|----------------|-------|

Discus

- | | |
|-----------------|----------|
| 25. Derek Music | 69-2 1/4 |
|-----------------|----------|

Shot Put

- | | |
|-----------------|----------|
| 10. Derek Music | 33-5 1/2 |
|-----------------|----------|

100

- | | |
|-------------|-------|
| Renee McCoy | 14.71 |
|-------------|-------|

300H

- | | |
|------------------|-------|
| Alex Schoolcraft | 64.83 |
|------------------|-------|

BV

LJ

- | | |
|-----------------|----------|
| 8. Tony Limnios | 19-7 1/2 |
|-----------------|----------|

HJ

- | | |
|----------------|-----|
| 5. Ryan Parker | 5-8 |
| Tony Limnios | 5-4 |

100

- | | |
|------------------|-------|
| 4. Geno McGuigan | 11.36 |
|------------------|-------|

- | | |
|----------------|-------|
| 11. Marcus Cox | 11.82 |
|----------------|-------|

400

- | | |
|----------------|-------|
| 6. Joe Apodaca | 53.90 |
|----------------|-------|

300 IH

- | | |
|----------------|-------|
| 2. Ryan Parker | 41.71 |
|----------------|-------|

Discus

- | | |
|-----------|------------|
| Neil Owen | 100-11 1/2 |
|-----------|------------|

PV

- | | |
|-----------|-----|
| Mike Shaw | 9-6 |
|-----------|-----|

GFS

4 x 100

- | | |
|---|-------|
| 1. M. Chan, Heather Matheny, Wilkinson, Holly Matheny | 53.55 |
|---|-------|



The "A" team !

- | | |
|---|-------|
| 8. Delaplane, Schindlere, Lai, Westling | 57.55 |
|---|-------|



The "B" team !

HJ

- | | |
|----------------------|-----|
| 2. Katy Stewart | 4-4 |
| 3. Stephanie Lasalle | 4-2 |
| 4. Jessie White | 4-2 |
| 6. Amanda Delaplane | 4-0 |

100

- | | |
|----------------|-------|
| 1. Charis Chan | 12.86 |
|----------------|-------|

- | | |
|------------------|-------|
| 2. Holly Matheny | 13.53 |
|------------------|-------|

300 IH

- | | |
|-----------------|-------|
| 4. Katy Stewart | 55.52 |
|-----------------|-------|

Shot Put

- | | |
|--------------|------|
| Megan Corbin | 21-9 |
|--------------|------|

Discus

- | | |
|--------------|--------------|
| Megan Corbin | n.d. injured |
|--------------|--------------|

400

- | | |
|----------------------|-------|
| 10. Nicole Westling | 70.20 |
| 12. Jerri Pfisterer | 70.99 |
| 13. Tisha West | 71.15 |
| 16. Moryan Schindler | 74.14 |

4 x 200

- | | |
|--|---------|
| 1. C. Chan, M. Chan, Heather Mathey, Holly Matheny | 1:54.63 |
| 5. Delaplane, White, Davis, Westling | 2:02.98 |

PV

- | | |
|----------------------|-----|
| 1. Stephanie Lasalle | 7-6 |
| 6. Amanda Delaplane | 6-0 |



Steph wins !

vs. Tennyson
@ CV Thursday, March 21, 2002

Girls' Varsity
CV 124, T 9

4 x 100			
1 CV	CV	52.9	
Chan			
chandler			
Slader			
HMatheny			
2 T	T	55.8	
Seumanu			
Whitaker			
Volav			
McKnight			
3 CV	CV	57.4	
Dohrmann			
Matheny			
M. Chan			
Dianda			
4 T	T	1.00.2	
Baker			
Truesdale			
Meyer			
Alcantara			
1600			
1 Ginger Hashimoto	CV	6:24	
2 Amy Clark	CV	6:45	
3 Jennie O'Neil	CV	6:50	
4 Stephanie Schleppe	T	7:55	
100 HH			
1 Angela Dohrman	CV	19.3	
2 ErinMcCarthy	CV	19.4	
3 Hether Schmidt	CV	20.2	
4 Melanie Meyer	T	20.7	
5 Jean Alcantara	T	22.2	
6 Roana Tirado	CV	23.3	
400			
1 Kelley Stewart	CV	1.02.5	
2 Heather Matheny	CV	1.07.4	
3 Joyce Lee	CV	1.10.2	
4 Teia Truesdale	T	1.15.3	
5 Brenda Ramos	T	1.23.3	
100			
1 Charis Chan	CV	13.1	
2 Holly Matheny	CV	13.7	
3 Erika Whittaker	T	13.8	
4 Monyette McKnight	T	14.0	
5 Michelle Chan	CV	14.2	
6 Mere Volau	T	14.3	
7 Leslie Ford	CV	15.7	
800			
1 Min Choi	CV	2.42	
2 Michelle Dianda	CV	2.47	
3 Ginger Hashimoto	CV	2.54	
4 Brooke Katich	CV	2.58	
5 Jennie O'Neill	CV	3.09	
200			
1 Chelsea Chandler	CV	28.0	
2 Holly Matheny	CV	28.1	
3 Erica Whittaker	Tenn	28.7	
4 Michelle Chan	CV	29.4	
5 Nere Volau	Tenn	30.4	
6 Teia Truesdale	Tenn	30.4	
300 IH			
1 Angela Dorman	CV	53.8	
2 Heather Schmidt	CV	556.0	
3 Roana Tirado	CV	60.0	

3200

1 Rose Toney	CV	12:52
2 Lauren Hashimoto	CV	13:38
3 Shannon Alter	CV	14:03

Long Jump

1 Kiersten Slader	CV	14-11
2 Chelsea Chandler	CV	14-0
3 Sam Journey	CV	12-9
4 Leslie Ford	CV	12-7
5 Lafu Seumanu	Tenn	9-4
6 Istoma Emoreli	Tenn	8-2

Triple Jump

1 Chelsea Chandler	CV	32-0
2 Kiersten Slader	CV	31-9.75
3 Heather Matheny	CV	29-1
4 Lafu Seumanu	T	24-8.75

High Jump

1 Samantha Journey	CV	4-11
2 Kiersten Slader	CV	4-6
3 Heather Clancy	CV	4-4

Shot Put

1 Megan Shaw	CV	28-5.25
2 Jamie Hunahan	CV	28-0
3 Lindsay Silva	CV	25-3
4 Tia Baker	Tenn	24-3
5 Dasha Gordeychev	CV	20-1

Discuss

1 Megan Shaw	CV	89-3
2 Tia Baker	T	88-5
3 Jessica Passadore	CV	82-3
4 Jamie Hunahan	CV	75-2
5 Lynsday Silva	CV	74-6
6 Heather Clancy	CV	58-8
7 Erin Cardiasmenos	CV	55-2.5
8 Dasha Gordeychev	CV	50-8
9 Brenda	T	43-7

Pole Vault

1 Erin McCarthy	CV	10-0
2 Stephanie Lassalle	CV	8-0
no third		

Girls' Frosh-Soph
CV 122, T 3

4x100

1. CV "A"	56.6
-----------	------

Wilkerson

Davis

Oliver

Westing

2 CV "B"

58.7

Delaplane

Haworth

Lacey

Cortopassi

3 Canyon Creekside

59.7

LaPointe

Caneron

Ligh

Engler

4 CV "C"

1.06.4

Bieda

Tabor

Lai

Huggins

1600

1. Nicole Marcotte	CV	6:30
2. Christina Robertson	CV	6:41
3. Vanessa Robles	CV	6:44
4. Erin Fong	CV	7:03

100H

1 Kathy Stewart	CV	20.0
2 Christina Robinson	CV	20.9
3 Teia Truesdale	Tenn	21.4
4 ToMonica Baker	Tenn	27.2

400

1 Jerri Pfisterer	CV	1.09.6
2 Karissa Casey	CV	1.09.6
3 Mariah Cameron Vannoy	CV	1.13.6
4 Alison Bieda	CV	1.18.2

100 Heat1

1 Jennifer Wilkinson	CV	13.6
(meete record - old record 13.7)		
2 Ashley O Callihan	CV	14.0
3 Tomonica Baker	Tenn	14.3
4 Kate Haworth	CV	14.6
5 Jean Alcantara	Tenn	15.2
6 Isioma Emordi	Tenn	19.8

100 Heat 2

1 Rachel Huggins	CV	15.5
2 Mimi Cortopassi	CV	15.7
3 Leana Lai	CV	15.8
4 Stephanie Tabor	CV	15.9

800

1 Erin Fong	CV	3:11
no second or third		

300 HH

1 Christina Robinson	CV	64.7
no second or third		

200 Heat 1

1 Jennifer Wilkerson	CV	29.0
2 Nicole Westing	CV	30.5
3 Tominca Baker	Tenn	31.5
4 Jean Alcantara	Tenn	32.3
5 Brenda Ramos	Tenn	36.0

200 Heat 2

1 Tisha Davis	CV	30.39
2 Rachel Huggins	CV	31.95

3 Veronica Rylander	CV	33.53
4 Moryah Schindler	CV	33.62

200 Heat 3

1 Daniella Coker	Canyon	31.8
2 Lamey Schofield	Canyon	32.6
3 Rachyl Ligh	Canyon	33.2

3200

1 Melissa Simmons	CV	13:05
2 Samantha Suey	CV	14:03
3 Vanessa Robles	CV	14:41

4x400

1 Cv	CV	4:56.7
------	----	--------

Jennifer Wilkinson

Moryah Schindler

Amanda Delaplane

Nicole Westing

exhibition

CV 4:49.1

Heath Matheny

Karissa Casey

Angela Dohrmann

Tisha West

Long Jump

1 Jessie White	CV	13-1
2 Danielle Lacey	CV	12-11
3 Natalie Oliver	CV	12-9
4 Melissa Simmons	CV	11-8
5 Erika Gutierrez	CV	10-1

TJ

1 Natalie Oliver	CV	26-10
2 Jessie White	CV	26-7
3 Danielle Lacey	CV	25-2
4 Erika Gutierrez	CV	22-10

HJ

1 katie Stewart	CV	4-7
(new meet record - old record 4-2)		
2 Jessie White	CV	4-2
3 Brittany Crawford	CV	4-0
4 Amanda Delaplane	CV	n.h.

Shot Put

1 Megan Fernsten	CV	24-3
2 MaryElla McManus	CV	20-0
no third		

Discus

1 MaryElla McManus	CV	59-3
2 Monica Jaquez	CV	34-9
no third		

PV

1 Amanda Delaplane	CV	6-0
2 Sydney Jones	CV	5-6
no third		

vs. Tennyson
@ CV Thursday, March 21, 2002

Boys' Varsity
CV 108, T 27

4 x 100			
1 Cv	CV	46.0	
Zamora			
cox			
stohr			
podaca			
2 Tenn	Tenn	50.5	
Williams			
Ochoa			
Haj			
Salinas			
DQ	Tenn	n.t.	
Tarpeh			
Henry			
Stepney			
Brown			
1600			
1 Zane Welte	CV	4:43	
2 Beau Bettinger	CV	4:45	
3 Dave Stadelman	CV	4:50	
4 Leonard Greenland	T	4:52	
5 TJ Miller	CV	5:12	
6 Sean McCormack	T	5:45	
7 Dominic Der	T	5:53	
8 Nonato Josh	T	5:54	
9 Rene Tionguico	T	6:33	
10 Marcus Freeman	T	6:34	
110 HH			
1 Ryan Parkes	CV	16.5	
2 Steven Ochoa	T	18.3	
3 William seals	CV	19.4	
4 Willim Stallings	T	26.0	
400			
1 Joe Apodaca	CV	53.7	
2 Anthony limnios	CV	55.6	
3 Jason Henry	t	56.9	
4 dominic Dee	T	1:13.0	
100			
1 Erik Zamora	CV	11.7	
2 Marcus Cox	CV	11.9	
3 Ryan Stohr	CV	12.0	
4 Nyan forth Tarpeh	T	12.2	
5 Maurice Burrell	T	12.3	
6 Le Hai	T	13.0	
7 Ben Ng	CV	13.2	
800			
1 Zane Welte	CV	2:08	
2 Beau Bettinger	CV	2:09	
3 T J Miller	CV	2:12	
4 Dave Stadelman	CV	2:13	
5 Leonard Greenlaw	Tenn	2:14	
6 Rene Slinas	Tenn	2:17	
7 Sean McCormack	Tenn	2:29	
8 Dominic Dee	Tenn	2:55	
9 Josh Nonota	Tenn	2:59	
10 Rene Tionguico	Tenn	3:04	
11 Marcus Freeman	Tenn	3:06	
300 IH			
1 Ryan Parker	CV	42.5	
2 Steven Ochoa	Tenn	47.1	
3 William Seals	CV	51.4	
4 William Stallings	Tenn	57.0	
200			
1 Marcus Cox	CV	23.9	
2 James Brown	Tenn	24.1	

3 Erik Zamora	CV	24.2	
4 Ryan Stohr	CV	24.7	
5 Jason Henry	Tenn	25.3	
6 Richard Stepney	Tenn	26.0	
7 Ben Ng	CV	26.9	
3200			
1 Beau Bettinger	CV	11:19.4	
2 Zane Welter	CV	11:26.1	
3 Dave Stadelman	CV	11:33.4	
4 Roy Stone	CV	12:17.3	
5 Sean McCormick	T	12:28.6	
6 Marcus Freeman	T	14:02.2	
4 X 400			
1 Apodaca	CV	3:46.3	
Cox			
Limnios			
Miller			
2 Stephiany	Tenn	4:16.2	
Henry			
Pangelino			
Salinas			
LJ			
1 Nyanforth Tarpeh	T	19.1	
2 Ryan Parker	CV	18-10	
3 Anthony Limnios	CV	18-9	
4 Marcus Williams	T	17-0	
5 Rene Salinas	T	16-4	
6 Sean McCormack	T	15-7	
7 William Seals	CV	14-1	
8 Aaron Albonico	CV	13-5.5	
9 Nick Morozovsky	CV	13-4	
TJ			
1 James Brown	T	14-1.75	
2 Nyanforth Tarpeh	T	35-5.25	
3 Marcus Williams	T	35-4.25	
4 William Seals	CV	30-9.5	
5 Nick Morozovsky	CV	30-8	
6 Aaron Albonico	CV	30-4.25	
HJ			
1 Ryan Parker	CV	5-8	
2 Richard Stepney	T	5-4	
3 Ryan Stohr	T	5-4	
Maurice Burrell	T	NH	
Hai Le	T	NH	
Dominic Dee	T	NH	
Shot Put			
1 Xavier Carrion	CV	43-1.5	
2 Kenny O'Keith	CV	41-1	
3 Chris Reid	CV	40-10	
4 Vince Reiss	CV	37-10	
5 Niel Owen	CV	37-9	
6 Dominik Lassalle	CV	35-11	
7 Josh Sawyer	CV	34-6	
8 Julio Monendez	t	32-7	
9 Aubrey Green	Cv	31-10	
10 Dimetrius Williams	T	31-7.5	
11 Thang phan	T	29-0	
Discus			
1 Niel Owen	CV	115-5	
2 Vince Reiss	CV	111-10	
3 Josh Sawyer	CV	100-4	
4 Thang Phan	T	99-3	
5 Xavier Carrion	CV	87-11	
PV			
1 Tony Sanchez	CV	10-0	
2 Kevin Shintani	CV	9-0	
Dev Solis	CV	NH	

Boys' Frosh Soph
CV 127, T 9

4 x 100			
1 CV "A"	CV	48.0	
Hicken			
jones			
Ballar			
Jones			
Dq CV "B"	Cv	50.5	
McMillan			
Nunes			
LINDSEY			
CANYON	CAN	50.2	
PORTER			
SPETH			
TURNER			
MURPHY			
1600			
1 John Yano	CV	4:47	
2 Jordan Bailey	CV	5:25	
3 Marvin Zamora	CV	5:32	
110HH			
1 Jordan Lindsey	CV	21.4	
2 Mark Brezula	CV	21.9	
3 Dan Haiek	CV	23.8	
4 Rene Mc Coy	CV	24.0	
400			
1 Brandon Farinha	CV	57.3	
2 Rance Jonel	CV	58.3	
3 Robert Wright	CV	1:02.1	
100			
Heat 2			
1 Evan Ballar	CV	12.1	
2 Terrence Jones	Cv	12.5	
3 John Hicken	CV	12.7	
4 Mark Brezula	CV	12.7	
5 Jordan Lindsay	CV	13.1	
6 William Bautista	T	13.3	
7 Chrisopher Pangelina	T	14.3	
Heat 2			
1 Jarel Mc Millan	CV	12.9	
2 Tom Speth	Canyon	13.1	
3 John Nunes	CV	13.2	
4 josh Shinoda	CV	13.8	
5 simon Wu	Cv	14.1	
6 Emmanuel Tolentino	CV	14.1	
7 Rene MCCoy	CV	14.5	

12:43.4			
3 Alex Schoolcraft	CV	13:01.8	
4 Justin Taylor	CV	13:15.6	
4 x400			
1 Picetti	CV	3:57.1	
Jones			
Yano			
Farinha			
Long Jump			
1 Ballar	CV	16-7	
2 Wright	CV	16-5	
3 Haiek	CV	15-11	
4 Zamora	CV	15-0	
5 Bautista	THS	15-5.5	
6 Wu	CV	13-11	
7 Shinoda	CV	13-10	
Triple Jump			
1 Marvin Zamora	CV	32-6	
2 Daniel Hatch	CV	31-7	
3 Robert Wright	CV	29-6	
4 Josh Shinoda	CV	28-3.25	
High Jump			
1 John Picetti	CV	5'6"	
2 Daniel Haiek	CV	5'2"	
3 John Nunes	CV	4'10"	
4 Evan Ballar	CV	4'8"	
5 Josh Shinoda	CV	4'6"	
Simon Wu	CV	NH	
William Bautista	Tenn	NH	
Shot put			
1 EmmTolentino	CV	35-9.5	
2 Robert Potts	Ten	35=2	
3 Derek Music	CV	33-9.5	
4 Darwin Tsang	CV	32-9	
5 Vincent Wu	CV	29-5	
Discus			
1 robert Potts	T	76-6	
2 Vincent Wu	Cv	73-4	
3 Derek Music	CV	69-2	
Pole Vault			
1 Kevin Turner	Cv	8-6	
2 Bryan Vollard	Cv	7-0	
3 Kevin Teel	CV	6-6	
4 Justin Taylor	Cv	6-0	
5 Alex Schoolcraft	CV	NH	

800			
1 John Yano	CV	2:11	
2 Marvin Zamaro	CV	2:31	
3 Jordan Bailey	CV	2:33	
300hurdles			
1 Justin Taylor	CV	53:8	
2 Rene McCoy	CV	55.0	
3 Christoples Pangelina	T	56.0	
4 Kevan Turner	CV	58:7	
5 Alex Schoolcraft	CV	59:8	
200			
1 John Hicken	CV	25:6	
2 Brandon Farinha	CV	26.0	
3 Robert Wright	CV	27.8	
4 William Bautista	Tenn	27:8	
3200			
1 John Yano	CV	11:27.1	
2 Jordan Bailey	CV	11:57.8	
Matt Riley	Creek		

Castro Valley vs. San Lorenzo

@CVHS Wednesday, March 28, 2002

Girls Frosh-Soph CV 108, SLZ 17

4 x 100			
1	CV "A" (meet record) M.Chan Westling Dvis Callahan	CV	55.5
2	Slz Lillard Carter Murphy Muniz	Slz	57.6
3	CV Delaplane Haworth Lacey Cortopassi	CV	58.3
4	CV "D" Bieda Tabor Schindler Huggins	CV	59.7
5	Vannoy Kerner Oberle Menne Cameron	Va	1:06.6

1600			
1	Nicole Marcotte	CV	6:29.1
2	Melissa Simmons	CV	6:33.4
3	Vanessa Robles	CV	6:44.5
4	Christina Robertson	CV	6:45.8
5	Erin Fong	CV	6:57.9

100 Hurdles			
1	Katy Stewart	CV	19.6
2	Jesse White	CV	20.3
3	Krystal Carter	Slz	21.0
4	Cristina Robinson	CV	22.7
5	Shanice Bradley	Slz	26.5

400			
1	Karissa CAsay	CXV	67.7
2	Tistia Davis	CV	70.1
3	Nicole Westley	CV	70.8
4	Moryah Schindler	CV	72.8

100			
Heat 1			
1	Michelle Chan	CV	13.8
2	Anaa Muniz	Slz	13.9
3	Ashley OCallaghan	CV	14.0
4	Katie Haworth	CV	14.9
5	Lakiraa Lillard	Slz	15.1
6	April Murphy	Slz	16.0

Heat 2			
1	Rachel Huggins	CV	14.6
2	Mimi Cortopassi	CV	14.7
3	Veronica Rylander	CV	15.5
4	Leana Lai	CV	15.6
5	Stephanie Tabor	CV	15.8

800			
1	Brooke Katich	CV	2:38.2
2	Erin Fong	CV	3:06.0
	Alexa Ragg	Can	3:14.5

200			
Heat 1			
1	Michelle Chan	CV	29.1
2	Ana Muniz	Slz	29.1
3	Tisha Davis	CV	30.3
4	Nicole Westling	CV	30.7
5	Mimi Cortopassi	CV	31.3
6	Lakaraa Lillard	Slz	32.1

Heat 2			
1	Rachel Huggins	CV	31.0
2	Daniella Coker	Can	31.4
3	Veronica Rylander	CV	32.3
4	Moryah Schindler	CV	32.3
5	Leana Lai	CV	32.5
6	April Murphy	Slz	32.6

300 IH			
1	Katy Stewart	CV	55.5
2	Kathryn Pomroy	CV	56.9
3	Christine Robinson	CV	58.5
4	Krystal Carter	Slz	62.2
5	Shaniele Bradley	Slz	67.1

3200 not contested

4 x 400			
1	CV M. Chan Westling Davis Casey	CV	4:48.8

Long Jump			
1	Jessie White	Cv	12-7.5
2	Danielle Lacey	CV	12-1
3	Erika Gutierrez	CV	9-7.5

Triple Jump			
1	Jessie White	CV	28-4.5
2	Danielle Lacey	CV	25-3
3	Erika Gutierrez	CV	21-7.5

High Jump			
1	Katy Stewart	CV	4-4
1	Jessie White	CV	4-4
2	Amanda Delaplane	CV	3-8
3	Brittany Crawford	CV	3-8

Pole Vault			
2	Amanda Delaplane	CV	6-0
3	Sydney Jones	CV	5-6

Shot Put			
1	Tahtianah Brown	Slz	22-2
2	Megan Fernsten	CV	21-11
3	Megan Corbin	CV	21-5
4	Laura Fernsten	CV	18-1
5	MaryElla McManus	CV	17-10.5

Discus			
1	Mary Ella McManus	CV	49-3
2	Laura Fernsten	CV	48-0
3	Monica Jacquez	CV	38-8

Girls Varsity CV 102, SLZ 33

4 x 100			
1	CV "A" C.Chan Chandler Wilkinson Holly Matheny	CV	53.4
2	Slz August Hardy Thomas Sims	Slz	55.5
3	CV "B" Dohrmann HeatherMatheny Oliver Ford	CV	57.5

1600			
1	Zinzi Evans	Slz	5:41.2
2	Lauren Hashimoto	CV	6:18.1
3	Shannon Alter	CV	6:19.3
4	Samantha Suey	CV	6:24.1
5	Rhiannon Webb	CV	6:27.6
6	Amy Clark	CV	6:53.0

100 Hurdles			
1	Star August	Slz	18.9
2	Erin McCarthy	CV	19.2
3	Angela Dohrmann	CV	19.6
4	S'Kara Cooley	Slz	20.9
5	Heather Schmidt	CV	21.2
6	Samantha Joumey	CV	24.0

400			
1	Zinzi Evans	Slz	61.3
2	Kelley Stewart	CV	62.9
3	Heather Matheny	CV	66.0

100			
1	Charis Chan	CV	13.3
2	Holly Matheny	CV	13.8
3	Jennifer Wilkinson	CV	14.2
4	Thomas	Slz	14.2
5	Star August	Slz	14.4
6	Alexis Simms	Slz	14.8
7	Leslie Ford	CV	15.6

800			
1	Zinzi Evans	SLZ	2:29.6
2	Minn Choy	CV	2:41.8
3	Michelle Dianda	CV	2:47.4
4	Jenny O'Neil	CV	3:00.6
5	Tara Durham	Slz	3:09.9

300 Hurdles			
1	Kelley Stewart	CV	49.2
2	Laura Dobel	CV	52.3
3	Heather Schmidt	CV	56.0
4	S'kara Cooley	Slz	56.7

200			
1	Charis Chan	CV	26.7
2	Chelsea Chandler	CV	27.7
3	Holly Matheny	CV	28.3
4	Jennifer Wilkinson	CV	28.4
5	Star August	Slz	30.2
6	Kara Hardy	Slz	30.4
7	S'kara Cooley	Slz	30.6

3200			
1	Lauren Hashimoto	CV	13:39
2	Ginger Hashimoto	CV	13:47
3	Shannon Alter	CV	13:54
4	Sam Suey	CV	13:55
5	Tara Durham	Slz	14:20

4 x 400			
1	CV Kelley Stewart Heather Matheny Min Choy Holly Matheny	CV	4:21.8
2	Slz Bickham Hardy Evans Uniz	Slz	4:32.5

LJ			
1	Chelsea Chandler	CV	13-10.5
2	Michi Bickham	SLZ	13-5
3	Kara Hardy	SLZ	12-11.5
4	Dana Linda	CV	12-6
5	Natalie Oliver	CV	12-1
6	Leslie Ford	CV	11-5

TJ			
1	Chelsea Chandler	CV	32-2
2	Heather Matheny	CV	28-6.5
3	Michi Bickham	SLZ	28-6
4	Erin McCarthy	CV	27-9
5	Dana Linda	CV	27-8.5
6	Natalie Oliver	CV	25-10.5

High Jump			
1	Samantha Joumey	CV	4-8
2	Heather Clancy	CV	4-2
3	Michi Bickham	Slz	4-0

Shot Put			
1	Ashlee Corbin	Slz	30-5.5
2	Melanie Linney	CV	26-7
3	Jamie Hunahan	CV	26-0
4	Megan Shaw	CV	25-1
5	Lyndsey Silva	CV	22-6.5
6	Dasha Gordeychev	CV	19-5.5

Discus			
1	Megan Shaw	CV	82-3
2	Ashlee Corbin	Slz	80-10
3	Melanie Linney	CV	74-3
4	Jamie Hunihan	CV	73-10
5	Jessica Passadore	CV	73-3
6	Lyndsey Silva	CV	69-1
7	Erin Cardiasmenos	CV	59-3.5
8	Dasha Gordeychev	CV	52-3.5

Pole Vault			
1	Erin McCarthy	CV	10-10
2	Stephanie Lassalle	CV	8-6
no third			

Castro Valley vs. San Lorenzo @CVHS Wednesday, March 28, 2002

Boys' Frosh-Soph CV123, SLZ 0

4 x 100			
1	CV "A"	CV	47.52
	Hicken		
	Jones		
	Jones		
	Ballar		
2	CV "B"	CV	49.41
	McMillion		
	Lindsey		
	Farinha		
3	Canyon	Can	49.94
	porter		
	Turner		
	Sullivan		
	Murphy		
4	CV "C"	CV	52
	Whight		
	Nunes		
	Lucero		
	Tolentino		

1600			
1	Jordan Bailey	CV	5:18.37
2	Jason Ribeira	CV	5:42.43
	Matt Riely Creekside		5:47.64

100 Hurdles			
1	Jordan Lindsey	CV	21.44
2	Mark Brezula	CV	22.02
3	Jarel McMillon	CV	22.15

400			
1	Terrence Jones	CV	56.7
2	Brandon Farinha	CV	57.97
3	John Hicken	CV	59.09

100			
Heat 1			
1	T. Jones	CV	12.09
2	Evan Ballar	CV	13.0
3	Robert Wright	CV	13.06
4	Jordan Lindsey	CV	13.2
5	Ronnie Jackson	SLZ	13.34

Heat 2			
1	John Nunez	CV	12.9
2	Simon Wu	CV	14.09
3	Josh Shinoda	CV	14.3
4	E. T.	CV	14.65
5	Matt Kerner	Vannoy	14.7
	Dester Porter	Canyon	12.8

800			
1	Jordan Bailey	CV	2:21.91
2	Marvin Zamora	CV	2:25.99
3	Jason Ribeira	CV	2:30.33
	Brad Sullivan	Can	2:22.22

300 IH not contested			
-------------------------	--	--	--

200			
1	John Hicken	CV	24.97
2	Evan Ballar	CV	25.28
3	Brandon Farinha	CV	25.65
4	Reuben McGelliott	CV	26.99
5	Simon Wu	CV	28.1

4 X 400 4:57.3

1	CV		
	Shinoda		
	Jones		
	Hicken		
	Farinha		

HJ			
1	Mark Brezula	CV	4-10
2	John Nunez	CV	4-10
3	Reuben McElligott	CV	4-10
	Marcus Lucero	CV	NH
	Daniel Haiele	CV	NH

Shot Put			
1	Derek Music	CV	34-9
2	Darwin Tsang	CV	33-10
3	Emmanuel Tolentino	CV	33-6.5
4	Vincent Wu	CV	30-5.51

Discus			
1	Derek Music	CV	88-2
2	Chris Reid	CV	79-2
3	Vincent Wu	CV	70-8
4	Darwin Tsang	CV	62-5

Pole Vault			
1	Kevin Teel	CV	7-0
2	Josh Ashford	CV	7-0
	no third		

Boys' Varsity CV 97, SLZ 39

4 x 100			
1	CV "A"	CV	44.77
	Zamora		
	Cox		
	Stohr		
	McGuigan		
2	SLZ	SLZ	46.84
	McGhee		
	Miller		
	Solis		
3	Sheard	CV	48.46
	CV "B"		
	Chan		
	Dayton		
	Miller		
	Chu		

1600			
1	Beau Bettinger	CV	4:33.15
2	Zane Welte	CV	4:43.72
3	Chris Wong	CV	4:46.58
4	John YANO	CV	4:47.51
5	BLAKE GARRETT	SLZ	4:56.36
6	Jeff Ribeira	CV	5:09.14
7	Jose Padron	SLZ	5:16.59
8	Roy Stone	CV	5:23.87
9	Danny Chiv	SLZ	5:29.08

100 Hurdles			
1	Ryan Parker	CV	17.09
2	Jim Lang	CV	18.79
3	William Seals	CV	19.25
4	Luis Veasquez	SLZ	20.23
5	Jason Boxdell	SLZ	20.59

400			
1	Nestor Solis	SLZ	51.16
2	Joe Apodaca	CV	53.8
3	Reuben Sheard	SLZ	55.53
4	Anthony Limnios	CV	56.93
5	Luis Velasquez	SLZ	59.35
6	Jason Boxdell	SLZ	61.66

100			
1	Geno McGuigan	CV	11.43
2	Marcus Cox	CV	11.61
3	Erik Zamora	CV	11.78
4	Ryan Storr	CV	11.79
5	Everett Chan	CV	12.49
6	Ben Ng	CV	12.75
7	Eric Dayton	CV	12.82

800			
1	Chris Wong	CV	2:04.89
2	TJ Miller	CV	2:07.22
3	Blake Garret	SLZ	2:11.94
4	Nathan Fernsten	CV	2:13.04
5	Tony Tran	SLZ	2:17.28
6	Jose Padron	SLZ	2:19.11
7	Danny Chiv	SLZ	2:23.06

300 HH			
1	Ryan Parker	CV	43.49
2	Jason Boxdell	SLZ	47.9
3	Luis Velasquez	SLZ	48.96
4	William Seals	CV	49.81
5	Dan Callahan	CV	64.3

200 Heat 1			
1	Nestor Solis	SLZ	22.7
2	Geno McGuigan	CV	22.93
3	Eric Zamora	CV	23.46
4	Marcus Cox	CV	23.79

200 Heat 2			
1	TJ Miller	CV	24.71
2	Everett Chan	CV	25.78
3	Ben Ng	CV	26.71
4	Eric Dayton	CV	26.75

3200			
1	Zane Welte	CV	10:11.4
2	Dave Stadelman	CV	10:24.2
3	John Yano	CV	11:43.0
4	Jose Padron	SLZ	11:52.6
5	Roy Stone	CV	12:09.1
6	Danny Chiv	SLZ	12:49.7
7	Jason Ribeira	CV	13:16.8

4 x 400 SLZ 3:40.1

1	SLZ		
	Sheard		
	Tran		
	Solis		
	Garrett		
2	CV	CV	3:41.7
	Zamora		
	Apodaca		
	Miller		
	Limnois		
3	CV	CV	3:53.1
	Fernsten		
	Stadelman		
	Ribeira		
	Welte		

LJ			
1	Ryan Paerker	CV	17-9
2	Tony Limnios	CV	17-8
3	Mike Cannon	SLZ	17-4
4	Jermaine McGhee	SLZ	17-2
5	William Seals	CV	15-1.5
6	Aaron Albonico	CV	14-6
7	Danny Callen	CV	14-0

TJ			
1	John Picetti	CV	37-7.5
2	Jermaine McGhee	SLZ	36-9.5
3	Mike Cannon	SLZ	36-4.5
4	Jim Leng	CV	32-9
5	William Seals	CV	31-10.5
6	Aaron Albonico	CV	31-10.5
7	Danny Callen	CV	30-1
8	Nick Morozovsky	CV	29-9

High Jump			
1	Jermaine McGhee	SLZ	5-6
2	Ryan Parker	CV	5-6
3	John Picetti	CV	5-6
4	Ruben Sheard	SLZ	5-6
5	Anthony Limnios	CV	5-2
6	Jon Olsen	CV	5-0
7	Ryan Stohr	CV	5-0

Shot Put			
1	Chris Reid	CV	43-11
2	Jon Vind	SLZ	42-11
3	Xavier Carrion	CV	41-7
4	Neil Owen	CV	39-6
5	Vince Reiss	CV	38-10.5
6	Marcus Thomas	SLZ	38-9.5
7	Jon Miller	SLZ	37-10.5

Discus			
1	John Vind	SLZ	115-7
2	Josh Sawyer-Long	CV	114-2
3	Vince Reiss	CV	113-8.5
4	Xavier Carrion	CV	112-9
5	Jon Miller	SLZ	109-7
6	Neil Owen	CV	108-10
7	Marcus Thomas	SLZ	95-4

Pole Vault			
1	Tony Sanches	CV	9-6
2	Mike Shaw	CV	9-0
3	Dustin Wheeler	CV	9-0

Martinez Relays

@ Alhambra High, Saturday March 30, 2002

This is a great meet to showcase team strength, which is what we did on the GFS level. With Easter, et cetera eating into our overall team picture, we did not have a complete squad like we could have. Still, we 65 athletes to show up, 63 of which competed, and we took home a 2nd place team trophy for the GFS and over 50 medals. Additionally, we set or tied 6 school records today. Not a bad day at all for the CV horde.

4 x 1600

<u>Boys</u>	20:00.9 6th
Jeff Ribiera	4:56
Jason Ribeira	5:02
Nate Fernsten	5:07
Dave Stadlerman	4:41

The boys complained about not having enough warmup time, and their times were a bit subdued.

<u>Girls "A"</u>	25:13
Lauren Hashimoto	6:27
Shannon Alter	6:22
Min Choi	6:22
Rosie Toney	6:09

Nobody was remotely inspired today, and the girls had a lackluster performance

<u>Girls "B"</u>	25:33
Ginger Hashimoto	6:26
Sam Suey	6:28
Vanessa Robles	6:45
Melissa Simmons	6:05

The younger girls ran aggressively but no one had the big race today.

4 x HH

<u>GFS 2nd</u>	1:20.6
Katy Stewart	
Kathryn Pomeroy	
Kelley Stewart	
Laura Dobel	

The girls were primed for a good relay, and came through. Kathryn overcame some major nerves to run a solid leg with the veterans and get a team medal.



Kathryn races in the 4 x HH

<u>GV 5th</u>	1:22.5
Heather Schmidt	
Erin McCarthy	
Christina Robinson	
Angela Dohrmann	

The varsity girls also medaled as CV hurdler prowess was in evidence.

4 x 100

<u>GFS</u>	1st	53.1
(new school record)		
Michelle Chan		
Heather Matheny		
Jennifer Wilkinson		
Holly Matheny		

In the 1st of three relays this team ran as a group, they easily won their heat and the race overall.



Michelle, Heather, Holly & Jennifer were instrumental today, running 3 relays and winning two of them.

<u>GV 3rd in Heat 2</u>	53.6 DQ
Chelsea Chandler	
Ashley O'Callaghan	
Kate Haworth	
Joyce Lee	

In what was essentially our "B" team, we had a medal until a late mystery DQ came through.

<u>BV 4th heat 2</u>	46.8
Eric Zamora	
Rance Jones	
Brandon Farinha	
Evan Ballar	

The var boys did not seem to understand clock time, so the BFS filled in with Eric and had a nice little race.



Rance, Branson and Evan fill in as the regular var were late to the meet.

4 x 800

<u>GFS 1st</u>	10:21.2
(new school and meet record)	
Michelle Dianda	2:38
Laura Dobel	2:39
Brooke Katich	2:37
Kelley Stewart	2:27

We were poised to win, and win big, and that we did. Michelle ran very well in leadoff and then we lowered the boom by having more fast girls as well. The school record was icing on the cake.



Michelle leads off the school-record setting 4 x 800 relay in a runaway win.

<u>GV</u>	11:18.7
Min Choi	2:41.4
Lauren Hashimoto	2:52.1
Christina Robertson	2:59.9
Nicole Marcotte	2:45.2

The var group was again not on top of its form today, and the times were only ok. Nicole and Christina filled in to help out today.

<u>BV 1st</u>	8:11.3
Beau Bettinger	2:01.6
Zane Weiße	2:04.5
John Yano	2:05.6
Chris Wong	2:00.1

We were hoping to threaten the school record today, and when Wong was VERY late we were exceptionally wroth with him. There was essentially no competition after the 1st leg, and so we cruised in with a large margin of victory.



Beau takes charge early in an easy 4 x 800 win.

Sprint Medley

<u>GFS 1st</u>	1:58.9
(new school record)	
Michelle Chan	
Jennifer Wilkinson	
Holly Matheny	
Heather Matheny	

The young ones took another 1st. They were serious contenders.

<u>GV 6th in Heat 1</u>	2:14.3
Kate Haworth	
Leana Lai	
Veronica Rylander	
Moryah Schindler	

We gave everyone a chance to run, and these FS girls beat other Var teams as well. Nice work.

<u>BV 4th</u>	1:37.8
---------------	--------

Martinez Relays

@ Alhambra High, Saturday March 30, 2002

BV 4th 1:37.8
(ties school record)
Eric Zamora
Marcus Cox
Geno McGuigan
TJ Miller

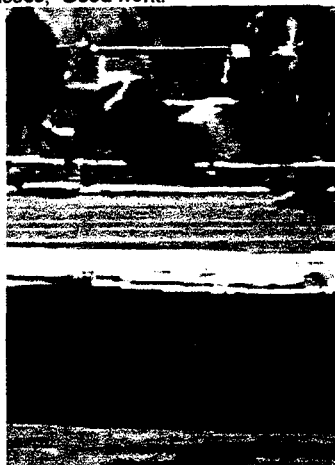
A fresh team really zipped along in this one, and pulled out a medal.

3 x HJ

GFS 2nd 12-6

Amanda Delaplane	4-1
Katy Stewart	4-1
Jessie White	4-4

Amanda Pr'd, and we took a strong 2nd on misses. Good work.



Amanda high jumps. The relay took 2nd.

BV 8th

John Picetti	5-4
Evan Ballar	n.h.

John used the opportunity as practice.

GV

Erin McCarthy	4-2
Heather Clancy	4-2
Stephanie Lassalle	n.h.

When Steph no-heighted, the incentive evaporated and the girls were not exceptional today.

3 x TJ

GV 5th 83-7.5

Chelsea Chandler	32-0.5
Natalie Oliver	27-3
Danielle Lacey	24-4

With Danielle and Nat called up on var fill-in duty, the 5th place was a definite medal bonus.

BV 107-8

Ryan Parker	37-7
John Picetti	37-3
Evan Ballar	32-10

More practice for a last-minute squad.

3 x LJ

GV

Chelsea Chandler	14-5
Natie Oliver	12-1
Danielle Lacey	11-10

The girls all felt that they had better jumps in them.

GFS 6th 34-11

Jennifer Wilkinson	12-3.5
Amanda Delaplane	11-4.5
Michelle Dianda	11-3

This brave bunch all took last minute jump instruction and snagged 6th overall and got a team point for the cause.

Distance Medley

GFS 14:49.7

Melissa Simmons	4:24
Kelley Stewart	64.7
Brooke Katich	2:48
Ginger Hashimoto	6:31

We were in contention for awhile, but Ginger was pooped from her first mile.



Melissa and Ginger after the Distance Medley

BV 2nd 10:55

Zane Welte	3:23
TJ Miller	54.9
Beau Bettinger	2:02
Chris Wong	4:35

When Wong got the baton, he was 15 seconds in the lead after great legs by the other team. He PR'd but it was not enough to hold off the Alhambra anchor who scorched the earth to run Chris down in a great final sprint over the last 100.

4 x 200

GFS 1:54.3 2nd overall, 1st in heat 2

(new school record)

Michelle Chan
Jennifer Wilkinson
Heather Matheny
Holly Matheny

We took 2nd on time to a team in the other heat, but it was still a great effort by a super bunch of sprinters.

GV 1:57.7 3rd in heat 1

Chelsea Chandler
Karissa Casey
Tisha Davis
Nicole Westling

We looked good overall, and would have done better if Nicole had not strained her knee.

BV 1:34.1 5th, 2nd in heat 1

Eric Zamora
Ryan Parker
Geno McGuigan
Marcus Cox

A strong effort to grab a medal spot in fast field.

4 x 400

GFS 1st 4:17.3

(new school record, new meet record)

Holly Matheny	64.2
Laura Dobel	64.7
Heather Matheny	67.6
Kelley Stewart	60.9

This was definitely the icing on the cake, as Holly charged the homestretch to pull out to a major lead and the other girls extended it. Kelley's great anchor gave us the win, the school record, and the meet record.



Laura stretches the lead

GV 5th in Heat 1 4:38.3

Angela Dohrmann	69.1
Tisha Davis	68.5
Karissa Casey	67.9
Nicole Westling	72.8

We looked very good as well here, with our "other" GFS team on var. They ran a time that usually wins dual meets.

2 x PV

GFS

Amanda Delaplane	n.h.
------------------	------

BV

Dustin Wheeler	n.h.
Kevin Shintani	n.h.

BFS

Kevin Teel	n.h.
Josh Ashford	n.h.

GV 4th 18-0

(new school record)

Erin McCarthy	10-0
Stephanie Lassalle	8-0

Opening heights were tough today, and so the CV presence had little impact except on GV, where Steph and Erin were very respectable.

Chabot Invitational

Friday, April 5, 2002 Chabot College, Hayward

On an overcast day, the Castro Valley presence was muted by the combination of Easter break, mid-season blahs, and the Oakland Relays the next day. A few hardy CV souls showed up to do justice to the green and gold.

High Jump

GFS

- | | | |
|----|--------------------|-----|
| 2. | Katy Stewart | 4-6 |
| 4. | Stephanie Lassalle | 4-0 |



Katy & Stephanie score in the HJ

On her last jump on 4-8 on what would have been a PR and might have won the event, Katy got a late DQ from the official for stepping under the bar. Stephanie was just glad to get over opening height.

GFS PV

- | | | |
|----|--------------------|-----|
| 2. | Stephanie Lassalle | 8-0 |
|----|--------------------|-----|

After two hard days of vaulting practice, Stephanie was a little sore but still managed to get her PR once again.

BV PV Dustin Wheelerno height close but no cigar

BFS PV Josh Ashford no height he came late, and had to open at 8-6 which is above his PR

Triple Jump

- | | | | |
|--------|-----------------|----------|---------------------------------------|
| 7. BV | William Seals | 32-0.75 | on a sore shin Bill was near his best |
| 7. BFS | John Nunes | 26-7 .25 | John needs more practice |
| 4. GFS | Heather Matheny | 26-08.5 | Not bad for a week off |

BFS Discus Vince Wu 62-10 not anywhere near his best



8th grader Jessica LaPonte ran very well in the GV 1600

- | | |
|--------------------|---------|
| 1600 | GV |
| 4. Jessica LaPonte | 5:40.06 |
| 7. Jennie La Ponte | 5:56.42 |

The wee ones showed up late for their middle school race, so we had them masquerade as some varsity no-shows, and they race some incredible races for us. The future is bright indeed for CV girls distance.

Middle School
1. Matt Riley 5:51.88
Matt ran a smart race, and was in clear control even before the first lap was over.

100

BFS

- | | | | |
|-----|--------------|-------|---------------|
| 5. | Evan Ballard | 12.11 | 4th in heat 4 |
| 12. | John Nunes | 13:43 | 5th in heat 3 |

GFS

- | | | |
|-----|--------------------|-------|
| 1. | Charis Chan | 13.11 |
| 5. | Michelle Chan | 14.05 |
| 7. | Ashley O'Callaghan | 14.17 |
| 15. | Moryah Schindler | 15.10 |
| 18 | Leana Lai | 15.53 |
| 20 | Veronica Rylander | 16.36 |

Evan looked a little lost, but he was in the fast heat and ran well there. The girls were a third of the



GFS Sprinters have a good day.

total field spread over 4 heats.

3200

- | | | | |
|------------|-----|---------------|----------|
| BFS | 1. | John Yano | 10:26.41 |
| Mid School | 1. | Matt Riley | 12:49.23 |
| GV | 10. | Samantha Suey | 13:50.32 |

The CV presence was not all it could be, but John ran away with his heat, and Matt beat 5 DeLaSalle freshman for his winning mark. Sam started well but struggle a bit over the last mile.

HH

- | | | | | |
|-----|-----|-----------------|-------|---------------|
| GFS | 6. | Katy Stewart | 19.52 | 1st in heat 3 |
| GV | 12. | Heather Schmidt | 19.96 | 1st in heat 3 |

Our ladies were not terribly inspired but were technically sound today.

BFS LJ4. Evan Ballar 17-0.75 On his last attempt Evan managed a good PR.

GFS 4 x 100

- | | | |
|----|---|-------|
| 1. | Michelle Chan, Ashley O'Callaghan, Heather Matheny, Holly Matheny | 53.56 |
| 7. | Veronica Rylander, Moryah Schindler, Leana Lai, Katy Stewart | 58.41 |

We talked Katy into helping out for a B relay, and the A team kept its invitational streak alive by getting 1st or 2nd in every sprint relay we have entered.

Oakland Invitational UC Berkeley Saturday, April 6, 2002

On a beautiful day for track, the CV troops presented the cream of our crop of talent this year and we did quite well.

Girls 4 x 800

Laura Dobel	2:36.1
Michelle Dianda	2:47.9
Brooke Katich	2:36.6
Kelley Stewart	<u>2:23.1</u>
4th	10:23.6

The effects of a prolonged vacation showed, as all the girls save Kelley were off their top form. Kelley had the great anchor to put us near the top of the race.



GV 4 x 8 after 4th place effort

Boys 4 x 800

Chris Wong	1:58.8
Zane Welte	2:02.0
John Yano	2:03.5
Beau Bettinger	<u>1:58.5</u>
1st	8:02.90

This was a wire-to-wire win as Chris took off early and put us well in the lead and the rest of the boys kept the pressure on all legs. This shattered the 21-year-old school record that we have been shooting for for the last two years with this bunch.



A great win & school record !

Boys 1600

Beau Bettinger	4:20.4	5th
----------------	--------	-----

Beau had little left for the last 200, and still managed a PR and 5th place. As soon as we unleash his kick, he will drop significant time.

Girls 4 x 100

Charis Chan		
Chelsea Chandler		
Joyce Lee		
Holly Matheny	50.84	2nd
in Heat 4		

This was our season best, and this is with Joyce still not in top shape and shaky handoffs all the way around.

Boys 4 x 100

Eric Zamora		
Marcus Cox		
Joey Apodaca		
Geno McGuigan	44.3	5th
in Heat 5		

The boys also notched a season best, even though rival San Leandro topped us by a bit in another heat.

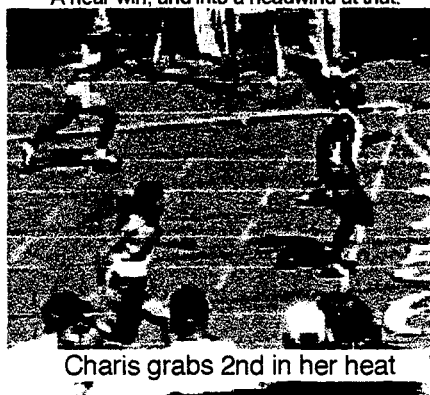
Boys DM

John Yano	3:30.9
Nate Fernsten	57.2
T J Miller	2:04.3
Dave Stadelman	<u>4:39.9</u>
7th	11:12.3

John started too fast, and dropped back on his opening leg but we were still in the top half of the field. TJ PR'd on his leg, and Nate had a solid 400. Dave gave us a near PR and a great finish kick.

Girls 100

Charis Chan	13.20	2nd heat 1
A near-win, and into a headwind at that.		



Charis grabs 2nd in her heat

Boys 800

Chris Wong	1:59.68	5th in Heat 2
Chris ran two sub-2:00 800's on the same day, which bodes well for his shot at a possible state meet berth.		

Boys Shot

Xavier Carrion	46-8
Xavier had rested his shoulder and the tactic worked as he popped a 2 foot PR.	



GV 4 x 200 gets lane assignments

Girls 4 x 200

Chari Chan	26.9
Chelsea Chandler	27.1
Joyce Lee	27.9
Holly Matheny	<u>27.5</u>
1st in Heat 1	1:49.59

In the seldom-run 4 x 200, our girls ran virtually alone in the first heat and our time would

have been 1st or 2nd in every subsequent heat, and 5th in the fastest heat. The bonus was almost breaking the school record, being off by only .3 seconds.

Boys 4 x 200

Eric Zamora	23.2
Marcus Cox	23.6
Joe Apodaca	23.5
Geno McGuigan	<u>21.9</u>
3rd in Heat 1	1:32.2

The boys also ran well in this event, and put together a time that would have held up at the top of all the but the very fastest heat.

Boys 110 HH

Ryan Parker	15.68	4th in heat 1
A nice day to PR.		



Ryan powers over 8th hurdle

Boys HJ

Ryan Parker	n.h.
Almost a clearance at opening 5-10 .	

Girls Pole Vault

Erin McCarthy	10-6	4th
Erin is a bit disappointed that she has not conquered her new pole, but she is very constant at this height regardless and will only improve.		

Boys 300 IH

Ryan Parker	40.74	2nd in heat 1
Ryan lost his balance over hurdle 6 but recovered to make a strong run to almost win the heat.		

Girls 4 x 400

Charis Chan	66.9
Chelsea Chandler	64.5
Laura Dobel	65.1
Kelley Stewart	<u>60.0</u>
2nd in heat 1	4:16.5

Charis looked tired, and struggled at the end of her race, but kept us in the race. Chelsea made up lots of ground, Laura was very good on the homestretch, and Kelley was a monster on the anchor. This was a season best for us.

vs. San Leandro

@ San Leandro

Thursday, April 11, 2002

Scores:

GFS: CV 114, SL 10
BFS: CV 99, SL 30
GV: CV 84, SL 51
BV: CV 79, SL 57

4 x 100

BFS

1. SL	49.4
2. CV "A"	49.7
3. CV "B"	51.0
4. CV "C"	54.7
5. CV "D"	55.0

BV

1. SL	45.0
2. CV	46.3
3. SL "B"	48.4

GFS

1. CV "A"	57.1
2. SL	60.1
3. CV "B"	60.6
4. CV "C"	62.7

GV

1. CV "A"	53.8
2. SL	55.2
3. CV "B"	57.0

1600 M

BV

1. David Stadelman	CV	4:51.2
2. Beau Bettinger	CV	4:52.7
3. Zane Weite	CV	4:54.7
4. John Yano	CV	4:55.7
5. Mike Mulleague	SL	5:9.0
6. Steve Renolds	SL	5:12.3
7. Jeff Ribeira	CV	5:21.5
8. Mike Low	SL	5:35.2

BFS

1. Jason Ribeira	CV	5:30.5
2. Marvin Zamora	CV	5:34.9
3. Jordan Bailey	CV	5:35.4
4. Bennett Hall	CV	5:40.6

GFS

1. Ginger Hashimoto	CV	6:23.9
2. Christina Robertson	CV	6:32.7
3. Shana Kennedy	SL	6:32.4
4. Shannon Alter	CV	6:33.3
5. Nicole Marcotte	CV	6:35.0
4. Jennifer O'Neill	CV	6:52.0

GV

1. Melissa Simmons	CV	6:05.2
2. Rose Toney	CV	6:11.1
3. Rhiannon Webb	CV	6:26.3

110M Hurdles

BFS

1. Mark Brezula	CV	22.9
2. Rene McCoy	CV	26.8

BV

Heat 1			
1. Ryan Parker	CV	17.7	
2. Jr. Faateete	SL	18.8	
3. Jim Leng	CV	19.0	

GFS

1. Katy Stewart	CV	20.3
2. Kathryn Pomroy	CV	21.6

GV

1. Angela Dohrmann	CV	19.6
2. Carlena Busch	SL	19.8
3. Simone Pagano	SL	20.8
4. Erin McCarty	CV	20.9

5. Mary Metters	SL	21.7
6. Heather Schmidt	CV	22.3
7. Roana Tirado	CV	22.6

400

BFS

1. Brandon Farinha	CV	55.8
2. Terry Jones	CV	57.1
3. Ernest Wesson	SL	62.2
4. Jaliel James	SL	64.6
5. Rene McCoy	CV	70.6
6. Josh Holmes	SL	73.9

BV

1. Jonathon Rice	SL	52.9
2. Joe Apodaca	CV	55.3
3. Tiquan Payne	SL	57.6
4. Nathan Fersen	CV	59.5

GFS

1. Karissa Casey	CV	1:11.4
2. Jenelle	SL	1:13.3
3. Veronica Rylander	CV	1:15.2
4. Moryah Schindler	CV	1:16.5

GV

1. Stacy Daniels	SL	1:02.1
2. Kelly Stewart	CV	1:04.9
3. Heather Mathery	CV	1:08.4
4. Laura Dobel	CV	1:10.0
5. Shanhtel Covington	SL	1:13.1

100

BFS

Heat 1

1. Eugene Anderson	SL	n.t.
2. Evan Ballar	CV	n.t.
3. Terrence Jones	CV	n.t.
4. Joel Rice	SL	n.t.
5. Jon Hicken	CV	n.t.

Heat 2

1. Jahel?	SL	n.t.
2. Jarel McMillon	CV	n.t.
3. John Nunes	CV	n.t.
4. Ernest Wesson	SL	n.t.
5. Jordan Lindsay	CV	n.t.

BV

Heat 1

1. Sam Cheatham	SL	11.6
2. Geno McGuigan	CV	11.9
3. Marcus Cox	CV	12.2
4. Maurice Johnson	SL	12.2
5. Eric Zamora	CV	12.3
6. Anthony Limnios	CV	12.3

Heat 2

1. Ryan Stohr	CV	12.4
2. Bobby Jefferson	SL	12.7
3. Everett Chan	CV	13.2
4. Erik Dayton	CV	13.3

GFS

Heat 1

1. Michelle Chan	CV	14.2
2. Ashley O'Callaghan	CV	14.8
3. Joy Smallman	SL	15.3
4. Brittany Rogers	SL	15.8

Heat 2

1. Kate Haworth	CV	15.6
2. Rachel Huggins	CV	15.6
3. Mimi Cortopeassi	CV	15.9
4. Michelle Vallejo	SL	16.3
5. Stephanie Tabor	CV	16.6
6. Leanna Lai	CV	16.8

GV

1. Tiffany Thomas	SL	13.2
2. Charis Chan	CV	13.9
3. Jennifer Wilkin	CV	14.5
4. Holly Matheny	CV	14.8

5. Joyce Lee	CV	14.9
--------------	----	------

800

BFS

1. Jason Ribeira	CV	2:24.6
2. Marvin Zamora	CV	2:37.2
3. Bennett Hall	CV	2:45.2
BV		
1. Beau Bettinger	CV	2:03.2
2. Chris Wong	CV	2:04.9
3. TJ Miller	CV	2:09.0
4. Ben Cannon	SL	2:09.5
5. Brian Reynolds	SL	2:13.1
6. John Yano	CV	2:13.6
7. Mike Mulleaque	SL	2:24.1

GFS

1. Brooke Katich	CV	2:48.5
2. Jerri Pfisterer	CV	2:56.3
3. Ginger Hashimoto	CV	2:59.7
4. Shana —	SL	3:00.7
5. Shannon Alter	CV	3:02.2
6. Christina Robertson	CV	3:05.2

GV

1. Beth Phillips	SL	2:39.5
2. Michelle Dianda	CV	2:41.4
3. Kisten Beesley	SL	2:48.7
4. Rhiannon Webb	CV	2:50.9
5. Helga Zambrano	CV	2:54.6
6. Jesse Badger	SL	2:56.0

300H

BFS

1. Justin Taylor	CV	56.4
2. Kevan Turner	CV	57.6
3. Alex Schoolcraft	CV	58.3
DQ Rene McCoy	Cv	60.9

BV

1. Ryan Parker	CV	46.7
2. Jim Leng	CV	49.1
3. Dominic Lucchesi	SL	49.6
4. William Seals	CV	53.0

GFS

1. Kathryn Pomroy	CV	57.9
2. Mary Metters	SL	1:04.0
GV		
1. Charlien Busch	SL	57.1
2. Heather Schmidt	CV	58.0
3. Simone Pagano	SL	58.2
4. Roana Tirado	CV	1:04.0

200

BFS

Heat 1

1. Eugene Anderson	SL	24.4
2. Jon Hicken	CV	26.3
3. Evan Ballar	CV	26.6
4. Ernest Nesson	SL	27.7

Heat 2

1. Jaliel James	SL	25.7
2. Juel Rice	SL	26.5
3. Jarel McMillon	CV	26.8
4. John Nunes	CV	27.1
5. Jordan Lindsey	CV	27.4

BV

Heat 1

1. Jonathan Rice	SL	23.0
2. Geno McGuigan	CV	23.6
3. Sam Cheatham	SL	23.9
4. Joe Apodaca	CV	24.3
5. Eric Zamora	CV	24.6
6. Tiquan Payne	SL	24.8

Heat 2

1. Anthony Limnios	CV	24.9
2. Bobby Jefferson	SL	25.6

3. Jerald Sullivan	SL	26.2
4. Nathan Fernsten	CV	26.5
5. Everett Chan	CV	26.8
6. Erik Dayton	CV	27.7

GFS

Heat 1

1. Michelle Chan	CV	29.0
2. Brooke Katich	CV	29.9
3. Jenelle Nicholas	SL	30.2
4. Ashley O'Callaghan	CV	30.6
5. Brittany Rogers	SL	32.7

Heat 2

1. Joy —	SL	31.8
2. Michele Vallejo	SL	34.1
3. Veronica Rylander	CV	34.4
4. Kate Haworth	CV	34.7
5. Morgan Schindler	CV	35.0

GV

Heat 1

1. Stacy Daniels	SL	27.4
2. Tiffany Thomas	SL	27.7
3. Charis Chan	CV	28.0
4. Chelsea Chandler	CV	28.3

Heat 2

1. Holly Matheny	CV	29.1
2. Jennifer Wilkinson	CV	29.5
3. Natalie ?	SL	32.4
4. Christina ?	SL	32.7

3200

BFS

1. Bennett Hall	CV	12:14.4
2. Marvin Zamora	CV	12:38.6
3. Jason Ribeira	CV	12:39.0
4. Alex Schoolcrafts	CV	13:04.8
5. Justin Taylor	CV	13:26.5

BV

1. David Stadelman	CV	10:26.5
2. Nick Sigmon	SL	10:30.8
3. Zane Weite	CV	10:36.9
4. Alex Munguia	SL	11:20.0
5. Jeff Ribeira	CV	11:23.7
6. John Yano	CV	12:24.1

GV

1. Emily Atwood	SL	13:18.5
2. Rose Toney	CV	13:30.2
3. Melissa Simmons	CV	13:37.7
4. Samatha Suey	CV	14:05.6

GFS

1. Vanessa Robles	CV	14:35.2
-------------------	----	---------

4 x 400

GFS

1. CV (no names available)	5:15
----------------------------	------

GV

1. CV (no names available)	4:50
----------------------------	------

BFS

1. not contested

BV

1. SL (no names available)	3:39
2. CV (no names available)	3:42.1

LJ

GFS

1. Amanda Delaplane	CV	11-10
2. Joy Smallman	SL	11-4.5
3. Danielle Lacey	CV	10-6

GV

1. Kiersten Slader	CV	14-3.75
2. Chelsea Chandler	CV	13-10
3. Charliena Busch	SL	13-9.5
4. Natalie Oliver	CV	13-4

BFS

1. Eugene Anderson	SL	19-3
--------------------	----	------

vs. San Leandro

@ San Leandro

Thursday, April 11, 2002

2. Robert Wright	CV	15-8	3. Andrew Schreiber	SL	78-10.5
3. Evan Ballar	CV	14-9	4. Derek Music	CV	70-0
4. Daniel Haiek	CV	14-5	BV		
BV			1. Albert Urbina	SL	125-7
1. Junior Faaeteete	SL	19-5	2. Vince Reiss	CV	117-11
2. Maurice Johnson	SL	19-0	3. Chris Hurts	SL	110-2.5
3. Lionel Boston	SL	17-4	4. Mike Dmoski	SL	109-11
4. Tony Limnios	CV	17-0	5. Josh Dmoski	SL	109-10.5
5. William Seals	CV	15-8	6. Xavier Carrion	CV	109-1
6. Nick Morozovsky	CV	14-4	7. Neil Owen	CV	102-10.5
7. Aaron Albonico	CV	13-10	8. Josh Sawyer-Long	CV	99-10
Triple Jump			9. Chris Reid	CV	99-9.5
BFS			10. Dve Robbins	SL	99-6.5
			11. Eric Coffey	SL	73-1.25

1. Daniel Haiek	CV	31-3.5	HJ		
2. Josh Shinoda	CV	28-6.5	GFS		
3. Robert Wright	CV	27-3.5	1. Katy Stewart	CV	4-4
4. Simon Wu	CV	24-0	2. Kathryn Pomeroy	CV	4-2
BV			3. Amanda Delaplane	CV	4-2
1. Ryan Parker	CV	37-5	GV		
2. Jim Leng	CV	35-5	1. Samanatha Journey	CV	4-10
3. Aaron Albonico	CV	30-6.25	2. Kiersten Slader	CV	4-6
4. Williams Seals	CV	30-2.5	3. Heather Clancy	CV	4-4
5. Nick Morozovsky	CV	28-9	BFS		

1. Danielle Lacey	CV	24-10	1. Marek Brezula	CV	4-10
no 2nd or 3rd			2. Robert Wright	CV	4-10
GV			3. John Nunes	CV	4-10
1. Chelsea Chandler	CV	31-9	4. Dan Haiek	CV	4-8
2. Charlena Busch	SL	26-10.5	5. Gallardo	SL	4-6
3. Heather Matheny	CV	26-2	BV		

SP			1. Ryan Parker	CV	5-10
GFS			2. Junior Faaeteete	SL	5-6
1. Megan Fernsten	CV	22-6	2. Anthony Limnios	CV	5-6
2. Laura Fernsten	CV	17-1.5	4. John Olsen	CV	4-10
3. Mary Ella McManus	CV	16-10.5	5. Lionel Boston	CV	4-10

4. Monica Jacquez	CV	13-8.5	PV		
GV			GFS		
1. Megan Shaw	CV	28-9	1. Melodie Jue	CV	7-0
2. Jenna K	SL	25-5.5	Sydney Jones, Amanda Delaplane	no	height
3. Tayana Myers	SL	24-1	GV		
4. Shariene eBergman	SL	20-11.5	1. Erin McCarthy	CV	10-0

BFS			2. Stephanie Lassalle	CV	8-6
1. Randy S	SL	36-11	no third		
2. Emmanuel Tolentino	CV	36-0	3.		
3. Derek Music	CV	33-5.5	BFS		
4. Andrew Scheibner	SL	28-10.5	1. Kevan Turner	CV	9-0
5. Vincent Wu	CV	28-3.25	2. Kevin Teel	CV	7-6

BV			3. Josh Ashford	CV	7-6
1. Chris Hurst	SL	45-0	4. Justin Taylor	CV	7-0
2. Xavier Carrion	CV	43-6	5. Bryan Collard	CV	7-0
3. Mike Dmoski	SL	43-3	BV		
4. Chris Reid	CV	40-5.75	1. Kevin Shintani	CV	10-6
5. Vince Reiss	CV	38-6.5	2. Anthony Sanchez	CV	10-6
6. Neil Owen	CV	38-4.5	3. Dustin Wheeler	CV	9-6
7. Josh ?	SL	35-11.25	4. Mike Shaw	CV	9-0
8. Albert Urbina	SL	34-0			
9. Josh Sawyer-Long	CV	33-4.5			
10. David Robbins	SL	32-5			
11. Eric Coffey	SL	28-3.75			

Discus					
GFS					
1. Mary Ella McManus	CV	53-10			
2. Laura Fernsten	CV	44-8			
3. Monica Jacquez	CV	41-4			

GF					
1. Megan Shaw	CV	91-2			
2. Sharlene Bergman	SL	74-5			
3. Jenna Ramirez	SL	64-10			

BFS					
1. Randy S	SL	113-3			
2. Emmanuel Tolentino	CV	82-2			

CASTRO VALLEY INVITATIONAL TROJAN RELAYS

FRIDAY, APRIL 12, 2002

SCORES:

JUNIOR HIGH BOYS

1. BRET HARTE	23
2. CANYON	20
3. CREEKSIDE	12
4. ELMURST	5

JUNIOR HIGH GIRLS

1. BRET HARTE	25
2. EDENDALE	19
3. CANYON	12
4. CREEKSIDE	6

BFS

1. TAMALPAIS	60
2. GRANADA	46
2. ALAMEDA	46
4. CASTRO VALLEY	42
4. IRVINGTON	42
6. LAS LOMAS	40
7. ACALANES	22
8. SAN LEANDRO	18
8. WASHINGTON	18
10. RICHMOND	3
11. HAYWARD	2
11. RICHMOND	2

GFS

1. CASTRO VALLEY	94
2. ALAMEDA	87
3. ACALANES	57
4. IRVINGTON	34
5. LAS LOMAS	22
6. SAN LORENZO	8
7. PETALUMA	3
8. HAYWARD	2
9. WASHINGTON	2

GV

1. CASTRO VALLEY	70
2. ALAMEDA	54
2. WASHINGTON	54
4. ARROYO	36
5. HAYWARD	32
6. SAN LEANDRO	30
7. TAMALPAIS	22
8. LAS LOMAS	20
9. PETALUMA	19
10. ACALANES	17

4 X MILE

BFS

1. IRV "A" (DUNAM, MIGHERG, PAKEL SMITH)	20:57.2
2. CV (RIBERA, ZAMURA, BAILEY, YUMU)	21:23.9
3. TAM "A" (GIBBS, DUNCN, BROWN COATS, REDRICK)	21:12.6
4. LL "A" (PAAUWE, BOGSTAD, MARUOSLU, TAGLIAENI)	21:12.9
5. ALA "A" (ROPER, IALZONE, SKEELS, SMITH)	21:29.9
6. ALA "B" (LINDSTEAT, HORIKOSHI, WONG, JONES)	23:30.5
7. TAM "B" (GARRETT, BELWAY, BARNES, BETENTHAL)	23:28.1
8. WASH (LATIMER, WILLIS, KELLY, ARNOLD)	21:53.4
9. IRV "B" (ZNOISEK, ZURITA, TRIKATAM, MARTIN)	22:47.0

GFS

1. ALA "A" (JILLIE, HANNA, ZORTIS, HURLEY)	25:04.2
2. CV "A" (ALTER, SIMMONS, SUEY, HASHIMOTO)	25:38.4
3. GRAN (HOUSER, LUCATEIRO, TETZEL, KELLY)	25:43.2
4. ALA "C" (LEE, HILD, SMITH LAU)	27:18.2
5. CV "B" (ROBLES, MARCOTTE, ROBERTSON, ZAMBRANO)	27:20.1

GV

1. PET (VANCE, ALLEN, LASLO, ABEIDA)	24:30.7
2. ALA "A" (ROBERTS, ORZELL, BURENVIN, LEE)	24:34.7
3. TAM (GOLDSBERSA, HATHORNE, GIBBS, HEXTRUM)	25:22.1
4. CV (CLERK, WEBB, CHOI, TONEY)	26:13.5
5. WAS (SMITZ, WAGNER, ONG, MIHARA)	26:21.8

4 X 100

JR H GIRLS

1. EDENDALE (WILLIAMS, BOXDEL, BONUDIE, CHAZLES)	59.39
2. CANYON (LAPONTE, LION, CANTON, ?)	59.62
3. BRETHARTE (HODGES, MARK, HAWKINS, LY)	1:00.4
4. CANYON (LAPANTE, SCHOFIELD, COVER, GADIER)	1:01.3
5. BRETHARTE (ARQUELLO, TREVINO, MARIA, SIINGH)	1:04.3
6. CREEKSIDE (WEST, COBERLY, MENE, KIMICO)	1:04.5
7. BRETHARTE (FARMER, WHITE, SERVIN, SUBANJAJ)	1:06.7

JR H BOYS

1. CANYON (SULLIVAN, SPETH, TURNER, PORTER)	51.09
2. BRET HART "A" (DE LAUTO, LEE, BRESSLER, BROOKS)	59.99
3. CREEKSIDE (ROSS, KERNER, KILBY, WONG)	1:00.9
4. BRET HARTE (DEMLEY, JONSON, SMITH, BARNE)	1:03.7

BFS

HEAT 1

1. RIC (GREEN, HARRIS, JEFFERSON, COATES)	49.65
2. LL "B" (KATTENBURG, CROWN, WOJCICCHOWSKI, YOUNG)	50:22
3. PET (WINTERS, STIBS, JFF, FARLEANE)	52.32
4. GRA "C" (LORENZ, VADEN, COLLINS, CHICK)	52.85
5. ALA "B" (O'TOOLE, ASUNKION, WONG, DANY)	53.74
6. CV "C" (SHARPE; MC COY, SHINODA, WU)	54.68

HEAT 2

1. LL "A" (YAMASHITA, BOWLEY, FOX CHANDLER)	47.64
2. CV "B" (WRIGHT, FARINHA, MC MILLON, NUNES)	49.61
3. IRV (HERNDEN, COBB, YILDZ, MISHERGHI,)	49.95
4. ACA "A" (SMALL, ALTIERI, ARTHUKR, KING)	50.00
5. TAM "B" (LORENZY, CHOI, FITZSIMMONS, CROKETT)	50:98
6. GRA "B" (CROSS, MORGAN, SMTH , ANSERALL)	52.03
7. RIC (MIMS, BAUTISTA, MEZA, JORDAN)	54.30

HEAT 3

1. CV "A" (BALLAR, COX, HICKEN, JONES)	46.82
2. TAM "A" (FUTING, FOSTER, KALK, MC ALLEY)	46.94
3. WASH (KAWSKI, ARAGON, DAURY, JEFFERSON)	47.55
4. HAY (JOHNSON, HIGGNS, DOMINGUEZ, BRON)	48.77
5. ALA "A" (RATHER, SIBLEY, RODRIGUES, TRAUGENIA)	49.41
DQ GRAN	45.33

GFS

HEAT 1

1. ALA (GREEN, AMPINEY, ROSENBLUM, WANG)	55.42
2. CV "C" (HAWORTH, HIGGINS, BIEDA, CORTAPASSI)	57.82
3. LL (CASEY, FURDEN, PARIMO, BRIANANOHG)	58.26
4. RICH (COOPER, BOOZE, HOWELL, WILLIAMS)	58.79
5. ACA "B" (WYNN, BALLINET, JONES, HOFFSCHNIEDER)	59.20
6. HAY (BROOKS, BARNEY, LEE, POWELL)	59.81
7. CV "D" (SCHIINDLER, RYANDE, LAI, LACEY)	59.99

HEAT 2

1. CV "A" (CHAN, O'CALLAGHAN, WESTLING, MATHENY)	55.00
2. ACA "A" (BARBESRAY, FANNING, ROBINSON, CRANE)	55.06
3. GRA (RYMONT, ROBINS, THURMAN, ORTON)	55.19
4. SLZ (WILLRD, MUNI, HARZLEY, AGUST)	55.80
5. CV "B" (DOHRMAN, JERRI F. OLIVER, DAWS)	56.36
6. IRV (DRISCOLL, WILLIS, KOLOKOGREEN, INGRAM)	56.50
7. WASH (WELCH, INCUYE, ST. LAWRENCE, LEE)	59.16

GV

HEAT 1

1. SL (COVINGTON, DANIELS, THOMAS, RITCHEY)	52.34
2. LL (LAURA, LINDSA, MOORE, BROCKS)	54.84
3. ALA "A" (FRANKEL, VONGKHAMCHANH, ROBINSON, PINEDA)	55.50
4. ALA "B" (RENO, GARRETT, KELSEY, SANDHU)	1:01.91

HEAT 2

1. CV "A" (CHAN, MIKINSON, LEE, MATHENY)	51.99
2. HAY (E SMITH, R SMITH, MAUHAMED, L SMITH)	52.81
3. TAM (RUBEN, KELLY, ALDERSON, WAGNER)	53.51
4. WASH (SHEPPARD, DAVIS, BLOOM, PRICE)	53.61
5. PET (FELICIA, MICHELLE, SAM, RENICE)	56.29

LONG JUMP

GFS

1. ALA "A" (WONG)	40' 4"
2. ACA (JONES)	38' 9"
3. CV "A" (LACEY)	37' 5"
4. IRV (YANG)	36' 3"
5. CV "B" (LAI)	35' 10.5"
6. ALA "B" (COPELAND)	34' 8"
7. SLZ (MURPHY)	12' 2.5"

4 X HH

BFS

1. LOS LOMAS (RICHACHT, HOSKINS, CHU, WOJOCHOWSKI)	48.51
--	-------

GFS

1. GRANADA (DELACRUZ, JANUNG, MORGEN, THURMEN)	46.92
2. CV (ROBINSON, LACEY, STEWART, DOHRMAN)	48.74
3. IRV (CHAN, BACA, HONG, KOLOKO-GREEN)	49.77
4. LAS LOMAS (PARINO, CASEY, FURDEN, WONG)	49.82

4 X HH

GV

HEAT 1

1. ALA (VONGKAMCHANH, ROBINSON, SANDHU, HODILL)	42.58
2. CV (MCCARTHY, SCHMIDT, STEWART, DOBEL)	44.77
3. HAY (WILSON, SMITH, MENDEZ, HARDY)	46.14

HEAT 2

1. ARROYO (RIVAS, BERGERON, HUGHES, BOCK)	41.72
2. LAS LOMAS (JONES, BROOKS, MAYTA, POWELL)	44.41
3. IRV (IVANOVA, PHAM, STEWART, NIMENEZ)	48.04
4. PETALUMA (MAUS, RYSKA, MONTIJO, EZELL)	51.48

4 X 220

BFS

HEAT 1

1. RICH (COATES, GREEN HARRIS, JEFFERSON)	1:45.54
---	---------

CASTRO VALLEY INVITATIONAL TROJAN RELAYS

FRIDAY, APRIL 12, 2002

2. LAS LOMAS "B" (KATTENBORG, ZBALA)	1:48.77
3. GRANADA "C" (LORENZ, CHRISTENSEN, COLLINS, WALDREN)	1:52.51
4. ALA "B" (RATHER, O'TOOLE, ASUNCION, WONG)	1:53.64
5. PETALUMA (WALKER, STUBBS, RAMERO, WINTERS)	1:55.51
6. RICH "B" (MIMS, VAUTISTA, MEZA, JORDON)	1:56.62

HEAT 2

1. LAS LOMAS "A" (YAMASHITA, FOX, BOURY, CHANDLER)	1:41:03
2. CV "B" (FARINHA, WRIGHT, NUNES, BREZULA)	1:44.62
3. ACA (SMALL, LENNON, ARTHUR, KING)	1:45.90
4. IRV (HERNDON, FRANCE, COBB, MISHERRHI)	1:45.83
5. CANYON (PORTER, SPETH, TURNER, SULLIVAN)	1:45.90
6. GRANADA "B" (MORGAN, BENNETT, SMITH, AVERILL)	1:49.22

HEAT 3

1. GRANADA (PENNYWELL, CARTER, HUDSON, RUSSO)	1:35.88
2. TAM (MCCAULEY, FASIS, KULK, ANGELO)	1:38.82
3. CV "A" (BALLAR, COX, HICKEN, JONES)	1:39.00
4. ALA "A" (RODRIGUES, TRAVENIA, SISLEY, UDDERBURG)	1:39.68
5. WASH (ARNETON, KAWASAKI-YEE, SCHMIDT, ETCHEU)	1:40.04
6. HAY (RUIZ, HUGGES, JOHNSON, MIKE D)	1:48.92

GFS

HEAT 1

1. WASH (INOUE, WELDRI, BODILY, MOODY)	2:02.04
2. LAS LOMAS (CASEY, FURDEN, WONG, PARSO)	2:05.12
3. GRANADA "B" (DELACRUZ, JENUNG, DAVIS, ULRICH)	2:05.76
4. RCH (BOOZE, MARROQUIN, COOPER, WILLIAMS)	2:07.08
5. HAY (JASMINE, JENNIFER, JAHNINA, ERICA)	2:08.62
6. EDENDALE (BOXDELL, BONADIE, WILLIAMS)	2:12.19
7. CV "C" (HAWORTH, HUGGINS, BIEDA, CORTAPASSI)	2:12.40

HEAT 2

1. CV "A" (CHAN, O'CALLAGHAN, WESTLING, MATHENY)	1:58.27
2. GRANADA (ULRICH, ROBBINS, THERMAN, ORTON)	1:59.65
3. CV "B" (KASEY, PFISTERER, DAVIS, DOHRMAN)	2:00.58
4. ACA "A" (FANNING, BALLINT, ROBINSON, CLARK)	2:01.21
5. S. LORENZO (HARDY, AUGUST, COOLEY, MUNEZ)	2:01.99
6. IRV (DRISCOLL, WILLIS, KOLOKO-GREEN, INGRAM)	2:02.95
7. ALA "A" (LEUNG, WONG, OMPHROY, AREAN)	2:03.05

GV

HEAT 1

1. HAY (R SMITH, F SMITH, MUHAMMAD, WILSON)	1:54.04
2. PETALUMA (TIMMEL, RYSKA, MAUS, BERNARDINI)	2:06.48
3. ACA (LOVE, KWAN, ANDERSON, CUTTER)	2:08.04
4. ALA "B" (RENO, SANDHU, GARRETT, KELSEY)	2:15.52

HEAT 2

1. S LEANDRO (COVINGTON, RITCHEY, DANIELS, THOMAS)	1:51.33
2. CV "A" (CHAN, WILKINSON, LEE, MATHENY)	1:52.48
3. WASH (SHEPPARD, MARTINEZ, BLOOM, KEY)	1:53.86
4. TAM (WAGNER, RUBEN, KELLEY, ALDERSON)	1:55.56
5. LAS LOMAS (MAUTA, PEIRANO, RAMAGE, BROOKS)	1:59.87
6. ALA "A" (PINEDA, ROBINSON, FRANKEL, HODILL)	1:59.94

4 X 880

BFS

1. IRV "A" (MISNER, SMITH, DURHAM, PATEL)	9:16.26
2. LAS LOMAS (PAAUVE, BOGSTAD, MARASCO, TAGLIAREN)	9:16.59
3. CV "A" (RIBEIRA, ZAMORA, BAILEY, YANO)	9:19.88
4. ALA "A" (DOS, SKILLS, WISENHIEMER, BICKY)	9:28.11
5. ACA (NGUYEN, THOYER, MULVANEY, LOPEZ)	9:35.86
6. TAM (GIBBS, PEDRIC, BARNES, CASTILLO)	9:38.62
7. ALA "B" (HORIKOSHI, O'TOOLE, JONES, GUTIERREZ)	9:40.51
8. WASH (ARNOLD, ARROYO, LATIMER, WILLIS)	10:19.53
9. IRV "B" (MARTIN, ZURITA, TRIKUTAM, ZMOLEK)	10:21.52
10. HAY (AREINO, RUIZ, CURIEL, BRISSLER)	10:23.98

GFS

1. ALA "A" (HODILL, STEINER, ASSAYAG, RODRIGUEZ)	11:04.06
2. GRANADA (HOUSER, TETZEL, LUCATEO, KELLY)	11:24.42
3. CV "B" (ALLER, HASHIMOTO, MANOTTEW, SIMMONS)	11:35.76
4. ALA "B" (SMITH, ZARTIS, LAU, HUSKY)	11:49.86
5. ALA "C" (LEE, HILD, MCCALLISER, TAPIANNI)	12:47.93

GV

1. WASH (LITTLE, SCHULTZ, ONG, ROBERTS)	10:36.79
2. CV "A" (DIANDA, CHOI, STEWART, DOBEL)	10:38.14
3. TAM (GOLDBURG, S HEXTRUM, R HEXTRUM, HAWTHORNE)	10:58.96
4. HAY (MENDEZ, FRANCO, LY, HODGES)	11:28.05
5. ALA "A" (BURENIN, LEE, KREIDER, ORZELL)	11:30.99
6. ALA "B" (RENO, SWINNEY, GRIM, KENDALL)	13:39.92

OPEN 100

BOYS JR HIGH

1. TOM SPETH (CANYON)	11.95
2. DESTROY POSTER (CANYON)	11.96
3. KENNETH HUNT (ELMHURST)	13.97
4. ANDREW CLEGHORN (ELMHURST)	13.99
5. RANDY LEE (BRET HARTE)	15:02
6. MICHAEL BRESSLER (BRET HARTE)	15:09
7. JORDAN SMITH (BRET HARTE)	15:15

GIRLS JR HIGH

1. JEVON BOXDELL (EDENDALE)	14.45
2. ASHLEY HAWKINS (BRET HARTE)	14.80
3. SABRINA LY (BRET HARTE)	15.14
4. CAMARI WILLIAMS (EDENDALE)	15.48
5. NICOLE BONADIE (EDENDALE)	15.54
6. ASHLEY MARIA (BRET HARTE)	15.83
7. KHADINE CHARLES (EDENDALE)	15.87

BFS

HEAT 1

1. BRYCESON KAWASAKI (WASHINGTON)	12.02
2. CARL JEFFREY (RICHMOND)	12.06
3. GEORGE HUGGINS (HAYWARD)	12.21
4. HABIB KABIR (WASHINGTON)	12.24
5. PETER TRAVENIA (ALA)	12.66
6. ERIK ASUNCION (ALA)	14.35
7. DEREK HUNTER ACA ()	15.37

HEAT 2

1. PATRICK YAMASHITA (LAS LOMAS)	12.08
2. ALEX BOUEY (LAS LOMAS)	12.11
3. SHAD SMALL (ACA)	12.38
4. EVAN BALLAR (CV)	12.41
5. PATRICK HERNDON (IRV)	12.56
6. DENNIS GREEN (RICH)	12.58
7. KING (ACA)	13.03

HEAT 3

1. KEVIN RUSSO (GRANADA)	11.69
2. MARCUS COX (CV)	11.79
3. ANTOINE FOSTER (TAM)	11.81
4. BRIAN MCCAULEY (TAM)	12.19
5. TERENCE JONES (CV)	12.27
6. CHRISCOATES (RICH)	12.46
7. BRANDON AVERILL (GRANADA)	12.94

GFS

HEAT 1

1. ANA MUNIZ (SLZ)	14.04
2. JAHNINA ? (HAY)	14.27
3. MONICA MOODY (WASH)	14.33
4. TATIANA ROMAGE (LAS LOMAS)	14.57
5. TIFFANY BOOZE (RICH)	15.06
6. ASHLEY ST. LAWRENCE (WASH)	15.19
7. ERICA LEE (HAY)	15.66

HEAT 2

1. MICHELLE CHAN (CV)	13.76
2. HOLLY BARBERA (ACA)	14.18
3. ALCAR FANNING (ACA)	14.20
4. ASHLEY OMPHROY (ALA)	14.27
5. LA'KIRAA LILLARD (SLZ)	15.02
6. DOMINIQUE WILLIAMS (RICH)	15.71

HEAT 3

1. MARISA GREEN (ALA)	13.85
2. BREANN ORTON (GRANADA)	14.00
3. JASMINE BROOKS (HAY)	14.11
4. FANNY KOLOKO-GREEN (IRV)	14.63
5. LARRYCE OLIVER (HAY)	14.83
6. GAKQUIA COOPER (RICH)	14.98

GV

HEAT 1

1. STACY DANIELS (S LEANDRO)	13.50
2. CHEYENNE KELSEY (ALA)	15.13
3. LISA COX (TAM)	15.43
4. AMBER GARRETT (ALA)	16.78

HEAT 2

1. NADIA MUHAMMED (HAY)	13.51
2. S. BERNARDI (PET)	13.87
3. FELICIA RUCCLO-BROWN (PET)	14.47

HEAT 3

1. CHERISA CHAN (CV)	13.01
2. TIFFANY THOMAS (SLNDRO)	13.57
3. SAM SHEPPARD (WASH)	14.14
4. LYDIA SMITH (HAY)	14.20
5. CLAIRE ELY (WASH)	14.44

OPEN MILE

JUNIOR HIGH BOYS

1. MATT RILEY (CREEKSIDE)	5:42
2. JORDAN DEMUYNCK (BRET HARTE)	6:41
3. DAVID BROOME (BRET HARTE)	6:43
4. DERWYN JOHNSON (BRET HARTE)	7:03
5. RANDY LEE (BRET HARTE)	7:09

JUNIOR HIGH GIRLS

1. JENNY LAPONTE (CREEKSIDE)	5:55
------------------------------	------

CASTRO VALLEY INVITATIONAL TROJAN RELAYS

FRIDAY, APRIL 12, 2002

2. PAIGELEE HODGES (BRET HARTE)	6:33	5. CV "B" (LAI, PFISTERER, DELAPLANE)	35-10.5
3. JESSICA SERVIN (BRET HARTE)	6:48	6. ALA "B" (COPELAND, STEINER, LEE)	34-6
4. AMANDA EVANS (BRET HARTE)	6:50	7. SLZ (MURPHY)	12-2.5
5. BRIANNA KALINA (BRET HARTE)	7:57		
6. ELYCE TREVINO (BRET HARTE)	8:11	INDIVIDUALS	
7. ASHLEY MARIAS (BRET HARTE)	8:11	1. MARISA ROBINSON (ACA)	14-1
		2. KRISTEN ROSENBLUM (ALA)	13-10
GFS		3. BRITTANY HODILL (ALA)	13-4
1. DRUSIA DICKSON (ACA)	5:45	4. VALENTINA WONG (ALA)	13-2
JESSICA LAPONTE (CREEKSIDE MIDDLE)	5:49	5. NATALIE OLIVER (CV)	13-0
2. GABBY ASSAYAG (ALA)	5:49		
3. DANIELLE ALMEIDA (PET)	5:51	GV	
4. MELISSA SIMMONS (CV)	6:12	1. ALA (HODILL, BURENIN, ROBERTS)	42' 6.5"
5. JILLIAN ZARIFIS (ALA)	6:22	2. ARROYO (BANOUVONG, GERTON, PHILLIPS)	41' 8"
6. SARAH HENRICH (PET)	6:27	3. PET (POEHLMAN, TIMMEL, SHAPIRO)	40' 8"
7. HELGA ZAMBRANO (CV)	6:41	4. ARROYO "B" (COLLINS, PETERS, ONA)	39' 2"
8. CAITLYN ZITA (PET)	6:54	5. WASH (DAVIS, PRICE, KEY)	38' 9.5"
		6. SLZ (BICKHAM)	13' 5.5"
GV		7. HAY (HARDY)	11' 7"
1. CORINNE ROBERTS (ALA)	5:31	INDIVIDUAL	
2. ROSIE TONEY (CV)	6:06	1. LAUREN HODILL (ALA)	14-10
3. RACHEL MENDEZ (HAY)	6:11	2. CORINNE ROBERTS (ALA)	14-0
4. ANNE SCHULTZ (WASH)	6:18	3. RAINA TIMMEL (PET)	14-0
5. RHIANNON WEBB (CV)	6:27	4. ANDREA BANOUVONG (ARR)	14-0
6. MARISA DINEDA (LL)	6:30	5. VANESS PHILLIP (ARR)	13-11.5
7. JUDY ONG (WASH)	6:31		
4 X 440		HIGH JUMP	
BFS		BFS	
HEAT 1		1. TAM (FITTING, FRAZIER, CROCKETT)	16' 2"
1. LL "A" (YAMASHTA, RIVERS, BOUEY, FOX)	4:01.84	2. ACA (FOLEY, LENNON, STRACHEN)	15-0
2. TAM "B" (CASTELLO, LOSENZY, BARNES, FITZSIMMONS)	4:05.86	2. GRANADA (CROSS, SMITH, MORGAN)	15-0
3. LL "B" (YOUNG, HOSKINS, RUEFENACHT, CHANDLER)	4:14.58	2. IRV (TSAO, COBB, FRANCE)	15-0
4. ALA "B" (DANG, O'TOOLE, TRAVENIA, ASUNCION)	4:21.72	5. CV "A" (NUNEZ, BREZULA, PICETTI)	14' 10"
5. BRET HARTE MIDDLE (LEE, SMSITH, DEMUYNCK, BROOKS)	5:46.20	6. LAS LOMAS (MCLUCAS, HANSON, SAPORITO)	14' 6"
		7. CV "B" (WRIGHT, HAIEK, HICKEN)	14' 4"
HEAT 2		8. ACA "C" (BROC, TING)	9' 2"
1. ALA "A" (RODRIGUES, SILBEY, LINDSTED, UDDENBERG)	3:46.77	9. ACA "B" (LEE, THAYER, WOODRUFF)	9-0
2. WASH (KAWASAKI, ARAGON, MIONEL, JETCHER)	3:47.57	10. HAY (GEORGE H.)	4' 8"
3. TAM "A" (KALIL, LOCKWOOD, FOSTER, ANGELO)	3:50.20	10. LAS LOMAS "B" (BROWN)	4' 8"
4. GRAN (CARTER, COLLINS, AVERILL, RUSSO)	3:56.03		
5. ACA (NGUYEN, LOPEZ, ALLTIERI, SMALL)	3:59.04	INDIVIDUAL	
GFS		1. BRANDON CROCKETT (TAM)	5-10
HEAT 1		2. MARK LENNON (ACA)	5-6
1. ALA "A" (OMPHROY, GREEN, STEINER, RODRIGUES)	4:32.46	3. DANE FRANCE (IRV)	5-4
2. SLZ (BRADLEY, MUNIZ, HARDY, COOLEY)	4:45.14	4. PAT FRAZIER (TAM)	5-2
3. LL (WONG, CASEY, PARINO, BELLOWES)	4:48.52	5. JUSTIN MORGAN (GRAN)	5-2
		GFS	
HEAT 2		1. CV (STEWART, CRAWFORD, DELAPLANE)	12' 2"
1. ACA (WIGYLAS, ROBINSON, BALINT, HOLFSCHNEIDER)	4:39.13	2. ACA "A" (MUSCOLO, SANDERSON, SONNEBORN)	11' 4"
2. CV (CHAN, DELAPLANE, CASEY, MATHENY)	4:39.89	3. IRV "A" (CALDERON, JOHNSON,)	7' 10"
3. ALA "B" (HODILL, ASSAYAG, WONG, LEUNG)	4:58.92	4. ACA "B" (DITIRRO, ROONEY, LEE)	7' 4"
4. GRAN (DAVIS, GONG, AQUINO, LUCATERO)	5:12.12	5. IRV "B" (HUM, UEN)	7-0
5. BRET HARTE MIDDLE (SERVIN, ZUBONIG, TREVINO, HODGES)	5:51.44	6. ALA "C" (SINGH, WORDEN)	4-0
		INDIVIDUAL	
GV		1. KATY STEWART (CV)	4-4
1. WASH (MARTINEZ, BLOOM, LITTLE, ROBERTS)	4:18.72	2. AMANDA DELAPLANE (CV)	4-2
2. CV (CHAN, MATHENY, DOBEL, STEWART)	4:18.99	3. MICHELLE CALDERON (IRV)	4-0
3. SL (DANIELS, RITCHEY, THOMAS, CORINGTON)	4:19.92	4. MATASHA SINGH (ALA)	4-0
4. TAM (RUBEN, KELLY, HEXTRUM, WAGNER)	4:28.54	5. ROCHELLE SONNEBORN (ACA)	3-10
5. HAY (SMITH, SMITH, MOHAMMED, MENDEZ)	4:30.08		
6. LL (PERADO, MILLER, RAMAGE, BROOK)	4:37.92	GV	
7. ALA (BURENIN, ORZELL, VONGKHAMCHANH, ROBINSON)	4:43.25	1. ARROYO "A" (BECKY G., MILANA O., VANESSA PHILLIP)	13' 10"
		2. WASH (DAVIS, PRICE, KEY)	13' 4"
TRIPLE JUMP		3. CV (JOURNEY, CLANCY, MCCARTHY)	13' 2"
BFS		4. ARROYO "B" (KEONA C., BREANNA P., ANDREA B.)	12' 10"
1. ALA (UDDENBERG, SIBLEY, GUTIERREZ)	108' 3"	5. LAS LOMAS (POWELL, JONES, RAMAGE)	9' 2"
2. IRV (YOON, TSAO, LEO)	106' 3.5"	6. ALA (ORZELL, ROBERTS, HODILL)	8' 4"
3. TAM "A" (LOCKWOOD, CROCKETT, FRAZIER)	102' 6.5"	7. TAM (TERGIS)	5-0
4. ACA (DAVID, HAUGO, LIMM)	99' 5.5"	INDIVIDUALS	
5. LAS LOMAS (MCLUCAS, HANSEN, BROWN)	96' 2"	1. LIANA TERGIS (TAM)	5-0
6. GRANADA (SMITH, MORGAN, WALDREN)	93' 4"	2. SAMANTHA JOURNEY (CV)	4-10
7. CV "A" (BALLAR, ZAMORA, PICETTI)	93' 4"	3. LAUREN HODILL (ALA)	4-10
8. ACA (ARTHUR, HUGHES, LIPKOWITZ)	90' 10.5"	4. VANESSA PHILLIP (ARR)	4-10
9. PETALUMA (WALKER, STUDDS, ROMANO)	83' 3.5"	5. LAURA POWELL (LL)	4-10
10. CV "B" (WRIGHT, HAIEK, NUNES)	60' 10"		
11. TAM "B" (NAGAR, LORENZI, CHOI)	58' 9"	SHOT PUT	
12. CV "C" (WU, SHINODA, TSANG)	56' 6"	BFS	
13. HAY (AREINO, DOMINGUEZ, JOHNSON)	55' 8.5"	1. GRANADA "A" (GROSS, MUSSELMAN, AUSTIN)	113' 10.5"
INDIVIDUALS		2. S. LEANDRO (HURTS, SANTA MARIA, SCHEIBREER)	111' 3.5"
1. LIWEI TSAO (IRV)	38-10.5	3. ALA "A" (KENDALL, CHUNG, GEORGE)	98' 11.5"
2. MATT UNNDENBERG (ALA)	38-9	4. TAM (RITTER, FINKLESTEIN, FITTING)	98' 6"
3. JUSTIN SIBLEY (ALA)	36-6	5. RICH (PONCE, BARISCOE, ADAMS)	93' 6"
4. CALIN HUAGO (ACA)	35-5.5	6. GRANADA "B" (YIN, NUNES, SUTOD)	93' 5.5"
5. PAT FRAZER (TAM)	35-0	7. ALA "C" (MEEHAN, POLSE, PETERS)	83' 3.5"
LONG JUMP		8. ALA "B" (GUTIERREZ, MOORE, RATHER)	82' 5.75"
GFS		9. SLZ (ANDRE W., JOHN V.)	78' 5"
1. ALA "A" (WONG, ROSENBLUM, HODILL)	40-4	10. CV "A" (REID, MUSIC, TOLENTINO)	76' 8"
2. ACA (JONES, WUNN, ROBINSON)	38-9	11. CV "B" (TSANG, WU)	62' 8"
3. CV "A" (LACEY, OLIVER, MATHENY)	37-5	12. IRV (HORVATH)	37' 7"
4. IRV (YANG, SANUTE, LAW)	36-3.5	INDIVIDUALS	

CASTRO VALLEY INVITATIONAL TROJAN RELAYS

FRIDAY, APRIL 12, 2002

1. CHRIS HURTS (SL)	44-6
2. CHRIS REID (CV)	43-10
3. JOHN Y. (SLZ)	43-7
4. DESAHUN GROSS (GRAN)	40-10
5. RANDY SANTAMANA (SL)	37-10

GFS

1. ALA "A" (BROOKS, COPELAND, ROSBLUM)	70' 5"
2. IRV (LAW, JOHNSON, KEISHA)	67' 2"
3. CV "A" (CORBIN, MCMANUS, FERNSTEN)	63' 5"
4. LAS LOMAS "A" (LAGO, O'DELL, NIEMUTH)	61' 0.5"
5. ACA "A" (ROONEY, SHEN, LAI)	59' 6"
6. SLZ (CORBIN, BETTIS)	58' 7.5"
7. WASH (ANDERSON, WESTBY, BODUY)	58' 2.5"
8. ALA "B" (SALINAS, HANSSON, HUSBY)	55' 5"
9. ACA "B" (DITTEIRRO, SINGH, LIE)	54' 3"
10. ACA "C" (LUKE, KIM, WORDEN)	46' 2.5"
11. HAY (ROBERTS)	19' 4"
12. GRANADA (MURUGESH)	17' 7.5"

INDIVIDUAL

1. ASHLEY CORBIN (SLZ)	28-1
2. CYMONE BEETTIS (SLZ)	26-8.5
3. KIM BROOKS (ALA)	24-6
4. KASHA ? (IRV)	23-9
5. MEGAN FERNSTEN (CV)	23-0

GV

1. PET (MOORE, MCAULEY, MAUS)	92-6.5
2. HAY (DAVIS, GOODSON, SMITH)	81-10
3. WASH (YOUNG, OCON, SENADENOS)	78-2
4. ALA "A" (KREIDER, KENDALL, GROFT)	74-9.5
5. ACA "A" (ELLIS, MUSCOLO, ULRICH)	73-0
6. ALA "B" (NELSON, FRANKEL, SWINNEY)	59-10
7. WASH (ANDERSON, WESTBY, BODUY)	58-2.5
8. ACA "B" (DITINO, SINGH, LEE)	54-3
9. ACAL "C" (LUKE, KIM, WADEN)	46-2.5

DISCUS

BFS

1. SL (HURTS, SANTAMARIA, SCHRIEBER)	300-11
2. GRAN "A" (MUSSELMAN, GROSS, AUSTON)	288-6
3. ALA "A" (GEORGE, KENDALL, CHUNG)	285-5.5
4. ACA (MEEHAN, PETERS, POLSE)	258-6
5. TAM (RITTER, FINKELSTEIN, FITTING)	219-3
6. CV (WU, TSANG, TOLENTINO)	218-2.5
7. ALA "B" (MOORE, FALZONE, ?)	207-9.5
8. GRAN "B" (NUNES, STETTNER, YIN)	198-11.5
9. SLZ (VIND, ?)	179-10.5
10. IRV (HORVATH)	110-10
11. LL (MONZABALA)	90-10
12. PET (WELCH)	67-5

INDIVIDUALS

1. CHRIS HURTS (SL)	114-1
2. DAN MEEHAN (ACA)	112-6
3. IAN HORVATH (IRV)	110-10
4. DESHAUN GROSS (GRAN)	107-10
5. RANDY SANTAMARIA (SL)	107-8

GFS

1. ALA "A" (BROOKS, COPELAND, RESENBLUM)	188-11
2. LL (LAGO, O'DELL, WIEMUTH)	179-10
3. IRV (DELUZ, ONEILL, LAW)	170-3
4. ALA "B" (SALINAS, HANSON, HUSBY)	168-6.5
5. WASH (ANDERSON, WESTBY, BODUY)	151-4.5
6. ACA (LEE, RANEY, KIM)	135-7
7. CV (MCMANUS, FERNSTEN, CORBIN)	127-7
8. ACA "B" (SONNEBORN, WORDON, LEE)	120-11.5
9. SLZ (CORBIN, LUKE)	117-11.5

INDIVIDUALS

1. ASHLEE CORBIN (SLZ)	85-0.5
2. KIM BROOKS (ALA)	72-4
3. KRISTEN ROSENBLUM (ALA)	67-3.5
4. HANNAH HUSBY (ALA)	63-7.5
5. LAURA WIEMUTH (LL)	63-3

GV

1. ALA "A" (KRIEDER, NELSON, KENDALL)	252-2.5
2. ACA (ELLIS, ANDERSON SHEH)	217-0
3. WASH (SEANDENOS, YOUNG, OCON)	202-4
4. CV (SHAW, CARDIASMENOS, LINNEY)	194-0
5. ALA "B" (CROFT, SWINNY, VANROM)	168-5
6. PET (MOORE, MAUS, MCAULEY)	144-9

INDIVIDUALS

1. ANNE KREIDER (ALA)	91-6
2. SARAH GOODSON (HAY)	88-2.5
3. MELANIE ANDERSON (ACA)	88-1
4. ERICA KENDALL (ALA)	86-11.5
5. VERNETA YOUNG (WASH)	82-8

POLE VAULT

BFS

1. LL "A" (VAN VOORHIS, FOX, MATTHEWS)	28-0
2. ACA (TAM, HECKLE, FOLEY)	25-0
3. CV "A" (SANCHEZ, ASHFORD, TURNER)	24-0
4. CV "B" (TEEL, COCLARD, TAYLOR)	21-6
5. GRAN (WALDREN, CHRISTESON, LORENZ)	21-0
6. LL "B" (GOLDER)	7-6
7. CV "C" (SCHOOLCRAFT)	7-0
8. TAM (SUN)	7-0

INDIVIDUALS

1. JEFF FOX (LL)	10-6
2. TONY SAHNCHIEZ (CV)	9-6
3. JIM VAN VOORHIS (LL)	9-0
4. DAVID HECKLE (ACA)	9-0
5. JEFF TAM (ACA)	8-6

GFS

1. ACA (FIROUSIAN, HOFFSCHNEIDER, CLARK)	19' 6"
1. GRANADA (LEWIS, CONNELL, ALEXANDER)	19' 6"
3. CV (DELAFLANE, JONES)	12-0
4. LL (PENA)	6-6
5. IRV (DELUZ)	5' 6"

INDIVIDUALS

1. NICOLE HOFFSCHNEIDER (ACA)	7-6
2. AMY LEWIS (GRAN)	7-0
3. ALICIA CONNELL (GRAN)	6-6
4. AMANDA DELAFLANE (CV)	6-6
5. EMILY PENA (IRV)	6-6

GV

1. LAS LOMAS (E. KERSEY, B. KERSEY, HITCHCOCK)	24' 6"
2. CV (MCCARTHY, JUE, CLANCY)	22-0
2. ACA (FISCHER, KWAN, LOVE)	22-0
4. LAS LOMAS (MCDONALD)	7-0
5. PET (PETERSEN)	6-0

INDIVIDUALS

1. EVA KERSEY (LL)	8-6
1. ERIN MCCARTHY (CV)	8-6
3. BETH KERSEY (LL)	8-6
4. VALERIE LOVE (ACA)	8-0
5. LAUREN KWAN (ACA)	7-6
5. ALANA HITCHCOCK (LL)	7-6

v. Mt. Eden

@ Castro Valley Thursday April 18, 2002

Scores:

GFS: CV 108, ME 18
BFS: CV 111, ME 18
GV: CV 124, ME 10
BV: CV 119, ME 13

4 x 100

GFS

1. CV "B" (Nicole Westling, Mimi Cortopossi, Amanda Delaplane, Krystal McKenzie) 56.6
2. CV "A" (Michelle Chan, Ashley O'Callaghan, Kate Haworth, Melody Jue) 56.9

GV

1. CV "A" (Charis Chan, Chelsea Chandler, Joyce Lee, Holly Matheny) 52.8

2. CV "B" (Nat Oliver, Jennifer

Wilkinson, Heather Matheny, Angela Dohrman) 55.2

BFS

1. CV: (Robert Wright, John Hicken, John Nunes, Jarel McMillon) 51.4

BV

1. CV: (Eric Zamora, Marcus Cox, Ryan Stohr, Geno McGuigan) 45.2
2. CV Weight: (Xavier Carrion, Josh Sawyer-Long, Vince Reiss, Neil Owen) 58.6

1600

GV

Jessica LaPonte Crksd5:55.4
1. Melissa Simmons CV 5:55.4
2. Ginger Hashimoto CV 6:18.5
3. Sam Suey CV 6:20.8
4. Shannon Alter CV 6:27.5
5. Christine Robertson CV 6:29.0
6. Helga Zambrano CV 6:35.6
7. Vanessa Robles CV 6:46.4

GFS

1. Catharyne Dang MT 6:54.4
2. Erin Fong CV 6:56.8
no third

BV

1. Beau Bettinger CV 4:55.5
2. Zane Welte CV 4:58.2
3. Mike Sanchez MT 5:07.1
4. David O'Donald MT 5:35.8
5. Noel Romo MT 6:15.6

BFS

1. Jason Ribeira CV 5:15.7
2. Jordan Bailey CV 5:29.5
3. Bennett Hall CV 5:38.0
4. Matt Riley Crksd5:41.2

HH

GV

1. Angela Dohrman CV 18.9
2. Ern McCarthy CV 19.3
3. Heather Schmidt CV 19.6
4. Roana Tirado CV 21.5

GFS

1. Katy Stewart CV 20.6
2. Christina Robinson CV 20.8
3. Kathryn Pomroy CV 21.0

BV

1. Ryan Parker CV 16.7
2. Nguyen MT 16.9
3. Jim Leng CV 18.6
4. William Seals CV 20.0
5. Mike Avila CV 21.9

BFS

1. Mastine MT 22.1

2. Josh Ashford CV 24.1
3. Kevan Turner CV 28.0

400

GV

1. Amy CV 1:21.9
2. Kelley Stewart CV 1:22.0
3. Laura Dobel CV 1:22.0
4. Charis Chan CV 1:22.1

GFS

Moryah Schindler CV 1:16.7
Mimi Cortopossi CV 1:16.7
Veronica Ryander CV 1:19.1
Pulido MT 1:22.1

BV

Joe Apodaca CV 53.0
T J Miller CV 53.1
TA ME 1:00.7

BFS

Rance Jones CV 57.9
Marvin Zamora CV 1:01.4

100

GV

1. Triplett MT 13.3
2. Jennifer Wilkinson CV 14.0
3. Leslie Ford CV 16.4

GFS

1. Michelle Chan CV 14.0
2. Krystal McKinzie CV 14.1
3. Kate Haworth CV 15.1
4. Johnson MT 15.3

BV

1. Marcus Cox CV 11.2
2. Erik Zamora CV 11.3
3. Ryan Stohr CV 11.7
4. Anthony Limnios CV 12.4
5. Nieva MT 12.4
6. Everett Chan CV 12.4
7. Eric Dayton CV 12.5

BFS

1. Jarel McMillon CV 12.5
2. John Nunes CV 13.0
3. Jordan Lindsay CV 13.1
4. Alasdair Sharpe CV 13.4

800

GV

1. Holly Matheny CV 2:38.6
2. Heather Matheny CV 2:39.6
3. Michelle Dianda CV 2:44.1
4. Helga Zambrano CV 2:53.7
5. Jennie O'Neil CV 3:07

GFS

1. Jerri Pfisterer CV 2:51.3
2. Karissa Casey CV 2:56.3
3. Tisha Davis CV 3:05.3
4. Nicole Westling CV 3:09.0

BV

1. Fernsten CV 2:15.1
2. Yano CV 2:15.8
3. Welte CV 2:21.1
4. McDonald ME 2:29.7
5. Ta ME 2:35.1
6. Roma ME 2:39.1

BFS

1. Zamora CV 2:28.5
2. Jones CV 2:29.1
3. Bailey CV 2:31.5
4. Hall CV 2:36.3

300 H

GV

1. Kelley Stewart CV 48.7
2. Laura DoBel CV 53.2

3. Angela Dohrman CV 55.5
4. Heather Schmidt CV 56.9

FS

1. Kathryn Pomroy CV 58.5
2. Christina Robinson CV 58.9

BV

1. Ryan Parker CV 42.2
2. Nguyen MT 47.1
3. Willima Seals CV 52.5
4. Mike Avila CV 54.5

BFS

1. Kevin Teel CV 54.0
2. Justin Taylor CV 54.9
3. Martine MT 55.5
4. Kevan Turner CV 56.7

200

GV

1. Bobby Triplett MT 26.6
2. Jennifer Wilkinson CV 28.1
3. Leslie Ford CV 32.7

GFS

1. Michelle Chan CV 28.2
2. Johnson MT 31.7
3. Veronica Rylander CV 32.5
4. Moryah Schindler CV 33.6
5. Kate Haworth CV 33.9
6. Pulido MT 35.7

BV

Heat 1

1. Geno McGuigan CV 23.2
2. Eric Zamora CV 23.3
3. Anthony Limnios CV 24.0
4. Ryan Stohr CV 24.5
5. Nieva MT 25.3
6. Ta MT 26.6

Heat 2

1. Marcus Cox CV 23.6
2. Joe Apodaca CV 23.6
3. Chris Wong CV 24.3
4. T J Miller CV 24.9
5. Everett Chan CV 26.2

BFS

1. Rance Jones CV 25.3
no second or third

3200

GV

1. Melissa Simmons CV 13:03
2. Samantha Suey CV 13:51
3. Shannon ALTER CV 13:55
4. Vanessa Robles CV 14:54
5. Helga Zambrano CV 16:01

GFS not contested

BV

1. Chris Wong CV 11:56.6
2. David McDonald MT 12:08.3
3. Roy Stone CV 12:47.4
4. Neil Owen CV 14:25.0

1. Bennett Hall CV 11:54.2
2. Jordan Bailey CV 12:06.3
Matt Riley Crksd 12:12.1

4 x 400

BV

1. CV Chan, Fernstein, Stone, Avila 4:36.65

BFS not contested

GFS

1. CV Westling, Casey, Davis,

Pfisterer 5:08.80
GV

1. CV Robles, Suey, Alter, Helga 5:26.23

LJ

GFS

1. Danielle Lacey CV 12-0
2. Amanda Delaplane CV 10-11

BFS

1. Rance Jones CV 16-4
2. Robert Wright CV 15-11
3. Dan Haiek CV 15-3.75
4. Marvin Zamora CV 14-5
5. Simon Wu CV 14-1
6. Darwin Tsang CV 10.4.5

GV

1. Chelsea Chandler CV 13-8
2. Dana Linda CV 12-9.5
3. Natalie Oliver CV 12-1
4. Leslie Ford CV 11-7

BV

1. Gino McGuigan CV 19-1
2. Anthony Limnius CV 18-1.25
3. William Seals CV 15-0
4. Aaron Albonico CV 14-2.5
5. Nick Morozovsky CV 13-7

Triple Jump

GFS

1. Jesse White CV 26-5
2. Danielle Lacey CV 24-10
no third

BFS

1. Marvin Zamora CV 33-10
2. Robert Wright CV 31-3.75
3. Dan Haiek CV 30-9.5
4. Simon Wu CV 30-5

GV

1. Chelsea Chandler CV 32-2.75
2. Dana Linda CV 26-9.75
3. Natalie Oliver V 26-2.75

BV

1. Ryan Parker CV 36-3
2. Jim Lang CV 35-8.25
3. Williams Seals CV 33-1
4. Nick Morozovsky CV 30-0
5. Aaron Albonico CV 29-10.75

HJ

GFS

1. Katie Stewart CV 4-2
2. Jessie White CV 4-2
3. Amanda Delaplane CV 4-0
4. Kathryn Pomroy CV 4-0

BFS

1. Robert Wright CV 4-10
2. John Nunes CV 4-10

GV

1. Kiersten Slader CV 4-7
2. Heather Clancy CV 4-4

BV

1. Ryan Parker CV 5-8
2. Anthony Limnius CV 5-4
3. David McDonald ME 5-2
4. Jon Olsen CV 5-0

Shot Put

GFS

1. Erica Johnson ME 26-6
2. Megan Corbin CV 21-0
3. MaryElla McManus CV 18-1
4. Laura Fernsten CV 16-3

BFS

v. Mt. Eden
@ Castro Valley Thursday April 18, 2002

1. Derek Music	CV	33-8.5
2. Darwin Tsang	CV	31-7
3. Vincent Wu	CV	29-1.5

GV

1. Megan Fernsten	CV	23-4
2. Jessica Passadore	CV	22-5.5
3. Riannon Webb	CV	20-10
4. Erin Cardiosmanos	CV	20-3
5. Jenny O'Neil	CV	18-8.5
6. Amy Clark	CV	15-6

BV

1. Xavier Carrion	CV	43-6
2. Chris Reid	CV	42-5
3. Neil Owen	CV	40-2.5
4. Isaac Jackai	ME	40-2
5. Vince Reiss	CV	38-0
6. Sam McNaulty	ME	37-2
7. Josh Sawyer	CV	36-11.5
8. J. Tuiasosopo	ME	36-1
9. Aubrey Green	CV	36-1

Discus

GFS

1. MaryElla McManus	CV	49-6
2. Laura Fernsten	CV	45-3

no third

BFS

1. Vincent Wu	CV	76-9
---------------	----	------

no second or third

GV

1. Jessica Passadore	CV	69-7
2. Erin Cardiasmenos	CV	57-7
3. Jenny O'Neil	CV	45-1
4. Amy Clark	CV	29-3

BV

1. Vince Reiss	CV	116-5.5
2. Neil Owen	CV	112-4
3. Josh Sawyer-Long	CV	109-3
4. Xavier Carrion	CV	100-7
5. J. Tuiasosopo	ME	84-0

Pole Vault

GFS

1. Melody Jue	CV	7-0
2. Amanda Delaplane	CV	6-0

no third

BFS

1. Kevan Turner	CV	10-0
2. Kevin Teel	CV	8-0
3. Justin Taylor	CV	7-6

GV

1. Erin McCarthy	CV	10-6
2. Stephanie Lassalle	CV	7-6

no third

B V

Dustin Wheeler	CV	nh
----------------	----	----

no other competitors

Mt. SAC Invitational

Friday April 19 and Saturday April 20, 2002

The trip was uneventful, even with the heightened airport security, and we all made the trip to L.A. without incident. The meet was a tremendous display of track talent on all levels -- high school, college, and open/international divisions.

GV 4 x 800	14th of 24 teams			
Laura Dobel	72.9	79.7	2:32.6	
Holly Matheny	71.8	79.9	2:32.7	
Michelle Dianda	77.3	83.7	2:41.0	
Kelley Stewart	66.1	74.6	<u>2:20.7</u>	
				10:06.2

Friday, April 19, 2002

4 x MILE	12th of 19 teams				
Zane Welte	64.8	67.2	77.0	75.0	4:44.7
John Yano	64.1	71.3	74.0	71.7	4:42.3
Dave Stadelman	64	70	74	69.6	4:39.9
Beau Bettinger	60	65	68	69.8	<u>4:24.2</u>
					18:28.60

We were a bit discombobulated, arriving at the stadium just in time to check in and get warmed up, and there was some confusion as to whether we needed numbers or not. Zane set us off, and made an aggressive move early in the race that did not hold up. The race was very fast, and even with fairly good times, we were not in the top part of the race at all. Beau's anchor was a smooth race. The solace was that none of the times were bad times, and we would have won the slow heat by 10 seconds.



TJ leads off 4 x 800



Michelle strides out

The girls were not intimidated by the competition, running well at each leg. We were hoping to break 10 minutes, and came tantalizing close to it. Holly especially did well as a total rookie to the distance.

Kelley came within an eyelash of breaking the magic 2:20 barrier.

BV Distance Medley	9th of 29 teams			
Dave Stadelman	64.3	67.4	68.5	— 3:20.2
Thomas Miller	53.5	—	—	— 53.5
Zane Welte	59.9	67.2	—	— 2:07.1
Beau Bettinger	62.6	68.5	69.5	65.7 <u>4:26.4</u>
				10:47.2

The boys were not especially thrilled to be running again, but when Dave ripped off a PR 1200 opening leg we were in the hunt and the boys responded well. Beau topped off a great invitational by moving from 16th to 9th with a fine anchor.

Saturday, April 20

BV 4 x 800	5th of 22 teams			
Thomas Miller	60.1	63.9	2:04	
Zane Welte	58.3	66.7	2:05	
John Yano	60.3	64.7	2:05	
Beau Bettinger	54.4	59.2	<u>1:53.7</u>	
				8:08.54

Even with Chris Wong not here, we thought we still had a good chance to be a top team. TJ led off with a respectable leg, but Zane and John couldn't make up any ground and were a couple seconds off their school record pace. Beau put on a tremendous surge to move us from 14th to 5th, and he almost had 4th as well.



Beau anchors

vs. Moreau Catholic

@ Moreau Thursday, April 26, 2002

GFS: CV 90, MC 31
BFS: CV 96, MC 35
GV: CV 85, MC 50
BV: CV 94, MC 36

1600

GFS

1. Helga Zambrano	CV	6:15.41
2. Natalie Baluyot	MC	6:20.97
3. Christina Robertson	CV	6:34.91
4. nisha Rusria	MC	6:38.39
5. ErinFong	CV	6:59.47

BFS

1. John Yano	CV	4:49.2
2. Tony Quintana	MC	4:58.6
3. Jason Ribeira	CV	5:09.1
4. JJ Pineda	MC	5:10.1
5. Paulo Acoba	MC	5:10.7
6. Nick Toda	MC	5:13.5
7. Jordan Bailey	CV	5:15.4
8. Matt Lanese	MC	5:21.9

GV

1. Sam Suey	CV	5:59.17
2. Shannon Alter	CV	6:02.75
3. Nicole Porto	MC	6:08.80
4. Rosey Toney	CV	6:12.19
6. rhiannon Webb	CV	6:20.63
7. Theresa Araujo	MC	6:30.77
8. Jennifer O'Neil	CV	6:38.70
9. Amy Clark	CV	6:49.64

BV

1. Beau Bettinger	CV	4:32.4
2. Chris Wong	CV	4:38.4
3. Zane Welte	CV	4:38.9
4. Taylor Graham	MC	4:39.8
5. David Stadelman	CV	4:47.8
6. Jay Fragus	MC	5:00.1
7. Dan Hannon	MC	5:01.5
8. Jeff Rebeira	CV	5:03.9
9. Brian Cardella	MC	5:35.3

400m Relay

GFS

1. MC	56.3
2. CV "A" .Michelle Chan, Ashley O'Callaghan, Krytal McKinzie, Tisha Davis	58.0
3. CV "B" Amanda Delaplane, Jessica W, Danielle, nicole Westling	58.1
4. CV "C" LeanaLai, Moryah Schindler, Veronica Rylander, kathryn Pomroy,	60.0

GV

1. CV "A" Charis Chan, Chelsea Chandler, Joyce Lee, Holly Matheny	52.1
2. MC	53.6
3. CV "B" Leslie Ford, Heather Matheny, Nat Oiver, Jen Wilkinson	56.0

BFS

1. CV Evan Ballar, John Hicken, Robbie Wright, Brandon Fahrina	49.5
2. MC	50.7

BV

1. CV Erik Zamora, Marcus Cox, Ryan Stohr, Geno McGuigan	45.2
2. MC	45.6

3. Cv Everett Chan, Ryan Albonico, Kevin Shintani, Tj Miller	49.3
--	------

HH

GFS

1. katy Stewart	CV	18.5
2. Christina Robinson	CV	19.9
3. Kathryn Pomeroy	CV	20.2
4. Jessie White	CV	21.7

GV

1. Catie Coppini	MC	17.6
2. angela Dohrman	CV	18.8
3. Erin McCarthy	CV	19.1
4. heather Schmidt	CV	19.2

BFS

1. Mark Brezula	CV	21.2
2. Justin Tylor	CV	22.3
3. josh Ashford	CV	22.4

BV

1. Jeff Kapper	MC	15.6
2. Ryan Parker	CV	15.6
3. willian Seals	CV	21.0
4. Mike Avila	CV	22.0

400m

GFS

1. Jerri Pfisterer	CV	68.0
2. Tisha Davis	CV	71.7
3. Veronic Rylander	CV	74.6

GV

1. Williams	MC	65.6
2. Tsai	MC	66.3

no third

FSB

1. Brandon Farinha	CV	59.5
--------------------	----	------

no second or third

BV

1. Flaaton	MC	52.4
2. Joey Apodaca	CV	52.5
3. Thomas Miller	CV	55.3

100m

GFS

1. Michelle Chan	CV	13.6
2. Krystal McKinzie	CV	13.7
3. Michelle Balani	MC	13.8
4. Stephanie khoow	MC	14.2
5. Sam Brathwaie	MC	14.4
6. Kate haworth	CV	14.6
7. Leanna Lai	CV	15.4

BFS

1. Evan Ballar	CV	12.0
2. Mike lee	MC	12.6
3. Jerry Tan	MC	12.6
4. John Hicken	CV	12.6
5. Joe Salazar	CV	12.6
6. mark brezula	CV	12.9
7. Jordan Lindsey	Cv	13.0

GV

1. Charis Chan	CV	12.4
2. Jennifer Wilkenson	CV	13.5
3. nicole Ordng	MC	14.4
4. Chris Ardin	MC	14.6

BV

1. Eric Zamora	CV	11.3
2. Geno McGuigan	CV	11.4
3. Ryan Stohr	CV	11.6
4. Marcus Cox	CV	11.8

5. Anthony Limnios	CV	12.1
6. Everett Chan	CV	12.3

800m

GFS

1. Helga Zambrano	CV	2:49.0
2. Nisha Rustila	MC	3:01.6
3. Christina Robertson	CV	3:10.0

BFS

1. John Yano	CV	2:11.6
2. Matt lanese	MC	2:21.7
3. marvin zamora	CV	2:22.5
4. Nick Toda	MC	2:29.5
5. Jordan bailey	CV	2:29.8

GV

1. Holly Matheny	CV	2:32.2
2. Heather Matheny	CV	2:35.5
3. Michelle Dianda	CV	2:39.0
4. Rhiannon Webb	CV	2:51.9
5. Carva Woodcock	MC	2:54.9
6. jennifer O'Neil	CV	3:04.1
7. Jessica Lui	MC	3:25.2

BV

1. Beau Bettinger	CV	2:10.2
2. Chris Wong	CV	2:10.5
3. Nathan Fernsten	CV	2:11.1
4. TJ Miller	CV	2:13.0
5. Brian Cardella	MC	2:16.1
6. Carlos Fuciano	MC	2:23.1
7. Jeff Elliott	MC	2:28.0
8. Kevin Shintani	CV	2:29.2

300m LH/IH

GFS

1. Katy Stewart	CV	56.0
2. Kathryn Pomroy	CV	

no third

GV

1. Rachel Schaffner	MC	49.4
2. Coppini	MC	53.6
3. Angela Dohrmann	CV	53.9

BFS

1. Justin Taylor	CV	54.9
2. Kevan Turner	CV	55.0
3. Kevin Teal	CV	55.9

BV

1. Ryan Parker	MC	41.8
2. Kapper	MC	42.1
3. Willam Seals	CV	52.6
4. Mike Avila	CV	53.7

200

GFS

1. Michelle Chan	CV	28.5
2. Nicole Westling	CV	30.7
3. Khouw	MC	31.0
4. Braithewaite	MC	31.6
5. Veronica Rylander	CV	33.3
6. Kate Haworth	CV	34.1

BFS

1. Evan Ballar	CV	25.5
2. Tan	MC	26.4
3. John Hicken	CV	26.9

GV

1. Charis Chan	CV	26.7
2. Schaffner	MC	28.9
3. Jennifer Wilkinson	CV	29.0
4. EStelle Willimas	MC	30.7

vs. Moreau Catholic

@ Moreau Thursday, April 26, 2002

5. Orong	MC	31.5
6. Alexis TAiviti	MC	32.8
BV		
1. Geno McGuigan	CV	23.5
2. JP Flaaten	MC	23.5
3. Joe Apodaca	CV	24.1
4. Eric Zamora	CV	24.4
5. Ryan Stohr	CV	24.5
6. Marcus Cox	CV	24.7

1600 Relay

GFS

1. CV no names	4:42.4
----------------	--------

BFS

1. MC no names	3:53.4
----------------	--------

GV

1. CV Dianda Matheny Choi Matheny	4:38.4
-----------------------------------	--------

BV not contested

Long Jump

GFS

1. Jessie White	CV	13-3 3/4
2. Amanda Delaplane	CV	10-7 1/4
no third		

BFS

1. Marvin Zamora	CV	15-8 1/2
2. John Cabrera	MC	15-2 3/4
3. Robert Wright	CV	15-1 0/0
3. Gary Abel	MC	15-1 0/0
5. Daniel Haieu	CV	14-1 0/0
6. Phillip Hong	MC	13-6 1/2
7. Hans Schroder	MC	13-5 1/2
8. Josh Shinoda	CV	13-2 0/0

GV

1. Chris Jardin	MC	13-11 0/0
2. Chelsea Chandler	CV	13-9 1/2
3. Rosa Liu	MC	13-3 1/4
4. Carolyn David	MC	13-2 1/2
5. Stephanie Zhn	MC	12-8 3/4
6. Dana Linda	CV	12-1 3/4
7. Natilie Oliver	CV	12-0 1/2
8. Laura Patajo	MC	11-0 0/0
9. Nicole Ohong	MC	10-3 3/4

BV

1. Sean Houlihan	MC	19-0 0/0
2. Anthony Liminos	CV	16-8 1/2
3. Jeff -----	MC	15-5 3/4
4. Aldem wang	MC	15-2 0/0
5. Daniel Santos	MC	14-9 0/0
6. William Seals	CV	14-4 0/0
7. Aaron Albonico	CV	12-11 3/4
8. Nick Morozovsky	CV	12-4 3/4
9. Hernando Canobveido	MC	11-1 0/0

HJ

GFS

1. Katy Stewart	CV	4-2
2. Jessie Whtie	CV	4-0
Brittany Crawford	CV	nh
Amanda Delaplane	CV	nh

BFS

1. Robert Wright	CV	5-0
2. marek Brezula	CV	4-6
ETolentino	CV	nh

GV

1. RAchel Schaffner	MC	5-2
---------------------	----	-----

2. Samantha Journey	CV	5-2
3. Heather Clancy	CV	4-4
BV		
1. Ryan Parker	CV	5-4
2. Anthony Limnios	CV	5-4
3. Can Santos	MC	5-2

Triple Jump

GFS

1. Jessie White	CV	27-11 1/2
2. Jessica Wildensten	CV	26-0 0/0

BFS

1. Evan Baller	CV	34-4 1/4
2. Marvin Zamora	CV	34-0 1/2
3. John Cabrera	MC	31-6 1/2
4. Bryan Baide	MCVC	31-6 1/4
5. Daniel Haidu	CV	31-1 3/4
6. Josh Shinoda	CV	29-8 0/0
7. Robert Wade	CV	26-10 0/0

GV

1. Chelsea Chandler	CV	32-0 1/4
2. Chris Jardin	MC	30-6 11/2
3. Rosa Liu	MC	29-9 1/2
4. Heather Matheny	CV	28-4 1/2
5. Natalie Oliver	CV	27-5 0/0
6. Carolyn David	MC	27-3 1/2
7. Dana Linda	CV	26-9 0/0
8. Laura Pataic	MC	26-7 0/0

BV

1. Ryan Parker	CV	36-7 1/2
2. Sean Houlihan	MC	35-0 0/0
3. William Seals	MC	33-8 0/0
4. Alden Wong	MC	31-7 0/0
5. Nick Morozovsky	CV	31-2 0/0
6. Jeff -----	MC	31-0 0/0
7. Aaron Albonico	CV	29-9 3/4
8. Fernando Landaverde	MC	27-7 3/4

Shot Put

GV

1. Melanie Linney	CV	28-3 0/0
2. Megan Shaw	CV	28-2 0/0
3. Bianca Becerra	MC	26-2 1/2
4. Rhiannon Webb	CV	22-0 0/0

BV

1. Xavier Carrion	CV	45-0 1/2
2. Jessie Pilder	MC	44-0 3/4
3. Chris Reid	CV	43-7 0/0
4. Neil Owen	CV	42-5 1/2
5. Vince Reiss	CV	38-1 1/2
6. Josh Sawyer-Long	CV	35-8 0/0
7. Loron Rochan	MC	35-6 0/0
8. Mike McKinnon	MC	29-1 0/0

GFS

1. Sonja Mao-Wev	MC	21-9
2. Francis Zelaya	MC	21-5
2. Megan Corbin	CV	21-5
4. Akeima -----	MC	20-9
5. Connie Whalan	MC	18-7

BFS

1. Emmanuel Tolentino	CV	36-9
2. Darwin Tsang	CV	32-3 1/2
3. Vincent Wu	CV	29-7

DISCUS

GFS

1. Frances Zelaya	MC	81-8.5
-------------------	----	--------

2. Sonja Weaver	MC	67-3.75
3. Connie Alian	MC	60-3.5
4. Melody Jue	CV	56-6
5. Akemi Maniwa	MC	53-9.25
6. Monica Jaquez	CV	39-3

BFS

1. Darwin Tsang	CV	79-11
2. Vincent Wu	CV	79-0
3. E Tolentino	CV	77-1
4. Marek Brezula	CV	48-3

VG

1. MEGAN SHAW	CV	82-4.5
2. BIANCCA BECERRA	CV	81-5
3. JESSICA Passadore	CV	73-11
4. Melanie Linney	CV	71-8
5. Erin Cardios-Manos	CV	52-11

BV

1. Jessie Pilches	MC	126
2. Xavier Cavlion	CV	122-3
3. Neil Owen	CV	109-3
4. Josh Sawyer	CV	108-4
5. Vince Reiss	CV	97-2
6. Loien Rochon	MC	95-2
7. Mike McKinnon	MC	65-0

Pole Vault

GFS

1. Melody Jue	CV	7-0
2. Amanda Deospdane	CV	7-0
3. Joanne Lalsine	MC	5-6
4. Tobe Okoronauro	MC	6-6

BFS

1. Kevan Turner	CV	9-6
2. Todd Valder	MC	8-0
3. Hanns Sehroeder	MC	7-6
4. Josh Ashford	CV	7-6
5. Kevin Teel	CV	7-0
6. Bryan Collard	CV	7-0

GV

1. Erin McCarthy	CV	10-6
2. Jessica Rodmiovie	MC	9-6
3. Nicole Fabian	MC	9-0
4. Stephanie Lassalle	CV	8-6
5. Christina Daumi	MC	8-6
6. Melisa Alcult	MC	7-6

BV

1. Kevin Shimtani	CV	9-6
2. Dustin Wheeler	CV	9-6
no third		

James Logan Top 8 Meet @ James Logan High School, April 26 & 27

Friday Night

BFS Pole Vault

2.	Kevan Turner	9-6
5.	Kevin Teel	8-0
8.	Josh Ashford	7-6
10.	Bryan Collard	7-0
11.	Justin Taylor	7-0

BFS 110 HH

9.	Marek Brezula	21.10
----	---------------	-------

BFS Sprint Medley (2-2-4-8)

1.	Alasdair Sharpe	
	Joe Salazar	
	Brandon Farinha	
	John Yano	3:56.55

Girls Sprint Medley (1-1-2-4)

2.	Charis Chan	
	Chelsea Chandler	
	Joyce Lee	
	Holly Matheny	1:55.50
4.	Michelle Chan	
	Ashley O'Callaghan	
	Jennifer Wilkinson	
	Heather Matheny	2:01.89
6.	Krystal McKinzie	
	Tisha Davis	
	Karissa Casey	
	Jerri Pfisterer	2:05.69
7.	Amanda Delaplane	
	Moryah Schindler	
	Veronica Rylander	
	Nicole Westling	2:15.90

BV Sprint Medley

5.	Eric Zamora	
	Ryan Stohr	
	Joey Apodaca	
	Nate Fernsten	3:49.87

Girls 4 x 800

4.	Karissa Casey	
	Ginger Hasimoto	
	Shannon Alter	
	Melissa Simmons	11:15.92

BFS Distance Medley

4.	Jordan Bailey	
	Brandon Farinha	
	Marvin Zamora	
	Jason Ribeiro	12:26.85

BV 4 x 800

1.	Beau Bettinger	
	Zane Welte	
	TJ Miller	
	Chris Wong	8:41.84

Girls Distance Medley

3.	Helga Zambrano	
	Kelley Stewart	
	Jennifer Dianda	
	Samantha Suey	14:34.3

BV Distance Medley

4th	Nathan Fernsten	
	Everett Chan	

	TJ Miller	
	Jeff Ribeiro	11:58.6

BFS 3200

7.	Bennett Hall	11:28
9.	Jordan Bailey	11:35
12.	Matt Riley	11:50

Girls 3200

21.	Erin Fong	14:26.90
-----	-----------	----------

BV 3200

1.	Zane Welte	10:07.87
2.	Dave Stadelman	10:10.24
16.	Jeff Ribeiro	11:14.06
21.	Roy Stone	12:28.2

Saturday Day

BFS 1600

	Bennet Hall	5:08.60
	Jordan Bailey	5:12.95
	Matt Riley	5:39.5

Girls 1600

	Melissa Simmons	5:59
	Shannon Alter	6:03
	Rhiannon Webb	6:15
	Vanessa Robles	6:32
	Christina Robertson	6:39
	Amy Clark	6:50

BV 1600

2.	Dave Stadleman	4:35.11
8.	Zane Welte	4:40.83
	Jeff Ribiera	4:57.2

Girls 4 x 100

1.	Charis Chan	
	Chelsea Chandler	
	Joyce Lee	
	Michelle Chan	51.19
12.	Nicole Westling	
	Ashley O'Callaghan	
	Kryustal McKinzie	
	Mimi Cortopossi	55.35

Girls 100 HH

13.	Katy Stewart	18.73
20.	Heather Schmidt	19.55

BFS 400

4.	Brandon Farinha	55.79
----	-----------------	-------

Girls 400

1.	Kelley Stewart	61.08
22.	Veronica Rylander	72.75
23.	Moryah Schindler	74.20

BFS 100

17.	Joe Salazar	12.76
22.	Alasdair Sharpe	13.71

Girls 100

1.	Charis Chan	12.85
12.	Krystal Mckinzie	14.08
13.	Jennifer Wilkinson	14.08
21.	Michelle Chan	14.88
25.	Leana Lai	15.56

BV 100

4.	Geno McGuigan	11.52
----	---------------	-------

BV 800

17.	Nate Fernsten	2:11.30
-----	---------------	---------

BFS 300 IH

12.	Kevan Turner	52.09
15.	Justin Taylor	53.15

Girls 300 IH

2.	Kelley Stewart	48.65
9.	Laura Dobel	52.65
14.	Heather Schmidt	53.94
20.	Katy Stewart	57.33

Girls 200

1.	Charis Chan	26.36
10.	Michelle Chan	29.48
21.	Nicole Westling	30.18

BV 200

2.	Geno McGuigan	22.92
11.	Anthoony Limnios	23.67

GV HJ

	Amanda Delaplane	4-6
--	------------------	-----

	Katy Stewart	4-4
--	--------------	-----

Girls PV

1.	Erin McCarthy	10-6
7.	Stephanie Lassalle	8-0

BFS SP

11.	Derek Music	33-10
21.	Vince wu	24-3

BV SP

5.	Xavier Carrion	45-3
----	----------------	------

Saturday Night

BFS 1600

4.	John Yano	4:40.1
----	-----------	--------

BV 1600

1.	Beau Bettinger	4:18.75
2.	Chris Wong	4:25.91

BV 100 HH

16.	Ryan Parker	17.05
-----	-------------	-------

GV 100

5.	Charis Chan	13.33
----	-------------	-------

BV 800

2.	Beau Bettinger	1:56.43
----	----------------	---------

BFS 200

4.	Marcus Cox	23.72
	Terrence Jones	25.08

BV 300 IH

3.	Ryan Parker	40.93
----	-------------	-------

BFS 3200

8.	John Yano	10:22.5
----	-----------	---------

BFS Shot Put

5.	Chris Reid	44-5
----	------------	------

CV vs. Hayward Wednesday, May 1, 2002 @ Castro Valley

GFS: CV 111, H 15
BFS: CV 89, H 8
GV: CV 102, H 31
BV: CV 112, H 20

2. Jim Lang
3. William S.S
4. Mark Brezula
5. Mike Avila

CV V 18.37
CV V 20.15
CV F/S 20.47
CV V 22.14

8. Rhiannon Webb V CV 2:55.43
9. Jennie O'Neill V CV 2:58.96
10. Amy Clark V CV 2:59.57
11. Erin Fong FS CV 3:01.82
12. Christina Robertson FS CV 3:07.75

GFS 4 x 100

1. CV "A" (Chan, O'Callaghan, McKinzie, Cortopossi) 53.37
2. H "A" (Rachel Wrencz, Jennifer Burley, Larrice Oliver, Jasmin Brooks) 55.37
3. CV "D" (Pfisterer, Davis, Casey, Tabor) 56.93
4. CV "E" (Delaplane, Lacey, Pomroy, Westing) 57.58
5. CV "B" (Veronica, Kate, Leana, Moryna) 59.94
6. H "B" (Rachel Roberts, Crystal Loche, Jahnina Powell, Erica Lee) 1:03.66

GV 4 x 100

1. H(Smith, Smith, Sanders, Mohammed) 51.18
2. CV "A" (Chan, Chandler, Lee, Matheny) 51.81
3. CV "B" (Ford, Heather M., Oliver, Wilkenson) 56.03

F/S & V 4 x 100

1. CV Var. (Zamora, Cox, Stohr, Chan) 45.4
2. CV F/S (Ballar, Salazar, Jones, Jones) 47.5

G F/S & V Mile

1. Melissa Simmons	F/S	CV	5:49.61
2. Rachel Mendez	V	H	5:58.35
3. Shannon Alte	V	CV	6:04.76
4. Sam Suey	F/S	CV	6:06.42
5. Ginger H.	F/S	CV	6:15.56
6. Rhiannon Webb	V	CV	6:21.55
7. Helga Zarubrano	F/S	CV	6:32.17
8. Christina Robertson	F/S	CV	6:36.26
9. Vanessa Robles	F/S	CV	6:39.37
10. Amy Clark	V	CV	6:42.03
11. Jenny O'Neil	V	CV	7:01.95
12. Erin Fong	F/S	CV	7:04.16

B F/S & V Mile

1. Jason Ribiera	V	CV	5:04.02
2. Beau Bettinger	V	CV	5:05.0
3. Jeff Ribiera	V	CV	5:10.61
4. Chris Wong	V	CV	5:10.95
5. Zane Welte	V	CV	5:11.23
6. Jordan Bailey	F/S	CV	5:15.42
7. David Stadelman	V	CV	5:18.09
8. Marvin Zamora	F/S	CV	5:20.46
9. John Yano	F/S	CV	5:24.40

Continued BFS & V

10. Pedro Ruiz	V	H	5:26.70
11. Ross Curiel	F/S	H	5:31.07
12. Bennett Hall	F/S	CV	5:33.54

GFS 100H

1. Katy Stewart	CV	18.21
2. Christina Robinson	CV	19.68
3. Jessie White	CV	21.00

GV 100HH

1. Arael Wilson	H	17.84
2. Angela Dohrmann	CV	18.75
3. Heather Schmidt	CV	18.78
4. Erin McCarthy	CV	18.87
5. Roana Tirado	CV	22.46

BFS & V 100HH

1. Ryan Parker	CV	V	17.37
----------------	----	---	-------

GFS & V 400

1. Kelley Stewart	V	CV	1:00.84
2. Ryana Smith	V	H	1:02.96
3. Christina Sanders	V	H	1:04.62
4. Karissa Kasey	F/S	CV	1:05.52
5. Jerri P.	F/S	CV	1:11.03
6. Laura Dobe	V	CV	1:13.53

BFS & V 400

1. Joey Apodaca	V	CV	52.4
2. Anthony Limnios	V	CV	55.34
3. TJ Miller	V	CV	57.25
4. Erik Dayton	V	CV	59.78
5. Ian Kendrick	V	H	59.95
6. Tony Gabrielson	F/S	H	1:20.0

GFS 100

Heat 1

1. Krystal McKenzie	CV	13.71
2. Jasmine Brooks	H	14.00
3. Larryce Oliver	H	4.27
4. Rachel Lorencz	H	14.31
5. Kate Haworth	CV	14.75

Heat 2

1. Michelle Chan	CV	13.12
2. Jennifer Burely	H	14.46
3. Erica Lee	H	14.48
4. Mimi Cortopossi	CV	14.50
5. Janina Powell	H	15.29
6. Leana Lai	CV	15.40

BFS 100

Heat 1

1. Evan Ballar	CV	11.65
2. Terrence Jones	CV	11.87
3. Mike Dominguez	H	11.95
4. Joe Salazar	CV	11.95
5. Daniel Johnson	H	12.99

Heat 2

1. John Hicken	CV	12.25
2. Jordan Lindsay	CV	12.71
3. John Nunes	CV	13.05
4. Alasdair Sharpe	CV	13.59
5. Darwin Tsang	CV	14.63

GV 100

1. Charis Chan	CV	12.78
2. Nadia Mohammed	H	12.84
3. Jennifer Wilkinson	CV	13.18
4. Evelyn Smith	H	13.28
5. Holly Matheny	CV	13.30

BV 100

Heat 1

1. Eric Zamora	CV	11.43
2. Geno McGuigan	CV	11.75
3. Sean Ghiselli	H	12.31
4. Ben Ng	CV	12.79

Heat 2

1. Ryan Stohr	CV	11.65
2. Marcus Cox	CV	11.75
3. Everett Chan	CV	11.85

Girls 800

1. Holly Matheny	V	CV	2:33.27
2. Parris Hodeges	V	H	2:34.69
3. Heather Matheny	V	CV	2:39.88
4. Min Choi	V	CV	2:41.23
5. Michelle Dianda	FS	CV	2:43.23
6. Rachel Mendez	V	CV	2:47.09
7. Helga Zambrano	FS	CV	2:51.02

Boys Var/FS

1. Nate Fernston	V	CV	2:08.78
2. Jeff Ribera	V	CV	2:09.78
3. Jason Ribera	V	CV	2:22.18
4. Ross Curiel	FS	H	2:23.25
5. Marvin Zamora	FS	CV	2:24.01
6. TJ Miller	V	CV	2:34.07
7. Tim Arzino	FS	H	

GFS 300 Hurdles

1. Kathryn Pomroy	CV	56.43
2. Christina Robinson	CV	57.25
3. Katy Stewart	CV	57.96

300 Hurdles GV

Heat 1

1. Kelly Stewart	CV	48.60
2. Laura Dobel	CV	51.53
3. Angie Dohrmann	CV	53.17
4. Aurel Wilson	H	54.37

Heat 2

1. Heather Schmidt	CV	54.57
2. Roana Tirado	CV	58.18
3. Moryah Schnidler	CV	58.22

Boys FS 300 Hurdles

1. Justin Taylor	CV	53.18
2. Kevin Toteel	CV	54.59
3. Kevin Turner	CV	55.51

BV 300 Hurdles

1. Ryan Paarker	CV	43.46
2. Jim Leng	CV	48.90
3. William Sedles	CV	51.77

GFS 200

HEAT 1

1. Michelle Chen	CV	26.91
2. Jasmine Brooks	H	28.50
3. Jennifer Burley	H	29.71
4. Nichole Westing	CV	30.18
5. Veronica Ryander	CV	30.25
6. Rachel Corencz	H	32.09

HEAT 2

1. Jahnina Powell	H	33.43
2. Crystal Loche	H	34.65

BFS 200

1. Terrance Jones	CV	24.12
2. Jon Hicken	CV	24.12
3. Jordan Lindsey	CV	25.55
4. John Nunes	CV	25.87

GV 200

1. Chelsea Chandler	CV	26.34
2. Chairis Chen	CV	26.40
3. Christina Sanders	CV	26.88
4. Evalyn Smith	CV	27.01
5. Jennifer Wiinsen	CV	27.11

BV 200

Heat 1

1. Eric Zamora	CV	23.03
2. Joe Apodaca	CV	23.53
3. Anthony Limnios	CV	23.54
4. Marcus Cox	CV	23.93
5. Sean Ghiselli	CV	24.93

Heat 2

1. Everett Chan	CV	25.31
2. Ian Kendrick	H	25.50
3. Eric Dayton	CV	25.55

CV vs. Hayward Wednesday, May 1, 2002 @ Castro Valley

4. Ben Ng

CV 26.31

GFS/VAR 3200

1. Melissa Simmons	FS	CV	12:54.16
2. Shannon Alto	VAR	CV	13:28.41
3. Gingo Hashimoto	FS	CV	13:40.68
4. Samantha Suey	FS	CV	13:56.83
5. Vanessa Robles	FS	CV	14:45.05
6. Amy Clark	VAR	CV	15:11.31

BFS/VAR 3200

1. TJ Miller	VAR	CV	11:47.85
2. Jeff Ribeira	VAR	CV	11:54.81
3. Ben Hall	FS	CV	12:02.21
4. Jordan Bailey	FS	CV	12:49.28
5. Jason Ribeira	VAR	CV	12:52.50

4 x 400 Relay

GFS

1. CV (Michelle Chan, Krista Casey, Jerry Pfister, Michelle Dianda)	4:55.16
---	---------

GV

1. CV (Heather Matheny, Chelssa Chandler, Holly Matheny, Kelly Stewart)	4:46.04
---	---------

BFS

event not contested

BV

1. CV (Anthony Wiminios, Everett Chan, Joe Apodaco, TJ Miller)	4:28.52
--	---------

GFS Long Jump

1. Danielle Lacey	CV	12-8
2. Jessie White	CV	12-4.5
3. Jessica Wildensten	CV	11-10.5
4. Leana Lai	CV	11-1

BFS Long Jump

1. Mike Dominquez	HH	16-9
2. Robert Wright	CV	15-10.5
3. Marvin Zamora	CV	15-8.5
4. Evan Ballar	CV	15-7.5
5. Josh Shinoha	CV	13-10.5
6. Tim Arzino	HH	13-6
7. Daniel Huica	CV	13-2

GV Long Jump

1. Daha Linda	CV	12-11
2. Leslie Ford	CV	11-11
3. Natalie Oliver	CV	11-9

BVS Long Jump

1. Barry Hullun	CV	18-4
2. Jim Leng	CV	17-1
3. William Seals	CV	15-0
4. Aaron Albonico	CV	14-0
5. Nick Morozovsky	CV	13-9.5

GFS Triple Jump

1. Jessie White	CV	27-1.5
2. Danialle Lacey	CV	25-8
3. Jessica Wildensten	CV	25-8

BFS TJ

1. Evan Ballar	CV	34-9.5
2. Marvin Zamora	CV	34-1.75
3. John Yaho	CV	32-11
4. Josh Shinoda	CV	31-7
5. Daniel Haick	CV	31-2
6. Robert Wright	CV	30-9
7. Tim Arzino	H	30-1

GV TJ

1. Chelsea Chandler	CV	32-5
2. Natalie Oliver	CV	28-8.5
3. Heather Matheny	C	28-1.5
4. Dana Linda	CV	27-9.5

BV TJ

1. Ryan Parker	CV	37-7
2. Barry Hullum	H	37-2
3. William Seals	CV	32-8.75
4. Aaron Albonico	CV	31-3.5
5. Nick Morozovsky	CV	31-6

GFS HJ

1. Katy Stewart	CV	4-4
2. Jessie White	CV	4-0
3. Amanda delaplaane	CV	3-8
4. Brittany Crawford	CV	3-8

GV HJ

1. Kiersten Slader	CV	4-6
2. Heather Clancy	CV	4-4

BFS HJ

1. Robert Wright	CV	5-0
------------------	----	-----

BV HJ

1. Barry Hullum	HH	5-0
2. Anthony Limnios	CV	5-8
3. Ryan Parker	CV	5-6

BFS D

1. Chris	HH	87-11
2. Vince	CV	83-3

GFS Discus

1. Megan Fernsten	CV	24-1
2. Larryne Oliver	HHS	26-6
3. Rachel Roberts	H	20-0
4. MaryElla McManus	CV	18-4
5. Laura Fernsten	CV	15-9

BFS Shot Put

1. Derek Music	CV	38-10
2. Chris Babcoer	Hay	37-8.25
3. Darwin Tsang	CV	34-2
4. Vincent Wu	CV	29-2

GV Shot Put

1. Keenya Davis	HHS	27-8
2. Megan Shaw	CV	27-7
3. Sarah Goodson	HHS	26-4
4. Rhiannon Webb	CV	23-4
5. Erin Cardiasmenos	CV	19-7

BV Shot Put

1. Xavier Carrion	CV	43-3
2. Phillip Mbakre	Hay	42-4.5
3. Chris Reid	CV	42-2
4. Neil Owen	CV	40-7
5. John Booker	Hay	36-9.5
6. Aubrey Green	CV	34-4

GV Discus

1. Megan Shaw	CV	82-11
2. Keenya Davis	H	70-4
3. Sarah Goodson	H	60-5.5
4. Erin Cardiasmenos	CV	60-3

BV Discus

1. Neil Owen	CV	119-1
2. Phil Mbogkogu	H	118-9
3. Xavier Carrion	CV	114-9
4. Josh Sawyer-Long	CV	114-3
5. John Brooker	H	94-3

GFS PV

1. Meoldy Jue	CV	7-6
2. Amanda Delaplane	CV	6-0
3. Sydney Jones	CV	5-6

Bob Warren Relays Friday, May 3, 2002 @ Acalanes HS

Female Team Scores - 4 Varsity Girls Division

Place	School	Points
1	Miramonte	MIR 74
2	Campolindo HS	CAM 59
3	Alhambra High School	ALH 38
4	Las Lomas High	LAS 37
5	Castro Valley High School	CAS 36
6	Acalanes High School	ACA 20
7	Concord High School	CON 6
8	College Park High School	COL 4

Female Team Scores - 6 Frosh-Soph Girls Division

Place	School	Points
1	Acalanes High School	ACA 59
2	Campolindo HS	CAM 51
3	Castro Valley High School	CAS 35
4	Miramonte	MIR 34
5	Alhambra High School	ALH 29
6	Concord High School	CON 23
7	College Park High School	COL 13
8	Las Lomas High	LAS 3

Male Team Scores - 3 Varsity Boys Division

Place	School	Points
1	Castro Valley High School	CAS 80
2	Miramonte	MIR 74
3	Acalanes High School	ACA 38
4	Alhambra High School	ALH 26
5	Las Lomas High	LAS 23
6	Campolindo HS	CAM 19
7	De La Salle	DLS 16
8	Albany High School	ALB 8
9	Concord High School	CON 6
10	Oakland High School	OAK 3

Male Team Scores - 5 Frosh-Soph Boys Division

Place	School	Points
1	Campolindo HS	CAM 45
2	Las Lomas High	LAS 44
3	Miramonte	MIR 41
4	Concord High School	CON 31
5	Alhambra High School	ALH 23
6	Acalanes High School	ACA 22
7	Albany High School	ALB 19
8	De La Salle	DLS 11
9	Castro Valley High School	CAS 8

Boys Shot Put Frosh-Soph Boys

Name	School	Finals
Flight 1		
1 Drazba, Matt	DLS	47-11.00 4
2 Jessup, Nate	DLS	39-08.00 1
3 Maimber, Henry	MIR	37-11.00
4 Nafasi, Arman	DLS	37-06.00
Flight 3		
1 Stachowski, Rich	MIR	41-10.00 3
2 Holzheimer, Derik	CAM	36-08.00
Flight 4		
1 Felso, David	CAM	50-09.00 6
2 Siemons, Brian	MIR	41-04.00 2

Boys Long Jump Frosh-Soph Boys

Name	School	Finals
Flight 1		
1 Wilson, Robert	ALH	19-11.00 4
2 Yamashita, James	LAS	18-06.00 1
Flight 2		
1 Adams, Dominic	DLS	18-11.50 2
2 Bouey, Alec	LAS	J18-03.50
3 Ashbun, Dominic	ALH	17-02.25
Flight 3		
1 Brown, Robin	LAS	16-06.00
2 Whitman, Miles	CAM	16-00.00
Flight 4		
1 Ballar, Evan	CAS	17-11.25
2 Hughes, Eric	ACA	17-04.75
3 Wright, Robert	CAS	16-11.00
4 Robertson, L	ALB	16-09.00
Flight 5		
1 Brown, DeAnte	CON	19-11.50 6
2 Russell, Ryan	MIR	19-05.25 3
3 Arthur, Peter	ACA	18-03.50
4 Yi, Andy	CAM	18-00.00

Girls High Jump Frosh-Soph Girls

Name	School	Finals
Flight 1		
1 Singh, Nitasha	ACA	J4-00.00
Flight 2		
1 Meibos, Rachel	MIR	4-02.00 1
2 Fleer, J	ALB	4-00.00

Flight 3

1 Lorenzana, Cristina	COL	J4-04.00 3
2 Howard, Amanda	ACA	J4-02.00
3 Popcke, Sam	MIR	J4-00.00

Flight 4

1 Stewart, Katy	CAS	4-04.00 6
2 White, Jessie	CAS	3-10.00

Flight 5

1 Stankard, Emerald	CON	J4-04.00 4
1 Bennett, Samantha	CON	J4-04.00 2

Girls Pole Vault Varsity Girls

Name	School	Finals
Flight 1		
1 Brown, Portia	CAM	J8-06.00
Flight 2		
1 Shepherd, Stacey	MIR	8-00.00
1 Hitchcock, Alana	LAS	8-00.00

Flight 3

1 Kersey, Eva	LAS	9-00.00 2
1 Kwan, Lauren	ACA	J9-00.00 1

Flight 4

3 Love, Valerie	ACA	8-06.00
3 Kersey, Beth	LAS	8-06.00

Flight 5

1 McIntyre, Shannon	MIR	11-00.00 6
1 McCarthy, Erin	CAS	J11-00.00 4

Flight 6

3 Chang, Tiffany	CAM	10-06.00 3
4 Henderson, Val	MIR	J8-06.00

Girls Triple Jump Varsity Girls

Name	School	Finals
Flight 1		
1 Brooks, Lindsey	LAS	28-02.25 4
Flight 2		
1 Chandler, Chelsea	CAS	32-06.50 6

Boys Discus Throw Varsity Boys

Name	School	Finals
Flight 1		
1 Salas, George	DLS	124-03.00 6
2 Chin, Adam	DLS	121-03.00 4
3 Owen, Neil	CAS	119-00.00 2

Flight 2

1 Smith, Andy	DLS	115-02.00
2 Carrion, Xavier	CAS	112-02.00

Flight 3

1 Cimina, Adam	ACA	119-00.00 3
2 Perron, Ryan	LAS	118-04.00 1

Flight 4

1 Pfeifer, Jason	MIR	112-09.00
------------------	-----	-----------

Girls Shot Put Varsity Girls

Name	School	Finals
Flight 1		
1 Osterloh, Jeannette	MIR	26-04.00 1
2 Brown, Portia	CAM	8-06.00

Flight 2

1 Pena, Nicole	LAS	29-07.00 3
2 Weekes, Danielle	MIR	26-02.00

Flight 3

1 Heaston, Charlene	LAS	38-09.00 6
2 Colonna, Rachel	ACA	30-08.00 4
3 Hoff, Megan	LAS	27-11.00 2

Girls High Jump Varsity Girls

Name	School	Finals
Flight 1		
1 Powell, Laura	LAS	4-10.00 2
2 Wagner, Kate	COL	4-04.00

Flight 2

1 Guinn, Kristin	CAM	5-00.00 3
2 Anderson, Allison	CAM	J4-10.00 1

Flight 3

1 Phillips, Crissy	MIR	5-04.00 6
2 Bergman, Brianne	COL	5-02.00 4
3 Allen, Lindsey	COL	4-08.00

Girls Long Jump Frosh-Soph Girls

Name	School	Finals
Flight 1		
1 Ramage, Tatiana	LAS	14-07.75 2
Flight 2		
1 Fanning, Alear	ACA	15-00.75 6

Flight 3

1 Weekes, Alyson	MIR	14-11.25 3
2 White, Jessie	CAS	J14-05.50
3 Mostatabi, Mana	CAM	14-01.75

Flight 4

1 Brady-Smith, Chrissy	CAM	15-00.00 4
2 Robinson, Marisa	ACA	14-07.25 1
3 Souza, Nicole	CAM	14-05.50

Girls Pole Vault Frosh-Soph Girls

Name	School	Finals
Flight 1		
1 Parrague, Lizzie	MIR	J7-06.00
Flight 3		
1 Britton, Sarah	CON	8-06.00 2.5
2 Fuller, Jennifer	CAM	J7-06.00
2 Feikert, Rosemary	CON	7-06.00 1

Flight 4

1 Holland, Erica	COL	9-06.00 6
2 Stevens, Amy	COL	9-00.00 4
3 Lassalle, Stephanie	CAS	8-06.00 2.5

Boys Discus Throw Frosh-Soph Boys

Name	School	Finals
Flight 1		
1 Moore, David	MIR	15-00.00 6
2 Bockmiller, Graham	MIR	14-00.00 4

Flight 1

1 Matisi, Arman	DLS	95-09.00 1
2 Cattenberg, Brian	LAS	92-05.00

Flight 3

1 Holzheimer, Derik	CAM	96-08.00 2
2 Siemons, Brian	MIR	91-06.00
3 Gifford, Dave	CAM	89-11.00
4 Peters, Eric	ACA	68-07.00

Flight 4

1 Meehan, Dan	ACA	111-00.00 6
2 Stachowski, Rich	MIR	108-07.00 4
3 Drazba, Matt	DLS	102-11.00 3
4 Poise, David	ACA	83-08.00

Girls Shot Put Frosh-Soph Girls

Name	School	Finals
Flight 1		
1 Shen, Suzetty	ACA	22-02.00
2 O'Dell, Kelly	LAS	21-11.00
3 Lago, Amanda	LAS	20-05.00

Flight 2

1 Niemuth, Laura	LAS	25-06.00 1
2 Muscolo, Kelly	ACA	25-01.00

Flight 3

1 Daws, Megan	MIR	25-10.00 2
2 Finkbeiner, Lara	MIR	23-05.00

Flight 4

1 Malone, Michelle	ALH	32-04.00 6
2 Yee, Lauren	CAM	30-05.00 4
3 Olson, Vanessa	CAM	29-04.00 3
4 Fitzgerald, Emma	ALH	23-07.00

Girls Discus Throw Varsity Girls

Name	School	Finals
Flight 1		
1 Pena, Nicole	LAS	74-08.00 2
2 Farr, Kelli	ALH	73-08.00 1
Flight 2		
1 Osterloh, Jeannette	MIR	67-07.00

Flight 3

1 Heaston, Charlene	LAS	123-04.00 6
2 Colonna, Rachel	ACA	99-06.00 4
3 Silva, Shelby	ALH	77-10.00 3

Boys Long Jump Varsity Boys

Name	School	Finals
Flight 1		
1 Aldridge, Ryan	ALH	19-03.25 2
2 Lawrence, Anthony	ACA	J19-00.00

Flight 2

1 Limnios, Anthony	CAS	20-04.00 4
2 Armstrong, Marcus	ACA	19-02.00 1
3 Butler, Michael	CON	19-00.00

Flight 3

1 Engberg, Marc	MIR	20-06.75 6
2 Haworth, Clark	MIR	19-09.00 3

Boys High Jump Frosh-Soph Boys

Name	School	Finals
Flight 1		
1 Faulkner, Bernard	CON	5-02.00
Flight 2		
1 Wright, Robert	CAS	5-00.00
2 Cabellon, Dex	MIR	4-10.00

Flight 3

1 Fox, Jeffrey	LAS	J5-04.00 2
1 Robertson, L	ALB	J5-04.00 1

Flight 4

1 Lennon, Mark	ACA	5-10.00 6
2 Garrett, Brandon	CON	5-06.00 4
3 Russell, Ryan	MIR	5-04.00 3
3 Brown, DeAnte	CON	J5-04.00

Girls Triple Jump Frosh-Soph Girls

Name	School	Finals
Flight 1		
1 Hatfield, Juliette	MIR	27-06.00 1
2 Beauregard, Savannah	MIR	24-09.25

Flight 2

1 Oliver, Natalie	CAS	28-10.25 2
-------------------	-----	------------

Flight 3

1 Balint, Nyssa	ACA	31-05.50 6
2 Souza, Nicole	CAM	30-08.75 4
3 White, Jessie	CAS	30-03.00 3

Boys Pole Vault Varsity Boys

Name	School	Finals
Flight 1		
1 Haworth, Clark	MIR	11-06.00
2 Picasso, Chris	LAS	11-00.00
2 Norris, Garrett	LAS	11-00.00

Flight 2

1 Wong, Willie	ACA	11-00.00
1 Downie, John	ALH	J11-00.00

Flight 3

1 Pena, Chilli	LAS	11-00.00
1 Lorenzano, Jose	CON	11-00.00

Flight 4

1 Wharton, Andrew	ACA	13-00.00 3
2 Hudson, Matt	ACA	12-06.00 2
3 Chang, Jeff	LAS	12-00.00
3 Buchannan, Zach	BEN	J12-00.00

Flight 5

Bob Warren Relays Friday, May 3, 2002 @ Acalanes HS

3 Klop, Steve	LAS	J12-06.00	1
Boys Shot Put Varsity Boys			
Name	School	Finals	
Flight 1			
1 Steudeman, K	ALB	38-03.00	
Flight 2			
1 Salas, George	DLS	47-00.00	4
2 Orpiano, Bowie	DLS	43-00.00	
3 Darabi, Manny	CAM	41-11.00	
4 Evans, Tyler	DLS	40-05.00	
Flight 3			
1 Owen, Neil	CAS	42-06.00	
2 Ramirez, Ruben	CON	40-06.50	
3 Weeks, Kevin	MIR	40-00.00	
4 Pfeifer, Jason	MIR	37-01.50	

Flight 4			
1 Cimina, Adam	ACA	47-01.50	6
2 Perron, Ryan	LAS	46-00.50	3
3 Dudum, JD	ACA	45-07.00	2
4 Carrion, Xavier	CAS	43-09.50	1

Girls Discus Throw Frosh-Soph Girls			
Name	School	Finals	
Flight 1			
1 Fitzgerald, Emma	ALH	78-08.00	
Flight 2			
1 Hammons, Krystal	MIR	74-09.00	
Flight 3			
1 Olson, Vanessa	CAM	85-08.00	2
2 Daws, Megan	MIR	84-07.00	1
Flight 4			
1 anderson, Melanie	ACA	97-01.00	6
2 Pantera, Christina	CAM	90-07.00	4
3 Malone, Michelle	ALH	88-06.00	3
4 Yee, Lauren	CAM	83-08.00	

Boys Pole Vault Frosh-Soph Boys			
Name	School	Finals	
Flight 2			
1 Van Voorhis, Jim	LAS	10-06.00	2
1 Golder, Julian	LAS	11-00.00	4
2 Mathews, Chris	LAS	10-00.00	
3 Tam, Jeff	ACA	9-06.00	
Flight 3			
1 Fox, Jeffrey	LAS	J11-00.00	3
2 Romano, Mike	CAM	J10-06.00	1
3 Heckle, David	ACA	J9-06.00	
Flight 4			
1 Anderson, Todd	MIR	12-06.00	6
2 Fukayama, Brian	CAM	J10-06.00	
3 Crowell, Tom	MIR	J9-00.00	
3 Turner, Kevan	CAS	9-00.00	

Boys High Jump Varsity Boys			
Name	School	Finals	
Flight 1			
1 Blecha, Josh	ALH	5-10.00	6
2 Flier, Peter	ACA	J5-02.00	
Flight 2			
1 Kranz, Nick	CAM	5-06.00	3
2 Usinger, Clay	CAM	5-04.00	
3 Durkin, Jason	LAS	J5-02.00	
Flight 3			
1 Limnios, Anthony	CAS	J5-10.00	4
2 Ness, Herman	MIR	J5-06.00	2
3 Parker, Ryan	CAS	J5-06.00	1
4 Armstrong, Marcus	ACA	5-02.00	

Boys Triple Jump Varsity Boys			
Name	School	Finals	
Flight 1			
1 Grafton, Chris	ACA	35-10.00	
Flight 2			
1 Armstrong, Marcus	ACA	37-05.50	1
Flight 3			
1 Chamberlain, Tom	LAS	39-06.50	6
2 Engberg, Marc	MIR	39-03.75	4
3 Parker, Ryan	CAS	38-02.00	3
4 Stevens, Cal	MIR	37-11.00	2

Girls Long Jump Varsity Girls			
Name	School	Finals	
Flight 1			
1 Butlin, KC	MIR	16-01.50	6
2 Chang, Tiffany	CAM	15-11.00	4

Girls 4x1609 Meter Relay (4X1760 yds) Frosh-Soph Girls			
Team	Relay	Finals	
Section 1			
1 Alhambra High School	A	24:32.03	10
2 Miramonte	A	25:48.67	8

Boys 4x1609 Meter Relay (4X1760 yds) Frosh-Soph Boys			
Team	Relay	Finals	
Section 1			
1 Miramonte	A	20:20.16	10
2 Campolindo HS	A	21:31.42	8
3 Las Lomas High	A	22:21.41	6
4 Alhambra High School	A	22:21.87	4
5 Concord High School	A	22:36.70	2

Girls 4x1609 Meter Relay (4X1760 yds) Varsity Girls			
Team	Relay	Finals	
Section 1			
1 Alhambra High School	A	24:32.03	10
2 Miramonte	A	25:48.67	8

Boys 4x1609 Meter Relay (4X1760 yds) Varsity Boys			
Team	Relay	Finals	
Section 1			
1 Miramonte	A	20:20.16	10
2 Campolindo HS	A	21:31.42	8
3 Las Lomas High	A	22:21.41	6
4 Alhambra High School	A	22:21.87	4
5 Concord High School	A	22:36.70	2

Girls 4x1609 Meter Relay (4X1760 yds) Varsity Girls			
Team	Relay	Finals	
Section 1			
1 Alhambra High School	A	24:32.03	10
2 Miramonte	A	25:48.67	8

Section 1			
2 Miramonte	A	23:26.38	8
3 Concord High School	A	25:33.16	6
4 Las Lomas High	A	25:50.06	4
5 Alhambra High School	A	25:54.32	

Boys 4x100 Meter Relay (4X1760 yds) Varsity Boys			
Team	Relay	Finals	
Section 1			
1 CAS	A	19:06.66	10
2 Campolindo HS	A	19:17.56	8
3 Miramonte	A	19:31.49	6
4 Las Lomas High	A	20:07.05	4
5 Concord High School	A	20:07.77	2
6 Acalanes High School	A	20:44.30	

Boys 110 Meter Hurdles Frosh-Soph Boys			
Name	School	Finals	
Section 1			
1 Wojciechowski, Eric	LAS	18.79	3
2 Garrett, Brandon	CON	18.86	2
3 Blatter, James	ALH	20.62	1
4 Hoskins, Dom	LAS	21.62	
5 Chu, Walter	LAS	21.75	
Section 2			
1 Robertson, L	ALB	16.91	6
2 Altieri, Joel	ACA	17.88	4

Boys 110 Meter Hurdles Varsity Boys			
Name	School	Finals	
Section 1 Finals			
1 Guillon, Marc	MIR	15.19	6
2 Ness, Herman	MIR	16.03	4
3 Parker, Ryan	CAS	16.29	3
4 Riesenber, Kyle	LAS	16.59	2
5 Curzi, Will	MIR	16.86	1
6 Chamberlain, Tom	LAS	17.34	

Boys 110 Meter Hurdles Varsity Boys			
Name	School	Prelims	
Heat 1 Preliminaries			
1 Ness, Herman	MIR	15.81	q
2 Parker, Ryan	CAS	16.49	q
3 Chamberlain, Tom	LAS	16.60	q
4 Kim, J	ALB	18.81	
Heat 2 Preliminaries			
1 Guillon, Marc	MIR	15.49	q
2 Riesenber, Kyle	LAS	16.66	q
3 Curzi, Will	MIR	16.78	q

Girls 100 Meter Hurdles Frosh-Soph Girls			
Name	School	Finals	
Section 1			
1 Brady-Smith, Chrissy	CAM	18.69	2
2 Ramage, Tatiana	LAS	19.90	
3 Parino, Catlin	LAS	20.00	
4 Coventry, Erinn	ALH	20.61	
Section 2			
1 Weekes, Alyson	MIR	17.38	6
2 Balint, Nyssa	ACA	18.19	4
3 Dohrmann, Angela	CAS	18.68	3
4 Stewart, Katy	CAS	19.10	1
5 Wynn, Rachel	ACA	19.73	
6 Wong, Brianna	LAS	19.82	

Girls 100 Meter Hurdles Varsity Girls			
Name	School	Finals	
Section 1 Finals			
1 Phillips, Desla	CAM	16.79	6
2 McIntyre, Shannon	MIR	17.29	4
3 Amini, Shireen	ALH	17.55	3
4 Paymer, Nora	MIR	17.67	2
5 Garrels, Christin	MIR	17.97	1
6 Powell, Laura	LAS	18.05	
Section 2 Preliminaries			
1 McIntyre, Shannon	MIR	17.20	q
2 Arthur, Lindsey	ACA	18.06	
3 Landstra, Ashley	ACA	18.60	
Heat 2 Preliminaries			
1 Paymer, Nora	MIR	17.69	q
2 Amini, Shireen	ALH	17.88	q
3 Mayta, Brandi	LAS	18.21	
4 Kim, M	ALB	20.86	
Heat 3 Preliminaries			
1 Phillips, Desla	CAM	16.61	q
2 Powell, Laura	LAS	17.69	q
3 Garrels, Christin	MIR	17.99	q
4 McCarthy, Erin	CAS	J17.99	
5 Jones, Samantha	LAS	18.20	
6 Ranz, Audreanne	ACA	18.70	

Girls 100 Meter Hurdles Varsity Girls			
Name	School	Prelims	
Heat 1 Preliminaries			
1 McIntyre, Shannon	MIR	17.20	q
2 Arthur, Lindsey	ACA	18.06	
3 Landstra, Ashley	ACA	18.60	
Heat 2 Preliminaries			
1 Paymer, Nora	MIR	17.69	q
2 Amini, Shireen	ALH	17.88	q
3 Mayta, Brandi	LAS	18.21	
4 Kim, M	ALB	20.86	
Heat 3 Preliminaries			
1 Phillips, Desla	CAM	16.61	q
2 Powell, Laura	LAS	17.69	q
3 Garrels, Christin	MIR	17.99	q
4 McCarthy, Erin	CAS	J17.99	
5 Jones, Samantha	LAS	18.20	
6 Ranz, Audreanne	ACA	18.70	

Girls 4x800 Meter Relay Frosh-Soph Girls			
Team	Relay	Finals	
Section 1			
1 Acalanes High School	A	10:41.09	10
2 Alhambra High School	A	10:45.69	8
3 CAS	A	11:05.69	6
4 Miramonte	A	11:12.81	4
5 Campolindo HS	A	12:10.02	2

Boys 4x800 Meter Relay Frosh-Soph Boys			
Team	Relay	Finals	
Section 1			
1 Albany High School	A	9:02.27	10

Girls 4x800 Meter Relay Varsity Girls			
Team	Relay	Finals	
Section 1			
1 Acalanes High School	A	10:41.09	10
2 Alhambra High School	A	10:45.69	8
3 CAS	A	11:05.69	6
4 Miramonte	A	11:12.81	4
5 Campolindo HS	A	12:10.02	2

Boys 4x800 Meter Relay Varsity Boys			
Team	Relay	Finals	
Section 1			
1 Albany High School	A	9:02.27	10

2 CAS	A	9:08.43	8
3 Acalanes High School	A	9:14.53	6
4 Miramonte	A	9:22.27	4
5 Las Lomas High	A	9:29.09	2
6 Alhambra High School	A	10:53.20	

Boys 4x100 Meter Relay Varsity Boys			
Team	Relay	Finals	
Section 1 Finals			
1 CAS	A	44.35	10
2 Acalanes High School	A	44.89	8
3 Miramonte	A	45.07	6
4 Albany High School	A	47.29	4
5 Acalanes High School	B	48.80	2

Boys 4x100 Meter Relay Varsity Boys			
Team	Relay	Prelims	
Heat 1 Preliminaries			
1 Acalanes High School	B	48.57	q
2 Miramonte	A	50.92	q
Heat 2 Preliminaries			
1 CAS	A	43.95	q
2 Acalanes High School	A	44.33	q
3 Albany High School	A	47.07	q

Girls 4x100 Meter Relay Varsity Girls			
Team	Relay	Finals	
Section 1 Finals			
1 Campolindo HS	A	50.61	10
2 Miramonte	A	51.19	8
3 Alhambra High School	A	56.58	6

Bob Warren Relays Friday, May 3, 2002 @ Acalanes HS

6 Wynn, Christine ACA 15.11
Boys 4x201 Meter Relay (4x220 yds) Frosh-Soph.

Boys Team Relay Finals

Section 1

1 Las Lomas High A 1:38.63 6
2 Alhambra High School A 1:38.99 4
3 Albany High School A 1:39.16 2

Section 2

1 Concord High School A 1:36.83 10
2 Campolindo HS A 1:36.99 8
3 CAS A 1:39.31
4 Acalanes High School A 1:43.12
5 Miramonte A 1:45.37

Girls 4x201 Meter Relay (4x220 yds) Frosh-Soph Girls

Girls Team Relay Finals

Section 1

1 CAS A 1:55.75 6
2 Las Lomas High A 2:01.13
3 Acalanes High School B 2:05.26

Section 2

1 Concord High School A 1:54.46 10
2 Campolindo HS A 1:55.06 8
3 Acalanes High School A 1:55.77 4
4 Alhambra High School A 1:56.72 2
5 Miramonte A 2:00.58

Boys 4x201 Meter Relay (4x220 yds) Varsity Boys

Boys Team Relay Finals

Section 1

1 Alhambra High School A 1:36.34 4
2 Albany High School A 1:38.92 2

Section 2

1 CAS A 1:32.76 10
2 Miramonte A 1:32.88 8
3 Acalanes High School A 1:33.20 6

Girls 4x201 Meter Relay (4x220 yds) Varsity Girls

Girls Team Relay Finals

Section 1

1 Miramonte A 1:48.80 10
2 CAS A 1:48.84 8
3 Campolindo HS A 1:51.05 6
4 Las Lomas High A 1:52.84 4
5 Alhambra High School A 1:53.41 2
6 Acalanes High School A 2:02.02

Mixed 4x100 Meter Relay Coaches

Team Relay Finals

Section 1

1 CAS A 47.85 10
2 Miramonte A 49.88 8
3 Acalanes High School A 50.03 6

1) Rogers, Shannon 2) Wilson, Kevin
3) Minton, Jeanie 4) Neutz, Darrin

Mixed 1 Mile Run Coaches

Name School Finals

Section 1

1 Williams, Jim ACA 5:07.53 6

Boys 2 Mile Run Varsity Boys

Name School Finals

Section 1

1 Stadelman, Dave CAS 9:57.47 6
2 Mason, Ryan CON 10:01.55 4
3 Luis, Adrian OAK 10:07.90 3
4 Butcher, Travis CON 10:25.23
5 Marasco, Will LAS 10:29.77
6 Samudio, J ALB 10:33.42
7 Ribiera, Jeff CAS 11:04.71

Section 2

1 Nguyen, Lai OAK 10:44.88
2 Kearney, Brian ALH 10:57.99
3 Hughes, Zach ALH 10:59.26
4 Engler, Vaughn CAM 11:02.54
5 Rivera, S ALB 11:11.06
6 Faulkner, Richard LAS 11:14.12
7 Smith, Galen CAM 11:23.89
8 Golze, Ben MIR 11:43.24
9 Halling, Mark MIR 11:45.97
10 McDiarmid, Alex ACA 12:10.32

Section 3

1 Sala, Tony DLS 10:20.85 2
2 Fernsten, Nathan CAS 10:43.46
3 Meyerhofer, John DLS 11:00.89
4 Lucchese, Jess DLS 11:08.61
5 Harriman, Dom MIR 11:26.54
6 Macaluso, John DLS 11:33.29
7 Seol, A ALB 11:52.16
8 Garret, Craig DLS 11:58.90
9 Oldenkamp, Tim ALH 12:23.17
10 Callahan, Matt DLS 12:42.56

Section 4

1 Yano, John CAS 10:21.08 1
2 Meyerhofer, Matt DLS 10:33.10
3 Dubrall, Kevin DLS 10:42.91
4 Scheffler, Rob DLS 10:44.62
5 Hall, Ryan ACA 11:10.70
6 Kelly, Peter DLS 12:07.90

Section 5

1 McGuire, James DLS 10:36.63
2 Damerel, Jordan DLS 10:45.40

3 Vetek, Andrew DLS 10:55.70
4 Pascual, Conrad DLS 11:36.62

Boys 4x100 Meter Relay Frosh-Soph Boys

Boys Team Relay Finals

Section 1

1 Las Lomas High A 46.77 7
2 Alhambra High School A 46.87 4
3 Acalanes High School A 49.16

Section 2

1 Campolindo HS A 46.20 10
2 Concord High School A 46.77 7
3 Miramonte A 47.90 2

Girls 4x100 Meter Relay Frosh-Soph Girls

Girls Team Relay Finals

Section 1

1 Miramonte A 55.41 2
2 Alhambra High School A 55.69
3 Las Lomas High A 58.19

Section 2

1 Acalanes High School A 54.28 10
2 Campolindo HS A 54.51 8
3 CAS A 55.02 6
4 Concord High School A 55.27 4

Girls 2 Mile Run Varsity Girls

Name School Finals

Section 1

1 Jones, Samantha ALH 12:02.95 6
2 Vradenburg, Valerie ACA 12:38.63 4
3 Thomas, Ann ACA 12:53.59 3
4 Stephens, Kelly ALH 13:09.39 2
5 McDonald, Heather MIR 13:12.50 1
6 Pabst, Julia MIR 13:17.64
7 Chiba, Liz CAM 13:22.39
8 Archuleta, Katy LAS 13:22.94
9 Sutherland, Laura CON 13:36.31

Boys 4x400 Meter Relay Frosh-Soph Boys

Boys Team Relay Finals

Section 1

1 Campolindo HS A 3:43.73 10
2 Miramonte A 3:58.95 4

Section 2

1 Las Lomas High A 3:48.60 8
2 Alhambra High School A 3:57.61 6

Girls 4x400 Meter Relay Frosh-Soph Girls

Girls Team Relay Finals

Section 1

1 Acalanes High School B 4:47.14 4

Section 2

1 Campolindo HS A 4:26.07 10
2 Acalanes High School A 4:28.24 8
3 Miramonte A 4:41.87 6

Boys 4x400 Meter Relay Varsity Boys

Boys Team Relay Finals

Section 1

1 CAS A 3:30.39 8
2 Campolindo HS A 3:42.45 2

Section 2

1 Miramonte A 3:29.75 10
2 Alhambra High School A 3:30.47 6
3 Las Lomas High A 3:41.13 4

Girls 4x400 Meter Relay Varsity Girls

Girls Team Relay Finals

Section 1

1 Miramonte A 4:11.17 10
2 CAS A 4:22.91 8
3 Alhambra High School A 4:31.29 6

2002 HAAL Track & Field

BV

<u>Dual meets</u>			<u>HAAL</u>	<u>Overall</u>
1.	BOD	8-0	1st	1st
2.	CV	7-1	2nd	2nd
3.	SL	6-2	4th	3rd (tie)
4.	MC	4-3	3rd	3rd (tie)
5.	SLZ	4-4	5th (tie)	5th
6.	T	2-5	7th	6th
7.	ME	2-6	9th	8th
8.	A	1-7	8th	9th
8.	H	1-7	5th (tie)	7th

BFS

<u>Dual meets</u>			<u>HAAL</u>	<u>Overall</u>
1.	CV	8-0	1st	1st
2.	BOD	7-1	2nd	2nd
3.	MC	5-2	3rd	3rd
4.	SL	5-3	4th	4th
5.	H	4-4	8th	6th
6.	T	2-5	4th	5th
7.	A	1-7	8th	7th (tie)
8.	ME	1-7	9th	9th
9.	SLZ	0-8	6th	7th (tie)

GV

<u>Dual meets</u>			<u>HAAL</u>	<u>Overall</u>
1.	A	8-0	3rd	1st (tie)
2.	CV	7-1	2nd	1st (tie)
3.	BOD	6-2	1st	1st (tie)
4.	SL	4-4	5th	4th
4.	SLZ	4-4	6th (tie)	6th
6.	MC	3-4	4th	5th
7.	T	2-5	9th	8th
8.	H	1-7	6th (tie)	7th
9.	ME	0-8	8th	9th

GFS

<u>Dual meets</u>			<u>HAAL</u>	<u>Overall</u>
1.	CV	8-0	1st	1st
2.	BOD	7-1	2nd	2nd
3.	SL	6-2	5th (tie)	3rd
4.	MC	4-3	5th (tie)	5th
5.	H	4-4	8th	6th (tie)
6.	T	3-4	3rd	4th
7.	A	1-7	7th	8th
7.	ME	1-7	9th	9th
9.	SLZ	0-8	4th	6th (tie)

2002 HAAL Championships Meet

Scores:

BV

1.	BOD	165
2.	CV	124
3.	MC	72
4.	SL	50
5.	SLZ	24
5.	H	24
7.	T	19
8.	A	11
9.	ME	2

GV

1.	BOD	162
2.	CV	89
3.	A	86
4.	MC	66
5.	SL	44
6.	H	22
6.	SLZ	22
8.	ME	5
9.	T	0

BFS

1.	CV	170
2.	BOD	81
3.	MC	51
4.	T	45
5.	SL	44
6.	SLZ	40
7.	A	28
8.	H	23
9.	ME	12

GFS

1.	CV	196
2.	BOD	64
3.	T	57
4.	SLZ	48
5.	MC	41
5.	SL	41
7.	A	33
8.	H	12
9.	ME	0

2002 HAAL Track Championships May 7 & 9 @ Chabot College

EVENT #1 -- GFS 4 X 100

1	CV	53.9	52.83
2	T	NT	53.17
3	H	56.1	54.4
4	BOD	54	54.6
5	MC	56.3	55.31
6	SL	55.8	56.85
7	SLZ	55.3	57.28
	A	61	dns

EVENT #2 -- BFS 4 X 100

1	BOD	46.5	47.02
2	CV	46.8	47.13
3	SL	47.3	47.58
4	T	NT	47.72
5	MC	48.76	48.05
	A	48	dns

EVENT #3 -- GV 4 X 100

1	BOD	47.63	49.13
2	CV	50.84	51.1
3	H	52.2	51.35
4	SL	51.7	51.52
5	MC	52.26	52.09
6	A	52.8	52.36

EVENT #4 -- BV 4 X 100

1	CV	44.5	44.2
2	MC	45.65	44.99
3	SLZ	44.8	45.19
4	T	NT	45.91
5	A	48	47.49
	H	44.6	dns
	SL	43.56	dq
	BOD	42.3	dq

Event #5 -- GFS 1600

name grade school qualifying final

Heat 1				
1	Angela McIssac	BOD	6:15	5:54.5
2	Jessica Scalzo	9 A	6:24	5:55.9
3	Samatha Suey	10 CV	5:58	5:57.4
4	Andrea Cadenas	BOD	6:15	5:58.5
5	Shannon Alter	10 CV	6:20	6:06.7
6	Nisha Rustia	MC	6:35.3	6:10.1
7	Christina Robertson	9 CV	6:25	6:18.6
8	Billey Longley	BOD	6:20	6:29.8
9	Joan Sim	10 A	6:56	7:06.4
1A	Christa Gomez	MC	7:46.47	7:32.2
	Laura Holton	BOD	6:40	dns
	Catharyne Dang	ME	6:53	dns

Heat 2				
1	Becky Evans	10 SL	6:02	6:02.9
2	Ginger Hashimoto	9 CV	6:17	6:05.0
3	Shana Kennedy	9 SL	6:08	6:07.5
4	Natalie Baluyot	MC	6:12	6:08.7
5	Vanessa Robles	9 CV	6:30	6:25.6
6	Hong Lien	10 A	7:04	6:27.6
7	Tara Laver	9 A	6:24	6:29.0
8	Elyse Freitas	BOD	7:20	6:30.7
9	Jessica Curbo	10 A	6:46	6:37.1
1A	Erin Fong	10 CV	6:30	6:38.4
2A	Jill Cathey	BOD	6:45	7:05.7
	Erica Trevino	10 H	6:17	dns

Final				
1	Jessica Scalzo	9 A	5:55.9	5:54.58
2	Angela McIssac	BOD	5:54.5	5:57.54
3	Samatha Suey	10 CV	5:57.4	5:57.98
4	Shannon Alter	10 CV	6:06.7	5:59.32
5	Becky Evans	10 SL	6:02.9	6:01.55
6	Natalie Baluyot	MC		6:02.02
7	Ginger Hashimoto	9 CV	6:05.0	6.05
8	Andrea Cadenas	BOD	5:58.5	6.06
9	Nisha Rustia	MC	6:10.1	6.07
10	Shana Kennedy	9 SL	6:07.5	6.08
11	Christina Robertson	9 CV	6:18.6	6.27
12	Hong Lien	10 A	6:27.6	6.33
	Vanessa Robles	9 CV	6:25.6	dns

Event #6 -- BFS 1600

name grade school qualifying final

Heat 1				
1	Paulo Acoba	MC	4:54.89	4:58.4
2	Alex Munguia	10 SL	5:01	4:59.2
3	Jordan Bailey	9 CV	5:19	5:08.3
4	Nick Toda	MC	5:06.75	5:14.3
5	Chris Rodriguez	BOD	5:15	5:16.15
6	Pedro Ruiz	10 H	5:25	5:16.76
7	Bennett Hall	9 CV	5:13.5	5:17.8
8	Dominic Dee	10 T	5:30	5:36.4
9	Hoang Tran	9 SL	5:55	5:45.2
1A	Rene Tionguico	9 T	NT	5:45.9
2A	Jonathan Rivac	9 T	6:30	5:46.0
	Luis Torres	9 A	5:30	dns
	Anthony Sanchez	10 A	5:51	dns

Heat 2				
1	Jason Ribeira	10 CV	5:07	4:54.3

2	Tony Quintana	MC	4:57.8	4:55.9
3	JJ Pineda	MC	4:59	4:56.8
4	Matt Lund	9 A	5:14	5:03.7
5	Russ Curiel	10 H	5:27	5:11.05
6	Marvin Zamora	10 CV	5:17.9	5:11.6
7	Trieu Huynh	9 T	5:21	5:14.1
8	Joshua Nonato	9 T	5:40	5:28.1
9	Tony Gabrielson	9 H	6:30	7:25.0
	Jared Gaut	MC	5:26.2	dns
	Tim Arzino	9 H	5:39	dns
	Kevin Lai	ME	6:25.2	dns

Final				
1	Jason Ribeira	10 CV	4:54.3	4:53.26
2	Tony Quintana	MC	4:55.9	4:54.25
3	Alex Munguia	10 SL	4:59.2	4:57.20
4	Paulo Acoba	MC	4:58.4	4:59.85
5	JJ Pineda	MC	4:56.8	5:00.11
6	Nick Toda	MC	5:14.3	5:02.89
7	Matt Lund	9 A	5:03.7	5:03.35
8	Jordan Bailey	9 CV	5:08.3	5:04
9	Russ Curiel	10 H	5:11.05	5:08
10	Trieu Huynh	9 T	5:14.1	5:10
11	Marvin Zamora	10 CV	5:11.6	5:12
12	Chris Rodriguez	BOD	5:16.15	5:27

Event #7-- GV 1600

name grade school qualifying final

Heat 1				
1	Zinzi Evans	11 SLZ	5:12	5:17.4
2	Chelsea Tikotsky	11 A	5:52	5:44.7
3	Emma Williams	BOD	5:50	5:47.5
4	Melissa Simmons	10 CV	5:51.5	5:51.2
5	Nicole Porto	MC	6:05.2	6:03.09
6	Amy Clark	11 CV	6:22	6:43.1
7	Sarah Dycus	11 A	6:38	6:52.3
8	Jessica Liu	MC	7:24	7:22.1
9	Tara Durham	11 SLZ	6:05	dns
	Parris Hodges	9 H	5:50	dns
	Anna Purcell	BOD	5:40	dns
	Rachel Mendez	9 H	5:58	dns
	Jennie O'Neill	11 CV	6:26.5	dns

Heat 2				
1	Danila Musante	BOD	5:20	5:28.3
2	Beth Phillips	10 SL	5:26.4	5:29.5
3	Kristen Wheeler	BOD	5:45	5:36.9
4	Emily Atwood	12 SL	5:48	5:46.9
5	Rose Toney	12 CV	5:54.3	6:01.84
6	Lauren Vonnegut	11 A	6:03	6:08.85
7	Rachel Graham	12 A	6:21	6:14.0
8	Melissa Calder	12 A	6:03	6:18.0
9	Theresa Araujo	MC	6:30.8	6:19.0
1A	Rhiannon Webb	11 CV	6:17.1	6:21.0
2A	Johanna DeLeon	MC	6:43.1	6:44.0
	Guadalupe Servin	12 H	5:55	dns
	Ashley Franco	11 H	6:30	dns
	Michelle Capon	BOD	7:16	dns

Final				
1	Zinzi Evans	11 SLZ	5:17.4	5:09.70
2	Danila Musante	BOD	5:28.3	5:11.49
3	Beth Phillips	SL		5:21.15
4	Kristen Wheeler	BOD	5:36.9	5:38.53
5	Emily Atwood	12 SL	5:46.9	5:44.60
6	Emma Williams	BOD	5:47.5	5:47.50
7	Chelsea Tikotsky	11 A	5:44.7	6:01
8	Nicole Porto	MC	6:03.09	6:05
9	Rachel Graham	12 A	6:14.0	6:12
10	Lauren Vonnegut	11 A	6:08.85	6:15
	Rose Toney	12 CV	6:01.84	DNS
	Melissa Simmons	10 CV	5:51.2	DNS
	Melissa Calder	12 A	6:18.0	DNS

Event #8-- BV 1600

name grade school qualifying final

Heat 1				
1	Beau Bettinger	12 CV	4:18.74	4:33.4
2	Brandon Carballo	MC	4:36.9	4:33.9
3	Dave Stadelman	12 CV	4:32.3	4:35.3
4	Christian Merz	MC	4:40	4:36.1
5	John Yano	10 CV	4:38.9	4:39.7
6	Vince D'onofrio	BOD	4:45	4:45.5
7	Matt Caselli	BOD	4:50	4:47.0
8	Leonard Greenlaw	11 T	4:50	4:48.0
9	Mike Mulleague	11 SL	5:01	4:57.0
1A	Brian Collet	12 A	4:58	5:02.0
2A	Devon Marsh	BOD	4:53	5:04.0
3A	David McDonald	ME	5:35	5:17.0
4A	Tim Boeth	12 A	5:26	5:18.0
5A	Antony Ta	ME	5:34	5:24.0
6A	Henry Li	11 A	5:24	5:26.0
7A	Gaberial Emerson	SLZ		5:42.0
	Chris Wong	BOD	4:44	dns
	Mike Sanchez	ME	5:05.2	dns

Heat 2				
1	Taylor Graham	MC	4:28.7	4:33.8
2	Zane Welte	11 CV	4:38.7	4:35.4
3	Chris Wong	12 CV	4:25.7	4:37.7
4	Blake Garnett	11 SLZ	4:44	4:42.7
5	Nick Sigmon	10 SL	4:41	4:43.4

6	Dan Hannon	MC	4:51.1	4:53.1
7	Steve Reynolds	12 SL	4:42	4:57.4
8	Andy Seishas	MC	4:57.01	4:59.0
9	Chris Quillen	12 SL	4:37	5:01.0
1A	Jose Pandow	11 SLZ	5:04	5:09.0
2A	Sean McCormack	12 T	5:28	5:21.0
3A	Daniel Chivalon	12 SLZ	5:30	5:30.0
4A	Cory Woods	12 T	NT	5:31.0
	Jay Fragus	MC	4:49.3	dns
	Brian Reynolds	12 SL	4:51	dns
	Philip Preston	BOD	5:00	dns
	Mike Low	11 SL	5:23	dns

Final				
1	Beau Bettinger	12 CV	4:33.4	4:24.14
2	Chris Wong	12 CV	4:37.7	4:26.30
3	Taylor Graham	MC	4:33.8	4:27.43
4	Brandon Carballo	MC	4:33.9	4:28.99
5	Dave Stadelman	12 CV	4:35.3	4:32.85
6	John Yano	10 CV	4:39.7	4:35.02
7	Christian Merz	MC	4:36.1	4:36.32
8	Vince D'onofrio	BOD	4:45.5	4:42.00
9	Matt Caselli	BOD	4:47.0	4:43.00
10	Blake Garnett	11 SLZ	4:42.7	4:44.00
	Zane Welte	11 CV	4:35.4	DNS
	Nick Sigmon	10 SL	4:43.4	DNS

Event #9--GFS 100HH

name grade school qualifying final

Heat 1				
1	Starnisha AUGust	10 SLZ	18.5	18.43
2	Katy Stewart	10 CV	18.79	18.78
3	Kathryn Pomroy	9 CV	20	19.12
4	Teia Truesdale	10 T	n.t.	19.35
5	Melanie Meyer	10 T	19.5	19.62
	Kara Bock	9 A	17.9	dns
	Jessica White	10 Cv	N.T.	dns

Heat 2				
1	Christina Robinson	10 Cv	20.2	18.85
2	Simone Pagano	10 SL	19.3	19.11
3	S'Kara Cooley	SLZ	18.2	20.09
4	Jean Alcantara	9 H	19.4	21.37
5	Moryah Shindler	10 CV		22.54
6	Robin Bergeron	9 A	18.48	DNS
	Roze Alvidera	MC	21.8	dns

Final

1	Starnisha AUGust	10 SLZ	18.43	18.45
2	Christina Robinson	10 Cv	18.85	19.04
3	Simone Pagano	10 SL	19.11	19.12
4	Teia Truesdale	10 T	19.35	19.75
5	Kathryn Pomroy	9 CV	19.12	19.92
6	Melanie Meyer	10 T	19.62	19.99
7	Katy Stewart	10 CV	18.78	20.10
8	S'Kara Cooley	SLZ	20.09	20.47
9	Jean Alcantara	9 H	21.37	20.58

Event #10--GV 100HH

name grade school qualifying final

Heat 1				
1	Sheal Rivas	12 A	16.4	16.32
2	Kristen Hughes	12 A	16.9	17.18
3	Catey Coppini	MC	17.6	17.66
4	Julie Pham	MC	18.8	18.64
5	Heather Schmiot	12 Cv	19	18.67
6	Angela Dohrmann	9 CV	18.8	19.42
7	Roana Tirado	11 CV	19.9	21.00

2002 HAAL Track Championships May 7 & 9 @ Chabot College

1	Jeff Kapper	MC	15.6	15.82
2	Matt Wirgler	10 A	16.42	16.33
3	Hoang-Minh Nguyen	ME	16.04	16.66
4	Marcus Williams	11 T	17.2	17.39
5	Jim Leng	11 CV	18.7	18.32
	Dan Taylor	BOD	17.5	DNS
	Khari Barrows	11 H	18.9	DNS
	Mike Avila	11 CV	20.5	DNS
	William Seals	11 CV	19.8	DQ

Heat 2

1	Brandon Walker	BOD	15.8	15.96
2	Ryan Parker	12 CV	15.77	16.28
3	Justin Edwards	12 SL	16.7	16.47
4	V.J. Thompson	BOD	19	17.87
5	Juan DeSales	ME	18.5	18.24
6	Luis Valasquaz	SLZ	17.8	19.77
	Mark McKinley	11 H	19.2	DNS
	Junior Faaeteete	10 SL	16.5	DQ

Note: after a protest, Faaeteete's DQ was

overturned

Final

1	Jeff Kapper	MC	15.82	15.55
2	Brandon Walker	BOD	15.96	15.88
3	Ryan Parker	12 CV	16.28	16.06
4	Matt Wirgler	10 A	16.33	16.25
5	Justin Edwards	12 SL	16.47	16.49
6	Junior Faaeteete	ME	18.24	16.52
7	Hoang-Minh Nguyen	SL	16.66	16.89
8	VJ Thompson	BOD	17.87	17.12
9	Marcus Williams	11 T	17.39	17.40

Event # 13 GFS 400

Heat 1

1	Alexis Musante	BOD	64.0	1:05.00
2	Karissa Casey	9 CV	67.5	1:06.20
3	Vifa Tehaami	BOD	67.0	1:12.40
4	Brenda Ramos	10 T	nt	1:21.10
	Chanel Pulido	ME	69.4	dns
	Tisha Davis	10 CV	69.0	dq

Heat 2

1	Jenelle Nicholas	10 SL	68.4	1:06.47
2	Alicia Crinel	BOD	68.0	1:06.66
3	Melissa Strack	9 A	70.0	1:07.19
4	Veronica Rylander	9 CV	72.0	1:14.14
	Brooke Katich	10 CV	67.0	dns
	Jean Alcantara	9 T	64.8	dns
	Ana Muniz	SLZ	68.0	dns

Heat 3

1	Kara Handy	SLZ	65.5	1:04.20
2	Sophia Kandell	BOD	65.0	1:07.39
	Nicole Westling	10 CV	70.5	dns
	Amy Terishima	BOD	68.0	dns
	Jerri Pfister	9 CV	68.0	dns
	Shanice Bradley	10 SLZ	70.0	dns
	Stephannie Shnepple	9 T	nt	dns

Final

1	Alexis Musante	BOD	1:05.00	:64.36
2	Karissa Casey	9 CV	1:06.20	:65.49
3	Kara Handy	SLZ	1:04.20	:67.83
4	Sophia Kandell	BOD	1:07.39	:68.18
5	Melissa Strack	9 A	1:07.19	:68.33
6	Alicia Crinel	BOD	1:06.66	:68.39
7	Jenelle Nicholas	10 SL	1:06.47	:68.59
8	Vifa Tehaami	BOD	1:12.40	:73.00
9	Veronica Rylander	9 CV	1:14.14	:73.90

Event # 14 BFS 400

Heat 1

1	Jason Henry	10 T	53.1	54.43
2	Rance Jones	10 CV	56.0	55.58
3	Jon Briggs	BOD	55.0	56.00
4	Ernest Wesson	10 SL	58.3	57.77
	Tony Gabrielson	9 H	81.0	dns
	Simon Wu	9 CV	60.1	dns
	Carlos Minero	10 T	57.7	dns
	Gary Abel	MC	61.6	dns

Heat 2

1	Brandon Farinha	10 CV	55.1	53.65
2	Drew Glover	BOD	57.0	54.63
3	Jason Boxdell	SLZ	54.8	56.21
4	Adam Sanda	BOD	59.0	57.97
5	Newt Gordon	BOD	59.0	59.15
6	Devin DeBruyn	MC	62.4	61.71
	Todd Valdez	MC	70.5	dns
	John Hicken	10 CV	57.5	dns

Final

1	Brandon Farinha	10 CV	53.65	:53.35
2	Drew Glover	BOD	54.63	:54.04
3	Jason Henry	10 T	54.43	:54.50
4	Rance Jones	10 CV	55.58	:54.98
5	Adam Sanda	BOD	57.97	:57.81
6	Newt Gordon	BOD	59.15	:58.00
7	Ernest Wesson	10 SL	57.77	:58.80
	Jason Boxdell	SLZ	56.21	DNS
	Jon Briggs	BOD	56	DNS

Event # 15 GV 400

Heat 1

1	Kelley Stewart	10 CV	60.54	59.29
2	Stacy Daniels	11 SL	61.2	61.02
3	Sarah Chadwick	12 SLZ	64	63.35
4	Christina Sanders	12 H	66	63.77
5	Windy Tsai	MC	65.7	64.91
6	Abby Cabrera	MC	73.4	72.88
	Laura Dobel	10 CV	63.3	dns
	Heather Matheny	9 CV	64.5	dns

Heat 2

1	Brittani Ritchey	10 SL	61.1	62.05
2	Ryana Smith	12 H	60.4	62.60
3	Micki Bickham	SLZ	63.05	63.06
4	Elana Fuglestad	BOD	64	63.51
5	Sarah Merritt	11 A	68	64.55
6	Shalaya Shipmand	BOD	66.15	66.15
7	Lani Cardenas	11 A	64	66.45
	Holly Mtheny	9 CV	64.5	dns
	Keona Collins	11 A	66	dns

Final

1	Kelley Stewart	10 CV	59.29	:58.19
2	Stacy Daniels	11 SL	61.02	:60.59
3	Sarah Chadwick	12 SLZ	63.35	:61.86
4	Ryana Smith	12 H	62.6	:62.69
5	Micki Bickham	SLZ	63.06	:63.63
6	Brittani Ritchey	10 SL	62.05	:63.64
7	Elana Fuglestad	BOD	63.51	:64.32
8	Christina Sanders	12 H	63.77	:65.00
	Sarah Merritt	11 A	64.55	DNS

Event # 16 BV 400

Heat 1

1	Nestor Solis	SLZ	49.05	49.41
2	Joe Apadaca	11 CV	52.7	51.78
3	Manny Vargas	MC	51.8	51.89
4	David Green	BOD	51.5	52.67
5	Eddie Meng	12 SLZ	55.4	57.05
6	Erik Dayton	12 CV	nt	57.12
	Matt Wingler	10 A	52.8	dns
	Khari Barrow	11 H	55.12	dns

Heat 2

1	Brandon Jones	BOD	50	49.71
2	Jonathan Rice	11 SLZ	50.51	49.73
3	Scott Briggs	BOD	52.1	52.28
4	Ruhen Sheard	SLZ	52.5	52.36
5	Ron Elliot	12 SL	53.4	52.37
6	Rene Salinas	12 T	55.5	53.37
7	Brian White	11 A	54.7	56.71
8	Antony Ta	ME	67.0	56.79
	Ben Ng	11 CV	nt	dns

Heat 3

1	John Flaaten	10 MC	50.2	50.05
2	Brandon Smart	BOD	50.0	50.42
3	Maurice Johnson	12 SL	52.2	51.35
4	Zack Walker	BOD	52.5	53.16
5	Anthony Limnios	12 CV	53.9	54.22
6	Ian Kendrick	11 H	57.0	59.06
7	Tim Drain	12 SLZ	57.4	61.12
	Melvin Biagas	SL		dns

Final

1	Nestor Solis	SLZ	49.35	
2	Jonathan Rice	11 SLZ	49.77	
3	Brandon Jones	BOD	49.81	
4	John Flaaten	10 MC	50.21	
5	Brandon Smart	BOD	50.38	
6	Maurice Johnson	12 SL	51.35	
7	Manny Vargas	MC	52.00	
8	Joe Apadaca	11 CV	52.30	
9	Scott Briggs	BOD	53.00	

Event # 17 GFS 100

Heat 1

1	Erika Whittaker	9 H	12.8	13.55
2	Elisha Bell	10 SL	14.5	14.12
3	Marie Biniot	10 A	16	16.44
4	Elly Snyder	BOD	14.5	17.06
5	Isioma Emordi	10 T	NT	17.55
	Natalie Oliver	10 CV	14	DNS
	Lauren Vinson	BOD	13.7	DNS
	Lakira Lillard	SLZ	13.8	DNS
	Mimi Cortapossi	9 CV	14	DNS

Heat 2

1	Monyette McKnight	10 T	12.9	13.52
2	Krystal McKinzie	10 CV	13.8	13.58
3	Rachel Lovencz	9 H	13.92	13.96
4	Tomonica Baker	10 T	14.6	14.37
5	Melanie Meyer	10 T	14	15.66
6	Brittney Baxter	BOD	13.5	15.67
7	Erin Carthy	9 SLZ	15.8	15.93
	Kate Haworth	10 CV	14.4	DNS
	Teia Truesdale	10 T	NT	DNS

Heat 3

1	Leah Smart	BOD	13.2	13.61
2	Ashley O'Callaghan	10 CV	13.9	13.88
3	Awa Muniz	9 SLZ	13.4	13.91
4	Joy Smallman	9 SL	14.3	14.54
5	Brittany Rogers	9 SL	14.8	14.87
6	Erica Johnson	ME	14.1	14.88
7	Sabrina Thompson	BOD	13.8	15.37

8	Angelika Laszuk	9 A	15.7	15.74
---	-----------------	-----	------	-------

Heat 4

1	August Starvisco	10 SLZ	13.4	13.55
2	Michelle Bacani	MC	13.8	13.98
3	Tobi Okoronkwo	MC	13.9	14.12
4	Erica Lee	9 H	14.3	14.45
5	Samantha Brathwaite	MC	14.1	14.63
6	Chante Blaurock	9 A	14.9	15.02
7	Madeline Harrington	MC	15.6	15.25
	Larryce Oliver	10 H	13.3	DNS

Heat 5

1	Michelle Chan	9 CV	13.6	13.25
2	Jasmine Brooks	9 H	13.3	13.44
3	Stephanie Khouw	MC	14.2	14.03
4	Jennifer Burley	9 H	13.9	14.15
5	Michelle Vallejo	9 SL	15.1	15.04
6	Jahnina Powell	9 H	14.2	15.46
7	Jennifer Nsima	9 SL	15.2	16.12
	April Murphy	SLZ	13.9	DNS

Final

1	Michelle Chan	9 CV	13.25	13.33
2	Erika Whittaker	9 H	13.55	13.34
3	August Starvisco	10 SLZ	13.55	13.42
4	Monyette McKnight	10 T	13.52	13.54
5	Leah Smart	BOD	13.61	13.62
6	Krystal McKinzie	10 CV	13.58	13.63
7	Jasmine Brooks	9 H	13.44	13.79
8	Ashley O'Callaghan	10 CV	13.88	13.86
9	Awa Muniz	9 SLZ	13.91	13.88

Event # 18 BFS 100

Heat 1

1	Tommy Arnold	BOD	11.5	11.60
2	Juel Rice	10 SL	12.6	12.50
3	Jarel Mcmillon	9 CV	12.2	12.69
4	Robert Wright	10 CV	12.1	13.04
5	Jeff Aigekaban	BOD	12.9	14.38
	Eric Cannes	BOD	12.5	DNS
	Joe Newman	BOD	12.9	DNS

Heat 2

1	Nyanforh Tarpeh	10 T	11.8	12.38
2	Bryan Balde	MC	12.6	12.58
3	Chris Wei	BOD	12.2	12.68
4	Nandan Ravikash	MC	13	13.18
	Joshua Holmes	9 SL	12.8	DNS
	Ronnie Jackson	9 SLZ	12.4	DNS
	Joe Salazar	9 CV	12	DNS

Heat 3

1	Terrence Jones	10 CV	11.8	12.03
2	Jaliele James	9 SL	12.2	12.21
3	Hai Lee 10	T	No time	12.39
4	Jerry Bold	9 A	12.09	12.52
5	Neil Canlas	MC	12.3	12.66
6	Jeremy Tan	MC	12.6	12.70
7	William Stallings	9 T	13.5	13.63
	Alasdair Sharpe	9 CV	12.7	DNS

Heat 4

1	Evan Ballar	9 CV	11.8	12.07
2	Mike Dominguez	10 H	12	12.25
3	Michael Lee	MC	12.3	12.57
4	Richard Fung	BOD	12.7	12.77
5	William Bautista	9 T	No time	13.03
6	Chris Pangelina	9 T	13.8	13.98
	Ryan Faumuina	9 SL	12.3	DNS
	Daniel Johnson	9 H	12.7	DNS

Final

2002 HAAL Track Championships May 7 & 9 @ Chabot College

Leslie Ford	12	CV	14.5	DNS	3	Dominic Dee	10	T	2:56	2:23.31	8	Antony TA	ME	2:28	2:24.00		
Jessica Radmilovic		MC	13.5	DNS	4	Chris Solis	10	A	2:28	2:25.00	9	Tim Boeth	12	A	2:30	2:25.00	
Tiara Thomas	12	SL	13.2	DNS	5	Trieu Huynh	9	T	2:35	2:27.32		Jay Fragus	MC	2:12.2	dns		
Christina Iwamoto	10	SL	14.5	DNS	6	Bennett Hall	9	CV	2:21.5	2:30.57	Final						
Final					7	Tim Arzino	9	H	2:33	2:35.55	1	Beau Bettinger	12	CV	2:02.65	1:54.23	
1	Christen Tucker	BOD	12.25	12.22	8	Jonathan Riuc	9	T	2:58	2:38.87	2	Tom Wallach	BOD	2:05.36	1:54.58		
2	Monica Green	BOD	12.52	12.45	9	Rene Tionguico	9	T	NT	2:40.49	3	Kevin Holloway	BOD	2:04.38	1:56.29		
3	Charis Chan	9	CV	12.79	12.86		Kevin Lai	ME	2:52	dns	4	Chris Wong	12	CV	2:04.10	1:56.94	
4	B.J. Triplett	9	ME	13.02	13.02		Jared Gant	MC	2:26.6	dns	5	Zane Welte	11	CV	2:04.00	2:01.15	
5	Deane Wallace	11	A	13.08	13.05	Heat 2					6	Thomas Miller	11	CV	2:03.93	2:02.91	
6	Nadia Mohamed	10	H	13.17	13.07	1	Jason Ribeira	10	CV	2:17.9	2:16.75	7	Ben Cannon	12	SL	2:04.38	2:03.00
7	Tiffany Thomas	10	SL	13.22	13.23	2	Matt Lanese	MC	2:13.5	2:19.19	8	Blake Garrett	11	SLZ	2:07.94	2:16.00	
8	Evelyn Smith	9	H	13.35	13.44	3	Ross Curiel	10	H	2:25	2:21.55		John Yano	10	CV	2:05.33	dns
	Maderia Macedo	BOD	13.18	dq	4	Kaelen Robinson	10	A	2:30	2:23.19	Event # 25 GFS 300 H						
Event # 20 BV 100					5	Jordan Bailey	9	CV	2:21.5	2:23.49	Heat 1						
Heat 1					6	Joshua Nonato	9	T	2:50.00	2:30.84	1						
1	Matt Fountaine	BOD	10.7	11.06	7	Peoro Ruiz	10	H	2:30	2:31.00	2						
2	Eric Zamora	12	CV	11.5	11.44	8	Michael Munzo	9	T	NT	2:40.00	3	S'Kara Cooley	9	SLZ	57.6	scratch
3	Lamar Brown	11	H	11.4	11.65	9	Hoang Tran	9	SL	2:45	2:41.00	4	Katy Stewart	10	CV	55.9	
4	Dominic Lucchesi	11	SL	12.2	11.82	1a	Hans Schroeder	MC	2:45	2:42.00	5	Robin Bergeron	9	A	52.9		
5	Richard Stepney	11	T	11.8	11.93	9a	Tony Gabrielson	9	H	3:10	3:03.00	6	Christina Robinson	10	CV	56.5	
6	Sean Ghiselli	12	H	11.8	12.53	Final					7	Melanie Meyer	10	T	58.9		
7	Everret Chan	12	CV	11.2	12.54	1	Matt Lanese	MC	2:19.19	2:13.82	8						
Heat 2					2	Ross Curiel	10	H	2:21.55	2:14.73	9						
1	Sam Cheatham	11	SL	11.4	11.32	3	Marvin Zamora	10	CV	2:20.66	2:16.65	Heat 2					
2	Jon Iglehart	BOD	10.9	11.44	4	Kaelen Robinson	10	A	2:23.19	2:20.37	1						
3	Marcus Cox	10	CV	11.6	11.7	5	Dominic Dee	10	T	2:23.31	2:21.82	2	Moryah Schindler	9	CV	NT	
4	Sean Houlihan	MC	11.8	11.95	6	Jordan Bailey	9	CV	2:23.49	2:22.39	3	Simone Pagano	10	SL	56.8		
5	Bobby Jefferson	12	SL	12.2	12.27	7	Chris Solis	10	A	2:25.00	2:25.27	4	Kara Bock	9	A	56.1	scratch
6	Tyson Butler	BOD	11.8	12.45	8	Alex Munguia	10	SL	2:19.98	dns	5	Kathryn Pomeroy	9	CV	55.0		
	Ted Allen	11	A	12.5	dns	9	Jason Ribeira	10	CV	2:16.75	DQ	6	Roze Alvidera	MC	56.8	scratch	
Heat 3					Event # 23 GV 800						7	Jean Alcantara	9	T	59.2		
1	Geno McGuigan	12	CV	11.34	11.14	Heat 1					8						
2	Jordan Murchison	BOD	11	11.28	1	Zinzi Ezans	11	SLZ	2:17	2:21.75	9						
3	Eugene Anderson	10	SL	11.74	11.62	2	Sarah Chadwick	12	A	2:35	2:30.10	Note: due to scratches, the heats were consolidated and the event was byed to finals					
4	Deavalon Madison	11	H	11.9	11.96	3	Parris Hodges	9	H	2:33	2:31.87	Final					
5	Sean Fong	BOD	11.6	12.05	4	Heather Matheny	9	CV	2:32.7	2:33.73	1	Pomeroy9	CV	53.25			
6	Gerald Sullivan	12	SL	12.2	12.19	5	Min Choi11	CV	2:41.02	2:41.56	2	Stewart 10	CV	53.82			
7	James Wiltermood	11	A	12.5	12.62	6	Jennie O'Neill	11	CV	2:48.0	2:50.08	3	Robinson	10	CV	53.99	
Heat 4											4	Meyer 10	T	56.12			
1	Antonio Pennymann	11	H	11.1	11.33		Chelsea Tikotsky	11	A	2:40	dns	5	Alcantara	9	T	57.70	
2	Kachi Emeh	BOD	11.3	11.45		Leah Marshall	BOD	2:35	dns		6	Schindler	10	CV	58.29		
3	Tiquan Payne	12	SL	11.7	11.58		Jessica Badger	11	SL	2:50	dns		Pagano 10	SL	dns		
4	Dan Davini	MC	12.6	12.06	Heat 2		Ashley Franco	11	H	3:00	dns		Cooley 9	SLZ	dq		
5	Maurice Burrell	12	T	11.9	12.25	1	Sarah Merritt	11	A	2:35	2:27.80	Event # 26 GV 300 H					
6	Saitan Turner	11	H	12.1	12.26	2	Holly Matheny	9	CV	2:31.2	2:28.84	Heat 1					
	Calvin Nieva	ME	12.1	dns	3	Rachel Mendez	9	H	2:35	2:36.43	1	Kelley Stewart	10	CV	48.8	47.86	
	Ben Ng 11	CV	12.7	dns	4	Shalaya Shipman	BOD	2:38	2:40.00		2	Kristin Hughes	12	A	50.7	49.63	
	Ryan Stohr	11	CV	11.5	dq	5	Melissa Simmons	10	CV	2:39.9	2:41.30	3	Ryana Smith	12	H	52.2	50.06
Final											4	Charliena Busch	11	SL	56.1	51.62	
1	Matt Fountaine	BOD	11.06	11.01							5	Vanessa Phillip	12	A	53.2	51.87	
2	Jordan Murchison	BOD	11.28	11.26	Heat 2						6	Catey Coppini	MC	53.6	52.22		
3	Geno McGuigan	12	CV	11.14	11.32	1	Sarah Merritt	11	A	2:27.80	2:23.55	7	Jessica Tekawa	12	A	54.7	52.42
4	Jon Iglehart	BOD	11.44	11.43	2	Holly Matheny	9	CV	2:28.84	2:23.94	8	Heather Schmidt	12	CV	55.0	54.37	
5	Eric Zamora	12	CV	11.44	11.49	3	Sarah Chadwick	12	A	2:30.10	2:26.83	Heat 2					
6	Sam Cheatham	11	SL	11.32	11.53	4	Parris Hodges	9	H	2:31.87	2:33.94	1	Rachel Schaffner	MC	49.2	48.66	
7	Antonio Pennymann	11	H	11.33	11.58	5	Rachel Mendez	9	H	2:36.43	2:34.51	2	sheal rivas	12	A	49.8	49.78
8	Kachi Emeh	BOD	11.45	11.65	6	Heather Matheny	9	CV	2:33.73	2:34.64	3	Andrea Banouvong	12	A	52.7	51.56	
9	Tiquan Payne	12	SL	11.58	11.82	7	Shalaya Shipman	BOD	2:40.00	2:36.00	4	Angela Dohrman	9	CV	53.5	52.29	
Event # 21 GFS 800							Melissa Simmons	10	CV	2:41.30	dns	5	Laura Dobel	10	CV	52.5	52.30
Heat 1					Event # 24 BV 800						6	Aureal Willson	12	H	53.5	56.66	
1	Michelle Dianda	9	CV	2:36	2:39.35	Heat 1					7	Julie Pham	MC	55.8	57.83		
2	Helga Zambrano	10	CV	2:48	2:41.66	1	Zane Welte	11	CV	2:02.5	2:04.00	8	Roana Tirado	11	CV	55.5	58.74
3	Ginger Hashimoto	9	CV	2:51	2:51.97	2	Tom Wallach	BOD	1:56.1	2:05.36	Final						
4	ERica Trevino	10	H	3:20	3:01.93	3	Blake Garrett	11	SLZ	2:02	2:07.94	1	Kelley Stewart	10	CV	47.86	46.49
5	Joann Sim	10	A	3:03	3:09.33	4	Nate Fernsten	12	CV	2:08.5	2:08.87	2	Rachel Schaffner	MC	48.66	47.15	
	Elyse Freitas	BOD	3:00	dns	5	Jose Paudoe	SLZ	2:15	2:11.84		3	sheal rivas	12	A	49.78	48.14	
	Jerri Pfisterer	9	CV	2:51	dns	6	Steven Reynolds	12	SL	2:07.2	2:13.52	4	Kristin Hughes	12	A	49.63	48.23
	Billey Longley	BOD	2:45	dns	7	David McDonald	ME	2:26.1	2:24.34		5	Vanessa Phillip	12	A	51.87	50.05	
	Catharyn Dang	ME	3:20	dns		Jeff Elliott	12	MC	2:23.5	dns	6	Andrea Banouvong	12	A	51.56	52.43	
Heat 2											7	Catey Coppini	MC	52.22	52.50		
1	Brook Katich	10	CV	2:38	2:41.22		Philip Preston	BOD	2:15	dns		Ryana Smith	12	H	50.06	dns	
2	Alexis Taiviti	MC	2:43.5	2:45.39	Final		Gaberial Emerson	11	SLZ	2:40	dns		Charliena Busch	11	SL	51.62	dns
3	Nisha Rustia	MC	3:00	2:47.27	1	Zinzi Ezans	11	SLZ	2:21.75	2:20.56	Event # 27 BFS 300 H						
4	Shana Kennedy	9	SL	2:51	2:50.63	2	Sarah Merritt	11	A	2:27.80	2:23.55	Heat 1					
5	Tara Laver	9	A	2:49	2:53.60	3	Holly Matheny	9	CV	2:28.84	2:23.94	1					
6	Alana Bartfield	BOD	3:00	2:53.94	4	Sarah Chadwick	12	A	2:30.10	2:26.83	2	Renee McCoy	9	CV	56.5	scratch	
7	Brenda Ramos	10	H	NT	3:04.00	5	Parris Hodges	9	H	2:31.87	2:33.94	3	Jordan Lindsay	9	CV	53.0	
8	Jill Cathey	BOD	3:00	3:12.8	6	Rachel Mendez	9	H	2:36.43	2:34.51	4	Jason Boxdell	10	SLZ	44.8		
	Nicole Marcotte	9	CV	2:48	dns	7	Heather Matheny	9	CV	2:33.73	2:34.64	5	Gary Abel	MC	53.1	scratch	
	Christa Gomez	MC	3:27.44	dns	8	Shalaya Shipman	BOD	2:40.00	2:36.00		6	William Stallings	9	T	57.5		
Final							Melissa Simmons	10	CV	2:41.30	dns	7					
1	Michelle Dianda	9	CV	2:39.35	2:33.41	Heat 2						Heat 2					
2	Helga Zambrano	10	CV	2:41.66	2:37.68	1	Ben Cannon	12	SL	2:00.18	2:04.38	1					
3	Alexis Taiviti	MC	2:45.39	2:48.33	2	Kevin Holloway	BOD	1:56.3	2:04.38		2						
4	Nisha Rustia	MC	2:47.27	2:50.13	3	John Yano	10	CV	2:03.05	2:05.33	3						
5	Shana Kennedy	9	SL	2:50.63	2:52.49	4	Mike Mulleague	11	SL	2:10.1	2:13.69	4					
6	Tara Laver	9	A	2:53.60	2:54.15	5	Brian Collett	12	A	2:23	2:16.65	5					
7	Alana Bartfield	BOD	2:53.94	2:55.54	6	Sean McCormack	12	T	2:18	2:18.24	6						
	Brook Katich	10	CV	2:41.22	dns	7	Cory Woods	12	T	NT	2:27.68	7					
	Ginger Hashimoto	9	CV	2:51.97	dns	8	Henry Li 11	A	2:28	2:30.00		8					
Event # 22 BFS 800												8					
Heat 1												9					
1	Alex Munguia	10	SL	2:11	2:19.98	Heat 2						1					
2	Marvin Zamora	10	CV	2:19.5	2:20.66	1	Beau Bettinger	12	CV	1:56.43	2:02.65	2	Kevin Teel	9	CV	NT	
						2	Thomas Miller	11	CV	2:04.0	2:03.93	3	Josh Ashford	9	CV	55.0	
						3	Chris Wong	12	CV	1:58.9	2:04.10	4	Kevan Turner	9	CV	52.5	scratch
						4	Vince D'Onofrio	BOD	2:05	2:08.88	5	Marty Martine	ME	50.0	scratch		
						5	Daniel Chivaiau	12	SLZ								

2002 HAAL Track Championships May 7 & 9 @ Chabot College

9 Note: due to scratches, the heats were consolidated and byed to finals

Final			
1	Jason Boxdell	SLZ	44.71
2	Jordan Lindsay	CV	50.83
3	Marty Martine	ME	51.80
4	William Stallings	T	52.10
5	Kevan Turner	CV	52.59
6	Chris Pangelina	T	52.80

Event # 28 BV 300 H

Heat 1			
1	Brandon Walker	BOD	40.2
2	Justin Edwards	12 SL	42.5
3	Hoang-Minh Nguyen	ME	41.44
4	Luis Valasquaz	11 SLZ	47.5
5	VJ Thompson	BOD	47.0
6	Evan Cadoo	12 SL	44.8
7	William Seals	11 CV	49.8
8	Brian White	11 A	44.5

Heat 2			
1	Jeff Kapper	MC	40.9
2	Mah Wingler	10	42.8
3	Ryan Parker	12 CV	40.84
4	Juan DeSales	ME	43.4
5	Dominic Lucchesi	11 SL	46.2
	Khari Barrow	11 H	48.82
	Dan Taylor	BOD	44.5
	Jim Leng	11 CV	47.7
	Mike Avila	11 CV	50.5

Final			
1	Ryan Parker	12 CV	41.81
2	Jeff Kapper	MC	40.87
3	Brandon Walker	BOD	41.06
4	Matt Vingler	10 A	41.73
5	Justin Edwards	12 SL	41.31
6	Hoang-Minh Nguyen	ME	43.49
7	VJ Thompson	BOD	45.9
8	Luis Valasquaz	11 SLZ	43.73
9	Evan Cadoo	12 SL	46.23

Event # 29 GFS 200

Heat 1			
1	ERika Whittker	9 T	26.5
2	Leah Smart	BOD	29
3	Karissa Casey	9 CV	29
4	Tobi Okoronkwo	MC	30.3
5	Nicole Westling	10 CV	30.25
6	Erica Johnson	ME	31.7
7	Angelika Lasyr	9 A	32
	Stephanie Schnepfle	9 T	n.t.

Heat 2			
1	Ashley O'Callaghan	10 CV	29.1
2	Brittany Rogers	9 SL	31.4
3	Brittney Bayten	BOD	29
4	Marie Binlot	10 SLZ	30.5
5	Isioma Emordi	10 T	n.t.
	Jenelle Nicholas	10 SL	32.4
	April Murphy	9 SLZ	30.1
	Larryce Oliver	10 H	28.8
	Monyette McKnight	10 T	26.7

Heat 3			
1	Michelle Chan	9 CV	28.5
2	Teia Truesdale	10 T	27.4
3	Lauren Vinson	BOD	29.9
4	Samantah Braithwaite	MC	30.6
5	Chante Blaurock	9 A	32.1
6	Crystal Locher	9 H	36
	Alison Bieda	10 CV	31
	Lakira Lillard	9 SLZ	29.5

Heat 4			
1	JASMINE BROOKS	9 H	27.7
2	Elisha Beil	10 SL	30.8
3	Kara Hardy	10 SLZ	30.5
4	Tomonica Bker	10 T	28.7
5	TISHA DAVIS	10 CV	29.9
6	Rachel Lorencz	9 H	33
7	Jennifer Nsima	9 SL	34.5
	Ely Snyder	BOD	29.6

Heat 5			
1	Anna Muniz	9 SLZ	28.1
2	Shannisha August	10 SLZ	27.8
3	Jennifer Burley	9 H	29.6
4	Stephanie Khouw	MC	30.9
5	Joy Smallman	9 SL	30.7
6	Michelle Vallejo	9 SL	33.7
7	Sabrina Thompson	BOD	29.8
	Erin Garritty	9 A	34

Final			
1	Michelle Chan	9 CV	27.71
2	ERika Whittker	9 T	27.77
3	JASMINE BROOKS	9 H	28.09
4	Anna Muniz	9 SLZ	28.44
5	Ashley O'Callaghan	10 CV	29.26
6	Elisha Beil	10 SL	29.09
7	Teia Truesdale	10 T	28.68
8	Kara Hardy	10 SLZ	29.14

Leah Smart	BOD	28.94	dns	David Green	BOD	23.3	dns
Antony Ta	ME	26.1	dns				

Event # 30 BFS 200

Heat 1			
1	Jalil James	9 SL	25.5
2	Neil Canlas	MC	26.2
3	Michael Lee	MC	26.1
4	Richard Fung	BOD	27.5
	Jerry Bold	9 A	25.5
	Tommy Arnold	10 BOD	23.7
	Simon Wu	9 CV	27.5

Heat 2			
1	Rance Jones	10 CV	25.7
2	Mike Dominguez	10 H	24
3	Jeremiah Tan	MC	26.4
4	Juel Rice	10 SL	25.3
5	Jeff Aigekaban	BOD	26.9
	Chris Wei	BOD	26.1
	Matt Lanese	10 MC	27.6

Heat 3			
1	Jason Henry	10 T	24.1
2	Terrence JOnes	10 CV	25
3	Ernest Wesson	10 SL	25.6
4	Jarel McMillon	9 CV	26.5
5	Chris Solis	10 A	26
6	Ravikash Nansan	MC	27.9
	William Bautista	9 T	n.t.
	Joe Newman	BOD	26.9

Heat 4			
1	John Hicken	10 CV	25.7
	Ronnie Jackson	9 SLZ	26.5
	Brandon Farinha	10 CV	25.7
	Drew Glover	BOD	24.8
	Daniel Johnson	9 H	24.5
	Joshua Holmes	9 SL	26.5
	Devin Debruyne	MC	30.5

Final			
1	Jason Henry	10 T	24.42
2	Terrence JOnes	10 CV	24.89
3	Rance Jones	10 CV	25.19
4	John Hicken	10 CV	25.41
5	Jalil James	9 SL	25.18
6	Mike Dominguez	10 H	25.32
7	Neil Canlas	MC	25.48
8	Michael Lee	MC	25.74
9	Jeremiah Tan	MC	25.57

Event # 31 GV 200

Heat 1			
1	Christen Tucker	BOD	25.2
2	Chelsea Chandler	11 CV	28.2
3	Evelyn Smith	H	27.1
4	Estelle Williams	MC	30.0
5	Elana ?	BOD	28.0
	Leslie Ford	12 CV	29.9
	Iesha Miller	10 H	27.2

Heat 2			
1	Monica Green	BOD	25.2
2	Christina Sanders	12 H	28.0
3	Deane Wallace	11 A	27.3
4	Lani Cardenas	11 A	29.6
	Brittani Ritchey	10 SL	28.5
	Nicole Orong	MC	31.1
	Joyce Lee	10 CV	28.5

Heat 3			
1	Charis Chan	9 CV	25.9
2	Tiffany Thomas	10 SL	27.6
3	Madeira Macedo	12 A	27.0
4	Theresa Grangoff	12 A	29.0
5	Aleta Morn	12 A	28.5
	Nadia Mohamed	10 H	27.4
	Abby Cabrera	MC	31.3

Heat 4			
1	B.J. Triplett	9 ME	26.5
	Windy Tsai	MC	28.3
	Lydia Smith	H	27.6
	Tiana Thomas	12 SLZ	27.5
	Jennifer Wilkinson	10 CV	28.5
	Christina Iwamoto	10 SL	32.3
	Stacy Daniels	11 SL	26.7

Final			
1	Christen Tucker	BOD	25.10
2	Monica Green	BOD	26.10
3	Charis Chan	9 CV	26.42
4	Christina Sanders	12 H	26.81
5	Chelsea Chandler	11 CV	26.77
6	B.J. Triplett	9 ME	27.31
7	Tiffany Thomas	10 SL	27.21
8	Madeira Macedo	BOD	27.75
	Evelyn Smith	H	27.14

Event # 32 BV 200

Heat 1			
1	Nestor Solis	12 SLZ	22.1
2	SAm Cheatham	11 SL	23.0
3	Eric Zamora	12 CV	23.1
4	Rene Salinas	12 T	24.0
5	Brian Cardella	MC	25.5

Heat 2			
1	Brandon Jones	BOD	22.8
2	James Brown	T	22.4
3	Tiquan payne	12 SL	24.0
4	Zach Walker	BOD	23.2
5	Dan Davini	MC	26.4
	Calvin Nieva	ME	25.2
	Ryan Stohr	11 CV	23.5

Heat 3			
1	Geno McGuigan	12 CV	22.8
2	Jon Iglehart	11 BOD	22.6
3	Marcus Cox	10 CV	23.6
4	Manny Vargas	MC	24.1
5	Richard STEpney	11 T	23.2
	Maurice Burrell	12 T	24.9
	Eddie Meng	12 A	26.5

Heat 4			
1	Antonio Pennyman	11 H	22.6
2	John Flaaten	10 MC	23.3
3	Brandon Smart	BOD	22.8
4	Eugen Anderson	10 SL	24.1
5	Gerald Sullivan	12 SL	24.8
	Carlos Feliciano	MC	29.0
	Anthony Limnios	12 CV	23.4
	TED ALLEN	11 A	26.5

Heat 5			
1	Jonathan Rice	11 SL	22.74
2	Sean Chiselli	12 H	24.86
3	Bobby Jefferson	12 SL	25.14
4	Hai Lee	11 T	25.78
5	James Wiltermood	11 A	26.12
6	Juan DeSoles	12 ME	26.17
	Tim Drain	12 A	dns
	Jordan Murchison	BOD	dns
	Joe Apodaca	11 CV	dns

Final			
1	Geno McGuigan	12 CV	22.60
2	John Flaaten	10 MC	22.77
3	Jonathan Rice	11 SL	22.74
4	Brandon Jones	BOD	22.81
5	Antonio Pennyman	11 H	22.73
6	Nestor Solis	12 SLZ	22.99
7	Brandon Smart	BOD	23.05
8	Eric Zamora	12 CV	23.02
9	SAm Cheatham	11 SL	23.30

Event # 33 GFS 3200

1	Jessica Scalzo	9 A	13:49	13:05
2	Shannon Alter	10 CV	13:15	13:08
3	Angela McIsaac	BOD	13:00	13:13
4	Ginger Hashimoto	9 CV	13:25	13:22
5	Andrea Cardenas	BOD	13:00	13:25
6	Becky Evans	10 SL	13:50	13:27
7	Samantha Suey	10 CV	12:59	13:34
8	Elyse Freitas	BOD	14:30	13:44
9	Shana Kennedy	9 SL	14:01	13:55
10	Laura Holton	BOD	14:00	14:06
11	Vanessa Robles	9 CV	13:50	14:16
12	Heiga Zambrano	10 CV	13:30	15:21
	Natalie Baluyot	MC	13:43.89	dns
	Christina Robertson	9 CV	13:50	dns
	Amanda Atwood	BOD	14:00	dns
	Nisha Rustia	MC	14:39	dns
	Siobhan Boyle	BOD	15:00	dns
	Hong Lien	10 A	16:05	dns
	Neema Kalyan	10 A	16:14	dns
	Erica Trevino	10 H	18:46	dns

Event # 34 BFS 3200

1	Tony Quintana	9 MC	10:35.6	10:39
2	Alex Mungia	10 SL	10:35.00	10:56
3	JJ Pineda	MC	11:21.84	11:08.32
4	Jason Ribeira	10 CV	10:40.00	11:08.56
5	Paulo Acoba	MC	11:01.7	11:10
6	Matt Lund	9 A	11:27.00	11:19
7	Jordan Bailey	9 CV	11:30.00	11:20
8	Nick Toda	MC	11:22.18	11:22
9	Bennett Hall	9 CV	11:25.0	11:23
10	Trieu Huynh	9 T	12:40.00	11:38
11	Pedro Ruiz	10 H	12:05.00	11:42
12	Ross Curiel	10 H	11:50.00	11:51
13	Chris Rodriguez	BOD	12:00.00	12:03
14	Joshua Nonato	9 T	14:40.00	12:33
15	Rene Tiongquino	9 T	n.t.	12:38
16	Michael Manzo	9 T	n.t.	12:51
17	Jonathan Rivac	9 T	14:20.00	12:55
18	Dominic Dee	10 T	12:45.00	13:42
	Marvin Zamora	10 CV	11:20.00	dns
	Marty Martine	ME	15:37.00	dns

Event # 35 GV 3200

1	Danila Musante	12 BOD	11:20	11:50
2	Beth Phillips	10 SL	12:17	11:59
3	Melissa Simmons	10 CV	12:41	12:18
4	Kristen Wheeler	BOD	12:20	12:40
5	Emily Atwood	12 SL	12:38	12:50.08</

2002 HAAL Track Championships May 7 & 9 @ Chabot College

7	Emma Williams	BOD	12:30	13:06
8	Rose Toney	12 CV	12:39	13:10
9	Lauren Vonnegut	11 A	13:15	13:56
10	Rachel Graham	11 A	14:34	14:11
11	Teresa Aranjio	MC	15:31.5	14:15
12	Johanna DeLeon	MC	14:42.9	14:45
13	Bogle Siobhan	11 BOD		16:33
	Anna Purcell	BOD	12:30	dns
	Rhiannon Webb	11 CV	13:38	dns
	Amy Clark	11 CV	13:47	dns
	Rachel Mendez	9 H	14:06	dns
	Parris Hodges	9 H	14:06	dns
	Guadalupe Servin	12 H	14:30	dns
	Michelle Capon	BOD	15:00	dns
	Ashley Franco	11 H	15:52	dns

Event # 36 BV 3200

1	Beau Bettinger	12 CV	n.t.	9:49
2	DAve Stadelman	12 CV	9:58	9:59
3	Chris Wong	10 BOD	10:09	10:01
4	Brandon Carballo	MC	10:06.77	10:03
5	Nick Sigmon	10 SL	10:08	10:05
6	Zane Welte	11 CV	9:57	10:13
7	John Yano	10 CV	10:22.4	10:20
8	Leonard Greenlaw	11 T	10:53	10:25
9	Christiam Merz	12 MC	10:18.75	10:29
10	Matt Caselli	BOD	10:40	10:40
11	Dan Hannon	MC	10:37.1	10:41
12	Brian Collett	12 A	10:45.8	10:45
13	Jeff Ribeira	11 CV	10:40	10:49
14	Vince D'Onofrio	BOD	10:30	10:57
15	Andy Seishas	MC	11:39.7	10:58
16	Jose Padron	11 SLZ	11:30	11:08
17	Devon marsh	BOD	11:20	11:28
18	David McDonald	ME	12:29	11:53
19	Roy Stone	12 CV	11:20	12:01
20	Daniel Chivaigu	SLZ	11:50	12:20
21	Cory Woods	12 T	n.t.	12:21
	Taylor Graham	11 MC	10:12.1	dns
	CHRIS QUILLLEN	12 SL	10:23	dns
	Mike Cannon	SLZ	12:10	dns
	Gabriel Emerson	SLZ	12:30	dns
	Mike Sanchez	ME	n.t.	dns

EVENT # 37 GFS 4 X 400

1	CV	4:35.0	4:24.04
2	SLZ	4:40.5	4:29.62
3	BOD	4:38.0	4:32.67
4	T	NT	4:41.51
5	MC	5:07.6	4:46.79
6	SL	4:40.0	4:49.00
7	A	4:54.0	4:55.00

EVENT # 38 BFS 4 X 400

1	BOD	3:40.0	3:41.91
2	CV	3:48.0	3:44.93
3	A	3:54.0	3:52.47
4	SL	3:55.0	3:59.61
5	T	NT	4:00.61
6	MC	3:58.7	4:01.00

EVENT # 39 GV 4 X 400

1	CV	4:16.3	4:05.21
2	A	4:18.0	4:09.55
3	SL	4:18.0	4:12.11
4	BOD	4:16.0	4:12.69
5	H	4:33.0	4:14.41
6	MC	4:34.2	4:29.00

EVENT # 40 BV 4 X 400

1	BOD	3:20.6	3:24.09
2	SL	3:26.0	3:24.54
3	MC	3:35.0	3:28.26
4	CV	3:38.0	3:29.72
5	SLZ	3:33.0	3:29.86
	T	NT	dns
	H	3:30.0	nt
	A	3:54.0	nt

Event # 41 -- GFS LJ

1	Elisha Bell	10 SL	13-7	15-02
2	Jessie White	10 CV	14-3	14-03
3	Amy Terashima	10 BOD	n.m.	13-05.5
4	Natalie Oliver	10 CV	13-3	13-00.5
5	Amanda Delaplane	10 CV	12-4	13-00
6	Jessica Wildensten	10 CV	12-6	12-09.75
7	Brianna Peters	9 A	13-1	12-08.75
8	Danielle Lacey	10 CV	12-9	12-07
9	Dominique Turrentine	BOD	14-0	12-04
10	Michelle Bacani	MC	12-3	12-03.5
11	Lelana Lai	10 CV	11-0	12-01.5
12	Joy Smallman	9 SL	13-5	11-10
	Isioma Emordi	10 T	n.m.	dns
	Michelle Vallejo	9 SL	11-5	dns
	Roze Alvidera	MC	13-9.5	dns

Event # 42 -- BFS LJ

1	Tommy Arnold	BOD	18-0	19-01
2	Evan Ballar	9 CV	17-0	18-11

3	Nyanforth Tarpei	10 T	19-3	18-05.5
4	Mike Dominguez	10 H	16-8	17-10.5
5	Kaelen Robinson	10 A	15-11.5	17-09.75
6	Robbie Wright	10 CV	16-7	17-05.25
7	Bryan Balde	MC	15-10.25	16-11
8	Daniel Haiek	9 CV	15-10	16-06.5
9	Thad Seher	BOD	16-8	16-00.25
10	Nick Morris	9 A	14-11.5	15-09.75
11	Tim Arzino	9 H	13-9	15-00.5
12	Josh Shinoda	9 CV	14-5	14-11
13	John Cabrera	MC	16-11	14-07
14	Hans Schroder	MC	14-5.5	12-11
	Hai Le	T	n.d.	dns
	Robert Molano	9 H	13-2	dns
	Gary Abel	MC	15-4.75	dns
	John Nunes	9 CV	15-7	dns
	Carlos Mineor	10 T	17-11	dns

Event # 43 -- GV LJ

1	Keishnee Hill	BOD	17-1	16-08.5
2	Shanice Kelly	BOD	17-0	16-06
3	Chris Jardin	MC	13-11.5	15-10
4	Andrea Banouovong	12 A	15-2.5	15-08.25
5	Rosa Liu	MC	15-6.5	15-04.5
6	Becky Gerton	10 A	15-6	15-00.25
7	Vanessa Phillips	12 A	14-11.5	15-00
8	Jessica Tekawa	12 A	13-8.5	15-00
9	Carolyn DAVid	MC	13-10.5	14-06.75
10	Keona Collins	11 A	13-7	14-05.5
11	Milana Ona	10 A	13-8.5	14-03.75
12	Deune hardy	11 H	13-0	14-02.5
13	Dana Linda	11 CV	14-2	14-00.25
14	Stephanie Zhu	MC	12-8.75	13-10.25
15	Laura Partajo	MC	12-4	13-04
16	Michi Bickham	11 SLZ	n.d.	13-02.75
17	Christina DAVini	MC	13-0.5	12-10
18	Leslie Ford	12 CV	13-2	11-10
19	Charlene Bergman	11 SL	14-7	11-07
	Christina Iwamoto	10 SL	12-5	dns
	Evelyn Smith	9 H	13-6	dns
	Alex Long-Smith	BOD	14-10	dns
	Charliena Busch	11 SL	15-5	dns
	Kiersten Slader	11 CV	15-5	dns

Event # 44 -- BV LJ

1	Inman Breaux	BOD	21-8	21-03.5
2	Junior Faateete	10 SL	21-8.25	20-08
3	James Brown	12 T	20-6	20-06.25
4	Eugene Anderson	10 SL	21-1	20-05.25
5	Lamar Brown	11 H	19-10	19-09
6	Cleo Jackson	12 SLZ	18-10	19-07.5
7	Anthony Limnios	12 CV	19-7	19-04
8	Kachi Emeh	BOD	20-0	19-03
9	Sean Fong	BOD	18-9	19-01.5
10	Sean Houlihan	MC	19-0	19-01
11	Jermaine McGhee	12 SLZ	18-0	18-10.5
12	Ron Elliott	12 SL	19-2	18-08
13	Michael Cannon	11 SLZ	17-10	18-04.5
14	Lionel Boston	12 SL	17-5	18-01.5
15	MAURICE BURRELL	12 T	18-10	17-10.25
16	Rene Salinas	12 Tennyson	18-6	17-09
17	Dan Santos	MC	16-7.75	17-06
18	Jamar Lyles	11 T	18-4	17-05
19	Brian Collett	12 A	17-3.5	17-05
20	Alden Wong	MC	17-1	17-05
21	Marcus Williams	11 T	19-0	17-00.25
22	Jeff Elliot	MC	16-6.5	16-03
23	Kevin Roderick	BOD	17-5	16-02.5
24	William Seals	11 CV	16-4	15-09
25	Aaron Albonico	11 CV	15-11	15-07.5
26	Hai Le	T	15-07.5	
27	Nick Morozovsky	11 CV	16-1	15-05.25
28	Sean McCormack	12 T	18-1	15-04
	Bobby Jefferson	12 SL	15-9	dns
	Jim Leng	11 CV	18-1	dns
	Geno McGuigan	12 CV	19-4	dns
	Maurice Johnson	12 SL	20-6	dns

Event # 45 -- GFS TJ

1	Jessie White	10 CV	29-10	30-10
2	Dominique Turrentine	BOD	30-0	30-03
3	Jessica Wildensten	10 CV	27-7	28-10
4	Danielle Lacey	10 CV	26-7	28-04
5	Brianna Peters	9 A	n.m.	27-07.5
6	Amy Tarashima	10 BOD		27-04
	Erika Gutierrez	10 CV	22-4	dns
	Natalie Oliver	10 CV	28-11	dns
	Roze Alvidera	MC	30-6.75	dns

Event # 46 -- BFS TJ

1	Kaelen Robinson	10 A	35-2	38-02
2	Nyanforth Tarpeh	10 T	35-0	37-06.5
3	Marvn Zamora	10 CV	34-10	35-10
4	Thad Sehea	BOD	36-3	35-09.5
5	John Cabrera	MC	32-4.5	35-05
6	Nick Morris	9 A	32-7	35-02.75
7	Bryan Balde	MC	32-0.75	34-09
8	Daniel Haiek	9 CV	32-10	33-01.5
9	Tim Arzino	9 H	29-3.75	32-11

10	Robert Wright	10 CV	33-10	32-01
11	Josh Shinoda	9 CV	30-9	29-08
	Mike Dominguez	10 H	29-5	dns
	Marek Brezula	9 CV	32-5	dns
	Tony Quintana	MC	33-4	dns
	John Nunes	9 CV	33-11	dns

Event # 47 -- GV TJ

1	Shanice Kelly	BOD	38-1	37-05.75
2	Keishnee Hill	BOD	37-10	35-09
3	Charliena Busch	11 SL	30-8	34-0.25
4	Chris Jardin	MC	30-6.5	33-04.75
5	Chelsee Chandler	11 CV	32-9	32-07.25
6	Rosa Liu	MC	31-9	32-05.5
7	Devine Hardy	H	29-9	30-11.75
8	Jessica Tekawa	12 A	27-9.5	30-07.25
9	Andre Banouvang	12 A	30-5.5	30-03.5
10	Maria Ko 11	A	30-1	30-01
11	STEPHANIE ZHU	MC	27-6	29-08.5
12	Heather Matheny	9 CV	29-2	29-08
13	Becky Gorton	10 A	30-5	29-04.25
14	Carolyn DAVid	MC	29-0	29-03.25
15	Milana Ona	10 A	32-6	28-11.5
16	Vanessa Phillips	12 A	30-1	28-08
17	Dana Linda	11 CV	28-11	28-06
	Michi Bickham	11 SLZ	n.m.	dns
	Laura Patajo	MC	27-1.25	dns
	ERIN MCCARTHY	11 CV	29-9	dns
	Alex Long-Smith	BOD	30-0	dns
	Charlene Bergman	11 SL	30-2	dns
	Kiersten Slader	11 CV	31-5	dns

Event # 48 -- BV TJ

1	Inman Breaux	BOD	45-0	45-07.5
2	Kachi Emeh	BOD	42-3	42-09
3	James Brown	T	43-6	42-06
4	Mike Cannon	SLZ	37-10	40-07
5	Jamar Lyles	11 T	38-0	39-08
6	Marcus Williams	11 T	37-0	38-10
7	Lionel Boston	12 SL	36-9	38-06
8	Ryan Parker	12 CV	38-11	38-00
9	Jim Leng	11 CV	36-9	37-07
10	Evan Cadoo	12 SL	36-1	36-08.25
11	Sean Houlihan	MC	36-5.5	36-07.75
12	Alden Wong	MC	34-9.25	36-01
13	Nick Morozovsky	11 CV	32-3	35-09.5
14	William Seals	11 CV	33-10	35-06
15	Jeff Elliott	MC	33-0.5	34-02
16	Aaron Albonico	11 CV	32-5	32-10
	Tiquan Payne	12 SL	37-1	dns
	JERMAINE MCGHEE	12 SLZ	38-0	dns
	Cleo Jackson	12 SLZ	38-10	dns

Event # 49 -- GFS HJ

1	Katy Stewart	10 CV	4-7	4-6
2	Brianna Peters	9 A	4-6	4-6
3	Amanda Delaplane	9 CV	4-6	4-2
4	Jessie White	10 CV	4-4	4-0
	Kathryn Pomeroy	9 CV	4-2	dns
	Brittany Crawford	9 CV	4-6	dns

Event # 50 -- BFS HJ

1	John Nunes	9 CV	5-2	5-2
2	Robert Wright	10 CV	5-2	4-10
3	Marek Brezula	9 CV	5-0	4-8
4	Daniel Haiek	9 CV	5-0	4-8
	Evan Ballar	9 CV	5-2	nm
	Jason Pulu	9 H	5-0	dns

Event # 51 -- GV HJ

1	Rachel Schaffner	11	MC	5-5	5-2
2	Samantha Journey	11	CV	5-2	5-2
3	Vanessa Phillips	12	A	4-10	4-8
4	Milana Ona	10	A	5-0	4-8
5	Chris Jardin		MC	4-4	4-6
6	Becky Gorton	10	A	4-8	4-6
7	Keona Collins	11	A	4-8	4-6
8	Heather Clancy	12	CV	4-4	4-4
9	Devine Hardy	11	SL	4-10	4-2
	Michi Bickham	11	SHZ	n.m.	dns
	Abby Cabrera		MC	4-2	dns
	Kirsten Slader	11	CV	4-8	dns

2002 HAAL Track Championships May 7 & 9 @ Chabot College

Tia Baker	10	H	30-0	28-0.5
Ashley Winston	10	BOD	39-0	27-08
Jenna Ramirez	10	SL	29-5	27-07.5
Cymone Bettis	10	SLZ	30-0	26-11.5
Joyana Myers	10	SL	23-7	26-00
Sonja Weaver-Madsen	9	MC	22-4	25-01
Erica Johnson	10	ME	26-6	24-10.5
Megan Fernsten	10	CV		23-04
Akemi Maniwa	10	MC	23-3	21-01
Carmela Torres	10	SL	24-5	20-10
Frances Zelaya	10	MC	21-5	20-07
Martinique Guillory	10	BOD	28-0	20-03
Megan Corbin	10	CV	22-4	20-01
Rachel Roberts	9	H	19-8	20-0.5
Brenda Ramos	10	H	19-0	17-02
Connie Walian	9	MC	19-7.5	16-11.5
Monica Jaquez	9	CV	19-5	dns
Laura Fernsten	9	CV	21-0	dns
Maryella McManus	10	CV	22-3	dns
Nicole Marcotte	9	CV	22-10	dns
Tatiana Brown	10	SLZ	24-0	dns
Lyndsey Silva	10	CV	24-3	dns
Alesha Crinea	9	BOD	26-0	dns
Larrice Oliver	10	H	27-0	dns
Event # 54 -- BFS SP				
John Vind		SLZ	44-11	48-10
Eric Smallberg		BOD	41-0	42-01
Chris Babcock	9	H	40-0	41-09
Chris Mulitalo	10	A	36-10.5	41-00
Chris Hinkley		BOD	41-0	40-10
Emmanuel Tolentino	10	CV	36-5	38-10
Randy Santamaria	10	SL	40-5	38-05
Cyrus Multialto	9	A	34-11.5	35-07.5
Darwin Tsang	9	CV	35-10	34-07
Chris Diamond		BOD	37-0	33-09
Ryan Zika		BOD	38-3	33-02
Jeremy Calder	9	A	30-8.5	31-04.5
Vicent Wu	10	CV	32-5	29-06.5
Andrew Schreiber	9	SL	35-6	29-05.5
Karl Albright	10	A	23-2.75	23-09
Todd Valdez		MC	26-0	dns
Peter Burger	10	SL	34-2	dns
HOUSTON LILLAND		SLZ	35-0	dns
Derek Music	9	CV	35-5	dns
Jason Pulu	9	H	36-0	dns
Kyle Salawasser		BOD	38-0	dns
Andre Wallner		SLZ	38-0	dns
Event # 55 -- GV SP				
Lisa Mausius	11	BOD	38-1	34-09
Taney Davis	11	BOD	35-11	33-06
Alisha Aggetta	10	SLZ	31-5.5	31-09
E.J. Emeh	12	BOD	33-10	31-06
Becky Gerton	10	A	30-0	31-03.5
Allison Crinea	12	BOD	32-3	29-07.5
Megan Shaw	12	CV	28-9	28-09.5
Sarah Goodson	10	H	29-6	28-00.5
Keenya Davis	10	H	29-0	27-04
Janet Ballelos	11	MC	29-5	27-03
Michelle Dalisay	11	SLZ	27-9	26-10
Bianca Becerra	11	MC	28-3.5	26-09.5
Theresa Grangoff	12	SLZ	23-11	26-01
Anna Tincas	11	A	25-1	24-11
Charlene Bergman	11	SL	26-5	19-00
Rhiannon Webb	11	CV	21-2	DNS
Dasha Gordychev	11	CV	24-3	DNS
Erin Cardismenos	11	CV	25-5	DNS
Jessica Passadore	11	CV	27-9	DNS
Melanie Linney	12	CV	28-5	DNS
Event # 56 -- BV SP				
Jason Myers		BOD	52-9	49-07
Pierce Rowe		BOD	47-6	47-07.5
Chris Hurts	10	SL	46-5	47-06
Jesse Pilcher		MC	43-4	45-01
Tarik Mareston		BOD	45-10	45-00
Mike Dmoski		SL		43-11
Xavier Carrion	12	CV	46-7	43-04
Julio Inguanzo	11	T	49-0	42-01.5
Sam McNoughtly		ME	40-1	41-09
Tyson Butler		BOD	43-1	41-02
Neil Owen	12	CV	42-10	40-03
Issac Jacjai		ME	40-6	39-09
Vince Reiss	12	CV	40-10	39-06
John Booker	10	H	42-0	39-02.5
JB Tuaisosopo		ME	35-10	37-07
Phillip Fernandez	11	SLZ	37-8	37-05
Marcus Thomas		SLZ	42-0	37-02
Josh Dmoski	12	SL	37-5	36-10
Albert Urbina		SL	38-9	36-03
Jared Jeggeraj		BOD	38-5	35-02
John Briggs	11	A	35-4	33-06
David Robbins	11	SL	36-5	32-10
Eric Coffey	11	SL	27-8	29-06.5
Charles Watson		BOD	38-0	28-02
Chris Bieskelke	12	A	26-6	28-00

North Coast Section Bay Shore Regionals

James Logan High School Saturday, May 18, 2002

***indicates advancing on to North Coast Section Meet of Champions next weekend

We came into this meet with 22 individual qualifiers, and a good chance to be a presence here. In what was a real pleasant surprise, we carry 18 individuals on to the next level of competition. Geno and Kelley each moved on in 3 events (!) and Mike and Dustin surprised everyone with their PV improvement.

GV HJ

9. Samantha Journey 4-8 A lingering cold and a sudden case of step jitters kept Samantha from anywhere near her best.

BV HJ

- 9 (tie) Anthony Limnios 5-8 Anthony is very consistent at his new height range. He had hoped for more.

GV PV

2. ***Erin McCarthy 10-4 The next step still eludes Erin, but she is very consistent in the 10+ range.

GV Discus

Megan Shaw 80-0 A sore shoulder and a strong field kept Megan from contention.

BV PV

6. ***Mike Shaw 10-6 A week of good sessions gave Mike some great boost, and he jumped well over his previous best to move on.
7. ***Dustin Wheeler 10-5 Dustin also benefited from a good week on the runway to improve quite a bit and extend his season.

GV 4 x 100

8. Charis Chan, Chelsea Chandler, Michelle Chan, Holly Matheny 50.58 All of the minor worries about Charis's leg twinge, or working out with handoffs with Michelle being added on, or Holly feeling sick never materialized as the girls ran their season best and were only one spot away from advancing out of the fastest region in the entire NCS.

BV 4 x 100

6. ***Eric Zamora, Joey Apodaca, Ryan Stohr, Geno McGuigan 43.63 Finally, after a season of sporadic efforts, the boys put it together very well. They established a season best and looked good doing it. Their season lives for another race.

BV 1600

2. ***Beau Bettinger 4:20.09 Beau

appeared to let up at the end as Logan's Gebray dashed to a very good time. Still, Beau looked very relaxed to the end.

5. ***John Yano 4:32.03 John was in the race only because of multiple scratches, and made the most of his chance. he still gives his coaches fits with his soft starts and late surges.

BV 110 HH

Ryan Parker 17.21 For some reason this event has plagued Ryan all season. 7th in Heat 1

GV 400

4. ***Kelley Stewart 59.28 Choosing not to commit to all out, Kelley still pulled off a very good time against very strong girls. 2nd in Heat 2.

GV 100

9. Charis Chan 12.59 New School record — old school record Charis Chan 12.79 May 7, 2002. Despite the new school record, this is the fastest region in NCS and Charis could only get close. 3rd in heat 1.



Charis in very fast company, has to settle for a school record.

BV 100

7. ***Geno McGuigan 11.17 Geno was in a mob finish in the 2nd heat, but his time held up by comparison to the 1st heat. A very good time for him. 5th in heat 2.

GV 800

8. Holly Matheny 2:26.33 Holly did not feel well at all, and felt that she ran very slowly. She was very surprised to find that she had run her 2nd best time of the season, and very nearly qualified to move on. Not a bad season finale for a late

North Coast Section Bay Shore Regionals

James Logan High School Saturday, May 18, 2002

blooming freshman middle distance runner. 5th in Heat 2.

BV 800

1. ***Beau Bettinger 1:54.71 Beau ran uncharacteristically easy the first lap, but turned on the jets on the final stretch to overtake and beat teammate Wong. Excellent time, great confidence.
3. ***Chris Wong 1:56.83 Chris took off and scorched the last 200, only to have Beau come up on him and pass him. Chris ran a PR and looks to be in great shape for the championship round next week. 2nd in Heat 1.

GV 300 IH

3. ***Kelley Stewart 47.40 Running in the same heat as the Logan girl who leads the North Coast this year, Kelley got a strong 2nd. Her patented push over the last 3 hurdles looked good. 2nd in Heat 2.

BV 300 IH

6. ***Ryan Parker 41.43 Running in a heat more characterized by trips and falls than hurdling, Ryan survived a splinterfest of a race to move on. He was very strong over the last two barriers. 3rd in heat 2.

GV 200

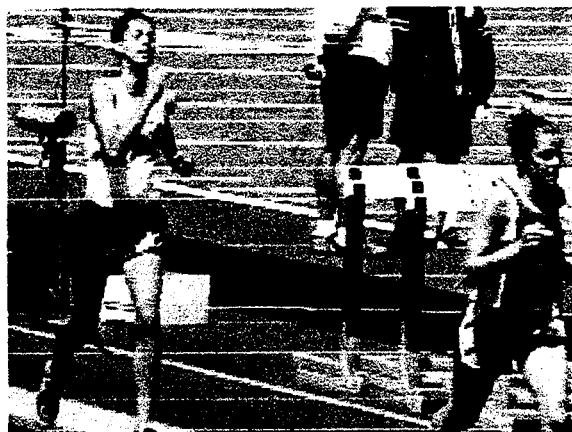
10. Charis Chan 26.34 The privilege of running with the fastest girls in Northern California has its drawbacks. Charis again ran an excellent time only to come up short. 5th in heat 1

BV 200

5. ***Geno McGuigan 22.59 Geno ran very near his PR in his feature event. The consensus opinion from the bleachers was that his new cornrows were responsible for his fast times. 3rd in heat 1.

GV 3200

11. Melissa Simmons 12:31.21 Melissa was hoping for some more of that magic from last week, but she couldn't quite muster the spirit again. She went out strong, but had to drop back. She made a series of small moves to keep up, and still managed her 2nd best time ever.



Melissa puts on her big kick finish to close out the 3200

BV 3200

3. ***Dave Stadelman 9:59.75 Dave was under orders to move with the leaders, but he hung back in the crowd and pulled away gradually from them as the race went on. He will have to seriously drop time next week to be in contention.

GV 4 x 400

6. ***Laura Dobel, Chelsea Chandler, Holly Matheny, Kelley Stewart 4:08.48 The girls, except Kelley, were all a notch off of last week. Still, talent will tell and we lived to move on to next week. 3rd in Heat 1



Laura puts us solidly into the race on leadoff.

BV 4 x 400

5. ***Anthony Limnios, Chris Wong, TJ Miller, Joe Apodaca 3:29.13 The boys dropped their time from last week, and moved on in a 2nd relay. This is a real bonus and a testimony to the hard work that these guys have put in over a season. 4th in Heat 2.

North Coast Section Meet of Champions UC Berkeley Friday, May 24 & Saturday, May 25

Friday

** advances to finals

Boys Pole Vault

Mike Shaw n.h.

Dustin Wheeler n.h.

Opening height was at 12-0, which was 1 1/2 feet over their previous bests. The boys made attempts, and Dustin particularly looked close on at least one. The best thing is that both are juniors and this was just their first year at vaulting.

Boys 4 x 1

Eric Zamora, Joe Apodaca, Ryan Stohr, Geno McGuigan 43.74 3rd in Heat 2

The ultimate heartache was getting nosed out by .01 for the last qualifyig spot for tomorrow. Geno made up major ground on his anchor to nose out Deer Valley to give us a shot.

Girls 400

** Kelley Stewart 58.41 2nd in Heat 2

Kelley came off the last turn in solid 2nd in her heat, and it was enough to move her on to the finals. The time was close to her best.

Boys 100

Geno McGuigan 11.41 5th in Heat 2

The time was respectable, but this is a fast year, and so Geno was not close to qualifying.

Boys 800

** Chris Wong 1:56.75 1st in Heat 1

** Beau Bettinger 1:54.79 1st in Heat 3

The boys advanced to the finals the easy way, by winning their heats. Chris PR'd, and Beau was near his. Both looked confident and easy.

Girls 300 IH

Kelley Stewart 47.38 4th in Heat 2

Kelley was not quite at top form today, even though her time was good. She was 10th overall.

Boys 300 IH

Ryan Parker 40.76 5th in Heat 3

Ryan was in the fast heat, and came within an eyelash of his PR, but came up short of advancing.

Boys 200

Geno McGuigan 22.45 2nd in Heat 3

Even though Geno significantly lowered his time and is now #3 on the All-Time CV list, he could not advance in fast field.

Exhibition Boys 4 x 800

Zane Welte 2:02.1

Nate Fernsten 2:09.3

Jeff Ribeira 2:04.4

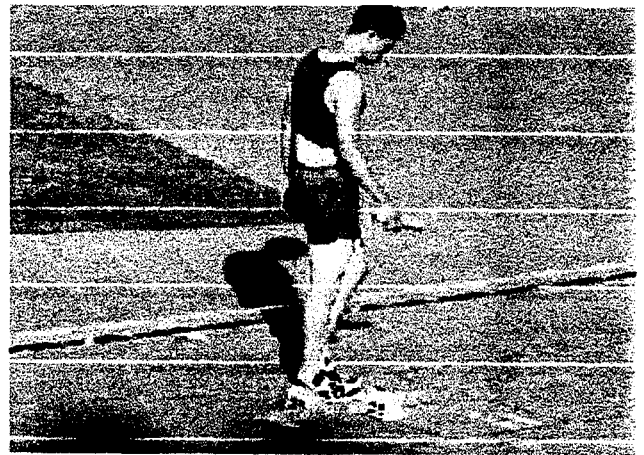
Jason Ribeira 2:13.0
8:28.2

The boys did very well, leading most of the race, especially after Zane's and Jeff's leg. Jeff's race was all the more impressive for not having run for over two weeks.

Girls 4 x 400

** Laura Dobel, Chelsea Chandler, Holly Matheny, Kelley Stewart 4:02.68

The girls were on their best form today, as they lowered their time by 3 seconds and placed 2nd in their heat and 7th overall.



Anthony prepares to take his block

Boys 4 x 400

Anthony Limnios, Chris Wong, TJ Miller, Joey Apodaca 3:32.37

**North Coast Section Meet of Champions
UC Berkeley Friday, May 24 & Saturday, May 25**

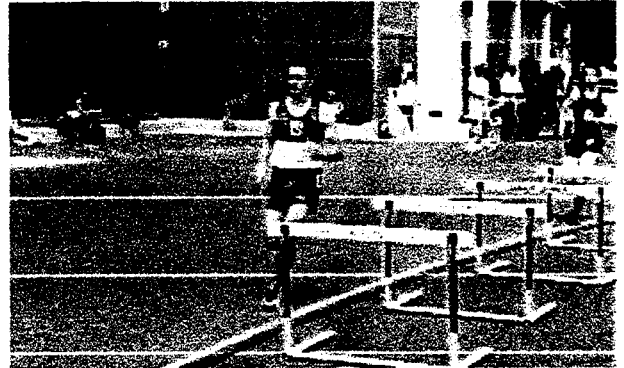
Anthony suffered on the leadoff leg, and the rest of the boys ran well but not as inspired as hoped. Still, they continued to run good times and

1980

Chris Wong

1:57.59

7th



Beau in charge with 150 to go

Beau ran with tremendous authority here, and put away the field early and hard. Chris had some sort of death wish, and he went out very hard, and paid for it at the end when he had no sprint left at all.

Saturday

Girls 400

Kelley Stewart

58.19 7th

Kelley equalled her best ever in a fast field.



Kelley strides out on the outside

Girls Pole Vault

Erin McCarthy 10-6 4th

Erin made it to the State Meet again, on misses at 10-6.



Erin, Beau and Chris are all smiles after their events

Boys 3200

Dave Stadelman

10:09.80

23rd

Dave was in the race early, but didn't have the spark today..

Girls 4 x 400

Laura Dobel, Chelsea Chandler, Holly Matheny, Kelley Stewart 4:03.72 6th

This was a very pleasant surprise, as quality legs by Laura and Chelsea put us in the race, and we were able to hang in there and pick up a medal. Nice work.



4 x 400 team poses with medals

Boys 800

Beau Bettenger

1:52.34

1st

school record -- old record 1:53.9 Larry Guinee

2002 California State Meet @ Cerritos College, Norwalk

**Friday, May 31, 2002
Preliminaries**

The trip was uneventful, and we got Erin and Beau to their appointed events with ease. This year there was a sizeable entourage as we had coaches, parents, and a fair amount of alumni also on hand to cheer and encourage.

Girls' Pole Vault

Erin McCarthy no height

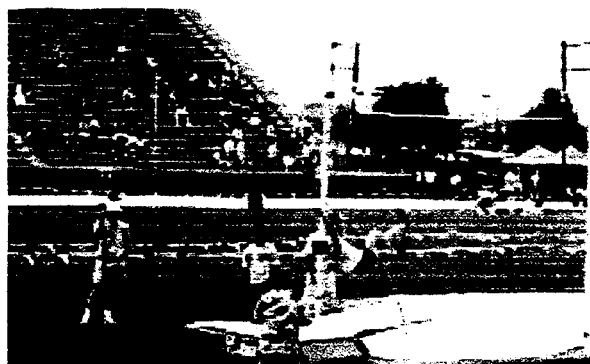
When the official opening height was set at 11-0, the die was cast. Erin had to start at her PR, and was unable to negotiate the height. Each successive attempt was better, and the consensus among the CV crowd was that a 4th attempt would have done it. As it was, it took 12-0 to make the finals.

Nonetheless, a fine conclusion to a fine season that saw Erin rewrite the record book. She raised her own school record, and dominates the performance list. She topped off her season with her 2nd trip to the state meet, and she is just a junior and has one more year to do it all again.



Erin waits her turn in warmups

Nonetheless, a fine conclusion to a fine season that saw Erin rewrite the record book. She raised her own school record, and dominates the performance list. She topped off her season with her 2nd trip to the state meet, and she is just a junior and has one more year to do it all again.



Erin's final attempt at 11-0

Boys' 800

Beau Bettinger 1:52.64 2nd in Ht 1

Beau took charge of the race on the backstretch of the 2nd lap, took it out strong on the final turn, and was passed on the homestretch by a hard-charging Michael Haddan of Woodbridge. Beau advanced easily to the finals.

**Saturday, June 1, 2002
Finals**

Boys' 800

Beau Bettinger 1:51.84 3rd

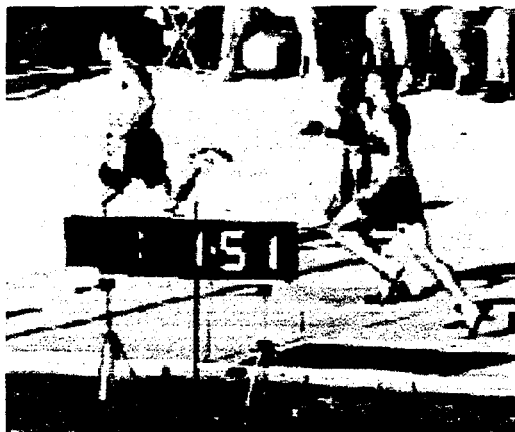
Just making the final was a stellar event, as Beau joined CV legends Larry Guinee and Calvin Gaziano as the only CV athletes to advance to finals in an individual event. (The 3200 runners automatically advance to finals, so technically they too are in finals, but they do not have to survive state-meet quality qualifying rounds.) Placing high in the finals is also a CV rarity as Guinee (1st 1600 1980) and Gaziano (2nd 3200 1985) were the previous best placers.



Beau with the leaders at the 400 mark.

2002 California State Meet @ Cerritos College, Norwalk

Beau's race was a picture of excellence. He ran to strong position at the 400 mark, made a move to advance with the leaders at the 600 mark, came off the turn only a stride or two behind the leaders, and closed excellently to finish only .40 out of 1st.



It doesn't get much closer or faster

His time was another PR and another school record. So far every final he has run in the last 5 weeks has been at or near his best. Not only is Beau's time the 3rd best in the state this year, he is currently 11th on the national list.



On the victory stand

It is always the goal to extend the Castro Valley season to the final meet, which is the State Championships. We are fortunate to have had Erin and Beau take us this far this year, and represent us so well. Congratulations !!