

2009 HAAL Preview from 2008 marks

Womens 100 Meter

Rank	Mark	Wind	Name	Grade	School	Section	Meet	Date
1	12.07	3.6	Alitta Boyd	11	Moreau Cath.	NC	Adidas Golden West Invt...	06/07/08
2	12.82	NWI	Ahambria Ross	9	Bishop O'Dowd	NC	Robert Warren - Charlie ...	04/25/08
3	12.96	-1.9	Sonia Jones	11	San Leandro	NC	HAAL League Prelims	05/06/08
4	13.19	NWI	Olivia Ellis	10	Bishop O'Dowd	NC	Robert Warren - Charlie ...	04/25/08
5	13.26	-0.3	Rashidah Young	11	Mt. Eden	NC	HAAL League Prelims	05/06/08
6	13.31	NWI	Taelor Hogan	10	Hayward	NC	HAAL League Prelims	05/06/08
7	13.39	-1.9	Olivia Ellis	10	Bishop O'Dowd	NC	HAAL League Prelims	05/06/08
8	13.61	2.1	Tatiana Waiters	10	Mt. Eden	NC	East Bay Invitational	03/08/08
9	13.68	-0.7	Marisa Schneider	9	Castro Valley	NC	HAAL League Prelims	05/06/08
10	13.68	NWI	Tiffany Furino	10	Castro Valley	NC	HAAL League Prelims	05/06/08
11	13.68	NWI	Jordan Overshoun-hall	9	Moreau Cath.	NC	Hayward Area Athletic Le...	05/06/08
12	13.7	-0.7	Jemiah Flowers	10	Castro Valley	NC	HAAL League Prelims	05/06/08
13	13.72	NWI	Rashidah Young	11	Mt. Eden	NC	Hayward Area Athletic Le...	05/06/08
14	13.83	1.7	Melissa Velasquez	9	Castro Valley	NC	HAAL League Prelims	05/06/08
15	13.84	-3.2	Melissa Gant	10	Tennyson	NC	HAAL League Prelims	05/06/08
16	13.85	1.7	Jessica Kellum	10	Castro Valley	NC	HAAL League Prelims	05/06/08
17	13.97	2.4	Jamoni Brooks	11	San Leandro	NC	East Bay Invitational	03/08/08
18	14.07	-1.9	Jamie Walbert	11	Castro Valley	NC	HAAL League Prelims	05/06/08
19	14.12	NWI	Chelsea Randell	9	San Leandro	NC	Hayward Area Athletic Le...	05/06/08
20	14.24	-0.3	Deborah Solis	11	Arroyo	NC	HAAL League Prelims	05/06/08
21	14.33	-1.9	Krissy Scott	11	Moreau Cath.	NC	HAAL League Prelims	05/06/08
22	14.39	-0.7	Karyn Bishop	9	San Leandro	NC	HAAL League Prelims	05/06/08
23	14.4	NWI	Nicole Harbert	9	Moreau Cath.	NC	HAAL League Prelims	05/06/08
24	14.43	-0.7	Jacara Winchester	10	Arroyo	NC	HAAL League Prelims	05/06/08
25	14.6	NWI	Karyn Bishop	9	San Leandro	NC	Logan Top 8	04/18/08
26	14.89	-0.7	Audrey Miciano	9	Moreau Cath.	NC	HAAL League Prelims	05/06/08
27	14.91	NWI	Erika Johnson	9	San Leandro	NC	Logan Top 8	04/18/08
28	14.95	1.7	Sochima Dimude	9	Mt. Eden	NC	HAAL League Prelims	05/06/08
29	14.96	1.9	Gigi Jung	10	San Leandro	NC	Skyline Invitational	03/01/08

Womens 200 Meter

Rank	Mark	Wind	Name	Grade	School	Section	Meet	Date
1	25.21	0.1	Alitta Boyd	11	Moreau Cath.	NC	CIF-NC Meet of Champions	05/23/08
2	26.57	-1.6	Sonia Jones	11	San Leandro	NC	HAAL League Prelims	05/06/08
3	26.88	NWI	Ahmbria Ross	9	Bishop O'Dowd	NC	Hayward Area Athletic Le...	05/06/08
4	27.41	NWI	Olivia Ellis	10	Bishop O'Dowd	NC	Hayward Area Athletic Le...	05/06/08
5	27.86	-1.6	Tatiana Waiters	10	Mt. Eden	NC	HAAL League Prelims	05/06/08
6	27.99	NWI	Jordan Overshoun-hall	9	Moreau Cath.	NC	Hayward Area Athletic Le...	05/06/08
7	28.07	-1.6	Rashidah Young	11	Mt. Eden	NC	HAAL League Prelims	05/06/08
8	28.08	-1.3	Tiffany Furino	10	Castro Valley	NC	HAAL League Prelims	05/06/08
9	28.12	-1.5	Taelor Hogan	10	Hayward	NC	HAAL League Prelims	05/06/08
10	28.58	-1.1	Marisa Schneider	9	Castro Valley	NC	HAAL League Prelims	05/06/08
11	28.81	-1.6	Melissa Gant	10	Tennyson	NC	HAAL League Prelims	05/06/08
12	29.12	2.6	Jamoni Brooks	11	San Leandro	NC	Skyline Invitational	03/01/08
13	29.15	-1	Melissa Velasquez	9	Castro Valley	NC	HAAL League Prelims	05/06/08
14	29.21	-1.6	Andrea Armstrong	11	Arroyo	NC	HAAL League Prelims	05/06/08
15	29.24	-1.6	Jamie Walbert	11	Castro Valley	NC	HAAL League Prelims	05/06/08
16	29.33	-1.1	Jemiah Flowers	10	Castro Valley	NC	HAAL League Prelims	05/06/08
17	29.55	-0.6	Krissy Scott	11	Moreau Cath.	NC	HAAL League Prelims	05/06/08
18	29.58	NWI	Chelsea Randell	9	San Leandro	NC	Hayward Area Athletic Le...	05/06/08
19	29.66	NWI	Nicole Harbert	9	Moreau Cath.	NC	Hayward Area Athletic Le...	05/06/08
20	29.85	1.4	Jungyoon Chung	10	San Leandro	NC	Skyline Invitational	03/01/08
21	29.88	-1.5	Rhiannah Talley	9	Hayward	NC	HAAL League Prelims	05/06/08
22	29.98	-1	Jacara Winchester	10	Arroyo	NC	HAAL League Prelims	05/06/08
23	30.08	-0.6	Stephanie Carnes	11	Moreau Cath.	NC	HAAL League Prelims	05/06/08
24	30.1	-1.6	Nivana Horsley	11	Moreau Cath.	NC	HAAL League Prelims	05/06/08
25	30.53	-1.3	Carolyn Gilchriese	9	Castro Valley	NC	HAAL League Prelims	05/06/08
26	30.77	NWI	Karyn Bishop	9	San Leandro	NC	Logan Top 8	04/18/08

Womens 400 Meter

Rank	Mark	Wind	Name	Grade	School	Section	Meet	Date
1	57.55		Lia Rivers Birt	11	Bishop O'Dowd	NC	CIF-NC Meet of Champions	05/23/08
3	1:01.94		Megan Lee	11	Castro Valley	NC	CIF-NC Bay Shore Area Meet	05/17/08
4	1:02.67		Tatiana Waiters	10	Mt. Eden	NC	Hayward Area Athletic Le...	05/06/08
5	1:02.83		Sonia Jones	11	San Leandro	NC	HAAL League Prelims	05/06/08

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6	1:04.17	Ayla Granados	11	Castro Valley	NC	HAAL League Prelims	05/06/08
7	1:04.35	Andrea Armstrong	11	Arroyo	NC	HAAL League Prelims	05/06/08
8	1:04.77	Tatiana Waters	10	Mt. Eden	NC	CIF-NC Bay Shore Area Meet	05/17/08
9	1:06.58	Haley Bashaw	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
10	1:06.94	Erika Johnson	9	San Leandro	NC	HAAL League Prelims	05/06/08
11	1:07.18	Bethany Chan	11	Castro Valley	NC	HAAL League Prelims	05/06/08
12	1:07.41	Chantel Watson	9	San Leandro	NC	HAAL League Prelims	05/06/08
13	1:07.42	Tanya Lomeli	10	San Lorenzo	NC	HAAL League Prelims	05/06/08
14	1:07.69	Gigi Jung	10	San Leandro	NC	Hayward Area Athletic Le...	05/06/08
15	1:07.85	Carolyn Gilchriese	9	Castro Valley	NC	HAAL League Prelims	05/06/08
16	1:08.10	Jessika Shafer	10	Arroyo	NC	Hayward Area Athletic Le...	05/06/08
17	1:09.91	Jasmin Labrie	10	San Leandro	NC	East Bay Invitational	03/08/08
18	1:10.10	Angie Shin	10	Castro Valley	NC	HAAL League Prelims	05/06/08
19	1:10.66	Isabel Chi	9	Castro Valley	NC	HAAL League Prelims	05/06/08
20	1:10.67	Victoria Partida	9	Arroyo	NC	HAAL League Prelims	05/06/08

Womens 800 Meter

<u>Rank</u>	<u>Mark</u>	<u>Wind</u>	<u>Name</u>	<u>Grade</u>	<u>School</u>	<u>Section</u>	<u>Meet</u>	<u>Date</u>
1	2:15.95		Chelsea Schneider	10	Castro Valley	NC	CIF-NC Bay Shore Area Meet	05/17/08
2	2:21.79		Ayla Granados	11	Castro Valley	NC	CIF-NC Bay Shore Area Meet	05/17/08
3	2:23.88		Damajeria Dubose	11	Bishop O'Dowd	NC	HAAL League Prelims	05/06/08
4	2:24.10		Lia Rivers-birt	11	Bishop O'Dowd	NC	Skyline Invitational	03/01/08
6	2:33.77		Arianne Riley	9	Hayward	NC	Hayward Area Athletic Le...	05/06/08
7	2:34.15		Nicole Yang	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
8	2:34.25		Samantha Owyang	11	Castro Valley	NC	Chabot Distance Festival...	04/04/08
9	2:39.19		Haley Bashaw	10	Castro Valley	NC	Chabot Distance Festival...	04/04/08
10	2:43.40		Blanca Velasquez	10	Castro Valley	NC	HAAL League Prelims	05/06/08
11	2:44.80		Kay Carvin	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
12	2:44.92		Nghi Le	9	Castro Valley	NC	HAAL League Prelims	05/06/08
13	2:45.49		Rhiannah Talley	9	Hayward	NC	Hayward Area Athletic Le...	05/06/08
14	2:46.15		Mindy Le	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
15	2:50.79		Janet Canela	10	San Leandro	NC	Skyline Invitational	03/01/08
16	2:51.05		Simarran Randana	10	San Leandro	NC	HAAL League Prelims	05/06/08
17	2:51.65		Erin Safreno	9	Moreau Cath.	NC	HAAL League Prelims	05/06/08
18	2:54.39		Susan So	10	San Leandro	NC	HAAL League Prelims	05/06/08
19	2:55.37		Edith Pulido	9	Hayward	NC	HAAL League Prelims	05/06/08
20	2:55.60		Julie Hernandez	10	San Leandro	NC	Skyline Invitational	03/01/08
21	2:56.50		Cassie Crosby	11	Moreau Cath.	NC	HAAL League Prelims	05/06/08
22	2:57.43		Irmay Garcia	9	Hayward	NC	West Valley Relays	03/21/08
23	2:58.62		Valeria Torres	9	Arroyo	NC	HAAL League Prelims	05/06/08
24	3:00.26		Winnie Lei	10	San Leandro	NC	HAAL League Prelims	05/06/08
25	3:00.34		Jonie Suzuki	11	Arroyo	NC	HAAL League Prelims	05/06/08
26	3:00.64		Maggie Hannon	9	Moreau Cath.	NC	HAAL League Prelims	05/06/08

Womens 1600 Meter

<u>Rank</u>	<u>Mark</u>	<u>Wind</u>	<u>Name</u>	<u>Grade</u>	<u>School</u>	<u>Section</u>	<u>Meet</u>	<u>Date</u>
1	5:02.71		Damajeria Dubose	11	Bishop O'Dowd	NC	CIF-NC Meet of Champions	05/23/08
2	5:08.20		Kelsey Santisteban	9	Castro Valley	NC	CIF-NC Bay Shore Area Meet	05/17/08
3	5:10.98		Elise Wummer	10	Castro Valley	NC	CIF-NC Bay Shore Area Meet	05/17/08
5	5:31.71		Kaitlyn Spees	9	Bishop O'Dowd	NC	Hayward Area Athletic Le...	05/06/08
6	5:33.62		Chelsea Schneider	10	Castro Valley	NC	HAAL League Prelims	05/06/08
7	5:36.09		Nicole Yang	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
8	5:37.82		Marisa Martinez	9	Castro Valley	NC	HAAL League Prelims	05/06/08
9	5:46.34		Pamela Macleod	10	Castro Valley	NC	Castro Valley Invitational	03/14/08
10	5:48.01		Arianne Riley	9	Hayward	NC	Hayward Area Athletic Le...	05/06/08
12	5:52.17		Samantha Owyang	11	Castro Valley	NC	HAAL League Prelims	05/06/08
13	5:55.95		Ashley Sutedja	10	Castro Valley	NC	HAAL League Prelims	05/06/08
14	5:56.07		Emma Piccillo	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
15	5:56.98		Anh Bui	11	Arroyo	NC	HAAL League Prelims	05/06/08

Womens 3200 Meter

<u>Rank</u>	<u>Mark</u>	<u>Wind</u>	<u>Name</u>	<u>Grade</u>	<u>School</u>	<u>Section</u>	<u>Meet</u>	<u>Date</u>
1	11:26.48		Kelsey Santisteban	9	Castro Valley	NC	CIF-NC Meet of Champions	05/23/08
2	11:36.82		Kaitlyn Spees	9	Bishop O'Dowd	NC	CIF-NC Meet of Champions	05/23/08
3	11:38.62		Elise Wummer	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
4	12:14.90		Marisa Martinez	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
5	12:53.32		Pamela Macleod	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08

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6	12:53.32	Nicole Yang	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
7	12:54.99	Anh Bui	11	Arroyo	NC	Logan Top 8	04/18/08
8	13:12.69	Ashley Sutedja	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
9	13:34.89	Cassie Crosby	11	Moreau Cath.	NC	Logan Top 8	04/18/08
10	13:52.19	Rachel Anders	9	Bishop O'Dowd	NC	Hayward Area Athletic Le...	05/06/08
11	13:59.20	Janet Canela	10	San Leandro	NC	Hayward Area Athletic Le...	05/06/08

Womens 100 Meter Hurdles

Rank	Mark	Wind	Name	Grade	School	Section	Meet	Date
1	15.42	0.1	Laurana Toler	11	Bishop O'Dowd	NC	CIF-NC Meet of Champions	05/23/08
1	15.6	NWI	Jordan Gibbs	11	Bishop O'Dowd	NC	Robert Warren - Charlie ...	04/25/08
4	17.86	-2.2	Arikai Tabeson	10	Bishop O'Dowd	NC	HAAL League Prelims	05/06/08
5	17.94	NWI	Renee Shantin	11	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
6	18.06	NWI	Ariana Posey	9	Castro Valley	NC	Logan Top 8	04/18/08
6	18.27	-1.2	Halina Mader	9	Bishop O'Dowd	NC	HAAL League Prelims	05/06/08
8	19.42	NWI	Tanya Simbra	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
9	19.91	NWI	Ami Stair	9	Arroyo	NC	Hayward Area Athletic Le...	05/06/08
10	19.94	NWI	Nghi Le	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
8	20.07	-2.2	Astha Kalia	11	Arroyo	NC	HAAL League Prelims	05/06/08
11	20.11	NWI	Emma Piccillo	9	Castro Valley	NC	Logan Top 8	04/18/08
9	20.2	1	Ahambria Ross	9	Bishop O'Dowd	NC	Stanford Invitational	04/04/08
13	20.43	NWI	Lidia Barajas	9	Castro Valley	NC	Logan Top 8	04/18/08
14	20.65	NWI	Jasmine Labrie	10	San Leandro	NC	Hayward Area Athletic Le...	05/06/08
15	20.77	NWI	Khan Nguyen	10	Tennyson	NC	Hayward Area Athletic Le...	05/06/08
14	21.26	-1.9	Jasmine Labrie	10	San Leandro	NC	HAAL League Prelims	05/06/08
15	21.27	1.6	Erica Dean	9	Castro Valley	NC	East Bay Invitational	03/08/08
17	21.8	-2.2	Rebecca Olmstead	11	Tennyson	NC	HAAL League Prelims	05/06/08
18	21.81	-1.9	Victoria Partida	9	Arroyo	NC	HAAL League Prelims	05/06/08
16	22	NWI	Becky Olmstead	11	Tennyson	NC	Logan Top 8	04/18/08
19	22.91	-2.2	Ziara Jackson	11	Arroyo	NC	HAAL League Prelims	05/06/08

Womens 300 Meter Hurdles

Rank	Mark	Wind	Name	Grade	School	Section	Meet	Date
1	45.76		Laurana Toler	11	Bishop O'Dowd	NC	CIF-NC Meet of Champions	05/23/08
3	47.95		Sarah Fong	11	Bishop O'Dowd	NC	Sacramento Meet of Champ...	04/26/08
4	49.14		Arikai Tabeson	10	Bishop O'Dowd	NC	Hayward Area Athletic Le...	05/06/08
5	50.94		Renee Shantin	11	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
7	52.97		Halina Mader	9	Bishop O'Dowd	NC	Hayward Area Athletic Le...	05/06/08
8	52.99		Bethany Chan	11	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
9	54.18		Lidia Barajas	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
10	54.44		Jasmine Labrie	10	San Leandro	NC	HAAL League Prelims	05/06/08
11	54.55		Emma Piccillo	9	Castro Valley	NC	HAAL League Prelims	05/06/08
12	54.6		Tanya Simbra	10	Castro Valley	NC	HAAL League Prelims	05/06/08
13	55.95		Arianna Posey	9	Castro Valley	NC	HAAL League Prelims	05/06/08
14	56.92		Alina Martinez	9	Castro Valley	NC	East Bay Invitational	03/08/08
15	57.4		Ami Stair	9	Arroyo	NC	Hayward Area Athletic Le...	05/06/08
16	57.68		Nghi Le	9	Castro Valley	NC	HAAL League Prelims	05/06/08
17	58.33		Rebecca Olmstead	11	Tennyson	NC	Hayward Area Athletic Le...	05/06/08
18	58.79		Erica Dean	9	Castro Valley	NC	East Bay Invitational	03/08/08
19	1:03.25		Khan Nguyen	10	Tennyson	NC	HAAL League Prelims	05/06/08

Womens High Jump

Rank	Mark	Wind	Name	Grade	School	Section	Meet	Date
1	4' 4"		Lisa Umeh	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
2	4' 4"		Evangeline Bedford	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
3	4' 4"		Emma Piccillo	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
4	4' 2"		Gigi Jung	10	San Leandro	NC	Hayward Area Athletic Le...	05/06/08
5	4' 2"		Jessica Kellum	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
6	4' 2"		Alex Aragon-hopkins	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
7	4' 0"		Chantel Watson	9	San Leandro	NC	Hayward Area Athletic Le...	05/06/08
8	4' 0"		Nicole Harbert	9	Moreau Cath.	NC	Hayward Area Athletic Le...	05/06/08
9	4' 0"		Francesca Soares	11	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
10	3' 10"		Leann Ayala	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
11	3' 10"		Julia Ciniceros	9	Castro Valley	NC	East Bay Invitational	03/08/08
12	3' 8"		Leann Alvarado	9	Castro Valley	NC	East Bay Invitational	03/08/08

2009 HAAL Preview from 2008 marks

Womens Long Jump

Rank	Mark	Wind	Name	Grade	School	Section	Meet	Date
1	19' 6.50"	-0.6	Alitta Boyd	11	Moreau Cath.	NC	CIF-NC Meet of Champions	05/23/08
2	15' 2.75"	NWI	Chanel Jones	10	Bishop O'Dowd	NC	Robert Warren - Charlie ...	04/25/08
3	14' 9"	NWI	Erika Johnson	9	San Leandro	NC	Hayward Area Athletic Le...	05/06/08
4	14' 7.75"	NWI	Teaira Ward	11	Tennyson	NC	Hayward Area Athletic Le...	05/06/08
5	14' 7.50"	NWI	Nivana Horsley	11	Moreau Cath.	NC	Hayward Area Athletic Le...	05/06/08
6	14' 3.50"	NWI	Rashidah Young	11	Mt. Eden	NC	Hayward Area Athletic Le...	05/06/08
7	14' 2.75"	NWI	Naila Davis	10	Hayward	NC	Hayward Area Athletic Le...	05/06/08
8	14' 2"	NWI	Jessica Kellum	10	Castro Valley	NC	Robert Warren - Charlie ...	04/25/08
9	14' 2"	NWI	Nnenna Obioma	10	Hayward	NC	Hayward Area Athletic Le...	05/06/08
10	13' 6"	NWI	Lidia Barajas	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
11	13' 3.50"	NWI	Jorcelyn Ani	10	Hayward	NC	Hayward Area Athletic Le...	05/06/08
12	13' 10.25"	NWI	Cindy Deng	10	San Leandro	NC	Hayward Area Athletic Le...	05/06/08
13	13' 10"	NWI	Evangeline Bedford	10	Castro Valley	NC	Robert Warren - Charlie ...	04/25/08
14	13' 1.75"	NWI	Francesca Soares	11	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08

Womens Triple Jump

Rank	Mark	Wind	Name	Grade	School	Section	Meet	Date
1	43' 1"	2.9	Alitta Boyd	11	Moreau Cath.	NC	USA Junior Nationals	06/20/08
2	32' 9"	NWI	Shanel Jones	10	Bishop O'Dowd	NC	CIF-NC Bay Shore Area Meet	05/17/08
3	32' 3"	NWI	Evangeline Bedford	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
4	31' 5.25"	NWI	Jorcelyn Ani	10	Hayward	NC	Hayward Area Athletic Le...	05/06/08
5	30' 9"	NWI	Cindy Deng	10	San Leandro	NC	Hayward Area Athletic Le...	05/06/08
6	30' 6.75"	NWI	Naila Davis	10	Hayward	NC	Hayward Area Athletic Le...	05/06/08
7	30' 4"	NWI	Sara Gilchriese	9	Castro Valley	NC	Robert Warren - Charlie ...	04/25/08
8	29' 2"	NWI	Julia Cinicros	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
9	29' 10.25"	NWI	Nnenna Obioma	10	Hayward	NC	Hayward Area Athletic Le...	05/06/08
10	28' 7"	NWI	Lisa Umeh	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
11	28' 3.50"	NWI	Bethany Chan	11	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
12	28' 0.50"	NWI	Michelle Guzman	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
13	27' 8.75"	NWI	Puneet Sidhu	9	Moreau Cath.	NC	Hayward Area Athletic Le...	05/06/08
14	27' 2"	NWI	Audrey Miciano	9	Moreau Cath.	NC	Hayward Area Athletic Le...	05/06/08

Womens Pole Vault

Rank	Mark	Wind	Name	Grade	School	Section	Meet	Date
1	8' 0"		Daina Vargas	11	Castro Valley	NC	CIF-NC Bay Shore Area Meet	05/17/08
2	7' 0"		Leann Ayala	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
3	7' 0"		Francesca Soares	11	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
4	6' 6"		Summer Harris	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
5	6' 0"		Sarah Gilchriese	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
6	6' 0"		Emma Piccillo	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
7	5' 6"		Miranda Briton	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08

Womens Discus Throw

Rank	Mark	Wind	Name	Grade	School	Section	Meet	Date
1	104' 2"		Patrice Sapigna	10	Hayward	NC	CIF-NC Meet of Champions	05/23/08
2	94' 9.50"		Alana Knight	10	Castro Valley	NC	Robert Warren - Charlie ...	04/25/08
3	86' 3.50"		Cristina Davis	10	Bishop O'Dowd	NC	Hayward Area Athletic Le...	05/06/08
4	84' 4"		Lauren Finch	10	Arroyo	NC	Hayward Area Athletic Le...	05/06/08
5	80' 6.50"		Arianna Posey	9	Castro Valley	NC	Robert Warren - Charlie ...	04/25/08
6	80' 2"		Kelsey Dunnigan	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
7	72' 2.50"		Dalisa Banks	10	Hayward	NC	Hayward Area Athletic Le...	05/06/08
8	70' 2"		Hayley Berio	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
9	69' 5"		Terryn Liljedahl	11	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
10	68' 0"		Shelline Waldorf	11	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
11	66' 7.50"		Meg Strache	11	San Leandro	NC	Hayward Area Athletic Le...	05/06/08
12	64' 3"		Kagee Fatona	11	Bishop O'Dowd	NC	Hayward Area Athletic Le...	05/06/08
13	62' 6"		Juliana Disher	10	Castro Valley	NC	East Bay Invitational	03/08/08
14	62' 4"		Megan Kaehms	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
15	61' 2"		Juliana Disher	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
16	57' 10"		Rebecca Araquistain	10	Arroyo	NC	Hayward Area Athletic Le...	05/06/08
17	57' 4"		Alma Morales	10	San Leandro	NC	Hayward Area Athletic Le...	05/06/08
18	55' 2"		Valeria Morales	9	San Leandro	NC	Hayward Area Athletic Le...	05/06/08
19	52' 0.75"		Jordan Dauria	11	Tennyson	NC	Hayward Area Athletic Le...	05/06/08
20	50' 9.75"		Meg Stache	11	San Leandro	NC	East Bay Invitational	03/08/08

2009 HAAL Preview from 2008 marks

Womens Shot Put

<u>Rank</u>	<u>Mark</u>	<u>Wind</u>	<u>Name</u>	<u>Grade</u>	<u>School</u>	<u>Section</u>	<u>Meet</u>	<u>Date</u>
1	35' 7.50"		Patrice Sapigna	10	Hayward	NC	CIF-NC Meet of Champions	05/23/08
2	31' 6"		Alana Knight	10	Castro Valley	NC	Logan Top 8	04/18/08
3	30' 10"		Dalisa Banks	10	Hayward	NC	Hayward Area Athletic Le...	05/06/08
4	29' 7.50"		Arianna Posey	9	Castro Valley	NC	Robert Warren - Charlie ...	04/25/08
5	28' 11"		Shelline Waldorf	11	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
6	28' 0"		Meg Strache	11	San Leandro	NC	Hayward Area Athletic Le...	05/06/08
7	27' 3"		Cristina Davis	10	Bishop O'Dowd	NC	Hayward Area Athletic Le...	05/06/08
8	27' 1"		Lauren Finch	10	Arroyo	NC	Hayward Area Athletic Le...	05/06/08
9	26' 3.50"		Meg Stache	11	San Leandro	NC	East Bay Invitational	03/08/08
10	26' 3"		Kelsey Dunnigan	10	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
11	25' 6"		Kagee Fatona	11	Bishop O'Dowd	NC	Hayward Area Athletic Le...	05/06/08
12	24' 8"		Jordan Dauria	11	Tennyson	NC	Hayward Area Athletic Le...	05/06/08
13	24' 3"		Ziara Jackson	11	Arroyo	NC	Hayward Area Athletic Le...	05/06/08
14	23' 7"		Hayley Berio	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
15	23' 6"		Rebecca Araquistain	10	Arroyo	NC	Hayward Area Athletic Le...	05/06/08
16	23' 3"		Susan Dang	11	Arroyo	NC	Hayward Area Athletic Le...	05/06/08
17	22' 10"		Megan Kaehms	9	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08
18	22' 2.50"		Alma Morales	10	San Leandro	NC	Hayward Area Athletic Le...	05/06/08
19	22' 0"		Terryn Liljedahl	11	Castro Valley	NC	Hayward Area Athletic Le...	05/06/08