

Castro Valley High School Track & Field

2013 Schedule

Foothill Division of the West Alameda County Conference

(Alameda, Berkeley, Bishop O'Dowd, Castro Valley, Hayward, San Leandro)

February

Sat	3/2	Mt. Pleasant Invite	all day	Mt. Pleasant HS
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March

Fri	3/8	Amador Distance Festival	3:30-10 pm	Amador HS
Sat	3/9	Cougar Invite	all day	Newark Memorial HS
Sat	3/23	Team Dinner & Fundraiser	TBA	CVHS cafeteria
Thur	3/28	WACC: San Leandro	3:30	Castro Valley HS
Fri-Sat	3/29-30	Stanford (selected athletes)	all day	Stanford University

April

Fri-Sat	4/5-6	Arcadia (selected athletes)	all day	Arcadia HS
Thur	4/11	WACC: Alameda	3:30	Castro Valley HS
Fri	4/12	Castro Valley Invite -- Frosh-Soph	3:00	Castro Valley HS
Sat	4/13	Castro Valley Invite -- Varsity	all day	Castro Valley HS
Thur	4/18	WACC: Hayward	3:30	Castro Valley HS
Fri-Sat	4/19-20	Mt. SAC Relays (selected athletes)	TBA	Mt. San Antonio College
Thur	4/25	WACC: Berkeley	3:30	Berkeley HS
Fri	4/26	Bob Warren Relays	2:00	Acalanes HS
Sat	4/27	Sacramento MOC (selected athletes)	all day	Sacramento State

May

Thur	5/2	WACC: Bishop O'Dowd	3:30	Castro Valley HS
Thur	5/9	WACC Championship Trials	3:30	Castro Valley HS
Sat	5/11	WACC Championship Finals	all day	Castro Valley HS
Thurs	5/16	Team Awards Banquet	6:00 pm	CVHS cafeteria
Sat	5/18	NCS Bayshore Championships	all day	Castro Valley HS
Fri-Sat	5/24-25	NCS Meet of Champions Trials & Finals	all day	UC Berkeley
Fri-Sat	5/31-6/1	State Meet	all day	Buchanan High School

Principal: Mary Ann Valles

Athletic Director: Andy Popper

Coach: Dooney Jones 510-393-9368