

**6th ANNUAL
WINTER CORPORATE RELAYS - 1990**

Men's 3000M (17:33.7 '90 Lock) 2 Mile Relay (9:31.8 '90 Pac*Tel)

1 - Lockheed	17:33.7	Pac*Tel	9:31.8
2 - SRI #A	18:22.0	B of A	9:53.6
3 - Apple	19:03.4	Chevron	10:26.0
4 - HP	19:04.5	Westing.	10:31.7
5 - Alza	19:30.0	Lockheed	10:55.7
6 - Pac*Tel	19:59.0		
7 - Westing.	20:17.5		
8 - Chevron	21:43.0		
9 - IBM	24:10.0		
- SRI #B	23:34.9		

3 Lap (2:36.0 '85 Pac*Tel) Sub-Mast Distance (11:37.3 '89 GE)

1 - Pac*Tel	2:39.7	Lockheed	12:05.8
2 - Lockheed	2:41.3	GE	12:19.1
3 - Chevron	2:42.5	SRI	12:23.5
4 - SRI	2:44.2	IBM	12:31.0
5 - GE	2:45.8	Pac*Tel	12:45.8
6 - Apple	2:53.1	Syntex	13:04.5
7 - IBM	2:55.2	Westing.	13:44.0
8 - Syntex	2:57.0	Apple	14:14.9
9 - HP	3:04.7		
10- Westing.	3:07.0		

800M - F (4:54.8 '88 HP) Master Relay + (6:42.8 '88 Lockheed)

1 - IBM	5:13.2	Pac*Tel #A	6:46.8
2 - Chevron	5:15.5	Lockheed	6:47.3
3 - Lockheed	5:20.6	IBM	6:48.0
4 - HP	5:31.7	SRI	6:53.0
5 - Apple	5:42.1	B of A	7:10.3
6 - B of A	5:45.5	GE	7:37.1
7 - Pac*Tel	5:58.7	Westing.	7:39.1
8 - Westing.	6:21.0	Syntex	7:09.0 D0
-		Pac*Tel #B	7:09.3 not scored

Men's Mile (8:39.8 '88 Lock) Coed/Master Mile (10:47.5 '89 Lockheed)

1 - Lockheed #A	9:13.5	Lockheed	11:02.7
2 - Apple	9:36.0	B of A	11:31.9
3 - HP	9:54.0	Syntex	11:47.3
4 - Westing.	10:08.0	SRI	12:18.4
5 - Pac*Tel	10:11.5	Pac*Tel #A	13:36.7
6 - Chevron	11:26.0	Pac*Tel #B	11:40.7
- Lockheed #B	9:57.5		
- Pac*Tel #B	11:01.3		

Womens Relay (4:38.0 '85 Lock) Sub-Mast Sprint (3:54.1 '87 Lockheed)

1 - Apple	4:50.7	HP	3:59.8
2 - Syntex	5:07.0	SRI	4:02.0
3 - Lockheed	5:13.3	Pac*Tel	4:07.6
4 - Bof A	5:21.0	GE	4:09.0

5 - GE	5:29.1	Lockheed	4:16.8
6 - HP	5:29.9	B of A	4:19.5
7 -		IBM	4:27.7
8 -		Chevron	4:28.5
9 -		Apple	4:29.4
10-		Westing.	4:51.0

Senior Relay (3:27.0 '90 Lock) Pyramid Relay (9:34.0 '85 IBM)

1 - Lockheed	3:27.0	Lockheed	9:58.5
2 - HP	3:43.7	GE	10:17.4
3 - Westing.	4:07.4	Chevron	10:28.8
4 -		Pac*Tel	10:36.8
5 -		HP	10:43.6
6 -		Apple	10:44.6
7 -		IBM	11:13.5
8 -		Westing.	12:06.0

Sprint Relay (3:30.2 '87 HP) Colorado Relay (1:46.0 '90 Syntex)

1 - Lockheed	3:39.5	Syntex (II)	1:46.0
2 - Pac*Tel	3:43.4	GE (II)	1:47.4
3 - Syntex	3:46.1	Pac*Tel	1:50.2
4 - IBM	3:49.2	IBM	1:52.1
5 - HP	4:02.2	Lockheed	1:58.7
6 - Chevron	4:03.7	Chevron	2:00.1
7 - B of A	4:04.0	SRI (II)	2:02.2
8 - GE	4:15.6	Westing.	2:05.3
9 - Westing.	4:40.0	HP	2:07.5

Final Results:

1 - Lockheed	100	4 - GE	33	7 - Apple (TB)	29	10 - B of A	26
2 - Pac*Tel	63	5 - SRI	32	8 - Syntex	29	11 - Westing.	16
3 - HP	38	6 - IBM	30	9 - Chevron	28	12 - Alza	3

6-

xpc

6th Annual Winter Corporate Relays - Feb 25, 1991

	Lockheed	HPx	PacTel	SRIx	IBMx	GE	BofA	SUN	PLANT	WAL	PHIP
1:00 3000M Mens	10 ¹⁰	4 ⁴	2 ²	7 ⁷	9 ⁰	—	—	—	8 ⁸	1 ¹	5 ⁵
1:20 2 Mile Relay	3 ¹³	—	10 ¹²	—	—	—	7 ⁷	—	5 ⁵	4 ⁵	—
1:35 3 Lap Sprint	7 ²⁰	4 ⁴	10 ²²	4 ¹¹	1 ¹	3 ³	DNF ⁷	8 ⁰	5 ¹⁰	10 ⁵	2 ⁷
1:45 Sub-Mast Dist	10 ³⁰	—	3 ²⁵	5 ¹⁶	4 ⁵	7 ¹⁰	—	2 ²	—	1 ⁶	8 ⁷
2:05 800M Womens	5 ³⁵	4 ⁸	1 ²⁶	—	10 ¹⁵	—	2 ⁹	—	7 ¹⁷	8 ⁶	3 ¹⁰
2:15 Master Relay +	7 ⁴²	—	10 ³⁶	4 ²⁰	5 ²⁰	2 ¹²	3 ¹²	DNF ²	—	1 ⁷	—
2:30 Men's Mile	10 ⁵²	5 ¹³	3 ³⁹	—	—	—	—	—	2 ¹⁹	4 ¹¹	7 ⁷
2:45 Coed/Master Mile	10 ⁶²	—	3 ⁴²	4 ²⁴	—	—	7 ¹⁹	5 ⁷	—	—	—
3:00 Womens Relay	5 ⁶⁷	2 ¹⁵	—	—	—	3 ¹⁵	4 ²³	7 ¹⁴	—	—	10 ²⁷
3:15 Sub-Mast Sprint	3 ⁷⁰	10 ²⁵	5 ⁴⁷	7 ³¹	1 ²¹	4 ¹⁹	2 ²⁵	—	8 ¹⁴	10 ¹¹	9 ²⁷
3:25 Seniors Relay	10 ⁸⁰	7 ³²	—	—	—	—	—	—	—	5 ¹⁶	—
3:40 Pyramid Relay	10 ⁹⁰	3 ³⁵	4 ⁵¹	—	1 ²²	7 ²⁶	—	—	—	5 ²⁴	2 ²⁹
3:55 Sprint Relay	10 ¹⁰⁰	3 ³⁸	7 ⁵⁸	—	4 ²⁶	8 ²⁶	1 ²⁶	5 ¹⁹	2 ²⁶	9 ¹⁶	—
4:10 Colorado Relay	3 ¹⁰³	9 ³⁹	5 ⁶³	1 ³²	4 ³⁰	7 ³³	—	10 ²⁹	2 ²⁸	8 ¹⁶	—
WORST EVENT	-3	—	—	—	—	—	—	—	—	—	—
Place	1st ¹⁰⁰	3rd ³⁸	2nd ⁶³	5th ³²	6th ³⁰	4th ³³	10th ²⁶	8th ²⁹	9th ²⁸	11th ¹⁶	7th ²⁹

1st 2nd 3rd 4th 5th 6th 7th
10-7-5-4-3-2-1

Expences =	TRACK \$175-	MAILING \$1.35
	INSURANCE \$50-	Pizza \$35-
	Awards \$129.78	Meet Day \$29-
	Pizza \$350-	Pizza
		Buttons 7.51
		INCOME = \$825-
		\$20- (ind)
		<u>\$845-</u>
		778.04

Slush + 96

6TH ANNUAL WINTER CORPORATE RELAYS TRACK MEET

When : Feb 25th 1990 (Sunday)
Where : Los Gatos High School Track
280 (N or S) to 17 (towards Santa Cruz)
Saratoga/S'Vale exit (East) and go back over freeway
R at 'T' intersection (Los Gatos Bl - signal)
Go down hill and turn R at street before LG High School
L at STOP sign and park in lot on your right
Pool is on the left; track is on the right
Time : Track 1:00 - 4:30
Track will open at 12:00 (Noon)
Awards: 4:30 at a local pizza parlour (1st place medals for all events)
Perpetual Trophies (Lockheed currently has the TRACK trophy)
Video of the Relays will be shown at the awards ceremony
Cost : \$75 (\$85 after 2/15) per team (\$10 per Individual - max 3 events)
Points: 10-7-5-4-3-2-1 (One DIVISION)
Misc : First 8 teams to sign-up & pay are eligible and given preferential
treatment over 'B' teams and 'Individuals'
Rules : BACAA - USCAA - TAC/USS
Timing: To the 10ths of a second. Each team must supply a timer and watch.
Events: No athlete may compete in more than 3 events. 'B' teams may
compete at no cost as space allows but will not be scored (unless
they pay the entry fee).
Result: Cards must be turned in immediately after each event to avoid DQ.
Info : Hank Lawson (408) 446-9063

TRACK SCHEDULE

01:00 Mens 3000M Team Race (2M ea run 3000M for team time total)
01:20 2 Mile Relay (2M alternate run 880-880-880-880)
01:35 3 Lap Sprint Relay (220-220-440-440 [min 1F])
01:45 Sub-Master Dist Relay (880-440-1320-mile all 30+ [1F & 2 @ 35+])
02:05 Women's 800M (2F each run 800M for a total team time)
02:15 Master's Relay + (880-440-880-220-220 all 40+ [1F & 1 @ 50+])
02:30 Men's Mile (2M each run a MILE for a total team time)
02:45 Coed/Master Mile (1F & 1MA ea run a mile)
03:00 Women's Relay (440-880-440)
03:15 Sub-Master Sprint Relay (220-220-440-880 all 30+ [1F & 2 @ 35+])
03:25 Senior's Relay (440-220-660 all 50+ & 1F)
03:40 Pyramid Relay (440-880-1320-880-440 [min 2F])
03:55 Sprint Relay (220-220-440-440-220-220 [2F & 1 @ 40+])
04:10 '90 event (not known at this time) 4x220 (Master (mor F) - Senior M - Open F - Open M)

NOTE: Events NOT contested are Executive & President Relay; both field events
and road races. Events requiring staggered start are 3 Lap Sprint; Sub-Mast
Sprint & Sprint Relay. All track events are finals.
Teams must supply their own batons.

Pitcher of beer for teams breaking meet records

INVOICE

Check appropriate box Team Indiv
(\$75 by Feb 15 / \$85 after Feb 15)-----

Company Name : _____

Team Contact : _____

Day Phone # : _____

Make check payable to RADAR TIMING SERVICE or HANK LAWSON

Send to: Hank Lawson by Feb 15th (or sooner)
12375 Farr Ranch Rd
Saratoga CA 95070
(408) 446-9063

(Xerox & return)

WINTER CORPORATE RELAY - MEET RECORDS

Distance Relay	36:15.0	1985	Hewlett-Packard
2 Mile Relay	??:??.	1990	???????
3 Lap Sprint	02:36.0	1985	Pacific*Telesis
Sub-Mast Dist Rel	11:37.3	1989	General Electric
800M Team Race	04:54.8	1988	Hewlett-Packard
Master's Relay	05:18.0	1985	IBM
Master's Relay +	06:42.8	1988	Lockheed
Men's Mile Team	08:39.8	1988	Lockheed
Coed Mile Team	10:47.5	1989	Lockheed
240 Shuttle Relay	:30.66	1988	Hewlett-Packard
Women's Relay	04:38.0	1985	Lockheed
	04:38.0	1988	Hewlett-Packard
Sub-Mast Sprint	03:54.1	1987	Lockheed
Senior's Relay	03:33.5	1987	Hewlett-Packard
Pyramid Relay	09:34.0	1985	IBM
	09:34.0	1988	Lockheed
Sprint Relay	03:30.2	1987	Hewlett-Packard
1990 Event	??:??.	1990	?????

RADAR

Race Day Results



RADAR TIMING SERVICE

Dear Dana :

Jan 15 1990

Thank you for taking the time to talk with me about the possibility of Dr Cookie becoming involved with the Winter Corporate Relays to be held at Los Gatos HS (home of Earthquake '89) on Sunday Feb 25th. As I mentioned before this is the 6th Annual Corporate Relays. Teams that regularly compete are:

- Hewlett-Packard
- IBM
- Lockheed
- Pacific Telesis
- General Electric
- Apple Computers ... and others.

We anticipate approximately 200-225 athletes. These people are engineer and manager types that are very aware of fitness, wellness and proper nutrition. And being very active athletes they like high energy foods. This is an ideal audience for a healthy snack food such as Dr Cookie. We have a local health food store that supplies us with Calistoga water, and after eating one of your cookies I felt that Dr Cookie would be an excellent addition. We would do the following for Dr Cookie:

- Banner in the stands during the day of the event
- Numerous 'thank you' acknowledgements during the event
- Dr Cookie would be acknowledged in the final results that get mailed out to all of the participating teams.
- A display table for the product under a tent with plenty of room for additional literature that you might want to have distributed.

I look forward to hearing from you and hope that you find the Winter Corporate Relays an event that you would like to become involved with.

Sincerley

A handwritten signature in cursive script that reads 'Hank Lawson'.

Hank Lawson

12375 Farr Ranch Rd
Saratoga CA 95070

(408) 446-9063



January 17, 1990

Hank Wasson
12375 Farr Ranch Road
Saratoga, CA 95070

Dear Hank:

Thank you for inviting Dr. Cookie Gourmet Cookies to participate in your 8th Annual Corporate Track Meet.

Due to budgetary constraints and other promotional considerations, we are unable to take advantage of this promotional opportunity.

We appreciate hearing from another "cookie lover", and wish you a very successful event!

Sincerely,

A handwritten signature in cursive script that reads "Dana M. Reynolds".

Dana M. Reynolds
Special Promotions

cc: Gail Yarnall
Exec. Vice Pres./Gen. Mgr.

DMR/slf

GENERAL MANAGER/
EXEC. VICE - PRES.
Gail Yarnall

PRESIDENT
Stephen Yarnall, M.D.

SR. VICE - PRESIDENT
Marvin Wayne, M.D.

Quadrant Business Park
18706 N. Creek Parkway
Suite 104
Seattle, WA 98011

(206) 481-2447
(800) 247-4259
FAX (206) 487-2246