

12

12
11TH ANNUAL WINTER CORPORATE RELAYS

TRACK MEET

When : Feb 26th 1995 (Sunday) RAIN or SHINE
 Where : Los Gatos High School Track
 280 (N or S) to 17 (towards Santa Cruz)
 Saratoga/S'Vale exit (East) and go back over freeway
 R at 'T' intersection (Los Gatos Bl - 2nd signal)
 Go down hill and turn R at street before LG High School (Pleasant Av)
 L at STOP sign and park in lot on your right

Time : Track (1:00 - 4:45) Cross-Country Fun Run (2.6 Mile) 12:15 PM
 Track will open at 12:00 (Noon)

Awards: 5:00 at Mt Mike's pizza parlour on Santa Cruz (1st place awards)
 Perpetual Trophy (General Electric currently has the TRACK trophy)
 Video will be shown at the awards ceremony (if I get a VOLUNTEER).

Cost : \$80 (\$90 after 2/15) per team (\$10 per individual - max 3 events)
 Points: 10-7-5-4-3-2-1 (One DIVISION) Throw out ~~worst~~ ^{two} events

Misc : First 8 teams to sign-up & pay are eligible and given preferential
 treatment over 'B' teams and 'Individuals' and are scored in X-C race.

Rules : BACAA - USCAA - TAC/USA Age: As of 12/31/95 ~~96~~

^{wcR Relay -}
 Timing: To the 10ths of a second. Each team must supply a timer and watch.
Athletes may compete in an UNLIMITED number of events

Events: No athlete may compete in more than 3 events per meet. 'B' teams may
 compete at no cost as space allows but will not be scored (unless
 they pay the entry fee).

Result: Cards must be turned in immediately after each event to avoid DQ.
 Info : Hank Lawson (408) 446-9063 hm (408) 699-2237 pager

TRACK SCHEDULE

- 12:15 Cross-Country Fun Run (2.6 Mile) non-scoring, open to EVERYONE!
- 01:00 Distance Medley Relay (1[F]-1/2-1[MA]-1-2)
- 01:45 4X110 Double Reverse Relay (4 people, min 1F, run backwards then forward)
- 01:55 3 Lap Sprint Relay (220-220-440-440 [min 1F])
- 02:05 Sub-Master Dist Relay (880-440-1320-mile all 30+ [1F & 2 @ 35+])
- 02:25 Women's 800M (2F each run 800M for a total team time)
- 02:35 Master's Relay + (880-440-880-220-220 all 40+ [1F & 1 @ 50+])
- 02:50 Men's Mile (2M each run a MILE for a total team time)
- 03:00 Kid's Run (non-scoring, open to ALL kids, 440 yards)
- 03:10 2 Mile Relay (880-880-880-880 [2 people alternate])
- 03:30 Women's Relay (440-880-440 [All female, one @ 30+])
- 03:45 Sub-Master Sprint Relay (220-220-440-880 all 30+ [1F & 2 @ 35+])
- no bold*
 04:00 **New Senior's Relay (440-220-660-440, 1F, ages total 210 years +)**
- 04:10 Decade Mile Relay (4x440, 2M & 2F [20 yrs, 30, 40 & 50+ yrs], in order)
- 04:20 Pyramid Relay (440-880-1320-880-440 [min 2F])
- 04:35 Sprint Relay (220-220-440-440-220-220 [2F & 1 @ 40+])

NOTE: Events NOT contested are Executive & President Relay, field events,
 and road races. Events requiring staggered start are 3 Lap Sprint, Sub-Mast
 Sprint, 4x220 & Sprint Relay. All track events are finals.
 Teams must supply their own batons.

Pitcher of beer for teams BREAKING meet records.

I N V O I C E

Check appropriate box Team Individ
 (\$85 by Feb 15 / \$100 after Feb 15) -----

Company Name : _____
 and ADDRESS _____

Team Contact : _____

Day Phone # : _____

Make check payable to HANK LAWSON

Send to: Hank Lawson by Feb 15th (or sooner)
 12375 Farr Ranch Rd
 Saratoga CA 95070
 hm (408) 446-9063 FAX (408) 446-9060
 pgr (408) 699-2237

(photocopy & return)

W I N T E R C O R P O R A T E R E L A Y S - M E E T R E C O R D S

Men's 3000M Team Race	17:33.7	1990	Lockheed
Distance Relay	36:15.0	1985	Hewlett-Packard
Distance Medley Relay	28:37.3	1993	SRI
2 Mile Relay	9:31.8	1990	Pacific Telesis
3 Lap Sprint	2:36.0	1985	Pacific Telesis
Sub-Master Dist Relay	11:37.3	1989	General Electric
Women's 800M Team Race	4:54.8	1988	Hewlett-Packard
Master's Relay	5:18.0	1985	IBM
Master's Relay +	6:36.4	1993	SRI
Men's Mile Team Race	8:39.8	1988	Lockheed
Box Relay	6:44.3	1991	SRI
Coed Mile Team Race	10:40.4	1992	General Electric
240 Shuttle Relay	:30.66	1988	Hewlett-Packard
Women's Relay	4:38.0	1985	Lockheed
	4:38.0	1988	Hewlett-Packard
Sub-Master Sprint Relay	3:54.1	1987	Lockheed
Senior's Relay	3:27.0	1990	Lockheed
New Senior's Relay	3:27.7	1995	??? 4:40.4 GE
4 x 220 Relay	1:46.0	1990	Syntex
Decade Mile Relay	4:40.7 4:47.2	1995 95	Syntex IBM
Pyramid Relay	9:34.0	1985	IBM
	9:34.0	1988	Lockheed
Sprint Relay	3:30.2	1987	Hewlett-Packard
4x110 Double Reverse Relay	2:26.2	1994	IBM
Executive Relay	19:20.0	1985	General Electric