

Los Gatos Hall of Fame

All-Time Track & Field Lists

(times in hundreths are electric times and times in tenths are actual hand times)
 (yards = the race was run in yards then converted (.9) to meters in 1963
 (r = relay split)
 (* =number of times making the State meet by finishing in the top 3 in CCS)
 (c =converted times from yards to meters)(100 was changed from yards to meters in 1980)
 Accomplishments are listed are: All-Americans, CCS Champions, CCS/League
 Record Holders, Placed in State, State/National Ranked, CCS All-Time Lists.

100 Meters (Hand Time Difference is .24)

1.	Jason Isaac	1994	* 10.71	#10 State Best League Record #19 on CCS All-Time List * Only 100 Sprinter that Made State #1 Junior Time in State in 1993 Mt.SAC Invitational 100 Champ
2.	Holden Smith	1975	10.5c	(9.6 yards) AAU Meet 2 nd in Junior Olympic Nationals
3.	Kale Wedemeyer	1988	10.94	
4.	Bill Fairband	1963	10.7c	(9.8 yards)
5.	Josh Ullrich	1987	11.04	
6.	Steve Neubauer	1980	10.8	
6.	Sandy Atwood	1963	10.8c	(9.9 yards)
6.	Bob Brannen	1964	10.8c	(9.9 yards)
9.	Craig Conley	1995	11.08	
10.	Brian Edwards	2000	11.11	
11.	Emerson DeLucia	1980	10.9	
11.	John Comeau	1976	10.9	
13.	David Martini	2006	11.18	
13.	Chase Kinser	2006	11.19	
15.	Dave Langlois	1978	11.0c	(10.1 yards)
15.	John Kimball	1983	11.0	
15.	Jim Upchurch	1985	11.0	
15.	Don Gaspar	2005	11.0	

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

(All official records are electric times - All past hand times are also listed)

GIRLS 100 METERS

(Hand time difference is .24)

1.	Kim Hay	1994	*	12.20	CCS CHAMPION League Record-12.22-93' 12 th Best Time at State-94' #18 on CCS All-Time List
2.	Stephanie Chavez	1995	*	11.9	CCS CHAMPION #19 on CCS All-Time List 19 th Best time in State (Best Electric Time-12.27)
3.	Deirdra Donahue	1980		12.0	#20 on CCS All-Time List (Best Electric Time-12.27)
4.	Lezli Jensen	1987		12.1	Best Dual Meet Time Ever
5.	Aly Chavez	2000		12.42	
6.	Ali Dodson	2004		12.44	
7.	Christine Reed	2006		12.46	
8.	<u>Jaimee Erickson</u>	2007		12.49	
9.	Renee Sherwood	1981,83		12.3	
9.	Renee James	1979,82		12.3	
11.	Tiffany Hackett	1988		12.58	
12.	Kristen Fumia	2000		12.59	
13.	Ally Lombardi	1994		12.61	
14.	Rose Sczawinski	1995		12.4	
14.	Heidee Ruiz	1988		12.4	
14.	Julie Kane	1989		12.64	
17.	Meghan Kirby-McFarland	2000		12.69	
18.	Paula Schmid	1977		12.5c	(11.6 yards)
19.	Mary Gonzales	2005		12.75	
20.	Stacy Kuehnis	1983		12.7	
20.	Stephanie Stewart	1977		12.7c	(11.8 yards)
22.	Suza Patteri	1986		12.96	
24.	Cheryl Parkman	2004		12.97	
24.	Lori Weinberg	1989		12.97	

* Made State Meet

(c = In 1977, the race was run in yards, then converted to meters = .9 difference)
(In 1980, 100 yards was changed to 100 meters)

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

200 METERS

1.	Jason Isaac	1994	* 21.52	#9 State Best League Record
				* Only 200 Sprinter that Made State #20 on CCS All-Time List #2 Junior Time in State 1993
2.	Kale Wedemeyer	1987	22.09	
2.	Brian Edwards	2001	22.09	
4.	Bill Fairband	1963	21.6	straight-away
5.	Don Gasper	2006	22.51	
6.	Craig Conley	1995	22.43	
7.	Brad Knott	1979,80	22.3c	(22.4 yards)
8.	Dave Langlois	1978	22.3c	(22.4 yards)
9.	Steve Neubauer	1980	22.4c	(22.5 yards)
10.	Josh Ullrich	1987	22.69	
11.	Tom Havens	1981	22.5c	(22.6 yards)
11.	Pat Weinert	1964	22.5c	(22.6 yards)
13.	Al Blaisdell	1979	22.6c	(22.7 yards)
13.	Bob Wood	1965	22.6c	(22.7 yards)
15.	Chase Kinser	2006	22.91	
16.	Brent Hedgpeth	1992	22.93	

(Ken Stryker 1955 22.4y straight-away = .5 added on turn)
(The straight-away 200's were changed to the curve in 1964)

(c = .1 was subtracted from 220 yards to 200 meters in races earlier than 1982)

ALL-TIME TOP 200 METER SPLITS FROM RELAY RACES

1-	Kale Wedemeyer	1988	21.7r	
2-	Josh Ullrich	1987	22.4r	
3-	Rob McCormick	1987	22.5r	
4-	Steve Neubauer	1980	22.6cr	(22.7 yards)
5-	Brian Edwards	2001	22.7ri	(indoors)
5-	Mark Dadgar	1987	22.7r	
7-	John Bastiani	1994	22.8r	
7-	Greg Yap	1991	22.8r	
9-	Josh Hamilton	1991	22.9r	
9-	Joe Hasty	1990	22.9r	

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

GIRLS 200 METERS

1.	Stephanie Chavez	1995	* 24.88	CCS CHAMPION
				* Only 200 Sprinter that Made State #19 on CCS All-Time List
2.	Ali Dodson	2004	25.18	
3.	Ally Lombardi	1995	25.24	
4.	Deirdra Donahue	1980	25.0c	(25.1 yards)
5.	Kim Hay	1993	25.43	
6.	Rose Sczawinski	1995	25.50	
6.	Aly Chavez	2000	25.52	
8.	Tiffany Hackett	1990	25.63	
9.	Renee James	1982	25.4c	(25.5 yards)
10.	Lezli Jensen	1987	25.79	
11.	Renee Sherwood	1982,83	25.6c	(25.7 yards)
12.	Lori Weinberg	1990	25.99	
13.	Heidee Ruiz	1985	25.8c	(25.9 yards)
14.	Sammi Moser	2006	26.00	
15.	Jody Campbell	1990	26.05	
16.	Jaimee Erickson	2005	26.13	
17.	Karrie Rexford	1986	26.19	

(c = .1 was subtracted from 220 yards to 200 meters in races earlier than 1983)
(w = wind-aided)

ALL-TIME TOP 200 METER SPLITS FROM RELAY RACES

1-	Stephanie Chavez	1996	24.8r	
2-	Tiffany Hackett	1988	25.1r	
3-	Lezli Jensen	1987	25.2r	
4-	Julie Kane	1989	25.4r	
5-	Aly Chavez	2001	25.5r	
6-	Tina Farnady	1992	25.7r	
7-	Rose Sczawinski	1994	25.9r	
8-	Carolyn Penner	2001	25.9ri	(indoors)
9-	Ally Lombardi	1995	26.0r	
9-	Lora Weinberg	1991	26.0r	
11-	Karrie Rexford	1985	26.1r	
11-	Ali Dodson	2002	26.1r	
13-	Heidee Ruiz	1987	26.2r	

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

400 METERS

(c=.3 converted from 440 yards to 400 meters earlier than 1980)

1.	Don Gaspar	2005	*	48.49	CCS CHAMPION
					9 th in State, #18 CCS All-Time List
2.	Brian Edwards	2001	**	48.73	CCS CHAMPION
					#20 on CCS All-Time List
					** Only 400 Runner to make State Twice
3.	Peter Cifelli	1995		49.30	F/S School Record - 50.83
4.	Eric Wendling	1986		49.37	Fastest Ever 400 after an 800
5.	Greg Yap	1991		49.65	
6.	Jason Issac	1994		49.94	
7.	Kale Wedemeyer	1987		49.98	
8.	Brad Knott	1980		49.9c	(50.2 yards)
9.	Joe Sordi	1983		50.2	
10.	Bob Smith	1973		50.2c	(50.5 yards)
11.	Tom Havens	1981		50.4	(50.1r)
12.	Jim Vaughan	1972		50.4c	(50.7 yards)
12.	Doug Robertson	1957		50.4c	(50.7 yards)
14.	Preban Sperling	1985		50.5	
14.	Bart Stafford	1981		50.5	
14.	Larry Lindsay	1951		50.5c	(50.8 yards) NCS CHAMPION
17.	Scott Oliver	1980		50.7c	(51.0 yards)
18.	Sean Daley	1979		50.8c	(51.1 yards)

ALL-TIME TOP 400 METER SPLITS FROM ALL RELAY RACES

1-	Jason Isacc	48.1r	1994		
2-	Peter Cifelli	48.4r	1995		
3-	Brian Edwards	48.5r	2001	(50.7 - 1999 - Top F/S Split)	
4-	Beebe Rutledge	48.6r	1996		
5-	Matt Bates	48.7r	2001		
6-	Chad Blanchard	49.0r	2004		
7-	Tom Newman	49.2r	1996		
8-	Nathan Young	49.5r	2004		
9-	Joe Sordi	49.6r	1983		
10-	Craig Conley	49.6r	1995		
10-	Brad Knott	49.6r	1980		
12-	Eric Wendling	49.8r	1986		
13-	Greg Yap	49.9r	1990 / 91	13- Preban Sperling	49.9r 1985
13-	Nick Green	49.9r	1991	16- Jeff Hoefft	50.0r 2001
13-	Kale Wedemeyer	49.9r	1988	16- Bart Stafford	50.0r 1984

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

GIRLS 400 METERS

1.	Stephanie Chavez	1997	56.13	#11 State Best #17 on CCS All-Time List
2.	Lezli Jensen	1987	56.30	#10 State Best #20 on CCS All-Time List
3.	Rose Sczawinski	1996	* 56.73	* Only 400 Runner to make State
4.	Ali Dodson	2004	56.75	
5.	<u>Jaimee Erickson</u>	2007	57.77	
6.	Sammi Moser	2006	57.99	
7.	Carolyn Penner	2000	58.06	Frosh Record
8.	Ally Lombardi	1994	58.21	
9.	Lora Weinberg	1990	58.24	
10.	Ashley Caldwell	2002	58.32	
11.	Aly Chavez	2000	58.54	
12.	Caroline Stege	2004	58.60	
13.	Genevieve Farnady	1988	58.83	
14.	Tina Farnady	1991	58.87	
15.	Laura Henry	1984	58.8	
16.	Karrie Rexford	1986	59.04	
17.	Simone Drucker	2000	59.32	
18.	Stacy Kuehnis	1984	59.3	
19.	Renee Sherwood	1983	59.3	
20.	Kim Veeder	1993	59.47	
21.	Imma Oosterkamp	1989	59.5	
22.	Suzanne Slivkoff	1979	59.5c	(59.8 yards)

ALL-TIME TOP 400 METER SPLITS FROM ALL RELAY RACES

1-	Stephanie Chavez	1997	55.0r	15-	Carolyn Penner	2002	58.2r
1-	Lezlie Jensen	1987	55.0r	15-	Renee Sherwood	1983	58.2r
3-	Ashley Caldwell	2001	56.0r	17-	Amy LaPine	1999	58.4r
4-	Ali Dodson	2004	56.1r	18-	Meghan Kirby	2001	58.6r
5-	Heather Hennessy	2000	56.7r	18-	Tina Farnady	1994	58.6r
6-	Christine Jones (#1 Frosh)	2003	56.7r	20-	Kim Hay	1993	58.7r
7-	Rose Sczawinski	1995	56.8r	21-	Aly Chavez	2000	58.8r
8-	<u>Jaimee Erickson</u>	2007	57.1r	21-	Tiffany Hackett (#1 Dual Split)	1988	58.8r
9-	Lora Weinberg	1990	57.3r	21-	Karrie Rexford	1988	58.8r
10-	Sammi Moser	2006	57.4r	24-	Simone Drucker	2000	58.9r
11-	Stacy Kuehnis	1984	57.5r	24-	Genevieve Farnady	1990	58.9r
12-	Ally Lombardi	1994	57.6r	26-	Caroline Stege	2004	59.1r
13-	Kim Veeder	1993	57.8r	27-	Lina Biber-Ferro	1996	59.2r
14-	Laura Henry	1984	57.9r				

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

(c=.7 subtracted from 880y to 800m before 1982)

800 METERS

*Times made the State Meet.

1.	Beebe Rutledge	1996	*	1:51.83	6th Best Time in Nation 5th in Golden West Nationals #7 on CCS All-Time List Youth 800/1500 Junior Olympic National Champion in 1994
2.	Matt Bates	2001	**	1:52.25	Indoor ALL-AMERICAN CCS CHAMPION in 2000 & 2001 7th Best Time in Nation - 2001 2nd-Indoor Nationals -1:53.42 3rd Best Time in USA Indoors 3rd in State 2001 - #13 CCS All-Time
3.	Scott Oliver	1980	*	1:53.6	CCS CHAMPION 9th Best Time in State Broke 36 Year Old School Record
4.	Bob Chambers	1944	*	1:53.7c	(1:54.4 yards) All-American Tied National Record-State Record N.Coast Section CHAMPION AAU STATE CHAMPION 36 Year Old School Record 5th in 1948 Olympic Games
5.	Tom Newman	1996	*	1:54.11	6th in State
6.	Chad Blanchard	2003	*	1:54.12	7th in State
7.	Eric Wendling	1987		1:54.6	
8.	Nick Green	1991	*	1:55.08	CCS CHAMPION
9.	Matt Tielemans	1960		1:55.8c	(1:56.5 yards)
10.	<u>Jon Berthet</u>	2007		1:55.90	
11.	Kevin Baiko	1987		1:56.3	
12.	Steve Britton	1981		1:56.7c	(1:57.4 yards)
12.	<u>Dane Sawyer</u>	2007		1:56.86	
14.	Gary Yokota	1983		1:56.9	
15.	Jon Mann	1980		1:57.0c	(1:57.7y)#1 Frosh-F/S CCS Champ)
16.	Ben Backhouse	1987		1:57.5	
16.	Don Gaspar	2005		1:57.62	
18.	Nathan Young	2004		1:57.92	
18.	Pete Franusich	1969		1:57.9c	(1:58.6 yards)
20.	Jeff Hoefft	1999		1:58.0	#1 Soph Time in LG History

Jon Mann 1980-1:57.0 Frosh Record, F/S CCS Champ, moved to Boston- ran 1:49.5-1983-#3 in USA
 Bob Chambers - Won the AAU Meet in 1944, which replaced the State Meet during World War II.
 36 year old School Record, the longest held record in LG History. Tied National Record - State Champ

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

GIRLS 800 METERS

* Times Made the State Meet

1. Heather Hennessy 2000 ** 2:07.73 CCS CHAMPION
Golden West National Champion
All-American / #1 American
#1 Time in State-2000/USA Top Returnee-2001
#3 on CCS All-Time List - Fastest since 77
2. Ashley Caldwell 2002 ** 2:09.49 4th-State / 3rd Jr. Nationals
Junior All-American
3rd-Golden West / #6 in Nation
2nd-CCS / #8 on CCS All-Time List
5th-Indoor Nationals - #1 in State
2:11.80i - Best Ever Indoors
3. Stephanie Chavez 1997 * 2:10.63 CCS CHAMPION
3rd in State / H.M.All-American
#6 in Nation / 4th at Arcadia
#14 on CCS All-Time List
4. Christine Jones 2003 * 2:12.18 9th Place in State
Frosh Record – States #2 Frosh
#6 Best Frosh in Nation
#5 Best Frosh in CCS History
5. Carolyn Penner 2002 * 2:14.66 3rd in CCS - 2002
6. Laura Henry 1984 * 2:14.7 9th Best Time in State
* (Nor.Cal. Instead of State in 1984)
7. Valerie Eberly 1973 2:14.9 (AAU Meet)
8. Lina Biber-Ferro 1996 ** 2:15.29 CCS CHAMPION, #9 State Best
9. Callie Mulgannon 2007 2:15.37
10. Samantha Peppard 2007 2:15.38
11. Anne Slivkoff 1974 2:15.3 (2:16.0y - AAU Meet)
12. Ally Lombardi 1996 * 2:15.67 10th in State
13. Amy LaPine 1998 * 2:15.94
14. Therese Fisher 1982 2:16.9
14. Genevieve Farnady 1988 * 2:16.9
16. Meg Veeder 1991 ** 2:17.1 CCS CHAMPION-1st Ever Frosh
17. Gail Parker 1981 2:17.6
18. Miranda Middlecoff 1992 2:19.6
19. Debbie Morris 1980 2:19.9c (2:20.7 yards)
20. Michelle Beritzhoff 1999 - 2:20.1 (Best Ever Dual Meet-800)
21. Ashley Benson 2004 - 2:20.27

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

1600 METERS (Mile)

* Made State Meet

1.	Paul Cox	1980	*	4:11.9c	(4:13.4-Mile) 7th in State League Record #19 on CCS All-Time List
2.	Matt Bates	2001	*	4:12.94	CCS CHAMPION 2nd Best Time in State
3.	Scott LaForce	1986	*	4:13.7	7th in Golden West Nationals
4.	Russ Martin	2001	*	4:16.63	11th Best Time in State
4.	Brian Bergstrom	1981		4:16.6c	(4:18.1-Mile) F/S CCS Champion
5.	Tom Tatum	1974		4:18.1c	(4:19.6-Mile)
6.	Beebe Rutledge	1996		4:19.7	
7.	Peter Carter	1996		4:19.9	Frosh Record- 4:26.4c - 1994
8.	Pat Moreton	1978		4:20.5c	(4:22.0-Mile)
9.	Jim Mellema	1981		4:21.5c	(4:23.0-Mile)
10.	<u>Dylan Shawhan</u>	2007		4:22.27	
11.	Matthew Petrillo	2006		4:22.71	
11.	Chris Castro	1976		4:22.5c	(4:24.0-Mile)
13.	Pete Franusich	1969		4:23.3c	(4:24.8-Mile)
14.	Seth Smart	2005		4:24.77	
15.	Tom Newman	1996		4:23.4	
15.	Zack Regner	1999		4:23.4	
17.	Tomas Viramontes	2001		4:25.38	
18.	Rudy Rucker	1990		4:24.6c	(4:26.1-Mile)
19.	Vance Eberly	1977		4:25.3c	(4:26.8-Mile)
19.	Mark Harries	1979		4:25.3c	(4:26.8-Mile)
21.	Andreas Judas	1985		4:26.4c	(4:27.9-Mile)
22.	John Clark	1980		4:26.5c	(4:28.0-Mile)

Bob Chambers ran 4:31.0 - Mile in 1944. His School Record held for 25 years, until 1969.

(c = subtract 1.5 from Mile to equal 1600 meters)

1500 METERS

1-	Scott LaForce	1986	3:55.9	
2-	Paul Cox	1981	3:57.7	
3-	Eric Wendling	1986	4:02.0	
4-	Brian Bergstrom	1981	4:03.6	-(F/S School Record - 4:07.8 - 1980)
5-	Ben Backhouse	1987	4:11.7	8- Matthew Petrillo 2006 4:14.45
6-	Andy Burich	2006	4:13.85	9- Ben Abeln 1994 4:14.8
7-	Phil Cox	1987	4:13.9	10- Jim Mellema 1981 4:15.0

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

GIRLS 1600 (Mile)

* Made State Meet

1.	Ashley Caldwell	2002	*	4:54.01c	(4:55.71-Mile)	
						State Leader at Time of Record
						5th Best Time in State
						#20 on CCS All-Time List
2.	Heather Hennessy	2000		4:58.16		6th Best Time in State
3.	Valerie Eberly	1973		4:58.6c	(5:00.3-Mile-AAU)	
4.	Kaela Townsend	2007		5:02.99		
5.	Debbie Morris	1981	*	5:03.5c	(5:05.2-Mile)	7th in State
						*(1st Girls Runner in State in LG History)
6.	Michelle Beritzhoff	2002		5:06.06		
7.	Therese Fisher	1982	*	5:06.0c	(5:07.7-Mile-Frosh Record)	
						*(Made Nor. Cal. Instead of State in 1983)
8.	Jill Goodwin	2006		5:06.59ci		School Record Indoors
						(5:08.29-Mile Indoors)
9.	Miranda Middlecoff	1992	*	5:06.5c	(5:08.2-Mile)	
10.	Erin Fabris	2007		5:09.93		
11.	Jeanne Fishback	1997	*	5:10.9		
12.	Monica Daley	1986		5:11.9c	(5:13.6-Mile)	
13.	Christine Jones	2003		5:12.82		
14.	Erica Williams	2003		5:13.49ci	(5:15.19-Mile Indoor #2 All-Time)	
15.	Stephanie Chavez	1997		5:13.9		
16.	Holly Malander	1993		5:14.0		
17.	Cathy Landers	1993		5:16.5		
18.	Lina Biber-Ferro	1998		5:16.7		
19.	Laura Henry	1984		5:18.2		
20.	Nan Hicks	1979		5:19.2c	(5:20.9-Mile)	
21.	Amy LaPine	1998		5:19.5		
22.	Lynsey Harris	2001		5:19.5		

(Therese Fisher ran a 5:05.3-Mile as an 8th Grader in 1981 in a AAU Meet)
(c=1.7 was subtracted from the mile to convert to 1600 meters) (i=indoors)

GIRLS 1500 METERS

1-	Valerie Eberly	1973	4:38.1	7-	Erin Fabris	2007	4:50.11
2-	Kaela Townsend	2007	4:44.14	8-	Therese Fisher	1982	4:50.3
3-	Debbie Morris	1981	4:45.6	9-	Lina Biber-Ferro	1998	4:53.3
4-	Michelle Beritzhoff	2000	4:45.99	10-	Jill Goodwin	2006	4:54.32
5-	Laura Henry	1984	4:47.0	11-	Holly Malander	1994	4:56.2
6-	Monica Daley	1986	4:47.9	12-	Genevieve Farnady	1988	4:59

LOS GATOS HALL of FAME ALL-TIME TOP SPLITS
800, 1200, and 1600 TOP SPLITS From
Sprint & Distance Medleys, 4x800 & 4x1600 Relays

BOYS 800 Splits

1- Beebe Rutledge	1996	1:53.7r
2- Scott Oliver	1980-1:54.0cr (1:54.7y)	
3- Eric Wendling	1986	1:55.6r
4- Scott LaForce	1986	1:56.5r
5- Tomas Viramontes	2001	1:57.3r
6- Tom Newman	1996	1:57.5r
7- Matt Bates	2001	1:57.6r
8- Jim Mellema	1981-1:58.5cr (1:59.2y)	
9- Kevin Baiko	1986	1:58.7r
10- Tomas Blomquist	1989	1:59.9r

(cr = converted from 880 yards to 800 Meters=.7)

BOYS 1200 Splits

1- Matt Bates	2001	3:05.5r
2- Russ Martin	2001	3:08.6r
3- Brian Bergstrom	1981	3:09.5r
4- Tom Newman	1996	3:11.1r
5- Eric Wendling	1985	3:11.4r
6- Steve Barth	1985	3:14.0r
7- Zach Regner	1999	3:16.9r
8- Peter Carter (1994) & Tomas Viramontes (2000)	at 3:18.0r	

BOYS 1600 (Mile) Splits

1- Paul Cox	1981	4:14.5cr (4:15.9y)
2- Matt Bates	2001	4:15.1r
3- Scott LaForce	1986	4:17.0cr (4:18.4y)
4- Russ Martin	2001	4:23.5r
5- Tomas Viramontes	2001	4:24.8r
6- Beebe Rutledge	1996	4:24.9r
7- Brian Bergstrom	1980	4:25.0cr (4:26.4y)
8- Kevin Baiko	1986	4:28.2cr (4:29.6y)
9- Eric Wendling	1986	4:28.2cr (4:29.6y)

(cr = converted from Mile to 1600 Meters=1.4)

GIRLS 800 Splits

1- Ashley Caldwell	2002	2:10.7r
1- Ashley Caldwell	2001	2:12.8ri
2- Stephanie Chavez	1997	2:15.5r
3- Heather Hennessy	1999	2:16.8r
4- Carolyn Penner	2002	2:16.9ri
5- Genevieve Farnady	1988	2:18.9r
6- Meg Veeder	1993	2:18.9r
7- <u>Callie Mulgannon</u>	2007	2:19.3r
8- Miranda Middlecoff	1992	2:19.6r
9- <u>Sam Peppard</u>	2007	2:19.7r
10- Christine Jones	2003	2:19.8r

(2 at 2:19.9r – Lina Biber-Ferro & Aly Lombardi – 1996)

Girls 1200 Splits

1- Ashley Caldwell	2002	3:35.5r
2- Michelle Beritzhoff	2002	3:44.8r
3- Christine Jones	2003	3:45.5r
4- <u>Kaela Townsend</u>	2007	3:49.8r
5- Lynsey Harris	2001	3:50.9r
6- Holly Malander	1993	3:52.0r
7- Jill Goodwin	2006	3:52.4r
8- Monica Daley	1984	3:58.8cr
9- Cathy Landers	1994	3:59.5r
10- Gail Parker	1981	3:59.9cr

(cr = converted from 1320 yards to 1200 meters=.11)

GIRLS 1600 (Mile) Splits

1- <u>Kaela Townsend</u>	2007	5:08.3r
2- Jill Goodwin	2006	5:09.3r
3- Ashley Caldwell	2002	5:10.9ri
4- Miranda Middlecoff	2006	5:12.6r
5- Michelle Beritzhoff	2001	5:14.5r
6- Holly Malander	1993	5:14.9r
7- Debbie Morris	1981	5:16.0r
8- Christine Jones	2003	5:16.1r
9- <u>Erin Fabris</u>	2007	5:16.7r
10- Darcy Parker	1988	5:19.1r

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

3200 (2 Mile)

1.	Scott LaForce	1986	*	9:03.88c	(9:07.06-2 Mile)
					7th in State
					* Only 2-Miler that Made State #15 CCS All-Time List
2.	Paul Cox	1980		9:06.8c	(9:10.0-2 Mile)
3.	<u>Matthew Petrillo</u>	2007		9:14.40	
4.	Russ Martin	2001		9:17.46	(Frosh Record-9:40.4-1998)
4.	Brian Bergstrom	1982		9:17.4c	(9:20.6-2 Mile)
6.	Darryl Grimm	1981		9:25.1c	(9:28.3-2 Mile)
7.	Matt Bates	2000		9:26.60	
8.	John Clark	1981		9:29.6c	(9:32.8-2 Mile)
9.	Tomas Viramontes	2000		9:31.91	
10.	Tom Tatum	1974		9:34.0c	(9:37.2-2 Mile)
11.	<u>Michael Johnson</u>	2007		9:34.91	
12.	Pat Moreton	1978		9:35.9c	(9:39.1-2 Mile)
13.	Phil Cox	1987		9:36.6c	(9:39.8-2 Mile)
14.	Eric Wendling	1984		9:38.3c	(9:41.5-2 Mile)
15.	Brian Stannard	1993		9:39.8c	(9:43.0-2 Mile)
16.	Doug Dynes	1978		9:42.9c	(9:46.1-2 Mile)
17.	Lewis Isbell	1984		9:43.2c	(9:46.4-2 Mile)
17.	Greg Geldman	2004		9:43.38	
19.	James Metcalf	1989		9:43.9c	(9:47.1-2 Mile)
20.	Matt Wool	1978		9:44.5c	(9:47.7-2 Mile)
21.	Loren Hill	1980		9:44.8c	(9:48.0-2 Mile)
22.	Vance Eberly	1975		9:45.0c	(9:48.2-2 Mile)
22.	Greg Pujol	1975		9:45.0c	(9:48.2-2 Mile)
23.	<u>Andy Burich</u>	2007		9:46.43	
24.	Pat More	1986		9:47.0c	(9:50.2-2 Mile)
25.	Jack Middlebrooks	1992		9:49.8c	(9:53.0-2 Mile)
26.	Seth Smart	2005		9:51.81	
27.	Zack Regner	1999		9:52.0	

TOP 2 INDOOR 2-MILES: Scott LaForce 9:32.8i - 1986; Russ Martin 9:34.78i - 2001

TOP 3000 Times: **Matthew Petrillo** 8:45.11; Russ Martin 8:47.73 - 2000; **Michael Johnson** 9:05.27
Andy Burich 9:05.52; Brian Stannard 9:07.2 -1994, James Metcalf 9:07.8 - 1989; C.Watts 9:21.1-1994

TOP 5000 TIMES: **Matthew Petrillo** 15:17.11; John Clark 15:51.3 - 1981; Brian Stannard 16:01.3-
1993. (Scott LaForce ran 14:51-3 mile, 15:24-3000 in 1985, when he won CCS in Cross Country)

(c = 3.2 was subtracted from 2 miles to convert to 3200 meters)

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

GIRLS 3200 (2-Mile) (c= 3.6 was subtracted from 2mile time to equal 3200)

1.	Valerie Eberly	1973	10:36.4c	(10:40.0-2 Mile)
				AAU ALL-AMERICAN #13 on CCS All-Time List #1 Best Time in State Former CCS Record Holder
2.	Miranda Middlecoff	1992	* 11:01.9	CCS CHAMPION 8th in State Frosh Record * Only 2 Miler that Made State 2nd Freshman Ever to Win CCS
3.	Therese Fisher	1982	11:10.6c	(11:14.2-2 Mile)
4.	<u>Kaela Townsend</u>	2007	11:13.51	
5.	Monica Daley	1984	11:16.9	
6.	<u>Paige Knudsen</u>	2007	11:19.40	
7.	Jill Goodwin	2006	11:21.09	
8.	Debbie Morris	1981	11:24.3c	(11:27.9-2 Mile)
9.	Sara Hartman	1986	11:25.9	
10.	Michelle Beritzhoff	2001	11:30.9	
11.	Mallory Thornton	2000	11:31.51	
12.	Jeanne Fishback	1997	11:31.4	
13.	Stephanie Hartman	1986	11:32.0	
14.	Sarah High	1998	11:32.8	
15.	Ariana Nicewonger	2004	11:34.65	
16.	Laura Henry	1983	11:36.2	
17.	Sarah McAleer	1997	11:36.5	
18.	Holly Malander	1992	11:37.4	
19.	Gail Parker	1980	11:37.4c	(11:41.0-2 Mile)
20.	Misty Kalomiras	1990	11:38.3	
21.	Maria Stephens	1981	11:45.4c	(11:49.0-2 Mile)
22.	Erica Williams	2002	11:51.28	
23.	Kim Mygatt	1981	11:53.4c	(11:57.0-2 Mile)
24.	Ann Wimmer	1984	11:56.3c	(11:59.9-2 Mile)

TOP 3000 TIMES: 1- Valerie Eberly 10:10.2 1973
 2- Miranda Middlecoff 10:21.3 1993 3- Therese Fisher 10:30.2 1982
 4- Monica Daley 10:35.7 1985 5- Paige Knudsen 10:46.43 2007
 6- Jill Goodwin 10:48.74 2007 7- Ariana Nicewonger 10:55.02 2005
 TOP 5000 Time: 1- Paige Knudsen 18:46.73i 2007 (Indoor School Record)

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES 110 METER HIGH HURDLES

1.	Mitch Mandich	1966	14.3c	(14.4 yards)	
					Oldest Current School Record of 37 Years
2.	Tim Stafford	1976 *	14.4c	(14.5 yards)	
					* Only High Hurdler that Made State
3.	Tom McGraw	1981	14.7		
4.	Jon Noble	1991	14.99		
5.	Greg Fry	1989	15.04		
6.	Johan Ahlin	1982	14.9		
7.	Seung Lee	2001	15.20		
8.	Ray Stafford	1981	15.0		
8.	Kevin Rankin	1986	15.24		
8.	Sean Daley	1979	15.0c	(15.1 yards)	
11.	Dick Harding	1960	15.1c	(15.2 yards)	
11.	Dave Gross	1984	15.1		
13.	Lane Freestone	1974	15.2c	(15.3 yards)	
14.	Ron Azevedo	1965	15.3c	(15.4 yards)	

Shawn Collins-1986 ran 15.80 42" College High Hurdles in Jr. Nationals Decathlon (c = .1 was subtracted to convert 120 yards to 110 meters, which started in 1981)

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES GIRLS 100 HURDLES (33") 1993 Start

1.	Kim Veeder	1993	15.31		
2.	Caroline Schloesser	1995	16.01		
3.	Racine Lewin	2000	16.03		
4.	Christine Reed	2007	15.9 (16.14c)		
5.	Ester Chin	1993	16.40		
6.	Sally Stanton	2002	16.3		
7.	Tamra Livers	1993	16.63	11. Jaimee Erickson	2004 17.18
8.	Jackie Wirz	1994	16.69	12. Monica Rude	2004 17.28
9.	Karisse Leis	1997	16.7	13. Christine Scales	2007 17.57
10.	Kristen Turner	2000	17.06	14. Cristi Tumason	1993 17.67

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

GIRLS 100 HURDLES (30") (30" Ended in 1992)

1.	Stacy Kuehnis	1986	* 14.21	CCS CHAMPION #9 Best in State #10 on CCS All-Time List
2.	Heidee Ruiz	1988	14.89	
3.	Kim Veeder	1992	15.08	
4.	Kathi Maino	1979	14.9c	(15.0 yards)
5.	Kelly Cummins	1984	15.18	
6.	Heidi Brink	1988	15.19	
7.	Tina Tyrchan	1991	15.31	
8.	Julie Kane	1988	15.67	
9.	Ester Chin	1992	16.15	
10.	Cristi Tumason	1992	16.55	
10.	Michelle Spomer	1984	16.4	
12.	Sandy Steele	1979	16.6c	(16.7 yards)
13.	Michelle Foster	1981	16.7	
14.	Suzi Davis	1983	16.8	
15.	Diane Oswalt	1980	17.1c	(17.2 yards)

* Only 100 Hurdler that Made State

(c=100 Hurdles went from yards to meters in 1981)

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

300 YARD LOW HURDLES (Low Hurdles ended in 1982)

1.	Joe Sordi	1983	* 38.1	* Made Nor.Cal. Instead of State Trials
2.	Sean Daley	1979	38.6	
3.	Ray Stafford	1980	39.1	
4.	Johan Ahlin	1982	39.5	
5.	Scott Oliver	1980	39.6	
6.	Ed Comeau	1979	39.8	
7.	Rob Comeau	1976	39.9	
8.	Tim Stafford	1976	40.0	
9.	Charles Copenhavor	1980	40.0	
10.	Dave Gross	1984	40.4	
10.	Hal Carroll	1974	41.2	
12.	Lane Freestone	1974	41.4	

(c = .2 conversion from 330 yards to 300 meters)

(Bob Ray * Made State in 1972 in 180 Yard Low Hurdles in 19.3)

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

300 METER INTERMEDIATE HURDLES

(Intermediate Height Started in 1983)

1.	Greg Fry	1989	39.35	
2.	Manual Austin	1996	39.44	
3.	Joe Sordi	1983	39.2c	(39.4 yards)
4.	Craig McCormick	1989	39.68	
5.	Jon Noble	1991	* 39.88	* Only Intermediate Hurdler that Made State in L.G. History
6.	Seung Lee	2001	41.5	
7.	Jarrod Pagan	1994	42.04	
8.	Payam Mokhtari	2001	42.43	
9.	Brett Althoff	1987	42.44	
10.	Aaron Reed	1985	42.0c	(42.2 yards)
11.	Scott Capifoni	1985	42.2c	(42.4 yards)
12.	Dave Gross	1984	42.4c	(42.6 yards)
13.	Tyler Oosterkamp	1989	42.74c	(42.94 yards)
14.	Jay Icaza	1984	42.9c	(43.1 yards)
15.	Michael Scales	2006	43.19	
16.	<u>Jeremy Kemp</u>	2007	43.20	
17.	<u>Porter Holcomb</u>	2007	43.33	
18.	<u>Christian Cusella</u>	2007	43.1	(43.51 meters)
19.	Jon Mitsunaga	1990	43.74c	(43.94 yards)
20.	<u>Chris Reuter</u>	2007	43.83	
21.	Brandon Vance	1991	44.37	
22.	Ted Wood	1987	44.8c	(45.0 yards)
23.	Jeff Mitsunaga	1988	45.01c	(45.21 yards)
24.	Mark Magee	1988	45.13c	(45.33 yards)

(The change from 330 yards to 300 meters was in 1988)

(c = converted from 330 yards to 300 meters - .2 tenths)

LOS GATOS HALL OF FAME ALL-TIME TOP TIMES

GIRLS 300 METER LOW HURDLES

(Intermediate Height Started in 1983)

1.	Stacy Kuehnis	1985	*	43.92	CCS CHAMPION / #5 in State * Made Nor.Cal. Finals instead of of the State Trials in 1984 #18 on CCS All-Time List 1st CCS Champ in LG History
2.	Kim Veeder	1994	***	44.42	CCS CHAMPION League Record 6th Place in State Finals *** Only hurdler in State 3 times
3.	Christine Reed	2006		45.04	10 th Place in State
4.	Suzi Davis	1983		45.6c	(45.8 yards) Frosh Record 2nd Best Freshman in Nation (15 states ran the 300 LH)
5.	Heidi Brink	1990		45.94	
6.	Sally Stanton	2003		46.02	
7.	Kelly Cummins	1984		47.1c	(47.3 yards)
8.	Racine Lewin	2000		47.12	
9.	Monica Rude	2004		47.99	
10.	Amy LaPine	1998		47.9	
10.	Kathi Maino	1981		47.9c	(48.1 yards)
12.	Julie Kane	1989		48.24	
13.	Karisse Leis	1997		48.9	
14.	Ester Chin	1992		49.38	
15.	Gail Parker	1981		49.1c	(49.3 yards)
16.	Jackie Wirz	1994		49.48	
17.	Karen Nelson	1984		49.4	
18.	Misty Kalomiras	1989		49.72	
19.	Kristen Turner	2001		49.81	
20.	Cristi Tumason	1993		49.94	
21.	Jamie Wyatt	1982		49.9c	(50.1 yards)

(Heidee Ruiz - 1985 - 49.1 relay split)

(c = .2 conversion from 330 yards to 300 meters starting in 1989)

LOS GATOS HALL of FAME ALL-TIME TOP MARKS

POLE VAULT

* Years of Making State Meet

- | | | | | | |
|-----|-------------------------|---------|----|------------|--|
| 1. | <u>Nico Weiler</u> | 2007 | * | 17' 6 1/4" | State & CCS Champion
National Indoor Champion-16' 6"
State Meet Record-17' 2"
CCS Record
#2 Best in Nation / 2 nd at Arcadia
Indoor/Outdoor All-American
1 st in Meet of Champions |
| 2. | Brandon Vance | 1993 | ** | 16' 3" | 8th Best in Nation
#4 on CCS All-Time List
3rd in Indoor Nationals
Indoor/Outdoor All-American
**Only Vaulters that Made State Twice
Arcadia National Invit. Champ/Mt.SAC Invit. Champ |
| 3. | Ivar Moen | 1984 | * | 16' 2" | State & CCS CHAMPION
ALL-AMERICAN
4th in Golden West Nationals
#5 on CCS All-Time List
Arcadia National Invit. Champ |
| 4. | Kevin Rankin | 1986 | * | 16' 0" | CCS CHAMPION
#10 Best in Nation / 4 th Best in State
#9 on CCS All-Time List |
| 5. | Chris Little | 2004 | * | 15' 4" | CCS Champion / #4 in State |
| 6. | Pat Parker | 1984 | | 15' 0" | |
| 6. | Andy Sythe | 1982 | * | 15' 0" | 5th Place in State |
| 8. | Shawn Collins | 1986 | | 14' 11" | |
| 9. | <u>Ryan Van Niekerk</u> | 2007 | | 14' 7" | |
| 10. | Tom McGraw | 1980,81 | | 14' 6" | |
| 10. | Rich Nemeth | 1979 | | 14' 6" | |
| 10. | Bill Cotton | 1979 | | 14' 6" | |
| 13. | Kent Kappen | 1989 | * | 14' 4" | |
| 14. | Tom Shuler | 1975 | | 14' 0" | |
| 16. | Brian Allgaier | 1985 | | 13' 8" | |
| 17. | Dominic Yannoni | 1985 | | 13' 8" | |
| 18. | Jay Icaza | 1983 | | 13' 6" | |
| 19. | Sam Hawkes | 1979 | | 13' 6" | |
| 20. | Dave Morena | 1972 | | 13' 6" | |
- (Frosh Record - Don Hilliker 1997 12' 6")

LOS GATOS HALL of FAME ALL-TIME TOP MARKS

LONG JUMP

1.	Bret Woods	1977	23' 10 1/2"	#6 State Best #11 on CCS All-Time List
2.	<u>Kevin Rutledge</u>	2007	23' 2"	*Made State Meet ,21'7" – Soph 06' 20' 9¼" – Frosh 05'
3.	Andy Sythe	1982	22' 9 3/4"	F/S School Record 22'2"-1980 6 th -Jr. Olympic Nationals -1981
4.	Max Sparrer	1962	22' 8 1/4"	
5.	Manny Dias	1994	22' 3 1/2"	
6.	John Bastiani	1994	22' 1 3/4"	
7.	Greg Pond	1977	22' 1 1/4"	
7.	Vince Pluckebaum	1970	22' 1 1/4"	
9.	Bill Winkleman	1966	22' 0 1/2"	
10.	Nathan Saso	1995	21' 10 1/4"	
11.	Ted Abe	1957	21' 8"	
12.	Aaron Reed	1985	21' 6 1/2"	
13.	Bob Sythe	1969	21' 6 1/4"	
14.	Gray Daugherty	1971	21' 6"	
15.	Roger Werne	1961	21' 5 1/2"	
16.	Chris Little	2004	21' 3"	
17.	Chris Ouellette	1987	21' 2 3/4"	
18.	Tim Sorenson	1967	21' 2"	
19.	Ivar Moen	1984	21' 1/2"	
20.	Barrett Truluck	1986	20' 10 1/2"	
21.	Ben Eastman	1990	20' 9"	
21.	Euwai Tai	1991	20' 9"	
23.	Eric Derylo	1994	20' 8"	

(Vince Pluckebaum has a unofficial pending mark of 23'4" in 1970)

(Vince also won a CCS Invitational Decathlon, beating Lynn Swyan of Serra H.S.)

LOS GATOS HALL of FAME ALL-TIME TOP MARKS

GIRLS LONG JUMP

1.	Lezli Jensen	1987	**	19' 2"	League Record #7 State Best #15 on CCS All-Time List ** Only Long Jumper to Make State Twice in L.G. History
2.	Heidee Ruiz	1988	*	18' 9"	#11 State Best
3.	Suza Patteri	1986		18' 3 1/2"	
4.	Kim Christiansen	2002	*	18' 2 1/2"	
5.	Tamra Livers	1994		17' 11 1/2"	
6.	Tina Tyrchan	1991		17' 9 3/4"	
7.	Caroline Schloesser	1995		17' 9"	
8.	Lyndsay Erickson	2001		17' 8"	
9.	LeAnne Sera	1981		17' 7"	
10.	Emily King	2000		17' 6"	
11.	Debbie McKenzie	1981		17' 4"	
12.	Rose Sczawinski	1994		17' 0 1/2"	
13.	Imma Oosterkamp	1989		16' 11 1/2"	
14.	Deirdra Donahue	1980		16' 10 3/4"	
15.	<u>Christine Scales</u>	2007		16' 8 1/2"	
16.	Maike DeReise	1989		16' 6 1/2"	
17.	Cristen McClenathan	1999		16' 3 1/2"	
18.	Lora Weinberg	1989		16' 2 1/2"	
19.	Laura Henry	1983		16' 2"	
19.	Jamie Ruiz	1992		16' 2"	
19.	Jackie Wirz	1994		16' 2"	
22.	Tamra Livers	1993		16' 1"	
23.	Cristi Tumason	1993		16' 0"	
23.	Courtney Rastatter	1985		16' 0"	

* Years of Making the State Meet

LOS GATOS HALL of FAME ALL-TIME TOP MARKS

HIGH JUMP

1.	<u>Kevin Rutledge</u>	2007	**	6' 8"	Broke 30 Year Old Record CCS Champion – 1 st in LG History F/S School Record – 6' 5" (Best Frosh-6' 4") Only High Jumper to Make State
2.	Bret Woods	1977		6' 7"	Held Record for 30 Years
3.	Kevin Houg	1983		6' 5"	
4.	Erik Bekkers	1992		6' 4 1/2"	
5.	Tom Rocchio	1982,83		6' 4"	
6.	Kevin Matlock	1975		6' 4"	
6.	Pete Stoefen	1964		6' 4"	
8.	Jim Gee	1963		6' 3"	
10.	Eric Medefessor	2001		6' 2"	
10.	Peter Baunach	2000,01		6' 2"	
10.	Barrett Truluck	1986		6' 2"	
10.	Eric Derylo	1993		6' 2"	
10.	Chris Griffith	1994		6' 2"	
10.	Kevin Begley	1979		6' 2"	
10.	Matt Sorenson	1992		6' 2"	
17.	Syd Halbert	1979		6' 1"	
18.	Ted Matthies	1960		6' 0 3/4"	
18.	Fred Marinucci	1960		6' 0 3/4"	
20.	Vince Pluckebaum	1968		6' 0 1/2"	
21.	Ryan Clark	1991		6' 0"	
21.	Andy Sythe	1980		6' 0"	
21.	Bill Fowler	1963		6' 0"	
21.	Parker Laird	1989		6' 0"	
21.	Mark McGee	1988		6' 0"	
21.	Greg Heller	1986		6' 0"	
21.	Dan Bittker	2003		6' 0"	
21.	Nick Glumac	1985		6' 0"	

(7 tied at 6' 2")

(8 tied at 6' 0")

** Made State Meet Twice

LOS GATOS HALL of FAME ALL-TIME TOP MARKS

GIRLS HIGH JUMP

1.	Michelle Johnson	2005	*	5' 8"	9 th Place in State 14 th on CCS All-Time List
1.	Cindy Sandberg	1975		5' 8"	AAU ALL-AMERICAN 14 th on CCS All-Time List
3.	Tina Farnady	1993	*	5' 7"	#10 State Best #17 on CCS All-Time List
4.	Kelly Cummins	1984	*	5' 6"	(Frosh Record - 5' 5")
5.	Ingrid Bekkers	1992		5' 5"	
5.	Tina Tyrchan	1991	*	5' 5"	
7.	Heidi Neher	1982,83		5' 4"	
8.	Laney Chin	2003		5' 4"	
8.	Lezli Jensen	1984		5' 4"	
8.	Maike DeRiese	1989		5' 4"	
11.	Alisa Wade	1987	*	5' 3"	1986 CCS CHAMPION -5'2"
12.	<u>Christine Scales</u>	2007		5' 2"	
12.	Karen Rossmassler	2001		5' 2"	
12.	Caroline Schloesser	1995		5' 2"	
12.	Emily Obermeier	2000		5' 2"	
12.	Nicole Zalesny	1986		5' 2"	
17.	Joanne Wolf	1979		5' 1 1/2"	
17.	Michelle Darcy	1981		5' 1 1/2"	
19.	Debbie McKenzie	1982		5' 0"	
19.	Carol Daugherty	1976		5' 0"	
19.	Stacy Fisher	1999		5' 0"	

* Made State Meet

LOS GATOS HALL of FAME ALL-TIME TOP MARKS

TRIPLE JUMP

1.	Nathan Saso	1995	47' 5 3/4"
2.	Jon Fishback	1956	44' 8"
3.	Greg Kuguenko	1977	44' 4"
4.	Leo Cusick	1976	44' 3 1/4"
4.	Seth Jannofsky	1974	44' 3 1/4"
6.	Bill Fowler	1964	44' 0 1/4"
7.	Barrett Truluck	1984	44' 0"
8.	Al Long	1974	43' 11"
9.	Keith Shafer	1979	43' 10"
10.	Alan Beattie	1969	43' 6"
10.	Brian Haughton	1975	43' 6"
12.	Bob Ray	1969	43' 5"
13.	Ivar Moen	1984	43' 3"
13.	Brad Knott	1978	43' 3"
15.	Kevin Rutledge	2005	42' 11"
16.	Bluford Thornton	1944	42' 10" (Oldest Mark on All-Time List with Chambers - 800 - 63 Years)
17.	Tom Rocchio	1983	42' 5"
18.	Corey Maday	1991	42' 2"
19.	Brian Edwards	2000/01	42' 1"
20.	Kevin Houg	1983	41' 10"
20.	Jim Bangle	1986	41' 10"
22.	Mark McGee	1988	41' 9"
23.	Chris Ouellette	1987	41' 8"
24.	Ben Eastman	1990	41' 6 1/2"
25.	<u>Mike McCullough</u>	2007	41' 2 1/2"
26.	Joe Kogut	1988	41' 1"
27.	Manny Diaz	1994	41' 3/4"

LOS GATOS HALL of FAME ALL-TIME TOP MARKS

GIRLS TRIPLE JUMP

1.	Kim Christiansen	2002	* 39' 0 1/4"	#12 State Best #10 on CCS All-Time List * 1st Triple Jumper to Make State in L.G. History
2.	Lezli Jensen	1986	37' 5"	#10 State Best
3.	Kim Veeder	1992	36' 3 3/4"	
4.	Suza Patteri	1986	36' 0 1/2"	
5.	Imma OosterKamp	1989	35' 9"	
5.	Caroline Schloesser	1995	35' 9"	
7.	Lyndsay Erickson	2001	35' 1 1/2"	
8.	Jackie Wirz	1994	35' 4"	
9.	Debbie McKenzie	1982	34' 11 1/2"	
10.	Maike DeRiese	1989	34' 7"	
11.	Lisa Nanez	1992	34' 5 1/2"	
12.	Emily King	2000	33' 3"	
13.	Jamie Ruiz	1991	33' 2"	
14.	Holly Malander	1992	32' 7 1/2"	
15.	<u>Lauren Granadino</u>	2007	32' 2 1/4"	
16.	<u>Loree Lewis</u>	2007	32' 1 1/2"	
17.	Monica Burke	1984	32' 0"	
17.	Rose Sczawinski	1994	32' 0"	
19.	Laury Henry	1982	31' 11"	
20.	Jamie Wyatt	1982	31' 10"	
20.	Mindy Croust	1989/90	31' 10"	
22.	Pauline Chow	2004	31' 6 1/2"	
23.	Jody Christiansen	2002	31' 3 1/2"	
24.	Jill Lewis	1988	31' 2"	
24.	Pheadra Lepianne	1984	31' 2"	

Girls Triple Jump Started in 1982

* Made State Meet

LOS GATOS HALL of FAME ALL-TIME TOP MARKS
SHOT PUT (12 lb.) * Years of Making State Meet

1.	Bret Mannon	1972	**	63'11 1/2"	CCS CHAMPION League Record Holder 4th in State in 71' & 72" 7th in Nation in 1972 #4 on CCS All-Time List
2.	Bob Brannen	1964	**	63' 9"	CCS & STATE CHAMPION Holds CCS Meet Record 3rd in Nation-1964, 4 th in State-1963 1964 ALL-AMERICAN #5 on CCS All-Time List 1st To Make State in 19 years
3.	Nik Kay	2003	*	62' 11"	CCS CHAMPION #7 on CCS All-Time List 2nd Best in State / #11 in Nation CCS Jr. Record 6K - 52' 8.25"
4.	<u>Colin Quirke</u>	2007	*	61' 10"	CCS CHAMPION 3 rd Place in State #15 in CCS All-Time List
5.	Gary Bersano	1974	**	61' 2"	CCS CHAMPION 3rd in State / 10 th in Nation 20 th in CCS History
6.	Cline Armstong	1954		54' 9"	
7.	<u>Randall Horn</u>	2007	*	54' 1 1/2"	
8.	Ryan Marcos	1993		53' 5"	
9.	Bill Erb	1968		53' 4"	
10.	Dave Palaniuk	1985		53' 3"	
11.	Danny Starrick	2004		52' 11 3/4"	
12.	Devon Lopez	2005		52' 10 3/4"	
13.	Mike Gaurino	1983		52' 7 1/2"	
14.	Rick Bergman	1967		51' 7"	
15.	Vince Pluckebaum	1970		50' 5"	
16.	Matt Mc Nerney	2001		49' 5 1/4"	
17.	Burt Prentice	1990		49' 4.5"	
18.	Tom McGraw	1981		49' 4"	
19.	<u>Dallas Jackson</u>	2007		49' 3"	
20.	Gabe Salazar	1977		49' 2"	
21.	Andy Chu	1990		49' 0"	

LOS GATOS HALL of FAME ALL-TIME TOP MARKS

F/S SHOT PUT (10 lb.)

1.	Gary Bersano	1973	63' 3"	F/S CCS Champion
2.	Bret Mannon	1970	57' 5"	
3.	Colin Quirke	2006	55' 4"	(47' 1.2" as a Frosh in 2005)
4.	Nik Kay	2001	53' 3"	
5.	Burt Prentice	1988	51' 3"	
6.	Dan McGilvray	1994	50' 1"	
7.	Dallas Jackson	2006	50' 1/2"	
8.	Darren Pugh	1991	49' 9"	
9.	Randall Horn	2005	49' 7 1/2"	
10.	Dave Palaniuk	1983	49' 4"	
11.	Matt Hazle	1993	48' 8"	
12.	Ryan Marcos	1991	47' 4 1/2"	

LOS GATOS HALL of FAME ALL-TIME TOP MARKS

GIRLS SHOT PUT

1.	Heidee Ruiz	1988	****	44' 9 1/2"	87' 88' CCS CHAMPION 2nd in State in 1988 / H.M. All-American 3 rd in State-1987 / 7th Best in USA-1988 #5 on CCS All-Time List 1st Medalist in LG History
					**** Only Athlete in State All 4 Years in any event
2.	Amy Shore	1981		39' 8"	
3.	Diane Oswald	1981		39' 4 3/4"	
4.	Caroline Schloesser	1995		36' 6 3/4"	
5.	Kathi Lakin	1983		35' 5 1/2"	
6.	<u>Nikki Zeiter</u>	2007		35' 4 1/2"	
7.	Nina Sauer	1985		34' 2"	
8.	Anne Farnady	1999		33' 10"	
9.	Shannon Sullivan	1995		33' 9"	
10.	Maike DeRiese	1989		33' 4"	
11.	Joanne Wolf	1979		32' 9 1/2"	
12.	Becky Slaght	1977		32' 8.5"	
13.	Tina Tyrchan	1991		32' 8"	
14.	Dawn Talley	1992		32' 7.5"	
15.	Laura Vroman	1989		32' 4"	
16.	Rebecca McClain	1976		32' 1"	
17.	Marisa Thompson	1994		32' 0"	

LOS GATOS HALL of FAME ALL-TIME TOP MARKS

DISCUS

* Number of years that made State Meet

1.	Nik Kay	2003	**	204' 10"	STATE CHAMPION 2002 & 2003 ALL-AMERICAN League & CCS Record Holder 2002 & 2003 CCS CHAMPION 2nd Best in State Meet History 2nd Best Throw in Nation 2003 2nd-Golden West Nationals 2002 2002-2nd in State 4th-Golden West Nationals 2003 6th Best in California History
2.	Gary Bersano	1974	*	181' 10"	** Only Discus Thrower that Made State Twice CCS CHAMPION #19 on CCS All-Time List
3.	Bret Mannon	1972		180' 1"	#20 on CCS All-Time List
4.	Bob Brannen	1964	*	174' 0"	
5.	<u>Colin Quirke</u>	2007		172' 7"	
6.	<u>Randall Horn</u>	2007	*	166' 5"	
7.	Rene Stephan	2006		164' 9"	
8.	Travis Rodgers	1992		162' 2"	
9.	Steve Mallory	1979		160' 4"	
10.	Greg Retzer	1982		159' 10"	
11.	Tom McGraw	1981		158' 7"	
12.	Matt Hazle	1995		158' 3"	
13.	Eric Johnson	1972		157' 8"	
14.	Dan McGilvray	1995		156' 2"	
15.	Dan Carlson	1987		156' 1"	
16.	Dan Davidson	1979		155' 1"	
17.	Mike Warren	1993		152' 2 1/4"	
18.	Keith Queen	1970		149' 10"	
19.	Andy Chu	1990		147' 7"	
20.	Jim Brodie	1980		147' 4"	
21.	Ron Owens	1958		145' 0"	
22.	Cline Armstrong	1954		144' 0"	
23.	Nick Skrabe	2000		144' 0"	

Los Gatos had a North Coast Section Champion in 1945 – Logue 125' 7"

LOS GATOS HALL of FAME ALL-TIME TOP MARKS

GIRLS DISCUS

1.	Heidee Ruiz	1988	*	145' 7"	#5 Best Mark in State 7th Place in State #8 Best in Nation #13 on CCS All-Time List
2.	Diane Oswalt	1981	*	143' 4"	#7 Best Mark in State #10 Best in Nation #16 on CCS All-Time List
3.	Anne Farnady	2000	*	142' 5"	CCS CHAMPION 9th in State #19 on CCS All-Time List
4.	Dawn Talley	1991		116' 9"	
5.	Kathi Lakin	1982		115' 6"	
6.	Alexis Feldman	1989		114' 9"	
7.	Shannon Sullivan	1995		110' 10"	
8.	Amy Shore	1980		110' 2"	
9.	Joanne Wolf	1980		109' 3"	
10.	Shea Dailor	2004		109' 1"	
11.	Karen Smeltzer	1979		102' 1"	
12.	Laurie McCowan	1984		102' 0"	
13.	Becky Slaght	1977		99' 3"	
14.	Nina Sauer	1985		98' 4"	
15.	Krista Evers	1986		97' 3"	
16.	Jennifer Davis	2004		97' 2"	
17.	Heather Davis	2001		96' 3"	
18.	<u>Brooklyn Dallas</u>	2007		95' 10"	
19.	Tammy Desch	1978		95' 9 1/2"	
20.	Maya Stobie	1987		95' 0"	
21.	Gabrielle Feldman	1989		94' 10"	
22.	Madeline Rose	2005		94' 7"	
23.	Amy Shore	1978		94' 6"	
24.	Dana Calhoun	1993		93' 4"	
25.	Laurie McCowan	1983		93' 0"	

* Made State Meet

LOS GATOS HALL of FAME ALL-TIME TOP MARKS

GIRLS POLE VAULT

** Made State Twice

1.	Sally Stanton	2003	**	12' 0"	#3 on CCS All-Time List League Record Holder
2.	<u>Christine Reed</u>	2007	*	11' 0"	
3.	<u>Hayley Hogan</u>	2007		9' 6"	
3.	Kristen Turner	2001		9' 0"	
4.	<u>Christine Scales</u>	2007		8' 8"	
5.	<u>Nikki Zeiter</u>	2007		8' 6"	
6.	Jaimee Erickson	2004		8' 0"	
7.	<u>Jenny Fung</u>	2007		8' 0"	
8.	Monica Rude	2006		7' 6"	

LOS GATOS HALL OF FAME

All-Time Top Relay Teams

(Times in hundrenths are official electric times)

(Times in tenths are official hand times)

(y = the race was run in yards, then converted to meters)

(* = the fastest relay split in Los Gatos History)

(** = CCS Champion)

(*** = fastest frosh time in Los Gatos History)

(c = converted from yards to meters), (*)=4xMile Relay

VARSITY BOYS 4x100 RELAY

1.	Sorich-Isaac-Cifelli-Conley	1994	42.18
2.	Sorich-Saso-Cifelli-Conley	1995	42.81
3.	Nuebauer-DeLucia-Butler-Knott	1980	43.06
4.	Ullrich-R.McCormick-Field-Wedemeyer	1987	43.10
5.	Bastiani-Isaac-Shaw-Conley	1993	43.43
6.	Edwards-Hoeft-Lee-Gingery	2001	43.47
7.	C.McCormick-Field-Magee-Wedemeyer	1988	43.60
8.	R.McCormick-Ullrich-Dadgar-Wedemeyer	1986	43.62
9.	O'Regan-Daley-Schell-Langlois	1978	43.5c (43.7y)
10.	Kinser-Martini-Kendra-Gasper	2006	43.75
11.	E.Comeau-Butler-Fredricks-Knott	1979	43.7c (43.9y)
12.	Isaac-Maday-Anderson-Hedgpeth	1992	43.9

VARSITY BOYS 4x400 RELAY

1.	Conley-Jones-Rutledge-Cifelli (49.6) (50.2) (50.4) (48.4)	1995	3:18.79
2.	Conley-Jones-Cifelli-Isaac (*48.1)	1994	3:20.24
3.	Conley-Austin-Newman(49.2)-Rutledge(48.6)	1996	3:20.49
4.	Viramontes-Hoeft-Edwards(48.5)-Bates(48.7)	2001	3:21.63
5.	Gaspar (So.)-Young-Parides-Blanchard (50.94) (49.45) (48.97)	2004	3:21.92
6.	Edwards-Hintz-Hoeft-Bates	2000	3:23.13
7.	Sperling-Lawrie-Reed-Wendling	1985	3:23.0 (3:24.2y)
8.	Britton-Crompton-Oliver-Knott	1980	3:24.1 (3:25.3y)
9.	Britton-Sythe-B.Stafford-Havens	1981	3:24.2 (3:25.4y)
10.	Green-Fry-C.McCormick-Yap	1989	3:24.65
11.	Noble-Yap-Hamilton-Green	1991	3:25.1
12.	Yokota-B.Stafford-Kimball-Sordi	1983	3:25.3 (3:26.5y)

VARSITY BOYS 4x800 RELAY

1.	Baiko-Hastings-LaForce-Wendling (1:58.7) (2:00.3) (1:56.7) (1:55.6)	1986	7:52.13 #1 State
2.	Newman(1:57.5)-Lipp-P.Carter-Rutledge (*1:53.7)	1996	8:00.2
3.	Bergstrom-Knott-Britton-Oliver(1:59.0)	1980	8:02.1 (8:04.9y)
4.	Hanchey-Baiko-Metcalf-Backhouse	1987	8:05.4
5.	Sperling-Wendling-Barth-LaForce	1985	8:05.9
6.	P.Carter-Abeln-Orrrell-Rutledge	1994	8:06.0
7.	Green-Gaskins-Metcalf-Blomquist	1989	8:07.6
8.	Gaspar-Bardes-Jatho-Berthet	2005	8:13.95
9.	Blanchard(1:58.5)-Young-Bardes-Smart	2004	8:14.52
10.	M.Bates-D.Bates-McKell-Viramontes	2001	8:15.7c

VARSITY BOYS DISTANCE MEDLEY (1200-400-800-1600)

1.	Martin-Hoeft-Viramontes-M.Bates (*3:08.6) (50.54) (1:57.3) (*4:15.1)	2001	10:11.98 #3 Nation #1 State
2.	Wendling- R.McCormick-Baiko-LaForce (3:11.4) (52.0) (1:59.3) (4:18.4)	1986	10:23.46 #4 State
3.	Mellema-Havens-Bergstrom-Cox (1:59.2y) (51.9y) (3:09.5y) (4:22.9y)	1981	10:24.0y #7 State
4.	Wendling-Sperling-Barth-LaForce	1985	10:26.7
5.	Newman(3:11.1)-Conley-Ablen-Rutledge	1996	10:34.5
6.	P.Carter-Jones-Abeln-Rutledge	1994	10:41.3
7.	Regner-Hoeft-Bates-Martin	1999	10:45.0
8.	Viramontes-Hsu-Hoeft-Martin	2000	10:46.6
9.	Metcalf-Ovellette-Baiko-Cox	1987	10:50.9
10.	Jatho-Bardes-Gasper-Petrillo	2005	10:53.98
11.	Rucker-Green-Blomquist-Cribari	1989	10:55.4

VARSITY BOYS 4x200 RELAY

1.	Ullrich(22.4)-Field(22.9)-Dadgar(22.7)-R.McCormick(22.5)	1987	1:31.35
2.	C.McCormick-Field-Magee-Wedemeyer(*21.7)	1988	1:32.63
3.	Sorich-Snyder-Jones-Bastiani(22.8)	1994	1:33.4
4.	Ullrich-Rapport-Dadgar-R.McCormick	1986	1:33.74
5.	Isaac-Shaw-Anderson-Hedgpeth	1992	1:33.84

VARSITY BOYS (400-200-200-800)

1.	Knott-Nuebauer-Butler-Oliver (51.2y) (22.7y) (23.4y) (1:54.7y)	1980	3:32.0y
2.	R.McCormick-Wendling-Ullrich-Baiko(1:59.3)	1986	3:34.7
3.	Henderson-Hamilton-Yap-Green	1991	3:35.7
4.	Lee-Edwards(22.7)-Hoeft-M.Bates (1:57.7)	2001	3:36.41 (indoors)

VARSITY BOYS 4x1600 RELAY (*4xMile)

1. (*) Clark-Bergstrom-Mellema-Cox	1980	17:46.0y #5 State
(4:29.8) (4:26.4) (4:33.9) (4:15.9)		
2. (*) Baiko-Hastings-Wendling-LaForce	1986	17:52.1y
(4:29.8) (4:33.8) (4:29.6) (4:18.4)		
3. Martin-Key-Viramontes-M.Bates	2001	17:53.4
(4:28.8) (4:32.0) (4:26.9) (4:21.3)		
4. Viramontes-Bates-Martin-Hoeft	2000	18:09.0
5. Jatho-Johnson-B.Shawhan-Burich	2006	18:31.01
6. Blomquist-Rucker-Metcalf-Cribari	1989	18:36.9
7. Smart-Young-Petrillo-Geldman	2004	18:41.95
8. Petrillo-Smart-Johnson-Jatho	2005	18:42.17

F/S BOYS 4x100 RELAY

1. Wedemeyer-Field-Ullrich-Rapport	1985	44.3
2. Crawford-Havens-K.Moreton-DeLucia	1979	44.4c (44.7y)
3. Lipp-Sorich-Robinson-Conley	1994	44.7
4. E.Comeau-Knott-Crawford-A.Blaisdell	1978	44.7c (45.0y)
5. B.Stafford-Christensen-Plummer-DeLucia	1980	45.3c (45.6y)
6. Palmer-Upchurch-Tatsukawa-Lawrie	1983	45.4c (45.7y)
7. Haire-Ward-Kimball-K.Caruth	1981	45.5c (45.8y)
8. DeGruchy-Lawrie-S.Agnelli-Ward	1982	45.6c (45.9y)
9. Gasper-Yang-Berthat-Kinser	2003	45.7
10. Nunez-Warren-Gossen-D.Lombardi	1990	46.22
11. Jamshahi-Henderson-G.Yap-Green	1989	46.51

F/S Boys 4x400 RELAY (Mile Relay)

1. Oliver-Herald-E.Comeau-Knott	1978	3:30.2c (3:31.6y)
2. Sythe-Christensen-B.Stafford-Mann	1980	3:31.6c (3:33.0y)
3. Haire-Ward-Sordi-B.Stafford	1981	3:32.5c (3:33.9y)
4. Hoeft-Bates-Hintz-Edwards	1999	3:32.9
5. Britton-Copenhavor-R.Stafford-Havens	1979	3:33.5c (3:34.9y)
6. Henderson-J.Hamilton-G.Yap-Green	1989	3:35.9
7. Carson-R.McCormick-Rapport-Baiko	1985	3:36.2
8. Cifelli-Robinson-Bastiani-Jones	1993	3:38.4
9. Butler-Allen-Ward-DeGruchi	1982	3:39.9c (3:41.3)
10. C.McCormick-Fry-Gaskins-Armstrong	1987	3:40.1

Varsity Boys 4x3200

1. B.Shawhan-Johnson-Ducharme-Burich	2006	41:30.2
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LOS GATOS HALL OF FAME

Girls All-Time Top Relay Teams

(Times in hundredths are official electric times)
 (Times in tenths are official hand times)
 (y = the race was run in yards, then converted to meters)
 (*) = the fastest relay split in Los Gatos History
 (**) = CCS Champion
 (***) = fastest frosh time in Los Gatos History
 (****) = CCS RECORD
 (c = converted from yards to meters), (*)=4xMile Relay

VARSDITY GIRLS 4 X 100 RELAY

1.	Lombardi-S.Chavez-Lumby-Sczawinski	1996	48.33	
2.	K.Fumia-A.Chavez-Drucker-Dodson	2001	** 48.42	12th in State
3.	Lombardi-Hay-Morton-K.Veeder	1993	** 48.62	8th in State
4.	Lombardi-Hay-Lumby-K.Veeder	1994	48.64	
5.	K.Fumia-Penner-Drucker-Kirby`McFarland	2000	48.77	
6.	Rexford-Jensen-Kuehnis-Ruiz	1986	48.81	
7.	Sera-James-Sherwood-Donahue	1981	48.7	
8.	Moser-Reed-Gonzales-Erickson	2006	48.87	
9.	Weinberg-Campbell-Brink-Hackett	1990	48.93	
10.	Weinberg-McCoy-Hay-T.Farnady	1992	49.05	
11.	Sczawinski-S.Chavez-Lumby-Lombardi	1995	49.13	
12.	Parkman-Dodson-Gonzalez-J. Erickson	2004	49.17	
13.	Rexford-Jensen-Kuehnis-Ruiz	1985	49.30	
14.	Sera-Maino-James-Donahue	1980	49.1c	(49.4y)

VARSDITY GIRLS 4 x 400 RELAY

1.	Lombardi- Biber`Ferro-S.Chavez-Sczawinski (57.6) (59.2) (56.6) (58.1)	1996	3:51.98	#7 State
2.	Kuehnis-Jensen-Sherwood-Henry (58.0) (59.5) (58.2) (57.9)	1984	3:55.07	#8 State
3.	Jensen-Ruiz-Rexford-Kuehnis (57.5) (60.4) (59.2) (58.0)	1986	3:55.43	
4.	Dodson-Stege-Penner(58.2)-Caldwell(57.0)	2002	** 3:55.44	#12 State
5.	S.Chavez-Biber`Ferro-Lombardi-Sczawinski(56.8)	1995	3:55.79	#10 State
6.	Brink-Hackett-Weinberg(57.3)-G.Farnady	1990	3:56.14	#9 State
7.	Dodson-Stege-Stanton-Jones(***56.7)	2003	3:56.50	
8.	Dodson-Kirby-Penner-Caldwell(56.0)	2001	** 3:56.63	
9.	Biber`Ferro-Leis-LaPine-S.Chavez (*55.0)	1997	3:56.71	
10.	Jensen-Ruiz-Rexford-Kuehnis	1985	3:56.8	(3:58.2y) #9
11.	Stege-Reed-Moser-J.Erickson	2005	3:57.07	
12.	Lombardi-Lumby-Hay-K.Veeder(57.8)	1994	3:57.9	
13.	Rexford-Hackett-Ruiz-Jensen (*55.0)	1987	** 3:58.24	
14.	Hay-Weinberg-T.Farnady-K.Veeder	1991	3:58.6	
15.	Nanez-Hay-T.Farnady-K.Veeder	1992	3:59.03	
16.	Stege-Peppard-Benson-Dodson(57.7)	2004	3:59.05	
17.	Morton-Lombardi-Hay-K.Veeder	1993	** 3:59.09	
18.	Penner-A.Chavez-Drucker-Hennessy(56.7)	2000	3:59.0	

VARSITY GIRLS 4 x 800 RELAY

1. Beritzhoff-Harris-Hennessy-Caldwell (2:21.8) (2:20.8) (2:21.5) (*2:12.8)	2001 ****	9:18.08i	#2 Nation Indoors/ #1 State
	****	THIS IS A CCS RECORD !!!	
2. Biber`Ferro-LaPine-Fishback-S.Chavez (2:22.4) (2:21.6) (2:24.5) (2:15.5)	1997	9:25.50	#2 State
3. <u>MULGANNON-PEPPARD-TOWNSEND-FABRIS</u> (2:19.3) (2:23.4) (2:22.0) (2:20.8)	2007	9:26.21	
4. Beritzhoff-Penner-Williams-Caldwell (2:20.9) (2:23.4) (2:32.5) (*2:10.7)	2002	9:27.97	
5. C.Landers-Middlecoff-Malander-M.Veeder (2:24.9) (2:19.6) (2:23.7) (2:20.1)	1992	9:29.58	#1 State
6. Flynn-D.Parker-Roulo-G.Farnady (2:24.9) (2:24.5) (2:23.2) (2:18.9)	1988	9:32.90	#3 State
7. Beritzhoff-LaPine-A.Chavez-Hennessy (2:22.4) (2:23.5) (2:32.3) (2:16.8)	1999	9:35.0	#3 State
8. Penner-Benson-Stege-Jones(2:19.8)	2003	9:40.56	
9. Goodwin-Stege-Shile-Peppard	2004	9:42.55	
10. Fabris-Peppard-Shile-Mulgannon	2006	9:44.78i	
11. Malander-C.Landers-S.Landers-M.Veeder	1994	9:44.8	
12. Flynn-G.Farnady-Roulo-D.Parker	1987	9:46.00	
13. Wyatt-Davis-Taylor-Henry	1983	9:46.3y	
14. Lombardi-LaPine-Fishback-Biber`Ferro	1996	9:47.6	
15. G.Parker-Stephens-Slivkoff-Morris	1981	9:50.8	(9:54.0y)
16. Beritzhoff-Penner-Drucker-Hennessy	2000	9:51.1i	indoors

VARSITY GIRLS DISTANCE MEDLEY (1200-400-800-1600)

1. Caldwell-Dodson-Penner-Beritzhoff (*3:35.5) (59.3) (2:18.8) (5:14.6)	2002	12:09.64	#6 Nation #2 State
1a. Beritzhoff-Dodson-Penner-Caldwell (*3:44.8) (60.7) (2:16.9) (*5:10.9)	2002	12:14.45i	#3 Nation Indoors / #1 State
2. Harris-Penner-Caldwell-Beritzhoff (3:50.9) (58.8) (2:13.6) (5:15.4)	2001	12:18.64i	#3 Nation Indoors / #1 State
3. <u>TOWNSEND-ERICKSON-FABRIS-GOODWIN</u> (3:49.8) (58.3) (2:22.0) (5:18.8)	2007	12:29.40	
4. Goodwin-Mulgannon-Fabris-Townsend (3:52.4) (61.4) (2:22.2) (5:14.0)	2006	12:30.30	11 th at Arcadia
5. Jones-Stanton-Penner-Williams (*3:45.5) (61.7) (2:23.7) (5:21.6)	2003	12:32.86	
6. Malander-T.Farnady-M.Veeder-Middlecoff (3:56.0) (59.7) (2:28.9) (5:14.0)	1992	12:42.0	
7. Peppard-Dodson-Benson- Goodwin (3:55.7) (*56.9) (2:24.2) (5:29.2)	2004	12:46.19	
8. Daley-Sherwood-Fisher-Henry (3:59.9) (60.6) (2:20.2) (5:25.9)	1984	12:48.0y	
9. G.Parker-Huddleston-Stephens-Morris	1981	12:50.9y	
10. Townsend-J.Erickson-Stege-Goodwin	2005	12:54.15	
11. C.Landers-Morton-M.Veeder-Malander	1994	12:57.3	
12. Roulo-Brink-Meinhardt-Kalomiros	1988	13:09.8	
13. Graff-Greasch-Chang-Kalomiros	1990	13:13.6	
14. LaPine-Lumby-Fishback-Biber`Ferro	1996	13:30.3	

VARSITY GIRLS 4 x 200 RELAY

1.	Sczawinski-Lumby-Lombardi-S.Chavez (25.9) (27.0) (26.0) (25.1)	1995	1:44.20
2.	Lombardi-Lumby-Sczawinski-S.Chavez (*24.8)	1996	1:44.7
3.	Weinberg-Campbell-G.Farnady-Hackett	1990	1:45.04
4.	Weinberg-Oosterkamp-Kane(25.4)-Hackett	1989	1:45.05
6	Hay-McCoy-Nanez-T.Farnady(25.7)	1992	1:46.57
5	<u>REED-IRIZARRY-ERICKSON-MOSER</u> (26.4) (27.6) (26.5) (26.5)	2007	1:46.45
7.	Drucker-Kirby`McFarland-K.Fumia-Penner(25.9)	2001 (indoors)	1:46.8i
8.	Reed-Moser-Gonzales-Erickson	2006 (indoors)	1:47.01i
9.	Campbell-Etheridge-Kane-Hackett(25.1)	1988	1:47.34
10.	Rexford-Jensen(25.2)-Hackett-Ruiz	1987	1:47.4
11.	Drucker-Penner-King-Chavez	2000 (indoors)	1:48.0i

VARSITY GIRLS SPRINT MEDLEY (200-200-400-800)

1.	Stanton-Dodson-Penner-Caldwell (27.9) (26.1) (58.9) (2:14.5) ****	2002	4:09.27	This is a CCS Record !
2.	K.Fumia-Dodson-Kirby`McFarland-Caldwell (27.4) (26.5) (59.9) (2:15.5)	2001	4:10.09	
3.	A.Chavez-Kirby`McFarland-Drucker-Hennessy (25.8) (27.2) (59.8) (2:17.5)	2000	4:11.46	
4.	<u>MOSER-IRAZARRY-ERICKSON-PEPPARD</u> (26.0) (28.1) (58.5) (2:19.3)	2007	4:12.71	
5.	Kuehnis(59.9)-Ruiz(26.5)-Jensen(25.5)-Daley(2:25.1)	1986	4:17.1	
6.	Oosterkamp-Kane-Hackett-G.Farnady	1989	4:18.7	
7.	Parkman-Dodson(*26.1)-Stege-Benson	2004	4:18.92	
8.	G.Parker-Donahue-James-Morris	1980	4:19.7y	
9.	T.Farnady-Hay-Nanez-Middlecoff	1992	4:20.3	
10.	Jensen-Rexford-Ruiz-Flynn	1987	4:21.3	

VARSITY GIRLS 4 x 1600 RELAY (4 x Mile) (c=converted from 4xMile by 6.8)

1.	<u>TOWNSEND-FABRIS-KNUDSEN-GOODWIN</u> (5:08.3) (5:16.7) (5:31.2) (5:14.3)	2007	21:10.5c
2.	Townsend-Mulgannon-Fabris-Goodwin (5:17.0) (5:28.3) (5:22.6) (5:09.3)	2006	21:17.4c
3.	D.Parker-Sa.Hartman-St.Hartman-Daley (5:30.6) (5:23.6) (5:28.0) (5:23.6)	1986	21:39.7c
5.	C.Landers-Malander-M.Veeder-Middlecoff (5:29.0) (5:25.4) (5:36.9) (*5:12.6)	1992	21:48.0
4.	G.Farnady-Meinhardt-Flynn-D.Parker (5:32.0) (5:32.0) (5:28.5) (5:20.7=5:19.1-1600)	1988	21:44.8c
6.	Fishback-Biber`Ferro-McAlee-High	1997	21:55.7
7.	Nicewonger-Kemp-Townsend-Goodwin	2005	22:05.5c
8.	Williams-Kehrig-L.Harris-Beritzhoff	2002	22:13.56ci (indoors)
9.	Biber`Ferro-High-McAlee-LaPine	1998	22:26.5
10.	Williams(5:20.4)-L.Harris-Beritzhoff-Caldwell	2002	22:20.6c
11.	Flynn-Barnhart-Roulo-D.Parker	1987	22:21.5c
12.	Jones(5:16.1)-Rubnitz-Stege-Ravel	2003	22:36.32c
13.	Greasch-Amat-Musser-Kalomiras	1989	22:31.3c
13.	A.Harris-Goodwin-Kemp-Nicewonger	2004	22:44.61

JV GIRLS 4 x 100 RELAY

1.	J.Ruiz-Nanez-Morton-Harris	1992	51.93
2.	Wilson-McCoy-Chang-M.Fumia	1990	52.04
3.	<u>T. IRIZARRY-KIMMEY-WEBB-COMEAU</u>	2007	52.12
4.	Carino-Gonzalez-Heiman-Clark	2004	52.19
5.	Parkman-Demers-McClenathan-Dodson	2001	52.6
6.	Zuparko-Townsend-Fuquay-Falkenhagen	1999	52.84
7.	Lummis-C.Veeder-M.Fumia-Campbell	1989	52.85
8.	Butler-Clark-Webb-S.Irizarry	2006	52.94
9.	White-Brown-StuhlmueLLer-Hardin	1994	53.14
10.	Rips-Fredrickson-White-Mitchell	1993	53.47
11.	Girsback-Condos-Gonzalez-Heiman	2003	54.03
12.	Flanagan-Haaberg-E.Esparza-Harris	1991	54.04

JV GIRLS 4 x 400 RELAY

1.	Girsback-Rubnitz-Mason-Fernando	2004	4:15.41
2.	Lewin-Kirby McFarland-McClenathan-Zuparko	1999	4:16.4
3.	S.Landers-Johnson-Tavares-Peckler	1992	4:22.0
4.	Hansen-S.Landers-White-Braucht	1993	4:24.3
5.	Wilson-McCoy-Winsloev-Chang	1990	4:28.0
6.	<u>T. IRIZARRY-ZIMMER-LAIKERMEN-FEE</u>	2007	4:28.8
7.	M.Fumia-Anzinger-C.Veeder-Campbell	1991	4:29.9
8.	Haaberg-Sachs-Tavares-E.Esparza	1989	4:31.7
9.	Fabris-Butler-Sweet-Stump	2005	4:33.06
10.	Brown-White-Hardin-StuhlmueLLer	1994	4:33.90

VARSITY GIRLS 4x3200 RELAY

1.	Knudsen-Nicewonger-Kemp-Duckham	2006	50:54.6
2.	KNUDSEN-TOWNSEND-LARKIN-STUMP	2007	51:36.51