

CENTRAL COAST SECTION BY-LAWS
CROSS COUNTRY - ADOPTED MAY 1, 1965

1. The annual Section Meet will be held on the Wednesday before Thanksgiving.
2. Regional Meets will be held on the Friday preceding Thanksgiving.
 - 2.1 There shall be three regional meets held each year for the purpose of qualifying boys for the Section Meet.
 - 2.2 Leagues will compete in the following regions or groups:
 - A) Northern Region - North Peninsula League
 GROUP I - South Peninsula League
 - Mid-Peninsula League
 - B) Central Region - Santa Clara Valley League
 GROUP II - West Valley Athletic League
 - Mt. Hamilton League
 - C) Southern Region - Monterey Bay League
 GROUP III - Mission Trails League
3. Qualifying for the Section Meet.
 - 3.1 The Northern Region (Group I) will qualify four schools plus the four individuals with the best times, who are not members of one of the qualifying teams.
 - 3.2 The Central Region (Group II) will qualify six schools plus the six individuals with the best times, who are not members of one of the qualifying teams.
 - 3.3 The Southern Region (Group III) will qualify three schools and three individuals with the best times, who are not members of one of the qualifying teams.
4. Regional or Group Meets will be run in three divisions. The divisions will be determined on the basis of enrollment in the schools; the October 1st enrollment figures will be used to make this determination.
 - A) One-third of the schools in a region will compete in the large schools division.
 - B) One-third of the schools in a region will compete in the small schools division.
 - C) The remaining one-third will compete in the middle schools division
 - 4.1 If a school has freshmen (or a single freshman) competing on its varsity team, the freshmen enrollment must be included in the total enrollment figures turned in to the Group Meet Director.
 - 4.2 Each school will report its total enrollment figures (excluding freshmen) to the Group Meet Director.

5. Section and Group Meets shall be run on a course that is two miles in length with an allowance of plus or minus two-tenths of a mile.

6. Each region will establish a site for holding the Group Meet in that region.

6.1 This site will also be used as the site for the Section Meet when the region is scheduled to host the Section Meet.

7. The Section Meet will be rotated among the three regions according to the following pattern:

1965 Region II (MHAL, SCVAL, WVAL)
1966 Region I (NPAL, MPAL, SPAL)
1967 Region III (MBL, MTL)
1968 Pattern starts over (Region II)

8. AWARDS

Awards will be presented at Region Meets and the Section Meet.

12 plaques - to go to the winning teams in each group meet and in the Section Meet.

15 medals - to go to the first fifteen finishers in the Section Meet.

90 ribbons - to go to the first ten finishers in each of the Group meet races (3 races per meet)