TO: Cross Country coaches of teams qualifying for CCS Championship cross country meet.

FROM: Richard Chamberlin, Meet Director

SUBJECT: CCS Championship Cross Country Meet

Place: York School

Directions: York School is one mile from the intersection of Highway 68 and the terminus of Canyon Del Rey Blvd. There is a big "U" shaped electrical transmission line tower at the corner of highway 1 and Canyon Del Rey Blvd. See the attached three maps.

Time: 3:30 P. M.

Date: November 22, 1967

Host: Pacific Grove High School

Facilities:

- (1) Dressing facilities are non-existant. Please come dressed.
- (2) Drinking water and rest rooms are available (but limited in number as York School is quite small,)
- (3) It is our hope to make the locker room of Seaside High School available after the meet for showers. Seaside High is only a few blocks from Highway one and is easily found. We will have maps available in your envelope when you arrive.

## Course:

- (1) Record: 10:44 Bruce Runcie Del Mar 1967
- (2) Distance: 1.95+ miles
- (3) Terrain: Hilly (net uphill); sandy, weedy, hard dirt and asphalt.

Shoes:

- (1) Spikes may not be worn as the area for starting is limited in size and the asphalt is quite steep and downhill.
- (2) It is our recommendation that shoes be worn (due to the downhill asphalt.)

## Awards:

- (1) Plaques for the first three teams.
- (2) Medals for the first fifteen finishers.