COACHES.....

We need your help &

In the last two weeks we had three problems at coyote Park. (1) A runner was walking "along the freeway". This is vary dangerous and just can't be allowed. In other words, cross country runners may be fast, but not fast enough for freeways.

- (2) A park sign "No swimming or wading" was placed in the restroom.
- (3) Several runners walked along the lake towards the landing area and threw objects into the lake. The only time anyone is to be near the lake is when he is going to the restroom. The park rangers are very cooperative and the meet directors desire to maintain this rapport.

If you feel that you have someone who just can't conform to these simple rules for the Coyote Park Center Meets, it may be best to leave them home next time.

On the whole, 98% of the runners have been grea. I hope that we can keep it up, most runners and coaches have indicated that they like the course.

*******Please read to your runners, scorers etc. the rules and regulations of the center fleets.

Verne & Thornburg

P.S. Jeff and I will be at Coyote about 3:10. At that time we will set up the finish line, etc. If you arrive early, please walk over the course before we arrive. When doing so instruct your runners to stay off the chalk marks......Thanks.