

F.U.H.S.D. CHAMPIONSHIPS

PLACE: Cupertino High School

DATE: Tuesday, November 3rd

TIME: 1st race starts at 3:00. We will not wait for schools that are late

ORDER: Frosh - 3:00, Sophs - 3:20, - Varsity 3:40
J.V.'s - 4:00

PARTICIPANTS: Limit Frosh, Soph to 10 runners, Varsity - 7
J.V.'s - no limit

FEES: \$13.87 each school. Monta Vista pays \$9.92
(3 year school) Make checks payable to
Cupertino High School Student Body.

AWARDS: Medals for top 10 Varsity, Sophs, Frosh
Ribbons for top 10 J.V.'s - Trophies for
top Varsity, Soph, Frosh, plus trophy
for outstanding runner in the meet
(Selected by coaches)

COURSE: Mostly grass, some dirt. Distance - 2.3 miles

RECOMMENDATIONS: 1. Track shoes (spikes) will not be worn
Some sort of shoe is recommended for
safety.

2. Coaches should make every effort to
insure that their runners understand
rule infractions (i.e. flag cutting)

In event of a ruled infraction where
an individual runner cannot be
identified, the entire team will be
disqualified.

Carl Renner
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