



WESTMONT TRACK

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1971 CROSS COUNTRY

September 18, 1971

.....Fourteenth Annual Long Beach Invitational: Warriors Win College Section

Westmont's first semester began early this year and it was probably fortunate because we needed the extra days to get into some semblance of condition before the Annual Long Beach Invitational. It appeared that summer mileage fell off a bit compared to other years. In fact, too many men neglected their summer training almost entirely. However, three or four of the steadier came in in good shape, good enough for us to initiate the 1971 season with a win. We've won our section of the Long Beach Invitational for three or four years in a row now and though it hasn't proven a difficult challenge for the past couple of years it is a good way to get started and to get a look at ourselves. Craig Stirling, now a sophomore, showed that he had been faithful to the training process as he became number one man, at least for our initial meet of the season. Craig was second overall to Ryan of Cal Poly Pomona. About a half a minute behind Stirling came a very pleasant surprise...freshman Dave Koss from Seattle pleased us all with his number three spot. Koss was another who had had a consistent summer of training. As I said, there was very little resistance offered by the competition; in fact, there were only twenty-five runners in the race. Four other Warriors occupied sixth, seventh, eighth and ninth spots. In that order were Luis Villarreal, now a junior, Tim Simonds, a freshman from Santa Barbara High School, Gary Johanson, a sophomore now living in Thousand Oaks, and another newcomer, Alan Schofield, fresh out of the Navy. Trailing a bit in twelfth spot was junior Rich Tussing looking well nigh unto death. The final score saw Westmont with 23, Cal Poly Pomona 47 and Azusa Pacific with 65. San Fernando Valley State did not finish a complete team, so the Long Beach Invitational amounted to a triangular this year. But it's good to win anytime and win we did.

October 2, 1971

.....Westmont 20, Cal State Los Angeles 42

The dual competition with Cal State Los Angeles offered us our only shot at the home course for the season. It's too bad this run came so early in the season because it meant the 1971 cross country team will not be accurately represented on the all time course record list. Usually we have three or four races at home with a couple falling later in the year. Fortunately, the whole team should return in 1972 when we do have a number of home meets. Cal State Los Angeles, at this stage of the campaign at least, was not a good cross country team. They were one outstanding runner, Jeff Lough, and four out-of-condition people. Lough ran a good race, winning by eight seconds over our still number-one-man, Craig Stirling. Craig's time of 26:33 moved him from 18th to 9th on our all time list. Following Craig across the finish line came five Westmonters in a row, Villarreal, Koss, Johanson, Tussing and Bankson. Their times were not exceptional, but did show some improvement over the previous week's apathetic performance. One thing about our course, when a runner makes the turn-around at three miles and begins to come back, passing those competitors behind him, he gets a pretty good idea

of what's going on in the race. I think it's difficult to really dip in deeply and run hard unless you're threatened. When you turn around and begin to realize that there's no one within several hundred yards you just tend to go through the motions and finish. Actually, I think our times could have been as much as thirty to sixty seconds better per man, even for this stage of the season, had we been closely pursued or pulled.

..... RESULTS OF THE FOURTEENTH ANNUAL LONG BEACH INVITATIONAL CROSS COUNTRY RUN

Date: September 18, 1971

Time: 10:30 A.M.

Course: Long Beach State Campus

Distance: 5 Miles

Weather: Good, 70°

Terrain: Flat and fast, mostly grass, a couple of hills

1.	Ryan	Cal Poly	25:54
2.	Stirling	Westmont	26:03
3.	Koss	Westmont	26:29
4.	Elias	Cal Poly	26:34
5.	Seaver	San Fernando	26:38
6.	Villarreal	Westmont	27:31
7.	Simonds	Westmont	27:38
8.	Johanson	Westmont	27:47
9.	Schofield	Westmont	27:55
10.	Buchanan	Azusa Pacific	27:56
11.	Castro	Azusa Pacific	28:13
12.	Tussing	Westmont	28:20
13.	Ezell	Azusa Pacific	29:08
14.	Gross	San Fernando	29:24
15.	Polding	Cal Poly	29:25
16.	Ruiz	Cal Poly	30:13
17.	Ratliff	San Fernando	30:44
18.	Kowell	Cal Poly	31:08
19.	Rigsby	San Fernando	31:10
20.	Stroman	Azusa Pacific	31:52
21.	Summerville	Cal Poly	-----
22.	Morris	Azusa Pacific	-----
23.	Good	Azusa Pacific	-----
24.	Salvador	Cal Poly	-----
25.	Oldenberg	Cal Poly	-----

FINAL SCORE: Westmont 23, Cal Poly Pomona 47, Azusa Pacific 65

.....RESULTS OF THE WESTMONT COLLEGE, CAL STATE LOS ANGELES DUAL CROSS COUNTRY RUN

Date: October 2, 1971

Time: 11:00 A.M.

Course: Westmont College
Mountain Drive Course

Distance: 5 Miles

Weather: 70°

Terrain: First mile an upgrade,
asphalt mountain road

1.	Lough	Cal State L.A.	26:25
2.	Stirling	Westmont	26:33
3.	Villarreal	Westmont	27:00
4.	Koss	Westmont	27:23
5.	Johanson	Westmont	27:31
6.	Tussing	Westmont	28:23
7.	Bankson	Westmont	29:06
8.	Schweitzer	Cal State L.A.	29:44
9.	Angulo	Cal State L.A.	30:09
10.	Foster	Westmont	30:27
11.	Dean	Cal State L.A.	31:21
12.	Simonds	Westmont	33:01
13.	Carnahan	Cal State L.A.	35:14

FINAL SCORE: Westmont College 20, Cal State Los Angeles 42