

GOLDEN GATE CONFERENCE MEET (league meet)

At: Crystal Springs Course
Belmont, California

Date: November 8, 1974
Cool, slight breeze, cloudy

S P E C I A L W O M E N ' S R A C E

1.	Valorie Cooper	Chabot College	12:18
2.	Sue Grigsby	Foothill College	12:24
3.	Karla Hammari	DeAnza College	12:39
4.	Verna Stein	DeAnza College	12:54
5.	Gail Hickling	Chabot College	13:32
6.	Melanie Lepetich	DeAnza College	14:25

The above named women ran the two-mile course (2.0)

	<u>NAME</u>	<u>COLLEGE</u>	<u>TIME</u>
1.	Ted Quintana	Chabot College (old record-DeLaGarza 20:21.9)	20:13.6
2.	Paul Frederickson	DeAnza College	20:35
3.	Doug Padilla	Chabot College	20:57
4.	Hank Lawson	DeAnza College	21:04
5.	Damon Wood	College of San Mateo	21:12
6.	Dave Reiter	Chabot College	21:22
7.	Greg Eger	DeAnza College	21:46
8.	Ron Lewis	DeAnza College	21:49
9.	Alan Traynor	Chabot College	21:52
10.	Bruce Sayre	College of San Mateo	21:56
11.	Bernie Mahon	DeAnza College	22:03
12.	Steve Palladino	College of San Mateo	22:07
13.	Dirk Rohloff	DeAnza College	22:08
14.	Eugene Elliott	Chabot College	22:16
15.	Tom Jordon	College of San Mateo	22:20
16.	Victor Garcia	Chabot College	22:22
17.	John Thomas	Chabot College	22:30
18.	Dana Carvey	College of San Mateo	22:45
19.	Alex Gomez	DeAnza College	22:55
20.	Dave Kentner	Chabot College	23:09
21.	Don Pemberton	College of San Mateo	23:10
22.	Tim Andrews	DeAnza College	23:13
23.	Richard Fishbaugh	Chabot College	23:19
24.	John Shroyer	College of San Mateo	23:21
25.	Christopher Bourke	Chabot College	23:41
26.	Dave Nolte	DeAnza College	23:43
27.	Mark Carroll	DeAnza College	23:45
28.	Ed Digirolamo	Chabot College	24:01
29.	Denny Gonsalves	College of San Mateo	24:23
30.	Dennis McHenry	Chabot College	24:45
31.	Derek Duarte	Chabot College	25:13
32.	Glenn Brackett	DeAnza College	25:21
33.	John Coates	Chabot College	26:08
34.	Brian Saunders	DeAnza College	26:26
35.	Steve Ertman	DeAnza College	26:53
36.	Mike McNally	DeAnza College	29:22

College of San Mateo 37
Chabot College 20

College of San Mateo 38
DeAnza College 19

DeAnza College 28
Chabot College 28

GOLDEN GATE CONFERENCE MEET (league meet)

At: Crystal Springs Course
Belmont, California

Date: November 8, 1974
Cool, slight breeze, cloudy

WEST VALLEY COLLEGE, SAN JOSE CITY COLLEGE, DIABLO VALLEY COLLEGE

<u>NAME</u>	<u>COLLEGE</u>	<u>TIME</u>
1. Matt Sommer	West Valley College	20:26
2. Artie Rios	West Valley College	20:50
3. Shawn James	San Jose City College	20:53
4. Mike Emry	Diablo Valley College	20:58
5. Craig Sullivan	West Valley College	21:00
6. Gil Uresti	San Jose City College	21:09
7. Alex Aguilar	San Jose City College	21:09
8. Gary Sanchez	San Jose City College	21:10
9. Gil Brooks	San Jose City College	21:11
10. Mike Bergkamp	West Valley College	21:13
11. Peter Dinno	West Valley College	21:15
12. Marty Krenn	San Jose City College	21:27
13. Roy Hoglund	San Jose City College	21:30
14. Mike Dayton	Diablo Valley College	21:31
15. Tom Tatum	West Valley College	21:34
16. Ernie Ferrell	San Jose City College	21:37
17. Al Sauer	Diablo Valley College	21:40
18. Don Guilladon	San Jose City College	21:42
19. George Manriquez	San Jose City College	21:48
20. Tom Bartasi	San Jose City College	21:53
21. Tony Mezzepolle	San Jose City College	21:59
22. Jeff Werner	West Valley College	22:04
23. Rich McCandless	West Valley College	22:16
24. Joe Hernandez	San Jose City College	22:18
25. John Bettencourt	San Jose City College	22:21
26. Scott Duggan	West Valley College	22:24
27. Tony Gutierrez	West Valley College	22:26
28. Mike Jones	Diablo Valley College	22:28
29. Doug Scouil	West Valley College	22:50
30. Al Mathews	Diablo Valley College	22:55
31. Keith Maurer	West Valley College	22:58
32. Mark Isaacson	West Valley College	23:08
33. Lynn Ryan	San Jose City College	23:09
34. Steve Lundin	Diablo Valley College	23:13
35. Pete Maurer	West Valley College	23:31
36. Allen Robertson	Diablo Valley College	23:54
37. Ed Hawkins	West Valley College	23:59
38. Tom Rinker	Diablo Valley College	24:42
39. Mark Schratz	Diablo Valley College	24:53
40. Ken Berg	West Valley College	26:31
San Jose City College 29	San Jose City College 19	Diablo Valley College 42
West Valley College 26	Diablo Valley College 44	West Valley College 18

"ALL GOLDEN GATE CONFERENCE RUNNERS 1974"

1. Ted Quintana	Chabot College	20:13.6
2. Matt Sommer	West Valley College	20:26
3. Paul Frederickson	DeAnza College	20:35
4. Artie Rios	West Valley College	20:50
5. Shawn James	San Jose City College	20:53
6. Doug Padilla	Chabot College	20:57
7. Mike Emry	Diablo Valley College	20:58
8. Craig Sullivan	West Valley College	21:00
9. Hank Lawson	DeAnza College	21:04
10. Rick Hart	Foothill College	21:06

GOLDEN GATE CONFERENCE MEET (league meet)

At: Crystal Springs Course
Belmont, California

Date: November 8, 1974
Weather: Cool, slight breeze, overcast

CITY COLLEGE OF SAN FRANCISCO, FOOTHILL COLLEGE, LANEY COLLEGE

<u>NAME</u>	<u>COLLEGE</u>	<u>TIME</u>
1. Rick Hart	Foothill College	21:06
2. Bob Brownlee	Foothill College	22:03
3. Robert Marr	Laney College	22:07
4. Gordon MacMitchell	Foothill College	22:16
5. Ron Martin	Foothill College	22:26
6. Frank Gonzales	Foothill College	22:35
7. Mike Dunn	Dity College of San Francisco	22:36
8. Larry Chamness	Foothill College	22:55
9. Joe Peterson	City College of San Francisco	22:58
10. Jack Shufflin	Foothill College	23:00
11. Amador Garcia	City College of San Francisco	23:20
12. Tony Herbert	City College of San Francisco	23:20
13. Gleb Levitsky	City College of San Francisco	23:51
14. Don Carroll	Foothill College	24:00
15. Ronald Ellis	Laney College	24:11
16. George Gilbert	City College of San Francisco	24:11
17. Roderick Lewis	Laney College	24:55
18. Howard Kimura	Foothill College	24:58
19. Glenn Williams	City College of San Francisco	25:45
20. Landon Vernon	Laney College	26:14
21. Don Askey	Laney College	28:02
22. Kevin Warren	Laney College	30:55
23. Bradley Coleman	Laney College	30:56
24. Walter Chavis	Laney College	31:55

Foothill College 15
C.C.San Francisco 47

Foothill College 18
Laney College 45

Laney College 40
C.C.San Francisco 20

GOLDEN GATE CONFERENCE

1974 Cross Country Results

	<u>Won</u>	<u>Lost</u>	<u>Tie</u>
1. West Valley	8	- 0	
2. San Jose	7	- 1	
3. Chabot	5	- 2	- 1
4. De Anza	5	- 2	- 1
5. San Mateo	4	- 4	
6. Diablo Valley	3	- 5	
7. Foothill	2	- 6	
8. San Francisco	1	- 7	
9. Laney	0	- 8	

West Valley
8 - 0

San Jose
7 - 1

Chabot
5 - 2 - 1

22 De Anza	37	19 Chabot	45	15 San Francisco	45
15 Foothill	47	15 San Francisco	50	45 San Jose	19
15 San Mateo	50	23 De Anza	32	23 Diablo Valley	33
15 San Francisco	50	15 Laney	50	18 Foothill	44
15 Laney	50	17 Foothill	44	15 Laney	50
23 Chabot	36	15 San Mateo	46	36 West Valley	23
18 Diablo Valley	42	19 Diablo Valley	44	28 De Anza	28
26 San Jose	29	29 West Valley	26	20 San Mateo	37

De Anza
5 - 2 - 1

San Mateo
4 - 4

Diablo Valley
3 - 5

19 Foothill	41	23 Diablo Valley	36	15 Laney	48
15 Laney	50	15 Laney	50	20 Foothill	41
20 Diablo Valley	35	17 San Francisco	44	15 San Francisco	49
15 San Francisco	49	50 West Valley	15	42 West Valley	18
19 San Mateo	38	38 De Anza	19	35 De Anza	20
28 Chabot	28	37 Chabot	20	44 San Jose	19
		44 San Jose	17	36 San Mateo	23
		24 Foothill	31	33 Chabot	23

Foothill
2 - 6

San Francisco
1 - 7

Laney
0 - 8

41 Diablo Valley	20	20 Laney	40	40 San Francisco	20
44 Chabot	18	44 San Mateo	17	50 West Valley	15
31 San Mateo	24	50 San Jose	15	50 De Anza	15
44 San Jose	17	45 Chabot	15	50 San Jose	15
15 San Francisco	47	49 Diablo Valley	15	50 Chabot	15
18 Laney	45	47 Foothill	15	50 San Mateo	15
47 West Valley	15	50 West Valley	15	48 Diablo Valley	15
41 De Anza	19	49 De Anza	15	45 Foothill	15