

# 1974 VARSITY CROSS COUNTRY SCHEDULE

Date	Meet	Distance	Place	Time
Sept. 28	San Diego State, West Valley Track Club	4.2 miles	Stanford	10 a.m.
Oct. 5	Fresno State Invitational	6 miles	Fresno	1 p.m.
Oct. 19	Stanford Invitational	6 miles	Stanford	10 a.m.
Oct. 26	Pleasant Hill Invitational	5 miles	Pleasant Hill	1 p.m.
Nov. 2	Pac-8 Southern Division	6 miles	UCLA	11 a.m.
Nov. 16	Pac-8 Championships	6 miles	Stanford	11 a.m.
Nov. 25	NCAA Championships at Indiana University	6 miles	Bloomington, Ind.	11 a.m.

# 1974 JUNIOR VARSITY CROSS COUNTRY SCHEDULE

Oct. 5	Fresno State Invitational	Fresno	1 p.m.
Oct. 12	Sacramento State Invitational	Sacramento	1 p.m.
Oct. 19	San Jose State, Cal., West Valley Track Club	Stanford	10 a.m.
Oct. 26	Pleasant Hill Invitational	Pleasant Hill	1 p.m.

# ALL-TIME TOP TEN 5.0 MILERS AT STANFORD

Anthony Sandoval	29:03.0	1973
Greg Brock	29:08.0	1969
Brian Mittelstaedt	29:15.4	1972
Don Kardong	29:31	1970
Arvid Kretz	29:31	1970
Robert Coe	29:33	1969
Decker Underwood	29:35	1969
Jack Bellah	29:40	1973
Brook Thomas	29:46.4	1968
Mark McConnell	29:47	1972

# TEAM RECORDS

Year	Record	Championships
1968	5-0	2nd NCAA
1969	4-1	3rd in Pac-8
1970	5-0	3rd in Pac-8
1971	5-1	7th in Pac-8
1972	6-0	4th in Pac-8
1973	4-3	6th in Pac-8

# TOP 1974 RETURNEES

	4.2 Miles	6.0 Miles
Anthony Sandoval	19:56.4	29:03.0
Jack Bellah	20:39	29:40
Mark McConnell	20:32	29:47
Dan Cautley	20:58	30:10
Kurt Schoenrock	21:04	30:27
Steve Crowley	21:23	30:44
Jeff Parietti	21:55	30:46
Dan Newell	21:06	30:55
Art Brown	21:07	30:56.8
Frank Boutin	22:36	30:59
Chris Berka	20:53	31:11
Alan Cummings	21:26	31:11

# STANFORD COURSE RECORDS

6 Miles (Golf Course)	Steve Prefontaine (Oregon), 28:05.4, 1973
Stanford record	Anthony Sandoval, 29:03.0, 1973
4.2 Miles	Danny Murphy (Wash. St.), 19:31.0, 1971
Stanford record	Duncan MacDonald, 19:52.2, 1971



# 1973 RESULTS

- 2nd in Fresno Invitational
- 2nd in 4-Way (Cal, W. Valley T.C., San Jose St.)
- 3rd in Pac-8 Southern Division
- 6th in Pac-8 Championships
- 4th in USTFF Western Championships

# ALL-AMERICAS

- Harry McCalla, 1962, 1964
- Brook Thomas, 1968
- Greg Brock, 1968, 1969
- Don Kardong, 1970



# 1974 STANFORD CROSS COUNTRY

# OUTLOOK

Three veteran runners will bolster the 1974 Stanford cross country efforts under the direction of Head Coach Marshall Clark. With qualifying for the NCAA Championships their goal, the Cardinal harriers are intent upon bettering their sixth place Pac-8 finish of a year ago. The top three teams in the conference advance to national competition.

Juniors Tony Sandoval (Los Alamos, N.M.) and Jack Bellah (Los Gatos, Calif.) teamed with Captain Mark McConnell (Santa Cruz, Calif.) supply Coach Clark with three of Stanford's all-time top six-milers. Last season, Sandoval captured medals at the Fresno Invitational, a four-way meet with Cal, West Valley, and San Jose State, as well as at a dual meet with Long Beach State. The 5-7, 120-pounder placed ninth in the Pac-8 run, and fortieth among a strong field of runners in the NCAA Championships.

Sandoval holds the Stanford school record

over six miles at 29:03.0. Teammate Bellah is eighth on the Cardinal all-time list with 29:40 over the distance while McConnell posted a 29:47 time in 1972, placing him tenth in the records book.

Freshman Stacy Geiken, a Palo Alto native, heads the roster of newcomers. A 6-2, 145-pound product of Cubberley High, Geiken placed second in the Central Coast Two-Mile earlier this year.

Conference competition could be at an all-time high this season with seven schools fielding exceptional teams. Oregon finished first in the NCAA last year, with Washington State close behind at third. WSU's John Ngeno, a junior from Kenya, won the 1974 NCAA track six-mile and the '72 Pac-8 cross country events. Oregon is minus Steve Prefontaine, but returns Paul Geis, the '74 NCAA 3-mile winner.

Stanford will host the Pac-8 Championships again this year, slated for November 16. Prior to that, the Cards will participate in three invitationals, including the Stanford meet October 19.



Tony Sandoval, Mark McConnell, Jack Bellah

## 1974 STANFORD CROSS COUNTRY ROSTER

Name	Class	Ht	Wt	Age	Exp.	Major	Hometown
David Allen	So.	5-8	142	19	---	Premed	La Grange, Ill.
George Babikian	So.	6-1	165	19	---	Undeclared	Wayne, Pa.
**Jack Bellah	Jr.	5-9½	130	20	V	Biology	Los Gatos, Calif.
*Chris Berka	Jr.	6-3	157	20	V	Economics	Los Altos, Calif.
Jim Bordoni	Sr.	5-11	150	21	JV	Biology	Vallejo, Calif.
*Frank Boutin	So.	5-6	110	19	V	Premed	Sacramento, Calif.
*Art Brown	Jr.	5-9½	135	20	V	Physics	National City, Calif.
*Dan Cautley	Sr.	5-11	150	22	V	Mech. Engr.	Madison, Wis.
*Steve Crowley	So.	6-0	153	19	V	Biology	Stanford, Calif.
*Alan Cummings	Jr.	5-9	140	20	V	Math	Whittier, Calif.
Kirk Duncan	Sr.	5-10	145	21	JV	Chemistry	Lawrence, Kan.
Dennis Early	Fr.	6-0	140	18	---	Biology	San Jose, Calif.
Stacy Geiken	Fr.	6-2	145	18	---	Undeclared	Palo Alto, Calif.
Mark Hadley	Fr.	6-2	180	18	---	Premed	Napa, Calif.
Dave Ingraham	Sr.	6-0	150	21	JV	Economics	Evanston, Ill.
Richard Karlgaard	Jr.	6-0	147	20	JC	Communication	Bismarck, N.D.
George Koch	So.	5-11	143	19	JV	Undeclared	Carmichael, Calif.
***Mark McConnell	Sr.	6-1	155	21	V	Economics	Santa Cruz, Calif.
Doug McLean	Jr.	6-0	147	20	JV	Math	Moraga, Calif.
Frank Markowitz	Fr.	5-8	120	17	---	Communication	Rancho Palos Verdes, Calif.
James Morgan	Fr.	5-10	143	18	---	Liberal Arts	Princeton, N.J.
*Dan Newell	So.	6-0	150	20	V	Physics	Amherst, Mass.
Jeff Norton	So.	6-0	165	19	---	Biology	Los Altos, Calif.
*Jeff Parietti	So.	5-10	130	19	V	Journalism	Mercer Island, Wash.
Tom Pitchford	Jr.	5-10	130	19	JV	Premed	Los Angeles, Calif.
Gene Robinson	Fr.	5-11	125	18	---	Premed	San Mateo, Calif.
**Anthony Sandoval	Jr.	5-7	120	20	V	Engineering	Los Alamos, N.M.
Ben Scheible	Sr.	5-10	150	21	JV	Political Science	Rocklin, Calif.
**Kurt Schoenrock	Sr.	5-10	150	21	V	Psychology	Carmichael, Calif.
Lee Shoop	So.	5-11	150	19	---	Premed	San Carlos, Calif.
Peter Witt	Fr.	5-5	120	18	---	Premed	Carmichael, Calif.
Bruce Wolfe	Jr.	6-1	150	20	JV	Civil Engineering	Piedmont, Calif.
George Berry	Jr.	mgr				Political Science	Sterling Jct., Mass.

### CARDINAL DIRECTORY

LOCATION . . . . .	Stanford, California 94305	HOME COURSE . . . . .	Stanford Golf Course
ENROLLMENT . . . . .	11,430	CROSS COUNTRY COACH . . . . .	Marshall Clark (415) 497-4527
PRESIDENT . . . . .	Dr. Richard Lyman		Home—(415) 996-0769
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