

Varsity Nov. 15, 1974

1	Harnett	Serra	15:33
2	Greaney	Bell	15:41
3	Pincombe	Serra	15:45
4	Bonilla	Serra	15:46
5	Lopez	Riordan	15:49
6	Meyer	Serra	15:54
7	Lavalle	SI	15:56
8	Barsi	St.F	15:57
9	Mastoney	St.F	16:01
10	Nowak	S.I.	16:02
11	Momsey	S.I.	16:05
12	Jay	St.H.	16:14
13	Ross	Serra	16:21
14	Linehan	S.I.	16:23
15	Fitzhenry	Bell	16:25

Sophomore

1	Reynolds	S.F.	16:21
2	Bennett	SI	16:30
3	Rinaldi	S	16:37
4	Hall	R	16:37
5	Rauch	M	16:41
6	Flores	B	16:41
7	Zanotti	m	16:45
8	Baumstayer	R	16:53
9	Healy	SI	17:05
10	Schenone	B	17:09

17:21

Junipero Serra > Records

[Send To Printer](#)**CROSS COUNTRY RECORDS - INDIVIDUALS WHO HAVE RUN THE CRYSTAL SPRINGS COURSE (2.95 MILES) UNDER 16 MINUTES - THE SUB 16 CLUB**

RICK PINCOMBE	15:07	1975	(Senior Record)
STAN ROSS	15:11	1976	(Junior Record)
GERRY HARNETT	15:19	1974	
ROB WICKSTROM	15:22	1983	(Sophomore Record - 15:51, 1982)
KAREEM BARGHOUTI	15:30	2004	
KEVIN BLAKE	15:32	1975	(Freshman Record)
PHIL KILBRIDGE	15:32	1989	
ADAM PEREZ	15:32	1997	
DAN BOEHLE	15:34	1992	
MIKE RINALDI	15:37	1976	
JIM ROCHFORD	15:38	1976	
TOM WASHINGTON	15:40	1993	
PARKER KELLY	15:41	1986	
DOMINIC VOGL	15:43	2003	
MARK KEYSER	15:43	1987	
TOM JACOBS	15:45	1976	
MIKE DELAURENTI	15:45	2003	
MARK BONILLA	15:46	1974	
JORDAN WOODS	15:48	1997	
GARY MEYER	15:54	1974	
KEVIN GAITHER	15:57	1986	
NATHAN WOODSIDE	15:58	1995	
WILL NEWMAN-ROBINSON	15:59	1988	

Note: Many runners have recorded more than one sub sixteen minute time. Only their best time is listed here.

THE TOP TEAMS IN THE HISTORY OF SERRA'S CROSS COUNTRY PROGRAM (All times recorded at the Crystal Springs venue)**1975 WCAL AND CCS CHAMPIONS**

RICK PINCOMBE	15:07	
STAN ROSS	15:22	
KEVIN BLAKE	15:33	
MIKE RINALDI	15:41	
JON COLLOPY	16:07	TOTAL TIME: 77:50
BRUCE DARLING	16:58	
EUGENE HARNETT	17:11	

1976 WCAL CHAMPIONS

STAN ROSS	15:22	
MIKE RINALDI	15:37	
JIM ROCHFORD	15:38	
TOM JACOBS	15:45	
JON COLLOPY	16:08	TOTAL TIME: 78:30
VINCE CANZIANI	16:54	
SCOTT PENNER	17:09	

1974 WCAL CHAMPIONS

GERRY HARNETT	15:33	
RICK PINCOMBE	15:45	
MARK BONILLA	15:46	
GARY MEYER	15:54	
STAN ROSS	16:21	TOTAL TIME: 79:19
BOB WANDRO	16:52	
JOHN VISBAL	17:02	

2004 CCS DIVISION 1 CHAMPIONS at Toro Park, Salinas (Times recorded at Crvstal Springs, WCAL III on 3 Nov. 2004)

KAREEM BARGHOUTI	15:30	
ROBERT BRODERICK	16:03	
CARLOS RAMIREZ	16:04	
MICHAEL BORG	16:23	
STEVEN BORG	16:33	TOTAL TIME: 80:33
JASON CHORPENING	16:50	

2003 WCAL CO - CHAMPIONS

DOMINIC VOGL	15:43	
MIKE DELAURENTI	16:00	
CHRIS FURNARI	16:06	
KAREEM BARGHOUTI	16:23	
Carlos Ramirez	16:24	TOTAL TIME: 80:36
ROBERT BRODERICK	16:34	
STEVEN SWEENEY	16:51	

1986 CCS 3rd PLACE

PARKER KELLY	15:41	
MARK KEYSER	16:08	
DUSTIN DONATE	16:15	
KEVIN GAITER	16:16	
GREG FONTANA	16:31	TOTAL TIME: 80:51
TIM SPALDING	17:27	
MARK GRENIER	17:29	

1997 CCS DIVISION II CHAMPIONS

ADAM PEREZ	15:35	
JORDAN WOODS	16:00	
MATT PULICHINO	16:29	
BOBBY HANSEN	16:32	
KEVIN GURTIZA	16:44	TOTAL TIME: 81:20
TONY MARTINELLI	17:35	
TY MANCUSO	18:07	

2005 CCS DIVISION I 2nd PLACE (STATE OULALFIER)

Cole Jones	16:01	
Brian Humrich	16:21	
Michael Borg	16:28	
Steven Borg	16:33	
Jason Chorpening	16:34	TOTAL TIME: 81:57
J. D. Smiley	16:47	
Gino Leonio	17:26	

2001 CCS DIVISION I CHAMPIONS

WCAL Final 1973

Individuals		School	Time	Team Scores	
1	Mike Kasser	St. Francis	16:10	1	Saint Francis 15
2	Dave Cortez	St. Francis	16:33	2	Serra 56
3	Kevin Donovan	St. Francis	16:35	3	Riordan 92
4	Frank Gonzales	St. Francis	16:35	4	Saint Ignatius 108
5	Tom Jordan	St. Francis	16:35	5	Bellarmino 111
6	Bill Wirshing	St. Francis	16:36		Mitty Incomplete
7	Gerry Harnett	Serra	16:37		Sacred Heart Incomplete
8	Steve Palladino	Serra	16:45		
9	Dave Shrock	Serra	16:51		
10	Mark Bonilla	Serra	16:54		

WCAL Final 1974

			Time	Team Scores	
1	Gerry Harnett	Serra	15:35		
2	Don Greaney	Bellarmino	15:41	1	Serra 27
3	Rick Pincomb	Serra	15:45	2	St. Ignatius 58
4	Mark Bonilla	Serra	15:45	3	St. Francis 81
5	Rudy Lopez	Riordan	15:49	4	Bellarmino 91
6	Gary Meyer	Serra	15:54	5	Sacred Heart 159
7	Don Lavelle	St. Ignatius	?	6	Mitty Incomplete
8	Don Barsi	St. Francis	15:57	7	Riordan Incomplete
9	Andy Maloney	St. Francis	16:01		
10	Chris Nowak	St. Ignatius	16:02		

WCAL Final 1975

			Time	Team Scores	
1	Rick Pincombe	Serra	15:26		Meet record
2	Kevin Blake	Serra	15:34		
3	Phil Bennett	St. Ignatius	15:45	1	Serra 24
4	Dave Cortez	St. Francis	15:48	2	St. Francis 59
5	Stan Ross	Serra	15:49	3	St. Ignatius 62
6	Don Barsi	St. Francis	15:52	4	Bellarmino 85
7	Mike Rinaldi	Serra	16:00	5	Sacred Heart 148
8	John Morrissey	St. Ignatius	16:14	6	Riordan 164
9	John Callopy	Serra	16:15	7	Mitty Incomplete
10	Pete Dolan	Bellarmino	16:17		

WCAL Final 1976

			Time	Team Scores	
1	Stan Ross	Serra	15:22		New meet record
2	Dave Cortez	St. Francis	15:34		
3	Kevin O'Halloran	St. Francis	15:36	1	Serra 30
4	Mike Rinaldi	Serra	15:37	2	St. Francis 33
5	Jim Rochford	Serra	15:38	3	St. Ignatius 79
6	Kurt Rochlitz	St. Francis	15:44	4	Bellarmino 90
7	Tom Jacobs	Serra	15:45	5	Sacred Heart 160
8	Jim Hannawalt	St. Ignatius	15:57	6	Riordan 127
9	Pete Dolan	Bellarmino	15:59	7	Mitty Inc.
10	Paul McCarty	St. Francis	16:00		