

1st REDWOOD INVITATIONAL  
SAN LORENZO VALLEY HIGH SCHOOL

DATE: Saturday, October 14, 1978  
PLACE: Roaring Camp Railroad in Felton  
TIME: 9:00 a.m.  
DISTANCE: 3.0 miles - Rolling course through the redwoods - Wide trails  
(5,000 meters +)  
DIVISIONS: Small School - 1500 or less  
Large School - 1500 or more  
All boys' school, please double your enrollment.

8:15 Walk Course  
9:00 Small School Boys Frosh  
9:15 Large School Boys Frosh ✓  
9:45 Girls Frosh-Soph (Combined large and small school)  
10:20 Small School Boys Frosh-Soph  
10:35 Large School Boys Frosh-Soph  
10:50 Small School Boys J.V.  
11:05 Large School Boys J.V.  
11:20 Girls Varsity ✓ (Combined large and small school)  
11:45 Small School Varsity  
12:10 Large School Varsity ✓

\*\* Must have a varsity team of 5 or more to enter a junior varsity team. - Boys Varsity and Frosh-Soph limited to 7 runners. All others unlimited.

ENTRY FEES: \$1.50 per runner or \$7.00 per team  
Maximum: \$35 per school

AWARDS: Top 10 runners in: Boys Small School Frosh, Small School Frosh-Soph, Small School Varsity, Large and Small School J.V., and Girls Frosh-Soph  
Top 15 runners in: Boys Large School Frosh, Large School Frosh-Soph, Large School Varsity, and Girls Varsity  
Runners receive medals at the end of the chute.  
Team awards will be given when results are tabulated.  
1st place plaque awarded in all divisions.

*XX - This is ASANCTIONED meet by the CAS*