

12345 El Monte Road Los Altos Hills CA 94022 (415) 948-8590

October 18, 1980

7th ANNUAL FOOTHILL/ST. FRANCIS CROSS COUNTRY INVITATIONAL

WELCOME ATHLETES AND COACHES!!

The athletic departments of St. Francis High School and Foothill College welcome you to our 8th Annual Cross Country Invitational. It is our intention to make this meet one of the premier high school meets in the area. However, in order to ensure that everything runs as smoothly as possible a few rules MUST BE STRICTLY FOLLOWED!

- 1. All races will start on time !. It is the coaches responsibility to have athletes to the starting line on time.
- 2. Labels <u>must</u> <u>be</u> placed on the LEFT PANT LEG of the runner's shorts. If a label falls off during the race the runner should proceed to the finish table and report his/her name with finish number to the scorer. <u>ATHLETES SHOULD NOT REMOVE THEIR OWN LABELS FOR ANY REASON!</u>
- 3. Runners must report to scorers table within 5 (five) minutes of finishing. Failure to do so will result in runner not being scored.
- 4. <u>COACHES:</u> Make sure athletes report to scorer's table immediately upon race completion.
- 5. No loitering around finish board area while race is in progress.
- 6. Cutting the course will result in TOTAL TEAM DISQUALIFICATION !!!
- 7. Runners should stay to the right of the cones on the course.
- 8. Complete results will be mailed out to participating schools on Oct. 20,1980.
- 9. Coaches may pick up awards upon completion of scoring of each race
- 10. Protest Committee includes: Coach Dwayne "Peanut" Harms-- Foothill

Coach Tim Goode-- Peterson Coach Tom Tuite-- St. Francis Coach Joe Rust-- Saratoga

Coach Hal Daner -- Gunn

THANKS FOR COMING AND GOOD LUCK!

Coach Tom Tuite pr FOR Som Juste

Coach Peanut Harms

Foothill College

CO-DIRECTORS

FOOTHILL INVITE



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PARTICIPATING SCHOOLS

&

MEET OFFICIALS

SPECIAL THANKS TO THESE GROUPS --- WITHOUT YOU THIS MEET WOULDN'T BE POSSIBLE.

SCHOOLS

AWALT BELLARMINE

FREMONT

GUNN

LAWRENCE ACADEMY

LOS ALTOS

LOS GATOS

LYNBROOK

MOUNTAIN VIEW

PALO ALTO

PETERSON

SARATOGA

ST. FRANCIS

MENLO

OFFICIALS

Starter -- Coach Hank Ketels

Chronomixes -- Coach Ketels & Steve Wood

Scorers-- Paul McClure & Bill Anderson

Team Scorer -- Coach Tom Tuite

Time Announcer -- Dan Gonzales

Numbers-- Ann Hodgson & Mario Springer

Late Entries and Packet Distribution -- Joan Bottum (who is now 21!!)

Awards Table-- Jack Kurr

T-Shirt and Food Sales -- Mark Rokovich & Tom Deeney

Course Monitors -- Eric Short

Tim Freedman HArry Richardson

Robert Ward

Joe Kilgore

Stu Campbell- 2 mile split

John Rice- 1 mile split Mike Jackman

Mike Jackman Laird Solsa

Head Score Keeper: Al Hernandez