

photo by Don Gosney



HAROLD KUPHALDT(left) and MIKE MCCOLLUM

Mesa 15:42; Wilson (Dos Pueblos) 15:45; Stupek (Dos Pueblos) 15:46; Romero (Thousand Oaks) 15:46; Howard (Costa Mesa) 15:49; Griffiths (South Torrance) 15:50; Laubscher (Thousand Oaks) 15:51.

WOMEN'S 3A DIVISION

Coach Phil Ryan had his San Marino troops gassed up and ready to go and they churned to a decisive win here. The Titans scored 60 points (62:45) to take the tight trio of Laguna Beach (111-64:27), quickly improving Walnut (115-64:45), and Mira Costa (129-65:02). Ryan's all underclass group put its five scorers within the top twenty-five places in racing to the day's overall fifth fastest women's team time.

The most interesting of the Girls' individual races was featured here as a pack of five (Leslie White (Sonora, La Habra), Kelly Buzza (Arroyo Grande), Margaret Spotts (Redondo Beach), Penny Miller (Downey), and Shelly McClelland (San Marino) were all even at the mile. After a battle the final half of the race White was the most powerful on the track during the final 330 sprint to win at 11:59, while McClelland, Miller, Spotts, and a strong finishing Therese Eblner (Bishop Amat) made up the final top five.

Ryan's Girls had taken the 2A title in 1978 and handled the move to the 3A level since then quite successfully.

RESULTS:

Team: San Marino 60-62:45; Laguna Beach 111-64:27; Walnut 115-64:45; Mira Costa 129-65:02; Capistrano Valley 171-66:17; Arroyo Grande 172-66:10; Mater Dei (Santa Ana) 189-66:58; Bishop Amat (La Puente) 190-66:36; Beverly Hills 202-67:18; Redondo 216-67:47; Norco 218-68:13.

Individual: White (Sonora) 11:59; McClelland (San Marino) 12:01; Miller (Downey) 12:03; Spotts (Redondo) 12:09; T. Eblner (Bishop Amat) 12:10; Durrand (Laguna Beach) 12:16; Maldonado (Bishop Amat) 12:17; Buzza (Arroyo Grande) 12:18; Acosta (Walnut) 12:20; Booth (Laguna Beach) 12:21; White (Mira Costa) 12:22; Van Steenberg (San Marino) 12:28; Irving (San Marino) 12:30; Zepeda (Capistrano Valley) 12:32; Gottlieb (Beverly Hills) 12:43.

MEN'S 3A DIVISION

An unheralded Norco squad of Coach Larry Nugent burst from a group of seven squads who had raced to within a minute of each other in the Prelims the previous week to take the team title. The Cougars dropped their times nicely in a week to take the win quite easily. Bruce McCormack, a junior, (5th-15:31) led the team up front, but it was the improvement of Mike Wardle and Terry McCormack that gave them the depth to roll to a 32 point win (84-80:39) over Mater Dei (116-81:37). Mater Dei's star, Robert Planta, competed with a stress fracture and had to be helped off the field after the race. Don Chadez did a super job of bringing around his young squad this year to take third off a better sixth man when his El Dorado group tied with Mira Costa at 129 points.

Individually, Northview's Mike Carlton and Montebello's Ernie Cadena pulled

(Garden Grove) finished second in 12:11, with Bernadette Torres (Basset) 12:19 and Donna Marino (Montclair) 12:27 in third and fourth.

RESULTS:

Team: Agoura 87-66:58; Alemany (Mission Hills) 98-65:37; Paso Robles 125-68:17; Pacifica (Garden Grove) 132-68:36; Marymount (LA) 141-68:31; Rosemead 164-69:43; Victor Valley 175-69:47; Schurr 183-69:51 (6th Runner); Central (El Centro) 183-69:30; Louisville (Woodland Hills) 184-70:25; Apple Valley 200-70:18; Indio 246-71:31.

Individuals: Cook (Alemany) 11:08; Bonnilla (Los Amigos) 12:11; Torres (Basset) 12:19; Marino (Montclair) 12:27; Garnett (Marymount) 12:50; Muschitz (Agoura) 12:51; Abina (Central) 12:55; Simon (Agoura) 12:57; Stewart (Louisville) 13:03; Silva (Alemany) 13:06.

photo by Don Gosney



LORI LOPEZ

MEN'S 2A DIVISION

Barstow blasted to the top Prelims time in this division as a team by about four minutes and was the prohibitive favorite. They let no one down in the Finals as they dominated the team and individual

first ever Women's 1A Championship in one of the day's tighter contests with 89 points (70:41). The final team in the field of eight had 137 points, as the first five teams were all within 19 points. Pasadena Poly, led by individual second placer Jean Kutner (12:30) placed in that same spot as a team with 91 (71:50). Individual titlist Lori Lopez of Sacred Heart (LA), the winner by a wide margin at 12:01, had her squad a close third with 92. Sherman Indian (Riverside) with 100 was fourth and Bishop had 104.

RESULTS:

Team: Paraclete (Lancaster) 89-70:41; Pasadena Poly 91-71:50; Sacred Heart (LA) 92-69:39; Sherman Indian (Riverside) 100-71:30; Bishop 104-71:19; La Verne Lutheran 108-71:27; LA Baptist 127-72:01; Culver City 137-72:55.

Individual: Lopez (Sacred Heart) 12:01; Kutner (Poly) 12:30; McMillan (LA Baptist) 12:53; Rethwisch (Orange Lutheran) 13:13; Masonis (La Verne Lutheran) 13:21; La Berteaux (Paraclete) 13:28; Mowharther (La Verne Lutheran) 13:39; Kolbe (Bishop) 13:43; Johnson (Desert) 13:44; Voge (Paraclete) 13:45.

MEN'S 1A DIVISION

Sherman Indian (Riverside) was a solid pick after the Prelims with the top team time by about a minute and a half, and in the Finals they packed their top six in the top 22 slots for a comfortable win the 57 points (83:23). Coach Don Blair's LaSalle team has steadily improved all year, moving still closer to Sherman this week with 72 points (84:37). 29 Palms (101-86:26; Carpenteria (116-85:56) with the individual winner in junior Tom Grewe (15:43), and Atascadero (148-88:51) rounded out the top five.

In the individual struggle up front, Grewe was joined near two miles by Sherman's James Selina and Kennedy of Barstow 9th grader Jimmy Ortiz (yes he has a brother at UCLA). This trio battled the final mile together--Grewe took the 330 sprint to the tape for his win.

RESULTS:

Team: Sherman Indian (Riverside) 57-83:23; LaSalle (Pasadena) 72-84:37; 29 Palms 101-86:26; Carpenteria 116-85:56; Atascadero 148-88:51; Fillmore 178-89:29; Paraclete (Lancaster) 187-90:17; Bishop 196-90:14; Cathedral (LA) 242-92:28; Serano (Phelan) 249-93:10; Morro Bay 266-93:28; Brentwood 272-94:48.

Individual: Grewe (Carpenteria) 15:43; Selina (Sherman Indian) 15:49; Ortiz (Kennedy Jr. Hl, Barstow) 15:49; Monroe (LA Baptist) 16:03; Yuster (Brentwood) 16:10; Robles (Fillmore) 16:13; Green (LaSalle) 16:15; Armbruster (Paso Robles) 16:19; Crawford (St. Bonaventure, Ventura) 16:25; Johnson (29 Palms) 16:26.

ROADSIDE NOTES

Next year the meet goes back to Mt. SAC--a facility which fulfills just about every need for Championship Cross-Coun-

meet are to be congratulated (John Blair (Corona Del Mar), Jerry Whitaker (Foothill HS), Tom White (Saddleback), and the others who helped). The meet went smoothly and in a first class manner.

The unofficial awards for best Coaching job have to go to the 3A and 4A Men's team winners. Thousand Oak's Jack Farrell had two returnees off his 4A runner-ups from last year, so he was faced with a major rebuilding job. He obviously succeeded, sneaking gradually up on everyone and winning a wide-open 4A team struggle. Finalist team leader Hector Romero (17th) showed potential last year in track, but missed some early season competitions before coming on in the last month. A transfer from the fine York program in Illinois helped also. Norco's first year mentor, Larry Nugent, had four returnees from last year's 11th place 3A group of Coach Ben Gonzalez. Unranked going into the Sectional meets Nugent's squad peaked perfectly, moving away from a pack of seven equal squads to a big 32 point and minute team-time victor.

The "pull them up by the boot-strap" award goes to Coach Tim O'Rourke of Arroyo (El Monte) High School. Tim revived a waning Men's program and quickly restored it to the heights it achieved under Juan Hernandez in the last 1960's and early 1970's with the Knight's 1980 2A 2nd place.

Frosh Jimmy Ortiz (Kennedy Junior High, Barstow) the younger brother of UCLA's star, Steve, was very impressive with his 3rd at 15:49 in the Men's 1A. Jimmy could have legally run for Barstow High, as it is the only High School in town. Plugging his 15:49 into Barstow's Varsity would have dropped that teams time to 79:14 making them the Section's fastest by over half a minute.

Leagues involved in changes from one division to another for the Sectional competition generally held their own. Saugus, San Marino, Temple City, La Canada, Montebello, Rim of the World, and Perris all had finalist groups despite their League being jumped up a level. Teams such as Mira Costa, Agoura, and Barstow that dropped down divisions kind of devoured their new levels.

The Girls new 1A division was a big hit, providing the day's tightest team competition and giving some new schools chances at sectional honors.

Camarillo would have been right near the top of the Men's 4A race as a team if soph Erick Reynolds (who did not run due to illness) could have duplicated the time he raced to in the Prelims (15:39) in the Finals.

It sounds like a broken record, but as usual things will get better next year in the Women's division as all four individual champions return, University of Irvine returns six of its top seven, San Marino returns all seven, etc. etc.

Saddleback CC

Mission Viejo for the Sectional Prelims and Finals Meets. Difficulties in scheduling forced a mid-season switch from Walnut's Mt. SAC facility, and a group of Orange County Coaches stepped in to rescue the Championship meets. The concrete and dirt trail course toured the perimeter of the Community College campus, featuring a final 330 yards on an all-weather track. The course featured a set of "roller-coaster" hills that were moderately challenging during the first mile, and there was a gradual uphill climb over the last mile to the finish. The Men's course started a quarter mile further back down the road, and featured a sloped down and up 1320 yard loop at the mile to get their extra mile in over the Women's Two. The course wheeled out to 50 yards longer than two miles for the

Grimsby (Wilson) 12:13; Ehlen (Santa Barbara) 12:13; LaCrosse (Costa Mesa) 12:14; Kelly (Costa Mesa) 12:14; Unger (Foothill) 12:17; Ball (Newbury Park) 12:18; Sauerwein (Uni) 12:19; Armentrout (Uni) 12:19; Cox (Foothill) 12:20; Jones (Newbury Park) 12:21; Wolfe (Costa Mesa) 12:23; Stachura (Newbury Park) 12:24;

MEN'S 4A DIVISION

A steadily improving Thousand Oaks squad put it together when the time was right to emerge a somewhat surprising team victor with 112 points (79:55) to Costa Mesa's 115 (79:49). Without a big gun, the Lancers relied on a tight team gap (33 seconds 1-5 in places 17 through 40). The first seven teams were within a minute in their team times. The

HAROLD KUPHALDT(left) and MIKE MCCOLLUM

Saddleback CC

Mission Viejo for the Sectional Prelims and Finals Meets. Difficulties in scheduling forced a mid-season switch from Walnut's Mt. SAC facility, and a group of Orange County Coaches stepped in to rescue the Championship meets. The concrete and dirt trail course toured the perimeter of the Community College campus, featuring a final 330 yards on an all-weather track. The course featured a set of "roller-coaster" hills that were moderately challenging during the first mile, and there was a gradual uphill climb over the last mile to the finish. The Men's course started a quarter mile further back down the road, and featured a sloped down and up 1320 yard loop at the mile to get their extra mile in over the Women's Two. The course wheeled out to 50 yards longer than two miles for the Girls and 50 yards short of three for the Men.

Team-wise and in the individual races things up front generally went pretty true to form. Surprises were Norco with their Men's 3A victory, Thousand Oaks with an awesome team performance to take the Men's 4A and Agoura with a mild 2A Women's upset win.

WOMEN'S 4A DIVISION

University of Irvine finished its season off nicely with a big team victory with 48 points (59:58 team time) led by its one-two punch of Polly Plumer and Teresa Barrios. Polly burned out and led by one hundred yards through the mile at 5:23. Barrios (34:11:43) was run down by Saugus' Shelly Hazlett (2nd-11:32) in the final mile. Sea View League rival Costa Mesa (78:62:03) followed Uni, with fine Saugus (93:61:54) and Newbury Park (105:62:40) teams in third and fourth. Fountain Valley improved nicely recently to fifth at 130 (63:06). The Barons' Anna Villanueva capped her comeback off some early season inactivity with a 4th at 11:55 ahead of Burbank's Nina Manriquez (5th-12:04) who was in her first year of Cross-Country.

University is Southern California's best ever Women's High School Cross-Country team and a nominee for the top team in the nation—they return their top four, six of their top seven for 1981.

RESULTS:

Team: University (Irvine) 48-59:58; Costa Mesa 78-62:03; Saugus 93-61:54; Newbury Park 105-62:40; Fountain Valley 130-63:06; Foothill (Santa Ana) 154-63:37; Edison (Huntington Beach) 176-64:30; Santa Barbara 210-65:09; Tustin 211-64:57; Wilson (Long Beach) 236-65:54; West Torrance 259-66:05; Buena (Ventura) 300-66:36.
Individual: Plumer (University) 11:11; Hazlett (Saugus) 11:32; Barrios (University) 11:43; Villanueva (Fountain Valley) 11:55; Manriquez (Burbank) 12:04; Dunn (Camarillo) 12:07; Fournier (Saugus) 12:07;

Grimsby (Wilson) 12:13; Ehlen (Santa Barbara) 12:13; LaCrosse (Costa Mesa) 12:14; Kelly (Costa Mesa) 12:14; Unger (Foothill) 12:17; Ball (Newbury Park) 12:18; Sauerwein (Uni) 12:19; Armentrout (Uni) 12:19; Cox (Foothill) 12:20; Jones (Newbury Park) 12:21; Wolfe (Costa Mesa) 12:23; Stachura (Newbury Park) 12:24;

MEN'S 4A DIVISION

A steadily improving Thousand Oaks squad put it together when the time was right to emerge a somewhat surprising team victor with 112 points (79:55) to Costa Mesa's 115 (79:49). Without a big gun, the Lancers relied on a tight team gap (33 seconds 1-5 in places 17 through 40). The first seven teams were within a minute in their team times. The University of Irvine Men's group (128-80:16) nipped a young Dos Pueblos of Goleta team (145-80:41) and Fountain Valley (146-80:38) for third through fifth. It was wild, wide open Cross-Country, as eight teams had times from the Prelims from within a minute—Thousand Oak's squad steadily moved up during the last mile and one-half to make their win possible.

The contest among the top individuals in the race was a re-run with a different ending of last year's 4A script. Jon Butler (Edison, Huntington Beach) and Barasa Thomas (Santa Barbara) broke away from the pack early for a two man duel. Through the first mile and a half they battled shoulder-to-shoulder, Butler slightly leading, with Thomas looking surprisingly easier sitting on his shoulder. On a long downhill at the one and three-quarter mile mark Butler suddenly moved away to a 45 yard lead. Passing two miles right at 10:00, Butler maintained that margin to a 14:56-15:05 win over his Kenyan rival. Butler finished an undefeated season. Scott LaCrosse (Costa Mesa) finished third over Steve Valen (El Modena, Orange), Chris Bowlus (Rolling Hills), and the Corona Del Mar duo of Jim Hartford and Shawn Gallagher.

RESULTS:

Team: Thousand Oaks 112-79:55; Costa Mesa 115-79:49; University 128-80:16; Dos Pueblos (Goleta) 145-80:41; Fountain Valley 146-80:38; Villa Park 150-80:48; Rolling Hills 156-80:42; Palos Verdes 159-81:11; Camarillo 190-82:14; South Torrance 217-82:41; Simi Valley 236-83:14; Corona Del Mar 263-81:22.
Individual: Butler (Edison) 14:56; Thomas (Santa Barbara) 15:05; LaCrosse (Costa Mesa) 15:18; Valen (El Modena) 15:33; Bowlus (Rolling Hills) 15:24; Hartford (Corona Del Mar) 15:27; Gallagher (Corona Del Mar) 15:29; Parker (Tustin) 15:33; Grande (Villa Park) 15:34; Daily (Villa Park) 15:39; Mosher (Fountain Valley) 15:41; Meyer (University) 15:41; Erickson (Fountain Valley) 15:42; Herrera (Costa

MEN'S 3A DIVISION

An unheralded Norco squad of Coach Larry Nugent burst from a group of seven squads who had raced to within a minute of each other in the Prelims the previous week to take the team title. The Cougars dropped their times nicely in a week to take the win quite easily. Bruce McCormack, a junior, (5th-15:31) led the team up front, but it was the improvement of Mike Wardle and Terry McCormack that gave them the depth to roll to a 32 point win (84-80:39) over Mater Dei (116-81:37). Mater Dei's star, Robert Planta, competed with a stress fracture and had to be helped off the field after the race. Don Chadez did a super job of bringing around his young squad this year to take third off a better sixth man when his El Dorado group tied with Mira Costa at 129 points.

Individually, Northview's Mike Carlton and Montebello's Ernie Cadena pulled away after a mile and Mike eased ahead during the last mile for his 15:09-15:15 triumph. The next three places, Jeff Atkinson (Mira Costa), soph Tim Cammack (South Hills, Covina), and Norco's McCormack were sorted out during the 330 sprint on the track.

RESULTS:

Team: Norco 84-80:39; Mater Dei (Santa Ana) 116-81:37; El Dorado (Placentia) 129-81:49 (6th man), Mira Costa (Manhattan Beach) 129-81:25; Hawthorne 142-81:56; La Canada 156-82:28; Mission Viejo 159-82:31; Montebello 182-82:23; Buena Park 187-83:01; Walnut 208-83:32; Temple City 212-83:51; San Marino 249-84:31.
Individuals: Carlton (Northview) 15:09; Cadena (Montebello) 15:15; Atkinson (Mira Costa) 15:29; Cammack (South Hills) 15:31; McCormack (Morco) 15:31; Olson (Hawthorne) 15:37; Souza (Wilson, Hacienda Heights) 15:44; Terriquez (Buena Park) 15:47; Howard (Dana Hills) 15:54; Perez (Rowland) 15:54; Seawright (Mira Costa) 15:56; Dion (Mission Viejo); 15:57; Olafson (La Canada) 15:58; Aukerman (Mira Costa) 15:58; Ruiz (Walnut) 16:04.

WOMEN'S 2A DIVISION

A surprising Agoura (87-66:58) team leap-frogged over Alemany (98-65:37) for its win. Alemany raced without its fourth girl and Agoura had a super race from frosh Susanne Muschitz (6th-12:51, down from 14:19 the previous week) to ice the win. Some thirty points behind the front duo a young Paso Robles group nabbed third (125-68:17) over Pacifica (Gardena Grove) (132-68:36), and Marymount (LA) (141-68:31).

Vickie Cook ended any suspense in the individual race early as she blasted out to a thirty second lead by the mile and stretched it to over a minute at the finish in the day's fastest individual effort of 11:08. Rosie Bonilla of Los Amigos

continued on next page



LORI LOPEZ

MEN'S 2A DIVISION

Barstow blasted to the top Prelims time in this division as a team by about four minutes and was the prohibitive favorite. They let no one down in the Finals as they dominated the team and individual struggles. Steve Schweikart started out quickly for the Aztecs and Vernon Morris moved up from the middle of the pack to join up at two miles and battle to the finish with Schweikart winning 15:28 - 15:32 and a 1-2 Barstow sweep. They were backed up nicely as Barstow totaled 43 points (80:16). A dog-fight for second was settled during the third mile when Arroyo's scorers all moved past a couple of opponents each for their 88 point total (82:56). The Agoura group was third with 116 (83:33)—the Chargers came out of their drop from 4A to 2A status very successfully. Salesian, the overwhelming pre-season favorite, placed 4th at 134 (84:26)—Brother Tom Keangan's Mustangs just never came around like last year, when they easily won the 2A title with six underclassmen.

Behind the Barstow duo up front Agoura's Jim Kelley finished a fine four-year High School Cross-Country career with his 3rd at 15:49. Indio Junior Jesse Contreras looked good in 4th at 15:55.

RESULTS:

Team: Barstow 43-80:16; Arroyo 88-82:56; Agoura 116-83:33; Salesian (LA) 134-84:26; Alemany 144-84:51; Victor Valley 173-85:41; Perris 177-85:22; St. Francis (La Canada) 191-85:44; Rim of World (Lake Arrowhead) 216-86:38; Indio 218-86:19; Central (El Centro) 223-86:44; Crespi (Encino) 304-89:20.
Individual: Schweikart (Barstow) 15:28; Morris (Barstow) 15:32; Kelley (Agoura) 15:49; Contreras (Indio) 15:55; Velasquez (El Monte) 16:06; Johnson (Arroyo) 16:07; Aldana (Central) 16:09; Gonzalez (Barstow) 16:10; Berry (Perris) 16:10; Rodriguez (Barstow) 16:15.

WOMEN'S 1A DIVISION

Paraclete, a small private school of 360 students out in Lancaster, took home the

Grewe was joined near two miles by Sherman's James Selina and Kennedy of Barstow 9th grader Jimmy Ortiz (yes he has a brother at UCLA). This trio battled the final mile together—Grewe took the 330 sprint to the tape for his win.

RESULTS:

Team: Sherman Indian (Riverside) 57-83:23; LaSalle (Pasadena) 72-84:37; 29 Palms 101-86:26; Carpinteria 116-85:56; Atascadero 148-88:51; Fillmore 178-89:29; Paraclete (Lancaster) 187-90:17; Bishop 196-90:14; Cathedral (LA) 242-92:28; Serano (Phelan) 249-93:10; Morro Bay 266-93:28; Brentwood 272-94:48.
Individual: Grewe (Carpinteria) 15:43; Selina (Sherman Indian) 15:49; Ortiz (Kennedy Jr. Hi, Barstow) 15:49; Monroe (LA Baptist) 16:03; Yuster (Brentwood) 16:10; Robles (Fillmore) 16:13; Green (LaSalle) 16:15; Armbruster (Paso Robles) 16:19; Crawford (St. Bonaventure, Ventura) 16:25; Johnson (29 Palms) 16:26.

ROADSIDE NOTES

Next year the meet goes back to Mt. SAC—a facility which fulfills just about every need for Championship Cross-Country. The group that ran the Saddleback

photo by Keith Conning



TIM BERRY



GARY GONZALES(left)

by over half a minute. Leagues involved in changes from division to another for the Sectional competition generally held their own Saugus, San Marino, Temple City, Canada, Montebello, Rim of the World and Perris all had finalist groups despite their League being jumped up a level. Teams such as Mira Costa, Agoura, Barstow that dropped down divisions of devoured their new levels.

The Girls new 1A division was a plus providing the day's tightest team competition and giving some new schools their first sectional honors.

Camarillo would have been right near top of the Men's 4A race as a team soph Erick Reynolds (who did not run to illness) could have duplicated the time he raced to in the Prelims (15:39) in Finals.

It sounds like a broken record, but usual things will get better next year the Women's division as all four individual champions return, University of Irvine returns six of its top seven, San Marino returns all seven, etc. etc.

Boys Championships (cont.) 1978 (continued)

1976 (continued)

| | | |
|------------------------------------|-------|--|
| "AA" DIVISION | | |
| 1. Steve Ortiz, Barstow Kennedy | 10:12 | |
| 2. Brad Kester, Artesia (jr) | 10:18 | |
| 3. Richard Benavidez, Bassett | 10:19 | |
| 4. Charles Rednick, Sherman In(jr) | 10:20 | |
| 5. Todd Frame, La Cañada | 10:22 | |
| 6. Congdon, So Pasadena | 10:24 | |
| 7. Mark Fricker, Hemet | 10:27 | |
| 8. Madrigal, Salesian | 10:28 | |
| 9. Joel Hope, Alta Loma | 10:29 | |
| 10. Brown, Alta Loma | 10:33 | |

"A" DIVISION (SMALL SCHOOLS)

| | |
|-------------------------------|-------|
| 1. Steve Peters, Bishop (jr) | 10:26 |
| 2. Ivan Huff, Paso Robles | 10:39 |
| 3. Kevin Lundgren, St. Joseph | 10:40 |
| 4. Mark Gray, Bishop | 10:42 |
| 5. Tim Fitzgerald, Chaminade | 10:47 |

1977 (3.0mi @ Mt. San Antonio CC)

"AAAA" DIVISION (LARGE SCHOOLS)

| | |
|-----------------------------------|-------|
| 1. Frank Assumma, Eisenhower (jr) | 15:16 |
| 2. Chuck Assumma, Eisenhower (jr) | 15:24 |
| 3. Kirk Buhler, Fountain Valley | 15:41 |
| 4. John Spilman, Simi Valley (so) | 15:41 |
| 5. Brian Appell, Fountain Valley | 15:45 |
| 6. McManus, Palos Verdes | 15:50 |
| 7. John Gerhardt, Costa Mesa | 15:59 |
| 8. Joe Young, Costa Mesa | 15:59 |
| 9. Daley, Foothill | 16:01 |
| 10. DeHares, Marina | 16:03 |
| 11. Way, Foothill | 16:04 |

"AAA" DIVISION

| | |
|--------------------------------|-------|
| 1. Rick Cisneros, Valencia | 15:48 |
| 2. Richard Diaz, Redondo (jr) | 15:53 |
| 3. Ken Ernst, El Dorado (jr) | 15:55 |
| 4. Gary Borbon, Upland | 15:58 |
| 5. Joey Gomez, Valencia | 15:59 |
| 6. Rick Nieswonger, Buena Park | 16:01 |

"AA" DIVISION

| | |
|--------------------------------|---------|
| 1. Jon Stormo, Agoura | 15:20.9 |
| 2. Charles Rednick, Sherman In | 15:35 |
| 3. Brad Kester, Artesia | 15:46 |
| 4. Randy Brown, Alta Loma | 15:47 |
| 5. Ivan Bradley, Rio Mesa (so) | 15:48 |
| 6. T Martin, San Marino | 15:51 |
| 7. Poola, Sherman Inst | 15:53 |
| 8. Rios, Lennox | 16:01 |
| 9. Lemon, Salesian | 16:03 |
| 10. Madrigal, Salesian | 16:12 |

"A" DIVISION (SMALL SCHOOLS)

| | |
|---------------------------------|---------|
| 1. Steve Peters, Bishop | 16:02.3 |
| 2. Horatio Martinez, Bishop | 16:15 |
| 3. Francisco Robles, Fillmore | 16:19 |
| 4. Mark Ruelas, LaSalle (so) | 16:22 |
| 5. Greg Baxter, Atascadero (so) | 16:28 |

1978 (3.0mi @ Mt. SAC, rain course)

"AAAA" DIVISION (LARGE SCHOOLS)

| | |
|-----------------------------------|-------|
| 1. Chuck Assumma, Eisenhower | 15:18 |
| 2. Mike Lansdon, Edison | 15:43 |
| 3. Gordon Duff, Huntington Beach | 15:45 |
| 4. Dave Cangelosi, Villa Park | 15:49 |
| 5. Richard Perez, Sn Gorgonio(jr) | 15:50 |

"AAA" DIVISION

| | |
|------------------------------------|---------|
| 1. Jeff Nelson, Burb Burroughs | 15:01.4 |
| 2. Richard Diaz, Redondo | 15:22 |
| 3. Jeff Vandereems, Mis Viejo (jr) | 30 |
| 4. Mike Melendez, Norco | 15:32 |
| 5. Glenn Lee, Barstow | 15:34 |

"AA" DIVISION

| | |
|-----------------------------|-------|
| 1. Dennis Arriola, Gahr | 15:52 |
| 2. John Cloud, Arlington | 15:57 |
| 3. Martin Navarro, Rio Mesa | 16:05 |
| 4. Ernie Cadena, Montebello | 16:06 |
| 5. John Moreno, Rosemead | 16:08 |

"A" DIVISION (SMALL SCHOOLS)

| | |
|---------------------------------|-------|
| 1. Mark Ruelas, LaSalle (jr) | 15:44 |
| 2. Greg Baxter, Atascadero (jr) | 16:00 |
| 3. Luis Torres, Alemany (jr) | 16:17 |
| 4. Mark Bruschi, Atascadero | 16:32 |
| 5. Marco Zubiate, Alemany | 16:37 |

1979 (3.0mi @ Lake Castaic; hi winds)

"AAAA" DIVISION (LARGE SCHOOLS)

| | |
|-----------------------------------|-------|
| 1. Barasa Thomas, S Barbara (jr) | 14:49 |
| 2. Ed Callaway, Dos Pueblos | 15:06 |
| 3. Jon Butler, Edison (jr) | 15:07 |
| 4. Richard Perez, San Gorgonio | 15:08 |
| 5. Chris Bowlus, Rolling Hls (jr) | 15:15 |
| 6. Scott LaCrosse, Costa Mesa(jr) | 15:23 |
| 7. Jim Dunlap, 1000 Oaks | 15:23 |
| 8. Harold, El Modena | 15:27 |
| 9. Adams, Foothill | 15:29 |
| 10. Steve Valen, El Modena | 15:31 |
| 11. Mike Fisher, Villa Park | 15:35 |
| 12. Corzan, Mira Costa | 15:36 |
| 13. John Spilman, Simi Valley | 15:38 |
| 14. Kelley, Agoura | 15:39 |
| 15. Forkjer, 1000 Oaks | 15:45 |

"AAA" DIVISION

| | |
|---------------------------------|-------|
| 1. Don Orr, Upland | 15:26 |
| 2. Vernon Morris, Barstow (jr) | 15:29 |
| 3. Mike Carlton, Northview (jr) | 15:32 |
| 4. M Camacho, Walnut | 15:32 |
| 5. M Tomas, El Dorado | 15:33 |
| 6. Lalo Terriquez, Buena Park | 15:35 |
| 7. Martinez, Quartz Hill | 15:47 |
| 8. McDonnell, Bur Burroughs | 15:48 |
| 9. Phil Orr, Upland | 15:49 |
| 10. Adams, Valencia | 15:54 |

"AA" DIVISION

| | |
|--------------------------------|-------|
| 1. Mike Parkinson, So Pasadena | 14:49 |
| 2. Andy DiConti, La Cañada | 14:50 |
| 3. Luis Torres, Alemany | 15:10 |
| 4. T Collins, Yucaipa | 15:17 |
| 5. Danny Martinez, Salesian | 15:17 |
| 6. R Padilla, Indio | 15:27 |
| 7. DeAnda, Salesian | 15:32 |
| 8. Jesus Contreras, Indio (so) | 15:34 |
| 9. Alahuzos, St. Francis | 15:38 |
| 10. Velasquez, El Monte | 15:59 |

"A" DIVISION (SMALL SCHOOLS)

| | |
|-------------------------------|-------|
| 1. Greg Baxter, Atascadero | 15:03 |
| 2. Mark Ruelas, LaSalle | 15:09 |
| 3. James Selina, Sherman Inst | 15:28 |
| 4. T Roach, LaSalle | 15:33 |
| 5. M Armbruster, Paso Robles | 15:33 |

1980 (3.0mi @ Saddleback CC)

"AAAA" DIVISION (LARGE SCHOOLS)

| | |
|------------------------------------|-------|
| 1. Jon Butler, Edison | 14:56 |
| 2. Barasa Thomas, Santa Barbara | 15:06 |
| 3. Scott LaCrosse, Costa Mesa | 15:18 |
| 4. Steve Valen, El Modena | 15:20 |
| 5. Chris Bowlus, Rolling Hills | 15:24 |
| 6. Jim Hartford, Corona Del Mar | 15:27 |
| 7. Shawn Gallaher, Corona Del Mar | 15:28 |
| 8. Mike Parker, Tustin (jr) | 15:33 |
| 9. Grande, Villa Park | 15:34 |
| 10. Gary Daily, Villa Park (jr) | 15:39 |
| 11. Ned Mosher, Fountain Vly (jr) | 15:41 |
| 12. Brad Meyer, University | 15:41 |
| 13. Bob Erickson, Fountain Vly(jr) | 15:42 |
| 14. Herrera, Costa Mesa | 15:42 |
| 15. Wilson, Don Pueblos | 15:45 |

"AAA" DIVISION

| | |
|----------------------------------|-------|
| 1. Mike Carlton, Northview | 15:09 |
| 2. Ernie Cadena, Montebello | 15:15 |
| 3. Jeff Atkinson, Mira Costa | 15:29 |
| 4. Tim Cammack, Sunny Hills (so) | 15:31 |
| 5. Bruce McCormack, Norco (jr) | 15:31 |
| 6. Jeff Olson, Hawthorne | 15:37 |
| 7. Souza, Hac Ht Wilson | 15:44 |
| 8. Lalo Terriquez, Buena Park | 15:47 |
| 9. Dave Howard, Dana Hills (jr) | 15:54 |
| 10. Steve Perez, Rowland | 15:54 |

1980 (continued)

"AA" DIVISION

| | |
|--------------------------------|-------|
| 1. Steve Schwewart, Barstow | 15:28 |
| 2. Vernon Morris, Barstow | 15:32 |
| 3. Jim Kelley, Agoura | 15:49 |
| 4. Jesus Contreras, Indio (jr) | 15:15 |
| 5. Fernando Vasquez, El Monte | 16:05 |

"A" DIVISION (SMALL SCHOOLS)

| | |
|-------------------------------------|-------|
| 1. Tom Grewe, Carpinteria (jr) | 15:43 |
| 2. James Selina, Sherman Inst | 15:49 |
| 3. Jim Ortiz, Bars Kennedy JHS (fr) | 15:49 |
| 4. Chris Monroe, LA Baptist | 16:03 |
| 5. George Yuster, Brentwood (so) | 16:10 |

1981 (3.0mi @ Mt. San Antonio CC)

"AAAA" DIVISION (LARGE SCHOOLS)

| | |
|--------------------------------------|-------|
| 1. Jeff Holyfield, Crescenct Vly | 15:00 |
| 2. Mike Parker, Tustin | 15:22 |
| 3. Gilbert Delgado, Santa Barbara | 15:23 |
| 4. Ron Harris, Eisenhower (jr) | 15:27 |
| 5. Mark Howard, Costa Mesa | 15:28 |
| 6. Bob Erickson, Fountain Valley | 15:29 |
| 7. Eric Reynolds, Camarillo (jr) | 15:32 |
| 8. Mark Junkerman, Los Alamitos (jr) | 15:37 |
| 9. Ken Fetters, Upland (so) | 15:38 |
| 10. Jesus Gutierrez, Pasadena(so) | 15:38 |
| 11. Gus Quinonez, Hun'ton Bch(jr) | 15:39 |
| 12. Chris Rice, Newbury Pk (so) | 15:42 |
| 13. Hesselvik, University | 15:44 |
| 14. Ned Mosher, Fountain Valley | 15:45 |
| 15. Farien, El Toro | 15:48 |

"AAA" DIVISION

| | |
|----------------------------------|-------|
| 1. Sean Nugent, Culver City | 15:25 |
| 2. Tim Cammack, Sunny Hills (jr) | 15:30 |
| 3. Rick Dotson, Aviation | 15:31 |
| 4. Steve Strehlow, Norco | 15:34 |
| 5. Bruce McCormack, Norco | 15:36 |
| 6. Nelson, Mater Dei | 15:43 |
| 7. Kenny Arriola, Gahr | 15:46 |
| 8. Larry Cahill, Saugus | 15:48 |
| 9. Robert Planta, Mater Dei | 15:50 |
| 10. Eddy | 15:50 |

"AA" DIVISION

| | |
|-------------------------------|-------|
| 1. Jim Ortiz, Barstow (so) | 15:24 |
| 2. Mark Smith, Perris | 15:36 |
| 3. Jesus Contreras, Indio | 15:41 |
| 4. David Loud, Charter Oak | 15:43 |
| 5. Kevin Kelly, Victor Valley | 15:52 |
| 6. Swangler, Nordhoff | 15:55 |
| 7. Mike Madrigal, Montclair | 15:57 |
| 8. Eddio Toro, Barstow (so) | 16:00 |

"A" DIVISION (SMALL SCHOOLS)

| | |
|------------------------------------|-------|
| 1. Tom Grewe, Carpinteria | 15:39 |
| 2. George Yuster, Brentwood (jr) | 16:03 |
| 3. J.P. Hall, LaSalle (so) | 16:10 |
| 4. Brian Green, LaSalle | 16:13 |
| 5. Romney Mawhorter, LaV Luth (so) | 16:16 |

1982 (3.0mi @ Mt. San Antonio CC)

"AAAA" DIVISION (LARGE SCHOOLS)

| | |
|-----------------------------------|-------|
| 1. Eric Reynolds, Camarillo | 14:39 |
| 2. Jesus Gutierrez, Pasadena (jr) | 14:48 |
| 3. Mark Junkerman, Los Alamitos | 14:58 |
| 4. Dan Palma, Glendale (jr) | 15:13 |
| 5. Ron Harris, Eisenhower | 15:14 |
| 6. Pat Watson, Palos Verdes (jr) | 15:18 |
| 7. Kevin Green, Villa Park (jr) | 15:28 |
| 8. Baugh, Huntington Beach | 15:35 |
| 9. Martinez, Mater Dei | 15:36 |
| 10. McGaha, El Modena | 15:36 |
| 11. Ken Fetters, Upland (jr) | 15:40 |
| 12. Arsenault, Mater Dei | 15:41 |
| 13. Ruben Esparza, El Modena | 15:44 |
| 14. David, Palos Verdes | 15:45 |
| 15. Allen, El Dorado | 15:45 |

Note: fr = freshman class; so = sophomore class; jr = junior class; Others probably seniors.