

MID STATES HIGH SCHOOL
CROSS COUNTRY POSTAL ASSOCIATION

January 31, 1984

Dear Coach,

Enclosed you will find results of the 1983 Postal Competition along with award certificates (if your team or individual athletes qualified). Also, in case you do not subscribe to the Cross Country Journal (a national publication), we have enclosed part of the January 1984 issue which reports on the Postal run. (see reverse side). Incidentally, we would certainly recommend a subscription to the Cross Country Journal if you are not now receiving it on a regular basis.

There was a slight increase in participation in the 1983 Postal Competition (as compared to 1982) but, not nearly as much as we would like. We will continue to send information and forms around the country (over 400 sent out in August 1983) but, if we really want the "National" Postal to grow and develop into the kind of " program builder " that it could be, it will be the responsibility of each of we coaches who are now taking part to encourage other schools in our respective areas to participate. We gave out postal information and forms at each of the invitationals we ran in this past season and recruited two new schools. Please consider doing this in 1984. Thanks!

Hope you have an enjoyable and productive spring. Good running!!!

Sincerely,

Bob

Bob Beck, Coach

Three Records Set in National Postal Meet

The National Postal Competition produced three new records at the high school level. They came from Florida, Ohio, and Illinois.

Largo (FL) High School established a new record of 47:26.8 for the total team time in the boys two-mile event. The coach at Largo is Brent Haley. The runners and their times were Chris Palmer (9:14.2), Kurt Backman (9:15.1), John Brennan (9:31.0), Karl Moeller (9:34.0), and Tim Russell (9:52.5). The old record of 47:33.0 was set in 1982 by San Jose (CA) Willow Green H.S.

Kristy Orre, a junior at Clayton (OH) Northmont H.S., set a new record of 16:42.4 in the girls three-mile event. The coach at Northmont is Jack Lentz. The old record of 17:01.8 was set in 1981 by Cathy Schiro of Lee (NH) Dover City H.S. This year, as a junior, Cathy took third in the Kinney Nationals.

Jim White, a junior at Elmhurst (IL) York H.S., set a new record of 14:15.8 in the boys three-mile event. The coach at York is Joe Newton. The old record of 14:32.7 was set in 1980 by Jim Coombs of Spokane (WA) North Central H.S.

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High School All-American Runners Named

The Cross Country Journal names its high school All-American runners on the basis of the National Postal Competition. For the boys, the three-mile results are used; for the girls, it's the two-mile results. The name in parentheses is the coach. The time recorded in the postal competition is given for each runner.

Boys First Team

Jim White (11th), Elmhurst (IL) York H.S. (Joe Newton) 14:15.8
 Brian Nichols (11th), Elmhurst (IL) York H.S. (Joe Newton) 14:44.5
 Gary Nagel (11th), Visalia (CA) Mt. Whitney H.S. (Doug Rudolf) 14:46.2
 Chris Bahr (12th), Visalia (CA) Mt. Whitney H.S. (Doug Rudolf) 14:46.6
 Joe Hart (12th), Elmhurst (IL) York H.S. (Joe Newton) 14:49.7

Boys Second Team

Sam Studebaker (11th), Clayton (OH) Northmont H.S. (Jack Lentz) 15:07.9
 Monty Caldwell (11th), St. Charles (MO) Francis Howell H.S. (Steven Miller) 15:14.8
 Jeff Taylor (12th), Florissant (MO) Hazelwood Central H.S. (Bob Beck) 15:25.3
 Ed Wolter (12th), Elmhurst (IL) York H.S. (Joe Newton) 15:28.6
 Jack Gorman (12th), Elmhurst (IL) York H.S. (Joe Newton) 15:29.8

(Continued in next column)

Boys Third Team

Zack Boudreau (10th), Elmhurst (IL) York H.S. (Joe Newton) 15:30.0
 Bob Berger (10th), Elmhurst (IL) York H.S. (Joe Newton) 15:30.1
 Jim Thies (12th), St. Louis Park (MN) H.S. (Tom Egan) 15:33.0
 Mark Colvis (11th), Florissant (MO) Hazelwood Central H.S. (Bob Beck) 15:36.7
 Terry Plunkett (11th), Florissant (MO) Hazelwood Central H.S. (Bob Beck) 15:40.5

Boys Fourth Team

Brett Lizotte (12th), Visalia (CA) Mt. Whitney H.S. (Doug Rudolf) 15:43.0
 Steve Bongard (11th), White Bear Lake (MN) H.S. (Don Glover) 15:44.0
 Anthony Trendl (11th), Palos Heights (IL) Shepard H.S. (Larry Busby) 15:45.2
 Hamsa Shad (12th), St. Charles (MO) Francis Howell H.S. (Steven Miller) 15:46.1
 Dan Saenz (12th), LaPorte (TX) H.S. (John Bryan) 15:47.9

Boys Fifth Team

Tim Murmane (11th), LaPorte (TX) H.S. (John Bryan) 15:48.8
 Peter Garcia (12th), La Porte (TX) H.S. (John Bryan) 15:53.0
 Don Dwyer (12th), Florissant (MO) Hazelwood Central H.S. (Bob Beck) 15:53.3
 Ed Mangold (12th), Palos Heights (IL) Shepard H.S. (Larry Busby) 15:54.6 (tie)
 Tim Reichard (11th), Clayton (OH) Northmont H.S. (Jack Lentz) 15:54.6 (tie)

Girls First Team

Adrienne Politowicz (10th), Orlando (FL) Trinity Prep (MacTavish & Branson) 11:05.4
 Rebecca Chamberlain (10th), San Jose (CA) Leigh H.S. (Bill Hotchkiss) 11:20.5
 Monica Daley (10th), Los Gatos (CA) H.S. (Willie Harmatz) 11:26.7
 Dawn Calabrese (9th), St. Charles (MO) Francis Howell H.S. (Steven Miller) 11:31.3
 Laura Henry (12th), Los Gatos (CA) H.S. (Willie Harmatz) 11:36.2

Girls Second Team

Harpreet Fuhr (9th), San Jose (CA) Leigh H.S. (Bill Hotchkiss) 11:52.5
 Joann Turilli (10th), Pearl River (NY) H.S. (Dan Doherty) 11:52.6
 Michelle Johnson (12th), Florissant (MO) Hazelwood Central H.S. (Paul Enke) 11:55.3
 Becky Hueppauff (11th), Florissant (MO) Hazelwood Central H.S. (Paul Enke) 12:03.5
 Ann Wimmer (10th), Los Gatos (CA) H.S. (Willie Harmatz) 12:04.8

(Continued on page six)

High School All-Americans
 (Continued from page five)

Girls Third Team

Bernadette Hogan (10th), Pearl River (NY) H.S. (Dan Doherty) 12:05.3
 Katie Sams (9th), Orlando (FL) Trinity Prep (MacTavish & Branson) 12:08.0
 Susan Pizzoferrato (11th), Ft. Lauderdale (FL) Cardinal Gibbons H.S. (Glenn Lee) 12:11.2
 Melissa Foster (11th), Los Gatos (CA) H.S. (Willie Harmatz) 12:11.5
 Michele Owens (10th), Florissant (MO) Hazelwood Central H.S. (Paul Enke) 12:12.5

Girls Fourth Team

Tracy Bachich (10th), San Jose (CA) Leigh H.S. (Bill Hotchkiss) 12:14.0
 Pat Holland (12th), Pearl River (NY) H.S. (Dan Doherty) 12:14.2
 Nancy Lindbergh (10th), St. Louis Park (MN) H.S. (Tom Egan) 12:15.0
 Vonda Hammons (11th), Jefferson City (MO) H.S. (David Harris) 12:18.6
 Belisa Uranich (12th), Pearl River (NY) H.S. (Dan Doherty) 12:18.9

Girls Fifth Team

Livia Peraz (12th), Los Gatos (NY) H.S. (Willie Harmatz) 12:20.7
 Sue Dearmin (10th), St. Louis Park (MN) H.S. (Tom Egan) 12:24.0
 Cindy Underwood (10th), Florissant (MO) Hazelwood Central H.S. (Paul Enke) 12:24.3
 Theresa Keough (11th), Ft. Lauderdale (FL) Cardinal Gibbons H.S. (Glenn Lee) 12:28.1
 Carie Wieberg (10th), Jefferson City (MO) H.S. (David Harris) 12:29.0

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National Champion High School Teams Named

The Cross Country Journal names the National Champion High School Cross Country Teams on the basis of the National Postal Competition. For the boys, the three-mile results are used; for the girls, it's the two-mile results. The time given is the sum of the times of the team's first five runners, as recorded in the postal competition. The name in parentheses is the coach.

Boys

National Champion: Elmhurst (IL) York H.S. (Joe Newton) 74:48.4
 First Runner-up: Visalia (CA) Mt. Whitney H.S. (Doug Rudolf) 77:55.6
 Second Runner-up: Florissant (MO) Hazelwood Central H.S. (Bob Beck) 78:37.9
 Third Runner-up: Palos Heights (IL) Shepard H.S. (Larry Busby) 80:19.0
 Fourth Runner-up: White Bear Lake (MN) H.S. (Donald Glover) 81:09.0

Girls

National Champion: Los Gatos (CA) H.S. (Willie Harmatz) 59:38.9
 First Runner-up: Pearl River (NY) H.S. (Dan Doherty) 61:06.4
 Second Runner-up: San Jose (CA) Leigh H.S. (Bill Hotchkiss) 61:57.0
 Third Runner-up: Florissant (MO) Hazelwood Central H.S. (Paul Enke) 62:19.1
 Fourth Runner-up: Ft. Lauderdale (FL) Cardinal Gibbons H.S. (Glenn Lee) 63:37.8

The news from Ron Maestas (the New Mexico Highlands University coach who wrote on peaking in our Sept.-Oct. issue) is that six out of six runners on his men's cross country team peaked this year at the NAIA Championships for another, and better, fourth place finish.

MID STATES HIGH SCHOOL CROSS COUNTRY POSTAL ASSOCIATION

1983 RESULTS

NATIONAL HIGH SCHOOL POSTAL CHAMPIONSHIP RECORDS

NATIONAL HIGH SCHOOL POSTAL CHAMPIONSHIP RECORDS

****2 MILE RECORDS****

*****3 MILE RECORDS*****

OVERALL RECORDS

Jr.HS BOY INDIV.	9:40.2	John Trautman/ Monroe Woodberry H.S.- Central Valley, N.Y.	1982
Jr.HS GIRL INDIV.	11:06.0	Rebecca Chamberlain/ Leigh H.S.- San Jose, Calif.	1982
H.S. BOY INDIV.	9:02.1	Brian Jaegar/ Winter Park H.S.- Winter Park, Florida	1982
H.S. GIRL INDIV.	10:25.1	Lynn Strauss/ State College H.S.- State College, Penn.	1981
Jr.HS BOYS TEAM	53:45.8	York H.S.- Elmhurst, Ill.	1981
Jr.HS GIRLS TEAM	61:47.0	Nova H.S.- Redding, Calif.	1980
H.S. BOYS TEAM	47:26.8	Largo H.S.- Largo, Florida	1983
H.S. GIRLS TEAM	56:18.7	State College Area H.S.- State College, Penn.	1981

OVERALL RECORDS

Jr.HS BOY INDIV.	15:30.8	Jim White/ York H.S.- Elmhurst, Ill.	1981
Jr.HS GIRL INDIV.	17:32.0	Cathy Schiro/ Dover City H.S.- Lee, N.H.	1980
H.S. BOY INDIV.	14:15.8	Jim White/ York H.S.- Elmhurst, Ill.	1983
H.S. GIRL INDIV.	16:42.4	Kristy Orre/ Clayton Northmont H.S.- Clayton, Ohio	1983
Jr.HS BOYS TEAM	83:00.0	York H.S.- Elmhurst, Ill.	1981
Jr.HS GIRLS TEAM	94:32.2	Dover City H.S.- Lee, N.H.	1980
H.S. BOYS TEAM	74:16.0	York H.S.- Elmhurst, Ill.	1981
H.S. GIRLS TEAM	93:11.8	Southwest H.S.- Kansas City, Mo.	1980

AGE GROUP RECORDS

BOY 12yrs(&under)	11:44.2	Joe Valenti/ Independence Jr. H.S.- Palos Heights, Ill.	1983
GIRL 12yrs(&under)	12:42.5	Sonya Kirby/ Daviess County Jr.- Owensboro, Kentucky	1983
BOY 13yrs	10:52.6	Jamie Julian/ Independence Jr. H.S.- Palos Heights, Ill.	1983
GIRL 13yrs	11:44.9	Joann Turilli/ Pearl River H.S.- Pearl River N.Y.	1981
BOY 14yrs	9:40.2	John Trautman/ Monroe Woodberry H.S.- Central Valley, N.Y.	1982
GIRL 14yrs	11:31.3	Dawn Calabrese/ Francis Howell H.S.- St. Charles, Mo.	1983
BOY 15yrs	9:42.0	Shawn Ayers/ Bellarmine College Prep- San Jose, Calif.	1982
GIRL 15yrs	11:05.4	Adrienne Politowicz/ Trinity Prep- Orlando, Florida	1983
BOY 16yrs	9:22.8	Chris Craig/ Leigh H.S.- San Jose, Calif.	1982
GIRL 16yrs	11:20.5	Rebecca Chamberlain/ Leigh H.S.- San Jose, Calif.	1983
BOY 17yrs	9:11.1	Orlando Biggs/ Willow Glen H.S.- San Jose, Calif.	1982
GIRL 17yrs	11:07.1	Susan Brodie/ St. Francis H.S.- Mtn. View, Calif.	1982
BOY 18yrs	9:27.9	Roy Garcia/ Leigh H.S.- San Jose, Calif.	1982

AGE GROUP RECORDS

BOY 12 yrs (&under)	no entry		
GIRL 12 yrs (&under)	no entry		
BOY 13 yrs	16:26.2	Brett Boyke/ York H.S.- Elmhurst, Ill	1983
GIRL 13 yrs	no entry		
BOY 14 yrs	15:30.8	Jim White/ York H.S.- Elmhurst, Ill.	1981
GIRL 14 yrs	18:04.7	Dawn Calabrese/ Francis Howell H.S.- St. Charles, Mo.	1983
BOY 15 yrs	14:53.6	Jim White/ York H.S.- Elmhurst, Ill.	1982
GIRL 15 yrs	18:39.6	Michele Owens/ Hazelwood Central H.S.- Florissant, Mo.	1983
BOY 16 yrs	14:15.8	Jim White/ York H.S.- Elmhurst, Ill.	1983
GIRL 16 yrs	16:42.4	Kristy Orre/ Clayton Northmont H.S.- Clayton, Ohio	1983
BOY 17 yrs	14:48.5	Tom Schrack/ York H.S.- Elmhurst, Ill.	1982
GIRL 17 yrs	19:44.9	Jeannie Taylor/ Hazelwood Central H.S.- Florissant, Mo.	1982
BOY 18 yrs	14:46.6	Chris Bahr/ Mt. Whitney H.S.- Visalia, Calif.	1983
GIRL 18 yrs	no entry		

CLASS RECORDS

BOY GRADE 7	12:23.4	John Humphrey/ St. Theresa Catholic- Coral Gables, Fla.	1983
GIRL GRADE 7	14:47.2	Anna DeCastro/ St. Theresa Catholic- Coral Gables, Fla.	1983
BOY GRADE 8	10:52.6	Jamie Julian/ Independence Jr. H.S.- Palos Heights, Ill.	1983
GIRL GRADE 8	12:34.6	Katie Sams/ Trinity Prep- Orlando, Florida	1982
BOY GRADE 9	9:40.2	John Trautman/ Monroe Woodberry H.S.- Central Valley, N.Y.	1982
GIRL GRADE 9	11:06.0	Rebecca Chamberlain/ Leigh H.S.- San Jose, Calif.	1982
BOY GRADE 10	9:47.2	Jim White/ York H.S.- Elmhurst, Ill.	1982
GIRL GRADE 10	11:05.4	Adrienne Politowicz/ Trinity Prep- Orlando, Florida	1983
BOY GRADE 11	9:22.8	Chris Craig/ Leigh H.S.- San Jose, Calif.	1982
GIRL GRADE 11	11:49.3	Michelle Johnson/ Hazelwood Central H.S.- Florissant, Mo.	1982
BOY GRADE 12	9:02.1	Brian Jaegar/ Winter Park H.S.- Winter Park, Florida	1982
GIRL GRADE 12	11:07.1	Susan Brodie/ St. Francis H.S.- Mtn. View, Calif.	1982

CLASS RECORDS

BOY GRADE 7	no entry		
GIRL GRADE 7	no entry		
BOY GRADE 8	17:16.8	Adam Hyland/ Hazelwood Central Jr. H.S.- Florissant, Mo.	1983
GIRL GRADE 8	no entry		
BOY GRADE 9	15:30.8	Jim White/ York H.S.- Elmhurst, Ill.	1981
GIRL GRADE 9	18:04.7	Dawn Calabrese/ Francis Howell H.S.- St. Charles, Mo.	1983
BOY GRADE 10	14:53.6	Jim White/ York H.S.- Elmhurst, Ill.	1982
GIRL GRADE 10	18:39.6	Michele Owens/ Hazelwood Central H.S.- Florissant, Mo.	1983
BOY GRADE 11	14:15.8	Jim White/ York H.S.- Elmhurst, Ill.	1983
GIRL GRADE 11	16:42.4	Kristy Orre/ Clayton Northmont H.S.- Clayton, Ohio	1983
BOY GRADE 12	14:46.6	Chris Bahr/ Mt. Whitney H.S.- Visalia, Calif.	1983
GIRL GRADE 12	19:44.9	Jeannie Taylor/ Hazelwood Central H.S.- Florissant, Mo.	1982

Jr. H.S. Boys Individual 2 Mile

1.	10:37.0	Robert Meinhardt/ Bellarmine College Prep- San Jose, Calif.
2.	10:43.1	Scott Robinson/ Bellarmine College Prep- San Jose, Calif.
3.	10:44.9	Erik Rainbolt/ Bellarmine College Prep- San Jose, Calif.
4.	10:49.3	Chris Naumann/ Jefferson City H.S.- Jefferson City, Mo.
5.	10:50.8	Brent Vonfustmeyer/ Leigh H.S.- San Jose, Calif.
*6.	10:52.6	Jamie Julian/ Independence Jr. H.S.- Palos Heights, Ill.
7.	11:10.0	Tom MacMitchell/ Bellarmine College Prep- San Jose, Calif.
8.	11:20.0	Doug Ebricht/ Bellarmine College Prep/ San Jose, Calif.
9.	11:21.2	Dave Stanek/ Bellarmine College Prep- San Jose, Calif.
10.	11:23.9	Brian VanDerwerken/ Hazelwood Central H.S.- Florissant, Mo.
11.	11:24.3	Ed Hannum/ Bellarmine College Prep- San Jose, Calif.
12.	11:27.0	Richard Shepard/ Hazelwood Central H.S.- Florissant, Mo.
*13.	11:27.9	Frank Potempa/ Independence Jr. H.S.- Palos Heights, Ill.
*14.	11:36.2	Adam Hyland/ Hazelwood Central Jr. H.S.- Florissant, Mo.
15.	11:37.0	Todd Armistead/ Northwest H.S.- House Springs, Mo.
16.	11:42.2	Derrick Taylor/ McCluer North H.S.- Florissant, Mo.
*17.	11:44.2	Joe Valenti/ Independence Jr. H.S.- Palos Heights, Ill.
18.	11:50.2	Tony Giles/ McCluer North H.S.- Florissant, Mo.
*19.	11:56.5	Bob Stokes/ Independence Jr. H.S.- Palos Heights, Ill.
20.	11:57.0	Ray Crews/ Hazelwood Central H.S.- Florissant, Mo.
*21.	12:04.6	Bill Mathis/ Independence Jr. H.S.- Palos Heights, Ill.
22.	12:09.3	Steve Schmidt/ Hazelwood Central H.S.- Florissant, Mo.
*23.	12:16.2	Victor DeCastro/ St. Theresa Catholic- Coral Gables, Florida
24.	12:16.3	Brian Kemper/ McCluer North H.S.- Florissant, Mo.
25.	12:19.7	Chris Slead/ Hazelwood Central H.S.- Florissant, Mo.
*26.	12:21.4	Scott Ceperlund/ Independence Jr. H.S.- Palos Heights, Ill.
*27.	12:23.4	John Humphreys/ St. Theresa Catholic- Coral Gables, Florida
28.	12:26.7	Mike Schmacher/ Hazelwood Central H.S.- Florissant, Mo.
*29.	12:29.2	Carl Ledwon/ Independence Jr. H.S.- Palos Heights, Ill.
30.	12:33.0	Steve Moore/ McCluer North H.S.- Florissant, Mo.
31.	12:35.8	Troy Tusing/ McCluer North H.S.- Florissant, Mo.
32.	12:37.8	Dave Hinkle/ McCluer North H.S.- Florissant, Mo.
33.	12:38.7	Tom Schaefer/ Hazelwood Central H.S.- Florissant, Mo.
*34.	12:46.0	James Hoffman/ St. Theresa Catholic- Coral Gables, Florida
35.	12:47.9	Scott Crowder/ Hazelwood Central H.S.- Florissant, Mo.
*36.	12:54.0	Ralph Hernandez/ St. Theresa Catholic- Coral Gables, Florida
*37.	13:04.1	Joe Trotter/ St. Theresa Catholic- Coral Gables, Florida
*38.	13:16.2	Dennis Abreu/ St. Theresa Catholic- Coral Gables, Florida
39.	13:35.4	Butch Dickerson/ Hazelwood Central H.S.- Florissant, Mo.
*40.	13:53.7	Steve Fritchard/ St. Theresa Catholic- Coral Gables, Florida
41.	16:04.7	Steve Barteau/ Hazelwood Central H.S.- Florissant, Mo.

*8th Grade **7th Grade

Jr. H.S. Boys Team 2 Mile

1.	54:35.0	Bellarmino College Prep- San Jose, Calif.
2.	58:05.8	Independence Jr. H.S.- Palos Heights, Ill.
3.	59:16.9	Hazelwood Central H.S.- Florissant, Mo.
4.	60:57.5	McCluer North H.S.- Florissant, Mo.
5.	63:23.7	St. Theresa Catholic- Coral Gables, Florida

Jr. H.S. Boys Individual 3 Mile

1.	16:26.6	Brett Boyke/ York H.S.- Elmhurst, Ill.
2.	16:31.0	Matt Fuller/ York H.S.- Elmhurst, Ill.
3.	16:32.0	Tony Paduano/ White Bear Lake H.S.- White Bear Lake, Mn.
4.	16:42.0	Chris Anderson/ White Bear Lake H.S.- White Bear Lake, Mn.
5.	16:42.2	Joe Cesario/ York H.S.- Elmhurst, Ill.
6.	16:53.2	Scott Boyke/ York H.S.- Elmhurst, Ill.
7.	16:54.8	Jim Lauderdale/ Shepard H.S.- Palos Heights, Ill.
8.	16:58.1	Jerry Stroosboscher/ Shepard H.S.- Palos Heights, Ill.
9.	17:01.3	Tom Wyllie/ York H.S.- Elmhurst, Ill.
10.	17:09.0	Scott Brooks/ York H.S.- Elmhurst, Ill.
*11.	17:16.8	Adam Hyland/ Hazelwood Central Jr. H.S.- Florissant, Mo.
12.	17:26.1	Richard Shepard/ Hazelwood Central H.S.- Florissant, Mo.
13.	17:26.9	Brian VanDerwerken/ Hazelwood Central H.S.- Florissant, Mo.
14.	17:30.0	Mike Peterson/ White Bear Lake H.S.- White Bear Lake, Mn.
15.	17:36.3	Ray Gonzales/ LaPorte Jr. H.S.- LaPorte, Texas
16.	17:42.4	Ray Crews/ Hazelwood Central H.S.- Florissant, Mo.
17.	17:48.3	Mike Sanders/ Shepard H.S.- Palos Heights, Ill.
18.	17:52.2	Jeff Jison/ Shepard H.S.- Palos Heights, Ill.
19.	17:52.3	Frank Raucci/ York H.S.- Elmhurst, Ill.
20.	18:02.8	Ronnie Moore/ LaPorte Jr. H.S.- LaPorte, Texas
21.	18:11.8	Steve Schmidt/ Hazelwood Central H.S.- Florissant, Mo.
22.	18:21.6	Tom Trotta/ Shepard H.S.- Palos Heights, Ill.
23.	18:22.3	Brian Kemper/ McCluer North H.S.- Florissant, Mo.
24.	18:24.6	Mike Schmacher/ Hazelwood Central H.S.- Florissant, Mo.
25.	18:27.5	Dennis DeHann/ Shepard H.S.- Palos Heights, Ill.
26.	18:32.8	Chris Slead/ Hazelwood Central H.S.- Florissant, Mo.
27.	18:50.0	Jody Renner/ LaPorte Jr. H.S.- LaPorte, Texas
28.	18:57.3	David Gonzales/ LaPorte Jr. H.S.- LaPorte, Texas
29.	19:17.5	Scott Crowder/ Hazelwood Central H.S.- Florissant, Mo.
30.	19:46.6	Tom Schaefer/ Hazelwood Central H.S.- Florissant, Mo.
31.	19:53.7	Kevin Flynn/ Shepard H.S.- Palos Heights, Ill.
32.	20:00.1	Paul Baker/ Hazelwood Central H.S.- Florissant, Mo.
33.	20:11.7	Butch Dickerson/ Hazelwood Central H.S.- Florissant, Mo.
34.	20:15.6	Dave Hinkle/ McCluer North H.S.- Florissant, Mo.
35.	20:59.7	Troy Tusing/ McCluer North H.S.- Florissant, Mo.
36.	21:07.3	Kevin Tripplett/ Hazelwood Central H.S.- Florissant, Mo.
37.	21:41.4	Ray DeLaGarza/ LaPorte Jr. H.S.- LaPorte, Texas
38.	22:52.6	Steve Barteau/ Hazelwood Central H.S.- Florissant, Mo.

*8th Grade

Jr. H.S. Boys Team 3 Mile

1.	83:33.9	York H.S.- Elmhurst, Ill.
2.	87:55.0	Shepard H.S.- Palos Heights, Ill.
3.	88:04.0	Hazelwood Central H.S.- Florissant, Mo.
4.	95:07.8	LaPorte Jr. H.S.- LaPorte, Texas

H.S. Boys Individual 2 Mile

1.	9:12.0	Chris Craig/ Leigh H.S.- San Jose, Calif.
2.	9:13.3	Sean Crowley/ W.C. Overfelt H.S.- San Jose, Calif.
3.	9:14.2	Chris Palmer/ Largo H.S.- Largo, Florida
4.	9:15.1	Kurt Backman/ Largo H.S.- Largo, Florida
5.	9:31.0	John Brennan/ Largo H.S.- Largo, Florida
*6.	9:33.0	Shawn Ayers/ Bellarmine College Prep- San Jose, Calif.
7.	9:34.0	Tom Moeller/ Largo H.S.- Largo, Florida
*8.	9:38.5	Monty Caldwell/ Francis Howell H.S.- St. Charles, Mo.
9.	9:40.0	Jeff Taylor/ Hazelwood Central H.S.- Florissant, Mo.
10.	9:41.0	Keith Allen/ Bellarmine College Prep- San Jose, Calif.
11.	9:42.0	Nelson Cottier/ Leigh H.S.- San Jose, Calif.
12.	9:42.1	Kirk Anderson/ Parkway South H.S.- Manchester, Mo.
13.	9:46.9	Valpey/ Menlo-Atherton H.S.- Atherton, Calif.
*14.	9:47.1	Shane O'Maherty/ Bellarmine College Prep- San Jose, Calif.
*15.	9:47.6	John Roberts/ Lyons Township H.S.- Western Spgs., Ill.
*16.	9:48.4	Joe Kirby/ Jefferson City H.S.- Jefferson City, Mo.
17.	9:48.8	Tony Mayfield/ Jefferson City H.S.- Jefferson City, Mo.
*18.	9:50.9	Lopez/ Menlo-Atherton H.S.- Atherton, Calif.
19.	9:51.6	Barto/ Menlo-Atherton H.S.- Atherton, Calif.
20.	9:51.9	Max Mancini/ Bellarmine College Prep- San Jose, Calif.
21.	9:52.0	Tim Dalaviras/ Northwest H.S.- House Springs, Mo.
*22.	9:52.5	Tim Russell/ Largo H.S.- Largo, Florida
*23.	9:53.8	Mark Colvis/ Hazelwood Central H.S.- Florissant, Mo.
*24.	9:54.0	Rodney Boatwright/ Largo H.S.- Largo, Florida
25.	9:55.0	Alex Miroshnicenko/ Bellarmine College Prep- San Jose, Calif.
26.	9:57.1	Chris Brooks/ Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
27.	9:58.6	Tommy Mathews/ Trinity Prep- Orlando, Florida
28.	9:59.2	Tim Marion/ Largo H.S.- Largo, Florida
29.	9:59.5	Dave Hamm/ Leigh H.S.- San Jose, Calif.
30.	9:59.6	Tom DeClue/ Francis Howell H.S.- St. Charles, Mo.
*31.	10:00.7	Dan Bergkamp/ Leigh H.S.- San Jose, Calif.
*32.	10:02.0	Steve Bergkamp/ Leigh H.S.- San Jose, Calif.
33.	10:02.5	Don Dwyer/ Hazelwood Central H.S.- Florissant, Mo.
*34.	10:04.1	Dave Heine/ Bellarmine College Prep- San Jose, Calif.
*34.	10:04.1	Bill Dechman/ Daviess County H.S.- Owensboro, Ky.
*36.	10:04.4	David Carroll/ Parkway South H.S.- Manchester, Mo.
37.	10:06.1	Jim Raftery/ Hazelwood Central H.S.- Florissant, Mo.
38.	10:06.2	Steve Raman/ Bellarmine College Prep- San Jose, Calif.
39.	10:08.0	Angel Ventura/ Leigh H.S.- San Jose, Calif.
40.	10:09.6	Bobby Hull/ Jefferson City H.S.- Jefferson City, Mo.
*41.	10:10.1	Mark Callor/ Bellarmine College Prep- San Jose, Calif.
*42.	10:10.3	Terry Plunkett/ Hazelwood Central H.S.- Florissant, Mo.
*43.	10:10.7	Dean Roberts/ Daviess County H.S.- Owensboro, Ky.
44.	10:11.4	Hansa Shad/ Francis Howell H.S.- St. Charles, Mo.
*45.	10:12.2	Ron Rosner/ Hazelwood Central H.S.- Florissant, Mo.
46.	10:13.4	Steve Montefinese/ Lyons Township H.S.- Western Spgs., Ill.
47.	10:14.0	Eddie Paone/ Bellarmine College Prep- San Jose, Calif.
*48.	10:16.7	Pat Palladino/ Francis Howell H.S.- St. Charles, Mo.
49.	10:17.1	John Kelly/ Lyons Township H.S.- Western Spgs., Ill.
*49.	10:17.1	Dan Fisher/ Bellarmine College Prep- San Jose, Calif.
*51.	10:18.4	Mark Christenson/ Lyons Township H.S.- Western Spgs., Ill.
52.	10:18.6	Roger Keller/ Francis Howell H.S.- St. Charles, Mo.
53.	10:22.0	Mike Geeser/ Leigh H.S.- San Jose, Calif.
54.	10:23.0	Steve Englebrecht/ Jefferson City H.S.- Jefferson City, Mo.
*55.	10:23.2	Michael Thomas/ Lyons Township H.S.- Western Spgs., Ill.
*56.	10:25.8	John Giannola/ McCluer North H.S.- Florissant, Mo.
*57.	10:26.1	Phil Springer/ McCluer North H.S.- Florissant, Mo.
58.	10:27.0	Grant Doty/ Parkway South H.S.- Manchester, Mo.
*59.	10:28.4	Paul Muhl/ Lyons Township H.S.- Western Spgs., Ill.
*60.	10:30.8	Tim Heskin/ Francis Howell H.S.- St. Charles, Mo.
*61.	10:31.0	Steve Perry/ Francis Howell H.S.- St. Charles, Mo.
*62.	10:32.0	Ronnie Graham/ Parkway South H.S.- Manchester, Mo.
63.	10:32.2	Joe Frieda/ Hazelwood Central H.S.- Florissant, Mo.
*64.	10:32.3	Bullock/ Menlo-Atherton H.S.- Atherton, Calif.
65.	10:32.5	Frank DeSuza/ Parkway South H.S.- Manchester, Mo.
66.	10:33.5	Harrera/ Menlo-Atherton H.S.- Atherton, Calif.
*67.	10:34.0	Dave Dudley/ Lyons Township H.S.- Western Spgs., Ill.
68.	10:36.0	Rob Cummings/ Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
69.	10:40.0	Kevin Doyle/ Hazelwood Central H.S.- Florissant, Mo.
*70.	10:41.9	Tony Stinnett/ Daviess County H.S.- Owensboro, Ky.
*71.	10:42.7	Mike Plunkett/ Hazelwood Central H.S.- Florissant, Mo.
72.	10:44.1	John Adams/ Jefferson City H.S.- Jefferson City, Mo.
*73.	10:47.2	Andy Robinson/ Northwest H.S.- House Springs, Mo.
*74.	10:48.2	Ken Thompson/ Jefferson City H.S.- Jefferson City, Mo.
*75.	10:51.0	Keith Carroll/ Northwest H.S.- House Springs, Mo.
*76.	10:51.2	Brian Attis/ Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
*77.	10:51.7	Bill Shepard/ Hazelwood Central H.S.- Florissant, Mo.
*78.	10:53.2	Craig Mayer/ Northwest H.S.- House Springs, Mo.
*79.	10:53.3	Steve Rose/ Parkway South H.S.- Manchester, Mo.
80.	10:53.8	Tim Herrera/ McCluer North H.S.- Florissant, Mo.
*81.	10:54.0	Brandon Peters/ Trinity Prep- Orlando, Florida
*82.	10:54.5	Tom Dycus/ Daviess County H.S.- Owensboro, Ky.
83.	10:54.6	Glenn Maddox/ Hazelwood Central H.S.- Florissant, Mo.
*83.	10:54.6	Kurt Bosore/ Parkway South H.S.- Manchester, Mo.
*85.	10:58.0	Chris Backers/ Jefferson City H.S.- Jefferson City, Mo.
86.	10:58.3	George Keough/ Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
*87.	11:01.7	Kenny Linville/ Daviess County H.S.- Owensboro, Ky.
*88.	11:02.5	Chris Dwyer/ Hazelwood Central H.S.- Florissant, Mo.
89.	11:03.1	Kevin Clark/ Daviess County H.S.- Owensboro, Ky.
*90.	11:04.1	Steve Payne/ Daviess County H.S.- Owensboro, Ky.
*91.	11:04.6	Howard Whitener/ Hazelwood Central H.S.- Florissant, Mo.
*92.	11:04.8	Dave Humphrey/ McCluer North H.S.- Florissant, Mo.
*93.	11:06.8	Doug Morris/ McCluer North H.S.- Florissant, Mo.
*94.	11:07.0	Mike Golwyn/ Trinity Prep- Orlando, Florida
*94.	11:07.0	Greg Gent/ McCluer North H.S.- Florissant, Mo.
*96.	11:07.5	Kevin Walker/ Hazelwood Central H.S.- Florissant, Mo.
*97.	11:07.0	Bill Robertson/ Northwest H.S.- House Springs, Mo.
*98.	11:12.0	Eric Polk/ McCluer North H.S.- Florissant, Mo.
*99.	11:12.3	Bill Schneider/ Hazelwood Central H.S.- Florissant, Mo.
*100.	11:19.0	Steve Allen/ Northwest H.S.- House Springs, Mo.

H.S. Boys Individual 2 Mile (cont.)

101.	11:35.0	Jim Beiter/ Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
***102.	11:37.0	Todd Armistead/ Northwest H.S.- House Springs, Mo.
***103.	11:38.7	Brad Shapiro/ Trinity Prep- Orlando, Florida
***104.	11:45.5	John Feola/ Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
***105.	11:45.7	Kevin Mannifield/ Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
*106.	12:37.4	Mark Walsifer/ Trinity Prep- Orlando, Florida

*-11th Grade
 **-10th Grade
 ***- 9th Grade

H.S. Boys Team 2 Mile

1.	47:26.8	Largo H.S.- Largo, Florida
2.	48:48.0	Bellarmino College Prep "A"- San Jose, Calif.
3.	48:56.2	Leigh H.S.- San Jose, Calif.
4.	49:52.7	Hazelwood Central H.S. "A"- Florissant, Mo.
5.	50:24.8	Francis Howell H.S.- St. Charles, Mo.
6.	50:35.2	Menlo-Atherton H.S.- Atherton, Calif.
7.	50:51.5	Bellarmino College Prep "B"- San Jose, Calif.
8.	50:53.9	Jefferson City H.S.- Jefferson City, Mo.
9.	50:59.7	Lyons Township H.S.- Western Springs, Ill.
10.	51:18.0	Parkway South H.S.- Manchester, Mo.
11.	52:52.9	Daviness County H.S.- Owensboro, Ky.
12.	53:31.4	Northwest H.S.- House Springs, Mo.
13.	53:57.3	McCluer North H.S.- Florissant, Mo.
14.	53:57.6	Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
15.	54:11.5	Hazelwood Central H.S. "B"- Florissant, Mo.
16.	56:15.7	Trinity Preparatory H.S.- Orlando, Florida

H.S. Boys Individual 3 Mile

*1.	14:15.8	Jim White/ York H.S.- Elmhurst, Ill.
*2.	14:44.5	Brian Nichols/ York H.S.- Elmhurst, Ill.
*3.	14:46.2	Gary Nagel/ Mt. Whitney H.S.- Visalia, Calif.
4.	14:46.6	Chris Bahr/ Mt. Whitney H.S.- Visalia, Calif.
5.	14:49.7	Joe Hart/ York H.S.- Elmhurst, Ill.
*6.	15:07.9	Sam Studebaker/ Clayton Northmont H.S.- Clayton, Ohio
*7.	15:14.8	Monty Caldwell/ Francis Howell H.S.- St. Charles, Mo.
8.	15:25.3	Jeff Taylor/ Hazelwood Central H.S.- Florissant, Mo.
9.	15:28.6	Ed Wolter/ York H.S.- Elmhurst, Ill.
10.	15:29.8	Jack Gorman/ York H.S.- Elmhurst, Ill.
***11.	15:30.0	Zack Boudreau/ York H.S.- Elmhurst, Ill.
***12.	15:30.1	Bob Berger/ York H.S.- Elmhurst, Ill.
13.	15:33.0	Jim Thies/ St. Louis Park H.S.- St. L. Park, Mn.
*14.	15:36.7	Mark Colvis/ Hazelwood Central H.S.- Florissant, Mo.
*15.	15:40.5	Terry Plunkett/ Hazelwood Central H.S.- Florissant, Mo.
16.	15:43.0	Brett Lizotte/ Mt. Whitney H.S.- Visalia, Calif.
*17.	15:44.0	Steve Bonngard/ White Bear Lake H.S.- White Bear Lake, Mn.
*18.	15:45.2	Anthony Trendl/ Shepard H.S.- Palos Heights, Ill.
19.	15:46.1	Hamsa Shad/ Francis Howell H.S.- St. Charles, Mo.
20.	15:47.9	Dan Saenz/ LaPorte H.S.- LaPorte, Texas
*21.	15:48.8	Tim Murmane/ LaPorte H.S.- LaPorte, Texas
22.	15:53.0	Pete Garcia/ LaPorte H.S.- LaPorte, Texas
23.	15:53.3	Don Dwyer/ Hazelwood Central H.S.- Florissant, Mo.
24.	15:54.6	Ed Mangold/ Shepard H.S.- Palos Heights, Ill.
*24.	15:54.6	Tim Reichard/ Clayton Northmont H.S.- Clayton, Ohio
*26.	15:55.1	Ron Rosner/ Hazelwood Central H.S.- Florissant, Mo.
27.	15:59.0	Troy Storm/ St. Louis Park H.S.- St. L. Park, Mn.
28.	16:02.0	John Thies/ St. Louis Park H.S.- St. L. Park, Mn.
29.	16:06.4	Scott Anderson/ Shepard H.S.-Palos Heights, Ill.
*30.	16:09.7	Buck Rogers/ Shepard H.S.-Palos Heights, Ill.
31.	16:15.0	Russ Rau/ White Bear Lake H.S.- White Bear Lake, Mn.
32.	16:16.0	Gregg Amon/ White Bear Lake H.S.- White Bear Lake, Mn.
***33.	16:18.8	Andrew Harrell/ Mt. Whitney H.S.- Visalia, Calif.
34.	16:21.0	Willy Knight/ Mt. Whitney H.S.- Visalia, Calif.
35.	16:22.0	Bruce Peacock/ White Bear Lake H.S.- White Bear Lake, Mn.
*36.	16:23.1	Roger Hase/ Shepard H.S.- Palos Heights, Ill.
37.	16:26.8	Joe Frieda/ Hazelwood Central H.S.- Florissant, Mo.
38.	16:27.0	Jim Raftery/ Hazelwood Central H.S.- Florissant, Mo.
*39.	16:31.0	Ruben Chavez/ Mt. Whitney H.S.- Visalia, Calif.
***40.	16:32.0	Tony Paduano/ White Bear Lake H.S.- White Bear Lake, Mn.

H.S. Boys Individual 3 Mile (cont.)

***41.	16:36.0	Brad Yellem/ St. Louis Park H.S.- St. L. Park, Mn.
***42.	16:42.0	Chris Anderson/ White Bear Lake H.S.- White Bear Lake, Mn.
***43.	16:45.4	Barry Fisher/ Mt. Whitney H.S.- Visalia, Calif.
*44.	16:48.6	Johnny Martinez/ Mt. Whitney H.S.- Visalia, Calif.
45.	16:49.8	Kevin Doyle/ Hazelwood Central H.S.- Florissant, Mo.
*46.	16:53.5	Phil Springer/ McCluer North H.S.- Florissant, Mo.
47.	16:54.0	Dave Bell/ White Bear Lake H.S.- White Bear Lake, Mn.
*48.	16:55.5	Mike Plunkett/ Hazelwood Central H.S.- Florissant, Mo.
*49.	17:01.2	Bill Shepard/ Hazelwood Central H.S.- Florissant, Mo.
***50.	17:11.5	Howard Whitener/ Hazelwood Central H.S.- Florissant, Mo.
*51.	17:12.0	Rod Hix/ St. Louis Park H.S.- St. L. Park, Mn.
*52.	17:15.0	Steve Hodek/ St. Louis Park H.S.- St. L. Park, Mn.
*53.	17:18.0	Cory Way/ St. Louis Park H.S.- St. L. Park, Mn.
*54.	17:19.2	Albert Pena/ Mt. Whitney H.S.- Visalia, Calif.
55.	17:20.5	Ken Jobe/ LaPorte H.S.- LaPorte, Texas
*56.	17:21.8	Chris Dwyer/ Hazelwood Central H.S.- Florissant, Mo.
57.	17:24.8	Tim Hartman/ LaPorte H.S.- LaPorte, Texas
*58.	17:35.9	Greg Gent/ McCluer North H.S.- Florissant, Mo.
*59.	17:36.0	James Ganninger/ LaPorte H.S.- LaPorte, Texas
*60.	17:36.4	Tim Lee/ Francis Howell H.S.- St. Charles, Mo.
*61.	17:39.3	Chad Anderson/ Shepard H.S.- Palos Heights, Ill.
62.	17:43.8	Tim Herrera/ McCluer North H.S.- Florissant, Mo.
*63.	17:44.0	James Brown/ Mt. Whitney H.S.- Visalia, Calif.
64.	17:44.1	Glenn Maddox/ Hazelwood Central H.S.- Florissant, Mo.
*65.	17:47.0	Dave Humphrey/ McCluer North H.S.- Florissant, Mo.
*66.	17:49.4	John Barrett/ Mt. Whitney H.S.- Visalia, Calif.
*66.	17:49.4	Phil Rachunok/ Mt. Whitney H.S./ Visalia, Calif.
***68.	17:52.1	David Caldwell/ Francis Howell H.S.- St. Charles, Mo.
*69.	17:53.0	Jake Knight/ Mt. Whitney H.S.- Visalia, Calif.
*70.	17:54.6	John Davis/ Shepard H.S.- Palos Heights, Ill.
*71.	18:00.6	Kevin Walker/ Hazelwood Central H.S.- Florissant, Mo.
*72.	18:12.0	Eddy Hernandez/ Mt. Whitney H.S.- Visalia, Calif.
*73.	18:15.6	Bill Schneider/ Hazelwood Central H.S.- Florissant, Mo.
74.	18:21.0	Tom Goldman/ LaPorte H.S.- LaPorte, Texas
*75.	18:23.9	Brent Wagener/ McCluer North H.S.- Florissant, Mo.
*76.	18:39.1	Eric Polk/ McCluer North H.S.- Florissant, Mo.
***77.	18:41.6	Dana Davies/ Francis Howell H.S.- St. Charles, Mo.
*78.	18:53.6	Steve Wedig/ McCluer North H.S.- Florissant, Mo.
*79.	18:53.8	Doug Morris/ McCluer North H.S.- Florissant, Mo.

*-11th Grade
 **-10th Grade
 ***- 9th Grade

H.S. Boys Team 3 Mile

1.	74:48.4	York H.S.- Elmhurst, Ill.
2.	77:55.6	Mt. Whitney H.S. "A"- Visalia, Calif.
3.	78:37.9	Hazelwood Central H.S. "A"- Florissant, Mo.
4.	80:19.0	Shepard H.S.- Palos Heights, Ill.
5.	81:09.0	White Bear Lake H.S.- White Bear Lake, Mn.
6.	81:22.0	St. Louis Park H.S.- St. Louis Park, Mn.
7.	82:15.0	LaPorte H.S.- LaPorte, Texas
8.	85:11.0	Francis Howell H.S.- St. Charles, Mo.
9.	86:01.6	Hazelwood Central H.S. "B"- Florissant, Mo.
10.	87:30.6	Mt. Whitney H.S. "B"- Visalia, Calif.
11.	88:24.1	McCluer North H.S.- Florissant, Mo.

H.S. Girls Individual 3 Mile

Jr. H.S. Girls Individual 3 Mile

1. 18:04.7 Dawn Calabrese/ Francis Howell H.S.- St. Charles, Mo.
2. 19:08.3 Dana McReynolds/ Hazelwood Central H.S.- Florissant, Mo.
3. 19:44.7 Debbie Shanika/ Hazelwood Central H.S.- Florissant, Mo.
4. 22:27.4 Hope Butler/ Hazelwood Central H.S.- Florissant, Mo.

Jr. H.S. Girls Team 3 Mile

No Entrants 1983

Jr. H.S. Girls Individual 2 Mile

1. 11:31.3 Dawn Calabrese/ Francis Howell H.S.- St. Charles, Mo.
2. 12:19.2 Ann Ray/ Daviess County Jr.- Owensboro, Ky.
3. 12:33.8 Dana McReynolds/ Hazelwood Central H.S.- Florissant, Mo.
- *4. 12:42.5 Sonya Kirby/ Daviess County Jr.- Owensboro, Ky.
- *5. 12:51.1 Cathy Roberts/ Pearl River H.S.- Pearl River N.Y.
5. 12:51.1 Debbie Shanika/ Hazelwood Central H.S.- Florissant, Mo.
- *7. 12:53.6 Jennifer Brebbia/ Pearl River H.S.- Pearl River N.Y.
8. 12:59.2 Jackie Payne/ Daviess County Jr.- Owensboro, Ky.
9. 13:00.7 Lana Midkiff/ Daviess County Jr.- Owensboro, Ky.
- *10. 13:08.1 Jennifer Barnett/ Daviess County Jr.- Owensboro, Ky.
- *11. 13:22.6 Rhonda Howard/ Daviess County Jr.- Owensboro, Ky.
- *12. 13:25.7 Shelly Leach/ Daviess County Jr.- Owensboro, Ky.
- *13. 14:47.2 Anna DeCastro/ St. Theresa Catholic- Coral Gables, Florida
- *14. 15:09.1 Susan Diaz/ St. Theresa Catholic- Coral Gables, Florida
- *15. 15:24.4 Lorri Diaz/ St. Theresa Catholic- Coral Gables, Florida
- *16. 15:25.1 Annette Martin/ St. Theresa Catholic- Coral Gables, Florida
- *17. 16:06.1 Lillian Larrea/ St. Theresa Catholic- Coral Gables, Florida
- *18. 16:49.9 Monica Sosa/ St. Theresa Catholic- Coral Gables, Florida

*-8th Grade
**-7th Grade

Jr. H.S. Girls Team 2 Mile

1. 64:09.7 Daviess County Jr.- Owensboro, Ky.
2. 76:51.9 St. Theresa Catholic- Coral Gables, Florida

H.S. Girls Individual 3 Mile

- *1. 16:42.4 Kristy Orrs/ Clayton Northmont H.S.- Clayton, Ohio
- **2. 18:04.7 Dawn Calabrese/ Francis Howell H.S.- St. Charles, Mo.
- **3. 18:39.6 Michele Owens/ Hazelwood Central H.S.- Florissant, Mo.
- *4. 18:42.2 Becky Hueppauff/ Hazelwood Central H.S.- Florissant, Mo.
- *5. 19:07.0 Cindy Underwood/ Hazelwood Central H.S.- Florissant, Mo.
- **6. 19:08.3 Dana McReynolds/ Hazelwood Central H.S.- Florissant, Mo.
- **7. 19:44.7 Debbie Shanika/ Hazelwood Central H.S.- Florissant, Mo.
- *8. 20:31.4 Michelle Hermann/ Hazelwood Central H.S.- Florissant, Mo.
- **9. 22:19.0 Sharis Shaw/ McCluer North H.S.- Florissant, Mo.
- **10. 22:27.4 Hope Butler/ McCluer North H.S.- Florissant, Mo.
- **11. 23:35.4 Michele Carter/ McCluer North H.S.- Florissant, Mo.
- **12. 23:37.8 Helen Perry/ McCluer North H.S.- Florissant, Mo.
- **13. 24:14.0 Tricia Gaskin/ McCluer North H.S.- Florissant, Mo.
- **14. 24:31.7 Lee Rehme/ McCluer North H.S.- Florissant, Mo.

*-11th Grade
**-10th Grade
***- 9th Grade

H.S. Girls Team 3 Mile

1. 95:21.8 Hazelwood Central H.S.- Florissant, Mo.
2. 118:17.9 McCluer North H.S.- Florissant, Mo.

- **1. 11:05.4 Adrienne Politawicz/ Trinity Prep- Orlando, Florida
- **2. 11:05.5 Rebecca Chamberlain/ Leigh H.S.- San Jose, Calif.
- **3. 11:26.7 Monica Daley/ Los Gatos H.S.- Los Gatos, Calif.
- **4. 11:31.3 Dawn Calabrese/ Francis Howell H.S.- St. Charles, Mo.
5. 11:36.2 Laura Henry/ Los Gatos H.S.- Los Gatos, Calif.
- **6. 11:52.5 Harpreet Fuhr/ Leigh H.S.- San Jose, Calif.
- **7. 11:52.6 Joann Turilli/ Pearl River H.S.- Pearl River N.Y.
8. 11:55.3 Michelle Johnson/ Hazelwood Central H.S.- Florissant, Mo.
- *9. 12:03.5 Becky Hueppauff/ Hazelwood Central H.S.- Florissant, Mo.
- **10. 12:04.8 Ann Wimmer/ Los Gatos H.S.- Los Gatos, Calif.
- **11. 12:05.3 Bernadette Hogan/ Pearl River H.S.- Pearl River, N.Y.
- **12. 12:08.0 Katie Sams/ Trinity Prep- Orlando, Florida
- **13. 12:11.2 Susan Pizzoferrato/ Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
- **14. 12:11.5 Melissa Foster/ Los Gatos H.S.- Los Gatos, Calif.
- **15. 12:12.5 Michele Owens/ Hazelwood Central H.S.- Florissant, Mo.
- **16. 12:14.0 Tracy Bachich/ Leigh H.S.- San Jose, Calif.
- **17. 12:14.2 Pat Holland/ Pearl River H.S.- Pearl River, N.Y.
- **18. 12:15.0 Nancy Lindbergh/ St. Louis Park H.S.- St. L. Park, Mn.
- **19. 12:18.6 Vonda Rammons/ Jefferson City H.S.- Jefferson City, Mo.
20. 12:18.9 Belisa Vranich/ Pearl River H.S.- Pearl River, N.Y.
21. 12:20.7 Livia Peraz/ Los Gatos H.S.- Los Gatos, Calif.
22. 12:24.0 Sue Dearmin/ St. Louis Park H.S.- St. L. Park, Mn.
- **23. 12:24.3 Cindy Underwood/ Hazelwood Central H.S.- Florissant, Mo.
- *24. 12:28.1 Theresa Keough/ Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
- **25. 12:29.0 Carie Wieberg/ Jefferson City H.S.- Jefferson City, Mo.
- **26. 12:29.4 Jean Dumlao/ Pearl River H.S.- Pearl River, N.Y.
- **27. 12:33.8 Dana McReynolds/ Hazelwood Central H.S.- Florissant, Mo.
- **28. 12:33.8 Liz White/ Francis Howell H.S.- St. Charles, Mo.
- **29. 12:36.0 Eileen Clarke/ Pearl River H.S.- Pearl River, N.Y.
- **30. 12:38.4 Judy Malley/ Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
- **31. 12:41.2 Kelly Idel/ Jefferson City H.S.- Jefferson City, Mo.
- **32. 12:49.0 Carolyn Hawkins/ St. Louis Park H.S.- St. L. Park, Mn.
- **33. 12:51.1 Debbie Shanika/ Hazelwood Central H.S.- Florissant, Mo.
- **34. 12:52.4 Stacy Kuehnis/ Los Gatos H.S.- Los Gatos, Calif.
- **35. 12:59.8 Carina Axellson/ Los Gatos H.S.- Los Gatos, Calif.
- **36. 13:08.3 Michelle Hermann/ Hazelwood Central H.S.- Florissant, Mo.
- **37. 13:10.0 Brenda Montesi/ Leigh H.S.- San Jose, Calif.
38. 13:10.1 Kelly Taylor/ Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
38. 13:10.1 Rebecca Gillette/ Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
- **40. 13:20.0 Polly Wolfe/ Leigh H.S.- San Jose, Calif.
- **41. 13:21.6 Tory Roberts/ Jefferson City H.S.- Jefferson City, Mo.
- **42. 13:23.0 Patti Lindbergh/ St. Louis Park H.S.- St. L. Park, Mn.
- **43. 13:26.0 Dana Schaefer/ St. Louis Park H.S.- St. L. Park, Mn.
- **44. 13:30.0 Jill Johan/ Francis Howell H.S.- St. Charles, Mo.
- **45. 13:30.4 Brooke O'Mara/ Jefferson City H.S.- Jefferson City, Mo.
- **46. 13:36.1 Chris Shaw/ Francis Howell H.S.- St. Charles, Mo.
- **47. 13:37.0 Tricia Storm/ St. Louis Park H.S.- St. L. Park, Mn.
- **48. 13:38.2 Ginger Hatfield/ Jefferson City H.S.- Jefferson City, Mo.
- **49. 13:43.5 Sharis Shaw/ McCluer North H.S.- Florissant, Mo.
50. 13:44.0 Sandy Thurnblom/ St. Louis Park H.S.- St. L. Park, Mn.
- **51. 13:44.8 Becky Baskin/ Trinity Prep- Orlando, Florida
- **52. 13:50.8 Michelle Jarvis/ LaPorte H.S.- LaPorte, Texas
- **53. 13:51.9 Laine Maher/ LaPorte H.S.- LaPorte, Texas
- **54. 13:58.2 Terri Hutchison/ Jefferson City H.S.- Jefferson City, Mo.
- **55. 14:10.8 Kristin Swaim/ Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
- **56. 14:17.1 Laura North/ St. Andrews H.S.- Boca Raton, Florida
- **57. 14:29.8 Michele Carter/ McCluer North H.S.- Florissant, Mo.
- **58. 14:31.0 Helen Perry/ McCluer North H.S.- Florissant, Mo.
- **59. 14:33.4 Courtney Williamson/ Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
60. 14:42.4 Mary Hayden/ St. Andrews H.S.- Boca Raton, Florida
- **61. 14:52.9 Danyal McCloud/ Trinity Prep- Orlando, Florida
- **62. 14:53.2 Lisa Fuller/ Trinity Prep- Orlando, Florida
- **63. 15:06.2 Tricia Gaskin/ McCluer North H.S.- Florissant, Mo.
- **64. 15:08.2 Lee Rehme/ McCluer North H.S.- Florissant, Mo.
65. 15:44.0 Beth Redd/ St. Andrews H.S.- Boca Raton, Florida
66. 15:53.3 Beth Albano/ St. Andrews H.S.- Boca Raton, Florida
67. 16:26.1 Andrea Fisher/ St. Andrews H.S.- Boca Raton, Florida
68. 17:17.6 Sherie Fisher/ St. Andrews H.S.- Boca Raton, Florida

*-11th Grade
**-10th Grade
***- 9th Grade

H.S. Girls Team 2 Mile

1. 59:39.9 Los Gatos H.S.- Los Gatos, Calif.
2. 61:00.4 Pearl River H.S.- Pearl River, N.Y.
3. 61:57.0 Leigh H.S.- San Jose, Calif.
4. 62:19.1 Hazelwood Central H.S.- Florissant, Mo.
5. 63:37.9 Cardinal Gibbons H.S.- Ft. Lauderdale, Florida
6. 64:17.0 St. Louis Park H.S.- St. Louis Park, Mn.
7. 64:20.8 Jefferson City H.S.- Jefferson City, Mo.
8. 66:44.3 Trinity Preparatory H.S.- Orlando, Florida
9. 72:52.7 McCluer North H.S.- Florissant, Mo.
10. 77:02.9 St. Andrews H.S.- Boca Raton, Florida

**9. 11:16.5 Bill Schneider/ Hazelwood Central H.S.- Florissant, Mo.
*10. 11:19.0 Steve Allen/ Northwest H.S.- House Springs, Mo.

ALL-AMERICAN HIGH SCHOOL CROSS COUNTRY
Postal Championships

HS BOYS TEAM 2 MILE

SIXTH PLACE - 50:35.2

For Outstanding Performance

MENLO-ATHERTON H. S.

*is recognized by the Governing Council of the
Mid-States High School Cross Country Postal Association
and selected as an All-American Cross Country Team
member for the year 1983 .*

Don Bené

Don Bené, Honorary Chairman
(U.S.A. 5000)

ALL-AMERICAN HIGH SCHOOL CROSS COUNTRY
Postal Championships

HS BOYS INDIVIDUAL 2 MILE

THIRTEENTH PLACE - 9:46.9

For Outstanding Performance

VALPEY - MENLO-ATHERTON H.S.

*is recognized by the Governing Council of the
Mid-States High School Cross Country Postal Association
and selected as an All-American Cross Country Team
member for the year 1983 .*

Don Bené

Don Bené, Honorary Chairman
(U.S.A. 5000)