

STANFORD

STANFORD UNIVERSITY
DEPARTMENT OF ATHLETICS
PHYSICAL EDUCATION & RECREATION
STANFORD, CALIFORNIA 94305

10TH ANNUAL STANFORD CROSS COUNTRY INVITATIONAL

Monday, October 10, 1983

Team Results - High School Boys

Junior Varsity

1.	Tustin H.S.	23
2.	Bellarmino Prep	43
3.	Bellarmino Prep "B"	108
4.	De La Salle H.S.	116
5.	Serra H.S.	135
6.	Vacaville H.S.	199
7.	Reno H.S.	209
8.	Menlo Atherton H.S.	257
9.	Monta Vista H.S.	265
10.	Bellarmino Prep "C"	281
11.	Mountain View H.S.	290
12.	Lynbrook H.S.	300
13.	Gunn H.S.	313
14.	Palo Alto H.S.	375
15.	Turlock H.S.	405
16.	Piner H.S.	412
17.	Bellarmino Prep "D"	424
18.	Cardinal Newman H.S.	430
19.	Acalanes H.S.	433
20.	Fremont H.S.	438
21.	Moreau H.S.	466
22.	Lower Lake H.S.	513
23.	Fort Bragg H.S.	522
24.	Lincoln H.S.	526
25.	Woodside H.S.	556
26.	North Tahoe H.S.	598
27.		
28.		
29.		
30.		
31.		
32.		
33.		
34.		
35.		
36.		

Varsity "B"

Morro Bay H.S.	115
Piner H.S.	131
Half Moon Bay H.S.	149
Encinal H.S.	150
Terra Linda H.S.	170
Moreau H.S.	174
Foothill H.S.	180
Acalanes H.S.	216
Sir Francis Drake H.S.	223
North Tahoe H.S.	225
San Luis Obispo H.S.	238
Fort Bragg H.S.	261
Cardinal Newman H.S.	284
Piedmont H.S.	310
San Lorenzo Valley H.S.	335
Healdsburg H.S.	373
Lincoln H.S.	428
Pittsburg H.S.	436
Upper Lake H.S.	439
Quincy H.S.	464
Marin Catholic H.S.	495
San Lorenzo Vly H.S. "B"	521
Las Plumas H.S.	545

Varsity "A"

Wilson H.S. Portland	86
Leigh H.S.	141
Reno H.S.	172
Mira Costa H.S.	202
Castro Valley H.S.	217
Bellarmino Prep	228
Tustin H.S.	283
Merced H.S.	296
Redwood H.S.	301
Lompoc H.S.	310
Arroyo Grande H.S.	343
Saratoga H.S.	368
Menlo Atherton H.S.	370
Vacaville H.S.	372
Montgomery H.S.	423
Edison H.S.	425
San Mateo H.S.	431
Modesto H.S.	442
Mountain View H.S.	460
De La Salle H.S.	481
Capuchino H.S. (tied)	508
Serra H.S.	508
Monta Vista H.S.	525
Del Oro H.S.	553
S. San Francisco H.S.	563
Northgate H.S.	564
Mission San Jose H.S.	593
Lynbrook H.S.	598
St. Ignatius H.S.	608
Turlock H.S.	638
Gunn H.S.	651
Antioch H.S.	682
Tracy H.S.	687
Santa Clara H.S.	747
El Camino H.S.	753
Wilcox H.S.	884

INCOMPLETE TEAMS

San Lorenzo Valley H.S.

INCOMPLETE TEAMS

Lower Lake H.S.

INCOMPLETE TEAMS

Woodside H.S.
Palo Alto H.S.
Fremont H.S.

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Final Results - High School Boys - Varsity "A"

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Calvin Gaziao	Castro Valley H.S.	15:24.1
2	Chris Craig	Leigh H.S.	15:25.3
3	Matt Giusto	San Mateo H.S.	15:40.6
4	Pete Vicencio	Del Oro H.S.	15:46.0
5	Scott Hill	Mission San Jose H.S.	15:47.1
6	Jim Grelle	Wilson H.S.	15:53.3
7	Frank Ramirez	Lompoc H.S.	15:57.5
8	Dennis Block	Lompic H.S.	16:00.6
9	John Bass	Castro Valley H.S.	16:03.1
10	Rod Coker	Vacaville H.S.	16:06.3
11	Marc Goulet	Soquel H.S.	16:09.2
12	Derke Ritenhouse	Reno H.S.	16:11.2
13	Will Lee	Wilson H.S.	16:12.0
14	Jeff Johnson	Mira Costa H.S.	16:12.6
15	Paul Ghidossi	Capuchino H.S.	16:14.2
16	Pete Vincent	Montgomery H.S.	16:15.4
17	Angel Ventury	Leigh H.S.	16:16.1
18	Tom McKilloid	Wilson H.S.	16:18.4
19	Mike Crafton	Mira Costa H.S.	16:18.9
20	Jim Howard	Northgate H.S.	16:20.0
21	Chris Lerude	Reno H.S.	16:21.0
22	Rob Gilbert	Wilson H.S.	16:21.5
23	Richard Clark	Mountain View H.S.	16:22.0
24	Shaw O'Flaherty	Bellarmino Prep	16:22.7
25	John Dominique	Leigh H.S.	16:23.9
26	Ben Valpey	Menlo Atherton H.S.	16:24.3
27	Doug Gollither	Saratoga H.S.	16:24.9
28	Craig Blockhus	Mountain View H.S.	16:25.3
29	Fernando Ramirez	South San Francisco H.S.	16:25.8
30	James Garree	Vacaville H.S.	16:28.0
31	John Wrenn	Wilson H.S.	16:30.2
32	M. Silveira	Calaveras H.S.	16:31.4
33	Shawn Ayers	Bellarmino Prep	16:32.0
34	Brian Talley	Arroyo Grande H.S.	16:33.4
35	Danny Valdez	Merced H.S.	16:34.1
36	Paul MacDonald	Tustin H.S.	16:35.4
37	Derek Mimuo	Reno H.S.	16:36.0
38	John Shaw	Modesto H.S.	16:36.3
39	Travis Cruz	Hug H.S.	16:38.0
40	Dan Cote	Mira Costa H.S.	16:45.2
41	Paul Monje	Castro Valley H.S.	16:45.9
42	Eugene Tung	Saratoga H.S.	16:46.8
43	Alex Britton	Redwood H.S.	16:47.5
44	Rob Rusk	Reno H.S.	16:49.2
45	Ted Zeigler	Mira Costa H.S.	16:49.8

Monday, October 10, 1983

Final Results - High School Boys - Varsity "A"

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
46	John Bertrand	Tustin H.S.	16:50.5
47	Tom Diffley	Wilson H.S.	16:51.0
48	Scott Becodean	Tustin H.S.	16:52.4
49	Burt Burgkamp	Leigh H.S.	16:53.3
50	Stan Carroll	Woodside H.S.	16:54.0
51	Jaime Plascencia	Modesto H.S.	16:54.3
52	Allen Bradley	Merced H.S.	16:55.0
53	John Mann	Redwood H.S.	16:55.4
54	Sean Howard	Merced H.S.	16:57.3
55	Richard Salazar	Saratoga H.S.	16:58.2
56	Keith Allen	Bellarmino Prep	17:00.0
57	Nelson Cottier	Leigh H.S.	17:00.3
58	Carlos Pineda	Modesto H.S.	17:01.2
59	Gene Patino	Edison H.S.	17:01.6
60	Steve Ramon	Bellarmino Prep	17:04.0
61	Tony Lopez	Arroyo Grande H.S.	17:04.5
62	Garth Turner	Arroyo Grande H.S.	17:05.3
63	Eric Crump	Tracy H.S.	17:05.9
64	Chris Barto	Menlo Atherton H.S.	17:06.2
65	Paul Cummings	Montgomery H.S.	17:06.5
66	Dennis Guerton	De La Salle H.S.	17:06.9
67	Mark Gainey	Reno H.S.	17:07.3
68	Shad Warren	Reno H.S.	17:07.9
69	Paul Hoover	Mountain View H.S.	17:08.5
70	David Heine	Bellarmino Prep	17:09.5
71	Mike Crawford	Merced H.S.	17:09.8
72	Jim Wrenn	Wilson H.S.	17:10.7
73	Tom Moore	Serra H.S.	17:11.0
74	Steve Bernkamp	Leigh H.S.	17:11.4
75	Steve Starrett	Redwood H.S.	17:11.7
76	Greg Penhaligon	Redwood H.S.	17:12.8
77	Max Mancini	Bellarmino Prep	17:13.2
78	Aaron Lopez	Menlo Atherton H.S.	17:13.5
79	Rod Adzich	Monta Vista H.S.	17:13.8
80	Martin Brooks	Serra H.S.	17:14.1
81	David Smith	Tustin H.S.	17:14.5
82	Erie Cutter	Redwood H.S.	17:14.8
83	Dave Hamm	Leigh H.S.	17:15.1
84	Andrew Taylor	Edison H.S.	17:15.4
85	George Palmadessa	Monta Vista H.S.	17:15.8
86	Dennis Arnds	Edison H.S.	17:16.1
87	Cary Stephens	Reno H.S.	17:17.3
88	Dan St. John	Lompoc H.S.	17:17.7
89	Larry Moore	De La Salle H.S.	17:18.2
90	Chris Thomas	Edison H.S.	17:18.6
91	Mike Doyle	Castro Valley H.S.	17:19.5
92	Bix Nortier	Vacaville H.S.	17:20.8
93	Kirk Mansfield	Lynbrook H.S.	17:21.1
94	Andy Senasac	De La Salle H.S.	17:21.9
95	Aron Sather	Antioch H.S.	17:22.7
96	Jeff Wright	Tustin H.S.	17:23.6
97	Doug Amaro	Castro Valley H.S.	17:24.6
98	Tim Huston	Del Oro H.S.	17:25.5
99	Donald Ray	South San Francisco H.S.	17:26.2
100	J. R. Sanchez	Turlock H.S.	17:26.9

Monday, October 10, 1983
 Final Results - High School Boys - Varsity "A"

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
101	Santos Villastrigo	Mira Costa H.S.	17:27.2
102	Andy Bullock	Menlo Atherton H.S.	17:27.5
103	Mike Mathews	Santa Clara H.S.	17:27.8
104	Tim Hardey	Capuchino H.S.	17:28.6
105	Frank Martin	Lynbrook H.S.	17:29.9
106	Sean Coughlin	Lompoc H.S.	17:30.9
107	Dennis Payne	San Mateo H.S.	17:31.8
108	Carlos Diaz	Merced H.S.	17:32.6
109	Louie Casano	Arroyo Grande H.S.	17:33.1
110	Chris Cooke	Monta Vista H.S.	17:33.6
111	Marty Hanken	Redwood H.S.	17:34.4
112	Doug Beach	Northgate H.S.	17:35.1
113	Pete Londry	Arroyo Grande H.S.	17:35.7
114	Gary Lancina	Montgomery H.S.	17:36.2
115	K. Riordan	St. Ignatius H.S.	17:36.7
116	Robert Grove	Mission San Jose H.S.	17:37.0
117	Chris Kloes	Mira Costa H.S.	17:37.4
118	Andy Rusckow	Lynbrook H.S.	17:37.8
119	Roger Kohne	Gunn H.S.	17:38.1
120	Karl Frisch	Saratoga H.S.	17:38.5
121	Terry Vessel	Turlock H.S.	17:39.4
122	Tim Larson	San Mateo H.S.	17:40.3
123	J. B. Orecehia	Serra H.S.	17:40.8
124	Rob Osborn	Gunn H.S.	17:41.3
125	Kelly Humerton	Gunn H.S.	17:41.8
126	Dave Patelson	Tustin H.S.	17:42.3
127	JoJo Cruz	Montgomery H.S.	17:42.8
128	Robert Crandall	San Mateo H.S.	17:43.2
129	Jeff Lipscomb	San Mateo H.S.	17:43.5
130	Ken Ryerson	Capuchino H.S.	17:44.2
131	John Conneely	Serra H.S.	17:44.6
132	T. Grey	St. Ignatius H.S.	17:45.3
133	J. Claes	St. Ignatius H.S.	17:45.7
134	Mario Villanueva	Lompoc H.S.	17:46.1
135	David Anderson	Merced H.S.	17:46.7
136	Ken Fayal	Vacaville H.S.	17:48.1
137	Juan Herrera	Menlo Atherton H.S.	17:48.9
138	Bill Mertens	De La Salle H.S.	17:49.9
139	Adam Mula	Northgate H.S.	17:50.4
140	Matt Matsuaka	Castro Valley H.S.	17:51.9
141	Asa Such	Palo Alto H.S.	17:52.2
142	Craig Arnall	Antioch H.S.	17:52.5
143	Javier Gurrola	South San Francisco H.S.	17:52.8
144	Thad Martin	El Camino H.S.	17:53.2
145	David Wanelick	Vacaville H.S.	17:53.6
146	Tony Harrison	Montgomery H.S.	17:55.3
147	K. O'Leary	St. Ignatius H.S.	17:55.7
148	Sean Barrett	De La Salle H.S.	17:56.1
149	John Tanner	Turlock H.S.	17:56.7
150	Tim Cummings	Montgomery H.S.	17:57.1
151	Neil Fitzgerald	St. Ignatius H.S.	17:57.6
152	Gabe Medina	Antioch H.S.	17:57.9
153	T. Miley	St. Ignatius H.S.	17:58.3
154	Mitch Kumagai	Monta Vista H.S.	17:58.6
155	Phil Green	Del Oro H.S.	17:59.6

Monday, October 10, 1983
 Final Results - High School Boys - Varsity "A"

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
156	Martin Zemanek	Edison H.S.	18:00.4
157	Dan Pentz	Vacaville H.S.	18:01.1
158	Dennis Nelson	Capuchino H.S.	18:01.6
159	Rob Rush	Serra H.S.	18:02.2
160	Isaac Brambila	Modesto H.S.	18:02.7
161	Rod Prosceno	Monta Vista H.S.	18:03.1
162	Jim Silberman	Saratoga H.S.	18:03.4
163	Scott Forbes	Capuchino H.S.	18:03.8
164	Bob Cotter	Northgate H.S.	18:04.2
165	Matt Gowan	Serra H.S.	18:04.5
166	Joe Aguilar	Turlock H.S.	18:04.9
167	Cuong Tran	Lynbrook H.S.	18:05.2
168	Pat Varuel	Lompoc H.S.	18:05.6
169	Brad Marshall	Vacaville H.S.	18:06.0
170	Scott Garland	Edison H.S.	18:06.4
171	Guy Routt	Tracy H.S.	18:06.8
172	Bob Caccia	Serra H.S.	18:09.1
173	Loreto Gomez	South San Francisco H.S.	18:13.2
174	William Arnof	Gunn H.S.	18:13.6
175	Steve McDougall	Hug H.S.	18:15.6
176	Ron Ernst	Monta Vista H.S.	18:16.0
177	Ted Oakland	Mission San Jose H.S.	18:16.4
178	Kevin McMonagie	El Camino H.S.	18:17.0
179	Richard Heitke	El Camino H.S.	18:17.9
180	Alfredo Pena	Santa Clara H.S.	18:18.3
181	Doug Rater	Del Oro H.S.	18:19.0
182	Mike Collier	Tracy H.S.	18:19.3
183	Dan Miller	Santa Clara H.S.	18:20.5
184	Jeff Fuchs	Tracy H.S.	18:23.5
185	Dennis Foley	El Camino H.S.	18:28.0
186	Mark Bowman	Turlock H.S.	18:28.3
187	Keith Wurster	El Camino H.S.	18:29.0
188	Damian Stocking	De La Salle H.S.	18:29.3
189	Erik Peterson	Santa Clara H.S.	18:29.6
190	Pat Crosby	Lompoc H.S.	18:30.0
191	Scott Brand	Palo Alto H.S.	18:36.7
192	Ed Paone	Bellarmino Prep	18:41.6
193	Jaime Magana	Modesto H.S.	18:42.0
194	Steve Spisak	Mission San Jose H.S.	18:43.2
195	Taylor Barton	Mira Costa H.S.	18:43.6
196	Tony Hernandez	Woodside H.S.	18:44.6
197	C. Achuck	St. Ignatius H.S.	18:45.9
198	Keith Devlin	Antioch H.S.	18:48.3
199	Steve Anderson	Tracy H.S.	18:48.7
200	Mike Bobroff	Saratoga H.S.	18:53.7
201	Anthony Orosio	Turlock H.S.	18:54.3
202	Randy Guzman	Castro Valley H.S.	18:55.7
203	Charlie Allen	Fremont H.S.	18:57.3
204	Eddie Pepper	Lynbrook H.S.	19:01.2
205	Ron Rowberry	Fremont H.S.	19:01.9
206	Ramiro Galdino	Modesto H.S.	19:04.4
207	Brian Eugeni	Fremont H.S.	19:06.2
208	Pat Ford	Mission San Jose H.S.	19:09.8
209	Mark Tracy	Woodside H.S.	19:11.1
210	Jeff Persons	Turlock H.S.	19:15.6

Monday, October 10, 1983

Final Results - High School Boys - Varsity "A"

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
211	Scott McLaskey	Del Oro H.S.	19:17.0
212	Jeff Scatena	South San Francisco H.S.	19:19.7
213	Mike Neveras	De La Salle H.S.	19:25.3
214	Mark Mannuel	Woodside H.S.	19:27.1
215	John Swedensky	Del Oro H.S.	19:28.2
216	Todd Mendez	Antioch H.S.	19:33.5
217	Kevin Legan	Merced H.S.	19:35.2
218	John Hill	Mountain View H.S.	19:37.8
219	Steffen Thompson	Palo Alto H.S.	19:39.0
220	Ken Cirinelli	Wilcox H.S.	19:39.4
221	Paul Aspiras	Palo Alto H.S.	19:45.6
222	George Baptista	South San Francisco H.S.	19:46.7
223	Louis Rizza	Northgate H.S.	19:48.3
224	Dave Mariottini	Mountain View H.S.	19:51.8
225	Mike Freitas	Wilcox H.S.	19:53.4
226	Scott Adams	Antioch H.S.	19:59.6
227	Glen Sewell	Del Oro H.S.	20:11.7
228	Bryan Albarillo	Wilcox H.S.	20:16.3
229	Alex Price	Mission San Jose H.S.	20:18.9
230	Trace Pratten	Wilcox H.S.	20:33.3
231	Jacob Roth	Gunn H.S.	20:35.7
232	Tim Foley	El Camino H.S.	20:37.8
233	Chris McCage	Hug H.S.	20:38.9
234	Chris Kahrl	El Camino H.S.	20:43.3
235	Patrick Ketchum	Modesto H.S.	21:02.0
236	Mark Gutierrez	Wilcox H.S.	21:13.9
237	Bert Miliken	Santa Clara H.S.	21:14.3
238	Craig Furer	Santa Clara H.S.	23:21.8
239	Davy DeLaCruz	Santa Clara H.S.	23:23.0
240	Ed Remillard	Wilcox H.S.	23:23.8
241	Kirk McPherson	Wilcox H.S.	No Time
242	Romy Parinas	Santa Clara H.S.	No Time

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<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Scott Savage	Foothill H.S.	16:08.4
2	Ryan Gilliam	Cardinal Newman H.S.	16:23.2
3	Greg Stephens	Acalanes H.S.	16:26.1
4	Ron Hoff	Morro Bay H.S.	16:28.9
5	Alex Lopez	Encinal H.S.	16:33.0
6	Roy Castro	Healdsburg H.S.	16:36.8
7	John Dye	Half Moon Bay H.S.	16:42.6
8	Kevin Theyer	Terra Linda H.S.	16:46.9
9	Shawn Nisson	Lower Lake H.S.	16:53.3
10	Chris Theyer	Terra Linda H.S.	16:56.0
11	Scott Machado	Moreau H.S.	16:57.2
12	David Boone	Encinal H.S.	16:58.9
13	Sal D'Acquisto	Fort Bragg H.S.	17:00.6
14	Mike Magyar	Foothill H.S.	17:04.1
15	Kevin Temple	Piner H.S.	17:06.9
16	Joe Tamblyn	North Tahoe H.S.	17:10.8
17	Chris Jones	Morro Bay H.S.	17:13.8
18	Jim Thompson	Half Moon Bay H.S.	17:21.0
19	Steve Miller	Piner H.S.	17:30.4
20	Sean McKeeman	North Tahoe H.S.	17:33.2
21	Scott Myers	Piner H.S.	17:36.9
22	Juan Lopez	Upper Lake H.S.	17:37.2
23	NON SCORER (stepped out of line)		17:44.5
24	Jim Williams	Acalanes H.S.	17:49.3
25	Grant Schaffer	Piedmont H.S.	17:50.6
26	Dave Owens	Morro Bay H.S.	17:51.4
27	Jake Niebaum	Half Moon Bay H.S.	17:54.1
28	Eric Bernstein	North Tahoe H.S.	17:55.1
29	Pat Manyak	San Luis Obispo H.S.	17:55.4
30	Doug Minagawa	Terra Linda H.S.	17:56.8
31	Bob Canales	Moreau H.S.	17:59.0
32	Dave Lilly	Morro Bay H.S.	18:00.2
33	Thor Heglund	Sir Francis Drake H.S.	18:00.6
34	Dan Muhic	Sir Francis Drake H.S.	18:01.5
35	John Lee	Encinal H.S.	18:02.3
36	Matt Suess	Piner H.S.	18:03.2
37	Jeff Emanuel	Foothill H.S.	18:04.2
38	Ross Newby	San Luis Obispo H.S.	18:05.2
39	Aaron Cuthbertson	Piedmont H.S.	18:05.5
40	John Docker	Morro Bay H.S.	18:07.1
41	Mark Puppo	Moreau H.S.	18:07.9
42	Rick Hautala	Fort Bragg H.S.	18:08.7
43	Steve Pretre	Half Moon Bay H.S.	18:09.2
44	Fred Ferguson	A. Lincoln H.S.	18:10.5

Monday, October 10, 1983
 Final Results - High School Boys - Varsity "B"

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
45	Chris Smith	Piner H.S.	18:12.8
46	Greg Martin	Sir Francis Drake H.S.	18:14.9
47	Joe Baalman	Moreau H.S.	18:16.3
48	Greg Matthews	Encinal H.S.	18:18.9
49	Rick DeAnda	Moreau H.S.	18:19.4
50	Kevin Quinn	San Luis Obispo H.S.	18:20.1
51	Garth Merrill	San Lorenzo Valley H.S. "A"	18:22.5
52	Troy Tournay	Fort Bragg H.S.	18:23.2
53	Eric Ackermann	Moreau H.S.	18:26.2
54	Ron Symons	Sir Francis Drake H.S.	18:27.6
55	Tony Daysog	Encinal H.S.	18:28.6
56	Jeff Davis	San Lorenzo Valley H.S. "A"	18:29.1
57	Nic King	San Luis Obispo H.S.	18:29.7
58	Stefan Parnay	Cardinal Newman H.S.	18:30.2
59	Mike Vogel	Half Moon Bay H.S.	18:30.9
60	Derek Tryon	Acalanes H.S.	18:32.3
61	Jon Whittaker	Piner H.S.	18:32.8
62	Ken DeVore	Foothill H.S.	18:34.7
63	Sean Garey	Terra Linda H.S.	18:35.1
64	Pete Zerr	Morro Bay H.S.	18:35.5
65	Mike Shindelus	Sir Francis Drake H.S.	18:37.1
66	Mark Russell	San Lorenzo Valley H.S. "A"	18:38.2
67	Eric Johnson	Pittsburg H.S.	18:39.0
68	Stephen Schroeder	Encinal H.S.	18:39.4
69	Rameil Baaba	Terra Linda H.S.	18:39.7
70	Chris Mitton	Acalanes H.S.	18:42.5
71	Jeff Davidson	Piedmont H.S.	18:43.6
72	Brad Taylor	Acalanes H.S.	18:45.8
73	Tom Walters	Fort Bragg H.S.	18:48.3
74	Jay Garner	San Luis Obispo H.S.	18:49.0
75	Wayne Nielson	San Luis Obispo H.S.	18:52.7
76	David Herrmann	Quincy H.S.	18:56.5
77	Shane Chandler	Half Moon Bay H.S.	18:56.9
78	Alex Bautista	Half Moon Bay H.S.	18:58.6
79	Barry Schmitt	Foothill H.S.	18:58.9
80	Damon Monjore	Healdsburg H.S.	18:59.2
81	Craig Moore	Healdsburg H.S.	19:00.7
82	Ken Wilson	Cardinal Newman H.S.	19:02.4
83	Jeff Jorgensen	Cardinal Newman H.S.	19:05.5
84	Coulter Rose	Quincy H.S.	19:06.6
85	David Rosa	Cardinal Newman H.S.	19:07.6
86	Mark Perdue	Terra Linda H.S.	19:08.4
87	Jim Staats	Marin Catholic H.S.	19:09.3
88	Paul Ackerman	Sir Francis Drake H.S.	19:11.0
89	Andy Clark	Marin Catholic H.S.	19:12.4
90	Larry Pickard	North Tahoe H.S.	19:12.8
91	Robert Quinones	A. Lincoln H.S.	19:13.8
92	Jeff Burghardt	North Tahoe H.S.	19:16.3
93	Curt Neilson	San Luis Obispo H.S.	19:17.8
94	Garrett Mickle	Morro Bay H.S.	19:20.0
95	Nick Church	San Lorenzo Valley H.S. "A"	19:21.7
96	Brad MacCurdy	San Lorenzo Valley H.S. "A"	19:23.4
97	Tim Soto	Moreau H.S.	19:24.5
98	Dwaine Smythe	Pittsburg H.S.	19:25.8
99	Bryan Keller	Piedmont H.S.	19:27.9

Monday, October 10, 1983
 Final Results - High School Boys - Varsity "B"

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
100	Tim Berger	Morro Bay H.S.	19:28.4
101	Tim Givens	Fort Bragg H.S.	19:29.9
102	Kelly Shattuck	San Lorenzo Valley H.S. "B"	19:31.2
103	Chuck Yoakum	Sir Francis Drake H.S.	19:31.7
104	Ralph Chacon	Pittsburg H.S.	19:34.0
105	Asad Rahman	Las Plumas H.S.	19:34.7
106	Steve Whitehead	Acalanes H.S.	19:35.5
107	Richard Russo	Pittsburg H.S.	19:36.4
108	Carlos Salinas	Piedmont H.S.	19:37.2
109	Brad Chisholm	North Tahoe H.S.	19:37.8
110	Zane Lloyd	Upper Lake H.S.	19:39.7
111	Marco Orozco	A. Lincoln H.S.	19:42.1
112	Mike Moeller	Cardinal Newman H.S.	19:47.8
113	John Mitchell	Acalanes H.S.	19:48.9
114	Mike Gregg	Upper Lake H.S.	19:50.5
115	Chris Knorzer	Las Plumas H.S.	19:54.1
116	Mike Denna	Quincy H.S.	19:54.4
117	Elias Escobedo	Pittsburg H.S.	19:59.9
118	Jon Kemmer	Cardinal Newman H.S.	20:00.3
119	Mike Romero	A. Lincoln H.S.	20:00.6
120	Brad Peterson	Healdsburg H.S.	20:01.1
121	Denny Evans	A. Lincoln H.S.	20:07.4
122	Sean Kendal	Foothill H.S.	20:07.8
123	Mike Samuelson	Foothill H.S.	20:08.2
124	Karl Barker	San Lorenzo Valley H.S. "B"	20:21.8
125	Mike Crancio	Fort Bragg H.S.	20:24.6
126	Tim Hall	Quincy H.S.	20:25.5
127	Andrew Campbell	San Lorenzo Valley H.S. "B"	20:27.4
128	Eric Folkins	San Lorenzo Valley H.S. "B"	20:28.9
129	Jeff Kofran	Marin Catholic H.S.	20:31.5
130	Mark Bartleson	Upper Lake H.S.	20:32.7
131	Paul Diehl	San Lorenzo Valley H.S. "B"	20:33.8
132	Mich Durica	Lower Lake H.S.	20:36.0
133	Warren Mundt	Quincy H.S.	20:36.6
134	Tim Forkin	Marin Catholic H.S.	20:40.5
135	Martin Lopez	Upper Lake H.S.	20:41.9
136	David Kirby	A. Lincoln H.S.	20:42.2
137	NON SCORER (stepped out of line)		20:47.1
138	Jeff Davis	Piner H.S.	20:49.1
139	Lloyd Peterson	Pittsburg H.S.	20:50.1
140	Matt Mangan	Marin Catholic H.S.	20:50.9
141	Tom Cross	Las Plumas H.S.	20:53.7
142	John Schlenker	Piedmont H.S.	20:57.4
143	Greg Hagwood	Quincy H.S.	20:58.5
144	David Collins	Las Plumas H.S.	21:00.4
145	David Bisson	Las Plumas H.S.	21:00.9
146	Steve Alves	San Lorenzo Valley H.S. "B"	21:13.5
147	Eric Seely	Upper Lake H.S.	21:28.9
148	Kevin Flagerman	Upper Lake H.S.	21:34.2
149	NON SCORER (stepped out of line)		21:54.1
150	Marc Johnson	Piedmont H.S.	21:55.1
151	Ben Greenwell	Lower Lake H.S.	22:01.0
152	John Morgan	Las Plumas H.S.	22:03.0
153	Vic Halverson	Healdsburg H.S.	22:12.5
154	Teal Combe	Lower Lake H.S.	22:20.2

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Final Results - High School Boys - Junior Varsity

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Steve Waltner	Tustin H.S.	18:08.0
2	Greg Hopper	Tustin H.S.	18:12.2
3	Rodney Stone	Tustin H.S.	18:12.7
4	Mark Callon	Bellarmino Prep	18:13.4
5	Scott McKean	Bellarmino Prep	18:22.1
6	Phillip Romero	Reno H.S.	18:24.0
7	Travis Greenlee	Tustin H.S.	18:28.2
8	Mike Costello	De La Salle H.S.	18:31.8
9	Alex Miro	Bellarmino Prep	18:40.2
10	Dennis Smith	Tustin H.S.	18:43.8
11	Iggie Hernandez	Bellarmino Prep	18:47.8
12	Bob Beste	Bellarmino Prep "B"	18:50.3
13	Duane Shaffer	Tustin H.S.	18:53.1
14	Scott Hessing	Mountain View H.S.	18:58.9
15	Dan Fisher	Bellarmino Prep	19:02.6
16	Kevin Kimball	Serra H.S.	19:05.4
17	Jason Carrol	Monta Vista H.S.	19:06.2
18	Bill Johnson	Vacaville H.S.	19:10.6
19	Mitch Crockett	Serra H.S.	19:15.4
20	Jason Hittleman	De La Salle H.S.	19:16.3
21	Dave Eby	Bellarmino Prep "B"	19:16.9
22	Matt Conneely	Serra H.S.	19:19.2
23	Stan Bae	Bellarmino Prep "B"	19:22.4
24	Mark Bently	Bellarmino Prep "B"	19:24.4
25	Ken Smith	Mountain View H.S.	19:26.1
26	NON SCORER (stepped out of line)		19:27.1
27	Scott Rewick	Monta Vista H.S.	19:29.3
28	Jerry Morucci	De La Salle H.S.	19:30.1
29	Ken Hall	San Lorenzo Valley H.S.	19:31.1
30	Fidel Perez	Vacaville H.S.	19:31.5
31	Ross Shapiro	Vacaville H.S.	19:35.2
32	Mark Vomund	De La Salle H.S.	19:36.4
33	Matt Burger	Bellarmino Prep "B"	19:38.1
34	Mike Eseltine	De La Salle H.S.	19:38.6
35	Scott Davids	Serra H.S.	19:41.2
36	Loren Fletcher	Reno H.S.	19:41.5
37	Beckwith	Menlo Atherton H.S.	19:41.9
38	Mike Donaldson	Tustin H.S.	19:43.5
39	Rob Sukinecki	Palo Alto H.S.	19:44.9
40	Williams	Menlo Atherton H.S.	19:45.3
41	Sean Jones	Piner H.S.	19:47.5
42	Graham Bilter	Acalanes H.S.	19:50.0
43	Mike Winter	Lynbrook H.S.	19:50.7
44	Dan Timms	Fort Bragg H.S.	19:51.4
45	Jeff Gordon	Reno H.S.	19:53.5
46	David McCarthy	Lynbrook H.S.	19:54.0

Monday, October 10, 1983
 Final Results - High School Boys - Junior Varsity

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
47	Ivan Orup	Bellarmino Prep "C"	19:56.5
48	Steve Pietrowicz	Lynbrook H.S.	19:57.4
49	Brian Henderson	Moreau H.S.	19:57.8
50	Barney Hollenbeak	Bellarmino Prep "C"	19:58.2
51	John Fannon	Serra H.S.	19:59.2
52	Scott Wickstrom	Serra H.S.	20:00.4
53	Aaron Matthes	Gunn H.S.	20:01.5
54	Tim Schalander	Cardinal Newman H.S.	20:01.9
55	Matt Kisak	De La Salle H.S.	20:03.9
56	Gilbert Garcia	Turlock H.S.	20:06.5
57	Andy Hesteman	Gunn H.S.	20:08.8
58	Tom Higbey	Palo Alto H.S.	20:11.1
59	Montague	Menlo Atherton H.S.	20:13.8
60	Barney Dallas	Bellarmino Prep "B"	20:15.1
61	Scott Robinson	Bellarmino Prep "C"	20:15.7
62	Dave Stanck	Bellarmino Prep "B"	20:16.2
63	Rob Meinhardt	Bellarmino Prep "C"	20:17.9
64	Breck Swan	Piner H.S.	20:20.0
65	Tim Raposa	Vacaville H.S.	20:22.6
66	Curtis Romero	Monta Vista H.S.	20:24.9
67	Cord Kirshner	Gunn H.S.	20:25.6
68	Andy Gilchrist	Reno H.S.	20:26.4
69	Eric Merchant	Mountain View H.S.	20:26.8
70	Rossiter	Menlo Atherton H.S.	20:28.3
71	Chris Franklin	Fremont H.S.	20:28.7
72	Bill Doheny	Bellarmino Prep	20:29.1
73	Sam Mendez	Lincoln H.S.	20:29.9
74	Mike Sullivan	Reno H.S.	20:31.2
75	Steve Johnson	Vacaville H.S.	20:32.6
76	Greg McGowen	De La Salle H.S.	20:33.0
77	Blackmon	Menlo Atherton H.S.	20:33.6
78	Rob Einandi	Gunn H.S.	20:34.5
79	Mike Dickson	Lower Lake H.S.	20:35.4
80	Troy Rice	Monta Vista H.S.	20:35.8
81	Joe Healy	Acalanes H.S.	20:40.8
82	Jeff Whitten	Fremont H.S.	20:41.4
83	Paul Williams	Mountain View H.S.	20:42.7
84	Tim Compton	Lower Lake H.S.	20:43.5
85	Nathan Bunney	Turlock H.S.	20:44.5
86	Peter Swanson	Acalanes H.S.	20:44.9
87	Doug Ebright	Bellarmino Prep "D"	20:46.3
88	NON SCORER (stepped out of line)		20:46.9
89	Stan Size	Lynbrook H.S.	20:49.5
90	Shawn Ballard	Turlock H.S.	20:50.0
91	Illya Poluekton	Cardinal Newman H.S.	20:50.4
92	Mike Knupf	Gunn H.S.	20:50.9
93	Eric Rainbolt	Bellarmino Prep "D"	20:52.1
94	Andy Rice	Turlock H.S.	20:57.1
95	Mike Sheehan	Gunn H.S.	20:58.0
96	Craig Ruggels	Palo Alto H.S.	20:58.4
97	Tom MacMitchell	Bellarmino Prep "D"	20:59.0
98	Keith Beggs	Bellarmino Prep "D"	21:00.3
99	Jeff Masek	Bellarmino Prep "D"	21:01.9
100	Jim Kearny	Moreau H.S.	21:02.4
101	Pat Sullivan	Moreau H.S.	21:04.1

Monday, October 10, 1983

Final Results - High School Boys - Junior Varsity

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
102	Mike Pardini	Lynbrook H.S.	21:04.9
103	Croft	Menlo Atherton H.S.	21:05.7
104	Peter Bourne	Monta Vista H.S.	21:06.2
105	Mark Leong	Fremont H.S.	21:09.4
106	Chris Schlesinger	Palo Alto H.S.	21:10.0
107	Rick Roark	Vacaville H.S.	21:11.5
108	Matt Greech	Cardinal Newman H.S.	21:12.1
109	Jeff Strain	Monta Vista H.S.	21:12.6
110	Brian Gold	Lincoln H.S.	21:14.0
111	Bob Albert	Fremont H.S.	21:16.7
112	J. C. LaGras	North Tahoe H.S.	21:17.2
113	Cliff Jimenz	Cardinal Newman H.S.	21:19.9
114	Louis Ortiz	Lincoln H.S.	21:20.8
115	Doug Detrick	Cardinal Newman H.S.	21:23.3
116	Daniel Scott	Piner H.S.	21:23.9
117	Mike Henderson	Gunn H.S.	21:24.3
118	George Rabia	Woodside H.S.	21:25.8
119	John Burnett	Palo Alto H.S.	21:26.3
120	Mike Delapena	Piner H.S.	21:26.6
121	Fred Labbe	Woodside H.S.	21:29.9
122	Matt Carnahan	Bellarmino Prep "D"	21:31.6
123	Chris Pearson	Bellarmino Prep "D"	21:32.5
124	Aaron Braxton	Piner H.S.	21:33.7
125	Joel Miller	Lynbrook H.S.	21:35.0
126	Martin	Menlo Atherton H.S.	21:35.7
127	Mark Waldman	Fremont H.S.	21:36.4
128	Phil Shaw	Cardinal Newman H.S.	21:37.1
129	NON SCORER (stepped out of line)		21:38.6
130	Paul Bycott	Woodside H.S.	21:40.8
131	Steve Roberts	Turlock H.S.	21:42.6
132	Bobba Doughty	Fort Bragg H.S.	21:44.4
133	Paul Coon	Turlock H.S.	21:46.7
134	Ning Smith	Lower Lake H.S.	21:48.3
135	Roberto Maldonado	Woodside H.S.	21:51.1
136	Brian Redhouse	Fremont H.S.	21:54.6
137	Jason Debley	Moreau H.S.	21:55.4
138	Daniel Orosco	Turlock H.S.	21:55.9
139	Noah Finkelstein	Palo Alto H.S.	21:57.4
140	Todd Wilson	Cardinal Newman H.S.	21:58.5
141	Doug Stanley	Mountain View H.S.	22:00.8
142	Pat McCluskey	Fort Bragg H.S.	22:09.4
143	Bobby Pedro	Woodside H.S.	22:11.7
144	Williamson	Acalanes H.S.	22:19.4
145	Richard Doyle	North Tahoe H.S.	22:25.4
146	Tracy Drake	North Tahoe H.S.	22:26.8
147	Ian Schmidt	Mountain View H.S.	22:28.0
148	Kevin Stasakow	Moreau H.S.	22:29.4
149	Al Bellou	Piner H.S.	22:29.8
150	Pete Diehl	San Lorenzo Valley H.S.	22:30.1
151	Ashley Stirrup	Mountain View H.S.	22:34.2
152	Craig Harriman	North Tahoe H.S.	22:39.2
153	Andrew Dearborn	Acalanes H.S.	22:48.6
154	Mike Lowery	Lower Lake H.S.	22:53.1
155	Tim Culligan	Bellarmino Prep "C"	22:55.2
156	Brad Morina	Fort Bragg H.S.	23:00.3

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Final Results - High School Boys - Junior Varsity

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
157	Tom Pratt	Moreau H.S.	23:02.9
158	Boyd Drow	Lower Lake H.S.	23:05.0
159	Gary Dominguez	Bellarmino Prep "C"	23:17.9
160	Roger Kopp	Monta Vista H.S.	23:37.0
161	Jerry Cameron	Piner H.S.	23:44.3
162	NON SCORER (stepped out of line)		23:58.5
163	Hernandez	Lincoln H.S.	24:06.5
164	Brian Porango	Fort Bragg H.S.	24:20.6
165	Cris Peterson	North Tahoe H.S.	24:22.2
166	Rado	Lincoln H.S.	24:27.3
167	Victor Duniss	Fort Bragg H.S.	24:35.1
168	Vincent Encomio	Turlock H.S.	24:46.5
169	Rick Cooper	Lower Lake H.S.	25:09.1
170	Rich Lapachet	Serra H.S.	31:42.0

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Team Results - High School Girls

<u>Junior Varsity</u>		<u>Varsity "B"</u>		<u>Varsity "A"</u>		
1.	St. Francis H.S.	41	Morro Bay H.S.	60	Tustin H.S.	51
2.	Mountain View H.S.	66	Piedmont H.S.	91	Wilson H.S. Portland	131
3.	Menlo Atherton H.S.	80	Terra Linda H.S.	106	Edison H.S.	134
4.	Arroyo Grande H.S.	97	Acalanes H.S.	125	Del Oro H.S.	158
5.	Carondelet H.S.	101	Half Moon Bay H.S.	140	Lompoc H.S.	200
6.	Palo Alto H.S.	125	Fort Bragg H.S.	141	Tustin H.S. "B"	206
7.	St. Francis H.S. "B"	151	Ursuline H.S.	150	Reno H.S.	231
8.	Gunn H.S.	169	Tamalpais H.S.	206	St. Francis H.S.	241
9.	Turlock H.S.	210	San Luis Obispo H.S.	240	Arroyo Grande H.S.	273
10.	Fort Bragg H.S.	222	North Tahoe H.S.	301	Vacaville H.S.	311
11.			Foothill H.S.	312	Redwood H.S.	317
12.			Sir Francis Drake H.S.	340	Menlo Atherton H.S.	349
13.			Ursuline H.S. "B"	341	Gunn H.S.	361
14.			Notre Dame H.S.	347	Leigh H.S.	362
15.			Portola H.S.	349	Mira Costa H.S.	365
16.			Piner H.S.	353	Hug H.S.	371
17.			San Lorenzo Valley H.S.	385	Tracy H.S.	388
19.			Liberty Union H.S.	386	Merced H.S.	431
20.			Lincoln H.S.	408	Lynbrook H.S.	437
21.					Mountain View H.S.	448
22.					Palo Alto H.S.	449
23.					San Mateo H.S.	484
24.					Wilcox H.S.	516
25.					Carondelet H.S.	517
26.					Turlock H.S.	518
27.					Mission San Jose H.S.	561
					Antioch H.S.	568

INCOMPLETE TEAMS

Fremont H.S.
Hug H.S.
Acalanes H.S.

INCOMPLETE TEAMS

Moreau H.S.
Marin Catholic H.S.
Healdsburg H.S.

INCOMPLETE TEAMS

Los Altos H.S.
Capuchino H.S.
El Camino H.S.
Saratoga H.S.
Monta Vista H.S.
Santa Clara H.S.
Davis H.S.

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Final Results - High School Girls - Varsity "A"

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Joni Mooney	Vacaville H.S.	18:29.1
2	Chantel Plant	Arroyo Grande H.S.	18:30.2
3	Shannon Clark	Mountain View H.S.	18:35.6
4	Sally Pinkner	Davis H.S.	18:52.9
5	Nanette Garcia	Silver Creek H.S.	18:57.0
6	Stacey McAfee	Del Oro H.S.	19:11.2
7	Kellie McCormick	Tustin H.S.	19:13.3
8	Donna Fleagle	Tustin H.S.	19:13.6
9	Judith Schmidt	Wilson H.S.	19:18.3
10	Jenny Scott	Tustin H.S.	19:20.8
11	Beth Wilson	Del Oro H.S.	19:23.7
12	Stephanie Glowa	Wilson H.S.	19:26.9
13	Judy Mazowiecki	Tustin H.S.	19:29.0
14	Londa Mobley	Tracy H.S.	19:32.0
15	Tammy Snyders	Edison H.S.	19:35.1
16	Shelly Loveall	Lompoc H.S.	19:39.8
17	Donna Martin	Enterprise H.S.	19:43.6
18	Stefanie Jones	Reno H.S.	19:45.5
19	Suzanne Palmer	Tustin H.S.	19:46.5
20	Sally Rich	Lompoc H.S.	19:50.0
21	Adrienne Ling	Mira Costa H.S.	19:52.1
22	Lisa Dilger	Tustin H.S.	19:52.8
23	Dana Rositano	St. Francis H.S.	19:54.0
24	Laura Burtness	Gunn H.S.	19:55.4
25	Shelly VanderMolen	Edison H.S.	19:56.8
26	Rebecca Chamberlain	Leigh H.S.	19:58.5
27	Becki VanZant	Wilcox H.S.	19:58.9
28	Kelly Bungo	Milpitas H.S.	20:07.4
29	Diane Shelgren	El Camino H.S.	20:09.6
30	Katie Farney	Tustin H.S. "B"	20:13.1
31	Michelle Seck	Lynbrook H.S.	20:13.4
32	Denise Solano	Reno H.S.	20:21.8
33	Kelly Donaldson	Merced H.S.	20:23.0
34	Karen Himenes	St. Francis H.S.	20:26.9
35	Melanie Manke	Edison H.S.	20:29.7
36	Kellie Miller	Tustin H.S.	20:32.4
37	Wendy Knox	Del Oro H.S.	20:34.9
38	Michelle Nadon	Edison H.S.	20:40.4
39	Connie Buckler	Saratoga H.S.	20:41.0
40	Leslie Grelle	Wilson H.S.	20:41.6
41	Kellie Donaldson	Tustin H.S. "B"	20:51.1
42	Harpreep Kaur	Leigh H.S.	20:51.9
43	Colleen McCulley	Edison H.S.	20:52.5
44	Karin Berry	Tustin H.S. "B"	21:01.6

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Final Results - High School Girls - Varsity "A"

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
45	De Marval	Menlo Atherton H.S.	21:02.2
46	Lee Posey	Wilson H.S.	21:03.9
47	Molly Manpul	Wilson H.S.	21:04.7
48	Barb Crowley	Del Oro H.S.	21:05.4
49	Niamh O'Flaherty	St. Francis H.S.	21:06.4
50	Heidi Centeno	Lompoc H.S.	21:09.8
51	Kate Rohlen	Redwood H.S.	21:10.5
52	Dina Uldall	Vacaville H.S.	21:10.9
53	Lisa Shawn	Redwood H.S.	21:12.9
54	Shirley Rodriguez	Arroyo Grande H.S.	21:13.9
55	Tracy Paaso	Los Altos H.S.	21:14.9
56	Noreen deBettencourt	Carondelet H.S.	21:19.3
57	Stephanie Miller	Tustin H.S. "B"	21:21.1
58	Tracy Jensen	Vacaville H.S.	21:23.8
59	Jenny Pickering	Gunn H.S.	21:24.2
60	Stephanie Simonsen	Tracy H.S.	21:25.5
61	Sandy Woods	Santa Clara H.S.	21:26.5
62	Monica Roof	Hug H.S.	21:27.3
63	Sheri Vinci	Reno H.S.	21:28.1
64	Andrea Weisensee	Wilson H.S.	21:28.9
65	Holmes	Menlo Atherton H.S.	21:29.3
66	Jodee Hahn	Lompoc H.S.	21:29.8
67	Tina Fulkerson	Mira Costa H.S.	21:30.2
68	Doris Chin	Turlock H.S.	21:33.2
69	Williams	Menlo Atherton H.S.	21:33.5
70	Sharon Barr	Hug H.S.	21:33.8
71	Learh Warner	Tustin H.S. "B"	21:34.3
72	Tracy Bachich	Leigh H.S.	21:34.7
73	Cathy Jones	Arroyo Grande H.S.	21:39.3
74	Megan Carlson	San Mateo H.S.	21:40.2
75	Kristi Condron	Reno H.S.	21:41.0
76	Colleen Andresen	Edison H.S.	21:42.7
77	Vicki Lopez	Arroyo Grande H.S.	21:45.0
78	Yvette Kaufman	Redwood H.S.	21:46.9
79	Susan Carey	Lompoc H.S.	21:47.6
80	Carey O'Connell	Reno H.S.	21:48.5
81	Anne Petersen	Palo Alto H.S.	21:50.7
82	Michele Maki	Del Oro H.S.	21:52.0
83	Renee Gillim	St. Francis H.S.	21:52.6
84	Keri Kubokawa	Gunn H.S.	21:54.7
85	Marinne Elsenhut	Turlock H.S.	21:55.1
86	Horstmeyer	Menlo Atherton H.S.	21:57.0
87	Jennifer Rich	Palo Alto H.S.	21:58.4
88	Barbara Thefert	Mountain View H.S.	22:03.4
89	Debbie Capowski	St. Francis H.S.	22:04.0
90	Susan Ingram	Redwood H.S.	22:04.3
91	Noel Foster	Merced H.S.	22:05.2
92	Monique Healy	Redwood H.S.	22:05.5
93	Cindy Barr	Hug H.S.	22:05.9
94	Lettie Villavicencio	San Mateo H.S.	22:06.7
95	Lisa Membrand	Lynbrook H.S.	22:07.0
96	Kisa Fuchs	Redwood H.S.	22:08.2
97	Dede Concannon	Capuchino H.S.	22:09.2
98	Mary Baird	Vacaville H.S.	22:09.9
99	Rosale Benvin	Hug H.S.	22:10.6

Monday, October 10, 1983
Final Results - High School Girls - Varsity "A"

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
100	Brenda Sanders	Tracy H.S.	22:11.3
101	Julie Bruce	Wilson H.S.	22:12.2
102	Kelly Buttolph	Mission San Jose H.S.	22:12.8
103	Alice Deisinger	Palo Alto H.S.	22:13.5
104	Leah Anderson	Hug H.S.	22:16.4
105	Sam Coffey	Redwood H.S.	22:18.0
106	Val Hohman	Mira Costa H.S.	22:20.4
107	Chris Franco	San Mateo H.S.	22:23.1
108	Brigette Robbins	Antioch H.S.	22:23.5
109	Natalie Yokoyama	Arroyo Grande H.S.	22:24.1
110	Katie Mackinnon	Saratoga H.S.	22:25.3
111	Sonia Serna	Antioch H.S.	22:30.0
112	Laura Gabriele	El Camino H.S.	22:32.3
113	Denise Novotny	Palo Alto H.S.	22:36.0
114	Vicki Knafelc	Carondelet H.S.	22:37.4
115	Cory Okada	Mira Costa H.S.	22:40.2
116	Nikki Miller	Santa Clara	22:42.8
117	Katie Hawer	Los Altos H.S.	22:48.2
118	Bonnie Schmeltzer	Mira Costa H.S.	22:50.1
119	Jeanine Gonzales	Merced H.S.	22:50.9
120	Lourdes Sanchez	Tracy H.S.	22:51.2
121	Rachel Brock	Lynbrook H.S.	22:59.0
122	Stephanie Gilchrist	Wilcox H.S.	23:01.0
123	Myong Bennett	Mountain View H.S.	23:01.5
124	Kelly Rosburg	Mountain View H.S.	23:03.2
125	Allison Knoph	Gunn H.S.	23:03.7
126	Kelly Poe	Mission San Jose H.S.	23:04.2
127	Martha Berndt	Gunn H.S.	23:06.1
128	Carrie Sauber	Mira Costa H.S.	23:06.9
129	Rae Winkler	Hug H.S.	23:07.3
130	Sherrie Breeden	Merced H.S.	23:07.7
131	Carol Stephenson	Lynbrook H.S.	23:12.5
132	Kim Fluegal	Merced H.S.	23:15.7
133	Tish Balko	Arroyo Grande H.S.	23:20.9
134	Nancy Knee	Tustin H.S. "B"	23:22.1
135	Linda Moll	Lynbrook H.S.	23:24.5
136	Tracy Nottingham	San Mateo H.S.	23:26.7
137	Jana Schwartz	Mission San Jose H.S.	23:28.1
138	Brenda Montesi	Leigh H.S.	23:29.9
139	Janice Thomasson	Mission San Jose H.S.	23:31.3
140	Lisa Gonzales	Monta Vista H.S.	23:32.2
141	Jennifer Bass	Palo Alto H.S.	23:32.9
142	Veronica Rubio	Antioch H.S.	23:33.6
143	Sharon Cahill	Carondelet H.S.	23:35.1
144	Julie Leach	Turlock H.S.	23:35.7
145	Wendy Nelson	Merced H.S.	23:37.2
146	Love	Menlo Atherton H.S.	23:38.7
147	Tricia Eubank	Wilcox H.S.	23:39.2
148	Kelly Mullane	Carondelet H.S.	23:41.1
149	Ginger White	Turlock H.S.	23:41.8
150	Stephanie Roberts	Lynbrook H.S.	23:44.7
151	Caroline Butterworth	Saratoga H.S.	23:47.4
152	Dolly Wolfe	Leigh H.S.	23:49.1
153	Michelle Beeman	Hug H.S.	23:49.5
154	Kelly Smith	Antioch H.S.	23:53.7

Monday, October 10, 1983

Final Results - High School Girls - Varsity "A"

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
155	Mary Laura Costa	Seawright H.S.	23:56.7
156	Theresa Jimenez	Lynbrook H.S.	23:58.1
157	Trish Sandri	Carondelet H.S.	23:58.6
158	Heidi Smith	Mountain View H.S.	23:59.1
159	Alesha Duggins	Merced H.S.	23:59.6
160	Holly Brown	Vacaville H.S.	24:02.9
161	Leslie Ackerman	San Mateo H.S.	24:10.1
162	Jessica Altstatt	Gunn H.S.	24:11.0
163	Brenda Barney	Los Altos H.S.	24:18.0
164	Tonya Edgington	Leigh H.S.	24:22.9
165	Jennifer Parra	Palo Alto H.S.	24:24.2
166	Jill Schlegel	Mission San Jose H.S.	24:31.6
167	Nedra Shawler	Capuchino H.S.	24:32.5
168	Denise Barton	Mission San Jose H.S.	24:35.6
169	Kathy Sawamura	San Mateo H.S.	24:36.5
170	Michelle Zuliawa	Carondelet H.S.	24:40.1
171	Carol Beza	Tracy H.S.	24:45.7
172	Denise Cooper	Leigh H.S.	24:55.5
173	Kristen Hammerback	Mission San Jose H.S.	24:59.7
174	Kelly Carter	Del Oro H.S.	25:06.3
175	Adrienne Miller	Santa Clara H.S.	25:20.9
176	Tamara Redes	Antioch H.S.	25:38.0
177	Lael Ross	Saratoga H.S.	25:39.3
178	Kelly Kinney	Reno H.S.	25:42.0
179	Sarah Mole	Vacaville H.S.	25:53.8
180	Gwen Malongo	Wilcox H.S.	25:56.8
181	Liz McMillian	El Camino H.S.	25:58.3
182	Melanie Moyer	Los Altos H.S.	26:07.5
183	Julia Foster	San Mateo H.S.	26:16.1
184	Maddy Durie	Mountain View H.S.	26:20.6
185	Janet Zubaicia	Carondelet H.S.	26:29.5
186	Peggy Stephens	Turlock H.S.	26:33.6
187	Terri Tabor	Antioch H.S.	26:42.7
188	Tina Klotz	Vacaville H.S.	26:48.6
189	Chong Bennett	Mountain View H.S.	26:50.4
190	Claudine Mabry	Reno H.S.	26:54.4
191	Christine Kearney	Lompoc H.S.	27:13.0
192	Diane Madison	Lompoc H.S.	27:14.7
193	Laurel Steinagel	Del Oro H.S.	27:15.9
194	Heather Ross	Monta Vista H.S.	27:38.1
195	Stacey Bruce	Wilcox H.S.	28:38.8
196	Cathy Schinski	Wilcox H.S.	28:52.1
197	Lucille Mendonca	Turlock H.S.	30:05.9
198	Shari Branon	Tracy H.S.	30:21.4
199	Kelly Sullivan	Capuchino H.S.	33:20.8

STANFORD

STANFORD UNIVERSITY
DEPARTMENT OF ATHLETICS
PHYSICAL EDUCATION & RECREATION
STANFORD, CALIFORNIA 94305

10TH ANNUAL STANFORD CROSS COUNTRY INVITATIONAL

Monday, October 10, 1983

Final Results - High School Girls - Varsity "B"

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Julie Ruiz	Ursuline H.S.	19:00.3
2	Teresa Ogle	Morro Bay H.S.	19:28.2
3	Suzanne Lehmichuhl	Acalanes H.S.	19:51.9
4	Sally Wood	Piedmont H.S.	19:58.2
5	Nancy Benson	Piedmont H.S.	20:14.2
6	Carrie Costamagna	Marin Catholic H.S.	20:16.0
7	Molly Torkells	Edison H.S.	20:23.0
8	Kathy Laughlin	Terra Linda H.S.	20:25.1
9	Tina Korisheli	Morro Bay H.S.	20:32.3
10	Dana Pyorne	Fort Bragg H.S.	20:33.6
11	Chrissa McGee	Marin Catholic H.S.	20:34.3
12	Renee Rife	Portola H.S.	20:40.4
13	Lisa Barber	San Luis Obispo H.S.	20:51.3
14	Ashley Orton	Morro Bay H.S.	21:00.9
15	D. Thomas	Alameda H.S.	21:02.5
16	Suzy Noe	Piedmont H.S.	21:09.7
17	Lorena Ferreira	Half Moon Bay H.S.	21:10.8
18	Kathy Lewis	Morro Bay H.S.	21:16.6
19	M. Howard	Notre Dame H.S.	21:23.1
20	Polly Fox	North Tahoe H.S.	21:26.6
21	Sandi Pickering	Fort Bragg H.S.	21:29.1
22	Mary Alice Erickson	Terra Linda H.S.	21:30.6
23	Sarah Hill	Piedmont H.S.	21:32.7
24	Susie Faigle	Half Moon Bay H.S.	21:36.9
25	Les King	Half Moon Bay H.S.	21:38.4
26	Carolyn Crawford	Acalanes H.S.	21:41.4
27	Julie Davis	Terra Linda H.S.	21:43.6
28	Shannon Egan	Morro Bay H.S.	21:56.4
29	Kim Hanson	Terra Linda H.S.	22:03.7
30	Pam DeLaPena	Ursuline H.S.	22:06.4
31	Emily Taylor	Acalanes H.S.	22:07.8
32	Zan Mendonca	Morro Bay H.S.	22:08.3
33	Kristen Janesen	Tamalpais H.S.	22:10.0
34	Melissa Seale	Fort Bragg H.S.	22:12.8
35	Jennifer MacSwain	Terra Linda H.S.	22:13.4
36	Katie Ryan	Acalanes H.S.	22:14.1
37	Patty Mainka	North Tahoe H.S.	22:16.4
38	Molly Burke	Marin Catholic H.S.	22:22.1
39	Marianne Spotorna	Foothill H.S.	22:25.7
40	Tina Indindoli	Ursuline H.S.	22:28.9
41	Mary Sendino	Half Moon Bay H.S.	22:30.9
42	Laura Frances	Fort Bragg H.S.	22:34.3
43	Christina Teply	Sir Francis Drake H.S.	22:38.5
44	Kathy Neuberger	Acalanes H.S.	22:40.0
45	Tanja Ennis	Tamalpais H.S.	22:40.3
46	Wendy Tillman	Tamalpais H.S.	22:41.4
47	Amber Hatter	Moreau H.S.	22:44.5

Monday, October 10, 1983

Final Results - High School Girls - Varsity "B"

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
48	Denise Giacomini	Foothill H.S.	22:46.1
49	Nonie Ernst	Ursuline H.S.	22:48.6
50	Mary Leuegue	Ursuline H.S.	22:49.1
51	Adela Landeras	A. Lincoln H.S.	22:51.3
52	Zadie Dressler	Tamalpais H.S.	22:55.9
53	Paige Harrison	Half Moon Bay H.S.	22:59.5
54	Jackie Lang	Fort Bragg H.S.	23:00.6
55	Marni Wallace	Morro Bay H.S.	23:07.7
56	Becky Long	Piedmont H.S.	23:12.3
57	Denise Belanger	Tamalpais H.S.	23:15.5
58	Erika Dengler	Ursuline H.S.	23:18.9
59	Heather Harrison	Half Moon Bay H.S.	23:23.3
60	Ann Hribar	Sir Francis Drake H.S.	23:26.8
61	Teresa Kinyon	Healdsburg H.S.	23:30.8
62	Rhonda Wirzberger	Moreau H.S.	23:35.4
63	Gina Anderson	Tamalpais H.S.	23:36.6
64	Paula Harway	San Luis Obispo H.S.	23:42.1
65	Becky Townsend	San Luis Obispo H.S.	23:43.5
66	Camela Martin	Sir Francis Drake H.S.	23:44.8
67	Wendy Patterson	Sir Francis Drake H.S.	23:46.8
68	Ann Culugan	Piedmont H.S.	23:50.7
69	Debbie Jones	Piner H.S.	23:51.8
70	Kerry Contos	North Tahoe H.S.	23:53.2
71	Gracie Torres	Healdsburg H.S.	23:54.5
72	Susan Dewes	Foothill H.S.	23:57.8
73	Wendy Hurst	Ursuline H.S. "B"	23:59.1
74	Gayle McBride	North Tahoe H.S.	23:59.9
75	Nicole DePersia	Portola H.S.	24:00.2
76	Kelly Gilliam	Ursuline H.S.	24:02.5
77	Amber Keosky	San Luis Obispo H.S.	24:06.5
78	Kathy Haas	San Luis Obispo H.S.	24:10.0
79	Laura Tham	Notre Dame H.S.	24:14.3
80	Kathy Lee	Acalanes H.S.	24:23.0
81	Heather Fisher	Healdsburg H.S.	24:29.2
82	Amy Woods	Acalanes H.S.	24:32.3
83	Cindy Hedrick	San Luis Obispo H.S.	24:33.0
84	Stephanie Ryan	Ursuline H.S. "B"	24:36.8
85	Lesley Foster	Piner H.S.	24:41.3
86	Paige Marlett	Ursuline H.S. "B"	24:42.6
87	Marlene Goerl	Marin Catholic H.S.	24:59.6
88	Desi Rohrsen	Healdsburg H.S.	25:02.5
89	Carol Sorenson	Ursuline H.S. "B"	25:05.9
90	Colleen Mahoney	Liberty Union H.S.	25:17.9
91	Carina Meyers	San Lorenzo Valley H.S.	25:18.9
92	Jackie Andrews	Piner H.S.	25:23.0
93	Krista Rendon	Moreau H.S.	25:23.8
94	Michelle Norquist	San Luis Obispo H.S.	25:24.5
95	NON SCORER (stepped out of line)		25:27.9
96	Lesley Schwartz	Tamalpais H.S.	25:33.6
97	Karen Scott	San Lorenzo Valley H.S.	25:36.1
98	Laura McEntee	San Lorenzo Valley H.S.	25:37.1
99	Valerie Mannix	Notre Dame H.S.	25:39.1
100	Keather Chrisholm	North Tahoe H.S.	25:43.0
101	Michelle Holder	North Tahoe H.S.	25:45.8
102	Misty King	Half Moon Bay H.S.	25:49.5

Monday, October 10, 1983

Final Results - High School Girls - Varsity "B"

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
103	Stephanie Belloumini	Piner H.S.	25:52.5
104	Evettt Orhoa	Liberty Union H.S.	25:54.1
105	Amy Rist	Sir Francis Drake H.S.	25:54.6
106	Michelle Candia	San Lorenzo Valley H.S.	26:00.2
107	Suzy Roach	Terra Linda H.S.	26:03.9
108	Marian Gruenwald	Liberty Union H.S.	26:04.3
109	Chris Chesser	Liberty Union H.S.	26:19.0
110	Debbie Detrick	Ursuline H.S. "B"	26:24.5
111	Ginan Hanboeh	Piedmont H.S.	26:25.3
112	Tav Miller	Piner H.S.	26:28.1
113	Debbie Soto	Moreau H.S.	26:33.9
114	Shannon McVicar	Ursuline H.S. "B"	26:35.2
115	Angela Driller	Sir Francis Drake H.S.	26:37.4
116	Georgia Clark	Liberty Union H.S.	26:38.8
117	Cathy Paul	Ursuline H.S. "B"	26:41.6
118	Lisa Meyer	Liberty Union H.S.	26:45.1
119	Tina Tabuchi	A. Lincoln H.S.	26:50.0
120	Renee Heyman	A. Lincoln H.S.	26:56.5
121	Trisha Devin	Notre Dame H.S.	26:59.4
122	Denise Murphy	Foothill H.S.	27:02.4
123	Dawn Pillig	San Lorenzo Valley H.S.	27:44.2
124	Stacey Shelly	Foothill H.S.	27:55.7
125	Maki Daijogo	Tamalpais H.S.	28:07.9
126	Jennifer Murphy	Foothill H.S.	28:38.4
127	Susan Barker	Portola H.S.	28:41.3
128	Terry McFarlane	Piner H.S.	29:11.1
129	Carla Dutrow	Portola H.S.	29:47.3
130	Jill Pitzer	Portola H.S.	29:50.5
131	Karen Miller	San Lorenzo Valley H.S.	29:52.6
132	Carmen Luna	A. Lincoln H.S.	30:01.6
133	Karen Cavanaugh	Notre Dame H.S.	30:47.8
134	Jolene Loff	A. Lincoln H.S.	31:14.1

STANFORD

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Monday, October 10, 1983

Final Results - High School Girls - Junior Varsity

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Teresa Clark	St. Francis H.S.	22:03.7
2	Meredith Clazie	Menlo Atherton H.S.	22:48.4
3	Sheila Aflague	Fremont H.S.	22:57.8
4	Sarah Hageboeck	Menlo Atherton H.S.	23:03.6
5	Ruth Chao	Mountain View H.S.	23:09.4
6	Tammy Dowie	Mountain View H.S.	23:14.3
7	Ann Wydevan	St. Francis H.S.	23:17.5
8	Lisa Rix	Carondelet H.S.	23:26.5
9	Tanya Millette	St. Francis H.S.	23:39.3
10	Jeanine Kiley	St. Francis H.S.	23:48.0
11	Laura Webre	Arroyo Grande H.S.	23:54.2
12	Michelle Marconi	St. Francis H.S. "B"	24:01.6
13	Jeannie Datton	Arroyo Grande H.S.	24:04.8
14	Erin Harrington	Carondelet H.S.	24:11.2
15	Rachel Reynolds	Arroyo Grande H.S.	24:16.1
16	Michelle Couchman	Mountain View H.S.	24:30.8
17	Sarah Getzoff	Palo Alto H.S.	24:31.6
18	Mary Mundy	St. Francis H.S.	24:32.9
19	Suzette Modeste	St. Francis H.S. "B"	24:37.5
20	Jennifer Berson	Mountain View H.S.	24:39.0
21	Catlin Pulleyblank	Palo Alto H.S.	24:40.2
22	Rachel Craft	Menlo Atherton H.S.	24:41.7
23	Kelley Robinson	Mountain View H.S.	24:42.6
24	Kati Hujardo	Carondelet H.S.	24:46.7
25	Keidi Chen	Gunn H.S. ✓	24:48.1
26	Nicole Homan	Menlo Atherton H.S.	24:51.1
27	Tanya Girman	Carondelet H.S.	24:51.6
28	Renee Pacheco	Palo Alto H.S.	24:54.5
29	Sarah Shute	Gunn H.S. ✓	25:01.9
30	Ivey Rohan	Menlo Atherton H.S.	25:03.3
31	Jennifer Mitchell	Arroyo Grande H.S.	25:06.0
32	Cathy Montgomery	Arroyo Grande H.S.	25:16.2
33	Michelle Oberholzer	Carondelet H.S.	25:24.5
34	Mary Jackson	Turlock H.S.	25:29.4
35	Chris Felder	St. Francis H.S.	25:44.0
36	Martha Masterson	Menlo Atherton H.S.	25:51.6
37	Melis Fisher	Fremont H.S.	25:55.4
38	Ann Blaschke	Gunn H.S. ✓	26:01.6
39	Kathy Riggle	Hug H.S.	26:10.8
40	Kristen Dillon	Palo Alto H.S.	26:14.3
41	Gretchen Bailey	Fort Bragg H.S.	26:15.8
42	Lisa Stetson	Menlo Atherton H.S.	26:16.2
43	Paula Grech	Carondelet H.S.	26:18.6
44	Cindy Giver	Fremont H.S.	26:22.3
45	Laurie Riggle	Hug H.S.	26:24.2
46	Sheila Rose	Fremont H.S.	26:25.4
47	Jackie McNutt	Arroyo Grande H.S.	26:26.1

Monday, October 10, 1983

Final Results - High School Girls - Junior Varsity

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
48	Michele Tarantino	St. Francis H.S.	26:34.0
49	Page McDonald	Palo Alto H.S.	26:35.0
50	Gwen Madison	Carondelet H.S.	26:36.1
51	Kim Griffin	Hug H.S.	26:37.2
52	Julie Donohoe	St. Francis H.S. "B"	26:41.3
53	Chris Del Guadio	St. Francis H.S. "B"	26:43.9
54	Jeanne Brown	Turlock H.S.	26:47.8
55	Rachel Demsky	Gunn H.S.	26:48.2
56	Noelle Delagostino	Acalanes H.S.	26:52.8
57	Karen Bryant	Gunn H.S. ✓	26:54.0
58	Kara Ornstein	Gunn H.S. ✓	26:59.4
59	Amy Marsh	Turlock H.S.	27:04.5
60	Lisa Henry	Fort Bragg H.S.	27:23.4
61	Kathy Williams	Acalanes H.S.	27:34.0
62	Irene Ho	St. Francis H.S. "B"	27:34.9
63	Dana Schrieber	Acalanes H.S.	27:51.3
64	Richelle Fantazio	Turlock H.S.	28:14.8
65	Majestic	Acalanes H.S.	28:53.6
66	Daila Fbrismovk	Mountain View H.S.	29:00.1
67	Jennifer Graves	Fort Bragg H.S.	29:16.3
68	Edith Cheng	Gunn H.S. ✓	29:35.1
69	Tanna Cumacho	Turlock H.S.	29:59.6
70	Michelle Smith	Fort Bragg H.S.	30:03.8
71	Mison Kim	Turlock H.S.	30:35.6
72	Lister Lancaster	Fort Bragg H.S.	30:40.1

Clark third in Stanford prep meet

Mountain View sophomore top Peninsula girl finisher

By Tim Goode
Special to the Times Times Tribune

STANFORD — Golfers kept their distance from the Stanford Golf Course Monday. And for good reason.

More than 1,100 runners in six races trampled the fairways in the Stanford Invitational, which featured teams from as far away as Portland, Ore., and Huntington Beach.

Mountain View High School's Shannon Clark, the defending Central Coast Section champion, did not let the enormous number of runners bother her and the wispy sophomore raced to a third-place finish in the girls' "A" division.

"I was pretty happy with the way I did," said Clark, who took fifth in last year's 5,000-meter race. "I didn't have any one goal because I never think of time and I didn't know

Cross country

who was going to be here. I tried to run as well as I can."

Clark finished in 18:36, tops among Central Coast Section competitors. Nanette Garcia of Silver Creek was the only other CCS runner among the top 10.

Dana Rositano of St. Francis and Laura Burtness of Gunn finished 22nd and 23rd, respectively.

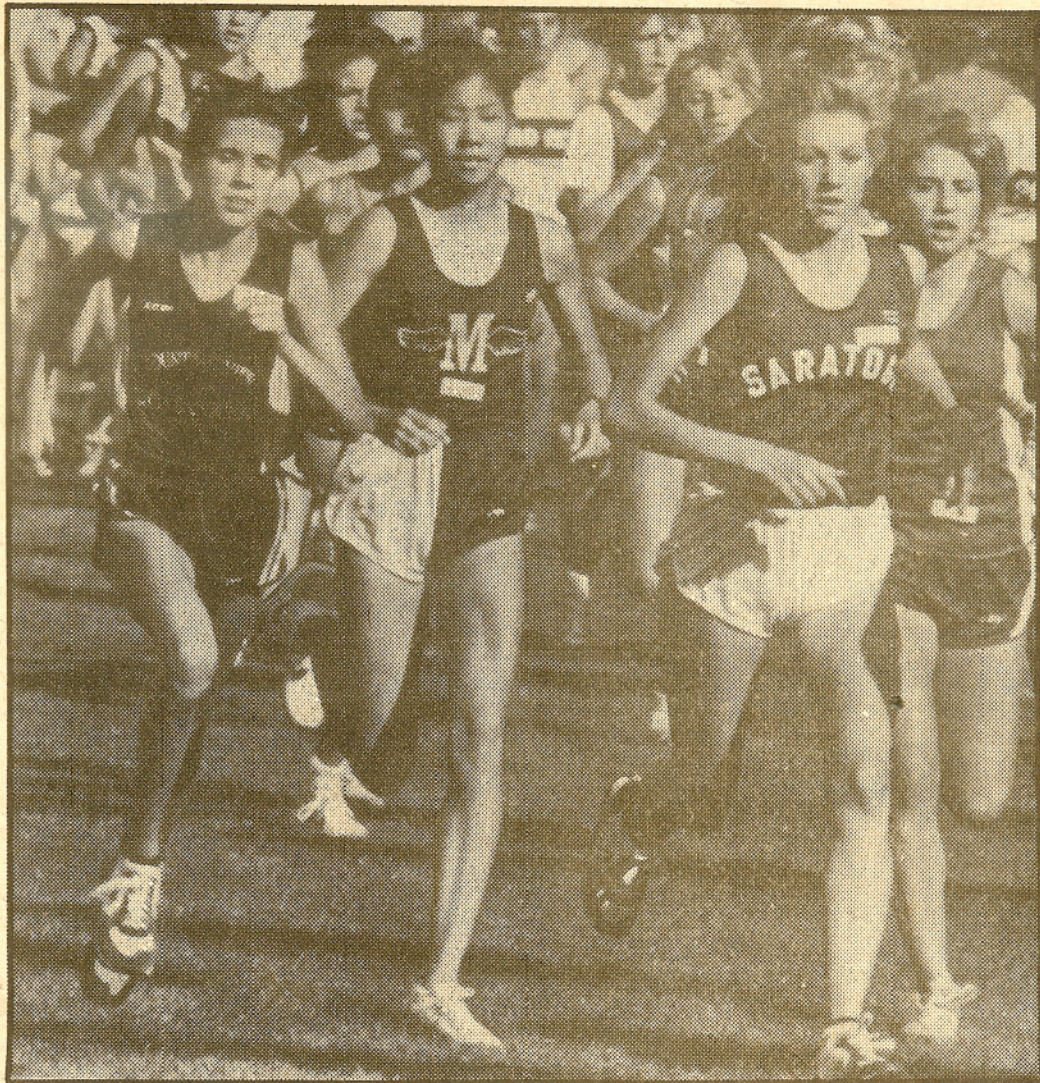
Wilcox's Becki Van Zant continued her recent improvement, finishing 26th. Van Zant, whose goal is to make the CCS finals, took at least an emotional step toward that goal by defeating two runners who have caused problems for her in the past, Milpitas' Kelly Bungo (27th) and Lynbrook's Michelle Seck (30th). Van Zant would have to finish among the top 10 percent in a very strong Region II race, which will include a deep St. Francis team and Clark, Burtness, Bungo and Seck, to qualify for the CCS.

"This is probably my best race," Van Zant said. "I was closer to more people than in other races, but they could have been having a bad day. Beating Michelle Seck was the biggest thing because I don't think I ever have beaten her before. I usually just forget about Clark. She is in a separate race. I just think about the runners within my own ability."

St. Francis, led by Rositano and Karen Himenes (33rd), was the only CCS team among the top 10, finishing seventh with 243 points. Tustin High won the title with 51.

No CCS teams were involved in either the girls' or boys' "B" races.

In the boys' "A" race, San Mateo High's Matt Giusto showed he could be just as effective on a flat, fast course as a rigorous,



Times Tribune staff photos by Sam Forencich

Shannon Clark (above, left) of Mountain View High School fights her way through the pack at Monday's Stanford Invitational and winds up finishing (below) third.

hilly course.

Giusto, who finished third, ran the first mile in a fast 4:37, two seconds behind eventual winner Calvin Gaziano of Castro Valley and second-place finisher Chris Craig of Leigh.

Wilson High of Portland, Ore., led by 11th place-finisher Jim Grelle, easily captured the team title. Grelle, whose sister finished 33rd in her race, comes from a running family. His father, Jim, was the 1959 NCAA 1,500-meter champion for the University of Oregon.

While Giusto, the only Peninsula runner among the top 10, continued his dominance over local runners, Menlo-Atherton's Ben Valpey may have discovered a new training technique.

Valpey, a senior who has been M-A's second runner behind sophomore teammate Aaron Lopez every race this season, finished 23rd, well ahead of Lopez (68).

"I missed my ride so I had to ride my bike five miles to get here," Valpey said. "I got here just as the race was about to start so I just jumped off my bike and ran to the starting line. My knees were still shaking from the ride when the race started."

Capuchino's Paul Ghidossi (13), Mountain View's Richard Clark (20), Bellarmine's Shawn O'Flaherty (21), Saratoga's Doug Golher (24) and Mountain View's Craig Blockus (25) were the top Peninsula finishers.

