

HAL DANER^{#2} D

1984

CCS POSTAL MEET STATISTICS: 1965-1984

A large CCS Postal Meet has been conducted for 20 consecutive years at various sites (i.e. Foothill College, San Jose State, West Valley College, and Los Gatos High School). It has been sponsored at various times by the following schools: Homestead, Carlmont, Awalt, Willow Glen, Leigh, and Los Gatos.

Girl athletes have competed in this meet since 1977, the year that competitive girls cross country began in the CCS.

Included are team time and individual 2 mile statistics for both boys and girls. Team times are determined by adding together the 2 mile times of a schools best five athletes. It should be noted that over 800 teams have competed in this meet since its inception in 1965. Only statistics from the large CCS Postals have been included. Results from smaller postals meets are often not known, and are thus not included

Bill Hotchkiss
Leigh High School

BOYS TEAM TIMES (Sub 50.00)

<u>NO.</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>TIME</u>	<u>NO.</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>TIME</u>
1	MISSION SAN JOSE	1978	47.05	26	PINER	1976	48.26
2	HOMESTEAD	1968	47.11	27	MERCED	1976	48.32
3	CARLMONT	1971	47.31.9	28	SAN RAMON	1972	48.32
4	WILLOW GLEN	1982	47.32.8	29	SKYLINE	1977	48.39
5	MISSION SAN JOSE	1977	47.39	30	PACIFIC GROVE	1975	48.40.5
6	WILLOW GLEN	1970	47.40.5	31	AWALT	1970	48.42
7	CARLMONT	1970	47.43	32	MT. PLEASANT	1975	48.44.2
8	BURLINGAME	1968	47.43	33	HOMESTEAD	1969	48.45
9	REDWOOD	1976	47.46.7	34	BELLARMINE	1984	48.47
10	LEIGH	1973	47.49	35	LOS GATOS	1980	48.47.3
11	JESUIT	1976	47.51	36	ST. IGNATIUS	1971	48.48
12	MT. PLEASANT	1971	47.51	37	BELLARMINE	1983	48.48
13	JESUIT	1978	47.59.2	38	CARLMONT	1976	48.48
14	MT. PLEASANT	1970	48.01.6	39	LINCOLN	1974	48.48
15	HOMESTEAD	1967	48.04	40	WATSONVILLE	1972	48.48
16	SAN CARLOS	1972	48.07.2	41	WATSONVILLE	1976	48.49
17	HOMESTEAD	1965	48.09	42	WATSONVILLE	1970	48.49
18	MISSION SAN JOSE	1980	48.10.2	43	GILROY	1976	48.51
19	LEIGH	1982	48.13.7	44	LEIGH	1980	48.53.2
20	LA SIERRA	1975	48.14	45	CARLMONT	1977	48.54.8
21	ST. FRANCIS	1978	48.14.8	46	BELLARMINE	1980	48.55.8
22	WASHINGTON	1971	48.17	47	LEIGH	1983	48.56
23	YUBA	1974	48.24	48	SKYLINE	1976	48.58
24	LEIGH	1971	48.24.7	49	CARLMONT	1975	48.58.9
25	PINER	1971	48.25	50	LEIGH	1984	48.58.9

51	LEIGH	1974	48.59	79	LA SIERRA	1974	49.16
52	BELLARMINE	1981	48.59.3	80	CARLMONT	1967	49.17
53	SOQUEL	1970	48.59.3	81	MERCED	1977	49.18
54	CARLMONT	1973	48.59.9	82	OCEANA	1972	49.18
55	WATSONVILLE	1971	49.01	83	LEIGH	1979	49.18.5
56	CARLMONT	1972	49.02	84	RIORDAN	1967	49.19
57	LEIGH	1981	49.02.6	85	WILLOW GLEN	1976	49.24
58	HOMESTEAD #2	1968	49.03	86	LEIGH	1977	49.25
59	SAN CARLOS	1971	49.04	87	WATSONVILLE	1979	49.26
60	WATSONVILLE	1965	49.05	88	LOS ALTOS	1971	49.27
61	ST. FRANCIS	1972	49.06	89	MILLS	1978	49.28
62	HALF MOON BAY	1975	49.06	90	CARLMONT	1978	49.28
63	LEIGH #2	1973	49.07	91	CARLMONT	1978	49.28
64	WATSONVILLE	1974	49.07	92	LOS ALTOS	1970	49.31
65	SARATOGA	1983	49.07	93	CARLMONT	1974	49.31
66	BELLARMINE	1982	49.07.2	94	IRVINGTON	1972	49.31
67	LEIGH	1976	49.09	95	SUNNYVALE	1966	49.32
68	SERRA	1976	49.10	96	HOMESTEAD	1973	49.34
69	BURLINGAME	1967		97	WESTMONT	1978	49.34
70	SAN CARLOS	1973		98	GILROY	1977	49.34
71	LELAND	1977	49.11	99	HOMESTEAD	1971	49.34
72	CUPERTINO	1965	49.11	100	LOS GATOS	1984	49.36
73	EL CAMINO	1974	49.13	101	WESTMONT	1967	49.36
74	DEL MAR	1983	49.14	102	CARLMONT	1968	49.37
75	MT. PLEASANT	1972	49.14	103	RIORDAN	1968	49.37
76	SARATOGA	1981	49.14.3	104	WATSONVILLE	1980	49.37.8
77	LOS ALTOS	1968	49.15	105	WILCOX	1968	49.38
78	CASTRO VALLEY	1981	49.15.5	106	SILVER CREEK	1973	49.39

107	MILLS	1974	49.39	125	HOMESTEAD	1972	49.49
108	CUPERTINO	1966	49.39	126	CASTRO VALLEY	1984	49.51
109	SAN CARLOS	1970	49.40	127	HOMESTEAD	1974	49.52
110	LICK	1981	49.40	128	CUPERTINO	1975	49.52
111	CAMDEN	1970	49.40	129	SARATOGA	1983	49.52
112	WASHINGTON	1972	49.43	130	AWALT	1968	49.52
113	SOQUEL	1973	49.43	131	SOQUEL	1975	49.53
114	GUNDERSON	1981	49.43	132	LEIGH	1971	49.53
115	MERCED	1974	49.44	133	KENNEDY	1973	49.53
116	HOMESTEAD	1966	49.46	134	OVERFELT	1977	49.54
117	SARATOGA	1976	49.46	135	WILLOW GLEN	1984	49.55
118	LOS ALTOS	1972	49.46	136	LICK	1975	49.56
119	Washington	1970	49.46	137	CAMDEN	1974	49.56
120	ST. FRANCIS	1980	49.47	138	GUNN	1971	49.57
121	JESUIT	1973	49.48	139	LOS ALTOS	1967	49.57
122	LOS GATOS	1981	49.48	140	WILCOX	1965	49.57
123	CASTRO VALLEY	1983	49.48.3	141	MENLO ATHERTON	1977	49.59
124	SILVER CREEK	1975	49.49	142	WATSONVILLE	1969	49.59.8
				143	MT. PLEASANT	1974	49.59.9

NOTE The national record is an amazing 46.21 set by Lompuc High School (near Santa Barbara) in 1972. The CCS postal record is 47.05 by Mission San Jose in 1978 (Strangio 9.04.8, Jack Marden 9.21.2, Jay Marden 9.23.4, Reed 9.23.8, Carey 9.55). Mission San Jose is a member of the North Coast Section. The fastest time ever run by a CCS school is 47.11 by Homestead in 1968 (Christianson 9.16.9, Ferguson 9.17.2, Brassell 9.26.0, Flynn 9.35.4, Hanes 9.35.6).

BOYS INDIVIDUAL TIMES (Sub 9.20)

<u>NO.</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>TIME</u>
1	Dave Taylor	Merced	1972	8.59
2	Nitch Kingery	San Carlos	1973	9.00.5
3	Roy Kissen	San Ramon	1974	9.02
4	Calvin Gazianno	Castro Valley	1984	9.02.6
5	Jeff Curren	Los Altos	1974	9.03
6	Jay Marden	Mission S.J.	1980	9.04.2
7	Rusty Nahirney	Washington	1973	9.04.2
8	Jessie Torres	Independence	1980	9.04.8
9	Steve Strangio	Mission S.J.	1978	9.04.8
10	Tom Dowas	Skyline	1978	9.05.6
11	Joe Rubio	Willow Glen	1980	9.06.9
12	Steve Brooks	Mt. Pleasant	1971	9.18.4
13	Tim Holmes	Downey	1974	9.08.9
14	Brian Dulin	Leigh	1980	9.09.3
15	Ron Fritzsche	Leigh	1974	9.09.6
16	Carlos Carraslo	Mt. Pleasant	1976	9.09.6
17	Paul Cox	Los Gatos	1980	9.10
18	Mike Hart	Willow Glen	1970	9.10
19	Tim Holmes	Downey	1975	9.10.5
20	Orlando Biggs	Willow Glen	1982	9.11.1
21	Tom Legen	Del Mar	1983	9.11.7
22	Chris Craig	Leigh	1983	9.12
23	John Sup	Palma	1976	9.12
24	Hal Schulz	Redwood	1976	9.12.1
25	Grant Foster	Monte Vista	1982	9.12.3

26	Mitch Kingery	San Carlos	1972	912.5
27	Mitch Kingery	San Carlos	1974	9.12.6
28	Chris Carey	Carlmont	1968	9.11.6
29	Roy Kissen	San Ramon	1973	9.13
30	Sean Crowley	Overfelt	1983	9.13.3
31	Steve Crowley	Gunn	1972	9.11.5
32	Scott Hill	Mission S.J.	1983	9.13.6
33	Chuck Mork	Washington	1971	9.13.5
34	Bob Love	Carlmont	1976	9.13.1
35	Jim LaFuentent	Mt. Pleasant	1983	9.13.1
36	Chris Carey	Carlmont	1976	9.13.1
37	Matt Yeo	San Carlos	1972	9.14
38	Hans Templeman	Carlmont	1970	9.14
39	Nelson Berral	Westmont	1980	9.14.1
40	Dave Sanford	Homestead	1967	9.14.1
41	Mike Anderson	Carlmont	1982	9.14.4
42	Carl Cattarin	Carlmont	1972	9.14.4
43	Paul Brewer	Leigh	1976	9.14.7
44	George Marriquez	Mt. Pleasant	1971	9.14.7
45	Mike Dayton	San Ramon	1972	9.15
46	Chris Cole	St. Ignatius	1971	9.6
47	Mike Morse	Los Lomos	1982	9.15.7
48	Jack Christianson	Homestead	1968	9.17.9
49	Steve Sofas	Buringame	1968	9.17
50	Benny Trusillo	Gilroy	1978	9.17.1
51	Rick Sanchez	Castro Valley	1976	9.17.2
52	Mike Ferguson	Homestead	1968	9.17.2

53	Tim Farrell	La Pierre	1975	9.17.5
54	Doug Golliber	Saratoga	1983	9.17.7
55	Rich Bega	Merced	1973	9.17.8
56	Mike Kasser	St. Francis	1973	9.17.8
57	John Walker	Homestead	1965	9.18
58	Jack Bellah	Leigh	1971	9.18
59	Bob Barnette	Hillsdale	1974	9.18
60	Rudy Muntenegro	Gunderson	1974	9.18
61	Mike Ruffatto	Washington	1972	9.18
62	Felix Suto	Mt. Pleasant	1978	9.18.2
63	Steve Miller	Carlmont	1970	9.18.2
64	Jim Tracy Riordann	Riordan	1967	9.18.2
65	Mike Livingston	Willow Glen	1982	9.18.4
66	Rich Reed	Jesuit	1975	9.18.5
67	Mark McConnell	Soquel	1970	9.18.8
68	Kevin O'Conner	Carlmont	1978	9.19
69	Ken Holliday	Gilroy	1977	9.19
70	Alex Aguilar	Silver Creek	1973	9.19
71	Tom Legen	Independence	1982	9.19.2
72	Dirk Feenstra	Jesuit	1974	9.19.4
73	Steve Strangio	Mission S.J.	1977	9.19.5
74	Greg Miller	Mt. Pleasant	1975	9.19.5
75	Matt Sommer	Leigh	1972	9.19.9

NOTE Mike Ryan of Wilcox High School ran 8.57.8 in 1964 before the creation of the C.C.S.. Wilcox at that time was part of the North Coast Section.

GIRLS TEAM TIMES (Sub 6300)

<u>NO.</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>TIME</u>	<u>NO.</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>TIME</u>
1	ST. FRANCIS	1982	57.37.8	19	ST. FRANCIS	1984	61.51
2	ST. FRANCIS	1981	58.47.1	20	MITTY	1983	61.54
3	HALF MOON BAY	1978	59.14	21	SOQUEL	1980	61.54.3
4	HALF MOON BAY	1977	59.14	22	CARLMONT	1981	61.54.8
5	LOS GATOS	1983	59.39	23	LELAND	1982	62.00.1
6	SARATOGA	1982	59.45	24	LEIGH	1982	62.09.5
7	DEL MAR	1982	59.55.8	25	MERCED	1977	62.22
8	ST. FRANCIS	1980	59.56.1	26	CARLMONT	1981	62.26.5
9	MENLO ATHERTON	1984	60.21	27	SOQUEL	1979	62.28
10	ST. FRANCIS	1983	60.41	28	SOQUEL	1978	62.28
11	LOS GATOS	1984	60.44	29	SOQUEL	1977	62.40
12	CARLMONT	1979	60.45	30	MITTY	1981	62.48
13	LEIGH	1984	61.08	31	CARLMONT	1980	62.49.1
14	LOS GATOS	1980	61.11.2	32	MISSION S.J.	1981	62.49.9
15	CARLMONT	1978	61.14	33	LEIGH	1979	62.52
16	LEIGH	1978	61.35	34	SARATOGA	1980	62.52.9
17	LEIGH	1983	61.36	35	MITTY	1984	62.53
18	GUNDERSO	1983	61.45	36	CARLMONT	1977	62.59

NOTE The national record is 56.18.7 set in 1981 by State College Area High School (Pennsylvania). The CCS Postal Meet and section record is 57.37.8 set by St. Francis High School in 1981 (Brodie 11.16.1, Kim Himenes 11.17.8, Grassi 11.42.5, Donofrio 11.54.9, McClure 12.35.8).

GIRLS INDIVIDUAL TIMES (Sub 11.40)

<u>NO.</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>TIME</u>
1	Cory Schubert	Del. Mar	1982	10.31
2	Nanette Garcia	Silver Creek	1982	10.39.6
3	Rebecca Chamberlain	Leigh	1984	10.46.1
4	Lori Chapman	Gunderson	1984	10.49
5	Amy Harper	Prospect	1979	10.52
6	Irene Crowley	Overfelt	1977	10.59.6
7	Lori Crisp	Downey	1977	11.01.5
8	Lori Chapman	Gunderson	1983	11.04.2
9	Rebecca Chamberlain	Leigh	1982	11.05.8
10	Andeen	Menlo Ath.	1984	11.06.9
11	Sue Brodie	St. Francis	1982	11.07
12	Kerry Brogen	Los Altos	1979	11.09.6
13	Julie Rivers	Livermore	1984	11.10.5
14	Connie Buckler	Saratoga	1982	11.11
15	Shelly Nieto	Merced	1977	11.11.2
16	Julie Rivers	Livermore	1983	11.14.6
17	Liz Strangio	M.S.J.	1978	11.15.6
18	Sue Brodie	St. Francis	1981	11.16.1
19	Deena Adams	Gunderson	1983	11.16.5
20	Kim Himenes	St. Francis	1981	11.17.8
21	Michelle Seck	Lynbrook	1982	11.18
22	Sue Brodie	St. Francis	1980	11.18.9
23	Becky Schmidt	H.M.B	1977	11.19
24	Paula Foianini	Carlmont	1980	11.19.7
25	Linda VanHousen	Woodside	1979	11.20.2

26	Rebecca Chamberlain	Leigh	1983	11.21.3
27	Nanette Garcia	Silver Creek	1984	11.21.9
28	Kim Himenes	St. Francis	1983	11.22.1
29	Kelly Ilnicki	Harbor	1984	11.22.8
30	Connie Buckler	Saratoga	1981	11.24
31	Kim Himenes	St. Francis	1982	11.24
32	Kim Himenes	St. Francis	1984	11.24.2
33	Penny GoldThorpe	H.M.B.	1978	11.24.3
34	Lanette Navis	Del Mar	1983	11.24.5
35	Decky Schmidt	H.M.B.	1978	11.25.8
36	Monica Daley	Los Gatos	1983	11.26.7
37	Schneider	San Carlos	1978	11.27.1
38	Helen Muth	Soquel	1981	11.28.2
39	Kwong	Homestead	1980	11.29.2
40	Barbara Genslen	Mills	1981	11.29.3
41	Debbie Morris	Los Gatos	1980	11.31.2
42	Karen Himenes	St. Francis	1982	11.31.6
43	Carla Halford	Leland	1982	11.32
44	Dana Whitney	M.S.J.	1981	11.32.2
45	Mary Merdosa	Presentation	1984	11.33
46	Linda Ungsten	Carlmont	1979	11.33.9
47	Diane Figliomeni	Saratoga	1977	11/35
48	Ann Tendrick	Wilcox	1982	11.35
49	Carla Halford	Leland	1981	11.35.5
50	Dara Whitney	M.S.J.	1982	11.36
51	Laura Henry	Los Gatos	1983	11.36.2
52	Faula Foianini	Carlmont	1978	11.37.6

53	Susan Radford	Seaside	1981	11.37.5
54	Linda Jungsten	Clarmont	1978	11.37.6
55	Larson	M.S.J.	1978	11.38.1
56	Diedre Kelley	Mitty	1983	11.38.7
57	Meg Wright	Homestead	1980	11.38.7
58	Helen Wilmot	Leigh	1978	11.39.8