Dear Teachers,

In the next three weeks the Lynbrook Cross Country team will be having their most important meets of the year. To update you on them and the time for runners to leave class, please check the schedule below. I have also attached a current list of cross country runners.

Nov. 1 Thursday at Gunn

all runners to leave class at 1:30 pm

Nov. 6 Tuesday DAL Finals at Crystal Springs

all runners to leave class at 12:45 pm

Nov 13 Tuesday Region II at Crystal Springs

Since this is a varsity race only, names of runners for this meet will be given to attendance office to be placed on daily absence list. The runners will be excused at 12:30 pm

All runners have been told to check with each afternoon teacher concerning work and any tests given on those days. They should see you well in advance of each class period missed. I'm sorry for having to excuse the teams so early, but with standard time in November, the big meets start very early. If you have any questions, please feel free to call or see me. I'm in Room 50 most the day.

Coach Verne Thornburg &

LYNBROOK CROSS COUNTRY 1984

Freshmen

Blumstein, Greg Christensen, Jason Crandall, Brent Danning, Michelle Gold, Brian Pak, Jason Park, Sam Yuen, Mark Zichek, Wendy

Sophmores

Brum, David
Elliott, Bryan
Gach, Michael
Gibson, James
Gunby, Lee
Herring, Doug
Isia, Eric
Jaime, Everett
Jerdes, Larry
Lippman, Steve
McElravey, Toby
Miller, Joel
Pietrowicz, Steve
Wittmer, Carrie
Yacoub, Rosie

Juniors

Acosta, Cesar Dodson, John English, Jennifer Gruender, Joe McCarthy, Dave Pepper, Ed Rhee, John Setera, Jeff Stephenson, Carol Sze, Stan

Seniors

Bueno, Allen Clayton, Jenfer Flores, Frank Mansfield, Kirk Martin, Frank Ocker, Jonathan Roberts, Stephanie Romeo, Paula Tran, Cuong West, Michael

Coaches: Verne Thornburg and Jeff Fishback

Scorers: Debbie Schoengold, Susan Linn, and Lisa Membreno